

# Toledo Jewish News

The Monthly Newspaper of Jewish Toledo

 Jewish Federation  
& Foundation  
OF GREATER TOLEDO

Adar/Nisan 5780 • March 2020



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THE NORTHWEST OHIO  
JEWISH BOOK FESTIVAL PRESENTS:



Historian Rebecca Erbelding, author  
of *Rescue Board: The Untold Story  
of America's Efforts to Save the Jews of  
Europe*



Sunday, March 29  
10:30 a.m. – Continental Breakfast  
The Premier Banquet Hall,  
4480 Heatherdowns Blvd.  
\$10 per person  
Registration and payment required by  
Friday, March 13 To register: call 419-531-2119  
x2 or [registrations@jewishtoledo.org](mailto:registrations@jewishtoledo.org)

In January 1944, a young Treasury lawyer named John Pehle made a case for the United States to authorize relief funds to help Jews escape Nazi territory. Within days of the meeting, FDR created the War Refugee Board, empowering it to rescue the victims of Nazi persecution, and put Pehle in charge. In *Rescue Board: The Untold Story of America's Efforts to Save the Jews of Europe*, U.S. Holocaust Memorial Museum scholar Rebecca Erbelding tells the extraordinary unknown story of the War Refugee Board, President Franklin D. Roosevelt's unpublicized effort late in the war to save the remaining Jews.

*Rescue Board* is based on a decade of research, never-before-seen documents from the U.S. Holocaust Memorial Museum, and interviews with survivors and their families. Profiled by *The Washington Post*, *The New York Times*, the History Channel, and NPR, author Rebecca Erbelding is an archivist, curator, and historian for the United States Holocaust Memorial Museum in Washington D.C. She won the Jewish Book Award in 2019.



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nextJgen

Next Jewish Generation

WELCOME TO THE JUNGLE  
SOIRÉE

Saturday, March 7, 2020

Cocktails at 7 p.m. • Dinner at 8 p.m.

ProMedica Museum of Natural History  
at the Toledo Zoo & Aquarium, 2700 Broadway St.

Soiree ticket options (per person):

Native species (\$36) – 1 drink ticket and 5 raffle tickets

On Safari (\$65)– after 2/21/20 - 2 drink tickets and 10 raffle tickets

Endangered species (\$144) – VIP Package – 10 drink tickets,  
50 raffle tickets and commemorative glass

Contact Hallie at 419-724-0362 or [hallie@jewishtoledo.org](mailto:hallie@jewishtoledo.org)

SAFARI CHIC

Wear your  
animal print(s)



Calling all party animals – It's time to get wild!

Join Next Jewish Generation for a roaring good time benefiting Federation. Explore the recently renovated Museum, where you'll find animal friends and fellow adventurers. Enjoy drinks and noshes at the watering hole. Get down to your favorite jungle jams. There will be a photo booth, a raffle, and some surprises to ensure a fiercely fun night.

Sponsored by Jack and Kathryn Gallon Community  
Scholarship and Educational Opportunity Fund

To benefit Jewish Federation of Greater Toledo's  
Annual Campaign





# Toledo Jewish News

Volume 68 No. 6 • 20 pages



(ISSN 0040-9081)  
*Toledo Jewish News* is published 11 times per year, by Jewish Federation of Greater Toledo, 6465 Sylvania Avenue, Sylvania, Ohio 43560. *Toledo Jewish News* invites correspondence on subjects of interest to the Jewish community, but disclaims responsibility for any endorsement of the views expressed by the writers. All submissions become the property of *Toledo Jewish News*. Submissions will be edited for accuracy, brevity and clarity and are subject to verification. *Toledo Jewish News* reserves the right to refuse any submissions. *Toledo Jewish News* does not guarantee the kashrut of any of its advertisers. The appearance of advertising, in the *Toledo Jewish News* print or digital media, does not constitute an endorsement of the advertisers or their products and services by Toledo Jewish News, Jewish Federation of Greater Toledo and its affiliated agencies. Product and services information is based solely on material received from suppliers.

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EDITORIAL DEADLINE  
10th of each month  
Editorial copy by email to  
paul@JewishToledo.org or on disc to  
6465 Sylvania Avenue, Sylvania, Ohio 43560

ADVERTISING DEADLINE:  
15th of each month  
Advertising inquiries should be addressed to:  
6465 Sylvania Avenue, Sylvania, Ohio 43560  
419-724-0363

POSTMASTER:  
Please send address corrections to:  
6465 Sylvania Avenue, Sylvania, Ohio 43560  
Entered as Periodicals at the post office at  
Toledo, Ohio,  
under act of March 3, 1987.  
Periodicals U.S. Postage Paid  
at Sylvania, Ohio.

SUBSCRIPTION RATE: \$36 PER YEAR

*Toledo Jewish News* accepts ads, artwork and all editorial copy by disc or e-mail only, at paul@JewishToledo.org. Photographs and discs may also be dropped off at the *Toledo Jewish News* office. Thank you for your cooperation.

Make your contribution to the Annual Campaign online at [www.JewishToledo.org](http://www.JewishToledo.org)

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Download the "Jewish Toledo" app NOW to quickly access information: class schedules, events, make reservations, and receive alerts!

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## Jewish Federation OF GREATER TOLEDO

## 2020 SAVE THE DATE CALENDAR

DATE	EVENT	DEPARTMENT
March 6	PJ Playdate	Department of Jewish Programs
March 7	NJG Soiree	Next Jewish Generation
March 13	PJ Playdate	Department of Jewish Programs
March 20	PJ Playdate	Department of Jewish Programs
March 26	To Knit or To Knot	Department of Jewish Programs
March 26	Denial Film Screening	Department of Jewish Programs
March 29	Jewish Book Festival Author Rebecca Erbelding	Department of Jewish Programs
March 31	NJG Trivia Night	Next Jewish Generation
March 26	Shapiro Lecture	University of Toledo
April 3	PJ Playdate	Department of Jewish Programs
April 22-May 6	Israel Legacy Trip	Jewish Living Center
April 29	NJG Trivia Night	Next Jewish Generation
April 29	To Knit or To Knot	Department of Jewish Programs
May 2	Bath Bomb Bash	Next Jewish Generation
May 7	Family & Community Yom Ha'Atzmaut Celebrations	Department of Jewish Programs
May 13	NJG Ladies Book Club	Next Jewish Generation
May 19	To Knit or To Knot	Department of Jewish Programs
June 2	NJG Trivia Night	Next Jewish Generation

Dates are subject to change. Events will be added monthly as information becomes available.

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# Toledo Jewish Community Foundation

## The Toledo Jewish Community Foundation is now accepting applications for 2020-2021 College Scholarships for undergraduates.

The main eligibility and guideline requirements are below.  
*Please note that a student should apply for scholarships if only they meet the criteria.*



- Applicant must be a resident of Northwest Ohio/Southeast Michigan.
- Scholastic aptitude and academic achievement as demonstrated by formal transcript.
- Must have achieved a minimum GPA of 3.00 after six semesters in high school or GPA of 2.75 for college students and plans to attend one of the following:  
The University of Toledo, Bowling Green State University, Lourdes University, Owens Community College or a State University in Ohio (or in Michigan if the applicant is a resident of Michigan).
- The applicant is for undergraduate studies only.
- Demonstration of motivation, ability and potential
- Demonstration of involvement in the Jewish community
- All applications are reviewed based upon financial need

**Deadline for submitting applications is March 25, 2020.**

Please contact Deb Damschroder, Senior Care Community Outreach Coordinator, Jewish Family Service at 419-724-0405 or [Deb@jewishtoledo.org](mailto:Deb@jewishtoledo.org), for further information.

## Please join Foundation in planting and planning for our future

*“I found a fruitful world, because my ancestors planted it for me. Likewise, I am planting for my children.” – Babylonian Talmud, Ta’anit 23a*

Tu b’Shevat, frequently referred to as the New Year of the Trees or Jewish Arbor Day, is a reminder of our duty to care for the world around us. In addition to encouraging the literal planting of seeds that will eventually bear fruit, Tu b’Shevat is also an excellent time to think about what roots you want to establish now to ensure the local and global Jewish communities flourish far into the future.

