

- 3 The Jewish Historical Society will celebrate its 30th anniversary on June 7.
- 5 The PJ Library will hold events for children at the JHS Library and Barnes and Noble.
- 7 UJF will launch its Maimonides Society, a medical affinity networking group, on May 7.

THE NEW JEWISH VOICE

MAY 2015/YYAR-SIVAN 5775
VOLUME 17, NUMBER 4

A PUBLICATION OF UNITED JEWISH FEDERATION OF
GREATER STAMFORD, NEW CANAAN AND DARIEN

Israel and American Jewry: Dissonance or Cohesion

Steve Bayme to Speak at Wolfsohn Lecture

BY MICHAEL FELDSTEIN

Dr. Steve Bayme, the national director of the William Petchek Contemporary Jewish Life Department at the American Jewish Committee, will be this year's speaker at the annual Wolfsohn Lecture, to be held at Congregation Agudath Sholom on Wednesday, May 13, at 8 pm. His topic will be "Israel and American Jewry: Dissonance or Cohesion?"

As part of his responsibilities at the AJC, Bayme focuses on Jewish family issues, Jewish education, Israel-Diaspora



Dr. Steve Bayme

relations, Jewish identity and continuity, and intra-Jewish relations. He has a B.A. in history from Yeshiva University and an M.A. and Ph.D. in Jewish history from Columbia University. He has lectured widely across the country and taught at Yeshiva University, Jewish Theological Seminary, Hebrew Union College and Queens College. He currently is a visiting associate

professor of history at the Jewish Theological Seminary and a visiting scholar at Yeshivat Chovevei Torah.

See "Israel" on page 4

Women's Philanthropy Spring Dinner

Featuring Joan Lunden

BY LORRAINE KWESKIN

On Wednesday, May 20, United Jewish Federation's Women's Philanthropy organization will welcome Joan Lunden as the keynote speaker for its annual Spring Dinner. The event will take place at Temple Sinai, starting at 6:30 pm.

Lunden is an award-winning journalist and best-selling author. She has been a presence in American homes for more than 30 years. As host of "Good Morning America" for nearly two decades, Lunden brought insight to top issues



Joan Lunden

for millions of Americans each day. She will speak on the topics of motivation, inspiration and change.

Elissa and Sissy Stein, co-chairs of the event, are "very excited to be part of what is sure to be a unique and memorable experience." This mother-daughter combination were drawn to chairing the event because of Lunden's focus on family

and health, as well as her pioneering of products to make women's lives more enriched. They were also inspired by

See "Women" on page 7

Israeli Start-up's USB Drives May Bridge Digital Divide

BY BEN SALES

TEL AVIV (JTA) – In Peter Jairus' Nairobi neighborhood, almost nobody has a personal computer. Mathare is one of the Kenyan capital's largest slums. Buildings are constructed from sheets of corrugated metal and Internet access is rare, found only in places like schools or community centers. Even then, the connection can be spotty.

So when Jairus heard about Keepod, a cheap device that places a computer's

operating system on a small USB drive, he jumped at the idea. Last April, he met with Keepod's creators, and six months later 60 of the devices were delivered to Mathare.

Jairus, a musician and youth activist, now runs a cybercafe where 30 to 40 people come daily to go online with their Keepods. "The Keepod is very personal to everyone," Jairus told JTA. "People use it for studying, someone else is using it for YouTube, Facebook, social media. This one is using it for

research. It helps the community very, very much because a lot of people cannot afford the laptop, and 99 percent of the community could not have computer access."

Based in Tel Aviv, the Keepod company aims to provide the world's poorest countries with widespread computer and Internet access. By putting a modern computer operating system on affordable USB drives, users are able to connect to the Internet using older – and much less

expensive – computers.

Founders Nissan Bahar and Franky Imbesi say their innovation will help bridge the so-called digital divide – the gap between those with and without regular computer access. "People can access information to empower themselves," Bahar said. "That means education, health care, personal growth, being able to read and see what's going on around the world through a free medium."

See "USB" on page 2

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Shabbat Across Stamford

As she prepared to light candles to signify the start of Shabbat Across Stamford, Event Chair Linda Spilka (fifth from left) was joined by (l-r) UJF President Ellen Weber, UJF CEO James Cohen, Mort Lowenthal, UJF Scholar-in-Residence Rabbi Joseph Telushkin, Rabbi Joshua Hammerman of Temple Beth El, Rabbi Moshe Shemtov of Chabad Stamford and Rabbi Jay TelRav of Temple Sinai. Not pictured are Rabbi Daniel Cohen of Congregation Agudath Sholom and Rabbi Marc S. Golub of Chavurat Aytz Chayim. (Photo by Lee Peskin)
See article on page 6.

CEO Message

A Lesson from Rodney King

BY JAMES A. COHEN

I am always very careful to avoid “political” comments when speaking on behalf of Federation. And this piece will be no exception. The best proof of this determination is the fact that the next government in Israel will be created before the publication of this edition of *The New Jewish Voice*. But as I write these words, the day after the elections in Israel, I feel compelled to say something.



James Cohen,
UJF CEO

You may be wondering what Rodney King has to do with anything that would be included within

these pages. The answer is simple. The one sentence of his we remember is “can’t we all just get along.” With the Israeli elections behind us, I think that all Jews and supporters of Israel should close ranks and remember why we care about our brothers and sisters in the Holy Land. Just as is often the case in this country, the election was nasty, and many non-issues and petty debates took focus away from the core issues facing the Israeli electorate.

No one understands the needs in Israel, particularly the economic and social challenges, better than Federation supporters. Each and every day, we devote love and attention to the state of Israel. The needs that existed the day before the election still exist today. Despite the bruising election, and whether or not the party of one’s choice prevailed, Israel still needs us

on many levels. It needs the programs the Federation system supports. The students learning 21st century skills at World ORT funded schools, powered by our dollars, are still thirsty for knowledge and a chance to get ahead. The residents of the Beit Canada Absorption Center, recently visited by my friend Nancy Mimoun, are still striving to lead productive and meaningful lives in their newly adopted home. Additionally, Israel needs the moral support of the Diaspora. And, as important as all of the aforementioned, it needs Jews everywhere to speak civilly and openly about issues that matter to us all.

If the recent Shabbat across Stamford event left us with any message, it is that we are far stronger when we are united. Let’s take an unlikely page from Rodney King and just get along.

USB.....Continued from page 1

Attempts to bring Internet access to the world’s poorest people are hardly new. Nearly a decade ago, the United Nations backed an effort to create a \$100 laptop through One Laptop Per Child, a project that aimed to bring inexpensive computers to developing nations. But Bahar believes such efforts are impractical on a large scale because even \$100 can be hard to afford for citizens of developing countries. Keepods cost just \$7 a pop, and by allowing users to store their personal information on the drive, people can use their individual Keepods to share a single computer, further depressing the cost of Internet access. Keepod has arranged to collect some of the tens of millions of computers discarded each year and ship them to schools and community centers in the developing world at a cost of under \$100 each.

“[It’s] something very cheap that people won’t even try to steal, that if you lose it, you replace it,”

Bahar said. “We don’t believe in making a cheap computer; \$140 will never be cheap enough.”

When they began Keepod in 2011, Bahar and Imbesi aimed to create a USB drive that kept all of a user’s data on a small external drive rather than on a computer’s internal hard drive. By keeping sensitive information off the computer, the product gave users an added layer of security. In late 2013, Bahar and Imbesi realized their device could be a boon for those in the developing world who shared computers. Keepods can run a modern Android operating system even on older computers. And because every program will be run from the USB drive, viruses won’t infect whole computers.

“After a couple of years, my partner and myself started seriously questioning what we were doing in life,” Bahar said. “How we could make a positive impact on the world around us instead of just making products?”

Keepod has already sold more than 30,000 USB drives. This year, Bahar hopes to vastly increase that number. About half of the company’s sales have been made through partnerships with NGOs; the rest are purchased directly from Keepod’s website. The device is also available through retailers.

College Socka Bongue, a 500-student high school in Cameroon, bought USB drives for its students last year along with 26 used computers. Philippe Socke, the executive director of a foundation that funds programs at the school, said the drives have allowed them to conduct research on the Internet for the first time.

After so many years of limited digital access, the transition has been a challenge. Socke said only about 5 percent of the students have computers at home. “The administration was still relying on pads of paper and chalkboards,” Socke said. “Not having computer experience negatively affected the education. Our collaboration with Keepod literally allowed us to put computer access in the hands of every student.”

Still, Keepod has encountered some challenges in putting its product into the hands of those who would most benefit from it. Two of the five funded projects listed on Keepod’s website have fallen through because the company’s NGO partners could not afford it or faced infrastructure challenges.

At one of the two, the WhyNot Academy in Mathare, 26 students had Keepods last year. Now only seven have them. Students either lost them or transferred to other schools, taking the devices with them. The school also lost Internet access for several months, making the Keepods far less useful.

Mike Dawson, CEO of Ustad Mobile, which installs educational programs on smartphones for children in the developing world, said that spotty electricity, plus the challenge of maintaining old computers, present obstacles to the wide deployment of Keepod technology. “The problems come from electricity costs, come from maintenance costs, come from access to skilled people,” he said. “These are all costs and they don’t add up to \$7 per person.”

Unreliable infrastructure may continue to hinder Keepod, but Bahar hopes that selling the drives through retailers – in addition to providing them through NGOs – will give increasing numbers of people access to the digital world, at least when the Internet is on. “We want to enable anyone to buy a Keepod and use it, if not part of an NGO or organization,” he said. “We want to be sustainable.”

SAVE THE DATE



Barnes & Noble Bookfair

Kickoff Day Sunday, May 17th:

11:00 am	Storytelling and Songs
11:45 pm	Face Painting and Glitter Tattoos
1:00 pm	Clown around with Morning Glory
2:00 pm	Make your own Fairytale Cards
3:00 pm	Storytelling and Songs

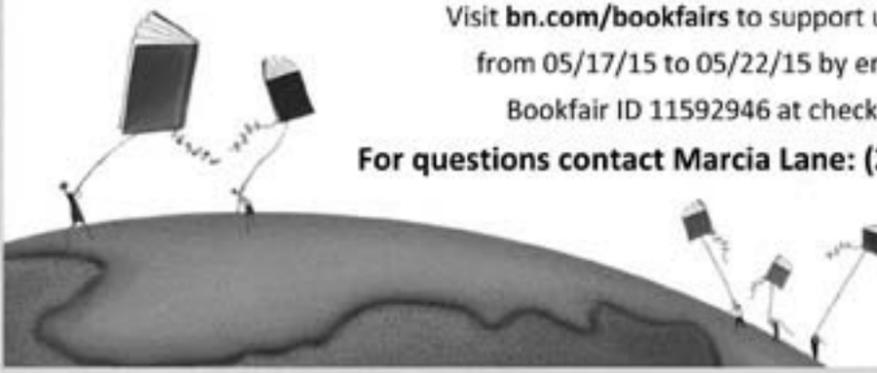
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COMMUNITY NEWS

Celebrating Academic Excellence in Stamford

The Jewish High School of Connecticut will host its fourth Annual Spring Gala on Thursday, May 7, at 6:30 pm. The Gala will be held at Temple Beth El in Stamford. The school will honor Fred Springer at the event, which will benefit JHSC with funds going toward the scholarship program at the school.

"The imperative of creating a K-12 Jewish education infrastructure in southern Connecticut compelled me to get involved with the school. I am amazed at all that we have accomplished over the last five years. From the academic accomplishments to the spirit of community that permeates the school culture, JHSC is a jewel of our community," said Springer.

"Fred Springer has contributed in ways large and



Fred Springer



Alan Feldman

small to the Stamford community, and in particular JHSC. As one of our founding trustees, Mr. Springer helped in building our school to an academic institution of excellence," Randie Weseley, president of the Board of Trustees, said.

JHSC is also presenting its first community service award, Keter Shem Tov, to Alan Feldman, a founding trustee. "Dr. Feldman's work in the community exemplifies the kind of person we hope our students use as a role model," commented Susan Birke Fiedler, acting head of school.

JHSC is accredited by the New England Association of Independent Schools. The school offers students personalized attention in what staff hope is a challeng-

ing and supportive atmosphere. The school strives to poise students for success for college and in life.

JHSC is located in the Stamford Technology Center, 1937 West Main St., Stamford. To learn more about JHSC, visit the school's website, www.jhsc.org, or call 203-357-0850.

The Jewish High School of Connecticut is a recipient agency of United Jewish Federation of Greater Stamford, New Canaan and Darien.

Deadlines for articles

The deadlines for the next three issues of *The New Jewish Voice* are:

Monday, April 27 June
 Friday, May 22 July
 Monday, July 27 September

Send *New Jewish Voice* article submissions to Sandy Golove at sandy@ujf.org marked "Stamford Voice" in the subject line. Expect an acknowledgment; please re-send if you do not receive one.

Jewish Historical Society Celebrates 30 Years

BY ELISSA KAPLAN

More than 30 years ago, a small group of people in Stamford decided to learn more about the history of the Jews in the area. They met in each other's homes for bagels and coffee on Sunday mornings to learn about Stamford – Jewish lives, Jewish businesses, and Jewish struggles and successes. What began as a small group in Stamford has transformed itself into the Jewish Historical Society of Fairfield County.



Irwin and Vivian Miller, recipients of the JHS Life Achievement Award



Milton and Norma z'l Mann, recipients of the 2015 Jewish Heritage Award

An afternoon of celebration and appreciation with hors d'oeuvres and music is planned for Sunday, June 7, at 4 pm, at Temple Beth El, 350 Roxbury Rd., Stamford. The reception and displays will begin at 4 pm, with the tributes at 4:30 pm. Admission is \$54 per person. Proceeds from a commemorative journal will be used for educational programs.

