

# OUR COMMUNITY NEWS

Jewish Federation of St. Joseph Valley, Inc. 3202 Shalom Way, South Bend, IN 46615

Volume 10, Number 5

January 2016 / Tevet-Shevat 5776

## Super Sunday bumps up annual campaign total to \$434,300

Campaign chairs David Ravitch and Ina Roseberg are pleased to report that the 2016 Jewish Federation Campaign is 85% complete following our week long phon-a-thon.



While we do have a dollar goal to reach to be able to continue our life-giving work, our greater goal is 100% participation by all Jewish families in the community. When we work together in solidarity with one another, we strengthen our whole community. **Make your pledge online today at [www.thejewishfed.org](http://www.thejewishfed.org).**

## The “Next Generation” is taking off *by Rowan Kelley*



Dor Chadash and their families at Four Winds Field in South Bend on July 22, 2016.

The Young Adult and Family program here at the Federation is really picking up speed! Since we started 8 months ago, we have had a fantastic variety of networking, community building, and social action events drawing interest from across our 21-45 year old Michiana Jewish community. From the South Bend Cubs game outing, to an evening at the Federation in the Sukkah, to our recent tour of Steve Ross’ Virtuoso Distillery, good times are had by all.

I have been amazed to witness how eagerly people from across our community have been willing

to jump in and be involved with our program. It has also been heartwarming to see the caring and compassion that our younger Jewish community wishes to share. In October, through our Wine, Canvas & Poker event, we were able to raise and donate over \$500 to the Federation’s Kosher Food Pantry. And in December, our young adults and young families, in conjunction with PJ Library and JFS, visited the seniors at Tanglewood, bringing the light of Chanukah with them. I am very excited to see what good actions we will bring to the community in 2016!

Many of our events have low cost babysitting, so our younger parents can get out and spend time with the community, instead of having to say no because of last minute babysitting cancellations. I have been very grateful that some of the community’s teens have been willing (and very capable) to babysit for our events. And having our kitchen manager, Samara, prepare awesome and kosher snacks and meals for us makes our events accessible for everyone!

Also, we have a name! Thanks to a suggestion from Yuval, our community Shaliach, we can now call ourselves Dor Chadash, Hebrew for “Next Generation.”

Of course, no group name is complete without a logo, so we have one of those too!



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**Our Community News**

Volume 10, Number 5

January 2016

Tevet—Shevat 5776

**Jewish Federation  
of St. Joseph Valley**

3202 Shalom Way

South Bend, IN 46615

Phone: 574-233-1164

Fax: 574-288-4103

Web: [www.thejewishfed.org](http://www.thejewishfed.org)**Terry Feldbaum**, President  
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Program Associate (Ext 119)

*Our Community News* is published monthly by the Jewish Federation of St. Joseph Valley for the Jewish community in Michiana.

## From the desk of the Executive Director

Hello Jewish Michiana,

Welcome to 2016! I hope everyone had a chance to take a breath and enjoy a little free time at the end of December before the secular New Year began. I know it was very busy here at the Federation and my entire staff has been looking forward to the calm that this time of year seems to bring.

Our campaign is doing well so far and I am happy to announce we are exactly on track for the year and progressing well. As long as we continue to get our outstanding pledges in, the Federation will be able to continue to offer all the services and support that Jewish Michiana and all of our partner agencies around the world have come to depend on. If you have not yet gotten your pledge in, please do so, as every little bit is important. If you feel particularly passionate about something we do, you can designate that your gift be allocated to that project that is most important to you.

Over the last year the Federation has

had many opportunities to work with the other Jewish entities in Michiana, and I really want to thank them all for being such great partners. So please allow me to personally thank the professional staff, clergy and lay leaders of Sinai Synagogue, Temple Beth-El, Temple B'nai Shalom, Midwest Torah Center, Hebrew Orthodox Congregation, Hebrew Orthodox Cemetery, South Bend Hebrew Day School, Michiana Jewish Historical Society and my entire staff, board of directors and all of our marvelous volunteers. You are all the best team I could have hoped to work with and I am happy to be among you.

So, in honor of all of you and the Star Wars fever that is once again sweeping the nation, and in honor of my favorite comedic writer, I say to all of you: May the Schwartz Be with You.

L'Shalom,



Ben Davis

## The "Next Generation" is taking off *(continued from page 1)*

We've pretty much got it all!

My thanks to Megan New, Sarah Feldbaum, and Larissa Hertzberg, our current Dor Chadash planning committee, as well as to everyone else who has helped us get this endeavor off the ground. So, if you're 21-45 and haven't been involved with any of our activities yet, or have an idea for something you'd like to see, please let me know. On behalf of the group, we'll look forward to seeing you soon!

*Rowan Kelley is our Youth and Family Programming Associate and can be reached at 574-233-1164 x 106 or [rkelley@thejewishfed.org](mailto:rkelley@thejewishfed.org).*



**Dor Chadash enjoys a taste of fine spirits at Steve Ross' Virtuoso Distillery on Tuesday, December 15, 2015.**

**Jewish Federation  
OF ST. JOSEPH VALLEY**

*The mission of the Jewish Federation of St. Joseph Valley is to serve the Jewish people—locally, in Israel, and throughout the world—through coordinated fund raising, community-wide programming, social services, and educational activities.*



## Needle Arts Group

Jewish Family Services would like to thank the Needle Arts group for their continued donations of hand made blankets, scarfs, hats, and so much more. Your gifts and talents are truly appreciated.

