Flowers for Passover rule!

Holocaust researcher and international human rights advocate Father Patrick Desbois
See page 10

60 and better
See page 11

Art Lunch

Equality Seder
See page 16
Jewish Federation of Greater Toledo

Nefesh Mountain Community Concert and Party
Sunday, May 1

5 p.m.
Congregation Etz Chayim – 3853 Woodley Dr. – parking lot tent
$10 per adult
$5 per child (6 – 15) FREE - kids 5 and under

Kosher dinner, drinks, bluegrass music, games, and so much more! Join us for a community-wide celebration starring Nefesh Mountain, a bluegrass and old-time band with a Jewish perspective.

This event is for everyone, adults, and children of all ages!

"There's more"
The first 50 people or households to sign up will receive a FREE “five senses of Israel” kit to celebrate Israel’s 74th birthday.

Nefesh Mountain is the place where bluegrass, old-time, and American Roots music meet with Jewish heritage and tradition. Creators, band leaders, and husband and wife team, Doni Zasloff and Eric Lindberg, are the heart of this eclectic offering, pioneering a new world of American culture which blends their deep love for American and Western musical forms with their own cultural backgrounds as Jewish Americans.

RSVP to one of the following:
• form.jotform.com/jewishtoledo/nefesh
• Sherry Majewski, 419-724-0351, sherry@jewishtoledo.org
Jewish Federation of Greater Toledo

Nomination for Community Award

Jewish Federation of Greater Toledo is seeking nominations for community recognition awards to be presented at our annual meeting. Any member of the community is able to nominate an individual for the Harry Levison Young Leadership Award, the Bob Wick Jewish Community Service Award, the Nancy Newbury Spirit of Jewish Family Service Award, the Shining Light Award, or the Nancy Newbury Spirit of Jewish Family Service Award. The recipient is honored at Jewish Federation of Greater Toledo’s Annual Meeting and receives a cash award to be used for participation, either at the General Assembly of Jewish Federations of North America or National Young Leadership Conference. The award can also be applied to participation on an Israel mission, particularly the National Young Leadership Mission.

National Young Leadership/Harry Levison Young Leadership Award
Created in 1962 to recognize young adults of outstanding promise and leadership ability who exhibit an active interest in Jewish Federation of Greater Toledo and Jewish Federation Fund Campaign, this award rewards exceptional service from young adults. The award is open to those between the ages of 25 and 45 who reside in the greater Toledo area. The recipient(s) is honored at Jewish Federation of Greater Toledo’s Annual Meeting and receives a cash award to be used for participation, either at the General Assembly of Jewish Federations of North America or National Young Leadership Conference. The award can also be applied to participation on an Israel mission, particularly the National Young Leadership Mission.

Bob Wick Jewish Community Service Award
Established in 1998 to recognize Robert Wick, a great friend and supporter to the Jewish community, the award is restricted to businesses, corporations and companies that provide exemplary support to the Jewish community.

Nancy Newbury Spirit of Jewish Family Service Award
Each year, in its role as the social services and safety net for Toledo’s Jewish community, Jewish Family Service recognizes a volunteer who embodies the spirit and compassion of the JFS mission.

Marjorie Siegel Jewish Communal Service Award of Excellence
Established to recognize outstanding Jewish communal employee or volunteer for their leadership in promoting Jewish values and improving Jewish life, the award acknowledges valuable contributions of the recipient and the deep appreciation of the Board of Directors and staff of Jewish Federation of Greater Toledo.

Shining Light Award
Created in 2019 to recognize outstanding community volunteers who find meaning and reward in giving of their time and energy for the greater good of the Jewish Federation of Greater Toledo. Nominations for this award are volunteers who go above and beyond the norm of volunteerism. They are tireless in their dedication to the mission of the organization, sit on numerous committees, enrich our community and strive to make Jewish Toledo a vibrant place to call home. Nominees for this award should be 18-180 years old and meet the criteria description.

Please use the form below pertaining to the award(s) for which you wish to submit a nomination(s) or request a form from Sally Trouton at sally@jewishtoledo.org.

**JFGT Seeks Nominations for Annual Awards**

<table>
<thead>
<tr>
<th>Award Nomination (check one)</th>
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<tbody>
<tr>
<td>National Young Leadership/Harry Levison Young Leadership Award</td>
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<tr>
<td>Bob Wick Jewish Community Service Award</td>
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<td>Nancy Newbury, Spirit of Jewish Family Service Award</td>
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<td>Marjorie Siegel Jewish Communal Service Award of Excellence</td>
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<tr>
<td>Shining Light Award - Jewish Programs Volunteer</td>
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**NAME OF NOMINEE:**

**Nominated by:**

**Address:**

**Email:**

**Phone number:**

**Date:**

Please fill out all applicable areas on a separate sheet of paper:

1. Leadership activity in Jewish Federation of Greater Toledo and/or affiliated agencies (current/past)
2. Leadership in the Annual Campaign (current/past)
3. Leadership activity in affiliated agencies and/or synagogues (current/past)
4. Other leadership activities
5. Why are you nominating this person/corporation?

Nominations should be sent by May 16 to: Stephen Rothschild, CEO, Stephen@jewishtoledo.org

Jewish Federation of Greater Toledo, 6465 Sylvania Avenue, Sylvania, Ohio 43560
Gan Yeladim Preschool

Three & Four-Year-Old’s Program
Three, Four, or Five-day program available
8:30 a.m. – 12:30 a.m.

Two-Year-Old’s Program
Three, Four, or Five-day program available
8:30 a.m. – 12:30 a.m.

Full-Day Program
Three, four and five-day programs available
8:30 a.m. - 5:30 p.m. Monday-Friday.

We encourage all new families to come tour and observe in our classrooms. To schedule an appointment or for more information please call Morah Raizel at 419-270-3548 or email raizel@jewishtoledo.org.

Scholarships are available.

I am Creative

WE SPECIALIZE IN HAPPY CHILDREN!
Richard Greenblatt, Honorary Trustee

How long have you lived in Toledo? 57 years
Where are you employed? I'm retired as a partner from Lublin Susan Group, CPAs.
Are you involved in any other non-profits? If so, which ones and what roles? Not anymore, but I have been president of both Jewish Family Service and the JCC and have been on the boards of Baskets of Care, Sylvania Social Services, and the Ohio Society of CPAs. I have been on the Ohio Ethics Committee.
Would you like to mention any awards/recognition you have received? Harry Levison Young Leadership Award many years ago
Are you a member of a local synagogue? Congregation B'nai Israel
What do you like best about Jewish Toledo? I really like the way we care for each other even as our numbers dwindle.
If you were a superhero, what special power would you like to have? If I were a superhero I'd like to have the power to have EVERYONE listen to and respect each other.