The Jewish Historical Society of Fairfield County will honor Vivian and Irwin Miller as the recipients of the JHS Lifetime Achievement Award. Under the leadership of Irwin, the founder and first president of the Jewish Historical Society, and his wife Vivian, the JHSFC Archives, the only Jewish archives in Fairfield County, have grown to include the archival records from communities throughout Fairfield County. "We honor their tireless efforts to leave a legacy which enables future generations to study the story of our Jewish communities, their evolution, their people, their successes and their important contributions," said Eva Weller, JHS president.

The Jewish Historical Society of Fairfield County will also honor Norma z'l and Milton Mann as the recipients of the 2015 JHS Heritage Award for their

contribution to the Jewish community and beyond. "Milton and his late wife Norma established their leadership through their tireless efforts all over the community," said Fred Golove, a JHS past president. "Working with organizations ranging from affordable housing in Stamford to the United Jewish Federation, their devotion to causes benefitted many people at home and abroad. Gracious role models and innovators, both individually and as a couple, they improved the welfare of the Jewish people and the greater community. Their legacy endures through the quality of their achievements."

The Millers and Manns serve as role models for their commitment to the community. The Jewish Historical Society looks forward to sharing its revitalized mission of future community service, engagement and education for the betterment of area communities.

For questions about the event, call 203-321-1373, ext. 150, to leave a message or e-mail jhs30@jhsfc-ct.org.

The Jewish Historical Society of Fairfield County is a recipient agency of United Jewish Federation of Greater Stamford, New Canaan and Darien.



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Soup for Shavuot – and Cheesecake of Course

BY RONNIE FEIN

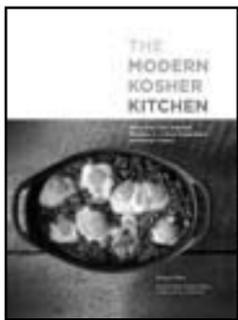
When it comes to Shavuot, visions of cheesecake come to mind. There are a number of explanations. One is that this holiday commemorates the origins of *kashrut*, which includes the separation of eating meat and dairy. Another is that we must remember to heed the promise of Israel, “land of milk and honey.”

I don’t know which of these is right – or maybe there is some other explanation.

But I do know why cheesecake is a favorite. Who can resist this fabulously rich, extravagant dessert? It’s the kind of cake you might indulge in just occasionally!

On the other hand, there are so many other wonderful dairy-based foods to cook to celebrate this joyous holiday. For example, you might begin a dairy based meal with a chilled soup suitable to spring, when warmer weather comes. Here’s a recipe for a family favorite of ours, Cream of Fennel Soup. It’s easy to prepare and you can make it a couple of days ahead, store it in the fridge and serve it either cold or at room temperature.

Follow the soup with a vegetarian dinner – Huevos Rancheros or a Cheese and Mushroom Frittata plus salad. Or make a fish dinner – grilled or roasted salmon, for example, served with fresh salad, sautéed spinach or other cooked vegetable.



The cover of Ronnie Fein’s newest cookbook, “The Modern Kosher Kitchen”

And, for dessert: cheesecake, of course. What else?

CREAM OF FENNEL SOUP

- 2 Tbsp. vegetable oil
- 2 medium onions, chopped
- 1 leek, cleaned and chopped
- 2 bulbs fresh fennel, cleaned and thinly sliced (include stalks)
- 1 Tbsp. lemon juice
- 2 medium all-purpose potatoes, peeled and thinly sliced
- 3 cups vegetable stock
- 3 cups water
- Salt and freshly ground black pepper to taste

Anise extract to taste, about ½ tsp. (you can use anise liqueur)

Light cream, optional
Heat the vegetable oil in a soup pot over medium heat. Add the onions and leeks and cook, stirring occasionally, for 3-4 minutes. Add the fennel and lemon juice and cook for 3-4 minutes. Add the potatoes, stock, water and some salt and pepper to taste. Bring to a boil, lower the heat, cover the pan partially and cook for about 45 minutes or until the vegetables have softened.

Puree the soup in a blender or food processor or with an immersion blender. Return the soup to the pan and heat. Stir in ½ teaspoon anise extract, taste for seasoning and add salt and pepper or more anise to taste. For a creamier soup, add ½ to 1 cup light cream and heat through.

Makes 6 servings.

NEW YORK CHEESECAKE

- 1 Tbsp. butter or margarine
- ⅓ cup graham cracker crumbs
- 1½ lb. cream cheese (3 8-oz. packages)
- 2 Tbsp. freshly grated orange rind
- 2 Tbsp. freshly grated lemon rind
- 1 tsp. vanilla extract

- ½ cup whipping cream
- 1 cup sugar
- 4 large eggs
- ⅓ cup dairy sour cream or unflavored yogurt

Preheat the oven to 350°F. Spread the butter on the bottom and sides of a 9” springform pan. Sprinkle the inside of the pan with the graham cracker crumbs. Shake the pan to coat the bottom and sides of the pan completely.

Beat the cream cheese, orange rind and lemon rind together in a large bowl for 1-2 minutes or until the cheese has softened and is smooth. Gradually add the vanilla extract, cream and sugar, and beat the ingredients with an electric mixer set on medium speed for 2-3 minutes or until the mixture is smooth, scraping down the sides of the bowl occasionally with a rubber spatula. Add the eggs one at a time, beating after each addition. Stir in the sour cream.

Pour the batter into the prepared pan. Place the springform pan inside a larger pan. Fill the larger pan with enough hot water to come at least 1” up the sides of the springform pan. Bake for 70-75 minutes or until the top of the cake is lightly tanned.

Remove the springform pan from the larger pan and let the cake cool. When the cake has reached room temperature, place it in the refrigerator for at least 4 hours or until it is thoroughly chilled. Remove the sides of the springform pan and cut the cake into slices.

Makes one cake, about 8 servings.

Ronnie Fein is a cookbook author, food writer and cooking teacher in Stamford, CT. She is the author of “Hip Kosher” and “The Modern Kosher Kitchen.” Visit her food blog, *Kitchen Vignettes*, at www.ronniefein.com, friend on Facebook at www.facebook.com/RonnieVailFein, or follow her on Twitter at @RonnieVFein.

Women’s Philanthropy Members Attend Cyprus Photo Exhibit



Members of the Women’s Philanthropy at UJF attended the AJC exhibit “Jewish Refugees in Cyprus En Route to Israel” at Temple Shalom in Greenwich. The exhibit focused on Jewish refugees in Cyprus awaiting approval to enter Israel after World War II. Manny Birnbaum, a child at the time, and husband to Women’s Philanthropy board member Charlotte Birnbaum, retold his experience of living in the DP camps. L-r: Mona Abramson, Manny Birnbaum, Marvin Weiss, Charlotte Birnbaum, Stephne Behrend and Kerrin Behrend.

Israel Continued from page 1

Bayme has published widely in both scholarly and popular intellectual journals. His Jewish history text, “Understanding Jewish History: Text and Commentaries,” has been utilized in university level and adult education courses. He has edited a volume of essays on American Jewry, “Facing the Future,” is co-editor of a volume on the American family, “Rebuilding the Nest,” and is co-editor of “The Jewish Family and Jewish Continuity.”

He has served on the faculties of the Wexner Heritage Foundation and the Nahum Goldman Fellowship, the Wexner Foundation Fellowship Committee, and as a judge for the National Jewish Book Awards. Three times he has been named in the *Forward’s* annual list of the top 50 Jewish leaders who “make a difference.” In its 2001 listing, the *Forward* noted that Bayme “influences the debate on a variety of issues and has helped steer his organization into position as the leading address in the national

Jewish discussion.”

In recognition of his leadership role in Jewish communal discussion and intellectual life, Bayme currently is vice president of the Memorial Foundation for Jewish Culture and serves on the Academic Council/Board of Governors of the International Academy of Jewish Leadership.

The annual lecture is sponsored by the children of Al and Royce Wolfsohn, in appreciation of their parents.

“Al and Royce exemplify the best of what Stamford has to offer, and have truly been a treasure to our synagogue and to the larger Jewish community. It’s a tribute to their children that they have decided to honor their parents by sponsoring this lecture program,” said Rabbi Daniel Cohen, spiritual leader of Congregation Agudath Shalom.

Admission to the lecture is free. Refreshments will be served after the lecture.

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The JCC is a recipient agency of the United Jewish Federation of Greater Stamford, New Canaan & Darien, and the United Way of Western Connecticut.

PJ Library at the JHS Library

Many parents know about PJ Library through the books their children receive every month. Through the generosity of the Harold Grinspoon Foundation and local sponsors Linda G. Spilka and Ed Spilka, area children can receive an age-appropriate children's book delivered directly to their homes at absolutely no charge to the family. In this area, the PJ Library program is administered and supported by United Jewish Federation of Greater Stamford, New Canaan and Darien. Director of Education and Engagement Marcia Lane spreads PJ Library across the area with story hours and craft times, like the planting and craft tables at Super Sunday.

PJ Library is moving out into the community. Starting in March, PJ Library began a collaboration with the Jewish Historical Society of Fairfield County. Twice a month,

the Harry Rosenbaum JHS Judaica Library at the JCC hosts a PJ Library storytime. On the second Tuesday of every month, the program is especially for kindergarten through second-graders. On the third Thursday of the month, the stories and songs are geared toward third through fifth grade children. Children enrolled in the Jewish Community Center after-school programs may attend, as well as any children accompanied by an adult. Each session features stories, songs, folktales and legends from the Jewish tradition.

Attendance is not limited to children who receive PJ Library books. The dates for upcoming storytimes are Tuesday, April 14, May 12 and June 9, for kindergartners through second-graders, and on Thursdays, April 23, May 21, and June 18, for third- through fifth-graders.

► Brandeis Women Upcoming Programs

The Brandeis Women's Committee has various programs scheduled.

◆ On Thursday, May 14, a Lunch and Learn will feature Silvia and Murray Kronick, who will present a slide show at the Peoples Bank Community room, 350 Bedford St. Their topic is "Cambodian Service with American Jewish Service." The cost for the program is \$25. Reservations can be made with Judy Altman at 203-323-1798.

◆ On Wednesday, May 20, Harriet Gayle will speak on "Spring in Connecticut." For further information, call Betty Roberts at 203-322-3735.

◆ On Wednesday, June 3, the Spring Luncheon will be held at the Rolling Hills Country Club. The cover is \$65. For further information, call Gloria Mehlman at 203-322-3059.

◆ On Sunday, June 14, those interested can attend "Follies at the at the Curtain Call." Lunch and the show will be covered for a cost of \$40. Reservations for "Curtain Call" can be made with Betty Roberts at 203-322-3735.

Barnes and Noble Supports PJ Library

Thinking about summertime reading, birthday gifts for readers, camp-packs for kids or just digging into the new best-sellers, think about shopping at the Stamford Barnes and Noble between Sunday-Thursday, May 17-21. For a limited time, the Barnes and Noble at Stamford Town Center will donate a portion of sales to support the PJ Library program in the Stamford area. PJ Library Administrator Marcia Lane will kick-off the week with a story hour at the store on Sunday, May 17, at 11 am, and there will be an assortment of craft activities and story programs from 11:30 am-3 pm.

In addition to books, sales of almost everything in the store will earn cash for PJ Library. Magazines, readers' paraphernalia, candy, gift items and games are all eligible. In order to benefit PJ

Library, a voucher must be presented during checkout, but there will be vouchers at every cash register available with a mention of the PJ Library. For those who prefer to shop on-line, a purchase can still benefit PJ Library from May 17-22. The code #11592946 should be used to apply purchases to PJ Library.

THE SCHEDULE OF ACTIVITIES FOR SUNDAY, MAY 17 (LIST ACCURATE AS OF THIS PRINTING):

◆ 11 am – Storytelling and songs with Marcia Lane

◆ 11:45 pm – Face painting and glitter tattoos

◆ 1 pm – Clown Around With Morning Glory!

◆ 2 pm – Make your own Fairytale Cards

◆ 3 pm – Storytelling and songs

► Bi-Cultural to Host Annual Celebration Dinner

On Sunday, May 17, at 5:30 pm, at the Stamford Hilton Hotel, the Bi-Cultural Day School community will unite in celebration and song for the annual Celebration Dinner. With this year's theme of *Ish Echad, B'Lev Echad* (One People, One Heart), Bi-Cultural will honor six members of the community for their service, guidance and dedication to the school. The honorees are Maria and Glenn Reicin (guests of honor), Sarah Rich (Young Leadership Award), Robert Abrams (Alumni Award), Yospa Lieberman (Jane Shoztic Memorial Award) and Assistant Chief of Police for the Stamford Police Department James Matheny (Community Service Award).

The honorary celebration co-chairs are Esta and Jay Feinsod, the dinner co-chairs are Stella and Isaac Cohen and Jill and Mitchell Kaplan, and the journal co-chairs are Cheryl Bader-Goldblum and Stephen Goldblum, Liat and Benjamin Karsch, and Tara and Richard Shapiro.

The evening will feature a buffet dinner, a program of speakers, dancing and dessert. For more information on how to attend the event, visit www.bcdscelebration.org.