**Our Needle Arts Group meets on  
Thursdays (by-weekly): 10:30 AM – 12:00 PM**

Our Needle Arts Group knits, crochets, does needle point or other projects. We welcome all skill levels, provide instruction, and can supply materials if your project goes to charity. You can bring your own project, help us with our charity projects, or come to learn.

For our Jewish Family Services we need: hats and scarves for children to adult sizes, men and women. If you prefer more involved projects, we also are looking for dish cloths (100% cotton), ponchos and slippers.

If you only have time to knit or crochet some squares of 5x5", we will gladly assemble them into blankets. Please drop off your hand-made donations at the Federation. If you have questions, please contact Monika Wayne at 574-233-1164 x 119

Upcoming schedule: January 14 and 28, February 11 and 25, March 10 and 24.

## Federation Book Club



In December we could not finish the discussion about **All the Light We Cannot See**, so we decided to talk about the second part of this book in January. Please note the changes to our reading list:

**January 11, 2016: All the Light We Cannot See**, by Anthony Doerr

**February 8, 2016: Go Set a Watchman**, by Harper Lee

**March 7, 2016: Henna House**, by Nomi Eve

**April 11, 2016: Beautiful Ruins**, by Jess Walter

Join us for all or any of these book discussions. For questions and suggestions please contact Monika Wayne at mwayne@thejewishfed.org, or 574-233-1164 ext. 119

## A call for Yiddish!

Our Forever Learning program has had a few requests for a Yiddish class next year. We are looking for a teacher of a beginning Yiddish class during one of our FLI semesters. If you or someone you know could help us out, please contact Monika Wayne at 574-233-1164 ext. 119, or mwayne@thejewishfed.org.

## Forever Learning

If you are interested in joining any of our classes, please contact Monika at 574-233-1164, ext. 119 or by email at mwayne@thejewishfed.org.

**Winter classes to be held at the  
Jewish Federation will be:**

### Old Time Ballroom Dancing

**Taught by Kate Shoupe**

**Thursdays, 1:00-2:30 PM from January 14 – March 10**

Old Time dance uses dance steps arranged in a short sequence of moves that all the partners perform at the same time. Ballroom dances include the Waltz, Polka, Two-Step, Schottische, Cha Cha, Rumba, Foxtrot, Tango, Swing, and Mazurka. We also dance old time Squares, Contras, and Circles. Very popular in Great Britain, Old Time Dance is easy to learn, a sociable experience, and an enjoyable form of exercise. Come and take a whirl on the dance floor!

### Israeli and European Folk Dance

**Taught by Kate Shoupe**

**Mondays, 11:00-12:00 PM from January 11 – March 8**

Circles, Lines, Partners, Solo – there are many forms of folk dance. This class introduces steps and patterns from several traditions, including those that contributed to the development of modern Israeli dance. Learn to dance steps like the grapevine, Yemenite, Tcherkassia, syrtos, racenitsa, and kolo. Rhythms familiar and unfamiliar, and songs and melodies from all over Europe and the Middle East, inspire the dance.

Kate Shoupe has taught dancing for 35 years, and enjoys sharing the exhilaration and satisfaction of dancing with others.

### NEW: Basic Exercise Without Stress

**Taught by Sally Liu, M.Ed**

**Tuesdays and Thursday 11:00-to 11:50 AM  
From January 5-February 25.**

Are you looking for enhanced flexibility, balance, and muscle tone? Come join our group as we maneuver through basic exercises for life. The group meets two times a week on Tuesdays and Thursdays. Bring hand weights, bottled water and a resistance exercise band.

All classes are \$45. You can register by contacting Monika Wayne at 574-233-1164 x 119 or by email at mwayne@thejewishfed.org. Checks should be made payable to Forever Learning Institute.



## Caring Connections

## Let's Do Lunch! *By Stephanie Scharf*

Eating together in community has proven to be beneficial to mental health for many reasons. When we share a meal, in addition to nourishing ourselves physically, we are also connecting to one another in a way that can foster a feeling of belonging that is absent when we eat alone. This is especially true in a faith community, where shared values and culture underscore the importance of the meal.

It is for this reason that one of the most popular programs offered through Jewish Family Services is our twice-monthly lunch pro-

gram. Once a month, we offer a Holiday Lunch, with a theme that reflects whatever Jewish holiday is applicable. Special foods and prayers are a part of the festivities. During the months when there is no holiday, we celebrate Rosh Chodesh, or create a Jewishly-themed context to the meal. We also celebrate the month's birthdays at this time, as a way to share the joy of our guests' simchahs.

Our second lunch offering is our monthly "Lunch and Learn". At this lunch, in addition to the Kosher meal, there is an educational

presentation by a speaker. Our topics for Lunch and Learn vary greatly, and often lead to a discussion that may continue long after the program has ended.

Our Kosher meals, lovingly prepared by Samara Gold, are overseen by our mashgiach Shaya Gold. Tremendous work is put into each dish, and much planning goes into the meal to assure that it is healthful, attractive, and most importantly, delicious.

