



Jewish Living Center of Greater Toledo

# July 2021

## JLC CONNECTION

The Jewish Living Center (JLC) is a fresh approach to how we look at aging. It is a holistic attitude about how we view ourselves as we age. We want to be the place that you come to when you want to learn about something new and exciting. When you want to try out the newest trend in movement and exercise. Where you want to gather with friends and make new ones. Where you can feel comfortable being you. Where technology is just a touch away. Where adventure will take you places. The Jewish Living Center (JLC) and all of its programs are open to those who are 60 and better and are supported through a generous grant from the Jewish Senior Services Supporting Organization (JSSSO) and through your campaign dollars.

You can learn about our programming on Facebook, Instagram, Friday Facts, our website [www.JewishToledo.org](http://www.JewishToledo.org), Twitter and the Toledo Jewish News. If you need assistance with technology or information about how to connect with us, please call the Federation at 419-531-2119 so we can assist you. We are here for you.

### COME JOIN THE FUN!

All of the JLC's programs are open to those who are 60 and better. All you have to do is fill out a registration form and you are set to enjoy all that the JLC has to offer! For more information on the Jewish Living Center and its programs, please feel free to call Rene Rusgo, Director.



### HOW TO REACH US

René Rusgo, Director  
419.531.2119 x1  
[rene@jewishtoledo.org](mailto:rene@jewishtoledo.org)

### SPECIAL POINTS OF INTEREST

- Senior Alliance Programs
- In Your Living Room
- RBG Tour @ Maltz
- Summer Shindig

# DUPLICATE BRIDGE



## Duplicate Bridge

Every Tuesday Evening

7:00 p.m. – 9:00 p.m.

**Sekach Building – 6505 Sylvania Ave.**

**Seats are limited at this time, please register each week that you want to play by the Monday before the game by noon. You can email [registration@jewishtoledo.org](mailto:registration@jewishtoledo.org) or call 419-531-2119 # 1.**

This game is open to all who want to play. All that is required is that you fill out an emergency form. All the necessary game needs provided. Should you like to play but aren't sure of your skills or would like to learn to play, please let us know and we can arrange for lessons to take place. Please call to arrange for this special time slot at 419-531-2119 #1.

## SUMMER CONCERT CONNECTION



**Tuesday, August 24 at 1:00 p.m.**  
**Gina Morgano – Broadway by the Book**  
**Registration requested by Friday,**  
**August 13 to**  
**[registration@jewishtoledo.org](mailto:registration@jewishtoledo.org) for the**

**zoom link**

In this musical celebration of literature, a bookworm sings her way through Broadway and beyond. Take a trip to the library with vocalist Gina Morgano as she shares classic stories of writers, readers, and literature's most beloved characters.

Gina helps people to find their voice - both inside and out - so that they can offer their highest creative contributions. As a performer and voice teacher at the 92nd Street Y and the Professional Performing Arts School, Gina and her students have appeared on New York's most prominent stages, such as Carnegie Hall and Lincoln Center. Gina believes that curiosity and storytelling are the floodgates to empathy and compassion and that a classic always offers something new.



Join us for an unforgettable summer shindig!



## Jewish Federation Summer Shindig Spectacular

**Sunday, August 15**

**Congregation Etz Chayim parking lot**

**Road rally scavenger hunt pickup: 3 – 3:30 p.m.**

**Party with dinner and more: 4:30 - 6:30 p.m.**

\$18 per household – Includes Kosher dinner, Kona Ice, drinks, and so much more.

Register at [www.jotform.com/jewishtoledo/summer](http://www.jotform.com/jewishtoledo/summer)

### Join us for an unforgettable summer shindig!

This summer, the Jewish Federation is planning an epic shindig for the entire Jewish Toledo community, and you do not want to miss out! Participate in both the road rally and party, only do one, or just stop by to pick up a Kosher dinner. No matter what the choice, we can't wait to see you!

#### Party

After scavenging Toledo, stop back in for some delicious eats from Chef Cari's Kosher food truck, cool down with Kona ice and beer, and party with music, games, and your Jewish community!

#### Road Rally Scavenger Hunt

Get out of the house and onto the road! Follow different clues to discover more about our favorite hometown, and dig a little deeper into Jewish Toledo. Pickup of scavenger hunt supplies is from 3–3:30 p.m.

**\*\*non-road rally scavenger hunt participants welcomed to just join the party\*\***

**RSVP and payment due by Sunday, August 8. No walk-ins allowed.**

Any questions? Contact Wendy Goldstein at [wendy@jewishtoledo.org](mailto:wendy@jewishtoledo.org) or 419-724-0360, Hallie Freed at [hallie@jewishtoledo.org](mailto:hallie@jewishtoledo.org) or 419-724-0362, or Rene Rusgo at [rene@jewishtoledo.org](mailto:rene@jewishtoledo.org) or 419-724-0365.