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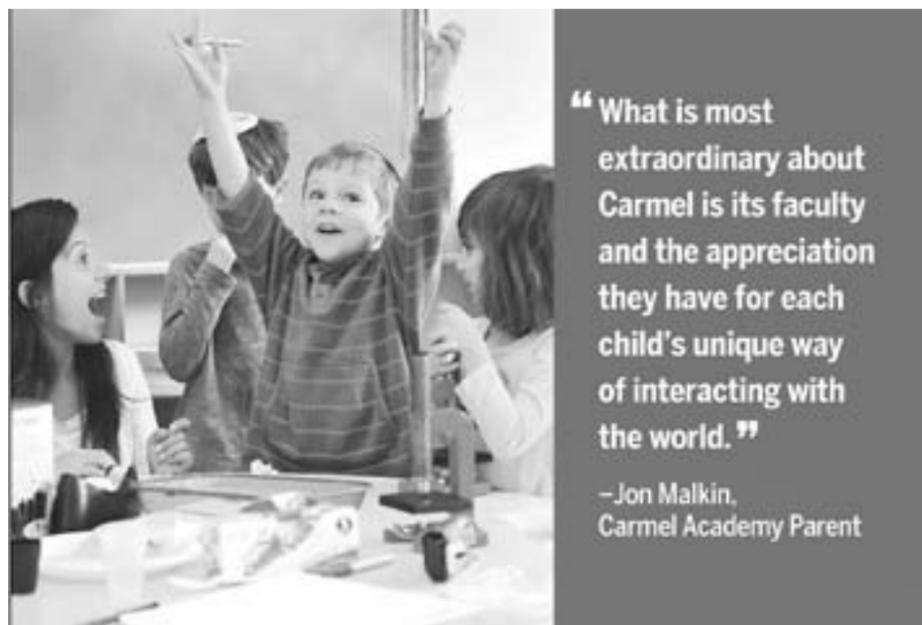
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BITS AND PIECES

BY SANDY GOLOVE

To submit information to Bits and Pieces, call 321-1373, ext. 107, or e-mail me at sandy@ujf.org.



MAZEL TOV TO GROWING FAMILIES:

Anne and Ishak Akyuz on the birth of a son; grandparents are **Johanna and Selim Akyuz**.

Tarynn and Abe Dier on the birth of a daughter; grandparents are **Rica and Ari Lieberman**; great-grandmother is **Yospa Lieberman**.

Stephanie and Perry Friedman on the birth of a son; grandparents are **Deborah and Mark Goldenberg** and **Susie and Ari Friedman**.

Shushamah and Ari Yasgur on the birth of a daughter.

MAZEL TOV TO: **Congregation Agudath Sholom Annual Dinner Honorees:** Guests of Honor to Helene and Harvey Kaminski; Chai Award to Judith Altmann; Community Service Award to Mimi and Saul Cohen; and Young Leadership Award to Laura and Seth Tobin.

Young Israel of Stamford at 36 Celebration: Honoree Rabbi Naftali Wolfe; Leah and Rabbi Moshe Shemtov, recipients of the Community Service Award; and David Nachman, youth honoree.

Senator Joseph Lieberman for the launch of the Senator Joseph Lieberman Conference and Lecture Series on Human Rights Practice at UConn.

Deborah and Neil Metviner on the engagement of their daughter, **Amanda Metviner**, to **Scott Schimmel**, son of **Alan and Lisa Schimmel**, of Jacksonville, FL; grandparents are **Mike Grogins** and **Estelle and Irwin Metviner**.

Nancy and Brad Spaulding on the engagement of their daughter, **Rachel Spaulding**, to **Keino Carty**.

MAZEL TOV TO B'NAI MITZVAH:

Aaron Darrell Breeding, son of **Abigail and Nathaniel Breeding**; grandparents are **Maggie and Bernie Levy**.

Kaylee Elizabeth Breeding, daughter of **Abigail and Nathaniel Breeding**; grandparents are **Maggie and Bernie Levy**.

Sarah Broder, daughter of **Melissa and Kenneth Broder**.

Hannah Bushell, daughter of **Lori and Victor Bushell**.

Madeline Graf, daughter of **Diane Klein**.

Nicole Murace, daughter of **Cami and Vincent Murace**.

Alec Sherman, son of **Stephanie and Larry Sherman**.

David Smart, son of **Michal and James Smart**.

Samuel Teich, son of **Jill and Mark Teich**.

CONDOLENCES TO: **Marcia Braunstein** on the loss of her sister, **Harriet Vachss Harris**.

Anne Darer, John Darer and Sarah Darer on the loss of their mother, **Susan Silverstone Darer**.

Lee Fanwick on the loss of her brother, **Moses Nathan**.

David Gordon on the loss of his father, **Herman Gordon**.

Lola Halperin on the loss of her grandfather, **Peter Nudelman**.

Jay Jubas on the loss of his father, **Dr. Harry Jubas**.

Jerry Kapchan on the loss of his mother, **Ruth Kapchan**.

Jules Kaplove on the love of his brother, **James E. Kaplove**.

Francie Leader on the loss of her father, **David Leader**.

Al Linder on the loss of his mother, **Fanny Linder**.

Jim Locker on the loss of his mother, **Irene Poldy Locker**.

Jennifer Meth on the loss of her grandmother, **Naomi Sennett**.

Bonnie Rozen on the loss of her husband, **Hershey Rozen**.

Joan Weisman on the loss of her husband, **Fred Weisman**.

Morris Wertheim, Bruce Wertheim, Dennis Wertheim, Iris Wertheim and Susan Pernick on the loss of his wife and their mother, **Frances Wertheim**.

Ilse Wischnia on the loss of her husband, **Herbert Wischnia**.

JEEP TRACKS: MUSINGS ON EDUCATION AND ENGAGEMENT Shabbat Across Stamford 2015

BY CANTOR MARCIA LANE

In a remarkable show of unity and cooperation, more than 380 Stamford-area Jews came together to celebrate Shabbat, to pray, dine together and learn from one of the most charismatic and knowledgeable speakers of our generation.



Shabbat Across Stamford grew out of the national celebration, Shabbat Across America, now in its 19th year. But with the vision of Linda Spilka, and under the leadership of UJF CEO James A. Cohen and the Stamford Board of Rabbis, the local celebration became an example of how Jews of all denominations – and of no particular denomination – could create a satisfying Shabbat experience for everyone, including children.

Although other cities cross-promoted their individual synagogue-based programs, Stamford is the only city that managed to tackle the logistical and theological issues to bring diverse congregations together. Rabbi Elly Krimsky of the National Jewish Outreach Program, the originators of Shabbat Across America, was delighted that any community could succeed in creating a cooperative evening between different denominations. Rabbi Krimsky was enthusiastic to see how mutual respect enabled the Stamford rabbis to collaborate: "What Stamford is doing is truly monumental, ground-breaking

and newsworthy."

The journey to create Shabbat Across Stamford was not without speed bumps. The initial plan was to use one of the area hotels, but they had already been booked. Stamford High School was a possibility, but a basketball game knocked Shabbat Across Stamford out of the picture. Finally the decision was made to use Rippowam Middle School. Capacity for the event was dictated by availability of the cafeteria, but when the UJF Scholar-in-Residence was announced, interest in the evening went through the roof. Rabbi Joseph Telushkin has a well-earned reputation for being an engaging teacher and lecturer and his participation was a factor in bringing together Jews from all ends of the religious spectrum. Two prayer services accommodated all *daveners*, but many participants, in the spirit of Shabbat Across Stamford, chose to attend the service that was not their usual choice. The Progressive service included the use of amplification and musical instruments, and the Orthodox service featured the melodies of Rabbi Shlomo Carlebach, z"l, himself a rabbi and musician who crossed ideological borders in his rabbinate.

One testimony to the success of this first Shabbat Across Stamford is that several participants were heard suggesting that this should be a twice or three times a year event! Plans are under way for the 2016 Shabbat Across Stamford.

Cantor Marcia Lane is the United Jewish Federation director of education and engagement.

CANDLE LIGHTING TIMES

	April 24	7:25 pm
	May 1	7:33 pm
	May 8	7:40 pm
	May 15	7:47 pm
	May 22	7:54 pm
	May 23	after 9:01 pm
	May 24	after 9:02 pm
	May 29	8 pm
	June 5	8:05 pm
	June 12	8:09 pm
	June 19	8:11 pm
	June 26	8:13 pm

UJF Tribute Cards are a wonderful way to connect with your family and friends and mark any occasion while supporting the extraordinary work of UJF. To send a tribute, go to www.ujf.org.

At right: Bi-Cultural Day School Head Jackie Herman with Benjamin Herman, Olivia Herman and Nathaniel Herman. (All photos were taken before the candle lighting.)



At right: Rehearsing for the Progressive Service were Cantors Magda Fishman and Michah Morgovsky with accompanist Assaf Glazner.



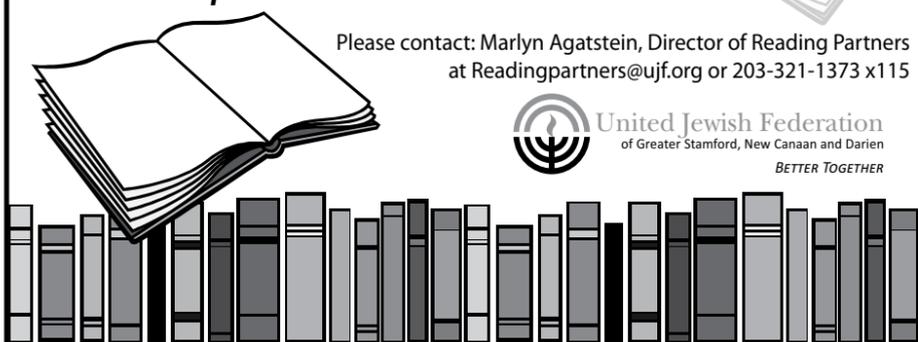
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 **United Jewish Federation**
of Greater Stamford, New Canaan and Darien
BETTER TOGETHER




The check-in tables were buzzing! Stan and Barbara Friedman checked in with volunteer Sarah Lipsker.

“A Slice of Peace”

UJF Launches Maimonides Society

BY SHARON FRANKLIN

United Jewish Federation has launched the Maimonides Society, a medical networking affinity group for area doctors and others in the medical field. The premier event,

in partnership with the Stamford Hadassah Chapter, will be at 7 pm on Tuesday, May 12, at a location in Stamford. Chairs for the event are Dr. Kayla Mazer, Dr. Leon Hanna and Dr. Marc Silver.

The evening will feature Dr. Sig-mund Kharash, a physician at Mas-sachusetts General Hospital in the Pediatric Emergency Department. Kharash, who is also an assistant professor of pediatrics at Harvard Medical School, will speak about “A Slice of Peace: The experience of an American doctor working at a Hadassah Hospi-tal in Jerusalem.” He will discuss his experience working with both Israeli and Arab patients in the Emergency Department of Hadassah Hospital in eastern Jerusalem, considered a hot-spot of regional conflict. “Medicine is the great equalizer,” Kharash says of his experience. “Half the patients are Jewish and half are Arab. Within the

hospital, no one talks about politics and medicine is delivered equally. The hospital is a place of peace.”

Attendees will also have a chance to network, socialize and enjoy refreshments.

The UJF Maimonides Affinity Group is a medical affinity group providing educational, leadership and network-ing opportunities with the objective of benefitting both the local and global Jewish communities.

To RSVP or to find our more infor-mation about the event or speaker, contact Sharon Franklin at sharon@ujf.org or call 203-321-5364, ext. 109. Hadassah contact Rhonda Greif can be reached at rhonda.greif@gmail.com.

JFS’ “Let’s Talk” at the JCC

JFS Social Work Intern Kylie Roth-man leads a group of seniors who gather at the Stamford JCC each week to meet people and engage in discussions about a wide variety of topics that are important in their lives. Topics range from Jewish heri-tage, current events in the news, art, film, music, cooking, family tradi-tions and, of course, grandchildren. Participants are able to share their experiences and feelings regarding

the themes that emerge in this safe and supportive environment.

“Let’s Talk,” coordinated by Con-nie Cirillo Freeman, director of JCC Senior Adult Services, will continue to meet once a week on Thursdays at 11 am at the JCC. For more infor-mation, contact Connie Freeman at 203-487-0983.

Jewish Family Service is a recipient agency of United Jewish Federation of Greater Stamford, New Canaan and Darien.

Women Continued from page 1

her recent battle with breast cancer, and how she appeared on the cover of People magazine completely bald and grinning from ear to ear. “It is her courage in the face of such a devastat-ing diagnosis that will empower women who come and hear her speak,” said Rebekah Raz, UJF vice president.

“The evening is dedicated in loving memory to Penny Horowitz z’l, former Women’s Philanthropy president and a true woman of valor. She embodied the spirit of *tikkun olamin* everything she did and was truly committed to the Jewish community in Stamford,” said Nancy Mi-moun, former Women’s Philanthropy president and UJF president.

Women’s Philanthropy extends thanks to the Louis J. Kuriansky Foun-dation for its sponsorship of Lunden’s appearance for the event.

The covert is \$100 per ticket if pur-chased prior to Friday, May 1, and \$118 afterward. Additionally, one of the high-lights of the evening will be a silent auc-tion, which for the first time will include several original pieces of art by members of the Stamford community, including a sculpture from Women’s Philanthropy board member Charlotte Birnbaum.

Sponsors of the event (those paying \$360) will be invited to join Pomegran-ate donors (\$1,800-\$4,999 annual Better Together Campaign gift) and Lion of Judah donors (minimum \$5,000 annual Better Together Campaign gift) at a pre-event up-close-and-personal schmooze with Lunden at 6 pm at Temple Sinai.

For more information on the Women’s Philanthropy Spring Dinner, contact Raz at 203-321-1373, ext. 102. (See also the display ad on page 11.)