As meaningful as what we serve is how we serve it. It is important that our tables look inviting, with fresh

flowers and colorful tableware, because the message we wish to convey is that our guests matter to us, and so we want to make the décor look pleasing to their eyes.

These communal meals remain an integral and important part of the sense of community that Jewish Family Services wishes to foster. We encourage all community members to join us as we deepen our relationships to one another and to our faith as we break bread together.

## January Lunches

**RSVPS are requested for all lunches in order to ensure we have prepared enough food for all participants. You can RSVP by calling 574-233-1164 or by email to [emilyb@thejewishfed.org](mailto:emilyb@thejewishfed.org)**

### Lunch 'n' Learn

**Wednesday, January 6 at 12:00 PM**

Mary Beth DiGann, yoga instructor in South Bend and Granger, will be speaking to us about the benefits of incorporating yoga practices into our daily lives. Ms. DiGann specializes in helping those with chronic pain, and will share with us techniques that have given relief to many.

### Tu B'Shvat and January Birthday Lunch

**Wednesday, January 20 at 12:00 PM**



We'll enjoy a dairy lunch honoring Israel's National Birthday of the Trees and featuring the 7 special species of Israel. Look for foods on our menu that include the following: grapes, figs, dates, pomegranates, olives, wheat, and barley. Presentation by our Federation Shaliach, Yuval Shacham, who will share with us the environmental needs and concerns of the State of Israel. Cost for this meal is \$5 with an RSVP and \$6 for walk ins to be paid at the door.

## Babies, Tots 'n' Blocks



Children 0-5 and parents are invited to join us from 9:30–11:30 AM for playtime, crafts, and story time. For more information contact Lizzie at 574-233-1164, ext. 104 or email [lfagen@thejewishfed.org](mailto:lfagen@thejewishfed.org).

Babies, Tot's 'n' Blocks will meet once a month during the months of January through May. We will expand on the theme of the month, through play, story, song, and refreshments!

**Please note the following dates!**

**Monday, January 11th – Tu B'shvat**

**Monday, February 15th**

**Winter weather and clothing**

**Monday, March 14th - Purim**

**Monday, April 11th - Passover**

## Monthly Senior Jewish Programming

Join our Jewish Family Services social workers, Stephanie Scharf or Lizzie Fagen at:

**Holy Cross, January 7th at 1:30 PM or**

**Tanglewood, January 21st at 1:30 PM**

for food and conversation around the theme of our environment and Israel's National Birthday of the Trees.

Hope to see you there!



## What We Learned

### About Financial Elder Abuse

On Sunday, November 22, Jewish Family Services presented their 6th annual Day of Learning at the Federation. The topic of this year's program was entitled *Last Will and Embezzlement: Financial Elder Abuse*. Our program began with a discussion led by JFS social worker Stephanie Scharf, who spoke about the top ten financial scams targeting seniors. These scams include health insurance fraud, telemarketing and internet schemes, as well as many others that prey on the vulnerabilities of the elderly. Many audience participants shared their own stories of how their loved ones had been taken advantage of in this way.

A brief film, "Last Will and Embezzlement," was shown which highlighted how Mickey Rooney experienced financial abuse in his later years by movie industry moguls who did not pay him for royalties

earned in his movie-making career.

Following this, Wendall Walsh, a local attorney with many years of experience in providing legal advice to elderly clients, spoke to the group about seniors being exploited by their families and others. Barbara Diskowski, Project Director for Alzheimers and Dementia Services in St. Joseph County spoke about how declining cognition and memory in seniors can put them at high risk for exploitation. Both speakers answered questions from the audience.

The day concluded with Rabbis Karen Companez, Michael Friedland, and Fred Nebel sharing their insights about elder abuse as it relates to Torah and other religious teachings.

Jewish Family Services wishes to thank all who contributed their expertise to make our day of learning worthwhile and our time together meaningful.

## Kosher Food Pantry

A huge *todah rabah* as always for all the generous donations from the community. A gentle reminder....Please remember to check all expiration dates on donated food items to make sure that they are passed the expiration date. **Thank you SO much.**

### Featured Item of the Month:

Grocery gift cards in \$25 increments! Stores our community members utilize: Aldi's, Martins, Midwest Kosher Deli, Meijers, Krogers, and Wal-mart.



## Social Visitation

JFS is currently in the process of recruiting B'tzelem (JFS) volunteers to visit with our elderly or ill in their homes, senior living facilities, or medical facilities. Please contact either Stephanie Scharf or Lizzie Fagen, at 574-233-1164 if you are interested!



Reggie Lowenhar with her dog, Bailey, and community member, Alice Schuster during a recent home visit.



Jewish Family Services, PJ Library participants, and our Young Adults joined Tanglewood residents to celebrate Chanukah.



## Coming to our Gallery in January

### Jelly: The Fluid Imagination of Aaron Sandock

Artist's Opening Reception

Sunday, January 10, 2016 2:00 – 4:00 PM

On exhibit through February 25, 2016



#### Artist's Statement:

While snowed in during the long, hard winter months of 2013/2014, I began experimenting with different acrylic mediums. I became fascinated with the fluidity of mixing acrylic ink and gesso (a pouring medium). The flow, lines, color and freedom expressed in my pieces made me want to experiment deeper into this flowing art form that I refer to as "pouring"...and that is what I did. Pouring has given me the

opportunity to let go of my rigid perception of perfection and allow myself to truly enjoy the outcome.