## HOW TO REGISTER FOR CLASSES OR EVENTS

1

Pick the class or event you would like to participate in.

2

Call us at 419-531-2119 or email [Registration@JewishToledo.org](mailto:Registration@JewishToledo.org) with your payment information as payment is due at the time of registration.

VISA, MasterCard, AMEX, & Discover are accepted. Personal checks can be made out to **Jewish Living center of Greater Toledo**. Mail checks to:

JLC

6505 Sylvania  
Sylvania, OH 43560

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OY! I registered for an event and now I can't attend. Please call and let us know so we can open that spot for another community member.

## JLC & National JCC Adult & Senior Alliance



The Jewish Living Center is thrilled to announce that we are now a partner in the National JCC Adult & Senior Alliance. This alliance allows us to bring you cutting-edge, exciting, and relevant programs – to the comfort of your home. Through this new effort, we can select the programs and events that best fit our community, allowing us to provide the most diverse programming possible. Look at these phenomenal new offerings below & on [jewishtoledo.org/jlc](http://jewishtoledo.org/jlc):

**Music & Morsels: Americana** Wed, July 7 4-5pm (ET) on Zoom \$10 w/"Early Bird" Purchase!

<https://www.eventbrite.com/e/music-morsels-americana-tickets-154144715995?aff=JLCToledo>

Continue July 4th festivities by joining pianist & historian **Ian Scarfe** for a live, classical piano concert celebrating American classics, music by George Gershwin, Samuel Barber, Florence Price, and William Grant Still. After the program, join the artist for some live Q&A!

**Terrific Tastings: Rustic Artisan Crisps** Sun, July 11 5-6:15pm (ET) on Zoom

<https://www.eventbrite.com/e/terrific-tastings-rustic-artisan-crisps-tickets-153161079913?aff=JLCToledo>

Rustic Bakery was started on a whim in 2005, when co-founders Carol LeValley and Josh Harris found their passion for baking in a simple sourdough flatbread cracker that they would whip up for friends. They stopped by a San Francisco cheese store and mentioned to its owners that the cheeses deserved artisan crackers and immediately got an order for 50 cases. The following year, they displayed at the Fancy Food Show and suddenly every cheese place in America wanted them. The offerings have expanded and now include scrumptious Artisan Crisps.

Let us deliver to your doorstep a curated, *discounted* collection of Rustic Artisan Crisps; so flavorful and delicious, they do not even need cheese! However, feel free to pick up some cheese(s) – recommendations sent closer to the tasting date – then, join culinary host **James Sokol** and **Rustic Bakery's co-founder Carol LeValley** (and maybe another special guest from Rustic Bakery) for a fun & interesting discussion and a guided tasting of these tasty treats!

**PLEASE NOTE: Collections available for order through Sun, June 27.**

Crisp's collections will be shipped the week before the tasting. *Come for the crisps; stay for the fun!*



**Songs & Stories: A Tribute of George M. Cohan** Wed, July 21 4-5pm (ET) on Zoom \$12.50 w/“Early Bird” Purchase!

<https://www.eventbrite.com/e/songs-stories-a-tribute-of-george-m-cohan-tickets-154105009231?aff=JLCToledo>

Known in the decade before World War I as "the man who owned Broadway", George M. Cohan is considered "the father of American musical comedy." He was involved in it all; from vaudeville and minstrel shows to the Broadway musical. Join cabaret singer **Gilda Solve** for an all-out American tribute by revisiting this historic, patriotic time through the great music of “George M.” Guests are welcome to ask questions via the chat throughout the program.

**Songs of Friendship: A Multi-Genre Musical Celebration of Friendship Day** Thu, July 29 4-5:15pm (ET) \$5 w/“Early Bird” purchase!