L-r: Abe Cogan, Olga Rosenstein, Helen Waldman, Guta Fischel and Erna Slen are seniors participating in “Let’s Talk.” (Photo by Shoshana Spencer)



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JFS Offers Monthly Fresh Produce at Food Pantry



Marina Sapir (front) and Liz Kitay (back), volunteers for the JFS Kosher Food Pantry, organized the fresh produce available to JFS clients on Fresh Produce Day. More than 345 pounds of fresh produce were distributed the first time the event took place.

Jewish Family Service is offering fresh produce, once a month, for its Kosher Food Pantry clients. Volunteers at the JFS Kosher Food Pantry will bring fresh vegetables and fruit (and sometimes eggs and dairy products) from the Food Bank of Lower Fairfield County to the JFS offices in Stamford. Clients who qualify for the fresh food will be contacted.

If anyone knows someone who may be helped with assistance from the Kosher Food Pantry, contact Rebekah Kanefsky, JFS case manager, at 203-921-4161 or rkanefskycjfs.org.

Jewish Family Service is a recipient agency of United Jewish Federation of Greater Stamford, New Canaan and Darien.

Birds of Israel and Birds in Your Backyard

BY ELISSA KAPLAN

Dr. Michelle Frankel, director of Audubon Greenwich, will discuss bird migration and conservation in Israel, and then shift over to bird migration and conservation here, and discuss what people can do in their own backyards to make a difference on Sunday, May 3, as part of the Jewish Historical Society of Fairfield County's May Featured Program. Co-sponsored by Audubon Greenwich, the program will be

held at the Audubon Center, 613 Riversville Rd., Greenwich, at 10 am, with refreshments at 9:30 am. The program will be free and open to the public. The program will continue with a walk at 11 am led by the senior naturalist, Ted Gilman.

Frankel, who grew up in the Northeast, visited the Audubon Greenwich Center as a teenager. She credits her love of nature to her father, who she says inspired in her a sense of awe of nature and wildlife. She also credits her other mentor, Gilman, who was her teacher in a week-long Audubon Ecology Workshop for Teachers that was offered for many years at Audubon Greenwich. Although she was not a teacher and only a teenager, this experience helped her discover her future career.

Professionally, Frankel worked at Tel Aviv University for her post-doctoral fellowship. There, she helped to develop the "Migrating Birds Know No Boundaries" program, which brings Palestinian and Israeli children together around the common goal of saving the birds they share. Working in the Audubon's Florida program, she helped to protect such critical habitats as the Everglades and some of the last stands of ancient cypress swamps.

Frankel lives in White Plains with her husband, George Mordecai (the cantor at Temple Israel Center), and their two daughters. Anyone who loves nature and wants to visit the Audubon Center is invited to attend.

For questions about the program, contact Marcie Schoenfeld at 203-359-9148, e-mail Elissa Kaplan at elissa@de-kaplan.com or visit JHSFC's website at <http://jhsfc-ct.org/programs.html>.

The Jewish Historical Society of Fairfield County is a recipient agency of United Jewish Federation of Greater Stamford, New Canaan and Darien.



Dr. Michelle Frankel

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In Connecticut, nearly one child in five is hungry or food insecure and does not get enough food outside of the free meal programs provided by the public schools. Women's Philanthropy of the Jewish Federation of Greater Stamford, New Canaan and Darien is joining other programs throughout the country to do something about this situation in our own backyards.

Your support helps 3 SQUARE provide elementary school-age children identified as "in need" with a bag of food each Friday to sustain them through the weekend. Most of these children are chronically hungry and don't have regular access to food.

For further information, please contact Rebekah Raz at rebekah@ujf.org.

United Jewish Federation
OF GREATER STAMFORD, NEW CANAAN AND DARIEN
BETTER TOGETHER

Hadassah's Heart Health Program

BY JODI MAXNER

Israel has always been at the center of Hadassah's mission as a volunteer organization. Its members are inspired with a passion for and commitment to its partnership with the land and with the people of Israel. Its members seek to enhance the health and well-being of people worldwide, be it through support of medical care and research at the Hadassah Medical Organization in Jerusalem or here at home. Hadassah also has a tradition of policy and advocacy work in women's health. One of the newest campaigns is Every Beat Counts: Hadassah's Heart Health Program™, which educates women about risks, prevention and detection of heart disease, the number one cause of death among women in the U.S. Heart disease is often misdiagnosed or overlooked entirely in women, but 82 percent of the time heart disease is preventable.

For those who wish they had a better way to stay on track with an exercise plan, Hadassah offers tools, resources and its newest program, Every Step Counts: Hadassah's Walking Program, an initiative of the Every Beat Counts: Hadassah's Heart Health Program.

Stamford Hadassah members invite the community to walk with them on a virtual route, as they leave together from the Hadassah National New York headquarters and end up at Hadassah's hospitals in Jerusalem. With Every Step Counts, participants can wear a pedometer and enter their steps on the Every Step Counts website, which includes an interactive map. The six-month walking challenge began on April 1 and will end on September 27 (Passover through Sukkot).

Hadassah members, associates, friends and family can register online for \$18, which represents *chai* (life) and the empowerment one can feel as goals are met. Those interested can set up teams to see who can log the most miles.

For more information and program details, visit the Every Step Counts website at www.hadassah.org/everystepcounts.

JFS' Ambassadors Forum Reconnects to Community

BY LYNN SALTZ

Jewish Family Service is relaunching its Ambassadors Forum, to better serve Jewish organizations and their constituents in the Greater Stamford and Westport areas.

The dictionary defines "ambassador" as an authorized messenger or representative. JFS' newly re-formed volunteer group will fulfill this mission by getting the word out about JFS in the ambassadors' respective organizations or synagogues. The program will ensure the community is aware of the services and activities the agency offers. In addition, the ambassadors will

be "listening" on behalf of JFS to help identify existing needs that JFS might be able to meet.

After an initial introduction to update new ambassadors on new services and activities, as well as projects for the upcoming year, JFS ambassadors' assistance will include helping to disseminate materials and strengthen lines of communication; ensuring that clergy and appropriate staff are aware of JFS services and programs; encouraging joint programming and collaboration with their organizations and with the Caring, Chesed or Tzedakah committees of their respective synagogues; and

helping to determine unmet needs within their constituencies where JFS might be of assistance, etc.

The JFS Ambassadors Forum is being chaired by Meryl Gordon (who will also serve as ambassador to Chavurat Am Echad). Members of the forum are Alan Barr (Temple Sinai); Christine Bloom (Young Israel); David Brand (Congregation Agudath Sholom); Alan Freeman (Chavurah Aytz Chaim);

Mark Feller (Chabad); and Gail G. Trel (Temple Beth El).

Anyone interested in joining the Ambassadors Forum can contact Iris Morrison at imorrison@ctjfs.org or call 201-921-4161.

Jewish Family Service is a recipient agency of United Jewish Federation of Greater Stamford, New Canaan and Darien.

Lynn Saltz is the JFS marketing and communications coordinator.

JFS Distributes Passover Bags

This year, Jewish Family Service once again distributed nearly 250 Passover bags to local area clients. The event was co-chaired by Risa Goldblum and Amy Herman, and assisted by donations of food and grocery cards from the following synagogues and community organizations: Shir Ami, the JCC Sara Walker Nursery School, Carmel Academy, Jewish High School of Connecticut, Bi-Cultural Day School, Temple Beth

El, Temple Sinai, Congregation Agudath Sholom, Chabad of Stamford and the Jewish Community Center. In addition, more than 20 individuals and families came together, with the help of the JFS Jewish Twenties and Thirties, to organize food donations, pack bags and deliver to individual homes and buildings.

Jewish Family Service is a recipient agency of United Jewish Federation of Greater Stamford, New Canaan and Darien.



First row, l-r: Shayna Friedman, Lila Swartz, Noa Farber and Asher Farber. Second row, l-r: Donna Sweiden, Taly Farber and Adi Farber.

CAS Celebrated its 125th Anniversary



Congregation Agudath Sholom celebrated its 125th anniversary at a gala dinner on March 22 at the synagogue. The guests of honor were Helene and Harvey Kaminski. Mimi and Saul Cohen were honored with the Community Service Award, Judith Altmann received the Chai Award, and Laura and Seth Tobin received the Young Leadership Award. Back row (l-r): Seth Tobin, Harvey Kaminski and Saul Cohen. Front row: Rabbi Daniel Cohen, Laura Tobin, Judith Altmann, Dr. Helene Kaminski, Mimi Cohen and Dr. Stuart Waldstreicher (CAS president). (Photo by Capital PhotoInteractive)

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For more information or to make a donation, please visit our webpage at www.ujf.org/backtoschoolshop

Ben Gurion Society Holds Annual Dinner

On March 7, the Ben Gurion Society of the United Jewish Federation of Greater Stamford, New Canaan and Darien held its annual dinner at the home of Emily and Michael Wirgin. The keynote speaker was Dima Shimelfarb of JAFI (the Jewish Agency for Israel), and the evening featured a Persian-themed menu from Stamford's kosher restaurant Six Thirteen. The event offered an opportunity for Ben Gurion Society and Young Leadership Division board members to socialize and learn how Federation impacts the lives of those it supports.

Shimelfarb spoke about his Federation story as a boy living in Russia. He told



Dima Shimelfarb of JAFI

the group that during his youth he had no exposure to Jewish life or education, and said he experienced significant anti-semitism. However, financial support he received from Federation gave him the opportunity to go to camp in Israel, and his camp experience aided in forming his Jewish identity. Shimelfarb also met his wife through his camp experience, and they are now raising a family in New York City.

As an employee of JAFI, Shimelfarb has the opportunity to aid Jews around the world. He also discussed the situation that the French Jews are currently facing,

including the acts of antisemitism. In addition, he spoke about the rise of emigration to Israel resulting from the difficulties they face. United Jewish Federation of Greater Stamford, New Canaan and Darien is a part of the Federation system, which is a major supporter of JAFI.

The Ben Gurion Society is a donor recognition program for Young Leadership members who make a household gift of \$1,000 or more to the UJF annual campaign. These gifts make an impact on Jews locally and around the world. For more information about the Ben Gurion Society or the YLD, and how your donations can make a difference, contact Sharon Franklin at 203-321-1373, ext.109, or e-mail sharon@ujf.org.



L-r: YLD President Emily Wirgin, Jeff Manheim, and Elise and Oren Klein



Jill and Mitch Kaplan, and Robin Fischel

Martinis and Mumbai

United Jewish Federation's Women's Philanthropy Division held the "Martinis and Mumbai" event on March 17 at the home of Dinah Miller Marlowe. Women from around the area gathered to hear about the work that the American Jewish Joint Distribution Committee is doing in India. Attendees also enjoyed tropical martinis and a variety of chocolates, as well as Indian desserts. Miller Marlowe and Holly Lesser chaired the event.

The event featured two speakers, Rabbi Isaiah Rothstein, affiliated with Carmel Academy and Young Israel of Stamford, and Gladys Teitel, board member of Gabriel Project Mumbai. GPM is an organization which cares for vulnerable children living in the

slums of Mumbai by providing hunger relief, literacy support, hygiene education and other programs that help promote their health and well-being.

Rabbi Rothstein spoke about his experience volunteering for the JDC and GPM. He spent the summer of 2014 aiding adults and children in the slums, as well as teaching Jewish children living in India. Teitel spoke about her experience traveling to India with her husband Greg and daughter Sophie. As part of Sophie's bat mitzvah project, they raised money for GPM and then traveled to the Kalwa slums, where they volunteered with the children.

Federation is one of the leading supporters of the JDC, allowing both the JDC and GPM to continue

to work together. For more information about the Women's Philanthropy and UJF, contact Rebekah Raz at Rebeka@ujf.org or call 203-321-1373, ext.102.



L-r: Joy Katz, Ricky Arbron, Barbara Webski, Shelley Senker and Cheryl Effren.



L-r: Janet Welkovich, WP board member, and Holly Lesser, event chair and WP board member



L-r: Rabbi Isaiah Rothstein, of Carmel Academy and Young Israel of Stamford; Kayla Hanna, Women's Philanthropy current board member and past president; Robin Treidel, Young Leadership Division board member; and Gladys Teitel, of Gabriel Project Mumbai.

Save The Date

UJF Rothschild Business Society

Guest Speaker:

Neal Hoffman

Founder and Creator of Mensch on a Bench



Hear Neal's story of how he grew his business after an appearance on Shark Tank and took his product to shelves across the country.

May 4, 2015 6:45 pm

\$36 Prior/\$45 at Door

Chairs: Janet Welkovich & Hersh Batkin

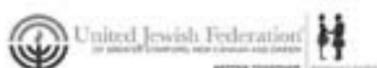
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Sign Up: www.ujf.org/rothmay4

Sponsorship Opportunities Available

The Rothschild Society is a Business Affinity Group providing educational, leadership and networking opportunities with the objective of benefiting both the local and global Jewish communities.

For more information email Sharon Franklin at sharon@ujf.org or call 203-653-2668



“Night of Amazement” Honors Community Leaders



Jewish Community Center CEO Eric Koehler (right) presented gifts to gala co-chairs Sheryl Young (left) and Marlene Gatz (center). (Photos by Dan Young)



Jewish Community Center President Jeff Goldblum presented Sue McGraw with the JCC Spirit and Light Award for her work with the JumpStart program and children with special needs.

Binding the Generations

BY RABBI JAY TELRAV

Temple Sinai recently consecrated its new, oversized *tallit* for use in the coming years. At this year's Women's Retreat, 36 participants created squares that were quilted together to form the large prayer shawl. When it was ready, the congregation came together to celebrate Sisterhood on Shabbat Vayikra, March 20, and Fran Schechter, Wynd Harris and Melissa Cohavi were invited to stand at three of the four corners.