Steven Nathanson, Honorary Trustee

How long have you lived in Toledo? I have lived in Toledo nearly my whole life of 73 years except for college years and time in the army.
Where are you employed? I am very happily retired after a long, varied, and wonderful career with Mercy Health and the former Riverside Hospital.
Are you involved in any other non-profits? If so, which ones and what roles? In the past I chaired the Maumee River Crossing task force, ultimately resulting in the building and dedication of the Veteran's Memorial Skyway bridge. I have served as President of the Oregon Economic Development Foundation, NorthRiver Development Corporation, and United North. I have also served on the boards of the former Pelham Manor and as president of Jewish Senior Services.
Are you a member of a local synagogue? I have been a lifelong member of the Temple Shomer Emunim where I was consecrated and confirmed.
What do you like best about Jewish Toledo? We are a small but dedicated and responsive community. We all know each other, or our parents knew each other making the community friendly and warm.
If you were a superhero, what special power would you like to have? Of course, fly, but even more so I would like to have the ability to make sure that no child ever went to bed hungry.

Jewish Community Relations Council

Four ways Federation fights antisemitism

By Daniel Pearlman

According to the FBI, 57.5% of all religiously motivated hate crimes in 2020 were against Jews, who make up just 2% of the U.S. population. An ADL survey from the fall found that one in every three Jewish students on a college campus experienced antisemitism last year. Hillel International reports that there has been a 600% upsurge in antisemitism on campuses over the past six years. All of this comes after years of increasing antisemitism nationwide.

Here in Ohio, the FBI reports that hate crimes increased 55% in 2020. Statewide, there were across-the-board hate crime increases targeting specific groups, with reported antisemitic hate crimes tripling from 2019 to 2020. These numbers do not include the crimes that go unreported. This was also before the huge spike in antisemitism in May 2021, when antisemitic incidents in the U.S. more than doubled during the conflict between Israel and Hamas and its immediate aftermath.

These jarring statistics may shock you, but it’s important to remember that antisemitism is a serial hatred that typically tracks with broader patterns of discrimination, progressions of violence, and the fraying of democracy. While antisemitism is unique in many ways and has existed throughout history, people who hate Jews rarely hate only Jews.

It should come as no surprise, then, that incidents locally increased as well. Last June, a swastika was found painted near the Honors Academic Village at The University of Toledo. In September, a Holland, Ohio man was sentenced to 20 years in prison for attempting to provide material support to ISIS and attempting to commit a mass casualty hate crime on our Jewish Toledo campus.

The Jewish Federation’s Jewish Community Relations Council (JCRC) educates about and addresses antisemitism, working for the betterment and
Toledo Jewish Community Foundation can help you…
Simplify the way you give!
How?
With a Donor Advised Fund (Philanthropic Fund)

A Donor Advised Fund (Philanthropic Fund) makes charitable giving very easy. When you establish this fund with a minimum of $2,000, you have the right to recommend grants to your favorite qualifying charitable organizations. It is one of the easiest ways to give to charity.

It really is that simple. When you contribute cash, securities, or other assets to a Donor Advised Fund, you may be eligible to take an immediate tax deduction. The funds will then be invested for tax-free growth and you can recommend grants to any non-profit charitable organization qualified by the IRS. The Foundation will do all the work for you.

Below is a look at how a Donor Advised Fund works.

Donate cash or appreciated securities to TJCF
Invest — Contributions are invested with TJCF
Grants made to Charities
Your favorite Charity

*Contribute Assets  *Invest with us  *Recommend Grants  *Plan for Charitable Legacy

Frequently Asked Questions and Answers

What is a Donor Advised Fund (or a Philanthropic Fund)?
A Donor Advised Fund, or a Philanthropic Fund, is a charitable fund established with the Toledo Jewish Community Foundation which allows the donor or designee to recommend grants to qualifying charities.

How does a Donor Advised Fund Work?
Gifts of cash or any kind of property - including securities, stock, insurance, and real estate - to the fund, can be used to establish the fund. The Fund assets are managed by the Toledo Jewish Community Foundation.

Are there any tax advantages?
Donors of cash or property to a Donor Advised Fund generally receive an income tax deduction for the cash or the full fair market value of the assets contributed. If the property contributed to the Fund is appreciated securities, real estate, or some other capital asset, the donor can avoid paying capital gains tax on the appreciation.

 Aren’t these funds for affluent philanthropists?
A Donor Advised Fund or Philanthropic Fund can be established with as little as $2,000. The minimum contribution amount for a grant distribution is $100.

How is the Donor Advised Fund managed?
The Toledo Jewish Community Foundation is committed to providing donors with personalized and responsive service concerning all areas of philanthropy. We are happy to meet with families, help identify interests, and research programs that match your philanthropic goals.

How is my Donor Advised Fund going to help me?
A Donor Advised Fund makes charitable giving easy, flexible, and convenient. Simplified record keeping, centralized donation, and grant-making reduce your time involved in the important work of philanthropy. The donor or family members can make additional transfers to the fund at any time. With one simple form, you can recommend grants from the fund at your convenience and avoid the year end pressure of making multiple charitable gifts. Meanwhile, the assets in the fund continue to grow to be used for future grants.

Should I have my professional advisor speak to the Toledo Jewish Community Foundation about this?
The Toledo Jewish Community Foundation’s Donor Advised Funds are easy to establish and operate. We would be pleased to work with your accountant, attorney, financial advisor, or other professional advisor.

For further information, please contact Michael Holub, VP Financial Resource Development, at 419-309-7968 or Michael@jewishtoledo.org; Stephen A. Rothschild, Interim Director, at 419-724-0372 or stephen@jewishtoledo.org; Arleen R. Levine, Director Emeritus, at Arleen@jewishtoledo.org
Jewish Federation of Greater Toledo

**Beth Shalom Chapel renovation**

The chapel at Beth Shalom cemetery in Oregon, Ohio received a recent face lift improving both the appearance and the usefulness of the building. The chapel had not been updated for many years and was overdue. The renovation includes a new front security door, security windows, new indoor lighting, a new drop ceiling, new flooring, interior paint, and new flags. Dave Tallis, Federation Security and Facilities Manager, credited Dan Becker, Toledo Jewish Community Cemetery Association chairman, for his leadership in planning the renovation. Most of the projects including the painting and flooring were completed by our Federation employees Jack Fry, Dave Sartin, and Nolan Fisher.

