

## Partnership between the Jewish Federation and the Forever Learning Institute

Forever Learning Institute (FLI) offers the spring classes listed below at the Jewish Federation. Each course is \$ 45.00, unless otherwise stated. **Scholarships are available through the FLI (574-282-1901). FLI also offers special rates for snow birds.** You can register at FLI: on-site at 54191 Ironwood Rd., South Bend, IN 46635, **February 21 - 23, 2017**; online at [www.foreverlearninginstitute.org](http://www.foreverlearninginstitute.org); or via **mail**. When registering please use the class code listed with course description. Classes begin the week of March 6, 2017.

### Mondays

**American Mahjong** 12:00-2:00 PM  
#SP22JFM

**Taught by Anita Fishman, long-time instructor**  
Mahjong is a game that originated in China. It is commonly played by 4 players around a square table using numbered tiles. Similar to the card game rummy, Mahjong is a game of skill, strategy, and calculation, and it involves a degree of chance. It can be learned in 6-8 sessions. Mahjong tiles and instruction folders are provided by the Jewish Federation. A small fee of \$2 will be collected for the materials during the first class. Class meets **Mondays** and **Thursdays**.  
March 6 - March 30 Min 4 Max 12 8 sessions

### Tuesdays

**Beginning German** 1:30 - 2:30 PM  
#LG1JFT

**Ron Cosner, retired high-school teacher of German**  
This class studies the foundations of German grammar and vocabulary: listening speaking, reading and writing. No textbook is needed. A fee of \$5 for handouts is required and payable at the first class.  
March 7 - May 9 (**No class on April 11 and April 18 because of Passover.** The instructor will offer makeup lessons.)  
Min 4 Max 12 10 sessions

**Beginning Russian** 4:30-5:30 PM  
#LR1JFT

**Karla Cruise PhD, former instructor at Notre Dame**  
This class is for the absolute beginner. No textbook needed. A copy fee of \$5 is required and payable at the first class.  
March 7 - May 9 (**No class on April 11 and April 18 because of Passover.** The instructor will offer makeup lessons.)  
Min 4 Max 12 10 sessions

### Wednesdays

**Sit and Be Fit** 11:00 AM-12:00 PM  
#HF18JFW

**Jim Fischhoff, long-time instructor**  
Sit and Be Fit is an exercise class in which the work-out is done sitting in a chair using weights, tubes, bands and balls. The exercises can also be done standing up, according to the fitness level of the individual participant. This class works on muscle conditioning and strength as well as on flexibility, which are important for fall prevention, stamina and improvement of life quality. Equipment is provided by the Jewish Federation. Please wear comfortable clothing.  
March 8 - May 10 (**No class on April 12 because of Passover.** Instructor will offer a make-up class.)  
Min 4 Max 20 10 sessions

## Forever Learning Partnership Spring Class Schedule

### Partnership with the Forever Learning Institute continues

Brushing up on old skills and learning new ones helps our brains to stay sharp and powerful. Learning in a group setting has so many more benefits for the individual. It brings friendship, camaraderie, shared spiritual reflection, intellectual growth, and social interaction. The Federation's partnership with the Forever Learning Institute will offer days filled with such opportunities.

The Jewish Federation has been partnered with the Forever Learning Institute since fall 2014, and has provided dozens of classes to local community members over the age of 50, both Jewish and non-Jewish. We are pleased to present the Spring Class Schedule and invite both you and your friends to take part in one of the many learning opportunities.

**Graphic Novels-Modern Fiction** 2:00-3:00 PM  
#Lit32JFW  
**Ben Davis, Executive Director of the Jewish Federation**

Open yourself up to a whole new world of literature that uses sequential art in addition to dialogue and prose to tell stories and epics of ALL types! "Graphic Novel" is a format, not a genre. Graphic novels can be: history, dark dramas, crime noir, romantic comedy, whimsical fantasy, science fiction and nonfiction, just to name a few. The first class will be going over the format and brief introduction to this centuries-old art form. No preparation or previous experience is required. The "textbook" for the class is the graphic novel: *Understanding Comics: The Invisible Art* by Scott McCloud (available at most libraries). Come explore a whole new world of literature!

March 15 - May 17 (No class on April 5 and 12. Make-up class on May 17 after FLI semester ends.)  
Min 4 Max 12 8 sessions

**Hebrew 103** 2:00-3:00 PM  
#LH3JFW

**Efrat Naor, Israeli emissary to the Jewish Federation**  
This Hebrew class is for participants who know the Alef-Bet. The class is studying Hebrew grammar, speaking and reading and uses the textbook *Ha-Yesod - Fundamentals of Hebrew (English-Hebrew Edition)*, by Luba Uveeler and Norman Bronznick, available on Amazon.com. Please join us for the first session to see if this class is the right level for you.

March 15 - May 10 (No class on April 12 because of Passover. Instructor will offer a makeup class.)  
Min. 4 Max. 12 10 sessions

**The Evolution of God** 3:15-4:15 PM  
#SR88JFW

**Rabbi Rob Weber**  
This course will describe and discuss how mankind has viewed God and how our perceptions have evolved over the course of humanity's existence.

- 1) Did our hominid ancestors have a spiritual view?
- 2) How did early civilizations understand the divine?
- 3) How did the advent of a single deity come about?
- 4) How has modern man changed the perception of God?