Toledo Jewish Community Foundation provides a variety of ways for donors, no matter your age or income, to make investments that will bear fruit in the form of Jewish security and continuity both now and decades from now. Philanthropic options include:

- |  |                             |
|--|-----------------------------|
| • Bequests                                     | • Designated funds          |
| • Life insurance policies and retirement plans | • PACE and LOJE funds       |
| • Donor advised funds                          | • Charitable trusts         |
| • Supporting organizations                     | • Charitable gift annuities |

**For more information on including Foundation in your estate plan, contact Foundation Director Arleen R. Levine at [Arleen@jewishtoledo.org](mailto:Arleen@jewishtoledo.org) or 419-724-0355.**



Toledo Jewish Community  
Foundation

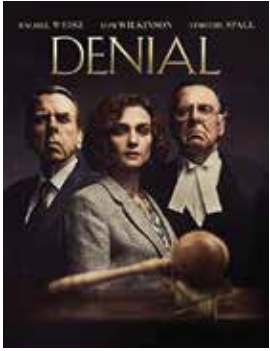
**The Toledo Jewish Community Foundation is accepting proposals for its Long Term Community Needs Fund (Unrestricted Fund) grants.**

There will be three cycles of grant review. Please note the following deadline: April 1, 2020

We are pleased to assist you with this process and welcome your grant proposals.  
Please contact Arleen R. Levine at [Arleen@jewishtoledo.org](mailto:Arleen@jewishtoledo.org) or 419-724-0355.



# Jewish Federation of Greater Toledo



## Film screening – *Denial*

Thursday, March 26

7 p.m. (doors open at 6:30 p.m.)

University of Toledo University Hall,

Doermann Theater

2801 Bancroft St.

Free and open to the public.

Seating is first come, first served.

This film is being shown in conjunction with the 2020 Edward Shapiro Distinguished Lecture with Dr. Deborah Lipstadt on Wednesday, April 1. Questions? Contact Hallie Freed at 419-724-0362 or hallie@jewishtoledo.org

Based on the acclaimed book *History on Trial: My Day in Court with a Holocaust Denier*, *Denial* recounts Deborah E. Lipstadt's (Academy Award-winner Rachel Weisz) legal battle for historical truth against David Irving (Cannes Award-winner Timothy Spall), who accused her of libel when she declared him a Holocaust denier. In the English legal system, in cases of libel, the burden of proof is on the defendant. Therefore, it was up to Lipstadt and her legal team to prove the essential truth that the Holocaust occurred.

Film screening made possible through the generosity of Buz and Doris Steinberg



**Jewish Federation  
& Foundation**  
OF GREATER TOLEDO

## Edward Shapiro Distinguished Lecture: Dr. Deborah E. Lipstadt

Wednesday, April 1

7 p.m. (Doors open at 6:30 p.m.)

University of Toledo Doermann Theatre, University Hall

Free

Seating is on a first-come, first-served basis

For more information, call 419-530-4616

**Dr. Deborah E. Lipstadt, historian and author**

Dorot Professor of Holocaust Studies at Emory University in Atlanta

Dr. Lipstadt is perhaps most widely known for the libel lawsuit brought against her by a leading Holocaust denier. She won that lawsuit, and the story was made into the movie *Denial*, starring Rachel Weisz and Tom Wilkenson.

Dr. Lipstadt has published and taught about the Holocaust and antisemitism for close to 40 years. Her recent book, *Antisemitism: Here and Now*, was published to stellar reviews. She is probably most widely known because of the libel lawsuit brought against her in 1996 by David Irving for having called him a Holocaust denier. Her TED talk about the trial has received over 1.3 million views. The movie *Denial* with a screenplay by David Hare, tells the story of this legal battle. It is based on her book *History on Trial: My Day in Court with a Holocaust Denier* (Harper Collins 2006) and recently reissued as *Denial* (Harper Collins 2016). The film was nominated for a BAFTA as one of the best British films of the year.

Professor Lipstadt was an historical consultant to the United States Holocaust Memorial Museum and helped design the section of the Museum dedicated to the American Response to the Holocaust. She has held Presidential appointment to the United States Holocaust Memorial Council (from Presidents Clinton and Obama) and was asked by President George W. Bush to represent the White House at the 60th anniversary of the liberation of Auschwitz. She was part of a committee that advised Secretary of State Madeline Albright on matters of religious freedom abroad.

She is frequently quoted in the *New York Times*, *Washington Post*, *Wall Street Journal*, *Forward*, and *Tablet*. She regularly appears on BBC, CNN, NPR, and PBS among many others.

The Edward Shapiro Distinguished Lecture Series is a free, public annual event known for its outstanding speakers. The lecture is named in memory of Dr. Edward Shapiro, a UT alumnus and economics professor for 22 years in the College of Arts and Sciences. He retired in 1989 and left an endowment so the University could bring world-renowned speakers to Toledo. He donated more than \$4 million to the college during his lifetime.

"Dr. Shapiro believed that bringing a speaker who possessed a good deal of public recognition as well as intellectual gravitas was a great way to bring the University and the city closer together," Jon Richardson, instructor in the Jesup Scott Honors College and chair of the Shapiro Selection Committee said. "We have had great success. The Shapiro Lecture is one of the most important intellectual events during the school year."



## Jewish Federation of Greater Toledo Silver Circle Society

**May 14, 2020**

**At Temple Shomer Emunim**

**5-7:30 p.m.**

**Featuring Hedda Sharapan, Senior Fellow,  
Fred Rogers Center**

**Dinner and speaker.**

**No cost.**

Hedda Sharapan, M.S. Child Development  
Senior Fellow, Fred Rogers Center  
Child Development Consultant, Fred Rogers Productions

Hedda Sharapan began working with Fred Rogers 53 years ago on the very first taping day of *Mister Rogers' Neighborhood* in October of 1966. Over the years since then, building on her master's degree in Child Development, she has served as Assistant Director, Assistant Producer, Associate Producer, and Director of Early Childhood Initiatives for his small non-profit production company. These days as a Child Development consultant for Fred Rogers Productions, she is a script consultant for its award-winning PBS children's series *Daniel Tiger's Neighborhood* and other projects.

You may also have seen Sharapan and heard her comments all through the highly-acclaimed Fred Rogers documentary *Won't You Be My Neighbor*.



Our Silver Circle Society was established in 1998. It recognizes and honors individuals who have a 25 year or more giving history to the Jewish Federation's Annual Campaign. Silver Circle donors longstanding financial commitment to the Campaign has helped the Federation continue needed programs and services to all in our Jewish community and abroad.



**Jewish Federation  
& Foundation**  
OF GREATER TOLEDO

**TODAY AND  
FOR OUR FUTURE**



# Jewish Family Service

## Moving Forward with Loss:

*A grief support group for those who've lost a spouse*

Third Tuesday of each month

4 p.m. to 6 p.m.

Jewish Family Service Sekach Building  
Dinner locations to be determined

One of the most important factors in healing from grief is the support of other people. Having support from your family, friends, or a community of others who have also experienced grief allows you to feel that someone else “gets it.” Being able to share your story or your feelings may be vital to healing. There is a safe place to share and listen to others, where your faith and values are very similar. You can always attend our support group and just listen. You won’t be asked to speak unless you’re comfortable and you might feel better just being surrounded by a community (your community) with some understanding of the depth of your grief.

### Dates at a glance:

March 17	August 18
April 21	September 15
May 19	October 20
June 16	November 17
July 21	December 15

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Donations of equipment support Jewish Family Service of Greater Toledo's Music & Memory™ Program. Donated iPods are customized with personal playlists and loaned to older adults in the Jewish community.

Donations to:  
**Jewish Family Service**  
6505 Sylvania Avenue  
Sylvania, Ohio 43560

For more information about Jewish Family Service and the partnership with the Music & Memory Program, please contact:

Micki Pittman, LSW  
mckenzie@jewishtoledo.org  
419-724-0407



## Project Menchify: Community Knitzvah project



We asked, you answered! Participants of our Community Knitzvah project, which began in September, created squares and blankets to donate to individuals in hospice care and clients of Jewish Family Service. Knitters and crocheters of all ages and experience levels enjoyed conversation and snacks at monthly Yarn & Yaks crafting meet-ups at Federation. They also completed squares and blankets at home and donated completed projects by mail and in-person donation. By the end of the project, 24 blankets were completed for donation. A huge thank you to all who participated and helped make this project a huge success. Each blanket recipient is sure feel the warmth and love of the Toledo Jewish community.

## Caring for Your Aging Parents: a panel discussion and Q&A

Tuesday, May 12  
6:30 - 8 p.m.

Jewish Family Service Sekach Building

Are you looking for support as you care for your aging parents? Join us as we talk about in-home care, facility case management, senior legal issues, and long-term care. We will also talk about the emotional impact caring for our aging parents can have on us, including navigating the effects of dementia and Alzheimer's disease.

[www.jewishtoledo.org/jfs](http://www.jewishtoledo.org/jfs)



# Jewish Family Service

## Judaism and Mental Illness

**While Jews were instrumental in establishing the field of psychology, the Jewish community is not always comfortable dealing with those who suffer from psychiatric conditions.**

*Editor’s note: The following article is reprinted with permission of MyJewishLearning.com. It was submitted by Shari Bernstein, Jewish Family Service Managing Supervisor, as part of a JFS initiative to provide education and new programs addressing issues such as grief support, aging parents, resiliency, substance abuse and mental health.*

An estimated one in five Americans suffer from some form of mental illness annually, and medical understanding of psychiatry and psychology has advanced dramatically in the past century.

