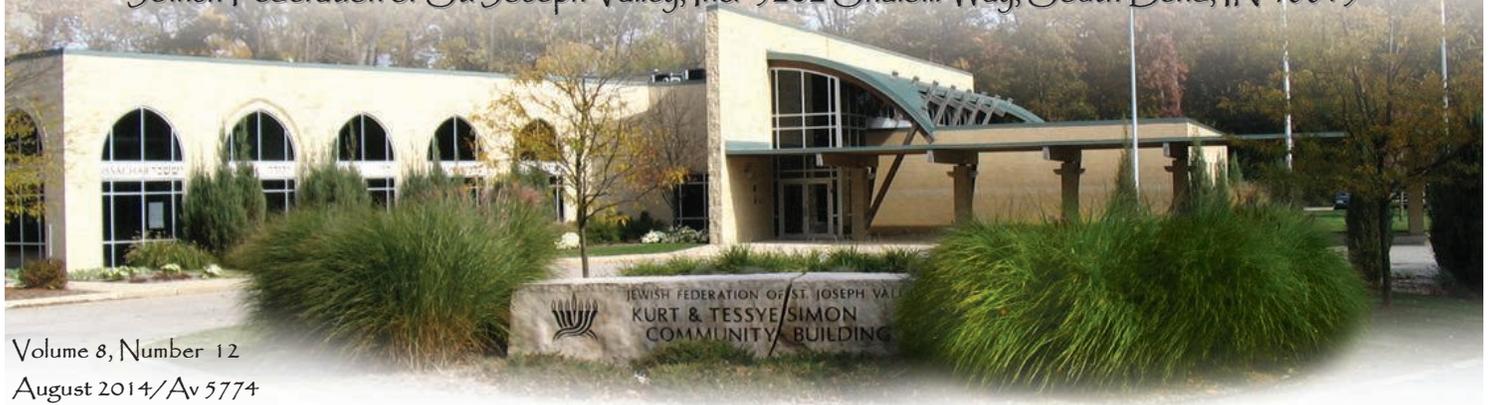


OUR COMMUNITY NEWS

Jewish Federation of St. Joseph Valley, Inc. 3202 Shalom Way, South Bend, IN 46615



Volume 8, Number 12
August 2014/Av 5774



STOP THE SIRENS

We can't stop Hamas' barrage of rockets targeting Israel. But we can help mitigate its impact on Israelis, just as we have done whenever Israel has been in need.

Federations across North America have mobilized an emergency campaign to help alleviate the psychological and physical effects of the conflict on Israel's population. The JFNA Emergency Response Allocations Committee for Operation Protective Edge authorized almost \$5 million in initial support for our partner programs on the ground. **Our Federation is being asked to raise \$7,000 toward this initiative.**

Why Federation? Why Now?

The Government of Israel has asked Jewish Federations to help by providing humanitarian support to the people of Israel during this time of conflict.

- Federations can uniquely access a wide network of support, reaching the most Jews in the most communities in the U.S. and Canada.
- Hamas' upgraded military capabilities mean that today, three quarters of Israelis live within range of rocket fire. Missiles have hit from Beer Sheva in the south to Haifa in the north. And it's not over yet.
- In the precious few seconds between a siren blast and a rocket hit, lives can be destroyed or changed forever.
- The elderly, the disabled, the disadvantaged and new immigrants have specific and urgent needs for comfort and care.
- Because we stand in solidarity with our brothers and sisters in Israel — today and always.

Our Federation stands with Israel

Why did Israel launch Operation Protective Edge? There are more than 13,000 good reasons. That's the number of rockets launched at Israeli civilians since 2005 by terrorist organizations in Gaza. As Israeli PM Netanyahu said, "The state of Israel is in the midst of a campaign to bring back peace and security to our citizens," he said. "We will not stand for rocket fire on our cities and communities."

Why does Hamas launch rockets at Israel? As David Horowitz wrote in his op-ed reprinted in our OCN, "... we find ourselves at war with an Islamic extremist group utterly committed to killing us, at whatever cost, delighting in the evil it wreaks upon us, indifferent to the devastation it brings down upon Gaza."

To support the people of Israel, the Jewish Federation of St. Joseph Valley has undertaken several campaigns. The goal of our Federation's "Stop the Sirens" emergency campaign (see back cover) is to raise \$7,000 as part of the larger effort of the Jewish Federations of North America (JFNA) to raise \$10 million dollars for emergency social service needs in Israel.

Community Relations Committee Chairman Brian Kordansky said, "This campaign does nothing more than

*Please turn to **Solidarity** on page 15*



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**Jewish Federation
of St. Joseph Valley**

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Our Community News is published monthly by the Jewish Federation of St. Joseph Valley for the Jewish community in Michiana.

From the Executive Director's Desk by Ben Davis

Hello Jewish Michiana,

Because of what is happening in Israel and the unprovoked attack by Hamas and the Islamic Jihadists in Gaza, I thought I would take a break from my usual column to provide people with facts and talking points to help put things in the proper perspective as the media uses body counts like a football score and talks about "proportionate response." It is no secret to us Jews that media does not provide the proper context and only report a portion of the facts which skews the perceptions of the majority of Americans when it comes to events in Israel. I hope by us providing this information, we can fill in the enormous gaps in information currently out in the public. The following facts are based on information as of July 22.

Iran-backed Hamas terrorists in Gaza have fired 1929 rockets at Israel since the beginning of Operation Protective Edge, only 15 days ago. 1412 rockets have hit Israel, and 351 were intercepted by the Iron Dome Defense System which has a close to 90% success rate. Since Israel withdrew com-

pletely from Gaza in 2005 over 13,000 unprovoked rockets have been launched at civilian targets in Israel by terrorists in Gaza.

There have been 523 Gaza fatalities, according to Gaza health officials. On average, for every 8 Israeli airstrikes, one Gazan dies - **including combatants**. In international conflict comparisons, **this is an extremely low figure**. To put this in context, during the United States Iraq War's second battle of Fallujah which lasted just nine days, there were 800 CIVILIAN deaths. In Gaza, which had over 1.5 million residents compared to Fallujah's 300,000 residents, there have been less than 300 Civilian deaths over 15 days. No other military in the world is as cautious and systematic in the avoidance of civilian fatalities as the IDF. This is not only commendable, but an amazing accomplishment when you consider that Hamas is telling the civilians and children to act as "human shields" to protect their weapons and attack tunnels.

The IDF has destroyed 23 tunnels, killed 183 terrorists and taken 20 terrorists into custody since the

start of the ground operation. The IDF has also unearthed 66 access shafts to these tunnels. IDF spokesperson Lt. Col. Peter Lerner said, "They're all interconnected, like a huge network of nerves and arteries." The tunnels have water pipes and electricity **and are built with the cement that was given in humanitarian aid to Gaza**.

Prime Minister Netanyahu said a few days ago "There are some in the West who tell us, we support Israel's right to defend itself... as long as you don't exercise that right. Well what else could we do, what would you do... if 80 percent of your people were in bomb shelters?... While we try to avoid Palestinian civilian [deaths], Hamas wants Palestinian civilian [deaths]; the more the better, so they can give you telegenic fodder... This is the cruelest, most grotesque war that I've ever seen. Not only does Hamas target civilians, ours, and hide behind civilians, theirs, it actually wants to pile up as many civilian deaths as possible."

Am Yisrael Chai
Ben Davis,
Executive Director



The mission of the Jewish Federation of St. Joseph Valley is to serve the Jewish people – locally, in Israel, and throughout the world – through coordinated fund raising, community-wide programming, social services, and educational activities.

