



Shalom 11|18

The Journal of the Reading Jewish Community published by the Jewish Federation of Reading/Berks

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Shabbat B'Yachad

Ruth Messenger: Empowering the community

By Margo Levin

During the week of Oct. 1, we welcomed Ruth Messenger to the Berks County community. Ruth was invited by the Jewish Federation of Reading to share her insights about issues important to our community, state and country. Ruth is a tireless advocate and social change visionary. She mobilizes faith-based communities throughout the United States to promote human rights. She previously served on the State Department's Religion and Foreign Policy Working Group and is currently a member of the World Bank's Moral Imperative Working Group on Extreme Poverty. She served as the CEO of American Jewish World Service (AJWS), an international human rights and development organization dedicated to promoting social justice in the developing world from 1998 to 2016.

The overriding theme of Ruth's message to our community had to do with encouraging people from different backgrounds to work together to accomplish social and political change. On Oct. 3, Ruth spoke at the Youth Summit held at the Miller Center for the Arts at Reading Area Community College, where she talked about the power of 18 and how young people can change the world through the power of youth voting. The event at the Miller Center was sponsored by the Jewish Community Relations Council (JCRC) in partnership with the Reading based Centro Hispano. High school and college students attended and had the opportunity to view a telling and moving video of an interview involving Stoneman Douglas



Ruth Messenger with Sen. Judy Schwank during a community meeting held at Centro Hispano in Reading.

High School students, which focused on how young adults can make a real difference by voting irrespective of their background and political leanings. On Oct. 4, at an event also sponsored by the JCRC and the Centro Hispano, a diverse crowd was on hand when Ruth met with members of the Reading community for a luncheon at the Centro Hispano in downtown Reading and talked about

immigration issues. Though the topic at hand was immigration, Ruth emphasized the importance of coalition building when it comes to addressing any social or political issues on which people have differing views and she emphasized the overriding importance of taking prompt and decisive initial action to address a specific issue or concern as opposed to simply agreeing to meet to formulate a possible plan for a future meeting. Ruth provided the audience with a number of examples from her own life. Following the lunch, Ruth had an opportunity to meet with community leaders including Sen. Judy Schwank, Centro Hispano Executive Director Michael Toledo and Yamil Sanchez Rivera of the United Way of Berks County, as well as other luminaries from the community.

That evening during the finale of her Reading visit, Ruth spoke to an attentive crowd at Reform Congregation Oheb Sholom about the mission of the AJWS and the efforts it makes around the world to help developing countries. Earlier in the evening Ruth met with leaders of the Berks County Jewish community and had an opportunity to learn about our history and the issues confronting us at this time and to share some insights with us.

One important take away she made clear was as follows: Every social issue is a Jewish issue and because of our values we must act on them. Ruth emphasized the critical importance of reaching out and working with those whose opinions may differ with your own or whose ideas you may not fully understand. By doing so, real social change can be accomplished.

Your Opinion Matters!

You're invited to be part of an online survey for the Jewish Federation of Reading/Berks. It is an outgrowth of conversations and meetings with community members over the past six months.

Your participation is important. We want to hear from as many community members as possible. Your insights can create new initiatives and continue programs. You will help meet the needs of our diverse community and keep us connected.

A link to the survey is on Federation's website ReadingJewishCommunity.org.

Thank you for participating and moving our community forward.

With appreciation,



Survey closes November 7th.



Take time to consider your Jewish legacy

By **Richard Nassau**
Development Director

Rabbi Abraham Joshua Heschel wrote: "The tasks, begun by our ancestors ... are now entrusted to us.

When we think of charitable giving, we first think of the current needs of our community. These everyday needs cannot be overlooked. If you haven't yet made your Community Campaign gift this year — please take time now to go to ReadingJewishCommunity.org and make your gift. Your contributions connect us and show the power of community.

Take time to also consider securing the future of our Jewish community, one that ensures needs will always be met. Imagine this solid financial future. One that is possible for our community because legacy gifts are helping to provide necessary resources in our Jewish future.

Each one of us has the power to leave a Jewish legacy — one that fulfills our passions



and dreams. It can also be a gift that carries on the legacy of those who came before us. Consider the importance of the legacy from your parents and now how important it is to your family and your children.

A legacy can create a positive Jewish community full of life, connections and new traditions.

Creating your legacy is a highly satisfying experience. You are ensuring a Jewish future and providing a way for your legacy to live-on. In fact, it is considered one of the highest forms of tzedakah. Adding a charitable bequest in your will provides funds for future programs; funds which can only come to the community after your lifetime.

Legacies are also an opportunity to share your values with your family. You can engage them in your plan, speak to them about the things that are important to you, connect them to the community and empower them to carry on your vision.

Your legacy allows you to continue making the world a better place. It is a gift that will remain a permanent part of our Jewish community.

If you have already included a legacy gift in your will or estate plans, THANK YOU! Let us know so we can thank you now and recognize your commitment.

If not, consider what creating your Jewish legacy can do:

- It enables you to fulfill your philanthropic vision and allows you to support specific needs in the Jewish community;

- It provides critical resources for our agencies, synagogues and community to meet unforeseen challenges and build for the future;

- It creates a strong and secure future for generations to come.

Today is a good day to decide what your legacy will be.

For a confidential, no-obligation conversation or for more information send an email to RichardN@JFReading.org or call me at 610-921-0624 to learn more about Creating Your Legacy.

Please remember Federation and the Jewish community with a gift in your will, trust, retirement account, or life insurance policy.

Save money with IRA qualified charitable distribution

By **Richard Nassau**

If you are over the age of 70½, donating directly from your traditional IRA to a qualified charity such as the Jewish Federation of Reading/Berks can satisfy your RMD (required minimum distribution) and lower your taxes.