<https://www.eventbrite.com/e/songs-of-friends-a-multi-genre-musical-celebration-of-friendship-day-tickets-154150605611?aff=JLCToledo>

“A friend is one to whom one may pour out the contents of one's heart, chaff and grain together, knowing that gentle hands will take and sift it, keep what is worth keeping, and with a breath of kindness, blow the rest away.” - George Eliot (pen name of English writer/poet Mary Ann Evans)

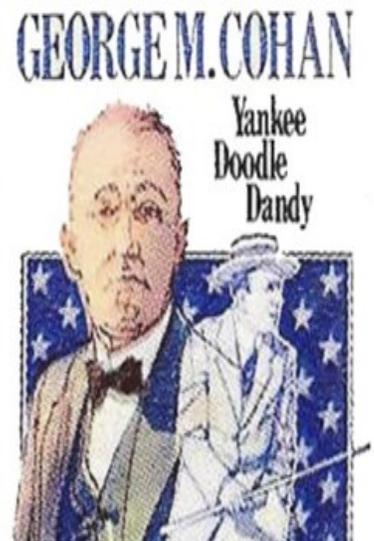
Prepare for International Friendship Day (July 30) or Friendship Day (Aug 1) with popular San Francisco Bay Area instructor **James Sokol** and his guided journey through a diverse array of songs – classical, Broadway, pop & more – and interesting tidbits, all which celebrate friends & friendship!

**Exploring Broadway: Tuneful Trivia** Thursday, August 12 & 26, 4-5:30pm (ET) on Zoom

**\$25 w/“Early Bird” Registration!**

<https://www.eventbrite.com/e/exploring-broadway-tuneful-trivia-tickets-154335745369?aff=JLCToledo>

Whether interested or not in joining a fun, educational and non-competitive game – a combination of *Name That Tune* (or show, or performer, or composer...) and *Jeopardy* – do not miss popular instructor **James Sokol’s** new 2-part mini-series, which will touch on a wide range of Broadway shows & songs. Answers will be found in delightful video performance clips that bring the joy of musical theater into our discussion. *Come for the songs; stay for the fun!*



## In Person Exercise Classes Return to the JLC on Wednesday July 7!

- ◆ Classes will be limited in size to 10
- ◆ Each participant is asked to bring their own water bottle
- ◆ Participants will need to register one week prior to the classes that they want to take the following week starting on the Monday prior and will be done on a weekly basis. Please email [registration@jewishtoledo.org](mailto:registration@jewishtoledo.org) or call 419-531-2119 # 1
- ◆ A wait list will be started if the class gets full
- ◆ If you can not attend a class you signed up for, please call to cancel so another participant can fill that spot
- ◆ If vaccinated, no mask, unvaccinated wear a mask, not feeling well, please stay home

*Nothing great was ever achieved without enthusiasm. Ralph Waldo Emerson*

### EILEEN SEEGER, INSTRUCTOR

Eileen has been an integral part of the health & wellness program at Jewish Living Center for 28 years.

Eileen has degrees in Dance Therapy and Kinesiotherapy. She also has a certification in Corrective Exercise. Eileen is now licensed to teach Zumba.

Eileen stays active by participating in local runs and spending time with her grandchildren.

## EXERCISE SCHEDULE

### MONDAYS

9:00 a.m. Get Fit  
10:00 a.m. Drumming

### WEDNESDAYS

9:00 a.m. Get Fit  
10:00 a.m. Ballet Ball Fusion

### FRIDAY

9:00 a.m. Zumba

**Tuesday & Thursday:** Walking at Pacesetter Park at 10:00 a.m.

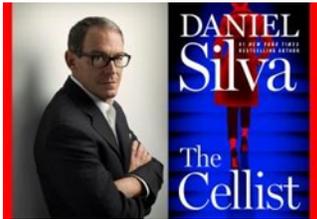
One Get Fit & Zumba class will still be posted each week to FB & YouTube

Visit: [www.jewishtoledo.org/jlc](http://www.jewishtoledo.org/jlc) for a quick click button that will take you directly to YouTube for recorded exercise classes.



The National JCC Literary Consortium and the Jewish Federation of Greater Toledo presents In Your Living Room

You can easily find these events on JewishToledo.org and just click on the link and it will take you directly to showclix to purchase your tickets!



**Mon. July 12 at 8 p.m. EST -Zoom**

**Daniel Silva, The Cellist  
A Special Evening with the Master of International Intrigue, Bestselling Author Daniel Silva**

**Tickets: \$36 for one virtual ticket and hardcover book (includes tax and shipping)**

<https://www.showclix.com/event/daniel-silva-the-cellist/tag/toledo>

Daniel Silva follows up his acclaimed #1 *New York Times* bestsellers *The Order*, *The New Girl*, and *The Other Woman* with this riveting, action-packed tale of espionage and suspense featuring art restorer and spy Gabriel Allon. The fatal poisoning of a Russian billionaire sends Gabriel Allon on a dangerous journey across Europe and into the orbit of a musical virtuoso who may hold the key to the truth about his friend’s death. The plot Allon uncovers leads to secret channels of money and influence that go to the very heart of Western democracy and threaten the stability of the global order. *The Cellist* is a breathtaking entry in Daniel Silva’s “outstanding series” (*People* magazine) and reveals once more his superb artistry and genius for invention—and demonstrates why he belongs “firmly alongside le Carré and Forsyth as one of the greatest spy novelists of all time” (*The Real Book Spy*).