Hushed, determined Israel in a war “for our home” *By David Horowitz*

There’s a kind of hush over Israel at the moment. The streets are emptier; the cars are honking less; cafes are not deserted but they’re quieter; young kids’ laughter in the little park near our office rings out startlingly loud and carefree.

We’re a nation glued to the news – to the TV, the radio, the internet. And it’s almost unremittingly grim. Just a few days ago, we were worrying about hundreds of rockets hitting all over Israel, and shaking our heads at the mini-miracle of Iron Dome intercepting most of them. Now it’s the residents of the kibbutzim and moshavim close to the Gaza border, and the thousands of soldiers inside the Strip, who are the focus of our frantic attention, emphatically on the front line, their lives in constant danger.

What we are now starting to call “attack tunnels” are being discovered all the time – long, sophisticated underground passages, dug out over months, even years, running from under homes in the dense Gaza neighborhoods like Shejaiya within a mile or so of the border, and up under the Israeli side, some with multiple exits, some directed under the homes and dining halls at those kibbutzim and moshavim: Erez, Nir Oz, Nirim, Ein Hasheloshah...

Just three days ago, my

colleague Mitch Ginsburg wrote the following: “Haim Yellin, the head of the Eshkol Regional Council, told The Times of Israel, standing outside a tunnel discovered several months ago, that many residents in the region are so scared by the prospect of a tunnel attack that they hear the phantom scratching of shovels when they close their eyes at night.” Well, now we know that it was not the “phantom scratching of shovels” they were hearing. It was the scratching of shovels.

Numerous air attacks have proved incapable of smashing those tunnels, even in cases where Israeli intelligence knew where to direct bombing strikes. It’s only soldiers on foot, going house to house in Gaza neighborhoods, exposed to mines and hidden explosives and sniper fire, who can find the well-hidden tunnel openings. And many, many soldiers are being killed and injured in the process. The death toll in Operation Protective Edge has already overtaken the toll in the two previous major conflicts since Hamas seized the Strip, in 2008-9 and 2012.

The number of such tunnels being found is rising all the time – five, eight, 13, 15. An immense investment by Hamas of time and money and energy and concrete and hatred. But we still haven’t found them all. Just this morning, Hamas terrorists



The IDF has uncovered dozens of tunnels used by Hamas to infiltrate Israel from Gaza – tunnels that lead right to kibbutzim and towns along the border. Fear, anxiety and stress plague border residents.

were spotted emerging from yet another of their “attack tunnels”; the IDF released footage of some of the gunmen squirming away from the exit, en route to murder, before they were blown up. But not all the exits have been spotted in time; we’ve lost soldiers on the Israeli side of the border – where Israel has bolstered its troop deployment to find

those exits, and to protect the local residents – gunned down by the Hamas infiltrators as they emerge.

In our small country, with its people’s army – where most of our children are conscripted, and many people are in the reserves through their 20s, 30s, and 40s – the bad

Please turn to Horowitz on page 15

**The Community Relations Committee
of the Jewish Federation of St. Joseph Valley
presents**

Dr. Alan Dowty

Professor of Political Science Emeritus, University of Notre Dame

Middle East Update: Gaza, Israel, Iran

Wednesday, September 3, 2014

7:30 PM at the Jewish Federation

Coming in November: Professor Amos Guiora, an Israeli-American professor of law at The S. J. Quinney College of Law, University of Utah, and an expert on drone attacks.



Caring Connections

Facing challenges with a courageous heart

By Lizzie Fagen, Jewish Family Services

The phone rings late in the middle of the night. Our son's deep rich voice is on the other end of the line. It is very, very late. It is the middle of the Passover week. The news can not be good. And it is not. Our son is back in the hospital needing an upgraded surgery on a previous surgery that failed. We are distraught.

The sirens wail from my husband's cell phone from an APP that he has recently installed. It is very, very late. It is the middle of the night. The sirens let us know that Israel is under siege and our loved ones are scrambling for the protection of "safe rooms" and bomb shelters. We are distraught. Israel is distraught - and so is the world.

There is much in our lives that is out of our control. Challenges confront us daily - some small, some large- on a personal level; but on a communal or global level as well. We can not foresee all the challenges coming our way. Sometimes we can - and we prepare. In those cases we can "catch" the curve ball that is headed our way. Or, we might choose to side-step or even duck the ball. But

there are times when the curve-ball comes from nowhere and hits us right in the heart. And then, how do we react? How do we respond when there is no time to prepare?

In my limited years of life-experiences, I have witnessed in myself and others two ways to respond when we are struck by a challenge for which we are not prepared.

The initial response is often one of despair, perhaps even momentary paralysis. What am I/we going to do? How can this be happening? This does not seem fair? And then the initial response can turn two ways. One response is to get "stuck" in the paralysis and fear of the situation. When that happens a "victim stance" or the external "blaming of the other" takes over. In this type of response the person (or people) either refuse or are not able see any options other than they have been wronged. The difficult situation, therefore, becomes the fault of others for being so personally unbearable or untenable. This delegation of blame" creates a mind-set of "powerlessness" or "victimization" in which

the person or community is not able to look or move forward effectively because they are not able to problem-solve. This type of response is very human, but not helpful.

The second response takes a different approach. After the initial fear and despair of an unforeseen or uncontrolled challenge has been acknowledged, a healthier but more difficult approach is to recognize that life is often out of our control, but what is in our control is how we choose to respond to our current difficulty. It is this pro-active response that allows us to look inward and to find the needed strength within ourselves and the situation to problem-solve effectively so that we can move forward with the challenge in a productive manner. This is not easy to do. It takes courage, grace, and dignity to accept challenges head-on with open minds and hearts. To recognize that only we can change our paths when we adopt an approach in which we take personal responsibility for the part we play in determining our future. And, perhaps, even the part we played in setting up a situation (albeit un-

knowingly) for disaster to strike.

Our world seems to get more challenging every day. So much so, that the new "buzz" word in the world of parenting is "resiliency". That is, parents need to instill in their children the ability to "bounce back" from challenging situations with a mind-set knowing that life is not always fair- there will be hard knocks along the way - but they have the inner-strength and eventual wisdom to problem-solve and to face whatever comes their way. Resiliency is what we must teach our children - it is what we must teach ourselves.

There is a saying that is trite, but true : Life is 10% of what happens to you - 90% of how you respond. As we enter into the Jewish month of Elul - at the end of this month - a preparatory month of self-reflection and self-accountability to prepare us for Tishrei and our High Holy Days - let us be mindful of our own inner strengths and responsibilities to problem solve our challenges honestly and effectively both on a personal and communal level: with all the courage, grace and dignity that we possess within ourselves. Let us move forward with courageous hearts.

Jewish Family Service volunteers are always needed!

Jewish Family Services is looking for members of the community who are able to help provide transportation for medical appointments. Contact Jewish Family services at 574-233-1164 if you are interested.

Coming in September!

Celebrating Life

Maureen Sylvia Lighthall



Art Opening and Reception
September 7, 2014 2:00 – 4:00 PM

Maureen Lighthall says her images find her and her unconscious helps her place them in her paintings. By layering her art with varied mediums of resin, watercolor, encaustic and acrylic on paper, canvas or mylar--she releases these new images. Her interior and exterior world flow into her art.

Growing up with parents who survived the Holocaust, she heard her father describe himself as stateless. With her use of maps and contours in her paintings, she locates herself in a universe of forms in time and space.

In the natural world she finds bark on a tree, trees in a larger landscape, bones and primitive cave art, found objects, stones, rock formations, close up or from outer space, using these exterior images to create paintings

With her visions of space, movement and nature, she recreates in her viewers her own strong, sad or exuberant feelings and a very personal universe. Her art shares her emerging sense of celebrating life.