Each piece is unique and its beauty is found in the eyes of the beholder. My art speaks for itself and its message is discovered by the viewer. Every time some-

one observes my work they interpret something different. It is the reaction of others that inspires me to continue creating. The observations of others has given me an unintended fulfillment. I find a special beauty in the different interpretations of my pieces.

I have been inspired to expand my pours from the canvas to other non-flat surfaces. I am experimenting on furniture (tables, bar tops, chairs, and mirrors) and other objects such as; motorcycle gas tanks, lamp shades, skateboards, guitars, car hoods, sides of buildings, playing cards, and more.

I am influenced by everything I see, feel and experience. I connect colors and shapes with sounds, music and emotions which I weave into a conglomerate of meanings and healing. My pours are comprised of ingredients from what I consider my "stew of life"; being a single father, a musician, my career, my struggles; my celebrations; and everything in between.

~ Aaron Sandock

## Save these dates!!!

The Community Relations  
Committee is proud to present:



Dan Goldwin,  
Midwest Regional Director  
for AIPAC  
**Thursday, February 11th  
at 7:00 PM**

### 2016 Community Purim Carnival

Sunday,  
March 20, 2016



Games – Prizes – Food –  
Hamantashen – and more!

We need volunteers to help us plan and organize  
a great Carnival to celebrate Purim! Call Yuval at  
574-233-1164 if you'd like to help.



## 2016 Campaign: Answering the Call on Super Sunday



Jill Ross explains why she gives to Federation.

**QUESTION?** How do you respond to a donor who asks: *"What do you want? Do you just want my money again?"*

**ANSWER:** What do I want?

- ♦ I want all Israelis to live in safety.
- ♦ I want safe Jewish communities around the world.
- ♦ I want support for Jewish families living with special needs.
- ♦ I want assistance for our elderly.
- ♦ I want renewed interest in Jewish life by our young adults.
- ♦ I want accessible Jewish education for all.
- ♦ I want thriving Jewish communities in countries where Jewish life has all but disappeared.
- ♦ I want all of this – all of this and more. And, it can only happen if the Jewish community supports the effort.
- ♦ I want to tell every one of our donors and every potential donor what I want and also tell them that many organizations do some of this, other organizations do none of this. **FEDERATION does ALL OF THIS** – and with your help – because you care, we care. We build and we save, one person at a time, every day.
- ♦ I want your help because I cannot do it alone.

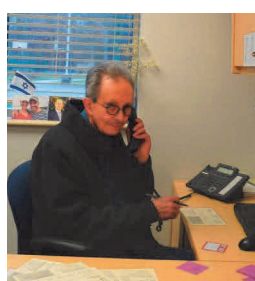
*Thanks to Debra Levenstein, Women's Philanthropy Development Officer at the Jewish Federation of Greater Metrowest New Jersey in response to a donor asking on the phone: "What do you want? Do you just want my money again?"*

**At the Jewish Federation of St. Joseph Valley**, we believe that no child should go to bed hungry. That every senior has the right to live with dignity. And that all Jews should be able to live – both locally and anywhere in the world – without fear of persecution.

You can help with this mission by making a pledge to the 2016 Annual Federation Campaign. Wherever there is a Jewish Community, Federation is at work, and so are you! Rebuilding. Supporting. Strengthening. Changing Jewish life for the better in so many ways.

**Make your pledge today! Online:**

[www.thejewishfed.org/ways-to-give](http://www.thejewishfed.org/ways-to-give) or mail your check payable to Jewish Federation of St. Joseph Valley, 3202 Shalom Way, South Bend, IN 46615.



## From the desk of Israeli Shaliach

This month we are welcoming 2016. Every new beginning is always exciting, and in Hebrew we say, *Kol sof hu hatchala shel mashehu chadhash*, every ending is a beginning of something new.

All beginnings are difficult, but is the ending any less difficult? If not, where is the fun? Where is the joy?

Personally, it's always special to start a new beginning. The fun is in the great friend that was once a total stranger, and you ask yourself, "How come I was too shy to say hello at the beginning?" The fun is accomplishing something and remembering how hard it was at the beginning. The fun is seeing the flower grow after you planted it as a seed. The fun is seeing the result of the diet and thinking about how you were when you

began it. The fun is in seeing your kid grow and becoming successful, and remembering how nervous you were when they didn't do their homework. The fun is in seeing the actual speech after it began with just one sentence and zero ideas. The fun can be everywhere and all the time. It's all a matter of the right attitude.

Every day is a new beginning. Isn't it nice to think that tomorrow is a new day with no mistakes in it? Since I came here to South Bend - this is my attitude. Every day is an opportunity for me to give this amazing community from myself and to learn from each one of you every day something new.

I know I'm still in the middle of my journey here, and now it's not the beginning and not the end but I'm really enjoying the pro-

cess in every day.