Nonetheless, psychiatric ailments continue to be stigmatized. And while Jews have been instrumental in establishing the field of psychology — and are often stereotyped as being “neurotic” and more likely to undergo psychotherapy — the Jewish community, like society in general, is not always comfortable openly talking about mental illness or dealing with those who suffer from it. Indeed, in some quarters of the Jewish community, there remains a great reluctance to discuss the issue at all, much less to relate to it as just another medical condition. This is despite the fact that references to mental illness can be found in some of the earliest Jewish textual sources.

### Do classical Jewish texts discuss mental illness?

There is little direct discussion of mental illness in the Bible, though some have suggested that various biblical figures, most notably King David, may have suffered from depression. In the Bible, “madness” is described in several places as a form of divine punishment. In Deuteronomy, shigaon — an antecedent term for the common Yiddish expression meshuggeneh, or crazy — is one of the forms of divine retribution for those who don’t heed the word of God. Later in that section, God says that the Jewish people will become “m’shuga” after a foreign people steals their crops and abuses them.

The rabbis of the Talmud mostly addressed the issue in legal terms, as a question of mental competence — their concern being principally whether someone of unsound mind is obligated by religious commandments. However, there are Talmudic sources that continue the biblical equation of madness and sinfulness. In Tractate Sota, the third-century sage Reish Lakish says a person only sins when the spirit of “shtut” — madness or folly — comes over him or her. Contemporary Orthodox writers have echoed both these ideas — that mental illness is a form of sinfulness and a punishment for it.

According to traditional Jewish

law, someone who is mentally incompetent — a category known as a shoteh, derived from the Hebrew word for wanderer or vagrant — is exempt from most religious obligations and cannot get married or bear witness. The Talmud describes such a person as someone who goes out alone at night (despite the dangers) or sleeps in a cemetery — signs of his or her detachment from reality. Maimonides said the shoteh is someone who runs around naked or throws rocks. According to the Israeli psychiatrist Rael Strous, the classic definition of a shoteh is essentially a psychotic.

Echoing our contemporary understanding of the various forms of mental illness, the rabbis distinguished between those who are completely insane, those who cycle in and out of lucidity and those who are insane only in certain respects. However, their understanding of the causes of insanity would not be embraced by contemporary mental health professionals. In Tractate Ketubot, Rabbi Shimon ben Gamliel warns that idleness leads to “shimaon,” which the commentator Rash equates with the biblical “shigaon” — craziness.

### Do Jews suffer from mental illness at higher rates than the general population?

The idea that Jews are more anxious and neurotic than the norm is a widely repeated stereotype, one that has been attributed both to the many well-known Jewish neurotics who have played up their anxieties for comedic effect in film and television, as well as a tendency to celebrate Jewish anxiety as a sign of heightened intelligence. But the scientific data does not support the idea that, on average, Jews suffer from mental illness at higher rates than the general population.

A 1992 analysis of data from the National Institutes of Mental Health found that “the overall lifetime rate of psychiatric disorder did not differ among Jews as compared to non-Jews, even after controlling for demographic factors.” The study did find that Jews suffer from certain mental illnesses at higher rates, including major depression, dysthymia, schizophrenia and simple phobia, but had lower rates of others, including alcoholism. This finding echoes the results of studies conducted in the 1950s and 1960s that found elevated rates of neurosis and manic depression (now known as bipolar disorder) among the Jewish population. The 1992 analysis found that rates of bipolar disorder, panic disorder, agoraphobia, social phobia, obsessive-compulsive disorder and drug abuse did not differ significantly between different religious groups. A 2007 study found that the frequency of mood and anxiety disorders in Israel is within the range of rates found in other Western countries.

More recently, scientists discovered a genetic variation among Ash-

kenazi Jews that increases their risk of developing schizophrenia, but that genetic variant is also found among other religious and ethnic groups. In addition, researchers in the emerging field of epigenetics —which investigates how environmental factors can affect genetic expression — have found evidence that communities that have suffered from trauma and persecution can experience genetic changes that can then be transmitted to future generations.

In the Orthodox community, considerable attention is now being directed to the prevalence of Obsessive Compulsive Disorder, or OCD, a condition that can sometimes be hard to distinguish from a hyper vigilance (sometimes referred to as scrupulosity) regarding the performance of Jewish religious commandments. Avigdor Bonchek, an Orthodox clinical psychologist and the author of Religious Compulsions and Fears: A Guide to Treatment, has suggested that one can distinguish between OCD behavior and healthy religious devotion in two ways: True OCD sufferers, he says, carry heavy stress and emotional burdens in their focus on strictly observing the commandments, and they demonstrate an extreme inflexibility that makes it difficult for them to violate commandments even when religiously obliged to do so.

### Is there a stigma against mental illness in the Jewish community?

The stigma against mental illness is not limited to Jews. Mental illness is still often perceived as less “real” than physical illness, a sign of weakness or a defect of character. Surveys have shown that American employers are reluctant to hire people with histories of psychiatric problems or who are undergoing treatment. Research suggests that a majority of people hold negative attitudes toward the mentally ill and that, for many families, mental illness is a source of shame and embarrassment. That in turn leads sufferers to conceal their condition, making it less likely that they will seek treatment.

Jews are not immune to these tendencies, as evidenced by efforts in recent years to foster a more candid discussion about mental illness in the Jewish community. However, there are also indications that Jews are more open about mental health issues than other groups. A 2012 study of older New Yorkers found that Jews had a more positive attitude toward psychotherapy than non-Jewish whites and blacks, were more tolerant of the stigma surrounding therapy and were more open to sharing their feelings. The 1992 study based on the NIMH data also found that Jews were more open to seeking professional mental health assistance than were Catholics or Protestants.

In recent years, numerous efforts have been made to address the stigma in the Orthodox community, where

the fear of harming marriage prospects has drawn a curtain of secrecy around those suffering from mental illness. Marvin Winkler, an Orthodox mental health practitioner, wrote in 1977: “The fear and shame associated with mental illness in the Torah community can be compared only to that associated with the most severe Halachic transgressions.” Today, there are a number of Jewish groups focused exclusively on mental health issues in the Orthodox community, including Refuat Hanefesh, which seeks to destigmatize mental illness among the Orthodox; Chazkeinu, which offers supportive phone meetings for women struggling with mental illness; Refa’enu, which runs educational programs in Jewish schools and support groups; and Relief, which makes mental health referrals.

### Are there any Jewish organizations that focus on mental health?

Yes, Besides those noted above, Elijah’s Journey is a national Jewish non-profit that focuses on suicide prevention. In addition, virtually every local Jewish federation in North America has a Jewish Family Services agency that provides, among other things, counseling and other assistance for families and individuals suffering with mental health issues.

### There seem to be so many Jewish psychiatrists and therapists out there. Is the field of psychology dominated by Jews?

Anecdotally, this sometimes seems to be the case, but there is scant hard data to support it. One study published in 2007 found that American psychiatrists were more likely than other types of physicians to be Jews (Jews made up 29 percent of psychiatrists and only 19 percent of physicians overall), but the study, of 1,000 physicians, surveyed only 100 psychiatrists.

However it is true that Jews have been instrumental in the development of psychology and psychiatry. Probably the most famous psychologist in history and the father of psychoanalysis, Sigmund Freud, was Jewish, as were many of his early associates in the field, including Erich Fromm, Alfred Adler and Bruno Bettelheim. Most of the major theorists of Gestalt psychology were Jewish. Joseph Jastrow, a Polish-born psychologist and the son of the author of a famous Talmudic dictionary, was the first recipient of an American doctorate in psychology in 1898. Abraham Maslow, the psychologist famous for creating Maslow’s hierarchy of needs, was born to Russian Jewish immigrants in Brooklyn. Theorists have posed a number of ideas for why Jews are so prominent in early psychology, among them a Jewish penchant for expressing emotions verbally and a greater willingness among Jews to consult professionals about personal issues.



# Active Life for 60 and Better



Mark your calendar for the  
**Anniversary Luncheon**  
Thursday, June 18 at noon  
Congregation B’nai Israel - 6525 Sylvania Ave.  
Only \$5 per person for lunch and entertainment  
Registration and payment to the JLC  
requested by Friday, June 5



Join us for food and friendship as  
we celebrate our "Sweet 16!"



View the most up to date event & class  
schedules to plan your next visit.  
Download our new "Jewish Toledo" app:



To register for a Jewish Living Center Program, please call Stephanie Hinamon at 419-531-2119 #2 or email [registration@jewishtoledo.org](mailto:registration@jewishtoledo.org) or sign up on the Jewish Toledo app. For questions about a program, please call René Rusgo at 419-531-2119 #1 or email [rene@JewishToledo.org](mailto:rene@JewishToledo.org).