Maureen Sylvia Lighthall has exhibited in many juried art shows in Illinois, Indiana, and Michigan and her work is in the corporate collections of Liberty Steel, St. Joseph, Michigan, Pfizer Corporation, Kalamazoo, Michigan, Irwin Union Bank and Trust, Columbus, Indiana, Braswell Fine Art, Chicago and Paris. In addition, the work is widely held in personal collections in California, Florida, Illinois, Michigan, Pennsylvania, South Carolina, and Wisconsin.

Jewish Federation Arts & Crafts Fair

CREATIVITY

NOVEMBER 16, 2014

Arts & Crafts Fair coming to the Fed!

CREATIVITY יצירתיות
YETSIRATIUT

The Jewish Federation of St. Joseph Valley will host its first Creativity/Yetsiratiut Arts and Crafts Fair on **Sunday, Nov. 16, 2014.**

Mazel Tov to Byra Warner who suggested the name for our fair. She will get a surprise prize from the Federation!

If you are interested in selling your work/merchandise, please contact Monika Wayne for details about our art fair policies: mwayne@thejewishfed.org, or 574-233-1164. **Deadline to submit a registration is October 1, 2014.**

PJ Library

HAROLD GRINSPOON FOUNDATION



Splish Splash Story Time



Join us for a BIG BIRTHDAY BASH!
Our community's PJ Library program is turning 8 and we're celebrating in a special way!

Sunday, August 17- 10:00 to 11:30 a.m.
South East Neighborhood Park Splash Pad
Fellows Street @ Keasy St., South Bend 46601

Please RSVP to slotter@thejewishfed.org

From the desk of the Israeli Shlichah

Saying Goodbye to South Bend *by Reut Oz*

Exactly one year ago, while in Israel biting my nails off of stress, I got an email from one Debra Barton-Grant asking me to write something about myself to a thing called the OCN (later she explained it is the community newspaper. Ah) with a lack of better understanding of this amazing project I wrote a short paragraph about myself. Today, exactly 12 months from that day, again, I need to write something about myself except this time you all know it is not going to be a short paragraph and also, I'm biting my nails off of the thought I need to leave a home once again...



Saying goodbye is one of the hardest things one can face. Whether it is a short-term goodbye, a long-term goodbye or an eternal goodbye; whether it is a goodbye to a close-friend or a goodbye to a stranger you just met in the street; whether it is a goodbye that is being said with tears or a goodbye that is being celebrated... Every goodbye is hard.

Now is my time to say goodbye to South-Bend, to the community, to my families and friends here, to the work I love so much, to the kids and the holidays, to the rabbis and the synagogues, to the feelings, the weather, the sense of belonging, the love, the warmth, the tears of sadness and joy and many, many more things...

I think that in order to say goodbye I have to explain what I am saying goodbye to. so here it goes South-Benders, get ready....

- Saying goodbye to South-Bend is saying goodbye to my new American community;
- Saying goodbye to South-Bend is saying goodbye to my new American families and friends;
- Saying goodbye to South-Bend is saying goodbye to the best Federation's staff in the world;
- Saying goodbye to South-Bend is saying goodbye to a job I love so much;

Saying hello to a new friend

Our new Shlichah, Raz Revah, of Omer Israel will be arriving in late August to begin her time in our community.

Raz lives in southern Israel near Beersheba. She

recently finished her military service in the IDF and also volunteered for a three-month community service program in Mexico.

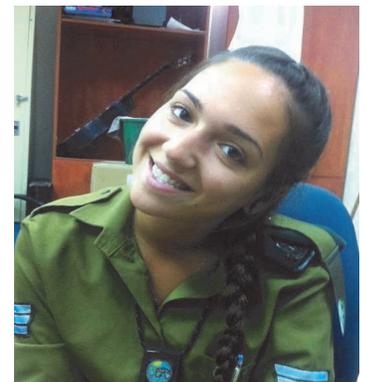
If you would like to

- Saying goodbye to South-Bend is saying goodbye to freezing temperatures (I hope);
- Saying goodbye to South-Bend is saying goodbye to snow (A moment of pure honesty- I'm sad about it, bring me some snow when you come to visit!)
- Saying goodbye to South-Bend is saying goodbye to new things I learned about myself;
- Saying goodbye to South-Bend is saying goodbye to a lot of new amazing experiences, like: cooking (not a lot!), driving 4 hours straight, celebrating Thanksgiving and the 4th of July, doing laundry **twice** a day – because I can, driving in the snow, attending Shabbat services and keeping Yom Kippur for the first time in my life!;
- Saying goodbye to South-Bend is saying goodbye to my own apartment and my car;
- Saying goodbye to South-Bend is saying goodbye to spending weekends in New-York and Chicago whenever I feel like it;
- Saying goodbye to South-Bend is saying goodbye to do the things I love 99% of the time: talk about Israel, educating people about the beauty of my home-land, exploring new things and meeting great people;
- Saying goodbye to South-Bend is saying goodbye to 365 days of an amazing, beautiful, intense, powerful, empowering, developing, sad, hard, challenging and the best year of my life!

Todah Rabah (thank you very much) everyone who was there for me to help and support, to smile and laugh, to hug and love and to guide me in a time of need.

I feel blessed to have been your Shlichah, I learned so much from this amazing community and I wish you all the best, luck and good health.

Please stay in touch, I love you so much and waiting for your visit in Israel-
Reut.



invite Raz to your home for dinner, Shabbat or a holiday meal, please contact Anita Fishman at iug-ramy@aol.com to coordinate hosting Raz.

Welcome to Camp 2014



Thank You Reut Oz By Bob Feferman

In one of her articles for *Our Community News*, our Federation shlichah Reut wrote, "... my biggest dream is to make a difference, to be meaningful to someone". As someone who had the privilege of working closely with Reut, I can say that during the year that she spent here, Reut was meaningful to many members of our community.

As many of you know, Reut worked in the religious schools of Sinai Synagogue and Temple Beth-El. She also led the Sababah Youth Group for the Federation which had several unique activities this year including volunteering at South Bend's Center for the Homeless, and a weekend with teens from the Federation in Northwest Indiana.

Reut also brought new programming ideas to our Federation such as the Israel Book Club that she organized together with Federation Program Director, Monika Wayne.

However, Reut's contributions also extended beyond our Jewish community in advocacy for Israel. Throughout the year, Reut gave more than 14 presentations titled "My Israeli Story" to churches, schools, Notre Dame ROTC, and the South Bend Common Council.

On Yom Ha'Atzmaut, we saw Reut's love for the Land of Israel in the special exhibit of original



Bob Feferman and Reut Oz

Photography of Nature in Israel. We saw her creativity in the Torch Lighting Ceremony for Yom Ha'Atzmaut that Reut organized which brought together all of our community in celebrating Israel. And we experienced the solemnity of Israel's Memorial Day in the moving ceremony she conducted with Sababah Youth Group.

This summer, Reut planned and organized another successful Camp Ideal and Camp Sababah. However, when war broke out in Israel, Reut also had to cope with her natural concerns for family and friends while directing the camp. I can say, she truly rose to the occasion.

We have been truly blessed to have Reut Oz as our Federation Shlichah. Reut, did indeed "make a difference."

Bob Feferman was Reut's supervisor during her year in South Bend.

Memorial Contributions to Jewish Federation Designated Funds

We welcome contributions to our various funds listed below. Individual acknowledgment cards are sent for each contribution.