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**Don’t Pass-over this bag!**

Jewish Toledo got ready for Passover last month, picking up a kit with supplies to help get their seder tables ready with freshly made matzah ball soup from Chef Cari’s Kosher catering, matzah, matzah ball mix, and more.
Jewish Senior, Family and Social Services, one of our primary goals is creating community, and often this is accomplished by simply bringing people together. Setting the table as it were. For many people with transportation or mobility concerns, getting to and from some place remains a huge barrier. This can leave people feeling left out, disconnected, and isolated. Serving our community means solving problems like this.

The Jewish Senior, Family and Social Services Division of JFGT is excited to announce that we have a solution for transportation challenges: a timely, reliable, and caring transportation service equipped to meet your needs - whether you have a wheelchair or scooter, or simply need a ride. If you or a loved one have not been able to attend Friday night or Saturday morning services due to lack of transportation or mobility concerns, JSFSS can help. For the duration of the initial 6 month trial period, this service is FREE.

Contact Ben Malczewski (ben@jewishtoledo.org or 419-724-0408) to schedule transportation or with questions.

Antisemitism continued from page 5

safety of our Toledo Jewish community. Here are four ways that the Jewish Federation addresses antisemitism:

1. We help pass legislation: Working with our partners at Ohio Jewish Communities, we have advocated for several bills that will help to keep our Jewish community safe. Just last month, after an August meeting we had with Ohio Governor Mike DeWine, he signed an Executive Order that defines antisemitism based on the widely used International Holocaust Remembrance Alliance (IHRA) definition. It augments an existing Executive Order by providing a clearer definition of antisemitic acts, and it instructs state agencies, departments, boards, and commissions to consider the IHRA definition when determining whether an alleged act was motivated by discriminatory antisemitic intent. This comes just over a year after the formation of the Ohio Holocaust & Genocide Memorial & Education Commission.

Earlier this year, we supported passage of SB 181 that allows student athletes to wear their religious accommodations. At the federal level, we have worked with other local Jewish Federations and JCRCs across the country to advocate for the Jabara-Heyer NO HATE Act, which passed last year.

2. We educate others – and ourselves: JCRC is tasked with educating members of our Jewish community and the greater Toledo community about antisemitism. In addition to conversations with faith leaders, elected officials, and journalists about antisemitism, we organize community programs to educate the public. Since each program has a different focus, some of them are geared toward the Jewish community only, while others are open to all. JCRC’s Holocaust programming is in collaboration with the Jewish Federation’s Ruth Fajerman Marko-wicz Holocaust Resource Center.

Last August, we partnered with Dayton’s JCRC on a program about antisemitism on college campuses. In October, we had a program with Jonathan Tobin, editor of Jewish News Syndicate, about antisemitism on the left and the right. In November, we organized a lecture about antisemitism for The University of Toledo faculty and staff with James Pasch, regional director of ADL Cleveland. In December, we organized the Shine a Light on Antisemitism rally and I spoke at the Findlay Rotary Club about rising antisemitism. In January, I spoke about antisemitism at the University of Toledo’s Dialogues on Diversity program. In February, I gave a lecture about antisemitism for Congregation B’nai Israel’s Adult Education series.

3. We engage with our elected officials: We are a community that works with elected officials regardless of party affiliation. We communicate with them and their staff often, and we work with them to ensure they are aware of the needs in our community. Locally and at the state level, our relationship with our elected officials is what allows us to help pass legislation that we support. We work with city council members, township trustees, school board members, mayors, county commissioners, state representatives, state senators, Members of Congress (U.S. House and Senate), and more.

4. We protect our Jewish institutions: The federal government’s Nonprofit Security Grant Programs (NSGP) provide funding support for target hardening and other physical security enhancements and activities to nonprofit organizations that are at high risk of terrorist attack, but it has a competitive grant process and limited funds. Fortunately, this program has allowed our Jewish community to apply for hundreds of thousands of dollars in security funding. Over the past five years, five Jewish Toledo organizations have received over $400,000 in funding from seven federal and state security grants, including NSGP. JFGT also hired Dave Tullis, our community’s first Community Asset, Safety and Security Manager, to provide security for our community and for community events. Dave is also responsible for training the community and for building relationships with law enforcement at the municipal, county, state, and federal levels.

Questions? Comments? Want to get involved? We’d love to hear from you! Please email Daniel Pearlman, JCRC Director, at daniel@jewishtoledo.org.
Jewish Family and Social Services

Visit us online on Facebook
facebook.com/JewishFamilyServiceToledo
or at our website at
www.jewishtoledo.org/JFS

Ahava is a program of the Jewish Federation and Foundation of Greater Toledo that is managed by Jewish Family and Social Services and has provided a lifeline since 2016 to Jewish families in Greater Toledo who are raising children with special needs and simply want to be able to access the best care possible for their children.

Through Ahava, Federation awards local Jewish families an annual scholarship of up to $1,500 for each child, no matter their age, to put toward the cost of therapies such as speech therapy and music therapy, equipment, medical supplies, continuing education for parents on raising children with special needs, and other resources that help positively impact individuals and their families.

For more information about Ahava, please contact Ben Malczewski at ben@jewishtoledo.org or 419-885-2561.

Ahava program
For families of individuals with special needs

Now you can use Venmo to make a donation to Federation and pay for programs, classes, and events! Just send to @Toledo-Federation in your app or on the Venmo website at venmo.com and please make sure to state the purpose of the payment before submitting.
Father Patrick Desbois, founder of the international human rights organization Yahad-In Unum, spoke to more than 500 local high school students at the Valentine Theatre Monday and more than 300 community members at Lourdes University on Sunday. He discussed his lifelong devotion to confronting anti-Semitism and furthering Catholic-Jewish understanding.

Arrangements for the appearance of Father Desbois made through Greater Talent Network, LLC, New York, NY. Father Desbois’ appearance was made possible by Jewish Federation of Greater Toledo, the Ruth Fajerman Markowicz Holocaust Resource Center, and the Jack & Kathryn Gallon Community Scholarship & Education Opportunity Fund.
Art lunch
All seniors were "welcome" at the Jewish Living Center for a delicious Mediterranean lunch, art project, and gathering with friends.

Ladies Night Out – Peonies for Passover
It was ladies night for Next Jewish Generation at Beautiful Blooms by Jen in downtown Sylvania. Everyone made an individual bouquet to take home and display or use as a Passover Seder centerpiece.
Jewish Living Center

JLC & National JCC Adult & Senior Alliance

The Jewish Living Center is thrilled to announce that we are now a partner in the National JCC Adult & Senior Alliance. This alliance allows us to bring you cutting-edge, exciting, and relevant programs – to the comfort of your home. Through this new effort, we can select the programs and events that best fit our community, allowing us to provide the most diverse programming possible. Look at these phenomenal new offerings below:

Go to jewishtoledo.org/jlc for more great Alliance programs.