You can do this because the IRS allows qualified charitable distributions (QCD) to be excluded from your adjusted gross income. The Federation and other public charities are eligible to receive these IRA distributions. You can transfer a portion of your RMD to Federation and withdraw the balance for yourself. You'll need to be careful, because if the distribution is made payable to you, even if intended for use as a charitable donation, the IRS does not consider that to be a tax-free distribution.

Any amount you receive would need to be included in your adjusted gross income. The IRS also does not allow you to make distributions to a donor advised fund, even if it is with a public charity or a private foundation.

There are other advantages to making a qualified charitable distribution. There is no minimum required amount that you must transfer to the charity. (Some IRA accounts do have internal minimums.) You don't need to itemize deductions. The QCD transfer is excluded from your income. You can transfer amounts to a charity above your RMD. The maximum annual tax-free amount allowed by IRS is \$100,000.

Make sure to ask the administrator of your IRA about the process for making a qualified charitable distribution. Procedures vary from

firm to firm, and the end-of-the-year is a busy time for many IRA administrators. It is recommended you start the process at least 30 days before year-end.

Make sure to also contact the charity about the QCD transfer from your IRA. This alerts Federation and others to your gift, allowing us to properly acknowledge it to comply with IRS guidelines for qualified charitable distributions.

For more information, email RichardN@JFReading.org or call Richard Nassau at 610 921 0624.

This material is for informational purposes only. It is not intended to provide or be relied upon for, tax, legal or accounting advice. You should always consult your own financial advisor to determine if a qualified charitable distribution is right for you.

New hate and old: ADL on extremism

By **Amanda J. Hornberger**

The Glass Leadership Institute session I attended in October focused on extremism Led by a professional from the ADL's Center on Extremism (COE), participants learned about the changing face of American white supremacy.

ADL's Center on Extremism is the agency's research and investigative arm, and a clearinghouse of valuable, up-to-the minute information about extremism of all types—from white supremacists to Islamic extremists.

For decades, COE analysts have tracked extremist activity in the U.S. and abroad, assisted law enforcement with countless investigations and helped disrupt and prevent multiple terror attacks. COE law enforcement trainings provide officers with the information they need to protect our country—and themselves—against extremist violence. In fact, COE is one of the top non-governmental organizations to give information on extremism to the FBI.

One example given of the rise of extremism is an increase in posting flyers or stickers by white supremacist groups. In the past year each state in the union has had an instance of flyering by an extremist group. One such group that hung flyers here in Berks is Identity Evropa, a self-identified American Identitarian organization, whose objective is to create a better America for people of European heritage (per the organization's Twitter post on March



Examples of the messages sent by the white supremacist group Identity Evropa

7). You may have heard of Identity Evropa thanks to an ill-conceived piece on NBC's "Today" show on Oct. 17 (www.washingtonpost.com/arts-entertainment/2018/10/18/swastikas-gift-wrap-today-show-accused-helping-white-nationalist-group-sanitize-its-racism/?utm_term=.e189f986407f).

According to the COE's latest report on extremism, "modern white supremacist ideology is centered on the assertion that the white race is in danger of extinction, drowned by a rising tide of non-white people who

are controlled and manipulated by Jews". Thus organizations like Identity Evropa have been created, boasting of returning to "European" ancestry and values. The groups do not explicitly say that they are white supremacist, but clearly that is their intent. Most are anti-immigrant, pro-white and pro-Christian.

The professional from COE showed us pictures from the past year of stickers from Identity Evropa posted on the campuses of Kutztown University and Penn State Berks, which were photographed and then posted on Twitter. As recently as Oct.11, Identity Evropa stickers on Drexel's campus were posted on Twitter. The goal of this type of flyering is to encourage others to join the movement.

Luckily for us, the COE has resources to combat these groups and educate the public on hate groups. The ADL's website contains two great resources: the hate symbol database (which shows you current symbols of hate groups...many unrecognizable to the untrained eye) and the H.E.A.T. Map (hate, extremism, anti-semitism and terrorism).

The ADL H.E.A.T. Map is the first-of-its-kind interactive and customizable map detailing extremist and anti-Semitic incidents around the nation. You can use this map to learn about incidents in our area and throughout the country. The Center on Extremism with its many valuable resources is just one of the many programs funded and supported by the ADL.

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Book of Life

Letter of Intent



**DONATE NOW
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JEWISH
COMMUNITY
CAMPAIGN**

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ReadingJewishCommunity.org

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today!**

From the President's Desk

Shabbat celebration a great example of community teamwork

By William D. Franklin
President

On Friday, Oct. 12, our Shabbat B'Yachad community members were scheduled to celebrate Shabbat. Unfortunately, several homes were affected by a water-main break and did not have safe water. As a result, the venue had to be changed at the last minute. Everyone rallied to help. It was a great example of the power of community and engagement. People brought pre-warmed food and dessert. Small tables were set up for the children. Lena Bluestone and Simon Seesengood, the two oldest children, led everyone in reciting the blessings over the Wine and Challah. Everyone LOVED the new youth lounge — especially the two dozen children who ran to the chalkboard wall.

Everyone chipped in later and helped to clean up. They were delighted with the specialness of the evening. Even though we are into the third year of our Shabbat B'Yachad community, there were many new faces. New



bonds were formed, and old friends came together in a new way to celebrate Shabbat.

We thank our Board for continuing this special Shabbat program even after the initial grant expired and for supporting the new youth lounge renovation. Our thanks also to Ken and Maralyn Lakin, who donated the large screen TV for it in loving memory of Ed Lakin. This room is available for birthday parties, youth movie and game nights and baby yoga classes. I know that Amanda Hornberger is also working to create more programs for youth and community get-togethers. In September the JFR Board approved funding of an updated 3-5-year strategic plan. Focus groups are the first step in that process. Initial results affirm the desire of our members to be part of a Jewish community. One of the primary goals of the strategic plan development will be to determine what and how we can best accomplish that.