## Healthy Living

Our approach to aging includes promoting a healthy lifestyle. By offering a series of wellness programs, the JLC helps those in our community achieve their health goals.

There will be no classes on March 2, 4, and 7.

### MONDAYS

**Get Fit...It's Never Too Early**  
9 – 10 a.m. AND 11 a.m. - noon

Your favorite class kicks off your day with a comprehensive workout featuring cardio, strength, and flexibility. Balls, bands, chairs, and light weights are used in this class. Join us for great moves and great music.  
*All supplies are provided. Free.*

**Drumming**  
1 p.m. – 2 p.m.

A full-body workout for any fitness level that anyone can do. Drumsticks are pounded on exercise balls and clinked overhead and side-to-side to upbeat music that will have you moving in step and around the circle. This class keeps you active and gives your core a great workout. *All supplies are provided.*

### WEDNESDAYS

**Get Fit...It's Never Too Early** (see Monday for description)  
9 – 10 a.m. AND 11 a.m. - noon

**Ballet Ball Fusion**  
1 – 2 p.m.

This is a great combination class that brings together basic ballet, Tai Chi, and drumming to give you a complete and fulfilling workout unlike any other with music to guide you. It focuses on your core for balance and strength and offers a full range of motion to help you work on your stretching and breathing.

**Drawing and Painting Class**  
2 - 4 p.m.  
**Board room in Sekach Building**  
**All supplies are provided**  
**All skill levels welcome**

See art through a new vision: your own. In this class, you can work in pencil, watercolor, pastel, acrylics, or oil to create artwork from your favorite photograph or something you have seen in a magazine. Anjelika helps you create your own masterpiece in a fun and casual environment.

### FRIDAYS

**Get Fit...It's Never Too Early** (see Monday for description)  
9 – 10 a.m. AND 11 a.m. - noon

12:30 – 3:30 p.m.

**Poker & More...**

Big and Little Vegas, Stretch, and Red and Black - those are just a few of the games you can expect to play in this lively get together for all. Nickels and dimes are what you will need to make this an afternoon of fun.

**Zumba Fridays**  
9 AND 11 a.m.

**Sekach Building, 6505 Sylvania Ave.**  
Heat up your winter with this exercise craze! Featuring various dances from flamenco to samba, Eileen will get those hips shaking and feet moving. Dance routines are customized for our 60 & Better participants by our very own licensed Zumba instructor.



To use any of the above services, just fill out a simple and quick Client Registration Form. To learn more about the Jewish Living Center, call 419-531-2119 #1 or visit [JewishToledo.org](http://JewishToledo.org). The Jewish Living Center is supported by the Jewish Federation of Greater Toledo and Jewish Seniors Services Supporting Organization.



# Jewish Living Center



**Kosher spring shopping and lunch in Detroit**  
Thursday, April 2  
9 a.m. Depart from Jewish Living Center (Sekach Building, 6505 Sylvania Ave.)  
4 p.m. Approximate return time to Jewish Living Center  
*Registration is required by Friday, March 20. Limited seats.*

It is that time again to get ready for Passover! Let’s go north to One Stop Kosher Grocery Store, Zeman’s Kosher Bakery, Kroger’s, and Harvard Row Kosher butcher shop. Lunch will be on your own at our mystery location. Please call ahead to Harvard Row (248-539-8806) and Zeman’s (248-967-3905) to place your order for pick up (please make sure to bring along enough reusable and insulated shopping bags and coolers for all your shopping needs).

**Men’s Duplicate Bridge**  
**Every Tuesday Evening**  
**7 – 9 p.m.**  
**Sekach Building – 6505 Sylvania Ave.**

The Jewish Living Center of Greater Toledo is thrilled to welcome the Men’s Duplicate Bridge Game to its array of program offerings. This game is open to all who want to play. All that is required is that you fill out an emergency form and pay the yearly activity fee.

Light refreshments will be provided, and all necessary game needs provided.

Should you like to play but aren’t sure of your skills and would like to learn, please let us know and we can arrange for lessons prior to the game.. To arrange a lesson or for more information, please call 419-531-2119.



**MAKE & TAKE: Pallet Painting**  
Monday, March 2 – Passover: Keep Calm & Seder On  
Monday, March 23 – Tree of Life  
2:15 p.m. - 4:15 p.m.  
Each session limited to 8 participants.  
Sekach Bldg. 6505 Sylvania Ave.  
\$8 each class  
Registration is required by Friday, February 28

Pallet painting has become the new art and decorating craze. We'll provide the stencils, paint, and pallet. Bring your creativity to make yours unique. Create your pallet and take home with you that day!



## Jewish Living Center

6505 Sylvania Avenue | Sylvania, Ohio | 43560 | 419-531-2119  
René Rusgo, Director

*Jewish Living Center for 60 and better*

The Jewish Living Center (JLC) is a fresh, holistic approach to how we look at aging and how we view ourselves as we age. We strive to make the JLC the place where you come when you want to learn about something new and exciting. Where you can try out the newest trends in movement and exercise. Where technology is just a touch away. Where adventure takes you places. Where you gather with your old friends and make new ones. Where you can feel comfortable being yourself.

### Be a part of the Jewish Living Center:

Pick the event(s) you want to participate in.  
Register by the registration deadline to join the fun.

Call us at 419-531-2119 # 2 or email [Stephanie@JewishToledo.org](mailto:Stephanie@JewishToledo.org) with your payment information, as payment is due at the time of registration.  
VISA, MasterCard, AMEX, and Discover are accepted.  
Personal checks can be mailed to: Jewish Living Center 6505 Sylvania Avenue, Sylvania, OH 43560

“OY! I registered for an event and now I can’t attend.” Please call and let us know so we can open that spot for another community member.

### Scent-free space

Jewish Living Center participants are asked not to wear perfume, cologne, or any other strong-smelling fragrances while participating in classes, programs, and trips. Your cooperation in this effort will allow all of our participants to take part in our programming.

**For more information about the Jewish Living Center or its programs**, please call Director René Rusgo at 419-531-2119 # 1 or email [Rene@JewishToledo.org](mailto:Rene@JewishToledo.org).  
The Jewish Living Center (JLC) and all of its programs are open to those who are 60 and better and are supported through a generous grant from the Jewish Senior Services Supporting Organization (JSSSO) and through your campaign dollars.



**Connect with us on Facebook!**  
Join the Jewish Living Center online here:  
[facebook.com/groups/JewishLivingCenter](https://facebook.com/groups/JewishLivingCenter)

*To register for a program, contact Stephanie Hinamon at 419-531-2119 #2 or email [stephanie@JewishToledo.org](mailto:stephanie@JewishToledo.org).  
For more information about programs, contact René Rusgo at 419-531-2119 #1 or [rene@jewishtoledo.org](mailto:rene@jewishtoledo.org)*



# Next Jewish Generation

## NextJGen Next Jewish Generation

Programs especially for post-college to young families.



### NJG Trivia Nights

It's your favorite night out and you know the drill...free trivia, appetizers on us, and drinks on you! Trivia starts at 7 p.m., make sure to arrive by 6:45 p.m. (reservation will be under Hallie Freed). *RSVP the day prior to Hallie@Jewishtoledo.org or 419-724-0362.*

### Tuesday, March 31

Sidelines Sports Eatery & Pub – 6060 Renaissance Pl.

### Wednesday, April 29

El Camino Real – 2500 Sylvania Ave.

### Tuesday, June 2

Stubborn Brothers Pizza Bar – 3115 W. Bancroft St.

### Bath Bomb Bash

Saturday, May 2

6:30 p.m.

Buff City Soap Co. (7103 Orchard Centre Dr., Holland)

\$15 per person before Friday, May 25, \$20 after

Includes snacks, drinks, and creating 8-10 bath bombs

*RSVP to Hallie@Jewishtoledo.org or 419-724-0362*

Join NJG in creating fun and relaxing bath bombs. You choose their scents, colors, and other attributes. Make the fizzy bath bombs as gifts to share with friends and loved ones or keep them all as a treat for yourself.

### NJG Ladies Book Club - Button Man

Wednesday, May 13

7 p.m.

Location TBD

Calling all ladies! Join us for our next book club event, where we will discuss Button Man by Andrew Gross. Get your copy and start reading. Don't worry if you don't finish in time to discuss it. Come have a glass of wine anyway and help us choose our next book. *RSVP to Hallie@Jewishtoledo.org or 419-724-0362.*

## Welcome to the Jungle Soiree see page 2



RSVP to any or all events to  
Hallie@Jewishtoledo.org or 419-724-0362.

