

# Mat Pilates, Mimosas and Mingle

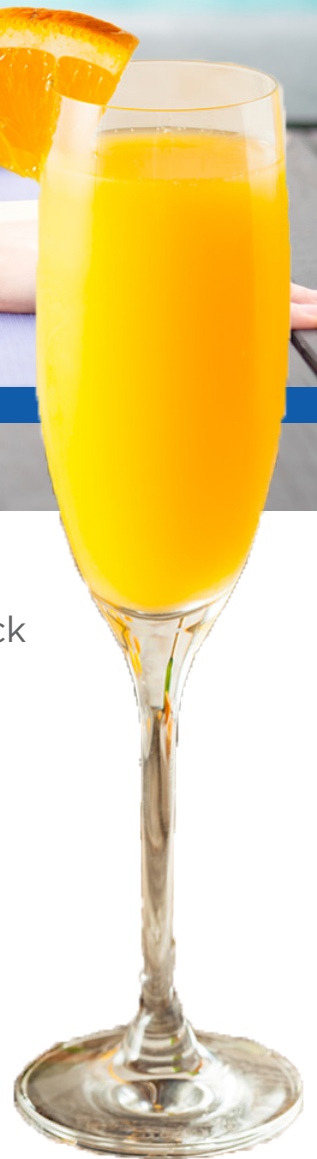


Sunday, January 13, 2019 | 11:00 AM - 1:00 PM  
Bryan Glazer Family JCC - Mezrah Family Aquatic Center Pool Deck  
Member: \$10 | Guest: \$25

Start your New Year fitness goals in a fun way with a Mat Pilates class followed by a social hour that includes a DIY Mimosa Bar. Its also a great way to mingle with friends at the JCC and kick start the New Year off with making some new ones.

Non-alcoholic options will also be served.  
Registration is required to participate.  
Limited space available.  
Minimum of 5 participants.

Participants will also receive a voucher for a free Pilates Reformer group class.



**To register, go to [www.BryanGlazerFamilyJCC.com/Pilates](http://www.BryanGlazerFamilyJCC.com/Pilates)**

For more information, contact Jerry Cox, Fitness Coordinator, at 813.291.2184 or [jerry.cox@jewishtampa.com](mailto:jerry.cox@jewishtampa.com).



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