Each of the three women represented some aspect of Jewish womanhood: longevity in Sisterhood, the volunteer leadership of the group and a female professional leader, respectively. At the fourth corner stood the entire group of young girls who were in attendance. These girls, the future of Temple Sinai Sisterhood, were told through the experience of the women assembled what it means to grow to become a committed and involved Jewish woman. At each corner of the *tallit*, one knot of each of the fringes was left intentionally untied. The three women and the group of girls gathered the *tzitzit* in their hands to complete the final knots at the end of each of the fringes. The *tallit* will be held aloft over the synagogue's newest students when they are consecrated into the synagogue's learning culture in the fall. It will be wrapped around the shoulders of those who are in pain at healing services. It will be danced under as the Torahs are paraded at Simchat Torah. About the *tallit*, Cantor Micah Morgovsky said, "This legacy means so much to us and I am looking forward to watching it grow in coming years. I am so grateful to all of the individuals who put their love and creativity into its creation."



Cantor Micah Morgovsky and Melissa Cohavi

For their commitment and dedication to the Jewish Community Center of Stamford, community leaders Garry Feldman, Jeannie Kasindorf, Sue McGraw and Craig L. Price were honored at the JCC's annual spring gala on March 8 at Rockrimmon Country Club. The theme of this year's gala was "A Night of Amazement" and featured entertainment by mentalist Ken Salaz. Marlene Gatz and Sheryl Young served as event co-chairs; Gayle

Rothman and Alissa Joy Wool co-chaired the silent and live auctions, and Risa Goldblum, Joy Katz and Risa Raich co-chaired the commemorative journal. More than 200 people were in attendance. Proceeds from the event are used to support JCC programs and services.

The Jewish Community Center is a recipient agency of United Jewish Federation of Greater Stamford, New Canaan and Darien.



Members of the JCC Spring Gala auction committee (l-r): Brenda Piskin, Gayle Rothman, Jocelyn Avidan, Stacy Bennett, Marni Amsellem, Alissa Joy Wool, Melanie Riker and Risa Raich.



WOMEN'S PHILANTHROPY OF
UNITED JEWISH FEDERATION
OF GREATER STAMFORD,
NEW CANAAN & DARIEN

Spring Dinner

WITH SPECIAL GUEST *Joan Lunden*

Generously underwritten by the Louis J. Kuriansky Foundation

WEDNESDAY, MAY 20, 2015 AT 6:30 PM
TEMPLE SINAI, 458 LAKESIDE DRIVE, STAMFORD

Silent auction / Dietary laws observed / Catering by Joseph Craig

<p>Cover charge \$100 by May 1 \$118 after May 1 Young women 16-19 years old, \$50 <i>No minimum gift required</i></p>	<p>SPONSORSHIP \$360 POMEGRANATE \$1800 LION OF JUDAH \$5000</p>
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Sponsors, Pomegranates and Lions of Judah are entitled to attend a pre-dinner schmooze with Joan Lunden from 6:00-6:30 at Temple Sinai

Please RSVP at www.ujf.org/springdinner2015

For additional information, please contact:
Rebekah Raz, Vice President
rebekah@ujf.org or 203.321.1373, Ext. 102



United Jewish Federation
OF GREATER STAMFORD, NEW CANAAN AND DARIEN

➔ Visit www.ujf.org, facebook.com/stamfordFederation, or tweet UJF at [ujfstamford](https://twitter.com/ujfstamford)

Carmel Academy's Annual Dinner Raises More Than \$700K

Carmel Academy commemorated its *chai* (18th) anniversary and honored Head of School Nora Anderson with record fund-raising and attendance at its Erev Tov celebration on March 15.

The school embraced a matching gift opportunity and raised more than \$700,000. Just two weeks before the annual event, an anonymous donor offered a \$200,000 fund-raising match in honor of Anderson's leadership of Carmel Academy. The match applied to all new and increased giving to the school.

More than 400 Carmel Academy community members and friends, including government dignitaries, gathered at Brae Burn Country Club in Purchase, NY, for the dinner celebration.

"The fact that our community came together in just two weeks to meet this match is a wonderful testament to the support for Carmel Academy and of Nora," said Seth Young, Carmel Academy's associate head of school.

"The overwhelming success of this evening is indicative of the appreciation our parents, grandparents, alumni and friends feel for our school," Young said. "Carmel appeals to such a broad range of supporters because the education we offer enables our faculty



L-r: Carmel Academy's Erev Tov Dinner Committee members: Christine and Jeffrey Toback, Bonnie and Manny Citron, Gina and Robert Braun, and Karen and Jon Malkin.

to cross the lines that usually divide the Jewish community, and see students as individuals who they can inspire no matter what their background."

Carmel Academy is a recipient agency of United Jewish Federation of Greater Stamford, New Canaan and Darien.

Shining a Light on Looted Art

BY SUSAN BIRKE FIEDLER

The Jewish High School of Connecticut hosted a conference titled "Shining a Light on Looted Art" on March 15 at the Greenwich Hyatt.

The panelists, world renowned experts from the fields of restitution and recovery, discussed the complexities of identifying and marketing art transferred from 1933-1945. The panelists described how the Nazis forced Jewish art dealers and collectors to either liquidate or relinquish their art collections and how these transfers have created uncertainty of ownership in the art world. "This conference helped me understand the implications of looting in wartime," said Alex Frenzel, a 10th-grader at JHSC. "Until this conference, I did not understand the extent of Jewish involvement in the art world in Europe."

Each of the panelists has a difference perspective and experience on these contemporary issues. Lucian Simmons, senior VP at Sotheby's, described

how Sotheby's works to resolve amicably issues of provenance. Victoria Reed, the only endowed curator of provenance in the country, discussed how she and other art historians track and uncover origins of paintings. Dr. Wesley Fisher gave an overview of the extent of the looting and government's approaches to looted art. Irina Tarsis, the director of the Center for Art Law, moderated and discussed art registry.

The cinematic portrayal of stolen art during the Nazi period in the documentary "Rape of Europa," the film "The Monuments' Men" and the narrative of the recovery of the Klimts in the recently released film "Woman in Gold," starring Helen Mirren, have served to underscore the importance of these issues in the popular imagination.

In general, stolen or illegally obtained artworks have found their way into the U.S. art market and then to

See "Art" on page 13



Head of School Nora Anderson received a Certificate of Recognition from Senator Richard Blumenthal at the school's Erev Tov Celebration.

Chabad Stamford Parenting Conference

On March 15, Chabad of Stamford held a Parenting Conference with keynote speaker Sarah Chana Radcliffe, author of "Raise your Children without Raising your Voice." Almost 100 adults and more than 60 children were in attendance. The program was chaired by Julie Rosenberg and Shira Green, in conjunction with Gan Yeladim Early Childhood Center.



Parenting Conference attendees enjoying the brunch included (from left, going around the table) Natania Ostrovsky, Ed Rosenfeld, Jen Rosenfeld, Larisa Fleysher, Brian Skornicki, Cecile Meunier Skornicki, Roman Fleysher (partially hidden) and David Zizmor.



Children enjoyed a program with Morah Tzipporah Esther Schild.

SAVE THE DATE!



United Jewish Federation's Maimonides Society

in partnership with Hadassah invites you to its premier event:

"A Slice of Peace: The experience of an American doctor working at a Hadassah Hospital in Jerusalem."

featuring Dr. Sigmund Kharash

Dr. Kharash serves as an Attending Physician at Massachusetts General Hospital in the Pediatric Emergency Department and holds an appointment as Assistant Professor of Pediatrics at Harvard Medical School.

Tuesday May 12, 2015, 7:00pm

Chairs: Drs. Leon Hanna, Kayla Mazer & Marc Silver

Location: Office of Dr. Marc Silver

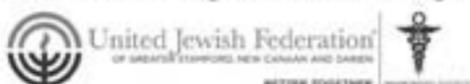
1281 East Main Street, 4th Floor

\$36 prior/\$45 at the door

Sponsorship Opportunities Available: \$180 Silver, \$360 Gold/\$500 Platinum

RSVP: www.ujf.org/MaimonidesMay12

The Maimonides Society is a medical affinity group providing educational, leadership and networking opportunities with the objective of benefiting both the local and global Jewish communities.



JHSC Students Represent the World in Canada

The Jewish High School of Connecticut sent 12 students to the Jewish-Canadian Youth Model United Nations Conference in Montreal. JHSC's team joined Jewish high schools from across the mid-Atlantic United States as well as Quebec and Ontario provinces to simulate the crises, negotiations and resolutions of the United Nations. Out of the 12 students who attended, two earned the best delegate award for their respective committees. Jacques Ben-Avie, '17, was awarded best delegate for his work on the Counter Terrorism Committee, and Eva Gerber, '15, won best delegate for the World Health Organization.

JHSC is located in Stamford. To find out more, visit the school's website at www.jhsct.org.

The Jewish High School of Connecticut is a recipient agency of United Jewish Federation of Greater Stamford, New Canaan and Darien.



Best delegate recipients Jacques Ben-Avie '17 for Counter Terrorism Committee and Eva Gerber '15 for World Health Organization.



Bottom row, from left: Hadassah Riemer '15, Julia Arnowitz '18, Stephen Blinder '18 and Adina Heisler '15. Second row, from left: Eva Gerber '15, Katya Labowe Stoll '17 and Anya Castle '16. Third row, from left: Alexandra Frenzel '17, Jacques Ben Avie '17 and Simon Schaefer '17. Top row, from left: Eli Udler '15 and Joel Castle '15.

Art Continued from page 12

museum or private collections. Twenty percent of all art in occupied Europe was looted and virtually all of the art owned by Jews or Jewish galleries was confiscated. Looting from the occupied countries, museums and private collections, the Nazis especially targeted Jewish owners, private Jewish collections and Jewish owned galleries. After the war, the Allied command devoted resources and expertise to tracking and returning paintings and sculptures to their rightful owners. Over the last decade, there has been a change in the art world's efforts to understand the ramification of stolen art and the necessity for provenance (history of ownership of artworks) research and restoration of ownership. With the uncovered stashes of looted materials so vast, however, and with Jewish owners murdered or lost in death and internment camps, most of these materials have yet to be reclaimed.

The program was part of JHSC's "Power of One" series – a program designed to share diverse subjects with the school's students. JHSC is accredited by the National Association of Independent Schools. The school offers a co-curricular program in secular and Jewish studies. The school is the only high school in Connecticut located in a research site.

To learn more about JHSC go to www.jhsct.org, call 203-357-0850 or e-mail info@jhsct.org.

The Jewish High School of Connecticut is a recipient agency of United Jewish Federation of Greater Stamford, New Canaan and Darien.

Learning Beyond the Classroom at Bi-Cultural



At left: Fifth-grader Remy Chamberlain explained his invention, the table-train slider, to his father Tim Chamberlain during the Fifth-Grade Invention Convention.



David Browne and Harrison Browne worked with a math manipulative game during a Third-Grade Math Madness Night.

Bi-Cultural Day School's learning opportunities extend beyond the traditional classroom as students create, invent and solve in many project-based approaches, which take place throughout the year. Three recent events included the Fourth-Grade Living History event, the Fifth-Grade Invention Convention and the Third-Grade Math Madness Night. Each learning event highlighted the students' abilities and also provided them with the opportunities to teach and explain what they've learned to adults, blending learning with presentation skills.

Bi-Cultural Day School is a recipient agency of United Jewish Federation of Greater Stamford, New Canaan and Darien.



In character as Revolutionary War hero Paul Revere, fourth-grader Jonah Hoff explained his achievements to Shana Yakubovich as part of Bi-Cultural's Fourth-Grade Living History Event.



**PJ LIBRARY AT
THE JHS JUDAICA
LIBRARY**



Join storyteller Marcia Lane for monthly after-school story programs in the JHS Judaica Library at the JCC.

For Grades K through 2nd

**Second Tuesdays
May 12th & June 9th**

For Grades 3rd through 5th

**Third Thursdays
May 21st & June 18th**

**4:00 to 4:45 pm
Free!**



Join us as we share holiday stories, songs, folktales and legends, and loads of great books from the PJ Library and the Jewish Historical Society Library. Parents and caregivers are invited to stay.

For more information, please call Marcia Lane at (203) 321-1373, ext. 104.



PJ Library programs are produced with support from Linda Spilka, Ed Spilka, and the Harold Grinspoon Foundation.



United Jewish Federation
OF GREATER STAMFORD, NEW CANAAN AND DARIEN

BETTER TOGETHER

The Next Generation of Philanthropists

Kuriansky Teen Tzedakah Corps Expands New Board

BY MARCIA LANE

One of the best kept secrets in the world of Jewish philanthropy is the growing role filled by teenagers. In programs all over the country, teens are not simply learning about charitable giving as an intellectual exercise. They are doing the hard work of forming a board, raising funds, deciding on grant guidelines and soliciting proposals from their local not-for-profits. And then, not incidentally, they are making allocations to those organizations.

There is even a national foundation dedicated to helping these relatively new philanthropic agencies find their way in the maze of responsibilities and challenges that come with forming a philanthropic board.

The Jewish Teen Funders Network maintains a roster of 124 Jewish teen philanthropy programs across the U.S. and Canada that “do” philanthropy on large and small scales. And the stakes for these young leaders and their communities are as high as \$1 million. That’s the total amount of allocations distributed by 71 teen foundations in the 2013-2014 season. The other programs focus on individual giving through bar and bat mitzvah tzedakah funds and other small donor-advised funds.