Young Jewish Toledo is a staple of Jewish life in the Toledo area, existing to draw wonderful, dynamic, young Jewish people together for the greater benefit of the community.

From Hebrew Happy Hours to date nights to volunteer opportunities, Young Jewish Toledo provides a range of opportunities for young Jewish professionals 21-40. These future leaders of Jewish Toledo are continuously strengthening personal connections while participating in – and perpetuating – Jewish life in Toledo.

To find out more about how you or someone you know can get involved with Young Jewish Toledo, contact Hallie Freed at 419-724-0362 or hallie@JewishToledo.org.

## Project Menchify: To Knit or to knot? That is the question

Calling all knitters, crocheters, and crafters from beginner level to advanced.... we need your help! Join us in making knitted and crocheted blankets as well as no-sew blankets for local hospices, hospitals, dog shelters, and other organizations. Don't know how to craft these items? Don't worry, we will teach you! Everyone is invited to join us at our monthly To Knit or to Knot - a place to learn, craft, and talk with other likeminded friends.

Not able to make an afternoon with us but still want to donate? We will gladly accept 8-inch (20 centimeter) knitted or crocheted squares and any size no-sew blankets.

### Donations can be dropped off to:

Jewish Federation of Greater Toledo  
6465 Sylvania Ave.

Attn: Colette Lundberg

### To Knit or to Knot meetings

Federation's Leonard Lounge

Free – supplies, coffee, and pastries provided

Thursday, March 26 at 1 – 3 p.m.

Wednesday, April 29 at 1 – 3 p.m.

Tuesday, May 19 at 1 – 3 p.m.

Any questions? Contact Hallie Freed at  
Hallie@jewishtoledo.org or 419-724-0362.

## Next Jewish Generation Breaking Bread Project



Have you been meaning to get together with friends but haven't found the time? Well, Jewish Federation of Greater Toledo and Toledo Jewish Community Foundation are offering \$100 for you to host your own Shabbat dinner!

We want to empower you to host a Shabbat dinner for your friends in your own space, be it an apartment, house, park, or Toledo pub.

Our goal is to help you create a warm, intimate Shabbat experience on your own terms. Want to order pizza? Perfect. Feel like having a potluck? Fabulous. You choose how formal or informal this experience will be for your guests.

Visit [www.tinyurl.com/breakingbreadtoledo](http://www.tinyurl.com/breakingbreadtoledo) to fill out an application.

If needed, you will be reimbursed up to a maximum of \$100 per Shabbat dinner (not including alcohol). To be reimbursed, hosts must complete a brief survey following the event and email up to three photos taken during the event to be shared on our Facebook page.

For more information or if you have any questions, please contact Hallie Freed at 419-724-0362 or hallie@jewishtoledo.org.

[www.jewishtoledo.org](http://www.jewishtoledo.org)





RSVP to any or all events to [Hallie@Jewishtoledo.org](mailto:Hallie@Jewishtoledo.org) or 419-724-0362.  
Please notify us of any dietary issues at least one week prior to the event.

## PJ and Gan Yeladim's Purim to Passover Playdates

11 a.m. - 12 p.m.

Location provided upon RSVP

FREE – please bring in toilet paper, paper towels, or tissues to donate to the JFS Family Pantry

For children ages 0 – 2 and their parents, grandparents, nannies, and friends to enjoy playtime, crafts, snack, and circle time. Meet and make friends with other PJ parents and their kids. RSVP to Hallie Freed at 419-724-0362 or [Hallie@jewishtoledo.org](mailto:Hallie@jewishtoledo.org).

Friday, March 6 – Hamantaschen, groggers, and more

Friday, March 13 – Purim party! Wear your costume.

Friday, March 20 – Prepping for Passover

Friday, April 3 – Model Seder

To learn more about PJ Library® and to ensure your child receives this wonderful gift, please contact Hallie Freed at 419-724-0362 or [hallie@JewishToledo.org](mailto:hallie@JewishToledo.org)

**PJ Library® is supported in part by The Inspiration Fund and Jewish Federation of Greater Toledo.**



**FREE books and CDs -  
Are you getting YOURS?**

PJ Library® is completely FREE  
for participating families in the  
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PJ Library® seeks to engage Jewish families with young children. Each participating child in our community from age six months through eight will receive a high-quality Jewish children's book or CD every month.

Each book and CD comes with resources to help families use the selection in their home. The book and music list has been selected by the foremost children's book experts and includes a wide array of themes related to Jewish holidays, folktales and Jewish family life.


To learn more about PJ Library®  
and to ensure your child receives this wonderful gift,  
please contact Hallie Freed at 419-724-0362 or [hallie@JewishToledo.org](mailto:hallie@JewishToledo.org).


**PJ Library® is supported in part by  
The Inspiration Fund and  
Jewish Federation of Greater Toledo.**




## PJ Playdates









**SIGN UP at**  
[pjourway.org/enroll](http://pjourway.org/enroll)



**EXPLORE the website**




**CHOOSE a free book**  
each month




**RATE and REVIEW**  
your books


For more information contact Paul Causman  
at [paul@jewishtoledo.org](mailto:paul@jewishtoledo.org).



Jewish Family Service  
OF GREATER TOLEDO



Jewish Federation  
& Foundation  
OF GREATER TOLEDO



**PJ Library® is supported in part by The Inspiration Fund  
and Jewish Federation of Greater Toledo.**



# Temple Shomer Emunim

### March Worship Schedule

**Friday, March 6**  
Shabbat Service at 6:00PM  
Kabbalat Panim Liturgy

**Saturday, March 7**  
Shabbat Service at 10:30AM  
Bat Mitzvah of Anne Rosenberg

**Friday, March 13**  
Shabbat Service at 6:00PM  
Rabbi Weinstein will speak

**Friday, March 20**  
Shabbat Service at 6:00PM  
Cantor Roher will officiate


**Friday, March 27**  
Shabbat Service at 6:00PM  
Torah Unveiled Liturgy  
Rabbi Weinstein will speak

**Men’s Chavurah**  
**Wednesday, March 25 @ 7:00PM**

**Bible & Bagels**  
*Sundays, March 1 & 8 @ 9:30AM*  
**Coffee with the Clergy**  
*Wednesday, March 4 @ 11AM*

**Temple Book Club**  
Thursday, March 12 at 10:30AM  
**Gateway to the Moon**  
By Mary Morris


### It’s Purim!



Sunday, March 15

**9:30AM Costume Parade & Megillah Reading!**  
Bring a box of pasta for your grogger and then your mitzvah project!


**10:00-11:30AM Purim Carnival!**  
**Carnival Tickets**  
5/\$1 pre-order 4/\$1 at the door  
**Lunch Tickets \$3.00**  
Email [wpayne@templese.com](mailto:wpayne@templese.com)  
Hamentaschen available for purchase!



**Purim Spiel!**  
**“Waiting for Haman”**  
Sunday, March 15 at 5:00PM  
**NO CHARGE TO ATTEND THE SPIEL!**

Followed by a fantastic Diner dinner!  
**Adults \$14 Children 4-10 \$7 Children under 4 Free**  
**RSVP to [mkuehnle@templese.com](mailto:mkuehnle@templese.com) or 419/885-3341**  
**By Wednesday, March 11**  
**RSVP is a MUST for Dinner Only!**

**Temple Tots**  
**Sunday, March 1 at 9:30AM**  
**“Purim!”**



**March Religious School Calendar**

Sun. March 1	Religious School 9:15AM 9:30AM Temple Tots
Tues. March 4	Tuesday Tutoring 4PM & 5PM
Wed. March 5	Hebrew School 4:20PM
Sun. March 8	Religious School 9:15AM
Tues. March 10	Tuesday Tutoring 4PM & 5PM
Wed. March 11	Hebrew School 4:20PM
Sun. March 15	Purim Carnival 9:30-11:30AM
Tues. March 17	Tuesday Tutoring 4PM & 5PM
Wed. March 18	Hebrew School 4:20PM
Sun. March 22	NO RELIGIOUS SCHOOL
Tues. March 24	NO TUESDAY TUTORING
Wed. March 25	NO HEBREW SCHOOL
Sun. March 29	NO RELIGIOUS SCHOOL

**Camp Kayitz is just around the corner!**  
**June 15-19 (Week 1)**  
**August 10-14 (Week 2)**  
**Grades PreK-5 9:30AM-3:00PM**  
**Ages 2-4 9:30AM-12:30PM (includes lunch)**  
For more information contact  
[wpayne@templese.com](mailto:wpayne@templese.com)  
**\$150 Temple Members \$220 Non-Members**  
**\$90 2-3 year old half-day**

# Congregation B’nai Israel

### CBI Events

**CBI Purim Dinner & Speil**



**NO CHARGE - Donations Gratefully Accepted**

**Monday evening, March 9, 2020**  
**6:00 PM - Dinner 7:00 PM - Purim Spiel**  
**8:00 PM - Traditional Megillah Reading**  
Please RSVP by Monday, March 2, 2020  
by calling the office at 419.517.8400

**TOT SHABBAT**  
**CBI'S TOT SHABBAT PROGRAM**  
**Saturday, March 14 11:15 AM - 12:00 PM**  
This service is designed for parents with children up to 5 years of age  
Kiddush lunch will follow. Let us know if you plan to attend. Call the office at 419-517-8400 or email [kbrody@cbitoledo.org](mailto:kbrody@cbitoledo.org).