Debby Barton Grant Campership Endowment Fund
 Friends of The PJ Library
 Jewish Federation Exec. Director Discretionary Fund
 Jewish Federation of St. Joseph Valley (Unrestricted)
 Jewish Federation Annual Campaign (Jewish Welfare Fund)
 Jewish Women's Endowment Fund
 Ruth and Ben Levy Senior Services Fund
 Bernard H. Natkow Community Lecture Fund
 Bernard and Shirley Natkow Campership Fund
 Bob and Pat Turbow (Library Acquisitions) Fund
 Okon Family Endowment for Holocaust Education
 Ronald S. & Nancy Plotkin Cohen Endowment Fund
 Post 318, Jewish War Veterans Library Fund
 Robert Simon Leadership Development Fund
 Kurt & Tessye (z"l) Simon Seniors Living with Dignity Fund

The Jewish Federation expresses its appreciation to these generous donors:

From the following contributors:

Carol Robinson	Ina and Irving Rosenberg
Judi and Edward Kahal	Ina Kahal and Gary Robinson
Pinky and Bud Raab	Lynda & Chuck Simon
Tammie and Alan Brown	Babs and Mel Waks
Sally Goloubow	Shirley Berebitsky
Corky and Erwin Karlin	Gloria Wolvos
Marge Fessler	Mitzie and Howard Schragar
Leah and Neil Silver	Devco Holdings
Elaine Koenig	Sally and Frank Durante
Debbie and Bob Rosenfeld	Birgit and Hugh Metzger
Sally and Jerry Brumer	Terry & Jeffrey Zelyv
Dayle and David Piser	
Jewish Federation of St. Joseph Valley Board & Staff	

To the following funds:

Bernard H. Natkow Community Lecture Fund
 Jewish Federation of St. Joseph Valley (Unrestricted)
 Jewish Family Services/Kosher Food Pantry
 Jewish Women's Endowment Fund
 Okon Family Endowment for Holocaust Education

Get Well/Thinking of You:

Naida Cohn
 Pauline Saretsky Marilyn Gardner

Mazel Tov to:

Sally Hamburg on awards from Logan Center
 Douglas Barton on receiving the Betty and Sam Schpok Spirit of Federation Award
 Sandy Barton for Lion of Judah Kipniss-Wilson Friedland Award
 Anita and Stu Fishman for happiness in their new home
 Wendy and Salim Ling on their B'nai Mitzvah
 Bill Sarnat on his retirement
 Marzy & Joe Baer on marriage of Deborah to Seth Weinglass
 Cheri Schuster & Terry Hoffman on birth of grandson, Ari Brian

Happy Birthday

Mort Ziker Janet Berman
 Judy Ziker

In Appreciation to:

Craig Kapson

In memory of:

Jaime Leah Wynn Ruth Krawetz
 Karen Brody Harold Berebitsky
 May Kay McComish

Forever Learning Partnership Fall Class Schedule



Partnership between the Jewish Federation and the Forever Learning Institute

The Federation's partnership with the Forever Learning Institute will offer days filled with opportunities to brush up on old skills and learn new ones. This continued learning helps our brains to stay sharp and powerful. Learning in a group setting has so many more benefits for the individual. It brings friendship, camaraderie, shared spiritual reflection, intellectual growth, social interaction.

For the following classes, you need to register at the Forever Learning Institute, 54191 Ironwood Road, South Bend, IN 46635, 574-282-1901, or online at www.foreverlearninginstitute.org. Registration forms also available at the Federation in mid-August. Classes are \$45 each per semester. The classes described here will be held at the Jewish Federation.

Ashkenazik Baking:

Thursdays 1:30-3:30, at the Jewish Federation

Taught by Deena Abraham, long-time writer for the cooking column in Our Community News

Participants will learn how to make some of the traditional baked goods made by Eastern European Jews. The recipes represent the culinary delicacies of the past centuries, but live on today in many Jewish homes. Challah, the braided loaves of bread served at the start of Shabbat and festival meals, savory potato knishes, desserts made with yeast dough and more.

6 sessions. **September 11 to November 13. No classes on September 25, October 9 and 16.**

Min. of 2 People / Maximum 8

Brain Health Through Games:

Tuesdays 2:00-3:00 PM at the Jewish Federation

Taught by Marlene Hollenkamp, long-time instructor

Brain Health Through Games keeps your brain active, helps you stay sharp and will improve your brain power in the most fun way possible. The games are novel, not main-stream and are provided by **Imagine That**. They are geared for adult and intergenerational players. Each Tuesday you will be introduced to one or two new games, while revisiting the games presented at earlier classes.

Many of the games offer multiple strategies, varying challenge levels and take approximately 15 minutes to play. **No particular skills are needed.** Discount coupons will be available each session to purchase the games, so you can play at home, with your friends, and can keep your brain health improving.

8 sessions. September 9 - October 28.

Min. of 4 people

Building a Cooperative Culture:

Tuesdays 7:00-8:00 PM, at the Jewish Federation

Taught by Sid Shroyer, long time high school teacher, trained by the Memorial Library Teacher Seminar, the United States Holocaust Memorial Museum and the Holocaust and Jewish Resistance Teaching Program

In this class the participants will examine how we respond to the Holocaust, explore our choices for good and evil and create thought and discussion about how an awareness of the Holocaust affects our behavior. The instructor will use prints from *Man's Search for Meaning*, Viktor Frankl; *Ordinary Men*, Christopher Browning; *The Lucifer Effect*, Philip Zimbardo. He also will use the following Internet sources: Lessons from Auschwitz @HolocaustUK, Lilith Hunt-Sheppard (<http://dluxe-magazine.co.uk/lessons-from-auschwitz-holocaustuk-3/>)/On the Holocaust and Its Implications, Yehuda Bauer (<http://www.un.org/en/holocaustremembrance/docs/paper1.shtml>)/Hatred and Humanity, Elie Wiesel (<http://www.un.org/en/holocaustremembrance/docs/paper6.shtml>)/ Taking Responsibility, Jonathan Sacks (<http://www.ou.org/torah/parsha/rabbi-sacks-on-parsha/taking-responsibility/>)

The reading materials are provided by the Jewish Federation, or the participants can go online and print their own copies. The instructor also suggests a daily browsing of *Ha'aretz* and *The New York Times*.

6 sessions. September 9 - October 14

Class descriptions continued next page

Chair Yoga: Fridays 10:00-11:00 AM**Taught by Sherry Cummings, certified instructor.**

Chair Yoga is designed for people who generally have balance issues and cannot move easily from standing to sitting, to kneeling, to lying down. Participants will work on their physical mobility and flexibility, as well as on a healthy mind-set. No equipment needed. Please wear comfortable clothing. **6 sessions. September 12- November 14.**

No classes on: September 26, October 3, 10 and 17**Hatha Yoga: Tuesdays 4:00-5:00 PM****Taught by Sherry Cummings, certified instructor**

More strenuous than Chair Yoga, Hatha Yoga has participants moving full range: from standing to sitting, to kneeling and lying down. This class works on physical mobility and flexibility as well as on a healthy mind-set. Wear comfortable clothing and bring your own mat and yoga blocks if you can.

8 sessions. September 9 - October 28.**Hebrew 101: Tuesdays 1:00-2:00 PM****Taught by Raz Revah, Young Emissary from Israel**

Learn a very different way of writing and reading! This course introduces the participant to the Alef-Bet (the Hebrew alphabet), the Hebrew vowels and basic reading skills in Hebrew. It is taught by a native speaker, using the book *HA-YESOD: Fundamentals of Hebrew (English-Hebrew Edition)*. September 9 - November 11

Min. 2 people

10 sessions

Learn to Play Euchre: Fridays 10:30-11:30 AM**Taught by Marlene Spiegel, long-time instructor**

Euchre is a trick-taking card game most commonly played with four people in two partnerships with a deck of 24, or sometimes 32, standard playing cards. It is a lot of fun can be easily learned in a few sessions. Cards, pencils and paper provided by the Jewish Federation. September 12 - November 14. **No classes on: September 26, October 3, 10, and 17**

Min. of 4 people

6 sessions

Mahjong: Fridays 1:00-2:00 PM,**Taught by Anita Fishman, long-time instructor**

Mahjong is a game that originated in China. It is commonly played by 4 players around a square table using numbered tiles. Similar to the card game rummy, mahjong is a game of skill, strategy, and calculation and involves a degree of chance. It can be learned in 6-8 sessions. Mahjong tiles and instruction folder provided by the Jewish Federation. September 12 - November 14.