United Jewish Federation of Greater Stamford, New Canaan and Darien has its own teen funding arm, the Kuriansky Teen Tzedakah Corps, which was founded in 2011. With funds from the Louis J. Kuriansky Family Foundation, local teens have re-

searched a variety of programs and explored issues such as values clarification, the creation of a mission statement, writing a request for proposals and evaluating grant proposals. Joan Kuriansky, one of the trustees of her family’s foundation and a liaison to the Federation, is herself steeped in the Stamford community and in charitable giving: “I am delighted to see the growth of the Kuriansky Teen Tzedakah Corps under the leadership of Jim Cohen and Marcia Lane. Through the Corps, I hope teens will learn a bit more about our responsibility as Jews to heal and repair the world – *tikkun olam* – and appreciate the joy that comes with the capacity to do so. It’s one of the many gifts that my parents, aunts and uncles gave me. The creation of the Corps is an investment in the future of Jewish leaders who are sensitive to the world around them, and a true representation of the legacy left by the Kuriansky family.”

“Instilling the spirit of giving and *tikkun olam* in our next generation is very important to us,” said UJF CEO James Cohen. “Thanks to the incredible dedication and commitment of the Kuriansky family, we are able to do our part to help prepare today’s teens, so that they will be tomorrow’s leaders and philanthropists.”

Until now the program had been designed exclusively for 10th-graders. In the coming year, however, the Kuriansky Teen Tzedakah Corps will expand to retain this year’s core group and to then add a select group of incoming 10th-graders. Eventually, the program will include ninth-, 10th- and 11th-graders, with the oldest participants taking leadership roles in structuring the board each year. The 2015-2016 cohort is in formation now; recommendations are being accepted from teachers, rabbis and youth leaders. Applicants or referring teachers should contact Marcia Lane at UJF at 203-321-1373, ext. 104, or Marcia@ujf.org.

Bi-Cultural Wins Sweep Connecticut Science Fair



At left: Bi-Cultural Day School earned top spots at the recent Connecticut Science and Engineering Fair, which took place the week of March 10-14 at Quinnipiac University. Working in teams and individually, students won awards in the two major divisions of the annual competition: life sciences and physical sciences. Seated (l-r): Shira Cohen, Andrew Ukhanov and Maya Jubas. Standing: Jordana Raich, Gabriel Dweck, Christopher Graseck (middle school science teacher), Rina Marlow and Tilly Chamberlain. (Photo by Joann Karow)

Carmel Students Win E2K Science Competition Trophy

BY JULIE LAPIN

For the second time this academic year, a team of Carmel Academy students won a trophy in a competitive STEM (science, technology, engineering, mathematics) competition for gifted math and science students. Carmel Academy’s eighth grade E2K team won third place in the contest, competing against schools in both the United States and Israel.

E2K, the acronym for Excellence 2000, is an enrichment program developed in Israel that encourages advanced students to use logic, analysis, creativity and teamwork to approach math and science. The Center for Initiatives in Jewish Education, which runs E2K in the United States, organizes national and international virtual contests throughout the year. Teams compete in real-time, using the Internet.

Carmel Academy’s 14-member eighth grade team studied chemistry concepts for the contest, which dealt with the chemical properties of oil, water, acetone, glycerin and various foods. The students performed three experiments during the two-hour competition, using the results to answer further questions.

“Our eighth-graders performed as a team, learned from each other and their explanations, displayed

See “Science” on page 19



At left: Carmel Academy’s eighth grade E2K team posed with their teacher, Rhonda Ginsberg, in the middle school science lab after winning third place in an international STEM contest.

Carmel Students Win Toy Competition

BY JULIE LAPIN

Carmel Academy students Avi Wilson-Spiro, Talia Moss and Leora Safer were named winners in the Melissa and Doug Toy Makers Competition. Their entries were chosen from more than 150 toy designs that were submitted to the contest, which was highlighted at the Westport Arts Center’s Family Art Day: All About Toys.

Second-grader Wilson-Spiro won first place in the ages 7-9 competition for his “Stone Skipper” game. Fifth-graders Moss and Safer won third place in the ages 10-12 competition for their “Battles of the Jungle” design. The entrants presented their toy designs in “Shark Tank”-style interviews to three judges, who included Melissa and Doug co-founder and toy designer Melissa Bernstein.

Moss and Safer invented their game as part of a science unit created by Carmel teacher Darren Bahar about how to invent and create new toys. Bahar invited Carmel parent, Stamford resident and game inventor Isaac Shalev to speak to the school’s fourth- and fifth-graders about the aspects of creating a new game design.

Carmel Academy is a recipient agency of United Jewish Federation of Greater Stamford, New Canaan and Darien.



The winners of the Melissa and Doug Toy Makers Competition posed with the contest judges. Three Carmel Academy students were among the winners.



Chapter Two Schedule

Chapter Two of UJF is designed to engage women who are empty nesters or retirees in the Stamford, New Canaan and Darien communities and educate them regarding Federation and our partner agencies.

- May 11th - Tea and Talk – Meet the Author TBA
- June 4th - JFS Agency Tour
- July 9th - Book Group with Susan Gilman (Ice Cream Queen of Orchard Street)

To learn more about Chapter Two,
contact Avidan@ujf.org or call (203) 653-2675

Bat Mitzvah Club and BMC Beyond

BY TALY FARBER

The Chabad of Stamford's Bat Mitzvah Club (BMC and BMC Beyond) is geared toward girls of bat mitzvah age and beyond (sixth-eighth grade). It creates a space for them to get together and discuss, explore and understand topics related to emergent Jewish womanhood, Jewish identity and pride, and leadership skills under the guidance of the BMC leaders.

The Bat Mitzvah Club meets six times a year, with extra meetings that include a 26-hour Shab-

baton sleepover, *shalach manot* packing, a movie night and the Mother-Daughter Tea. The club is made up of girls with varied Jewish backgrounds and educations – including girls from public schools, Jewish day schools and private schools – who come together to enjoy each other's company over dinners, arts and crafts, and more, all interwoven with lessons and learning in an interactive manner.

This year's BMC will culminate with a Mother-Daughter Tea to be held at Chabad Stamford on

Sunday, May 31, from 6-7:30 pm. A highlight of last year's event was a challah baking class with Leah Shemtov, allowing the girls and their mothers a "hands on" approach to the women's mitzvah of challah baking. The event is open to members of the public who would like to learn more about BMC and its curriculum for their daughters who are coming of *b'not* mitzvah age, or anyone interested in attending the mother-daughter event.

For more information, e-mail youth@chabadstamford.org or call 203-324-2223, ext. 405.

FAMILY CENTRAL MAY & JUNE 2015

FOR THE WHOLE FAMILY

Lag B'Omer Family Celebration

Open to All. Thursdays, May 7 • 4:45-6:30 pm at Chabad. Fun, music, games and food. Hot dogs, hamburgers with all the trimmings, plus roasted marshmallows and more... a community celebration.

Loaves of Love Family Challah Bake

Open to All. Friday, June 19 • 9:30 am-12:30 pm at Chabad. Bake Challah and make chicken soup for the "Shabbat 2 Go" packages, a program to give to those who need it most.

Shavuot Dairy Buffet and Ice Cream Party

Open to All. Sunday, May 24 • 11 am at Chabad. Join us as we read the 10 Commandments followed by the famous Ice Cream Party & Dairy Buffet for all & special programs.

BIRTH through PRESCHOOL

Breakfast with Elmo

1-8 years old with parents or caregiver. Sunday, May 3 • 11am-12pm. Fee: \$12 per person (over 6 months old) if registered by April 27 / JCC members \$9. Beginning April 28, \$14 per person (over 6 months old) / JCC members \$11.

Got Shabbat! Tiny Treasures Mommy & Me

(Birth to 30 months). Fridays, 10-10:45am at Chabad. Feel, taste, touch, see and experience a hands-on Shabbat celebration. Special time and place for mother and child. Spend quality time with your child in a warm Jewish atmosphere and connect with other moms. Caregivers welcome. Fee: \$15 per class (first timers FREE).

Movin' and Groovin' at the JCC

12 - 30 months, with parent or caregiver. Tuesdays through June 16 • 10:00-10:45 am. Children will swing, spin, jump, stretch, leap, roll and climb. Rhythm, music and song aid in the development of fine and gross motor skills, listening and social skills while playing and learning. Fee: \$230 for 11 sessions / \$190 JCC members.

Music and Movement

For children birth - 30 months. For toddlers. Wednesdays, May 13, 27; June 10 • 1:30-2:10pm at Bi-Cultural Day School with Jonathan Cahr and Rachel Bahar. Music, movement, nursery rhymes, dramatization and folk song. Join in whenever you can. FREE. For information, contact Joanne Karow, 203-329-2186 x1310 or jkarow@bcds.org.

Music Together at the JCC

Birth-5 years with parent or caregiver. Music education program that nurtures children's natural enthusiasm for music and movement. To register, contact Music Together of Fairfield County at 203-256-1656.

SHABBAT

Tot Shabbat at Temple Sinai

Birth - 7 years old. Saturday, May 9 • 9:00 am and Friday, June 19 • 5:00 pm with Rabbi TelRav and Cantor Morgovsky. Free. Open to the community. Dancing, singing, praying and playing. For information, contact Temple Sinai office.

Shabbat SoSTY Service at Temple Sinai

Friday, May 15. Our Sinai teens will lead us in prayer as part of their ritual and Jewish experiences being part of SoSTY. SoSTY stands for Sinai of Stamford Temple Youth, and is part of the Union for Reform Judaism's NFTY, or National Federation of Temple Youth. There will be new melodies as well as more familiar ones; and we will also honor our beloved teachers who do the hard work of bringing Judaism to our children.

Ruach Services at Temple Sinai

Friday, May 29. The word "ruach" means "spirit," and this musical ensemble of singers and instrumentalists is just that; the spirit of our worship offerings. Coordinated by Kathy and Paul Storfer and Barbara Orwick, these all-musical services are energetic and informal, offering beautiful musical harmonies, familiar melodies and new arrangements. If you would like more information about auditioning for this group, please contact Cantor Morgovsky.

FOR MORE INFORMATION:

BI-CULTURAL DAY SCHOOL (BCDS): 2186 High Ridge Road, Stamford • (203) 329-2186 • www.bcds.org

CHABAD HOUSE: 770 High Ridge Road, Stamford • 203-3-CHABAD #418 • Leah Shemtov: morahleah@chabadstamford.org • www.chabadhousestamford.org

FRIENDSHIP CIRCLE: (203) 329-0015 X414 • MALYA@FRIENDSHIPCT.COM OR WWW.FRIENDSHIPCT.COM

JEWISH COMMUNITY CENTER (JCC OR THE J): 1035 Newfield Ave, Stamford • 203-322-7900 • www.stamfordjcc.org

JEWISH FAMILY SERVICE (JFS): 733 Summer Street, Stamford • (203) 921-4161 • www.ctjfs.org

TEMPLE BETH EL (TBE): 350 Roxbury Road, Stamford • (203) 322-6401 #306 • education@tbe.org • www.tbe.org

TEMPLE SINAI (TS): 458 Lakeside Drive, Stamford • (203) 322-1649 • www.templestamford.org

UNITED JEWISH FEDERATION OF GREATER STAMFORD, NEW CANAAN AND DARIEN (UJF): 1035 Newfield Avenue, Suite 200, Stamford • (203) 321-1373 • www.ujf.org

GRADES K-8

Bat Mitzvah Club & BMC Beyond

For Bat Mitzvah Aged girls. Sunday, May 3 • 6:00-7:30 pm at Chabad. Bat Mitzvah coming up? Caught up with the theme, clothing and party favors but clueless about the meaning. Do you think a Bat Mitzvah ends or begins with your party? Did you already celebrate your Bat Mitzvah and are wondering "what now?" Then this club is for you!

Bat Mitzvah Club & BMC Beyond Mother-Daughter Tea

Sunday, May 31 • 6:00-7:30 pm at Chabad. Final Bat Mitzvah club meeting of the year.

BBYO For Grades 8-12. See description under Grades 9-12.

Breakfast with Elmo

1-8 years old with parents or caregiver. Sunday, May 3 • 11am-12pm. See description under Birth through Pre-School.

CKC - Chabad Kids Club

Grades K-6. Wednesdays, May 13, 20, 27; June 3 • 4-6 pm at Chabad. Hands on Chesed Club, science and cooking, weekly Torah Portion, snacks, aleph bet and Hebrew reading, Judaic homework help included – plus one-on-one tutoring option available.

PJ Library at the JHS Judaica Library at the JCC

Grades K-2. Second Tuesday of the month, May 12 & June 9 • 4:00-4:45 pm
Grades 3-5. Third Thursday of the month, May 21 & June 18 • 4:00-4:45 pm
Monthly after-school story programs. Share holiday stories, songs, folktales and legends and great books. Parents and caregivers welcome. For information, please call Marcia Lane at (203)321-1373, x104. Program in partnership with UJF and Jewish Historical Society of Fairfield County.

GRADES 9-12

BBYO

For Grades 8-12. Every 2nd Monday • 7:00-9:00 pm at The J. For information, contact BBYO Regional Office (203) 389-2127 or CVR@bbyo.org www.cvrbbyo.net. Leviticus AZA (Boys) & Tikvah BBG (Girls). Teens engaged in opportunities for leadership, athletic, social and community service.

FRIENDSHIP CIRCLE For volunteers in Grades 9-12 at Chabad

- **At Home:** Every week, pairs of teen volunteers visit special needs children in their homes offering friendship and unconditional support.
- **Children's / Teen Circle:** 15 Sundays through the year. Volunteer to work with special needs children under the guidance of professionals. Activities include art, music, cooking and sports.
- **Special Events:** Throughout the year for Friendship Circle volunteers and children and families they support.