Still Traveling: Picturesque Paris - A NEW SERIES!
Mondays, May 2, 9, 16 & 23
2-3:15 p.m. (Zoom)
Music & Morsels: Beethoven and Beyond
Wednesday, May 4
4-5 p.m. (Zoom)
Save! Get “Early Bird” pricing before May 2
Exploring Opera: Compare & Contrast
Two Thursdays, May 5 & 12
4-5:30pm (Zoom)
Talking with Children about Sexuality
Tuesday, May 10
4-5:15pm (Zoom)
Save! Order before May 16 for “Early Bird” pricing!

A NEW “TOUR” BY POPULAR DEMAND!!!
Still Traveling: Broadway’s
New Victory Theater
Thursday, May 19
4-5:15 p.m. (Zoom)
Save! Get an “Early Bird” ticket before May 17!

Art & Anti-Semitism
Thursday, June 2
2-3:30 p.m. (Zoom)
www.jewishtoledo.org/jlc
SAVE! Register by May 31 for “Early Bird” pricing!

Still Traveling: Specific Spain & Complex Catalonia
Four Mondays, June 6, 13, 20 & 27
2-3:15 p.m. (Zoom)
www.jewishtoledo.org/jlc
SAVE! Register by May 31 for “Early Bird” pricing!

Songs & Stories: A Tribute to Harold Arlen
Wednesday, June 8
4-5 p.m. (Zoom)
www.jewishtoledo.org/jlc
SAVE! Register by May 31 for “Early Bird” pricing!

Argentine Jewish Artists
Thursday, June 9
2-3:30 p.m. (Zoom)
www.jewishtoledo.org/jlc
SAVE! Register by May 31 for “Early Bird” pricing!

Daring Discussions: How Viewing Porn Impacts
Young People
Tuesday, June 14, 2022
4-5:15 p.m. (Zoom)
www.jewishtoledo.org/jlc
SAVE! Register by May 31 for “Early Bird” pricing!

Music & Morsels: A Taste of the Trinity Alps Chamber Music Festival
Wednesday, June 15
4-5 p.m. (Zoom)
www.jewishtoledo.org/jlc
Save! Order before June 13 for “Early Bird” pricing!

Art and Soul
June 7, 2022
12-1:30 p.m.
Sekach building, 6505 Sylvania Ave.
Garden rock art
Let’s paint some rocks, and rock-n-roll
All materials provided. Lunch included
Register by Friday, June 3
form.jotform.com/jewishtoledo/rocknroll
Sherry Majewski: 419-724-0351. Sherry@jewishtoledo.org

Senior Fun Get Together
Tuesday, July 12
10 a.m. – 12:30 p.m.
Sekach Building,
6505 Sylvania Ave., Sylvania
Registration Fee: $5 per person
Nosh / craft / neck, hand, or foot massage; and lunch
Please register to Sherry at 419-724-0351 by July 5.

Sherlock Holmes and the Adventure of the Ghost Machine
Purple Rose Theater, Chelsea, MI
Wednesday, July 20
11:15 a.m.: bus loading at the JCC/YMCA, 6465 Sylvania Ave., Sylvania (please park in the JCC/YMCA parking lot)
11:45 a.m.: bus leaves JCC/YMCA
6:15 p.m (approximate): bus returns to the JCC/YMCA
Registration fee: $10 per person
We will stop for lunch. Some walking is required.
Space is limited. Please reserve your spot by July 6 to Sherry at 419-724-0351.

SAVE! Register by May 31 for “Early Bird” pricing!

Special Someone Day with PJ Library®
Monday, May 9 at 11 a.m.
Sekach Building – 6505 Sylvania Ave.
Free
We’re inviting our 60 and Better friends to play, craft, and snack with our Gan Yeladim friends.
Lunch provided at 12 p.m.
RSVP by Wednesday, May 4 to registration@jewishtoledo.org or 419-724-0351.

SAVE! Register by May 31 for “Early Bird” pricing!

SAVE! Register by May 31 for “Early Bird” pricing!
Active Life for 60 and Better

Healthy Living

JLC is pleased to announce the virtual return of our popular exercise classes

JLC Exercise Now on Jewish Toledo YouTube Channel!

Missing all your favorite exercise classes because you don’t have Facebook? Now you can simply go to YouTube anytime you want and not have to deal with Facebook at all. Love Facebook, all your classes will still be on Facebook! We are now offering two platforms where you can get your exercise classes from, YouTube and Facebook!

You can exercise when you want, YouTube is open to everyone who wants to keep moving and stay healthy!

Here is how you can find the Jewish Toledo YouTube Channel: Just go to the www.jewishtoledo.org website, then click on Get Involved at the top of the page, click on 60 and Better and then look for the button that says Exercise Videos – it will take you directly to YouTube. Once on the page you can bookmark it.

What classes can you expect to find on our Jewish Toledo JLC YouTube Channel:

Ballet Fusion
This combination class brings together basic ballet and Tai Chi to give you a complete workout. Focusing on your core for balance and strength and full range of motion to increase flexibility and breathing.

Foundation Fitness
This challenging, calisthenic-style workout is designed to develop your muscular strength and endurance from the ground up. Focus will be on foot and ankle strength and mobility, healthy posture and pelvic floor tone, and core strength and breathing.

Get Fit
This exercise class offers you great music and great moves that will give you a comprehensive workout that includes cardio, strength, and flexibility. Balls, bands, chairs and light weights are used in the class.

Get Fit 2
This challenging, calisthenic-style workout is designed to develop your muscular strength and endurance from the ground up. Focus will be on foot and ankle strength and mobility, healthy posture and pelvic floor tone, and core strength and breathing.

Zumba
Featuring various dances from flamenco to samba, Eileen will get those hips shaking and feet moving. Dance routines are customized for our 60 & Better participants by our very own licensed Zumba instructor.

Drumming
A full body workout for any fitness level. You will need: drumsticks or wooden spoons and an exercise ball. The upbeat music keeps you moving and gives your core a great workout!

All our exercise classes are taught by Eileen Seegert. Eileen has been an integral part of the health & wellness program at Jewish Living Center for 28 years. Eileen has degrees in Dance Therapy and Kinesiotherapy. She also has a certification in Corrective Exercise and is licensed to teach Zumba. Eileen stays active by participating in local runs and spending time with her grandchildren.

If you have any questions about our classes, please feel free to call us at 419-724-0362 or email hallie@jewishtoledo.org.