Don't wait to the end before you see what you've done, enjoy all the way and embrace the beginning. This way the new beginning will always look brighter. So, what is so hard about beginnings? Is it the new faces? New systems? New partner? New teacher or students?

Maybe you need to get used to something new or change something you loved.

Maybe you feel older, or feel like you need to prove yourself from the beginning, again.

A new beginning, that leads me to my "new" story. The story of new. A new country, new language, new people, new job, new home, new life, just new.

I didn't imagine that this beginning will be so awe-

some. I hope that the rest of my time here in 2016 will be just like the time I've been here in 2015. I hope that the kids and youth of our community will keep being so great and involved.

I hope that personally my life will keep being great around all of the amazing people in our community. I hope we will continue to strengthen and support together my beautiful country Israel like we have for many years more.

I hope for a better world in 2016, without wars, terrorism and evil.

I hope for peace to the world. I hope for peace for Israel. I hope for a great year for our community, with many happy moments, health and good times together. Happy 2016!

## Partnership 2Gether

On December 20th five of our local teens joined 70 teens from our Partnership 2Gether Consortium for a 10 day tour of Israel.

Check out our February paper for pictures from their trip!

Pictured: Shoshana Stein, Nathan Cholak, Naomi Freil, Dylan Duke, Jacob Gotlieb from Fort Wayne, Andrew Wayne and Abbee LaPlace.





## Telling Our Story

### Joe Ziker, the Cleaner *by Mort Ziker*

My story begins in Russia at the turn of the 20th century. Morris Ziker was my paternal grandfather and is my namesake. He died in Russia when my Father, Joseph Ziker, was six years old, and my grandmother Rose raised seven children by herself. Conditions for Jews living in Russia at the time were oppressive, and for that reason many of them left the country. Joseph Ziker left Russia by himself about 1914. He was called Joe on the ship, and he continued to use that name for the rest of his life.

Joe Ziker first lived in McKeesport, PA, about 20 miles from Pittsburgh. His mother and siblings followed him to America. They learned English quickly on their arrival in America and eventually moved from Pennsylvania to Indiana.

Ziker moved to Culver, IN to pursue work as a tailor at the Culver Military Academy. He enjoyed meeting the young cadets and fitting them for custom made uniforms and altering old ones. As a young businessman, he aspired to move ahead in his profession and spoke to vendors about possible career opportunities in the cleaning and pressing of garments. One of those vendors told Ziker about the growing community of South Bend, IN and encouraged him to make a move. At that time, South

Bend was a growing industrial community that made automobiles, farm equipment, and other products for World War I.

Joe Ziker moved to South Bend about 1920 and opened a tailor shop on the 600 block of Portage Avenue. He named his first business "Square Deal Tailors." His services included repairing, altering, and making new garments, along with accepting dry cleaning and pressing of all ladies' and men's garments. As time passed, Charles Wattles, who was a friend from the Culver days, helped Ziker attract new customers, to include the South Bend Fire Department. Ziker became the official tailor of the Fire Department, repairing and fitting firemen for new and used uniforms. He then bought a small two-story building at 251 E. Sample St. in South Bend. Ziker's younger brother, Harry opened a butcher shop on the first floor of the building, and the brothers shared an apartment on the second floor of the building for several years.

During this time Ziker began meeting some of the young ladies in South Bend. By 1925, he met his future mate, Mollie Siegel, who lived a normal young lady's life including teaching piano and writing poetry. They were married on July 5, 1925. I was born in South Bend on June 25, 1926 at Epworth Hospital

(now Memorial Hospital). I was named Morton after my paternal grandfather, Morris Ziker.

Sometime in the early 1930s, Ziker moved the business to the 900 block of South Michigan Street, close to the Gilbert's Men's Clothing Store. Gilbert's was very successful, and the store achieved national recognition for the volume of business they did annually. Their slogan "One Man Tells Another" became a national trademark. Gilbert's planned to expand and needed the Ziker space. Forced to find a new location, Ziker relocated his business to a central downtown location in the 200 block of North Michigan Street, next to the Granada Theater.

At this time the business became known as "Joe Ziker, the Dollar Cleaner."

Ziker continued to outsource the dry cleaning and pressing to a wholesale dry cleaner because his expertise was in the tailoring and pressing of men's and women's garments. Ziker dressed professionally and always wore well-tailored and well pressed clothes.

Joe Ziker decided to get further involved in the South Bend community by joining the Masons, which was a service organization that included many business, professional, and political members. This all-male service organization was active in community affairs and had a large membership.

Business was good in downtown South Bend. The downtown merchants knew each other, and the business environment was

*Turn to ZIKER on Page 11*



**Everyone has a story to tell, and we would love to hear your story and help you record and/or write it.** You can keep your completed stories private or you can give us permission to publish it. To assist you,

we have Gabrielle Robinson, author of several books, Maggie Goldberg (MJHS), and Monika Wayne, Program Associate.

To make an appointment, please contact the Federation or Monika Wayne at 574-233-1164, [mwayne@thejewishfed.org](mailto:mwayne@thejewishfed.org).