I am happy that JFR's facilities could be part of this wonderful Shabbat and look forward many more such great events to write about.

What a great way to start our New Year!



The JCC youth lounge chalkboard was a big hit at Shabbat B'Yachad.

The king and I — Community leader meets Jordan's monarch

By Michael Fromm

A few days prior to the opening session of the 73rd United Nations General Assembly held in New York in September, I got a call from David Bernstein, CEO of the Jewish Council for Public Affairs (JCPA), with the following question: "Would you like to join a small group of Jewish lay leaders at a meeting tomorrow with King Abdullah II of Jordan?"

I assure you this is not an everyday occurrence for me. But as chair-elect of JCPA — the policy apparatus for 16 national Jewish organizations and coordinator of 125 Jewish Community Relations Councils across the U.S. — I suspect these opportunities may soon come more frequently. Needless to say, I jumped at the invitation.

I was familiar with King Abdullah, but far more so with his late father, King Hussein, who in 1994 with the help of President Bill Clinton, famously negotiated the Israel-Jordan Peace Treaty with Prime Minister Yitzhak Rabin, which greatly reduced hostilities between the two countries and improved Jordan's relationship with the U.S.

King Abdullah is an influential peacemaker in his own right and is known for promoting interfaith dialogue. Having spent most of his early career in the military, today he is regarded as a political moderate and a sponsor of economic reform. Although Jordan is a constitutional monarchy, the king retains wide domestic executive and legislative powers. Externally, he has been instrumental in coordinating an important exchange of expertise among regional and global governments to fight terrorism and violent extremism through the Aqaba Process, a series of annual meetings launched in 2015.

On Sept. 21, I ascended to the 36th floor of the Mandarin Oriental Hotel in New York along with delegates from other national Jewish organizations. We entered the outer hall of a conference room that was equipped with a large U-shaped table, on which name cards and microphones had been placed in front of each seat. The collective expression of panic when we were asked to surrender our cellphones was at once pathetic and comical. We were arranged in a receiving line, waiting for the king and his wife, Queen Rania, to enter. To my right was AIPAC's president and to my left was the board chair of J-Street, the irony of which was not lost on me. While we waited, small talk consisted mainly of kvetching about the Yom Kippur fast that week. At least

we all had that in common.

In a flurry of activity, King Abdullah entered the hall with his entourage and began making his way through the line of expectant visitors, stopping to personally greet and be introduced to each of us. Dressed in a dark suit, he looked like he could have been anyone ... perhaps a businessman. That is, except for the aforementioned entourage. As he made his way in my direction, I wondered — a little too late — what one says to a king, since I seldom chat with royals. I mustered, "It's a pleasure to meet you, Your Majesty," surely a safe bet but by no means memorable.

When we were all settled at the conference table, King Abdullah introduced his wife, as well as Jordan's Prime Minister and Ambassador to the U.N., before making some introductory remarks. Having attended prep school in England and the U.S., his English is impeccable and his oratory skills impressive.

Also a consummate diplomat, King Abdullah described Jordan's relationship with Israel as "complicated". While there are bilateral issues that need to be worked out, he said, the two countries are generally collaborative, particularly on security and other common regional threats (i.e. Iran). But he quickly pointed out that cooperation today between the two countries does not extend in any meaningful way to cultural or economic exchange. And yet, with a landlocked geography, he freely admits that any significant opportunities for Jordanians are linked to free and open commerce with Israel.

For this reason, and because it is home to more than 2 million Palestinians, Jordan surely has a vested interest in the peace process. Abdullah acknowledges that, ultimately, he will be an important interlocutor once the much-anticipated U.S. plan is circulated among Arab leaders. But in the meantime, the reality on the ground, he said, is that the burden of absorbing more than 1 million Syrian refugees diverts attention from the Israeli-Palestinian conflict.

Listening to the king articulate his concerns, it was clear that his otherwise sophisticated world view is informed by an Arab narrative. He professes to want peace but admits to being skeptical of hard-line positions he attributes to the current Israeli and U.S. administrations. "Beating up on one side," he said, "won't move the issue forward."

Asked about the West Bank,

Abdullah asserted, as he did with President Donald Trump during an official visit to the U.S. in February 2017, that continued expansion of Israeli settlements would not be helpful in achieving peace.

He further opined that a recent politically-charged announcement that the U.S. would end funding to the United Nations Relief and Works Agency (UNWRA), which ostensibly provides social services to Palestinian refugees in Gaza, the West Bank, Jordan, Syria and Lebanon, would "hinder our ability to educate the children, thereby sending them to the streets to become easy recruitment targets for ISIS and other extremist groups." For its part, the U.S. State Department has called UNWRA an "irredeemably flawed" agency that has perpetuated the Palestinians' refugee status since 1949.

But on the subject of Jordan's role in helping to reduce instability in the region, Abdullah was disarmingly forthcoming. He stressed the need for collaboration with Israel and the US to exploit developing tensions between Russia and Iran, and pledged his support for efforts to subdue the rise of radical groups like Hezbollah and ISIS that have gained strongholds in Syria since rebels seized control of the southwestern region, which shares

borders with both Jordan and Israel. "No country is more committed to peace than Jordan," Abdullah solemnly concluded.

People have understandably asked me why the king of Jordan would take time from his busy U.N. Week schedule to meet privately with a small group of American Jewish leaders. I've thought about this question and believe that the discussion served several important purposes. Firstly, I would observe that Abdullah understands the value of public relations, especially given that most of his Arab counterparts don't appear to care what the rest of the world thinks.

