

JCC ON THE COHN CAMPUS PRESENTS

JCC 1, 2, 3!

Membership Activation Date _____

Member Name _____

Membership Representative _____

Complete goals below within 30 days and return to your membership representative to be entered to win a special JCC gift. Drawing held each month.

☐ **Schedule and complete your first workout**

Date/time _____ Reception Team initials ____

☐ **Choose your goal**

☐ Mobility/Flexibility ☐ Healthy Weight ☐ Strength ☐ Other

Game plan to achieve your goal _____

☐ **Have your membership card created**

☐ **Follow JCC on Instagram or Facebook**

☐ **Bring your VIP!** Receive a complimentary VIP Guest Pass for your friends or family.

VIP Name _____ Phone _____

☐ **Attend your complimentary Fitness Orientation with a Personal Trainer**

Coach's Initials _____

Optional Goals: Receive an extra entry for each one completed

- ☐ Attend 5 Group Exercise Classes
- ☐ Attend a Fitness is Fun Series
- ☐ Attend a #Gather or Active Adults Event
- ☐ Attend Kids Day Out
- ☐ Attend PJ Library
- ☐ Enroll in JCC Preschool, Camp J or Club J
- ☐ Play Mah Jongg in the lounge
- ☐ Purchase a Personal Training Package or Pilates Reformer Package
- ☐ Purchase a Swim Lesson Package
- ☐ Purchase a Tennis Lesson
- ☐ Use the JCC 8 times in your first 30 days
- ☐ Visit the Bryan Glazer Family JCC 4x