*Telling Our Story is a cooperative effort of the Jewish Federation of St. Joseph Valley and the Michiana Jewish Historical Society.*

## Ziker (Continued from page 9)

friendly. Rubin Cleaners was located across the street from the Ziker store in the 200 block of North Michigan St. When a store at Jefferson St. and Lincolnway East became available, Rubin decided to move to that location. Ziker then decided to move into the old Rubin Cleaners store. The move across the street made a big difference to Ziker because of the increased foot traffic. It placed "Joe Ziker the Cleaner" in the direct footpath of people walking to and from the South Shore Train Station.

The Ziker business now shared the same side of the street as the LaSalle Hotel, police station, Palace Theater, and an antique and jewelry store. The new location included a larger storeroom and basement, which allowed for additional services. The move to the more commercial side of the street was successful. "Joe Ziker the Cleaner" was in a bustling row of businesses and no longer

faced a competitor across the street.

At this time, Ziker introduced several new services. The cleaning and blocking of men's and ladies' hats was a good investment for "Joe Ziker the Cleaner." It required a large investment in equipment and employee training, but proved to be popular because men and women wore hats as part of their daily attire. The department was successful for many years as Ziker continued to increase the tailoring, dry cleaning, and pressing business. Ziker also began offering valet services for guests at the hotel as well as the permanent residents who lived in the hotel. In addition, Ziker added dressing rooms that were available to customers who wanted to wait while their garments were pressed.

This story continues as Ziker Cleaners has expanded through the decades and operates dry cleaning stores throughout the area today.

The Jewish Federation expresses its appreciation for the generous donations made to the

**Feldbaum Family Charitable Fund**

**In honor of Alan Feldbaum's Retirement**

Timothy & Mary Ann Abeska	Elizabeth L. Adey & Mark Adey
Lisa & Brian Casey	Janilyn & Philip Daub
Amy & Joel Duthie	Timothy Emerick
Angela & Philip Faccenda, Jr.	Alicia & Joseph Fullenkamp
Kari & Gerard Gallagher	Melody & Robert Grand
Patricia & Glenn Killoren	Elizabeth & Tracy Knox
Maryellyn & Michael Knight	Douglas Robson
Laura & Phil Seng	Frances Shavers & George Horn
Jr. Penny & John Smarrella	Holly L. Troeger & J Scott Troeger
Denise & Peter Trybula	Rikki & James Tuelsey
Sandra & Nelson Vogel, Jr.	Claudia Sue & Michael Watkins
Jeanine Gozdecki Wright	

## Memorial Contributions to Jewish Federation Designated Funds

*We welcome contributions to our various funds listed below. Individual acknowledgment cards are sent for each contribution.*

Debby Barton Grant Campership Endowment Fund  
 Friends of The PJ Library  
 Jewish Federation Exec. Director Discretionary Fund  
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#### In Appreciation to the Community:

The family of Dr. Marvin Mishkin extends sincere thanks for the many thoughtful and generous contributions made in his memory.



## Est Gezunterhait (Eat in Good Health)

### Pumped-Up Popcorn *by Deena Abraham*

If I write that the popcorn recipe below is one of my favorites, it might sound a bit odd. For some reason it doesn't seem like popcorn should rank so high up on the favorite list. Then again, if I listed my "favorite" recipes it would be a really long list. Not just a few things. Maybe I could do it by category. Favorite chicken recipes. Favorite cookies. I could probably keep it to three per category. Maybe.

What category would popcorn fall into? I guess favorite snacks. I make popcorn fairly often. It's easy to make and it makes a lot. It is much healthier than sugar-laden sweet snacks. I have an air popper but usually just make it in a big pot on the stove. I have never tried this recipe using popcorn that was made in a microwave oven, so I don't know if that works well or not.

To a certain extent, I think of popcorn as being party food. It's fine for an after school snack if I'm making it plain with a bit of salt. But a seasoned recipe like the one below would be reserved for special occasions. Looking for something to bring to a super bowl party? This recipe yields a big bowl of delicious popcorn.

#### PUMPED-UP POPCORN

12-15 cups popped popcorn  
 ¼ c. oil  
 8 cloves garlic, crushed  
 1-2 tsp. chili powder  
 ¼ tsp. cayenne pepper  
 Salt, to taste

Put the oil, garlic, chili powder, and cayenne pepper in a small pot. Heat over low and cook for five minutes. Toss with popcorn. Season with salt.

#### Notes:

1. The original recipe called for ¾ of a cup of oil. This seemed really excessive to me, so I reduced the amount to ¼ of a cup. If you think it is too little, feel free to use more oil.

2. Garlic really mellows as it cooks. The popcorn will not taste obviously garlicky. Once I served this popcorn at an event and one of the guests thought it was sweetened with sugar. I explained that the taste wasn't actually sugary but garlicky. If you aren't a fan of garlic, don't assume that this recipe isn't for you.

3. The amount of chili powder varies per your taste. I use closer to the minimum amount. If you prefer hot and spicy, use more chili powder. Cayenne packs even more punch than chili powder, so don't be too generous with it.



## Don't miss these events with Rebbe Hill!

Friday, January 8 through Sunday, January 10

#### FRIDAY NIGHT ONEG

Oneg Shabbos at the home of Ted and Razel Lerman at 8:45 PM, "Mission Possible," the journey of Hollywood actor Steve Hill's return to his Jewish roots.

