

Pilates Barre Crawl



Sunday, August 22, 2021 | 11:00 AM - 1:00 PM

**Bryan Glazer Family JCC - J Studio/Reformer Studio/Mind and Body Studio
522 North Howard Avenue | Tampa, FL 33606**

Member: \$10 | Guest: \$18

Join us as we traverse across three different spaces in the J! Each group of five will have 20 minute segments of Reformer, Mat Pilates and Barre. At the end of your Crawl, we will mingle poolside.

The event includes two drinks.

To register, please visit BryanGlazerFamilyJCC.com/Pilates

For more information, contact Member Services at **813.575.5900** or fitness@bgfjcc.com.

