

The Tampa JCCs & Federation
invites the Lions of Judah to an
engaging and insightful luncheon
featuring a conversation with

Dr. Ruth Nemzoff

Don't Bite Your Tongue
and Don't Roll Your Eyes -
Foster rewarding relationships with your
adult children and your new extended family

Thursday, November 4, 2021 at 12:00 PM

Brio Italian Grille

International Plaza

2223 N. Westshore Blvd.

\$54 includes lunch and book

The conversation with Dr. Nemzoff is graciously
being moderated by Iris Ruth Pastor.

Kindly respond by **October 26, 2021**
online at **JewishTampa.com/Lions** or
by calling Loni Lindsay at **813.769.2802**.



Dr. Ruth Nemzoff

Dr. Ruth Nemzoff is author of *Don't Bite Your Tongue: How to Foster Rewarding Relationships with Your Adult Children* and *Don't Roll Your Eyes: Making In-Laws into Family* and is a resident scholar at Brandeis Women's Studies Research Center.

She has given lectures in over 350 venues on emerging adulthood, parenting adult children, empty nest, intermarriage, grandparenting and family dynamics in intergenerational families.

Currently, she is an advice columnist for the *American Israelite*, as well as a frequent blogger for *The Huffington Post* and *Better After 50*. She serves on the boards of Interfaith Family and Brandeis Women's Studies Research Center.

Her papers are archived at the Schlesinger Library at Harvard University which granted her a doctorate in social policy. She has served three terms in the New Hampshire Legislature and was New Hampshire Deputy Commissioner of Health and Welfare.

She is the mother of four adult children, four in-law children and grandmother of eleven. She lives in Massachusetts with her husband Harris Berman, Dean of Tufts University School of Medicine.