#### SHABBOS AFTERNOON STORYTELLING

An entertaining and inspiring Shabbos afternoon story at the home of Shlomo and Naomi Esther Lerman at 4:00 PM. For girls of all ages and boys from Kindergarten and down.

#### AVOS U'BANIM

Get ready to be uplifted as Rebbee Hill entertains us with his world-famous storytelling! Avos U'Banim begins at 7:30 PM with a slightly extended program until 8:45 PM!

#### SUNDAY MORNING

Rebbee Hill Main Event at HOC! Come one and all from 10:00 to 11:00 AM Sunday morning... Experience the ultimate in storytelling as Rebbee Hill keeps us spellbound with an exciting and the motivating Rebbee Hill story.

For more information on any of these weekend events, please contact Jonathan Berman at 773-633-6754.



## SHARE ONE OF YOUR FAVORITE RECIPES

If you have a recipe to share, please send it my way! You can send recipes to me at [dsabraham@ameritech.net](mailto:dsabraham@ameritech.net) or call me at 287-8872. If you prefer, mail recipes to me at 2926 Erskine Blvd., South Bend, IN 46614.

## South Bend Hebrew Day School

South Bend Hebrew Day School's annual Chinese Auction fundraiser will be held on Saturday evening, January 30th. Come out for an exciting social evening!

The auction features countless prizes divided into four categories based on value. Some of the more popular prizes are \$500 cash, a \$1,000 Visa card, tickets to Cubs and White Sox games, luggage, laptop computer, iPad and gift certificates to Amazon, Meijer, Martin's, Target, and other local stores, and a Golden Tate autographed Notre Dame helmet.

The \$18 ticket package includes a light all-you-can-eat buffet. (Additional tickets can be purchased.) Advance ticket purchase is available if you cannot attend on the 30th.

For more information, call the South Bend Hebrew Day School office at 255-3351.

## Hebrew Orthodox Congregation

Some Torah learning opportunities at HOC:

Evenings:

~Sunday through Thursday, 8 PM: STUDY PARTNERS  
Choice of topics including Chumash, Mishna, Navi, Gemorah. Rabbi Rephael Pollack, coordinator.

-Tuesday night Class for Women, 7:30 PM:  
CHUMASH IN-DEPTH, taught by Rabbi Meir Bulman  
~Thursday night Torah class for Men, 10:00 PM

MAHARAL SHIUR, taught by Rabbi Meir Bulman

Mornings:

~Monday through Friday, 6:05 AM: DAF YOMI,  
Mesechta Gittin, taught by Rabbi Meir Bulman

~Monday through Friday, 6:20 AM: TALMUD STUDY  
Mesechta Succah, taught by Rabbi Ephraim Goldstein.

~Sunday, 9:00 AM: TALMUD STUDY GROUP,  
Mesechta Megilah, taught by Rabbi Dovid Abraham

Daily Minyan Schedule: Please go to [hocsouthbend.com](http://hocsouthbend.com)

## Temple Beth-El

January events at Temple Beth-El:

- Thursday, January 7, 5:30 PM – Book Group “The Lady in Gold” by Anne-Marie O’Connor. Discussion led by Nanci Wilford.
- Friday, January 15<sup>th</sup>, 5:30 PM – Shabbat service followed by dinner and a movie “Joachim Prinz: I Shall Not Be Silent” sponsored by Kurt & Tessye Simon Foundation.
- Friday, January 22<sup>nd</sup>, 5:30 PM – Mega Teen Mission to Israel participants speak about their experiences during Shabbat service
- Monday, January 25, 5:30 PM: Women’s Torah Study

## Midwest Torah Center

**New Class: THE 6 CONSTANT MITZVOT – Wednesdays, 7 PM.** Most know that as Jews, we have 613 mitzvot. But, we cannot always fulfill all of them. What is not as well known is that there are 6 constant mitzvot that we have an opportunity to fulfill, and must, 24/7. Which are they, you ask? You’ll have to come and find out.

The book that is being used is published by Artscroll and is aptly entitled The 6 Constant Mitzvos.

**New Class: STUDIES IN THE WEEKLY TORAH PORTION – Thursdays, 7 PM.** In this study of the weekly portion, we attempt to understand or at least formulate an idea as to why Hashem wanted us to know the particular story or law in the Torah. While there will certainly be topics that are prepared, what you bring to class, via questions or observations is what will make this class potentially outstanding! Please join us as often as you can for what can be a great class.

**New Class: CRASH COURSE ON PRAYER – Sundays, 11 AM.** Beginning on Sunday, January 31, at 11 AM, there will be a 5-week class on prayer. It will explore why we pray, the structure of prayer, delve into some of the prayers meanings, and, in general, try to develop a positive feeling towards prayer. The text for this course will be the Artscroll siddur. This course is open to everyone.

**SAVE THE DATE! TORAH CENTER BANQUET – JUNE 5TH.** The long awaited banquet is back. This time it will be on our own grounds showcasing our renovations and visions for the future. Stay tuned for more information.