No classes on: September 26, October 3, 10, and 17.

Min. of 4 people

6 sessions

Middle East and Mediterranean – Ancient and Modern, Wednesdays, 1:30 – 2:30 PM.**Taught by Alan Dowty, Professor Emeritus of Political Science, University of Notre Dame**

This course offers a quick tour of ancient and modern cultures in the Middle East and Eastern Mediterranean that have helped shape our world. It covers ancient and modern Egypt, Greece, and Rome; the Arab world and Islam; the rise of modern Israel; and an overview of the Arab-Israel conflict. It offers an excellent background for anyone who has traveled or plans to travel in the region.

6 sessions: September 10, 17, 24, October 1, 8 15**Nutrition in the 21 Century: Impact on Your Longevity & Health: What You Deserve to Know Sundays, 2:00- 4:00 PM****Taught by Dr. Candace Corson, M.D.**

This mini-course will focus on how to improve your life quality, your level of energy, and your resistance to illness through nutrition and a healthy environment. It is a very interactive class with a lot of Q&A. Dr. Carson is a Yale-trained physician who has retired from office-based practice in order to focus on health-education nationally, including the growing field of toxicity and environmental illness, and what can be done to protect the coming generation, starting with the knowledge and choices we have right now.

2 Sessions: Sundays, October 12 and November 2**Sit and Be Fit: Mondays, 11:30 AM-12:30 PM****Taught by Jim Fischhoff, instructor at Tanglewood Retirement Home and Center for the Homeless September 8 - November 10.****Min. 2 people****10 sessions****Sit and Be Fit: Wednesdays 11:00-12:00 PM,****Taught by Monika Wayne, Jewish Federation staff member.****September 10 - November 12.**

Min. 2 people

10 sessions

Sit and Be Fit is an exercise class in which the work out is done sitting in a chair using weights, tubes, bands and balls. The exercises can also be done standing up, according to the fitness level of the individual participant. This class works on muscle conditioning and strength as well as on flexibility, which are important for fall prevention, stamina and improvement of life quality. Equipment is provided by the Jewish Federation. Please wear comfortable clothing.

Free Jewish Federation Programs



Needle Arts Group

Mondays – 2:00 PM to 4:00 PM, led by
Monika Wayne

This program will continue during the summer months as regularly as possible. Please refer to the Jewish Federation email blasts for any changes.

Our Needle Arts Group knits, crochets, does needlepoint and other projects. We welcome all skill levels, provide instruction, and supply materials if your project goes to charity. You can bring your own project, help us with our charity projects, or come to learn.

Children are welcome, too. Suggested ages: 3rd grade and up.

Our **charity projects** right now are:

- Squares of 5x5" or 10x10", or rectangles 5x10". We sew the pieces into blankets for babies, kids and grown-ups.
- Scarves, hats, mittens for kids and grown-ups.
- All things for babies (any size).

The pieces can be made in any pattern and any color. The finished items are going to the Jewish Family Service and the Ronald Mc Donald Room. Please drop them off at the Federation at Monika Wayne's office. Donations of needle arts materials also are always welcome.

Tuesdays: Telling Our Stories Workshop

Tuesdays 2:00 – 4:00 PM

First timers are welcome. Have a look at the interesting stories that have been told in the past *Our Community News*. Come and take the opportunity to tell your own story.

Sit and Be Fit:

Wednesdays 11:00 AM – 12:00 PM

This light exercise class will continue through August. Please refer to the Forever Learning schedule for all new exercise classes starting in September.

The Federation Book Club meets once a month on a **Monday at noon**. (See Page 12 for monthly update.)

The **Israeli Book Club** meets once a month on a **Thursday in the evening**. (See Page 12).

Our Movie Club meets once a month on **Tuesdays, in the late afternoon**. (See Page 12 for upcoming films.)

WEEKLY SCHEDULE OF CLASSES AT THE JEWISH FEDERATION September 8 – November 14

Sundays

Nutrition in the 21 Century: 2:00 – 4:00 PM
(2 sessions)

Mondays

Sit and Be Fit: 11:30 AM – 12:30 PM

Book Club 12:00 PM

Needle Arts: 2:00 – 4:00 PM

Tuesdays

Hebrew 101: 1:00 – 2:00 PM

Brain Health Games: 2:00 – 3:00 PM

Telling Our Stories- 2:00 – 4:00 (Monthly)

Hatha Yoga: 4:00 – 5:00 PM

Movie Club- 5:30 PM (Once a Month)

Building a Cooperative Culture: 7:00-8:00

Wednesdays

Sit and Be Fit: 11:00 AM – 12:00 PM

Lunch & Learn/Holiday Lunches 12 PM

(see schedule below)

Middle East and Mediterranean: 1:30 PM – 2:30 PM

Thursdays

Ashkenazik Baking: 1:30 PM – 3:30 PM

Fridays

Chair Yoga: 10:00 – 11:00 AM

Learn to Play Euchre: 10:30-11:30 AM

Mahjong: 1:00-2:00 PM

FLI Partnership Program

Federation Free Program

Wednesday Lunch Schedule

The Federation schedules two kosher lunches each month.

September 10- Ellen Jennings from Interim Health Care speaking on "Communicating with your Physician"

September 17 – September Birthdays and Rosh HaShana

October 8 - October Birthdays and Sukkot

October 22 - Kathleen Murphy from Sprenger Health Care speaking on "The Age of Champions"

November 5 - Guest: Raz Revah, our new Israeli Shlichah

November 19 – November Birthdays and Thanksgiving

December 10 – TBA

December 17 – December Birthdays and Chanukah

Federation Book Clubs



Book Club discusses Reluctant Nazi

The Federation Book Club meets once a month on a Monday at noon.

As usual, in July we shared a delicious light lunch prepared by our kosher chef Lori and we discussed our book selection of the month. There was a general consensus among us that Gabrielle Robinson's memoir **The Reluctant Nazi** is an important book. It is very well researched, but some of us did not find the reading very fluid.

The bombing of Berlin, the devastation of war and its impact on the individual are very well described and, unfortunately, can be seen all over the world today. Reading about Robinson's grandfather and his experience in the 2nd World War, many could not help but feel some resentment. After all, the Germans had started the war and had inflicted a much greater devastation and despair on many other nations and millions of people.

Much was said about the title **The Reluctant Nazi**. Being repulsed by the title, some would never have picked up the book and only read it because it was on our book club list. Others were attracted and came to our meeting just for that particular book discussion. Generally we agreed though that the title does not reflect the content and

the person that Robinson's grandfather was. To us he seemed more of a *Mitgaenger*, a follower and bystander, like many others. He was essentially a good human being and a wonderful family man, mainly concerned about providing for his family. This led to an exchange of deep and important thoughts about individual and collective responsibility, which could go on forever...

Here are our coming dates and books:

August 4: Love and Treasure, by Ayelet Walman

September 8: Me Before You, by Jojo Moyes

Join us for any or all of these discussions, or come and bring your own suggestions! For questions or comments please contact Monika Wayne at mwayne@thejewishfed.org, or (574) 233-1164.