For further information: Malya Shmotkin at 203-329-0015 #414, Malya@friendshipct.com or www.friendshipct.com

Jewish Student Connection

For Grades 9 - 12. Tuesdays • 2:15 pm at Stamford High School or Thursdays • 2:15 pm at Westhill High School. For information on either Tuesday or Thursday, contact rebecca@myjsc.org

Kuriansky Teen Tzedakah Corps

For Grade 10. Meets once a month on Sundays: May 17 • 6:30- 8:00 pm at The J. New for 2015-2016: In the fall of 2015, the Corps will enter a new phase. All current participants are encouraged to continue as 11th graders, and we will be adding 10-12 incoming 10th grade students. Students must be recommended by teachers or other advisors. For more information, contact Marcia Lane: (203) 321-1373 ext. 104 or Marcia@ujf.org.

Speak Up for Israel

For grades 11 and 12. Sundays, May 27 • 5:00- 7:00 pm at The J. Israel gets a bad rap, especially on college campuses. Join an elite group of high school juniors and seniors and learn from experts in the field, how to respond and take action. Students enrolled will attend the AIPAC Policy Conference in March. Spaces are limited. A partnership between the JCC and UJF. For information or to nominate a teen, contact Or Berger, JCC Israeli Shaliach at 203-487-0961.

Carmel Brings the Seder to Life



Maya Brill and Dylan and Maggie Springer prepared to make matzah with the Matzah Factory at Carmel's Family Pesach Palooza.

On March 22, more than 200 Carmel Academy students and family members spent the day at the school's Family Pesach Palooza, an event that highlighted multi-disciplinary ways to experience the holiday.

Through a series of hands-on activities, the various parts of the Passover seder were brought to life with science, art, technology, storytelling, music and *chesed*.

"We wanted to create a Passover program that went above and beyond the learning in the classroom by bringing to life the multi-sensory aspects of the seder that touch each of us in different ways and different times in our life," said Erica Sokoloff, Carmel Academy's director of Jewish life. "The goal of the program was to enable members of the Carmel

community to not only experience, but view each part of the seder in new and unique ways."

The activities, run by Carmel faculty members wearing "Got Seder?" shirts, each represented the different parts of the seder. For example, for *Kiddush*, students learned how to make a wine glass sing, and for *Motzi matzah*, participants learned how to make this unleavened Passover staple from The Matzah Factory.

Using a "green screen" and video equipment, students and parents gave television newscasts "live" from Egypt, detailing the exodus of the Israelites. In the art studio, students decorated and tie-dyed tea towels to use for ritual hand washing at the seder, and students even learned karate skills to break matzah into perfect halves.

At the Passover seder science expo venue, Carmel's middle school students applied their learning of the scientific method to the themes, rituals and words of the haggadah. Their findings and experiments ranged from how to remove red wine stains from a white tablecloth to how the music of the seder affects our psyche.

Carmel's value of *chesed* was brought to life as the community embraced the words of the seder, "Let all who are hungry come and eat," by making more than 300 sandwiches that were delivered to Bronx Jewish Community Council.

To highlight the last sections of the seder itself, the Pesach Palooza ended with a sing-a-long of Passover songs new and old. And, what would Passover be without eggs? The event ended with an egg drop, in which students brain-stormed and created packaging to protect a raw egg from a 20-foot drop.

Bi-Cultural Soars with "Peter Pan" Performances



L-r: Lilah Steinberg as Mr. Smee and Maya Wiener as Captain Hook in "Peter Pan: The Musical." (Photo by Dora Salm)

In three sold-out performances on March 25, March 26 and March 29, the BCDS Players – Bi-Cultural Day School's own cast of performers and technical crew consisting of students in grades fifth through eighth – entertained audiences with their stage production of "Peter Pan: The Musical." With the guidance of Musical Director Jonathan Cahr and Director Janice Steinberg, the students rehearsed for more than three months to master the musical, acting, choreography and puppetry skills needed to perform such a production. With songs such as "Never Never Land," "I'm Flying" and "I Won't Grow Up," audience members said the young actors "created magical experiences as they performed this timeless classic musical."

Bi-Cultural Day School is a recipient agency of United Jewish Federation of Greater Stamford, New Canaan and Darien.



The entire cast and crew of Bi-Cultural's spring performance of "Peter Pan: The Musical." (Photo by Jonathan Cahr)



Jeremy and Sam Bier gave a "live" newscast at Carmel Academy's Family Pesach Palooza.



Daniel Margolius used his karate skills at the Matzah Karate Chop activity at Carmel's Family Pesach Palooza. Standing to the side is Carmel Academy teacher Philip Goldberg.



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THE NEW JEWISH VOICE

What's On for Adults

May & June 2015

OPEN EVENTS - MAY

Advancing Health & Medicine in Israel • Trauma Care
Tuesday, May 12 • 7:00 pm. Location TBA. Sponsored by Hadassah & UJF Maimonides Affinity Program.

An Evening with JFS
Sunday, May 3. JFS will honor the 36th Annual Mitzvah Awards and 7th Annual Auction at TBE. To donate auction items or attend the evening, please contact Iris Morrison at 203-921-4161 or imorrison@ctjfs.org.

Bi-Cultural Annual Celebration
Sunday, May 17 • 5:30 pm at the Hilton Stamford Hotel. RSVP and/or place an ad, visit bcdscelebration.org or contact Robyn Winarsky at 917-297-7142 or dinner@bcds.org

Birds of Israel and Birds in Your Backyard
Sunday, May 3 • 10:30 am (10 am nosh) with Dr. Michelle Frankel at The Audubon Society, 613 Riversville Road, Greenwich. Hear about bird migration and conservation in Israel as well as here. What people can do in their own backyards to make a difference to birds and to the environment. After her presentation, take a guided bird and wild life walk. Program co-sponsored by the Jewish Historical Society of Fairfield County and The Audubon Society Greenwich.

Book Talks – Jewish Historical Society
The Sisters Weiss by Naomi Ragen
Wednesday, May 13 • 2 pm at Ferguson Library (Harry Bennett Branch). Presenter: Dr. Sondra Melzer. The story of two ultra-orthodox sisters who make different life-style choices and ultimately face the consequences of their action. For information, contact Marcie (203) 359-9148. FREE.

Explore Woodlands Cemetery
Monday, May 4 • 11:15 am. Experience the spring blooms and diverse collection of monuments. Led by nationally known preservation consultant and author Renee Kahn. Reservations by April 27. Lunch will be on your own. FREE. Contact Connie Cirillo Freeman, cfreeman@stamfordjcc.org or 203-497-0983.

Global Antisemitism and the United States: Foreign Policy and the Impact on University Campuses
Sunday, May 3 • 2:00 pm at Congregation B'nai Israel, 2710 Park Avenue, Bridgeport. Speaker: Dr. Charles Asher Small, Director of the Institute for the Study of Global Antisemitism and Policy (ISGAP), will explore the relationship between global anti-Semitism and the U.S. and how foreign policy impacts university campuses. WHO IS SPONSORING

Israeli Film Series - "Out in the Dark"
Thursday, May 21 • 7 pm at the JCC. Fee: \$5 suggested donation. Award winning films direct from Israel show Israel through the lens of a movie camera. Meaningful discussion to follow. To register or for more information, contact Or Berger at 203-487-0961 or oberger@stamfordjcc.org.

Jewish High School of Connecticut 4th Annual Spring Gala
Thursday, May 7 at 6:30 pm at Temple Beth El, Stamford
Honoring Fred Springer and recognizing the first Keter Shem Tov recipient Alan Feldman. Open to anyone. Tickets to the dinner are \$180 per person. For Journal opportunities, please visit: jhsct.org/gala or call 203-357-0850.

Judaic Needlework: The Keshet Chapter of the Pomegranate Guild of Judaic Needlework
Sunday, May 10 • 10 am-12 pm at the J.
Meetings are a rich blend of needlework, culture, tradition and religious practices as they relate to Judaic textiles. The Guild recognizes this tradition and encourages membership, beginner and professional, women and men alike. For more information, email keshetpg@gmail.com or visit pomegranateguild.org.

Lunch and Learn at Chabad
Open for Men and Women. Monthly. Wednesday, May 27 • 11:30-12:45 pm at conference room at Chabad House. \$10 per class.
Fresh lunch, friends- new and old- and some Torah learning together with Leah Shemtov.

Lunch & Learn with Or Berger, JCC Israeli Shaliach
Thursdays, May 14 • Noon- 1 pm at the JCC. Topics and current events related to Israel. Open to everyone. Bring lunch and JCC will supply a dairy dessert. For information: contact Or Berger at 203-487-0961 or oberger@stamfordjcc.org.

Lunch & Learn Lecture Series at UConn
Thursday, May 14 • Noon – 1:30 pm in the MPR (Room 1.08) at UConn, Stamford.
The Maria and Ishier Jacobson Annual Lecture. Thursday presents *Arguing with God: The Jobian Voice in Judaic Literary Tradition* with Dr. Nehama Aschkenasy, Professor of Comparative Literary & Cultural Studies, University of Connecticut. Open to everyone. Cost: \$50 for the entire series (including lunch); free for local educators and students.

Speak Up for Israel for Adults
Monthly. Monday, May 18 • 7-8:30 pm at the J. Free. All welcome. Learn the history and complexities surrounding Israel, past and present. All levels of knowledge are welcome. Hear from guest speakers from AIPAC, ADL and other organizations and engage in deep meaningful discussions. Led by Or Berger, JCC Israeli Shaliach. JCC program in partnership with UJF. For information or to register: Nancy Schiffman at 203-487-0941 or nschiffman@stamfordjcc.org.

OPEN EVENTS - ONGOING

Beginners' Torah Study with Melissa Cohavi
Fridays, 12-1 pm at Temple Sinai. FREE. Learn about the Torah, its law, its stories and the ancient people. Bring lunch.

Bible Study with Rabbi Eugene Borowitz
Saturdays, 9 am at Temple Sinai. Share in Shabbat and study Torah. FREE.

Biblical Hebrew with Rabbi Eric Hoffman
Mondays, 10:30 am to noon at the Stamford JCC. There is no organizational sponsorship. For further information, contact Rabbi Hoffman: RavEliahu@optonline.net.

NEW "Supervised" Bridge at the J
Mondays through June 8 (no game May 25) • 11-3 pm. Fee: \$60 for 6 sessions / \$48 JCC members. No master points earned. Registration required by May 4. For those players with a good knowledge of bridge who want to increase their skills and confidence. "Supervised" lessons from 11am-noon; lunch from noon-1 pm. Bring your own lunch or purchase at Mike's Center Café. Free play from 1-3 pm.

Games & Gab at the J
Mondays, Tuesdays, Thursdays & Fridays, 1-3 pm. Bring your game of choice - bridge, Scrabble, canasta and more. For information, contact Connie Cirillo Freeman at 203-487-0983 or cfreeman@stamfordjcc.org. All are welcome. FREE.

Israel Folk Dancing
Connect with Israel while reaping the mental and physical benefits of dance. Light, Kosher refreshments. For other locations and schedule, go to www.ctisraelidance.com.

Mah Jongg at the J
Thursdays, 1-3 pm. Fee: \$35 for 5 sessions / JCC members \$25. All levels welcome. Bring a 2015 National Mah Jongg League card. To register, to schedule lessons or for more information, contact Connie Cirillo Freeman at 203-487-0983 or cfreeman@stamfordjcc.org.

Mah Jongg at Temple Sinai
Mondays • 6:30-9 pm. FREE. Bring your own mah jongg card. For information or if you are new to mah jongg, call the Temple office at 203-322-1649.

Neshama Yoga at the JCC
Fridays, through Jun 19 (no class 5/22) • 9:00-10:30 am. Fee: \$189 for 9 sessions / \$162 JCC members. A fusion of Kundalini Yoga and Jewish spirituality. Led by Jackie Tepper Robinov.

Torah and Tea at Chabad
For Men and Women. Tuesdays • 11 am-12pm at Chabad Loft Café. Fee: \$5.00 per class. For information: Leah Shemtov at 203-324-2223 or morahleah@chabadstamford.org

UConn Judaic Studies: To register for the Lunch & Learn Lecture Series, the annual conference, or for more information about these or other programs of the Center for Judaic & Middle Eastern Studies, please contact the Center at stamfordjudaicstudies@uconn.edu or (203) 251-9525.

OPEN EVENTS - JUNE

20s and 30s BBQ
Sunday, June 7 • 5:00 pm at Shemtov deck, 10 Brandt Road, Stamford. Usher in the summer and celebrate the warm weather with a BBQ! Hot dogs, hamburgers and all the trimmings.

Elder Wisdom: Lessons for Living and Loving
Thursday, June 4 • 7:30 pm at Jewish Senior Services, 175 Jefferson Street, Fairfield.
Speaker: Dr. Karl Pillemer, PhD will speak about how people develop and change throughout their lives.

Gimmel Tammuz Evening of Tribute
Thursday, June 18 • 7:30 pm at Chabad Stamford.

Jewish Historical Society 30th Anniversary Celebration
Sunday, June 7 • 4:00-6:00 pm at Temple Beth El.

Men's Club George Lipton Golf and Tennis Invitational
Monday, June 22 at Rockrimmon Country Club, Stamford. Presented by the Men's Club of Jewish Senior Services, Fairfield. For information, call 203-365-6407 or jcarroll@jseniors.org.

FOR WOMEN

JWC Garden Party
Monday, June 8 • 7:15 pm (mingle, meet and nibble) • program at 8 pm at the home of Meredith Cohen. Take an evening to hang with friends, sip a drink and discover what the summer can hold in store for you in personal growth and commitment. Sponsored by Chabad.