# Jewish Federation Community Calendar ♦ January 2015 – Tevet–Shevat 5776

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>27</b> 15 TEVET	<b>28</b> 16 TEVET	<b>29</b> 17 TEVET 12:00 PM Russian Club	<b>30</b> 18 TEVET 4:00 PM FLI Hebrew	<b>31</b> 19 TEVET 2:15 PM FLI German	<b>1</b> 20 TEVET Federation Office Closed	<b>2</b> 21 TEVET
<b>3</b> 22 TEVET	<b>4</b> 23 TEVET	<b>5</b> 24 TEVET 12:00 PM Russian Club 11:00 AM FLI Exercise Class	<b>6</b> 25 TEVET 12:00 PM January Lunch & Learn 1:30 PM MJHS Family Tree 2:00 PM FLI Hebrew 4:00 PM FLI Continuing Hebrew	<b>7</b> 26 TEVET 1:00 PM MJHS Archive 2:15 PM FLI German 6:00 PM Young Adult Bar Night	<b>8</b> 27 TEVET Federation Office Closes at 3:00 PM 8:45 PM Rabbi Hill Oneg at home of Ted Lerman	<b>9</b> 28 TEVET 4:00 PM Rabbi Hill Story Telling at home of Shlomo Lerman 7:30 PM Rebbe Hill Avos U'Banim
<b>10</b> 29 TEVET 2:00-4:00 PM Artist Reception for Aaron Sandock 10 AM Rabbi Hill Main Event at Hebrew Orthodox	<b>11</b> 1 SHEVAT 11:00 AM FLI Israeli/European Folk Dance 12:00 PM Book Club ROSH CHODESH	<b>12</b> 2 SHEVAT 12:00 PM Russian Club 11:00 AM FLI Exercise Class	<b>13</b> 3 SHEVAT 2:00 PM FLI Hebrew 4:00 PM FLI Continuing Hebrew	<b>14</b> 4 SHEVAT 10:30 AM Needle Arts 11:00 AM FLI Exercise Class 1:00 PM FLI Old-time Ballroom Dancing 2:15 PM FLI German	<b>15</b> 5 SHEVAT OCN January Deadline Federation Office Closes at 3:00 PM	<b>16</b> 6 SHEVAT VA'ERA
<b>17</b> 7 SHEVAT	<b>18</b> 8 SHEVAT 11:00 AM FLI Israeli/European Folk Dance	<b>19</b> 9 SHEVAT 12:00 PM Russian Club 11:00 AM FLI Exercise Class	<b>20</b> 10 SHEVAT 12:00 PM Holiday Lunch 1:30 PM MJHS Family Tree 2:00 PM FLI Hebrew 4:00 PM FLI Continuing Hebrew	<b>21</b> 11 SHEVAT 11:00 AM FLI Exercise Class 1:00 PM FLI Old-time Ballroom Dancing 2:15 PM FLI German	<b>22</b> 12 SHEVAT Federation Office Closes at 3:00 PM	<b>23</b> 13 SHEVAT 10:30 AM Temple Beth-El Sisterhood Shabbat
<b>24</b> 14 SHEVAT 5:30 PM SaBaBaH	<b>25</b> 15 SHEVAT 9:30 AM Babies, Tots, 'n' Blocks 11:00 AM FLI Israeli/European Folk Dance 6:00 PM Young Adults Tu B'shvat Seder	<b>26</b> 16 SHEVAT 12:00 PM Russian Club 11:00 AM FLI Exercise Class	<b>27</b> 17 SHEVAT 2:00 PM FLI Hebrew 4:00 PM FLI Continuing Hebrew	<b>28</b> 18 SHEVAT 2:15 PM FLI German	<b>29</b> 19 SHEVAT Federation Office Closes at 3:00 PM	<b>30</b> 20 SHEVAT 8:30 PM Hebrew Day School Annual Chinese Auction
<b>30</b> 20 SHEVAT				<b>7:00 PM Board Meeting</b>		<b>BESHALLACH</b> Shabbat Shirah
						<b>YITRO</b>

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Dor Chadash

## Bar Nights!

**Thursday, January 7  
at 6:00 PM at Bar Louie  
6501 Grape Road, Mishawaka**

Young Adults (ages 21-45) are invited to join our Dor Chadash group at Bar Louie, at University Park Mall for a drink after work! Please RSVP by January 6th.

**Tuesday, February 16 at 6:00 PM  
At Crooked Ewe Brewery  
1047 Lincoln Way East, South Bend**

Don't miss our second Bar Night of the year! All young adults 21-45 are invited to join us for a beer and a bite. Please RSVP by February 15th.

## Dor Chadash Family Friendly Tu B'Shevat Seder Monday, January 25 at 6:00 PM

The Young Adults group will be celebrating Tu B'shevat with a seder at the Jewish Federation. We'll be raising money to plant trees in Israel. We'll decorate pots for our own plants, and enjoy a wonderful Seder, with kosher food provided by the Jewish Federation. Our Seder will be family friendly, so bring your kids!

Cost for this event is \$10 for adults and \$5 for kids!

RSVPs are requested by Friday, January 15 to help ensure we have enough crafts and food for everyone.



For all Dor Chadash events, you can RSVP by contacting Rowan at 574-233-1164, ext. 106, by email at [rkelly@thejewishfed.org](mailto:rkelly@thejewishfed.org), or in our Young Adults' Facebook Group.