Mondays
9-10 a.m. Get Fit
10:30-11:30 a.m. Get Fit 2
12-1 p.m. Drumming

Wednesdays
9-10 a.m. Get Fit
10:30-11:30 a.m. Get Fit 2
12-1 p.m. Ballet Ball Fusion

Fridays
9-10 a.m. Zumba
11-12 p.m. Special Session for people with mobility concerns

The Jewish Living Center (JLC) is a fresh, holistic approach to how we look at aging and how we view ourselves as we age. We strive to make the JLC the place where you come when you want to learn about something new and exciting. Where you can try out the newest trends in movement and exercise. Where technology is just a touch away. Where adventure takes you places. Where you gather with your old friends and make new ones. Where you can feel comfortable being yourself.
PJ Library® is supported in part by The Inspiration Fund and Jewish Federation of Greater Toledo.

PJ Library® is completely FREE for participating families in the Jewish Federation of Greater Toledo region.

PJ Library® seeks to engage Jewish families with young children. Each participating child in our community from age six months through eight will receive a high-quality Jewish children's book or CD every month.

Each book and CD comes with resources to help families use the selection in their home. The book and music list has been selected by the foremost children's book experts and includes a wide array of themes related to Jewish holidays, folktales and Jewish family life.

To learn more about PJ Library® and to ensure your child receives this wonderful gift, please contact Hallie Freed at 419-724-0362 or hallie@JewishToledo.org.

PJ Library® is supported in part by The Inspiration Fund and Jewish Federation of Greater Toledo.

Save the Date - Camp Inspiration is Back!

Monday August 1 - Thursday August 4

Special Someone Day with PJ Library®

Monday, May 9 at 11 a.m.
Gan Yeladim Playground – 6505 Sylvania Ave.
Free

Open to families with preschool and below aged children
Bring your grandparent, special friend, or anyone else with to play, craft, and snack with friends.
Make a special handprint craft to cherish forever.

RSVP by Friday, May 6 to registration@jewishtoledo.org or 419-724-0351.

WILL YOU READ ME A STORY?

FREE books and CDs - Are you getting YOURS?

PJ Library® is supported in part by The Inspiration Fund and Jewish Federation of Greater Toledo.

PJ Library® book bags available!
Sign up for an age appropriate bag filled with PJ library books for little ones. Feel free to keep the books, return them to us or pass them on to another friend.
https://form.jotform.com/jewishtoledo/bookbags
Any questions? Contact Hallie Freed at 419-724-0362 or hallie@jewishtoledo.org

To learn more about PJ Library® and to ensure your child receives this wonderful gift, please contact Hallie Freed at 419-724-0362 or hallie@JewishToledo.org.

PJ Library® is supported in part by The Inspiration Fund and Jewish Federation of Greater Toledo.
Next Jewish Generation

APPLICATIONS NOW OPEN FOR SUMMER 2022!

The EMOJI ("Experience a Memorable Overnight Jewish Initiative") program was developed summer 2017 to help develop Jewish identity for our children, one camper at a time. EMOJI is designed to make camp affordable, accessible, and meaningful to families in our community through scholarships. This past summer, 34 campers attended Jewish summer overnight because of the EMOJI program. The Toledo Jewish Community Foundation invested over $64,000 in ensuring future generations’ connections to their Judaism, our Toledo Jewish community, Israel, and beyond.

To find out more or to apply, visit jewishtoledo.org/emoji.

Register for all upcoming NJG events at: https://form.jotform.com/jewishtoledo/njg2022
Any questions? Contact Marnie Younker at marnie@jewishtoledo.org

For all NJG programming information, visit jewishtoledo.org/nextjewishgeneration.

NJG Trivia Nights
Monday, May 16 – V.I. Sylvania, 4984 N Holland Sylvania ***Trivia starts at 6:30***
Wednesday, June 22 – Inside the Five, 5703 Main St., Sylvania
It’s your favorite night out, and you know the drill - free trivia, appetizers on us, and drinks on you! Trivia starts at 7 p.m. (unless noted); make sure to arrive by 6:45 p.m. (reservation will be under Next Gen).
RSVP by the day prior to sherry@jewishtoledo.org or 419-724-0351

Mixology & Mingle with Next JGen
Saturday, May 14
7:30 pm
Bellwether at Toledo Spirits - 1301 North Summit Street, Toledo, OH 43604
$20 per person – includes cocktail demonstration & tasting, distillery tour and snacks.
Join us to enjoy a demonstration and curated sampling of locally made and international spirits before taking a guided tour of the Toledo Spirits distillery.
Please let us know of any dietary restrictions.

Trivia Night at Bier Stube
Next Jewish Generation got to Trivia Night early last month, and Team “We Thought This Started at 7” used the surprise extra time to load up on carbs as fuel for a second consecutive second place win. We learned that the Earth’s atmosphere is made up of 21% oxygen while our trivia team is coincidentally now 21% fried potatoes.

Register for all upcoming NJG events at: https://form.jotform.com/jewishtoledo/njg2022
Any questions? Contact Marnie Younker at marnie@jewishtoledo.org

For all NJG programming information, visit jewishtoledo.org/nextjewishgeneration.

Next JGen is a staple of Jewish life in the Toledo area, existing to draw wonderful, dynamic, young Jewish people together for the greater benefit of the community. From Hebrew Happy Hours to date nights to volunteer opportunities, Young Jewish Toledo provides a range of opportunities for young Jewish professionals 21-40. These future leaders of Jewish Toledo are continuously strengthening personal connections while participating in – and perpetuating – Jewish life in Toledo. To find out more about how you or someone you know can get involved with Young Jewish Toledo, contact Hallie Freed at 419-724-0362 or hallie@jewishtoledo.org.

facebook.com/JewishToledo
Last month's Equality Seder was one of inclusion, celebration, and reflection in downtown Toledo. Equality Toledo and Jewish Federation of Greater Toledo’s Jewish Community Relations Council led attendees in the customs and order of a traditional Passover seder and focused on chronicling our collective liberation as LGBTQ+ people, Jews, LGBTQ+ Jews, and beyond.
Youth

BBYO teens get together for Peace, Love and Pottery

Are you looking to hang out with other Jewish teens? Then BBYO is for you! B’Nai Brith Youth Organization is a great way to get to know other teens not only from Toledo, but from all over the United States. It is the leading pluralistic Jewish teen movement aspiring to involve more Jewish teens in more meaningful Jewish experiences. BBYO welcomes Jewish teens of all backgrounds, denominational affiliation, gender, race, sexual orientation, or socioeconomic status, including those with a range of intellectual, emotional, and physical abilities.

