

General Information

Today's Date ____/____/____

Participant's Name _____ Date of Birth ____/____/____

Address _____ Apt/Suite # _____

City _____ State _____ Zip _____

Contact Information

Email Address _____ Primary language _____

Phone: Home Phone _____ Cell Phone _____

Emergency Contact _____

Phone (_____) _____ Relationship _____

Medical Conditions/Allergies _____

How did you hear about us? Coach/Staff ___ Flyer/Ad ___ Online ___ Email ___ Friend ___ Other ___

Referred by: _____

Shorefront Y guests are urged to secure their personal belongings in one of our lockers. The Shorefront Y is not responsible for any items stored in the locker room. You must bring your own lock. Appropriate sports attire is required for all classes. Social distancing and proper mask wearing required at all times.

Participation Waiver (over age 18)

I understand the nature of sports activities and the experience and capabilities necessary and believe myself to be qualified, in good health, and in proper physical condition to participate in such activity. I hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless the Shorefront YM-YWHA from all liability claims, demands, losses, or damages, caused or alleged to be caused in whole or in part by the negligence of the "Shorefront YM-YWHA" or otherwise, including negligent rescue operation and further agree that if, despite this release, I or anyone on my behalf makes a claim against the Shorefront YM-YWHA, I will indemnify, save, and hold harmless the Shorefront YM-YWHA from any litigation expenses, attorney fees, loss liability, damage, or cost any may incur as the result of any such claim.

____ (Initials here) I give permission to the Shorefront Y to take photographs and video footage me and/or members of my family and to use the photographs and video to publicize the Shorefront Y and its activities in print, web and other forms of media advertisement.

My signature below attests that I have read and understand the above policies and agree to their content.

Signature _____

Date ____/____/____

Agreement for Limited COVID-19 Release

As you are aware, the COVID-19 pandemic has resulted in a national state of emergency. During the crisis, Shorefront YM-YWHA is taking extra precautions to address the direct threat of COVID-19 to our program participants, visitors and employees. Some special activities to protect everyone include:

- Performing extra cleanings of the facility, including workstations, restrooms, waiting areas, equipment and supplies;
- Requiring PPE, including face coverings or face masks for program participants, visitors and employees
- Upgraded HVAC ventilation filters to MERV 11 (the highest level of filtration that our equipment can use)
- Requiring employees to regularly hand wash;
- Requiring social distancing when possible;
- Providing wipes and sanitizer throughout the facility.
- Deeply clean and sanitize the facility at the close of all programming.

Even with our enhanced and ongoing safety precautions, we cannot guarantee that they will protect everyone from COVID 19.

Due to the nature of our work and the uncertainty of the spread and contagion of COVID-19, the Shorefront YM-YWHA is requiring that each all program participants and guest agree to and sign this limited COVID-19 waiver and release for themselves and their children in programming.

Agreement for Limited COVID-19 Release

1. I am aware that there are risks associated with me and/or my child contracting COVID-19 by entering the Shorefront YM-YWHA facility or receiving services from the Shorefront YM-YWHA during the COVID-19 pandemic associated with entering the facility and/or being in contact with our employees and the facility during the COVID-19 pandemic.
2. On behalf of myself and/or my child, I knowingly assume all possible COVID-19 exposure risks, both known and unknown, relating to my presence in the facility or receiving services from organization
3. I hereby forever release, waive, relinquish, and discharge the Shorefront YM-YWHA, along with its owners, officers, directors, managers, employees, agents, insurance carriers or other representatives, and their successors and assigns (collectively, the "Shorefront YM-YWHA Representatives"), from any and all claims, demands, liabilities, rights, damages, expenses, and causes of action of whatever kind or nature, and other losses of any kind, whether known or unknown, foreseen or unforeseen, in any way related to the COVID-19 pandemic, (collectively, "Damages") as a result of me and/or my child being a program participant, visitor or guest of the organization or receiving services from the Shorefront YM-YWHA, all limited to claims based on the alleged exposure to the COVID-19 virus because of any actions or inactions of any Shorefront YM-YWHA Representative. I further promise not to sue or bring any claims against the Shorefront YM-YWHA, based upon any alleged exposure to COVID-19 during any Shorefront YM-YWHA visit.

READ CAREFULLY --BY SIGNING THIS DOCUMENT YOU MAY GIVE UP IMPORTANT LEGAL RIGHTS.

Minor Name Printed Name _____

Parent/Guardian Printed Name _____

Signature _____

Date ____/____/____

Private Swimming Lessons	
Lessons are available by appointment only.	30 Minutes - \$65.00 per class
	45 Minutes - \$85.00 per class
	60 Minutes - \$105.00 per class
Semi-Privates (Two Persons) are also available.	45 Minutes - \$145.00 per class 30 Minutes - \$100.00 per class
Classes must be registered and paid for at least 24 hours in advance.	

Fitness Center	
1 hour time slots are \$7 per session	
Monday- Friday	Cleaning schedule
7:00-8:00am	8-8:15am
8:15-9:15am	9:15-9:30am
9:30-10:30am	10:30-10:45am
10:45-11:45am	11:45-12:00pm
5:00-6:00pm	6:00-6:15pm
6:15-7:15pm	7:15-7:30pm
7:30-8:30pm	8:30-8:45pm
Reservations and payment must be made and paid for at least 24 hours in advance.	

Swimming Pool	
1 hour time slots are \$7 per session	
Monday- Friday	Cleaning schedule
1:30-2:30pm *LADIES HOUR*	2:30-2:45pm
10:30am-11:30am *COED SWIM*	11:45am
Monday & Wednesday	
9:15pm-10:15pm *COED SWIM*	10:30pm
Tuesday & Thursday	
8:30pm-9:30pm	9:30pm
Reservations and payment must be made and paid for at least 24 hours in advance.	

Upon Entry: As part of the health screenings, Shorefront Y staff will perform: temperature checks using non-contact thermometers (with a temperature 100.0°F or higher will not be able to enter the building.) Everyone the building will have to complete a health screening questionnaire. Mask must be worn properly at all time in the building. Staff and participants must maintain at least six feet of distance from others while awaiting health screenings. Screeners and individuals being screened must wear face coverings if they can medically tolerate them.