Israeli Book Club

Our Israeli Book Club meets once a month in the evening. A new schedule and reading list will be announced in September. We hope to meet again in October.

If you have a particular Israeli book, author or theme you would like to explore with us, please contact Monika Wayne at mwayne@thejewishfed.org or 574- 233-1164. We appreciate your input!

Federation Movie Club



Our Movie Club meets once a month on a Tuesday, in the late afternoon.

Our next film will be "**Doubt**, the last in our series of films featuring **Philip Seymour Hoffman**, on **Tuesday, August 4, at 5:30 PM.** (Note the time change!)

While light refreshments are served we will watch this mesmerizing, suspense-filled drama. In a private, Catholic school the principal believes she has uncovered the ultimate sin when she accuses Father Flynn of sexually abusing a troubled boy. But without proof, the only thing certain is doubt. The film is followed by a discussion led by two local specialists.

The Movie Club will not meet in September. We resume in October with a new topic. Watch for our list of films and a new schedule.



Calling Outdoor Volunteers!

Please join us for our next volunteer sessions on **Sundays, August 3 and 24.** We again will have a breakfast at the Federation at 8:00

AM and then will be outside for about two hours. Mike McComish and Dave Piser will lead our effort and guide the volunteers to the areas that need work most urgently. And remember: gardening is good exercise and socializing is good for your soul.

Be sure to bring your gloves as well as closed toe shoes, long pants and long sleeve shirts! If Sunday does not work for you, please call the Federation office to schedule a time slot that does.

Again we want to thank our volunteers who helped in the beautification of the Federation's grounds on July 13. Our breakfast with bagels, doughnuts and fresh fruit was delicious and prepared us perfectly for a couple of hours of outdoor work.

For questions about volunteering, contact Monika Wayne at (574) 233-1163 or mwayne@thejewishfed.org.

STUDIO 304 DIGITAL LAB

Field Trip to see a 3-D Digital Printer and More

On **Monday, August 18**, the Federation invites the community to a short trip to down town South Bend for a scheduled tour of the new Studio 304 at the St. Joseph County Public Library. Studio 304 is a new digital media laboratory and offers among many other gadgets a 3-D digital printer.

We meet at the Federation at 9:45 AM and carpool to the library. Children are welcome but have to be accompanied by an adult.

RSVPs are mandatory. Max. 20 people. Please call 574-233-1164. For questions, please contact Monika Wayne at 574- 233-1164, or mwayne@thejewishfed.org

Telling Our Stories

Everyone has a story to tell, and we would love to hear your story and help you record and write it. For further workshop dates please refer to the rubric "Tuesday Afternoons at the Federation." First timers are always welcome.

With the permission of Vladimir Luban we publish the second part of his heart wrenching story.

... Then, as the train moved away, his mother shouted: "Save our things. We'll soon be back!" Everyone believed that the war would be over in a few months' time.

The train took a week for its journey to Mednogorsk in the Urals where Vladimir's mother had a sister. Again and again their train was shunted to a side rail to let trains with soldiers, weapons and provisions pass to the front. Except for the little his mother had packed, they had nothing to eat or drink. Thinking back to that time of hunger and fear, Vladimir says: "To this day I never leave on my travels without a special reserve of food. Just in case." At times the train stopped in the middle of a field so that its occupants could rush out to hide from German bombers. Vladimir will not forget how the German Messerschmitt bombers flew low over the roof of their train and bombed the people below. "I could see the bombers' faces," he remembers.

"We finally arrived in Mednogorsk and were evacuated in one room. The people next to us, also refugees, had brought a huge bag stuffed with cookies and sugar. We had nothing and they ate cook-

ies. I'll never forget." For there was little food even here. Each person got 150 g of bread a day but it was part sawdust. Vladimir's mother got 400 g because she had a job as book keeper. The ration cards also mentioned 10 g of sugar and 2 g of butter, but all that was "theoretical," and rarely available.

In the Spring of 1942 Vladimir's grandfather found the little family. He had been evacuated to Almaty in Kazakhstan. Almaty, once the capital, was a cosmopolitan city that attracted thousands of refugees fleeing before the Germans. The grandfather, at age 70, came all the way from there to rescue them. "He had found our whereabouts through a central clearing place for documents, situated somewhere on the Volga River."

Vladimir's father was unable to locate his family. He was in high demand as an engineer and moved from one regiment to another in very dangerous and difficult assignments. In the summer of 1942, when he was stationed somewhere in the vicinity of Stalingrad, he suffered a concussion which for a time made him blind and deaf and was sent for treatment to Sochi.

The grandfather came to

take the family, Vladimir's mother, little brother, sister, and himself, now nine years old, back with him to Almaty. They lived in a settlement of Ukrainians and other people of European extraction. His mother once again found work as a bookkeeper, this time at a place that re-

paired agricultural machinery, an "MTS," a Machine Tractor Station. Such MTS could be found in each county. Her position allowed them the luxury to live in a two room apartment.

To be continued.

Around & About Our Community

Last month we forgot to congratulate and give a shout out to one of our high school valedictorians. **Miryam Esther Abraham**, daughter of **Rabbi Dovid and Deena Abraham** graduated from Bais Yaakov High School in Denver, CO. Mazel Tov!

Wedding News...

Mazel Tov to **Rabbi Yaakov and Yehudis Bechhofer** on the marriage of **Esther to Yechiel Schulman**.

Mazel Tov to **Leah Kabel** on the recent marriage of her granddaughter, **Aleeza Kabel to Avraham Yehuda Pinkesz**.

Bar Mitzvah honors.

Mazel tov to **Shlomo Nebel**, son of **Rabbi Fred and Chaya Nebel**, who became bar mitzvah at the Midwest Torah Center.

Todah Rabah.

Gloria Wolvos sends heartfelt thank yous to everyone who send kind words and thoughts on the death of her sister **Ruth Krawetz**.

Share your talents!

Interested in teaching a Forever Learning Class at the Federation? We are starting our first semester with FLI this fall. We hope to continue in the spring semester (March to mid-May 2015) and offer courses that are about 6-8 weeks long. We are looking for interesting topics and teachers. Please let us know what topics you would be interested in, if you would like to teach a class, or know someone who would. For questions please contact **Monika Wayne** at 574- 233-1164 or mwayne@thejewishfed.org.

Are you a writer? We would love to have someone write this column monthly or quarterly. Call Karen Dwyer at 574-233-1164 if you are interested.

Are we missing someone? Don't forget to send us Please let us know. Email your simchas to kdwyer@thejewishfed.org.

Est Gezunterhait (Eat in Good Health)

Let's try eggplant by Deena Abraham

You know how there are some foods that people either really like or really strongly dislike? Eggplant is one of them, right? I'm not even sure why this is so, but certain foods seem to evoke strong feelings of passion. And others don't. You never hear anyone say things like "I really hate apples. If a recipe has apples in it, I'm not touching it!" But eggplant? Yeah, it could happen. (Also olives. I'm not an olive person. If you want to see recipes with olives in this column, you'll have to send them to me. I have none of my own.)

My husband doesn't like eggplant. But, he has come around a bit. Whereas once upon a time he wouldn't touch anything with eggplant, he now will do so if the eggplant is not recognizable. I'm not one to use deceptive measures and sneak vegetables into recipes without telling my family. My husband knows he's eating eggplant. But if it doesn't look like eggplant, then we're good. An example of one of the unrecognizable eggplant recipes is baba ganoush.