Alternatively, he is seen as a clear-thinking leader who genuinely wants (and needs) a collegial relationship with Israel and the U.S. I also sensed that he appreciates the role of American Jewish organizations in shaping perspectives on Middle East policy and, specifically, Jordan's importance as a facilitator of regional security and stability.

And lastly, recognizing the pivotal role of the US in the peace process, I think Abdullah sees his country's economic viability as being directly tied to serious and effective negotiations between the Palestinians and Israelis, and the ultimate establishment of a two-state solution to end the conflict. On this subject, I suspect the king is eager to talk to anyone who's willing to listen.

Shalom

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Indian cinema theme for November film in series

By Amanda J. Hornberger

Did you know that the 2,000-year-old Indian Jewish community helped shape Bollywood, the cinema industry in India, when it began more than 100 years ago. Learn more about this unique relationship in the 2018 documentary “Shalom Bollywood” at the Reading Jewish Film Series. “Shalom Bollywood” will be shown on Wednesday, November 28 at 7 p.m. at FOX EAST, 4350 Perkiomen Avenue, Reading (next to Boscov’s East).

When Indian cinema began, it was taboo for Hindu and Muslim women to perform on screen, so for decades, Indian Jewish women took on female lead roles. Infused with music and dancing, the cheekily told documentary unabashedly oozes Bollywood as it uses film motifs to drive the narrative.

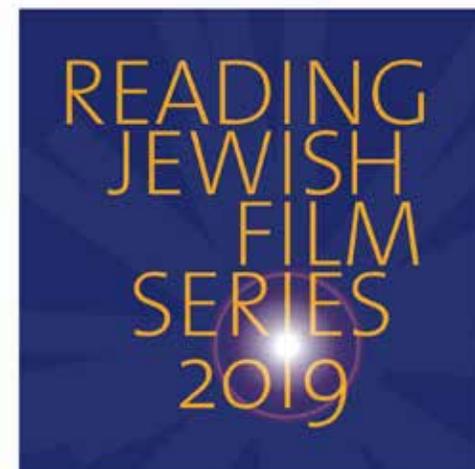
Told through the lives of “nice Jewish girls” who became icons at the heart of Indian cinema from the turn of the 20th century to the present day, the film highlights Sulochana (aka Ruby Myers), arguably the greatest female superstar of Indian cinema and Pramila (aka Esther Abraham) who became the country’s

first Miss India.

By exploring the story of the Jewish Bollywood greats, “Shalom Bollywood” also explores the theme of interfaith relations. In what is described as a land without anti-Semitism, the Jewish stars married Muslims and Hindus, harmoniously sharing in each other’s customs, as religious differences were put aside in the pursuit of a shared goal and passion: making great films. “Shalom Bollywood” is told with humor and insight and challenges the common understanding of what we mean by being a Jew and Indian.

The 2019 Reading Jewish Film Series is co-sponsored by the Rubin Educational Fund of the Jewish Federation of Reading and Fox Theatres. Admission is \$5 per film or \$25 for the series of six films. All films will be shown on Wednesday evenings at 7 p.m. at FOX EAST. Tickets can be purchased at the theater beginning at 6:30 p.m. the day of the screening, and series tickets can be bought at the JCC. Cash and checks are accepted.

The complete list of dates and films for the Reading Jewish Film Series can be found below:



Nov. 28 — “Shalom Bollywood: The Untold Story of Indian Cinema”

Jan. 9 — “An Act of Defiance”

Feb. 6 — “And Then She Arrived”

March 6 — “Scandal in Ivansk”*

April 10 — “Heading Home: The Tale of Team Israel”

*Special event following screening

PJ Library participants learn about fire safety, meet local heroes



PJ Library offered a special tour of the Wyomissing Fire Department on Oct. 7 in honor of National Fire Prevention Week.

Firefighters taught the children about fire safety, allow children to try on firefighting gear and provide a tour of the fire tools and equipment.

To show our gratitude to our local firefighters families were asked to bring in a new or used coat for the Wyomissing Fire Department’s annual Coats for Kids Drive.

PJ Library of Reading provides free Jewish-themed books and holds special events for local children. The local program is generously sponsored by the Sue B. Viener Memorial Fund of Jewish Federation of Reading/Berks.

Contact the Federation office to learn more about how to participate in PJ Library.

A delicious journey through Israel’s wine industry

Members of the community gathered Oct. 20 at 555 Warwick Drive in Wyomissing to learn about Israeli wine and sample four varieties — Chardonnay, Shiraz, Merlot and Cabernet Sauvignon.

During this fun JCC event, local wine expert George Reppert explained what makes Israeli wine so unique and shared the history of winemaking in the country.



Congressional candidates pay visit to JCC

The JCC gave the community an opportunity to hear from Democratic candidates for Congress on Oct. 18. From left are 6th Congressional District candidate Chrissy Houlahan; 9th Congressional District candidate Denny Wolff and moderator Jessica Leisawitz.

Meet Republican candidates on Thursday, Nov. 1 from 4:30-5:30 pm at the JCC. Confirmed participants include Dan David, 4th Congressional District and Greg McCauley, 6th Congressional District.



92nd St. Y Programs

Game Nights

Community Shabbat

Reading Jewish Film Series

Great Decisions

Interfaith Mitzvah Day

Yom Ha'atzmaut

PJ Library

PJ Our Way

Leo Camp Lecture

Tech Tuesday

Yom Hazikaron

Art Exhibits

Yom Hashoah

Annual Meeting and Picnic

Purim Carnival

Richard J. Yashek

Memorial Lecture

Kristallnacht Remembrance

Youth Events

Purim Masquerade Party

Bridge

Chevra

Mahjong

Trips to NYC/Philadelphia

Lakin Holocaust Library

& Resource Center

Shabbat B'yachad

Community Calendar

Chanukah on Ice kicks off community holiday celebrations

By Amanda J. Hornberger

Join us for a fun evening to celebrate Chanukah at Chanukah on Ice on Sunday, Dec. 2, a joint event hosted by Chabad of Berks and the JCC.