JWC Mega Event
Jewish Cuisine from Around the World. Wed., May 6 • 6 pm. Sponsored by Chabad.

Women's Auxiliary Spring Luncheon & Boutique
Monday, May 4 • 10-3:30 with luncheon at 12:30-2:00 pm at The Waterview, Monroe, CT. Featuring Celebrity Chef Fabio Viviani. Fee: \$118-\$250. For information, call 203-365-6407 or jcarroll@jseniors.org. Sponsored by Jewish Senior Services Women's Auxiliary.

FOR MEN

Men's End of the Year BBQ
Thursday, June 11 • 8:00 pm at the Shemtov deck, 10 Brandt Road, Stamford. Come schmooze, relax and hang with the guys. Sponsored by Chabad.

Tefillin Club
Every Sunday • 8-9 am at Chabad. For men and kids. Wrap Tefillin, say Shema, share some words of Torah and inspiration and bond over bagels and lox breakfast.

FOR MORE INFORMATION / ADDRESSES:

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YOUNG VOICES “Speaking Up” at AIPAC

BY ALEX BERGMAN

For a teenager in high school, a normal week consists of sleep, homework, clubs and (maybe) time to spend with friends. I was privileged to steer away from this routine for three days and experience a movement truly like no other: AIPAC 2015, in Washington, DC. After a year of monthly meetings with JCC/UJF’s “Speak Up for Israel” program, geared to educate high school students on the American-Israel relationship, we could not have been more prepared and excited for the conference. Along with about 30 other Stamford juniors and seniors, I represented my local community on an international scale.

On Sunday, March 3, I walked into a room boasting 16,000 people. There were people ranging in age, race and backgrounds – but they had one thing in common: they were there to support Israel. This unanimous support of Israel was palpable during the general sessions that bookended the daily schedule. During those sessions, everyone experienced hearing the same unforgettable speakers, interviews and videos, and the majority of the time consisted of giving standing ovations.

During the breakout sessions



Alex Bergman

throughout the day, the members of our group independently navigated the enormous Washington Convention Center to find the session that we were most interested in. While the international economy, women in politics, cuisine of the Middle East, and thoughts on Israel’s role in the upcoming elec-

tion were interesting, I believe that no breakout session compared to the private interview of Mosab Hassan Yousef, which I discovered accidentally.

After realizing that a session I had wanted to attend was full, I went on to search for a session with open seats; what I found was Yousef’s packed session with an AIPAC staffer kind enough to allow me to join anyway. Yousef is the oldest son of Hamas’ founding and most popular leader, and changed his ways to help Israel in anyway he could – here is an understatement. I asked Yousef how he deals with the hardships of leaving behind his family for justice, and after hearing his answer I recognized the passion not just of Yousef, but also of all of the attendees of AIPAC: 16,000 people all put aside their own lives to bring justice – I had finally grasped the concept.

I shared this story with our Speak Up group and heard about my peers’ experiences in exchange. Incredibly, everyone spoke with natural passion and heart, and one thing was clear, by the end of day one, we were very excited to witness history the following morning.

Three hours of security lines later, we witnessed Prime Minister Netanyahu share his vision for Israel, the importance of America’s partnership and his personal gratitude for AIPAC. I will never forget his words, “Today we are no longer silent. Today we have a voice.” Netanyahu’s speech made me, and the entire Stamford delegation, aspire to make a difference by speaking up every day to protect our heritage.

On behalf of everyone in Speak Up, we would like to publicly thank the JCC/UJF and the generous donors who made this possible. We are incredibly grateful for enabling us to represent Stamford at AIPAC. This experience will forever contribute to our emotional and political investment in our Jewish heritage and opinion American-Israeli relations.

Alex Bergman is a junior at the Academy of Information Technology and Engineering in Stamford.

What Friendship Circle Has Meant to Me

A Mother’s Perspective

BY JUDI ANDERS

In March I had the opportunity to talk to teen volunteers at a BBYO event about our family’s experience with the Friendship Circle. I’ve been asked to share my story with you, *The New Jewish Voice* readers, and hope that in doing so you will discover ways in which the Friendship Circle might be able to enhance your lives and the lives of people you know.

Plain and simple, the Friendship Circle has changed my life and the lives of my four children, who have all been directly involved over the last 10 years. My oldest, Catie, who is now 24, approached me when she was 14 years old. She told me that she heard about this great Jewish organization that pairs typical teens with children with special needs. We immediately contacted Malya Shmotkin, the Friendship Circle director, and Catie was matched with a 3-year-old boy with autism.

Catie looked forward to those weekly visits with her special friend and my other two typical children pestered her with questions and stories after each visit. I became very close to the Mom and went along each week for my visit with my special “Mom” friend as well. When Catie graduated high school, my second child, Ryan took over her spot. Then when Ryan graduated high school, my third child, Ilene, jumped right in and continued the family tradition. Those weekly visits impacted Catie, Ryan and

Ilene for life, and we all continue to nurture the bond we developed with the family through e-mails, texts and family gatherings.

My fourth child, Will, is severely affected with autism and also has medical challenges. He is nonverbal and low functioning. When Will started with the Friendship Circle, he engaged very little with others. We realized through the Friendship Circle that Will can develop relationships with peers. Over the years, Will has had several sets of “special friends” that he has bonded with weekly. Most of the teens stayed with Will throughout their high school years and continue to keep in touch.

Will’s current set of friends, Lauren Schechter and Devorah Meyers, spend time interacting with him through music, puzzles, games, walks and his favorite character: Elmo. Will smiles, laughs and affectionately touches their faces to connect with them. They bring to him joy, laughter and unconditional friendship. Their lives have been touched and changed by each other.

While Will brings us great joy, our lives are difficult and exhausting. We welcome the much needed break during the hour-long Friends at Home visits each week and appreciate the volunteers’ dedication. I would like to thank all of the teen volunteers and Friendship Circle staff for their support. You bring a glimmer of hope and joy to families of children with special needs. Thank you!



Will Enders (center) and his volunteers (l-r) Lauren Schechter and Devorah Meyers.

A Visit to An Israeli Air Force Base

BY MALERIE YOLEN-COHEN

You hear Ramon Air Force Base before you see it. F-16s scream overhead, practicing maneuvers in the Negev.

In February, a group from Bi-Cultural Day School was privileged to tour the base, on a visit facilitated by the Friends of the Israel Defense Forces (or FIDF). “Jewish groups are welcome to arrange a military base visit,” says an FIDF spokesman. “Just contact an FIDF office for clearance and instructions.” The FIDF approves visits on a case-by-case basis and relies on American “partners” (not “donors”) to provide both moral and financial support. The FIDF raised more than \$100 million last year to improve infrastructure and add facilities on military bases throughout Israel.

The tour begins with a “briefing” – a narrated slide-show history of the Hornet Squadron 113. Established in 1955 as a jet fighters squadron (till 1990) See “Visit” on page 19



Bi-Cultural students and participants on the Bi-Cultural Day School Family Trip to Israel visited Ramon Air Force Base.

THE NEW JEWISH VOICE

“The New Jewish Voice” (USPS #189) is published monthly by the United Jewish Federation of Greater Stamford, New Canaan and Darien Inc., 1035 Newfield Ave., Stamford, CT 06905-2521.

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Visit.Continued from page 18

the Hornets now fly AH-64 Apache helicopters, and have provided air support during the most recent wars with Hamas. "The Israeli Air Force is not built to fight terrorists. Most battles are fought inside buildings, on the ground," says a spokesman. "We're on alert 24/7, though, and can destroy a target (empty building) from four miles away."

The squadron's specialty is "fast, low and quiet" – flying Apaches 36 feet from the ground at 60 MPH in the middle of the night using thermal cameras.

One of the thrills of a Ramon AFB visit is a rare opportunity to sit behind the cockpit controls of an Apache helicopter. Another, if the timing is right, is the buzz you feel near the runway as four F-16s take off one after the other. The sound is deafening, and the sight of fire

emanating from the jet engines is spine-tingling.

But nothing moves visitors more than a 20-minute movie shown at the end of the tour. It's a documentary that follows a number of Israeli descendants of Holocaust victims as they visit Auschwitz for the first time. Poignant and powerful – nothing prepares you for the pride and vindication you feel as you observe Israeli F-15's, emblazoned with the Star of David, flying in missing man formation above the death camp. It's a tribute to those who perished there and a promise – as the existence of Israel's own Army attests – "Never Again."

For more information about FIDF and base visits to an Israeli Army Base, contact Anat Chavkin, FIDF director of Westchester/Connecticut, at Anat.chavkin@FIDF.org or 646-274-9669.

Science.Continued from page 14

their lab skills and put a tremendous effort into preparing for the competition. I am so proud of them," said Rhonda Ginsberg, Carmel Academy's E2K coach and middle school science teacher.

Carmel Academy was one of the first Jewish day schools in the country to implement E2K eight years ago, when it was invited by CIJE to pilot the program. Carmel Academy has been so successful with E2K, the school was tapped by CIJE to implement an SET3 Science, Engineering, Teamwork, Technology and Training enrichment program, as well as an eighth grade engineering program.

Carmel Academy is a recipient agency of United Jewish Federation of Greater Stamford, New Canaan and Darien.

April & May 2015

Happenings for Senior Adults

The J (JCC) Social Senior Program

Tuesdays, Thursdays & Fridays at The J (JCC). FOR MORE INFORMATION OR RESERVATIONS ON ANY SENIOR PROGRAMMING, CONTACT Connie Cirillo Freeman at 203-487-0983 or cfreeman@stamfordjcc.org
Tuesday through Friday. Programs vary by day of the week. All welcome. **Transportation available for Stamford residents.**

AARP SMART DRIVER COURSE
Wednesdays, June 3 from 8:30 am -1 pm at the JCC.
 Reservations required. AARP members \$15 / All others \$20.

BIRTHDAY LUNCHEONS
Monthly. Tuesdays, May 26 & June 16 • 12-1pm. \$3 suggested donation. Reservations required.

BLOOD PRESSURE SCREENING
Tuesday, May 5 & June 2 from 9:45-11:15 am. No appointment necessary. **FREE.**

CHAIR EXERCISE FOR SENIORS
Tuesdays & Thursdays through June 18 from 10:15-11 am at the JCC. Energetic chair exercise class using weights and balls. **FREE** to all Seniors.

GAMES & GAB at the J
Mondays, Tuesdays, Thursdays & Fridays, 1- 3 pm. Bring your game of choice - bridge, Scrabble, canasta and more. **FREE.**

HOLIDAY LUNCHEONS - Mother's Day Luncheon
Thursday, May 7 • 11:30am-1pm. Lunch and live entertainment. **FREE** to all seniors. Reservations required by Thursday, Apr 30. Sponsored by Caryl and Peter Poser in memory of Peter's mother, Jacqueline.

HOT KOSHER LUNCH for older adults (60+)
Tuesdays, Thursdays & Fridays from 12-1 pm at The J.
Suggested donation: \$3 for lunch and \$1 each way for transportation. Reservations are required for both lunch and transportation. Lunch reservations: call Tuesday by noon for Thursday and Friday lunches. Call Friday by noon for Tuesday lunch. Call every Monday to make/confirm reservations for the week. Cancellations: call as soon as possible.

JCC MORNING MOVIE MATINEE FOR SENIOR ADULTS.
Fridays through June 19 • 10 am. Coffee and a movie on the large screen TV in the JCC's Senior Adult Lounge. Free to all seniors.

JCC RETIRED MEN'S CLUB
Mondays, 10-1 pm. Fellowship, humor and vibrant discussions from 10-11 am (**members only**); **invited speaker at 11 am (open) at the JCC.** Every meeting is followed by a soup-and-sandwich lunch and a bridge game after the meal. **Reservations required. Lunch Fee: \$3 suggested donation.**

LET'S TALK
Thursdays, 11 am at the Stamford JCC. Free.
 Meet new people or deepen your friendship with those you already know. Meaningful conversation about a wide variety of topics which may range from how to live a fulfilling life, creating healthy relationships, savoring our cherished memories, to embracing changing life circumstances. All will be encouraged to express their feelings and experiences related to the themes that emerge in a safe and supportive environment. Led by Kylie Rothman from Jewish Family Service, free of charge. For more information, contact Connie Cirillo Freeman, Director of Senior Adult Services at Stamford JCC at 203-487-0983 or cfreeman@stamfordjcc.org.

LIFE ENHANCEMENT CLASSES
Tuesdays & Thursdays through June 18 from 11-11:45am at the JCC. Classes designed to entertain, educate and enrich.
Ageing Gracefully. Common-age related health issues with practical advice on how to support each other in aging gracefully
Current Events and Timely Topics. Informal conversations and talks with various speakers about what's going on in Stamford, as well as national and international events and timely topics.
Our Stories on Thursdays. Hear one-of-a-kind stories about the lives, experiences, occupations or pastimes of JCC senior program participants. Free to all seniors.
Seniors in Song. Sing along with old favorites, Yiddish to Broadway

MOTHER'S DAY LUNCHEON
Thursday, May 7 • 11:30am-1pm. Lunch and live entertainment. **FREE** to all seniors. Reservations required by Thursday, Apr 30. Sponsored by Caryl and Peter Poser in memory of Peter's mother, Jacqueline.

SHABBAT WITH OR BERGER – JCC ISRAELI SHALIACH.
Fridays from 11:30 am-12 pm at the Stamford JCC.
 Discussions on Israel prior to Shabbat lunch

FOR MORE INFORMATION / ADDRESSES:

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CHABAD: 770 High Ridge Road, Stamford • 203-3-CHABAD #418 • Leah Shemtov: morahleah@chabadstamford.org
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