If you flip through a bunch of cookbooks and compare baba ganoush recipes, you will note many ways in which the eggplant can be prepared. Turning it over a flame on a gas stove never interested me. Broiling kind of

scared me. Not in general, just with eggplant. I know someone who once had a bad experience with broiling eggplant. There was some sort of eggplant explosion in the oven resulting in it looking like a bat cave. Seriously. I saw it. There were these eggplant remnants that really looked like bats hanging from the grates. So, yeah, I'm not going there. But the recipe that I use calls for wrapping the eggplant in foil and baking it at a high temperature. The foil helps prevent explosions. That, I can do.

BABA GANOUSH

- 2 large eggplants
- 2 Tbsp. techina (sesame paste)
- 4 cloves garlic, crushed
- ½ c. diced onion
- 1 c. chopped tomato
- 3 Tbsp. lemon juice
- 4 Tbsp. cold water
- ¼ tsp. salt
- ⅛ tsp. pepper
- ½ tsp. olive oil

Pierce the eggplant skin with a fork all over and then wrap in foil. Bake at 500 degrees for 10-15 minutes, until soft. (If the eggplant is still hard it will need to be baked longer.) Unwrap the eggplant and put in a bowl of cold water to cool slightly. When eggplant is cool enough to handle, but still warm, peel and squeeze out as much liquid as possible. Place the eggplant into a bowl and mash.

In a food processor,

process the techina, garlic, onion, tomato, lemon juice, and water. Combine with the eggplant. Season the baba ganoush with the salt, pepper, and olive oil.

One of my favorite eggplant dishes is Eggplant Parmesan. Sometimes I'll make it for a dairy meal during Chanukah or Shavuos. But, I do try to avoid recipes that require frying. I don't like to make fried foods for Chanukah aside from latkes and doughnuts. There is a limit to the amount of fried food I can make, serve, and eat during one week. So, when I came across a recipe for broiling eggplant I was really excited. Rather than bread- ing and frying the eggplant, it is brushed with a thin coat of seasoned oil and broiled on both sides until soft. And the eggplant parmesan tastes great! So, if you want to

lighten up your recipe, try broiling the eggplant.

BROILED EGGPLANT

- 1 medium eggplant
- 2 cloves garlic, minced
- ½ tsp. salt
- ¼ c. olive oil or melted butter

Peel the eggplant and cut into ½" slices. Place on greased baking sheets. In a bowl, combine remaining ingredients. Brush a thin layer over each eggplant slice. Broil for five minutes 5" away from the heat, basting once in between. Turn eggplant slices over, brush with another layer of seasoned oil/butter, and broil for two more minutes.

To make eggplant parmesan, layer the eggplant in a dish with tomato sauce and parmesan cheese. Top with mozzarella and bake until heated through the cheese on top has melted.

If you have a recipe or two that you'd like to share, please send it my way. I'm always looking for a new, good, tried and true recipe. Send your recipes to me at dsabraham@ameritech.net. Or, call me at 287-8872 and I'll take the recipe over the phone. Or, send your recipes to me at 2926 Erskine Blvd., South Bend, 46614.

Kosher Food Pantry needs

Thank you to all who have been keeping our shelves filled.

There is always a need for donations of nutritious, non-perishable foods, paper goods, and personal care items to help the families in our community who are in need of a hand up.

Thank you for your support!



Horovitz (Continued from page 3)

news we all now brace for is highly personal as well. Which is why, along with the TV, the radio and the internet, we're also all glued to our phones, worried when they ring, worried when they don't.

I say the news is *almost* unremittingly grim. What isn't grim is the relative unity of fragmented Israel right now, and the motivation of our soldiers. We are joined in common horror at the evidence of Hamas's war-to-the-death strategy, and in the realization of the extent of the danger — so much so that Prime Minister Benjamin Netanyahu, at a press conference last night, was asked not about whether he was getting Israel too deep into conflict but about how he could possibly have accepted last Tuesday's Egyptian cease-fire offer, when that would have left the Hamas tunnel infrastructure intact. (He answered that he calculated Hamas would likely refuse the offer, and that he was determined to tackle the tunnel threat militarily, diplomatically or both.)

When Netanyahu said last night that Israel is in "a war for our home," it sounded anything but demagogic. When he said that Hamas had expected Tel Aviv to be in "ruins" by now, thanks to its rockets, we knew this was true. When he said Hamas had invested "years of work, and immense capital" in the tunnels, aiming

to "carry out mega terror attacks and kidnappings," and that the planned assaults "on kindergartens, dining halls" would have been "catastrophic," there was no doubting him.

The word from Gaza is that Hamas's terrorists and their commanders simply haven't been seen in the past two weeks. They've melted away underground, emerging only to try to kill our soldiers when the IDF moves in, their spokesmen telling the world that Gaza civilian casualties are the fault of the Israeli occupation while simultaneously warning those same Gaza civilians not to heed Israel's entreaties to leave the area for their own safety.

Often, at times of conflict, Israel is preoccupied with how "the world" is reporting and understanding events. We are bitter that we are misrepresented — that the international community doesn't realize we are defending ourselves against aggressors (rather than *being* the aggressors), doesn't internalize the cynical use by Hezbollah (in south Lebanon) and Hamas (in the West Bank 10 years ago and now in Gaza) of local citizens as expendable shields for their terrorist activity.

We're frustrated about all that now too, but it's not our preoccupation. For we find ourselves at war with an Islamic extremist group utterly com-

Taking shelter



Bomb shelter in Tel Aviv

mitted to killing us, at whatever cost, delighting in the evil it wreaks upon us, indifferent to the devastation it brings down upon Gaza.

This is not a nasty terror group. This is a terrorist government that devotes its quasi-country's resources principally toward wiping out the country next door.

For all that the news is grim, Hamas is encountering far more failure than success. The rockets that were intended to reduce much of Israel to rubble have proved largely inef-

fective — though nobody should doubt that Hamas is working feverishly to outwit Iron Dome. Infiltrations from the sea have failed. Most of the attack tunnel efforts have been thwarted.

But far too much of Hamas's capacity to do us harm remains intact. And it is relentlessly seeking to do us murderous harm. So what preoccupies us right now is one simple, essential imperative: to prevail.

David Horovitz is the founding editor of the Times of Israel. Reprinted from op-ed of July 21, 2014.

Solidarity with Israel (Continued from page 1)

try to make the lives of our fellow Jews in Israel a bit easier as they face unbearable terror."

In order to promote the emergency fundraising effort, and to stand in solidarity with Israel, on July 29th the Federation held a rally in support of Israel.

In parallel with the fundraising effort, the Federation conducted an information campaign including weekly e-mail blasts to over 500 recipients and regular updates on our Federation Facebook page with our "Thoughts from Israel Under Fire" project. In his Facebook post, IDF Soldier Dan Ravitch from Benton Harbor, who now serves in the Iron Dome unit wrote, "Every Jewish citizen is willing to put their life on the line so that their families and friends can continue a life of peace in our homeland."

Bridging the Gap II

The second meeting for "Bridging the Gap" will be held on **Sunday, August 10th at 10:00 AM** at the Jewish Federation. The agenda will include furthering our understanding and compassion regarding "how the other third lives" both spiritually and in lifestyle. This will be preceded by some communication education to ensure the best possibility of hearing each other while minimizing accusations and defensiveness.

After this half of the meeting concludes, those that would like to stay will have the opportunity to discuss options of furthering our children's Jewish education. The time frame for the first half will last between 1-1.5 hours, and the same for the second half.