The entire community is invited to join the fun at Body Zone in Spring Township from 4:30 to 6:30 p.m. for ice skating and warm Chanukah food.

The cost is \$10 per person, which includes ice skate rental and snacks.

Kosher food options for dinner will be available for purchase including warm soup, latkes and other treats.

Chanukah on Ice is for all ages: seniors, youngsters and everyone in between are invited to attend and

smooze, enjoy the Jewish music and marvel at the menorah made out of ice, even if you don't skate!

RSVP is requested to office@chabadofberks.org or 610-921-0624 by Nov. 30.

Interfaith service in Reading to commemorate Kristallnacht

By Amanda J. Hornberger

Each year our community comes together for an interfaith commemoration and remembrance of Kristallnacht, the night of broken glass, Nov. 9-10, 1938.

Kristallnacht is seen by many historians as the start of the Holocaust and the Nazis' campaign of terror in

Germany and throughout Europe.

We are fortunate to still have local Holocaust survivors who will once again be participating in this year's commemoration through readings and lighting six memorial candles.

Please join us on this special and memorable evening on Thursday, Nov. 8, at Christ Episcopal Church, 435 Court

St., Reading.

The evening begins at 6:30 p.m. with a circle of light, our way of bringing light to our community, on what was such a dark night for German Jews.

The interfaith and moving service begins at 7 p.m. Following the service a light reception will be held.

There is street parking available

near Christ Episcopal Church as well as the M&T Bank parking lot (across the street) and the parking garage by the Abraham Lincoln Hotel a block away.

If you have questions or would like more information about this event, please contact Amanda at amandah@jfreeding.org or call 610-921-0624.

Family Volunteer Day: Helping refugee children

By Amanda J. Hornberger

Families are invited to join Jewish Federation of Reading/Berks and the Reform Congregation Oheb Sholom Social Action Committee for an evening of service prior to RCOS' 7 p.m. Shabbat services on Friday, Nov. 16. We will be gathering for Family Volunteer Day, a day of service that celebrates the power of families who work together to support their neighbors and neighborhoods. Family Volunteer Day is a national initiative powered by generationOn and sponsored by The Walt Disney Company.

Our project will tie in with the RCOS Speakers Series event that evening. Following the service Jeff Gernsheimer will be speaking about the experiences of his mother, Hilde, during World War II and the Holocaust. As a Jewish refugee Hilde survived and thrived thanks to the help and support she received upon her arrival in England and later the United States. For our Family Volunteer Day project we will be supporting refugees by creating backpack care packages for immigrant children as they travel by bus between locations in the United States.

Join us at RCOS at 5:30 p.m. on Nov. 16 to help us stuff backpacks with games, toys, snacks and drinks to entertain children on their long bus journeys across the U.S. Please see the accompanying list of

requested donations. Our goal is to fill 50 backpacks to be delivered after Shabbat to ALDEA—The People's Justice Center in Reading. ALDEA will deliver the backpacks to the immigrant children in need (about 50 children are released per month, which is why that is our targeted amount).

ALDEA provides quality pro bono or discounted legal representation across the state to immigrants. The concept of the ALDEA (village) is a community of people living together and caring for each other's needs. The mission of ALDEA is to provide a holistic approach to meeting the multi-faceted needs of our immigrant community members, including through legal, social, educational, and medical services.

With your help we can make a world of difference to a refugee child living in Berks. If your family is interested in volunteering on Nov. 16, please email info@jfreeding.org or call 610-921-0624 to RSVP by Nov. 15. We will serve a pizza dinner for all volunteers prior to Shabbat services. All families are welcome, including young volunteers ages 4 and up.

For questions or more information please contact Amanda Hornberger (amandah@jfreeding.org) at Jewish Federation of Reading or Mimi Gavigan (mag1835@comcast.net) from RCOS Social Action Committee.

Donations for Backpacks for Family Volunteer Day

- **Games or activities for children (specifically anything good for a long car ride)**
 - Cards
 - Coloring books and crayons
 - I spy games
 - Books, magazines
 - Puzzles, mazes or Sudoku books
- **Snacks**
 - Granola bars
 - Bags of pretzels, crackers, goldfish,
 - Fruit pouches
 - Candy
- **Small water bottles or juice boxes**
- **Small toys**
 - Small stuffed animals
 - Yoyo
 - Lace boards
 - Stickers
- **Backpacks**

All donations can be dropped off at Jewish Federation of Reading (1110 Berkshire Blvd. Suite 125 Wyomissing) or RCOS (555 Warwick Dr Wyomissing) by November 16, 2018.

REFORM CONGREGATION
OHEB SHOLOM PRESENTS

NOV. 16TH

ONE OF THE LUCKY ONES

ONEG SPEAKER SERIES

SHABBAT SERVICE AT 7:00 PM
SPEAKER/ONEG AT 8:00 PM

Lifelong congregant Jeff Gernsheimer will tell the story of his mother Hilde's escape from Nazi Germany. It's a fascinating & important account from a time when simply being able to tell your story meant you were...



The Jewish roots of Curious George

The Jewish Federation of Reading-Berks joined forces with Exeter Community Library for a pair of programs Oct. 7. Louise Borden, author of "The Journey that Saved Curious George" shared the story of Curious George's Jewish creators, H.A. and Margaret Rey in separate programs for adults and children. She described the heroic journey that the Reys took out of France during World War II.

The children's program was sponsored by PJ Our Way, a JCC program generously funded by the Sue B. Viener Memorial Fund of JFR.



Michelle and Leah Leisawitz create a tile mosaic.

Event offers introduction to Medicare

By Sari Incledon, M. Ed.