**THE 2020 DR. MORTON GOLDBERG LECTURE**  
**at the Franciscan Center, Lourdes University**  
6832 Covent Blvd., Sylvania

**“Halacha, Sharia Law, and the Dual Identity of Muslims & Jews in America”**  
Presented by, Dr. Howard Lupovitch & Mr. Saeed Khan, J.D.  
**Sunday, March 1 2:00 - 4:00 PM**  
This event is free and open to the public.

### Jewish Lives, Jewish Learning: CBI Adult Education Series

**JOIN US AS WE WELCOME**



**Dr. David & Judy Weinberg**  
**“The Road to Morocco: Jews in an Arab Land”**

Using Power Point, Judy and David Weinberg will report on their recent trip to Morocco. Special emphasis will be placed on Moroccan cultural sites, arts and crafts, and cuisine and on the central historical significance of Jews in the the country. They will also talk about their encounters with the contemporary Jewish community, which though dwindling in size, maintains a strong and vibrant presence.

**Sunday, March 8 10:30 AM - 12:00 PM**



**Dr. Ken Pargament**  
**“Sacred Moments: What Makes Life Worth Living”**

This talk will focus on what may be one key to a worthwhile life - sacred moments. Drawing on psychological research and practice, we will describe what sacred moments are and how they have helped people live more meaningful lives. We will also talk about how people can cultivate sacred moments in their own lives.

**Sunday, March 15 10:30 AM - 12:00 PM**

Join us for our stimulating snack and learn programs.  
NO CHARGE. Everyone welcome.

**Don't forget to SPRING FORWARD!**  
Set your clocks FORWARD 1 HOUR before bed on SATURDAY, MARCH 7.  
Daylight Savings Time begins on SUNDAY, MARCH 8 at 2:00 AM.

### Daily Services Schedule

Monday - Friday: 7:00 AM and 5:45 PM  
Saturday: 9:30 AM and 1:00 PM  
Sunday: 9:30 AM (when Sunday School is in session)

### David S. Stone Religious School

**David S. Stone Religious School Calendar March 2020**

1	Sunday	RS 9:30-12:00
4	Wednesday	RS 4:30-6:00
8	Sunday	RS 9:30-12:00
11	Wednesday	RS 4:30-6:00
15	Sunday	RS 9:30-12:00
18	Wednesday	RS 4:30-6:00
22 - 29	NO RELIGIOUS SCHOOL - SPRING BREAK	

**Pesach is just around the corner!**  
**The First Seder is the Evening of April 8**  
Everything you need is at the  
**Phyllis J. Diamond Judaica Gift Shop**  
**at Congregation B’nai Israel**  
Sundays 9:30 a.m. - 12 p.m. or by appointment




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**CHILDREN'S PASSOVER BOOKS & TOYS and MUCH MORE!**

To make an appointment,  
please contact Roanne Katzman at 419.882.2111.



# Congregation Etz Chayim .....

PURIM HOLIDAY SERVICES

FAST OF ESTHER/PURIM EVENING,  
MONDAY, MARCH 9, 2020

Shacharit	7:15 a.m.
Mincha	7:10 p.m.
Ma'ariv	8:00 p.m.
Megillah Reading	8:15 p.m.

Happy Purim! Wear a costume and come to services and hear the Megillah at 8:15 p.m., then enjoy an ice cream social.

PURIM DAY, TUESDAY,  
MARCH 10, 2020

Shacharit	7:00 a.m.
Megillah Reading	7:30 a.m.
Mincha	6:00 p.m.

HAMANTASCHEN SALE

The hamantashen sale is going strong and supplies are limited! The cost is \$7.50 per dozen for raspberry, apricot, blueberry, prune, poppy seed and chocolate flavors. The cost is \$9.50 per dozen for chocolate dipped raspberry, chocolate dipped apricot and chocolate dipped chocolate flavors. Individual prices are \$.65 each for plain and \$.80 each for dipped.

Call the office to place an order or just stop in!!

SISTERHOOD NEWS

Many thanks to everyone for their generous donations to Sisterhood's very successful and delicious Shalach Manos Bag fundraising campaign. These bags are filled with hamantashen, candy, fruit, and other surprises. If you received a postcard indicating that there is a bag for you, you may pick it up on any of the following dates and times: Sunday, March 8th from 9:00 a.m. to noon, Monday and Tuesday, March 9th and 10th from 10:00 a.m. to noon and Monday evening, March 9th before and after the Megillah reading and Tuesday morning, March 10th after the Megillah reading.

The next Sisterhood Board meeting is scheduled for Tuesday, May 5th at 10:15 a.m. in the Morris & Clara Weinblatt Library. All Sisterhood members are invited to attend.

LADIES PARSHA OF THE WEEK CLASS

Each Wednesday during the month of March (4th, 11th, 18th and 25th ) from 10:00 a.m. to 11:00 a.m. there will be a leader-based discussion on the upcoming parsha of the week. Reb-betzin Kerry Rubin is the organizer. All ladies are invited to attend. Please call the office for information and to RSVP.

POKER/MAJ JONGG

Poker & Mahj will be held at 10:00 a.m. on Sunday, March 1st and 15th in the Louis & Dora Cohen Auditorium. Everyone is welcome to attend and play! Refreshments will be served.

KNITZVAH GROUP

Be a part of our "knitzvah" group- Knitting & crocheting for "Baskets of Care." Wednesday, March 4, 2020 at 1:00 p.m. in the synagogue library. Everyone is welcome.

BIRTHDAY/ANNIVERSARY SHABBAT LUNCH PLANNED

Everyone is invited to a delicious lunch following Shabbat services on Saturday, March 14th to celebrate with our congregational members who have a birthday or anniversary during the month of February.

ART MUSEUM TOUR

Join your friends for another interactive and informative Toledo Museum of Art Tour Sunday, March 22nd at 2:00 p.m. with our favorite museum docent Andrea Delman. Cost is \$8 per person. Please call the office to R.S.V.P.

# Chabad House .....



REGISTER NOW FOR  
SUMMER 2020!

#CAMPANISRAELTOLEDO  
JUNE 29 - JULY 24  
CHOOSE YOUR WEEKS OR SIGN UP FOR A FULL SUMMER  
SIGN UP: WWW.CHABADTOLEDO.COM

INTERNAL PALESTINIAN  
POLITICS & CONFLICT

Sunday, April 26th @10AM at Chabad House



SAVE THE DATE

Palestinian Rights Activist  
BASSEM EID



WRITING YOUR  
PERSONAL MISSION  
STATEMENT

Presented by Rabbi Shemtov  
Sunday, March 15 at 10 a.m.  
or Tuesday, March 17 at 7 p.m.

Why were you born? This lesson will establish the foundation for a meaningful life—revealing, understanding, discovering, and implementing your purpose. No business can function well without a mission statement. Neither can you.

This program is sponsored in honor of, and with many thanks to, Andy & Camille Golding.

April 8 & 9  
Community  
Passover Seder

Reserve your seat today!  
Order Matzah | Sell Your Chametz

(419) 843-9393

CHABAD OF TOLEDO INVITES YOU TO...

# PURIM IN THE AIR

DATE OF TRAVEL: TUESDAY, MARCH 10 FLIGHT TIME: 5:00 PM  
MEGILLAH READING 5:30 PM  
DESTINATION: CHABAD HOUSE: 2728 KING RD  
EXCITING IN-FLIGHT ENTERTAINMENT FOR CHILDREN AND ADULTS  
FOOD: FIRST CLASS PURIM DINNER SERVED & L'CHAIM BAR  
COME DRESSED UP - "AIR THEME" OPTIONAL

RSVP WITH PAYMENT BY MARCH 5: \$8/CHILD - \$12/ADULT - \$45/FAMILY  
AFTER MARCH 5: \$12/CHILD - \$16/ADULT - \$60/FAMILY  
RSVP AT WWW.CHABADTOLEDO.COM OR 419.843.9393

ALL EVENTS TAKE PLACE AT:

CHABAD HOUSE:  
2728 KING RD  
TOLEDO, OH 43617  
WWW.CHABADTOLEDO.COM



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[paul@JewishToledo.org](mailto:paul@JewishToledo.org).