Locally, we have a boy and girls chapter right here in Toledo. Regionally the Ohio Northern Region includes Cleveland, Akron, Canton, and Youngstown. BBYO is active in more than 40 regions, in Europe, South Africa, Australia and North America. BBYO has more than 25,000 members and over 250,000 alumni, as well as about 800 volunteer advisors. BBYO connects Jewish youth with their cultural Jewish roots. It is a great platform for delivering fun, meaningful, and affordable experiences that inspire a lasting connection to the Jewish people. There are many leadership opportunities in BBYO to help build confidence, team building, and problem-solving skills. Which all provide a great addition to college applications.

To register for upcoming events or for more information about BBYO, please contact Jodie Goldstein at jodierochelle@gmail.com; Sherry Majewski at 419-724-0351; or Hallie Freed at hallie@jewishtoledo.org.

Passover Experiences at Gan Yeladim

Calling All High School Seniors

Do you plan on attending a college in Northwest Ohio? Then don’t miss out on applying for College Scholarships that will help assist your financial needs!

- Do you have a grade point average of 3.0 or higher?
- Are you a member of the Toledo Jewish Community that lives in Northwest Ohio or Southeast Michigan?
- The Toledo Jewish Community Foundation can help YOU.

For further information on College Scholarships that are available, please contact Deb Damschroder at 419-724-0405 or Deb@jewishtoledo.org, today!
Temple Shomer Emunim

The Mitzvah Meal Menu and Order Form is available on the Temple website at www.templese.com. If you do not receive one via email, please go to the website, or please call the Temple office.

May Worship Schedule

**Friday, May 6**

Just Because It’s Shabbat Service at 6PM
Led by Cantor Rohr with participation from our Religious School students

**Saturday, May 7**

B’nei Mitzvah of Clift Cohen Lingen at 10:30AM

**Friday, May 13**

Shabbat Service at 6PM
Led by Dr. Andrew Peletier and Dr. Samuel Adler
Kol Zimrah will sing

**Friday, May 20**

Shabbat Service at 6PM
Led by Cantor Jen Rohr and Dr. Samuel Adler

**Saturday, May 21**

Bar Mitzvah of Max Rhodes at 10:30AM

**Friday, May 27**

Shabbat Service at 6PM
Led by Dr. Andrew Peletier and Dr. Steven Kramer

Camp Kayitz!

June 13-17, 2022

2-3 years-old: 9:30AM-12:30PM*
Pre-K 4th Grade: 9:30AM-3PM*
* (includes lunch)

A minimum of 15 campers is needed, so register ASAP!

Contact wpayne@templese.com

It’s Summer!

May Religious School Calendar

Sun May 1 9:15AM Religious School
Wed May 4 4:30PM Hebrew School
Sun May 8 9:15AM Religious School
Wed May 11 4:30PM Hebrew School
Sun May 15 9:15AM Religious School/ Hebrew School Graduation 10:15AM
Wed May 18 4:30PM Hebrew School
Sun May 22 9:15AM Last Day Rel. School 10:45AM Picnic/Teacher Appreciation
Wed May 25 4:30PM Last Day Hebrew School

Temple Book Club

Join us Thursday, May 12 at 10:30AM
Florence Adler Swims Forever
By Rachel Beanland

Congratulations to our Hebrew School Graduates

- Drew Cochran
- Ellery Freed
- Abby Goldstein
- Gabe Green
- Max Greenblatt
- Cole Helfman
- Tyler Kogan

Owen Kruse
Joseph LaPlante
Lola Leniavitt
Reagan Miller
Sully Riley
Benji Saltzman
Eljah Roher-Smith

Congratulations Confirmed!

- Noah Demar
- Cayden Greenblatt
- Callie Hess
- Joey Kerper

Audrey Leniavitt
Anne Rosenberg
Emily Rugso
Isaac Saltzman

Men’s Chavurah

Wednesday, May 18 @ 7PM

WCBI Celebrates

ROSH CHODESH IYAR

Join us for dinner as welcome Jewish Educator and Lifelong Student, Nancy Landerman who will lead us in a stimulating interactive presentation: “Counting the Omer: Finding Meaning for Today in an Ancient Practice”

Take part in an activity from the mysteries of our Jewish tradition.

Monday, May 2, 2022
6:00 PM In-Person

See the WCBI May bulletin for more details at wcblavo.org

JEWISH LIVES, JEWISH LEARNING: WCBI ADULT EDUCATION SERIES

ADAM LEVINE
Director, Toledo Museum of Art

Sunday, May 15, 2022
10:30 AM In-Person & on Zoom

Adam will discuss “Reflections on Jewish Art at the Toledo Museum of Art”

Refreshments will be served.

In-person attendees must be fully vaccinated, and have had a Covid-19 Booster. The Zoom link and passcode will be included in the WCBI weekly update email before the program date.

If you are not a WCBI member and would like to attend, please contact the office at 419.377.8400.

CBI In-person services and programs are open to the members of all local congregations if you are FULLY VACCINATED & BOOSTERED.

If you are not a CBI member and would like to attend, please contact the office at 419.377.8400.

CBI Office Closed

Monday, May 30th Memorial Day
Monday, June 6th Shavuot Day 2

SAVE THE DATE:

SHAVUOT TICKUN & DELICIOUS DAIRY DINNER WITH RABBI ROBERT DOBRUSIN

Saturday, June 4, 2022 7:00 PM In-Person & on Zoom

Rabbi Dobrusin will discuss “The Curious Incident on Mt. Sinai: Moses and the Breaking of the Tablets” See the full Tickun and Shavuot schedule on the left column, in-person attendees must be fully vaccinated, and have had a Covid-19 Booster. Please RSVP for the Shavuot dinner by Friday, May 27, 2022.

CBI ANNUAL MEETING & INCOMING BOARD OF TRUSTEES

Sunday, June 26, 2022 11:00 AM In-Person at CBI

SPECIAL AWARDS

Please join us at the Annual Meeting where we will award congregants the following special awards:

BOARD MEMBER OF THE YEAR
CONgregant of THE YEAR
SAM SCHWARTZ MINYAN AWARD

Congregation B’nai Israel

Weekly Services Schedule

Monday & Thursday Morning Minyan 8:00 AM - In Person/Zoom
Monday - Thursday Evening Minyan & Friday Evening Kabbalat Shabbat 5:45 PM - Zoom
Saturday Morning Shabbat 9:30 AM - In Person/Live Stream

Shavuot Services Schedule

Saturday, June 4 & TIKKUN with Rabbi Robert Dobrusin 7:00 PM Light Dairy Dinner 7:45 PM TIKKUN - In Person/Zoom 8:30 PM Dramatic Reading “Book of Ruth” 9:00 PM Kiddush, Havdallah & Dessert 9:30 PM Maariv
Sunday, June 5: Shavuot Day 1 9:30 AM Morning Service - In Person/Live Stream
Monday, June 6: Shavuot Day 2 9:30 AM Morning Service - In Person/Live Stream 10:45 AM YIZKOR

To view CBI Services on Zoom:
To receive the Zoom link and passcode, contact the office at 419.377.8400.