**Daniel Silva** is the award-winning, #1 *New York Times* bestselling author of *The Unlikely Spy*, *The Mark of the Assassin*, *The Marching Season*, *The Kill Artist*, *The English Assassin*, *The Confessor*, *A Death in Vienna*, *Prince of Fire*, *The Messenger*, *The Secret Servant*, *Moscow Rules*, *The Defector*, *The Rembrandt Affair*, *Portrait of a Spy*, *The Fallen Angel*, *The English Girl*, *The Heist*, *The English Spy*, *The Black Widow*, *House of Spies*, *The Other Woman*, *The New Girl* and *The Order*. He is best known for his long-running thriller series starring spy and art restorer Gabriel Allon. Silva’s books are critically acclaimed bestsellers around the world and have been translated into more than 30 languages. He resides in Florida with his wife, television journalist Jamie Gangel, and their twins, Lily and Nicholas. For more information visit [www.danielsilvabooks.com](http://www.danielsilvabooks.com)



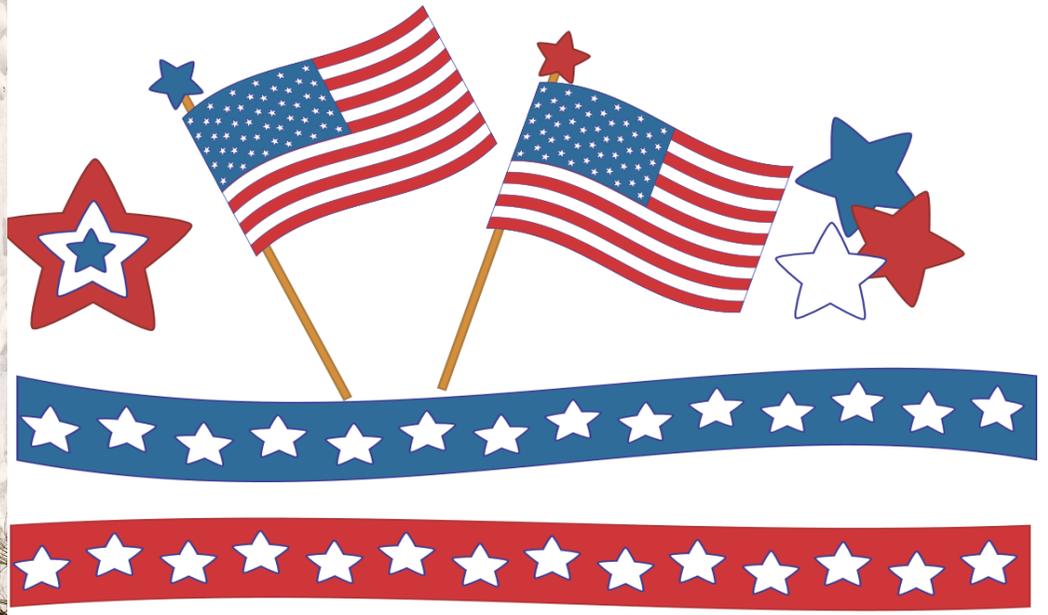
## Exercising in Hot Weather

**Check the weather forecast.** If it’s very hot or humid, exercise inside or walk in an air-conditioned building like a shopping mall.

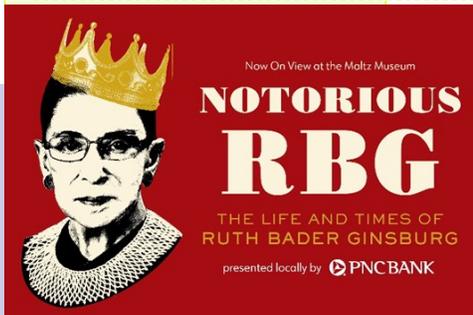
**Drink plenty of liquids.** Water and fruit juices are great options. Avoid caffeine and alcohol. If your doctor has told you to limit liquids, ask about other ways you can stay hydrated on hot days.

**Wear light-colored, loose-fitting clothes** in natural fabrics to let air circulate and moisture evaporate. If it’s a bit chilly when you begin, dress in layers so you can easily remove clothing as your body warms up from activity.

**Know the signs of heat-related complications.** Get medical help right away if you think someone is showing signs of illness, such as dizziness, cramping, swelling, or exhaustion.