If retirement is something that you are considering in the near future, you may want to join us at the JCC on Wednesday, Nov. 7, at 7 p.m. for a Basic Introduction to Medicare. Phyllis Dessel who is retired from the Berks County Area Office of Aging, will be providing advice and information for those who are new to Medicare. You will learn about all parts of Medicare:

- A. Hospital Insurance
- B. Medical Insurance
- C. Medicare Advantage plans
- D. Prescription Drug plans

This event is free and all are invited. Please RSVP to Sari by Nov. 2 by calling 610-921-0624 or email Sarii@jfreading.org

Share Your Story

A special thank you goes to Ellen Schwartz for appearing at an October Friendship Circle meeting to share the genealogical work she has done to learn about her ancestors and those of her husband, Paul. In a Power Point lecture she introduced us to various genealogical websites that she used.

She also stressed the importance of recording the names and geographical locations of our family members to assist future generations in learning about their



Ellen Schwartz leads a program on genealogical research at Jewish Family Service's Friendship Circle.

roots (especially woman relatives' maiden names).

Ellen provided all the attendees with a multi-page interview report form with spaces that can be filled out to serve as a guide for recording family history. Our experiences are very different from those of our grandchildren's, and they may be fascinated by what we remember of our early lives. The interview report has spaces for memories from school, dating years, holiday celebrations, first jobs, siblings and kin and many other things that would enrich understanding of the world we grew up in. In a conversation

about the "good old days" I told my grandson that when I was his age we didn't have microwaves, cellphones and computers. His response was, "How did you send emails?" Talking about our early lives with our children and grandchildren can be a valuable educational experience as well as a way to bond and get to know each other.

If you are interested in sharing your past with your descendants and would like an interview reporting form, call us and we would be happy to give you one. It is a good way to enhance intergenerational communication.

More fun and learning at Friendship Circle



Jennie Saft, left, attends Friendship Circle with her granddaughter Laine Heisler, who spoke of her experiences as a nuclear electrician aboard a Navy submarine. Laine was a Friendship Circle regular when she lived in Reading, bringing her Bubbie every Thursday afternoon and acting as our tech and game expert.



Musician Steven Barth entertains Friendship Circle. Jewish Family Service's Friendship Circle program offers weekly programming Thursdays at 1 p.m. at the JCC. See the CenterPiece to learn more.

Jewish Family Service

Food Pantry
 Friendship Circle
 Counseling Services
 Transportation
 Financial Assistance
 Hospital and
 Home Visitations
 Living with Loss
 Information and
 Referral
 Case Management
 Holiday Programs

The power of community on display all month

October was filled with exciting events. All made possible because of you and your donations to Federation's Community Campaign. Adults and children alike had a chance to learn the fascinating Jewish story behind beloved children's character Curious George. Ruth Messinger inspired people throughout the Berks County community with a series of local appearances. There was an evening devoted to enjoying and learning about Israeli wine. The youngest members of the community got to tour the Wyomissing Fire Department and gain a valuable lesson about fire safety. And the JCC hosted local congressional candidates so the community could learn more about them. These and other great activities take place all year long, bringing our community together for education, fun and inspiration. To learn more about upcoming programs or our Jewish Community Campaign visit ReadingJewishCommunity.org or call 610.921.0624.

Tasting and learning about Israeli wine



Israeli wine was the star at a JCC event in Wyomissing.

Candidates Night



Judith Kraines, left, with congressional candidate Chrissy Houlahan at the JCC.

Pulling together for Shabbat B'Yachad



Families meet at the JCC for the Federation's Shabbat B'Yachad program when plans for Shabbat dinners in people's homes had to be changed. Community spirit made it possible.

Inspiring days with Ruth Messinger



Activist Ruth Messinger delivers a talk at the Jewish Federation's annual Leadership Gifts event, the kickoff for our Annual Campaign.

Inside the world of Curious George



Paul Schwartz meets the star of the show at an educational event co-sponsored by Federation in conjunction with program host Exeter Community Library.

PJ Library fire station tour



John Teaford was among the PJ Library participants who toured the Wyomissing Fire Department and learned all about fire safety while meeting some hometown heroes.

How do we motivate our students in JCHS?

By Rabbi Barry Dov Lerner

Reading Jewish Community High School
Community members may wonder how we motivate students in our Jewish Community High School, where we don't send home grades and offer supplementary resources only for those who want to follow up a class discussion or unanswered question.

How can we motivate students to attend regularly, participate in class discussions/debates and even occasional art and cooking/baking?

Teens don't respond well to punishment, fear and even some extrinsic rewards.

A contemporary writer and consultant on teens is Ana Homayoun, and a while ago posted an article that I believe is good for parents, a community concerned for a school such as JCHS and for those of us teaching.

Please consider the following observations she makes:

We know that teens are concerned with their identity and "self," but much of the world in which they are asked to function doesn't always support their confidence in their ability to make healthy and good decisions. We are here to assist in that task and bring to them supportive Jewish values and encourage them to take a chance and express an opinion, share a judgment and know that we will listen. We may not always agree, but they will not be put down, as our classrooms are a safe space in which to grow and express themselves.

If we want our youth to make reliable and safe decisions, we have to be helpful in inculcating intrinsic rather than extrinsic rewards and a "feel good" moment.

She wrote: "Psychologists Edward Deci and Richard Ryan's self-determination theory looks at what motivates people in making choices. The theory assumes that humans are naturally curious to learn and develop knowledge, and it considers autonomy (a sense of control over learning), competence (an ability to handle challenging tasks) and relatedness (feeling a sense of belonging) to be key building blocks in developing an internal motivation to do the right thing."

And so we have five elementary strategies to achieve these goals:

- Learning that we all have individual choices. For most of our youth, they do have options in choices. e.g. their time, their priorities in extracurricular activities, and how they relate personally



Rabbi Dov leads a Better Together session of students and seniors.