To view CBI Services on Live Stream:
Go to cbitoledo.org. Click on the “Live Stream” tab at the top of the page. When the page opens, you will be connected to the CBI Live Stream service.

Directions on how to view on a smart TV can be found in the CBI bulletin https://www.cbitoledo.org/monthly-bulletins/
SHABBAT SERVICES SCHEDULED
Everyone is invited to Shabbat morning services & a kiddush luncheon on Saturday, May 7th. Congregation Etz Chayim will be recognizing Jason Mark for his dedication to our synagogue and wishing him and Ariel Cohen mazel tov on their new venture in West Virginia. Please make reservations to Elsa at elsa@etzchayimtoledo.org.

SISTERHOOD NEWS
Sisterhood is planning a fun and educational field trip to Hoen’s Garden Center, 1710 Perrysburg-Holland Road in Holland, Ohio on Tuesday, May 10 at 11:00 a.m. Participants will design and plant their own container gardens for the season. Beautiful containers bursting with flowers foliage are the perfect complement to any home or outdoor space. The workshop is free. Planters and plants can be purchased at Hoen’s. RSVP to Elsa by Tuesday, May 3.

Sisterhood’s Closing Ice Cream Social will be on Tuesday, June 14 at 1:00 p.m. at Etz Chayim. The Sisterhood Woman of the Year Award will be presented then. Please register with Elsa by Wednesday, June 8.

SAVE THE DATE:
The annual summer Mahj Tournament is scheduled for Wednesday, July 13, 1:00 - 4:00 p.m. This is always a fun event with prizes and snacks during the tournament.

The next Sisterhood board meeting will be Tuesday, May 3 at 10:00 a.m. via Zoom. All members are welcome to join in. Please let Elsa know if you would like to attend.

Please contact Elsa Leveton at 419-473-2401 or elsa@etzchayimtoledo.org to register for all activities.

MAH JONG & POKER PLANNED
In person Mahj and Poker on Sunday morning, May 1st and May 22nd from 10:00 a.m. to noon. Everyone is invited to play and to have a good time. Register with Nancy Jacobson for Mahj or Marc Jacobson for Poker. Virtual mahj Will be held on Sunday, May 15th from 1:00 p.m. to 2:30 p.m.

LUNCH & A WALK IN THE PARK
Pack your lunches and meet your friends at Olander Park on Friday, May 13th at noon. Relax for a few hours at the park, take a walk and enjoy the scenery!

ART MUSEUM TOUR
Join your friends for an interactive and informative Toledo Museum of Art Tour on Sunday, May 22nd at 2:00 p.m. with our favorite museum docent Andrea Delman. We have been anxiously awaiting to visit the museum. Thanks to Andrea, who has made this possible for us. This tour will have a maximum of 10 participants. Please register with Nancy Jacobson at jaco824@bex.net.
Obituaries now accepted for print in Toledo Jewish News

Toledo Jewish News accepts obituaries for the Toledo Jewish community, immediate family members, and former residents of the Toledo Jewish community.

There is no charge to submit an obituary, but we encourage donations to Jewish Federation of Greater Toledo (www.jewishtoledo.org).

Preferred maximum obit length is 500 words (Toledo Jewish News reserves the right to edit obituaries as necessary).

Email completed obituaries to: paul@jewishtoledo.org

You may include a photo of the deceased if you wish (optional).

NOTE: Only obituaries submitted to paul@jewishtoledo.org (at the Jewish Federation of Greater Toledo offices) will be printed in Toledo Jewish News.

Toledo Jewish News is published the first of every month except July. Obituaries should be emailed by the 15th of the month prior to publication. If you have additional questions, please contact paul@jewishtoledo.org.
We Honor Our B’nai Mitzvah

**Maya Elana Markham** will be called to the Torah as a Bat Mitzvah on Saturday, May 7, 2022 at Congregation B’nai Israel. Maya is the daughter of Tamar and Jason Markham and granddaughter to Susan and Yuval Zaliouk and Julie and Dick Markham. Maya is in the 8th grade at Perrysburg Junior High School where she is an honor student. She is extremely musical and an accomplished violinist. She is also a very talented artist. Maya plays in three orchestras, the Toledo Symphony Youth Orchestra, The Perrysburg Junior High Orchestra, and Perrysburg Junior High String Ensemble. She was chosen to play next year in Perrysburg’s High School Select string orchestra. She was also chosen to perform at BGSU Honors String Festival.

Maya is an avid reader and is well travelled internationally. Maya has been studying for her Bat Mitzvah under the dedicated and devoted teaching of Hazzan Ivor Lichterman.

Maya hopes to see family and friends at Congregation B’nai Israel on Shabbat May 7. For those who wish to attend remotely, the services will be livestreamed through CBI’s website at www.cbitoledo.org.

**Clint Cohen Lingan** will be called to the Torah as B’nei Mitzvah on Saturday, May 7, 2022 at Temple Shomer Emunim. Clint is the child of Risa Cohen and Edmund Lingan and is the grandchild of Margaret Cohen, Ian Cohen, and Patsy and Blas Martinez. Clint is the sibling of Jude Cohen Lingan. Clint is a seventh grader at Toledo School for the Arts and will serve in the jazz band next year on keys. In addition to playing piano, Clint also enjoys singing, dancing, and cooking.

Clint is collecting towels and laundry detergent for Paws and Whiskers, a local animal shelter.

Clint is looking forward to seeing family and friends at Temple Shomer Emunim on May 7. For those who wish to attend remotely, the service will be streamed through the temple’s website at https://www.templese.com/live

**Max Rhodes** will be called to the Torah as a Bar Mitzvah on May 21, 2022 at Temple Shomer Emunim. Max is the son of Megan and Tiger Rhodes, brother of Julia Rhodes, and the grandson of Lisa and Lenny Elison and Ralph and Catherine Rhodes.

Max is an honors student at Timberstone Junior High School and loves all things sports. He plays on the Timberstone 7th grade basketball team and is the catcher for the Sylvania Maverick 12U baseball team. He is an avid Cleveland Browns and Chicago Cubs fan, never missing a game. Max is also a talented musician, playing percussion in the Timberstone Band. He has earned the rank of Tenderfoot as a member of Boy Scout Troop 2.