*The Obstacle is the path. Proverb*



**Notorious RBG: The Life and Times of Ruth Bader Ginsburg**

**Tuesday, July 13 @ 11a.m. via Zoom**

**In Partnership with the Maltz Museum of Jewish Heritage**

**Registration requested by Tuesday, July 6 by emailing**

**[registration@jewishtoledo.org](mailto:registration@jewishtoledo.org) for the link**

This tour will consist of a live welcome from the Maltz Museum, a pre-recorded video of the exhibit, and a live Q & A session after the video.

Notorious RBG: The Life and Times of Ruth Bader Ginsburg is the first-ever retrospective about the trailblazing associate justice and cultural icon, based on the popular Tumblr and bestselling book of the same name by journalist Irin Carmon and attorney Shana Knizhnik. Exploring the American judicial system through the lens of one of its sharpest legal minds, the exhibition takes an entertaining yet rigorous look at Justice Ginsburg's life and work—in particular the efforts she joined to protect civil rights and expand equal opportunity for all Americans. Through archival photographs and documents, historical artifacts, contemporary art, media stations, and gallery interactives, the exhibition spans RBG's varied roles as student, life partner, mother, lawyer, judge, women's rights pioneer, and Internet phenomenon.

## High Holiday Kosher Shopping

Thursday, August 26

9:00 AM Depart from the Jewish Living Center (Sekach Bldg.)  
6505 Sylvania Ave.

4:30 PM Approximate return time to Jewish Living Center  
Registration is required by Monday, August 16 – limited seats

It is that time of year again, time to get ready for the fall holidays! We know that we will shop all the regular spots, The Grove (One Stop), Zeman's Kosher Bakery, and Harvard Row Kosher Meats. We want to make sure that you have what you need for the holidays!

We are offering 2 options to help you make your fall holidays complete.

### Option 1:

Make a reservation and ride the bus up north with us and do your own shopping and lunch out.

### Option 2 (for those who are not able or ready to shop in person)

Place your order with **Harvard Row** no later than **Monday, August 16** by calling **248-539-8806**. You will need to tell them that your order will be picked by Rene from Toledo on Aug. 26. Pay for your order before we arrive to pick it up on Thursday, August 26 before 10 a.m. (They will need to weigh your order, so you need to make sure to call them with your cc #)

Place your order with **Zeman's Kosher Bakery** no later than **Monday, August 16** by calling **248-967-3905**. You will need to tell them that your order will be picked by Rene from Toledo on Aug. 26. Pay for your order before we arrive to pick it up on Thursday, August 26 before 10 a.m. (They will need to weigh your order, so you need to make sure to call them with your cc #)

Call Rene at 419-531-2119 #1 by **Monday, August 16** and let her know the following:

Where you placed orders at  
Email her what you ordered at each vendor –  
[registration@jewishtoledo.org](mailto:registration@jewishtoledo.org)

Include in your email **your cell phone number** as you will be called as we approach Toledo so you can meet the bus at the Sekach building to pick up your order late afternoon of Thursday, August 26.

If you want shopping done for you at The Grove, please limit your items to what you cannot get local. Please email a specific list of items you want. Rene will call you to review the list and go over the payment process for this part of the shopping trip.

If you have any questions, please call Rene Rusgo at 419-724-0365 or [reg-  
istration@jewishtoledo.org](mailto:registration@jewishtoledo.org)



**Clean.** Wash your hands, the cutting board, and the counter with hot, soapy water, and make sure knives and other utensils are clean before you start to prepare food.

**Separate.** Keep raw meat, poultry, seafood, and eggs (and their juices and shells) away from foods that won't be cooked.

**Cook.** Use a food thermometer. Put it in the thickest part of the food you are cooking to check that the inside has reached the right temperature.

**Chill.** Keeping foods cold slows the growth of microbes, so try to keep your refrigerator at 40° F or below and freezer at 0° F or below.

# July 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 12:30 Poker	3
4 	5 CLOSED for July 4th Holiday	6 7p Bridge	7 9a GF 11a BF	8	9 9a Zumba 12:30 Poker	10
11	12 9a GF 11a Drumming  8pm Daniel Silva*	13 11a RBG*  7p Bridge	14 9a GF 11a BF	15	16 9a Zumba 12:30 Poker	17
18	19 9a GF 11a Drumming	20  7p Bridge	21 9a GF 11a BF	22	23 9a Zumba 12:30 Poker	24
25	26 9a GF 11a Drumming	27  7p Bridge	28 9a GF 11a BF	29	30 9a Zumba 12:30 Poker	31

GF - Get Fit  
BF - Ballet Ball Fusion

\* - Registration Required