Note: It has come to my attention that there were two takes on the outcome of the first meeting. One take was that it was successful, but the other one was that it possibly created more of a divide. I understand now that some people, especially those that have not lived in this community for many decades, weren't aware of the extent of certain negative feelings and perceptions strongly held by other community members. This understandably created feelings in some of being unfairly singled out and "attacked." To anyone that felt this way, I say, please don't give up. Please come to the second meeting and bring your friends. Please keep in mind that this is a process that may be very uncomfortable at times, but if we stick with it, have faith that Hashem will guide us, and remember above all Ahavas Yisrael, we will prevail together as a stronger, wiser, and more compassionate community. We will truly be "a light unto all nations" from those looking in from the outside and those looking from within.

Hope to see you there! **10:00 AM Sunday, August 10th** at the Jewish Federation. Be well. Lisa Levin

Please RSVP by contacting Lisa Levin at 574-514-7126 or by emailing her at: lalevin@gmail.com.

Midwest Torah Center



The Torah Center is off and running this summer in a spectacular

LEARNATHON

Join us in learning the stories of the Prophets and celebrate our completion at our inaugural Shabbaton for the 2014/15 programming year this September 5th and 6th.

For questions or assistance, call 574-234-9092 or emailinfo@midwesttorah.org

The Great Outdoors and Prayer, Thursdays at 10:30 AM - August 7th, 14th, & 21st. Prayer can be inspiring, but only when one really understands what's going on. This class will focus on all the references to the great outdoors in weekday and Shabbat prayers and how the Rabbis wanted us to be blown-away by the goodness that G-d has given us. Join Rabbi Lindow as he shares some of his travel experiences across the United States and applies them to the Siddur.

Hebrew Orthodox Congregation

Some Torah learning opportunities at HOC:

Evenings:

~**Sunday through Thursday, 8 PM:** STUDY PARTNERS
Choice of topics including Chumash, Mishna, Navi, Gemorah. Rabbi Rephael Pollack, coordinator.

~**Sunday through Thursday, 8:35 PM:**
DAF YOMI B'HALACHA SHIUR, class for men, taught by Rabbi Yitzchok Sommer

~**Tuesday night Torah class for Women, 7:45 PM**
CHUMASH In-Depth, taught by Rabbi Meir Bulman

~**Thursday night Chumash class for Men, 8:30 PM**
PARSHA HASHAVUA, by Rabbi Shelomo Nussbaum

~**Thursday night Torah class for Men, 10:30 PM**
MAHARAL SHIUR, taught by Rabbi Meir Bulman

Mornings:

~**Monday through Friday, 6:00 AM:** DAF YOMI, Mesechta Megilah, taught by Rabbi Meir Bulman

~**Monday through Friday, 6:20 AM:** TALMUD STUDY
Mesechta Succah, taught by Rabbi Ephraim Goldstein.

~**Sunday, 9:00 AM:** TALMUD STUDY GROUP,
Mesechta Megilah, taught by Rabbi Dovid Abraham

Daily Minyan Schedule: Please go to hocsouthbend.com



Jewish Federation Community Calendar

AUGUST 2014 – AV 5774

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 5 AV Last Day of Camp!	2 6 AV  Devarim SHABBAT CHAZON
3 8 AM Arboretum Day	4 8 AV 12 PM Book Club 2:00 PM: Needle Arts EREV TISHA B'AV	5 9 AV 12:00PM Russian Club 2-4 PM Telling Our Stories TISHA B'AV	6 10 AV 11:00AM Sit & Be Fit	7 11 AV	8 12 AV	9 13 AV  Va'eichanan SHABBAT CNACHAMU
10 14 AV 10:00 AM Bridging the Gap Community Meeting	11 15 AV 2:00 PM: Needle Arts	12 16 AV 12:00PM Russian Club 5:30 PM Movie Club	13 17 AV 11:00 AM Sit & Be Fit	14 18 AV	15 19 AV OCN September Deadline	16 20 AV  Ekev
17 21 AV	18 22 AV 9:45 AM Field trip to Studio 304 Digital Lab 2:00 PM: Needle Arts	19 23 AV 12:00PM Russian Club	20 24 AV 11:00 AM Sit & Be Fit	21 25 AV	22 26 AV	23 27 AV  Re'eh
24 28 AV 8 AM Arboretum Day	25 29 AV 2:00 PM: Needle Arts	26 30 AV 12:00PM Russian Club	27 1 ELUL 11:00 AM Sit & Be Fit	28 2 ELUL	29 3 ELUL	30 4 ELUL  Shoftim
31 5 ELUL						

ROSH CHODESH

ROSH CHODESH

Our Community News Voluntary Subscriptions for 5775

Renew your voluntary subscriptions and send a New Year greeting!

It's that time of year again, when we ask our readers to consider sending in a voluntary subscription to the *Our Community News*. Your financial support helps us cover the cost of mailing the newsletter to all Jewish households in our community.

You may also choose to send a gift subscription to a family member or friend who lives out of town.

New and renewing subscribers will receive a free checkbook size Jewish calendar and a free High Holiday Greeting in the September newsletter. (Subscriptions must be received by August 14, 2014 to receive a calendar and free greeting.)

Voluntary and Gift subscription rates are listed below, but any donation amount is welcome to help us meet our expenses.

1. CHOOSE YOUR RATE (\$18 minimum for greeting & calendar)

Voluntary & Gift Subscription Rates

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| <input type="checkbox"/> \$18.00 Chai | <input type="checkbox"/> \$36.00 Double Chai |
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| <input type="checkbox"/> Other: \$ _____ | |

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2. CHOOSE A GREETING:

- L'Shanah Tovah
 Happy Rosh Hashanah
 Best wishes for a Happy New Year
 May your year be filled with sweetness
 New Year's Greetings from _____
 Other: _____

Name as you wish it to appear in ad: _____

3. CHOOSE A GRAPHIC: (Check or Circle one)

- Shofar Apple/Honey Dove Star



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We can't silence them. But we can try and soften their impact on the lives of the Israeli children and families living under their blare. That's why the Jewish Federations of North America are mobilizing a communal response to the situation in Israel.

On July 7, Israel launched Operation Protective Edge to intensify defensive efforts against Hamas. To date, approximately 1,000 powerful rockets have been fired on Israeli cities from Gaza. Three-quarters of Israelis lie within their range.

The Jewish Federation of St. Joseph Valley is asking for your support for this campaign.

How will your generous donation help?

1. Get more than 40,000 children out of the shelters ... at least for a day. For the more than 40,000 children who live within 25 miles of Gaza, the current situation is not a flare-up. They have spent the last 13 years under fire. We can help provide a day of relief for children living in the primary zone of fire in a quieter region. Your donation will help fund day camps and special classes to provide diversion activities.

2. Help the Most Vulnerable

For the elderly and the infirm, the 15-second siren warning is not long enough to make it to a shelter. For now, some must live in them. For others, the senior centers and community centers that provide food and comfort during ordinary times are now inaccessible. Food and medicine must be delivered to them. All this requires a more agile organizational infrastructure and extra hands for the agencies to provide this assistance. Your donation will help fund these efforts.

3. Fund Trauma Support for a Growing Population Under Fire

For most people the damage of continued rocket fire is not just physical. It is impossible today to know the extent of the psychological impact on residents of the south who have lived through 8,000 rocket attacks over the last 13 years. And now, because of the expanding geographic scope of affected areas, people living in the center of the country are also facing this extreme stress. Your donation will help fund the growing need for Trauma Counseling.

4. Provide Flexible Assistance for Communities Hardest Hit by the Conflict.

Local leadership performs the first level of triage for the needs of individual communities. With this new outburst of violence they are facing dramatically increased needs. Your donation will help meet the needs of the population most deeply affected.

Donate online at www.thejewishfed.org or mail checks made out to the Jewish Federation with "Stop the Sirens" in the memo line to 3202 Shalom Way, South Bend, IN 46615.