Max has thrived as a member of the Greater Toledo Jewish community. He is a graduate of Gan Yeladim Preschool and Temple Shomer Emunim Hebrew School, and enjoys spending his summers with his friends at Camp Wise. Max spends his weekends playing basketball and football at St. James Park and plans to make court improvements as part of his mitzvah project.

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**Claims Conference Hardship Fund Payment – We’re Here to Help!**

Have you received a letter from The Conference on Jewish Material Claims Against Germany (The Claims Conference)? The Claims Conference is a nonprofit organization with offices in New York, Israel, and Germany, secures material compensation for Holocaust survivors around the world. The Claims Conference mailed personalized pre-populated application forms to potentially eligible survivors starting in December 2020; however, we assume there are many survivors not yet on their radar.

The Supplemental Hardship Fund Payment is open to Jewish Nazi Victims who have previously been approved for a Hardship Fund Payment or received a one-time payment from the BEG (West German Federal Restitution Law) and do not receive a pension as compensation for persecution during the Holocaust. This grant funded program will provide each eligible survivor with two one-time payments of $1,200 or possibly one payment of $2,400.

Do you feel you may fit the eligibility but did not receive a pre-populated letter? Do you need help with the technology aspect of submitting documentation? Jewish Family and Social Services would love to assist in directing you to The Claims Conference as well as assisting in any other ways possible.

The Supplemental Hardship Fund applications must be received by The Claims Conference by December 2022 so there is still time; let us help get you connected!

Please call Stacy Willis at 419-724-0407 with any questions or requests for assistance.
RUN YOUR BUSINESS CARD IN THE
Jewish News

Simply send your business card and billing information to:
Paul Causman at 6465 Sylvania Ave., Sylvania, OH 43560 or paul@JewishToledo.org.

Publish your business card (reproduced with no changes) for just $36/month*
*Three-month minimum. Any changes to business card include extra charge.
Ads must be received by the 15th of the month.
Call 419-724-0318 for more information.

It is easy to run a classified ad in Toledo Jewish News!
First 12 words - $8, $0.10 per additional word. Phone numbers and abbreviations count as separate words. Ads must be received by the 15th of the month.
Simply email your ad and billing information to paul@JewishToledo.org or call 419-724-0318 for more information.
Please note: Classified ads will run every month (and the purchaser will be billed) until notification of cancellation is received.

Please support our advertisers and let them know you saw their ad in the Toledo Jewish News!

Dr. Rosemary Chaban &
Dr. Matthew Lark
at
Oak Openings Dental
are welcoming new patients!
Please call 419-824-7900 for details on all your dental needs.

Have something to kvell about?
Let Jewish Toledo celebrate your good news with you!
Send us your wedding, engagement, graduation, baby, job or other news for consideration in Toledo Jewish News today! Submit your simcha to Paul Causman at paul@JewishToledo.org.

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www.jewishtoledo.org

Make Extra Money
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Toledo Jewish News is seeking commissioned ad salespeople. Make extra money in your free time; the more you sell, the more you make. Work from home by phone or just stop by your favorite restaurants and stores. Contact Paul Causman at paul@JewishToledo.org.

Toledo Jewish News and Jewish Federation of Greater Toledo reserves the right to refuse any submissions. The appearance of advertising, in the Toledo Jewish News print and digital media, does not constitute an endorsement of the advertisers or their products and services by Toledo Jewish News, Jewish Federation of Greater Toledo and its affiliated agencies. Product and services information is based solely on material received from suppliers.
Safety Tips

Dave Tullis, Jewish Federation Community Asset, Safety and Security Manager helps us stay protected with some valuable safety tips.

CRIME PREVENTION TIPS FOR SENIORS

Crime prevention is everyone’s responsibility, not just a job for law enforcement. Seniors can learn how to protect themselves from crime by following these simple, common-sense suggestions. Share these tips with your neighbors and friends, too, and make it tough for criminals to work in your neighborhood.

At Home

- Always keep your doors and windows locked. Install dead-bolt locks on all doors.
- Keep your home well-lit at night, inside and out, and keep your curtains closed at night.
- Install a peephole in your front door so you can see callers without opening the door.
- Ask for proper identification from delivery men or strangers. Don’t be afraid of asking - if they are legitimate, they won’t mind.
- Never give your credit card, phone card, social security, or bank account number to anyone over the phone unless you’ve placed the call.
- If a stranger asks to use your telephone, offer to place the call for him/her yourself. Never let a stranger into your home.
- Do not leave notes on your door when you are gone, and do not hide your keys under the mat or in other conspicuous places.
- Never give out information over the phone indicating you are alone or that you won’t be home at a certain time.
- When you are gone for more than a day, make sure your home looks and sounds occupied - use automatic timers to turn on lights and a radio or television.

While You’re Out

- Carry your purse very close to you - don’t dangle it from your arm. Also, never leave your purse in a shopping cart.
- Don’t carry more cash than is necessary. Many grocery stores now accept checks and automatic teller cards instead of cash.
- Avoid walking alone at night. Try to have a friend accompany you in high-risk areas - even during the daytime.
- Do not carry weapons - they may be used against you.
- Have your paychecks or government checks sent directly to your bank account - many banks have senior citizens discounts.
- Never withdraw money from your bank accounts for anyone except yourself. Be wary of con-artists and get-rich schemes that probably are too-good-to-be-true.

In Your Car

- Keep your gas tank full and your engine properly maintained to avoid breakdowns.
- Always lock your car doors, even when you’re inside and keep your windows rolled up. Driving with the windows closed also improves gas mileage.
- Lock packages and other valuables in the trunk. Do not leave them on the back seat or on the floor of the car where potential thieves can see them.
- When you return to your car, always check the front and back seat before you get in.
- Never pick up hitchhikers.
- If your car breaks down, pull over to the right as far as possible, raise the hood, and wait inside the car for help. Do not get out of the car or roll down the window until the police arrive.

If You are a Victim at Home

- If you arrive at home and suspect a stranger may be inside, don’t go in. Leave quietly and call 911 to report the crime.
- If you are attacked on the street, make as much noise as possible by calling for help or blowing a whistle. Do not pursue your attacker. Call 911 and report the crime as soon as possible.
- If you have been swindled or conned, report the crime to your local police or district attorney’s office. Con artists count on their victim’s reluctance to admit they’ve been duped, but if you delay, you help them get away. Remember, if you never report the crime, they are free to cheat others again and again and you have no chance of ever getting your money back.

What You Can Do to Help

- Work to change conditions that hurt your neighborhood - Volunteer as a citizen patroler, tutor for children, office aide in the police or fire department, mentor for teens, or escort for individuals with disabilities.
- Contact your local American Association of Retired Persons (AARP) for more information on how to get involved in other community programs.