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Monday – Friday 8:30 a.m. to 4 p.m.  
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Mon. - Thurs. • 4 - 10:30 Fri. - Sat. • 4 - 11:30	Mon. - Fri. • 11:30 - 11 Sat. • 5 - 11:30
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Celebrate Yom Ha'Atzmaut this year  
with the Jewish Music Experience

Family Yom Ha'Atzmaut Celebration – Happy Birthday, Israel!

Sponsored by PJ Library, The Inspiration Fund



The Mama Doni Experience

Thursday, May 7

5 – 6:30 p.m.

Temple Shomer Emunim (6453 W. Sylvania Ave.)

Free – Dinner is included. Please bring personal care items for donation to the JFS Family Pantry. Please let us know of any dietary restrictions in advance.





Families with children 10 years old and younger are invited to celebrate Israel's 72nd birthday with Mama Doni. The Mama Doni Experience (Doni Zasloff of Nefesh Mountain) encourages Jewish children and families to elevate ruach (spirit) to a whole new level in celebration of Jewish life, values, culture, and tradition. The Mama Doni Experience offers families a space to laugh, love, dance, and sing along with the inner Jewish child in all of us. RSVP requested to Colette Lundberg at 419-724-0361 or [colette@jew-toledo.org](mailto:colette@jew-toledo.org).

Community Yom Ha'Atzmaut Celebration

Part of the Jewish Music Experience

Nefesh Mountain

Thursday, May 7

7 p.m.

Temple Shomer Emunim (6453 W. Sylvania Ave.)

Free – please bring personal care items for donation to the JFS Family Pantry.



Celebrate Israel's Independence Day with the beautiful sounds of Nefesh Mountain. Nefesh Mountain is the "place" where bluegrass, old-time, and American roots music meet with Jewish heritage and tradition. Creators, band leaders, and husband and wife team Doni Zasloff and Eric Lindberg are the heart of this eclectic band, pioneering a new world of American culture in which their deep love for American and Western music seamlessly blends with their cultural backgrounds as Jewish Americans. RSVP requested to Colette Lundberg at 419-724-0361 or [colette@jewishtoledo.org](mailto:colette@jewishtoledo.org).



Please Join *Toledo Sister Cities International* in developing a Sister Cities relationship with *Akko, Israel*, in cooperation with the Western Galilee Partnership and JFGT.  
*All donations are greatly needed and appreciated.*

Please Send donations to:  
Toledo Sister Cities International  
P.O. Box 353004,  
Toledo, Ohio 43615  
419-245-3334

# Classifieds

**Airport Service**

**CATCHING A FLIGHT?**  
Do you need a ride to the airport? Call Mel Rukin 419-304-1549.

**RUN YOUR BUSINESS CARD IN THE**

**Jewish News**  
The Monthly Newspaper of Jewish Toledo

**Simply send your business card and billing information to:**  
**Paul Causman at 6465 Sylvania Ave., Sylvania, OH 43560 or**  
**paul@JewishToledo.org**

*Publish your business card (reproduced with no changes) for just \$36/month\**  
*\*Three-month minimum. Any changes to business card include extra charge.*  
Ads must be received by the 15th of the month.  
**Call 419-724-0318 for more information**

**It is easy to run a classified ad in *Toledo Jewish News*!**  
First 12 words - \$8, \$0.10 per additional word. *Phone numbers and abbreviations count as separate words.* Ads must be received by the 15th of the month.

Simply email your ad and billing information to paul@JewishToledo.org or call 419-724-0318 for more information.

**Please note: Classified ads will run every month (and the purchaser will be billed) until notification of cancellation is received.**

# Business Cards

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# Local

## B'nai Mitzvah

### We Honor Our B'nai Mitzvah



**Hannah Ester Chernow** will be called to the Torah as a Bat Mitzvah on Saturday, March 28, 2020, at Congregation B'nai Israel. Hannah is the daughter of David and Rachel Chernow and granddaughter of David and Judy Weinberg of Toledo, Ohio, and Ronald and Susan Chernow of Jupiter, Florida. She is a loving sister to Sophia.

Hannah is a seventh-grader at

Ottawa Hills Junior High School where she is an A-student and a member of the school band playing saxophone. Hannah enjoys drawing, playing tennis, and spending time with her friends. She is a regular participant in Friday evening and Shabbat morning services.

For her mitzvah project, Hannah is observing the commandment Tza'ar Ba'alei Chayim, to not cause sorrow to all animals. By making donations to various organizations such as World Wildlife Foundation and Rainforest Trust, Hannah is hoping to help prevent many species from disappearing forever. She is hoping her friends and family will join in her endeavor to make the world a safer place for all animals big and small.

Hannah is very excited to be able to share her simcha with all her family and friends.



**Anne Marie Rosenberg** will be called to the Torah as a Bat Mitzvah on Saturday, March 7, 2020, at Temple Shomer Emunim. Anne is the daughter of Joe and Veronica Rosenberg, younger sister of Alyssa Rosenberg, and granddaughter of Michael and Suzanne Rosenberg and David and Marianne Cohn. Anne is a seventh-grader at Ottawa Hills Middle School, where she is an honor roll student and member of the cross-country team. She enjoys spending time with her friends, music, and playing with her dog, Percy.

## Simcha



Shirley and Alan Tarschis of Sylvania, Ohio, are delighted to announce the engagement of their son, **Torrey Jacob**, to **Mallory Else Schweiger**, daughter of Jody and Todd Schweiger of Copley, Ohio. Mallory is the granddaughter of Dennis Little and Joan Schweiger Lit-

tle, z"l, Marianne Pressman and Hal Pressman, z"l, and Pat Schweiger and Marty Schweiger, z"l. Torrey is the grandson of Herta Grunberg, z"l, and Florian Grunberg, z"l, and Clara Tarschis, z"l, and Frank Tarschis, z"l.

Mallory and Torrey are both graduates of University of Cincinnati, where they met at an AEPi event. Mallory earned her Bachelor of Arts in communications and entrepreneurship. Torrey earned his Bachelor of Science in mechanical engineering. Mallory is a sales coordinator for the Sagamore Pendry Baltimore Hotel in Baltimore, Maryland, and Torrey is operations manager at Coty Inc. in Cockeysville, Maryland.

They are planning a Labor Day weekend wedding this year at Mapleside Farms in Brunswick, Ohio.



Maumee Valley Criminal Defense Lawyers Association named **Jerome Phillips** as its 2019 Liberty and Justice Award winner. The annual award recognizes "the contribution and accomplishments of an attorney who has had a lasting impact on liberty and justice within the criminal defense profession." Phillips has practiced law in Toledo for more than 50 years.



## ATTENTION TEMPLE SHOMER EMUNIM SPIEL LOVERS –

An anonymous benefactor has made a generous offer to cover the entire cost of admission for ANY and ALL who want to attend the **March 15th Premier Performance of Waiting for Haman, the Temple's blockbuster new Purimspiel!**

That's right, you and your friends and family can have great seats in the **TSE Main Sanctuary - ABSOLUTELY FREE**

Additionally, a splendid After-Spiel Meal will be available at the new low price: \$14 for Adults, and a 50% discount for children under the age 18, or if you are over 18 and still living with your parents regardless of age.

## THE REGISTRATION FOR THE USA DELEGATION TO ISRAEL FOR THE 21ST MACCABIAH IS NOW OPEN!



The 21st Maccabiah will be held in Israel. Competitions will take place in Haifa, Jerusalem, Netanya and Tel Aviv. Specific sports, age categories and venues will be available in spring of 2021.

**The competitions take place July 20 – August 2, 2021.**

At least 30 sports will compete.

In addition to the games, educational, cultural, and social activities and tours are planned.

Tryout information, selection criteria and other information on how to join can be found on the at [maccabiusa.com](http://maccabiusa.com)





# Local

## Gan Yeladim Tu b'Shevat – a delicious holiday



A tiny seedling's germination and development into a full-fledged fruit-producing tree is one of the most inspiring transformations in all of G-d's creation. First and foremost comes the development of the tree's root system. Then, the trunk and body of the tree, as well as the branches and leaves, come into being. Finally, there comes the time when the tree bears fruit. Now, man is likened to a tree (Deut. 20:19). Each and every child truly is like a tree; a young, fragile sapling to be handled with care, to be encouraged and directed into the tree they will eventually become, giving fruit and nurturing others.

This year, as we celebrated Tu b'Shevat at Gan Yeladim Preschool, each of the children brought in de-

licious fruit to share with their friends. The fruit table started with some of the seven special species that grow in Israel such as dates, figs, olives, and grapes. Then came apples, pears, bananas, kiwis, mangos, pine-apples, nuts, and much more.