Karen Checkamian and Talia Spillerman share thoughts during Better Together at Jewish Community High School.

with school and community.

- Focus on daily habits. Learning how to manage these is essential. High school students sometimes feel pressured to choose more rigorous classes than might be appropriate for them because they are worried about college admissions. When that happens, external motivators and indicators of success (for example, grades and test scores) gain a disproportionate amount of influence over a student's feelings of competency. This can cause them to overlook how much choice and control they can and do have in their daily habits. That control promotes autonomy. Students feel competent when they are appropriately challenged without being overwhelmed.

- Allow and support them in their pursuit of an interest or passion. Encourage students to identify interests and abilities that in turn will highlight to them their competence. Allowing them

to pursue those interests can also help them connect what they learn in school to life outside the classroom.

- Rethink goal-setting strategies. Students who come up with their own semester- or year-long goals, and then write about how and why those goals are important, can feel a greater sense of control over their learning.

- Help each one to find some time for themselves. Today's students face two major time challenges. (1) they are often so overscheduled that they have no free time or space to figure out what they enjoy doing; (2) they receive so many external messages online and in real life about how they should look, act and be that few of them feel sufficiently self-confident or figure out their talents, abilities and interests.

But no one can do this alone. Please encourage your teens to try the JCHS for what we can do for and with them.

Jewish Education

[Camp Scholarships](#)

[Israel Trips](#)

[Jewish Community](#)

[High School](#)

[Lakin Preschool](#)

[Better Together](#)

Helping at Opportunity House



Reform Congregation Oheb Shalom Religious School students were part of an interfaith group of young people who helped prepare and serve lunch at Opportunity House.

Join us next time!
November 17th at 10:00 am

Tot Shabbat

Members and non-members are invited. No registration is required. Tot Shabbat services are held Saturday mornings at 10:00 am at Reform Congregation Oheb Shalom, 555 Warwick Drive, Wyomissing unless noted. Please call the Temple office with any questions, 610.375.6034.

A musical, story-filled, interactive hour for children through grade 2. Bring your family & friends to celebrate with Rabbi Miehelson & stay for a pint-sized oneg of juice, challah, fruit, & child-friendly treats!

FUTURE TOT SHABBAT DATES:
December 15*, January 12, February 23
March 23*, April 13, May 18, & June 8
*Intergenerational Tot Shabbat at The Highlands

Remember to pause and give thanks

By Rabbi Yosef Lipsker
Chabad Center of Berks County



It's so easy to take the gifts that we have for granted. To let the hustle and bustle of life occupy every single moment, with no time left to express our gratitude.

We need to pause. To recognize. To say "thank you."

There are three types of thank you. The basic one is to express our thanks after the fact. Someone gave you

something you wanted, or needed. You show appreciation by saying "thanks."

A more advanced way to express our gratitude is to say "TIA," thanks in advance. Why wait until you've actually received the gift or positive act to acknowledge the good coming your way?

Perhaps the highest level of thanks is the one demonstrated by our forefather Jacob. As he is preparing for a dangerous journey to a new land, the land of Haran, all he wants is to make it back home alive, to "return in peace to my father's house."

So he prays, and he is grateful in

advance, but then he says something very powerful:

"If I return in peace ... everything that You give me, I will surely tithe to You."

This is the highest form of thanks: not only to recognize and appreciate what you have but to show how this gift is so meaningful to you by doing something special, something holy, with that gift.

Personally, nothing touches my heart more than a heartfelt appreciation for what I do for people, when in turn, they tell me they're going to do something significant to change for the positive. This is appreciation in the deepest form — actually expressing your thanks in

concrete action.

So this Thanksgiving, let's be thankful. But let's take it even further.

"Thank you G-d for giving me wonderful children. I will do my best to raise them in a way that will make You happy".

"Thank you for the nice house you gave me. I will use it to host others".

"I am so appreciative of the car I have, I will use it do many good things".

"Thank you for my wonderful life, I will dedicate more time to helping people less fortunate".

Happy Thanksgiving to you and all your loved ones!

Jewish Food and Cultural Festival

Sunday, Nov. 4,
10 a.m. to 4 p.m.

Featuring brisket, chicken, deli sandwiches, falafel, blintzes, knishes and much, much more!

Reform Congregation Oheb Sholom,
555 Warwick Drive, Wyomissing

LOCAL CONGREGATIONS AND SERVICE TIMES

CHABAD CENTER OF BERKS COUNTY (610) 921-0881
Saturday mornings: 9:30 a.m.; Friday evenings: 6:30 p.m.

KESHER ZION SYNAGOGUE (610) 374-1763
Weekly services Saturdays: 9:30 a.m.; Thursdays, 7:30 p.m.

REFORM CONGREGATION OHEB SHOLOM (610) 375-6034
Friday, Nov. 2: Shabbat service, 6 p.m.

Fridays, Nov. 9, 23 and 30: Shabbat service, 7:45 p.m.
Friday, Nov. 16: Service at 7 p.m. followed by Oneg Speaker
Saturday, Nov. 17: Tot Shabbat, 10 a.m.

Wednesday, Nov. 21: Interfaith Thanksgiving Service, 7 p.m.,
at Immanuel UCC, Shillington

CONGREGATION SHOMREI HABRITH

NOVEMBER 14

Join Rabbi Michelson for
Lunch and Learn
at Reform Congregation Oheb Sholom
Tuesday, Dec. 11th
11:30 am - 1:00 pm

Catered lunch from Wegman's featuring bagels, cream cheese, lox, one side salad, drinks, & dessert.

\$10 per person.

Your check is your reservation.

Please submit payment to the Temple office by Friday, Dec. 7th.

Bring your friends!

Members & non-members welcome.