March 8 - March 29 Min 4 Max 20 4 Sessions

**Famous Sea Voyages** 3:45-4:45 PM  
#H9JFW

**Alan Dowty, Notre Dame Professor Emeritus**  
Some of the greatest tales of the sea are the *true* accounts of exploration, discovery, mutiny, mystery, and disappearance that mark nautical history. The course will cover Ferdinand Magellan's first circumnavigation of the world, Captain Cook's legendary voyages in the Pacific, the incredible story of mutiny on the Bounty, the tragic mystery of John Franklin's lost expedition, the surprisingly unknown expeditions of Chinese Admiral Zheng He, and the heroic story of Ernest Shackleton's Antarctic expedition. Designed as talks on cruise ships, these presentations should be of special interest to those who have traveled or will travel on the sea, especially in the Pacific region.

March 8 - May 3 (No class on April 12 because of Passover.)  
Min 4 Max 20 8 Sessions

**Thursday**

**Genetics** 10:00-11:00 AM  
#SN10JFTh

**Elliot D. Rosen, retired scientist and professor at the Indiana School of Medicine**  
This course is organized in 5 sessions and will cover the following topics:

- 1) Central Dogma in Genetics: The Developing Understanding of the Biochemical Basis of Heredity.
- 2) Genetic Engineering
- 3) Controversy Regarding Genetically Modified Organisms
- 4) Human DNA Sequencing - Promise of Personalized Medicine
- 5) Nature vs. Nurture. Reading materials will be provided for an additional fee of \$2 payable during the first class.

March 9 - April 6 Min 4 Max 12 5 sessions

**Beginning Crocheting and Knitting** 10:30-11:30 AM  
#AC1Th

**Monika Wayne**  
This class is for the beginning crocheter or knitter. We will start with making some fun coasters and then create a scarf or another medium size project to learn the basics of those two needle art forms. For materials please call Monika Wayne at 574-233-1164, ext. 119.  
March 9 - May 11 Min 2 Max 6 10 sessions

**Continuing Beginning French** 11:30 AM -12:30 PM  
#LF2JFTh  
**Rowan Kelley**  
This course is an introduction to French, its grammar and vocabulary. The students will practice listening, speaking, reading and writing skills. The instructor will use the textbook *Easy French, Step-By-Step*, by Myrna Bell Rochester (McGraw Hill) available at Amazon.com or at Barnes and Noble.  
March 9 -May 11 Min 4 Max 12 10 Sessions

**American Mahjong** 12:00-2:00 PM  
#SP22JFTH  
**Anita Fishman, long-time instructor**  
Please see Monday's class description for details.  
This class meets on **Mondays** and **Thursdays**.  
March 6 - March 30 Min 4 Max 12 8 sessions

**Oh Joy - More Rapture Unforeseen: More Operettas from Gilbert & Sullivan** 1:45-4:45 PM  
#M11JFTh  
**Ron Hellenthal, PhD, Notre Dame Professor Emeritus**

The unlikely pairing of Arthur Sullivan, one of Britain's most acclaimed composers, with brilliantly witty lyricist W. S. Gilbert, resulted in nearly 5,000 London performances of 14 comic operettas between 1871 and 1896 that forever changed the nature of musical theatrical productions. Drawing on the best of a large library of recorded performances, we will view and discuss films and video performances based on G&S operettas such as those produced by British and Hollywood studios, performed by U.S. and Canadian theatrical companies, Opera Australia and the Carl Rosa Opera Company (England), and performances recorded from International Gilbert and Sullivan Festivals and produced for television by the British Broadcasting Corporation (BBC). We will see parody performances of some of the best known G&S songs and "patter songs" such as "I am the very model of a modern major general" from *The Pirates of Penzance* and "I've got a little list" from *The Mikado*. We will review Gilbert's librettos, the contemporary meaning of his words and phrases, and consider the origin, context and reception of each production.

March 9 - May 11 Min 6 Max 16 10 sessions

**Intermediate German** 2:00-3:00 PM  
#LG3JF  
**Monika Wayne**  
This course continues to study German grammar, vocabulary, and practice all language skills: reading, writing, listening and speaking. The instructor is using the textbook *German Made Simple* by Arnold Leitner, PhD, the same book that is used in the Intermediate German class, taught by Bertha Gunn. We also use a lot of additional handouts for reading and grammar practice. A copy fee of \$5 is required and payable at the first class. New students are welcome. Call Monika @ 233-1164 ext. 119 for more information.  
March 9 - May 11 Min 4 Max 12 10 sessions

**Friday**

**Origami and Japanese Culture** 10:00-11:00 AM  
#AC13JFF

**Rie Yamazaki and Yukako Sakaue**  
Learn about the art of paper folding and Japanese culture. A fee of \$3.00 for the Origami paper is payable at the first class. The class meets on March 10, 17, 24, 31 and on April 21, 28. Min 4 Max 12 6 sessions

**Sit and Be Fit:** 1:00-2:00 PM  
#HF18JFF

**Jim Fischhoff, long-time instructor**  
Sit and Be Fit is an exercise class in which the workout is done sitting in a chair using weights, tubes, bands and balls. The exercises can also be done standing up, according to the fitness level of the individual participant. This class works on muscle conditioning and strength as well as on flexibility, which are important for fall prevention, stamina and improvement of life quality. Equipment is provided by the Jewish Federation. Please wear comfortable clothing.  
March 10 - May 12 Min. 4 Max 12 10 sessions