We wanted to sample all the fruit at once, but we took it slowly instead. We chose a few to start with so that we could discuss what we were seeing, smelling, feeling, and tasting. We used vibrant vocabulary words to describe texture and color. We looked to see if seeds were on the inside or on the outside and if they were edible or not. We taste-tested all the fruit and charted the results. We had a truly delicious Tu b'Shevat party.

Of course, we learned all about trees and their benefits to our world. We did art projects, planted seeds, read stories, and celebrated the trees. Thank you, trees, for the grand se-



lection of delicious, nutritious fruit we are so lucky to have. Thank you, trees, for all that you give us. We, the children at Gan, will do our part to keep the world clean and care for our trees so that we can continue to benefit from each other.



### SAVE THE DATE!

Wednesday, May 27th  
at 7p.m.  
Gan Yeladim Preschool  
invites the community  
to join us for  
*"A Night at the Museum"*  
*Art Gala*

Silent and live auction supporting  
continued Art and Music  
education for the preschoolers

"Come sip with us" as we say  
L'chaim for our new location,  
and tour the art galleries.

Fine wine, fine food and fine art.

## Gan Yeladim Preschool fall registration for new students now open

Gan Yeladim Preschool offers full and half day options for  
2, 3, and 4-year-olds.

We encourage all new families to come tour our  
preschool and spend time observing in our preschool  
classrooms.

To schedule an appointment or for more information,  
please call Morah Raizel at 419-270-3548 or email  
Raizel@jewishtoledo.org.

Each and every child entrusted in our  
care is a tree, a young fragile sapling to  
be handled with care, to be developed  
and nurtured into a tree that will eventu-  
ally stand firm and bear precious fruit.

Enroll your child today.



# Local



## BBYO convention provides meaningful experience

I am a congregant of Temple Shomer Emunim and just recently went to my first B'nai B'rith Youth Organization convention. I had an unforgettable time. I met the most amazing people and created friendships that I hope will last a lifetime. This is one of the few environments where I feel comfortable being who I am. I was able to express my thoughts, opinions, and feelings, and no judgment was exchanged. It was so empowering to know I wasn't alone as a Jewish teen.

There are so many Jews outside of Toledo and, even though we live far away from each other, we came together as one Jewish community. The feeling I felt after the weekend of the convention was something I have never felt before. Not only did I feel like I was part of a new family, I felt special, and that I meant something to someone. That feeling is something I have carried around in my heart ever since.

At the BBYO convention, I was able to broaden my Jewish identity and be proud of it. It was such an awesome experience. This has brought me closer to G-d and I feel an even closer connection to Judaism. I am beyond grateful that I was given the opportunity to go and I hope that I can continue to expand my Jewish identity by going to more conventions like these. It was definitely a memory I will hold with me as I continue in the journey we call life.

## Obituaries

**Irene (Dalesman) Baker** of Brooklyn, NY, Toledo, OH and Hamilton, NJ died Thursday, February 13, 2020 at the Kensington Falls Church in Falls Church, VA. She was preceded in death by her beloved husband, Leonard (Lenny), and her sister, Silvia DiGioia. She was the cherished mother of Ronni (Jonathan) Arden and Steve (Beth) Baker, the loving step-grandmother of Benjamin, Rebecca and Rachel Arden, Jeremy (Kara) Rosen and Andrea (Joshua) Wajcman, adoring aunt and grandaunt of many nieces and nephews, and a loyal and devoted friend. She loved music, dancing and singing, and especially art. She was a prolific artist and found her greatest joy in painting and encouraging anyone with interest not to be afraid to paint. Funeral services will be held Sunday, February 16, 2020, at 1pm at Louis Suburban Chapel, 13-01 Broadway, Fair Lawn, NJ, with burial at Riverside Cemetery, 12 Market St., Saddle Brook, NJ. Shiva will be at the homes of Jonathan and Ronni Arden in Virginia and Steve and Beth Baker in Ohio. Memorial contributions may be made to Vitas Hospice of Vienna, VA, Chabad of Tysons Corner, VA, or charity of choice.

### Obituaries now accepted for print in *Toledo Jewish News*

*Toledo Jewish News* is now accepting obituaries for the Toledo Jewish community, immediate family members of the Toledo Jewish community, and former residents of the Toledo Jewish community.

**There is no charge to submit an obituary, but we encourage donations to Jewish Federation of Greater Toledo**  
([www.jewishtoledo.org](http://www.jewishtoledo.org)).

**Maximum obituary word length: 500 words (*Toledo Jewish News* reserves the right to edit obituaries as necessary)**

Email **completed** obituaries to:  
[paul@JewishToledo.org](mailto:paul@JewishToledo.org)

You may include a photo of the deceased if you wish (optional).

**NOTE: Only obituaries submitted to [paul@JewishToledo.org](mailto:paul@JewishToledo.org) (at the Jewish Federation of Greater Toledo offices) will be printed in Toledo Jewish News.**

*Toledo Jewish News* is published the first of every month except July. Obituaries must be received by the 15th of the month prior to publication.

If you have additional questions, please contact  
[paul@JewishToledo.org](mailto:paul@JewishToledo.org).

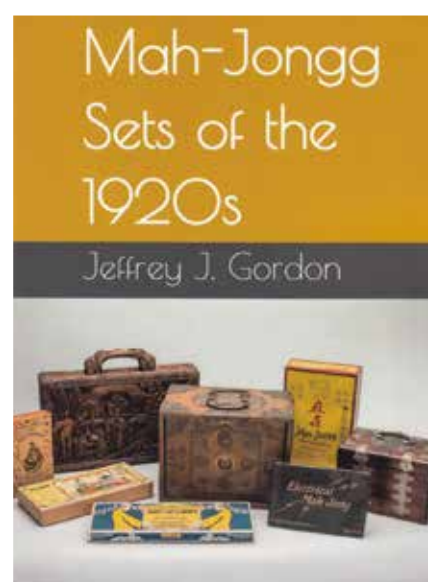
## Make an Impact - Volunteer with Jewish Community Relations Council

Are you looking for a chance to use your voice and create a meaningful difference in our community? Jewish Federation of Greater Toledo needs your help! Join us in developing much needed programs relating to these areas:

- Combating hate and antisemitism
- Mental health and addiction support
- Multifaith and multicultural outreach and education
- Advocacy for issues relevant to our Jewish community and others
- Planning community observances of Yom Hashoah (Holocaust Remembrance Day) and Yom Hazikaron (Israel's Memorial Day)
- Improving the relationship between American and Israeli Jews
- Israel Advocacy including partnering with organizations and businesses in promoting common opportunities

You can make a lasting impact on your community by getting involved with Jewish Federation of Greater Toledo. We are committed to your participation in project-based volunteer efforts that value your time and make the best use of your talents and interests. We are focused on results and action as we work together to reach common goals. For more information, please contact Fagie at [Fagie@jewishtoledo.org](mailto:Fagie@jewishtoledo.org) or 419-724-0315, or Stephen at [stephen@jewishtoledo.org](mailto:stephen@jewishtoledo.org) or 419-724-0372.

Visit us on the web [www.jewishtoledo.org](http://www.jewishtoledo.org)



Dr. Gordon is available for speaking engagements. Contact him at [www.jeffreyjgordon.com](http://www.jeffreyjgordon.com)

### New from Amazon

A comprehensive and beautifully illustrated guide to the earliest Mah-Jongg sets in the U.S., **Mah-Jongg Sets of the 1920s** by Dr. Jeffrey J. Gordon encompasses the geography, history, and exceptional importance of Mah-Jongg in 1920s popular culture.

This complete paperback guide includes descriptions of Mah-Jongg set components and their functions in actual play and a section on the Jewish contribution to Mah-Jongg, with excerpts and a photo of local play from the *Toledo Jewish News*.

Order your copy today at  
[www.tinyurl.com/antiquemahjongg](http://www.tinyurl.com/antiquemahjongg)

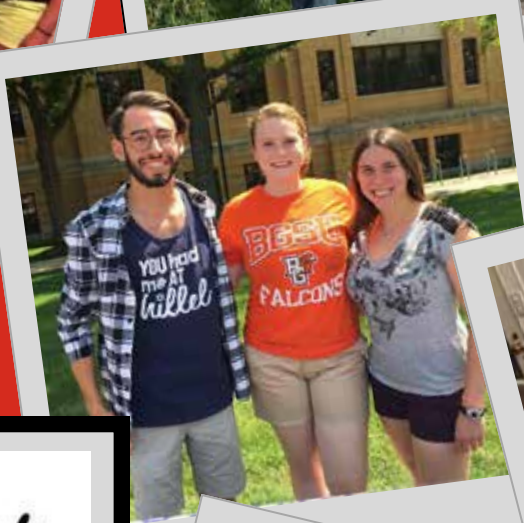


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Text CAMPAIGN to 44321 to make a donation to the Jewish Federation of Greater Toledo Annual Campaign





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we make a  
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