Transportation available from The Highlands. Please contact Catrina at 484.628.7662.



KOSHER RESTAURANT NIGHT
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KOSHER DELI
COMES TO CHABAD

WEDNESDAY, NOVEMBER 14, 2018
5PM - 7.30PM
Chabad, 2320 Hampden Blvd

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RSVP lipskerreading@aol.com

Israel Book Group: Natan Sharansky's 'Case for Democracy'

By Moisey Schneider & Andi Franklin

Natan Sharansky is a former Soviet Union political prisoner and champion of democracy and freedom. Arresting for his application for Aliyah, his trial turned into a broad indictment of the entire Jewish movement in the Soviet Union and he was sentenced to 13 years in prison. The Jews in the crowd, surrounded by police, sang "Hatikvah" as he was carried to prison. From prison he wrote: "I am happy that I lived honestly in peace with my conscience. I never compromised my soul, my Jewish identity, even under the threat of death." Isolated in his cell, every Friday night, with a Kippah on his head knitted from his Christian cellmate's socks, he lit a piece of string dipped in oil, consoling himself with the Hebrew prayer.

For his courageous struggle against tyranny he was awarded the Congressional Gold Medal. For the past nine years he has served as Israel's deputy prime minister and minister for Jerusalem and Diaspora Affairs.

In "The Case for Democracy" he offers the unique perspective of his experiences to make his case for democracy. He exposes the inner workings of a "fear society" and explains why democracy — a "free society" — is not beyond any nation. He writes, "I am convinced that freedom everywhere will make the world secure and that all people desire to be free." Sharansky argues that peace can only be made with a democratic society and explains what can be done to promote it around the world and in the Middle East.

He writes that the absence of freedom in the Arab world is so acute today that even Arab scholars, who are not generally known for their willingness to confront the failings of their own societies, prepared a document under the auspices of the U.N.

that was critical of the freedom deficit in the Arab world. The Arab Human Development Report concluded that the wave of democracy in the 1980s that transformed governments throughout the world has barely reached the Arab states.

Sharansky explains that in a non-democratic "fear society," leaders are not accountable to their people. They need to create an external enemy to justify their people's misery, thereby ensuring their stay in power. A non-democratic government will never make a true peace since it will always need that external enemy. He points out that this is a universal characteristic of tyrannies. To combat this, a link needs to be made between a free society's support for a fear society and its move towards freedom and democracy.

Sharansky writes that many hoped that the Palestine Liberation Organization Chairman Yasser Arafat would fight against terrorist organizations, such as Hamas, and make peace with Israel, only to be proved wrong time and time again. The absence of democracy will always represent a threat. The continuation of a peace process that negotiates with a tyrant will always be futile. Continuing to give concessions without demanding an increased level of democracy will prevent peace and diminish security. Ironically, by conferring legitimacy on Arafat and by calling on others to do the same, the Israeli government contributed to the failure of the peace process but also to a lack of moral clarity. In a world that does not recognize the moral difference between free and fear societies, Arafat had a huge advantage, as all tyrants do. Oppressed people, striving for freedom, cannot prepare themselves for the disappointment that comes from seeing the free world abandoning its own values when relating to fear societies. No moral clarity exists when Israel is

considered a bigger violator of human rights than countries where there is no freedom of speech, no freedom of press and no freedom of religion.

On April 4, 2002, President George W. Bush made a speech in which he said, "The Palestinians deserve a government that respects human rights and focuses on the needs, education and health care of the Palestinian people rather than feeding their resentments." For Sharansky it was a breakthrough. He was astonished that the U.S. president was expressing concern not only for how the Palestinians were being treated by Israel but also for how they were treated by their own government.

Two months later, Bush delivered a follow-up speech in which he turned his back on the Arafat dictatorship. He spoke of the Palestinians' right to live in a free society with democracy and the rule of law, saying, "Prosperity and freedom are universal human hopes." Sharansky believed Bush's speech finally would dispel the illusion that peace can be made with a dictator.

The U.S. State Department continues to be deeply skeptical about the possibility of democratic reform in undemocratic 'fear societies', preferring the stability of

a dictator to the chaos of democracy. The Road Map to Peace keeps the vision of two states living side by side but discards the idea of democracy. Now, 25 years after the Oslo agreement, the violence has increased, more than 1,600 Israelis have been murdered in terrorist attacks and peace is even farther away.

Peace will only happen when the world's democratic leaders, especially in the U.S. and Israel, insist on the democratization of the Middle East. The United States must recognize that our freedoms are a beacon of hope to all oppressed peoples of the world and the source of our power in negotiations. Sharansky strongly urges "those of us living in freedom to fight for those who are not." With this book, he says, Sharansky became the moral compass for our people and our time.

Sharansky felt that this book was necessary but not sufficient to accomplish the peace, freedom and security he hopes for, and he went on to write "Defending Identity: Its Indispensable Role in Protecting Democracy." It was the necessary completion of his work.

Therefore, the Israel Book Group will be meeting to discuss it Wednesday Nov 14 at 7:30 p.m. in the home of Andi and Bill Franklin. All are welcome.

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ANNUAL COMMUNITY-WIDE

Chanukah at the Mall

MONDAY, DECEMBER 3RD, 2018
@6.00PM

BERKSHIRE MALL (BOSCOV'S ENTRANCE)

SPECIAL CHANUKAH PRESENTATION BY THE CHILDREN OF THE LAKIN PRESCHOOL OF RCOS

MUSICAL ENCORE BY SINGER/MUSICIAN JOSH ALPERT & HIS BAND

CO-SPONSORED BY

BOSCOV'S DEPT. STORE, CHABAD LUBAVITCH OF BERKS COUNTY & THE JEWISH FEDERATION OF READING/BERKS

Chabad and The Jewish Federation invite the community to

CHANUKAH ON ICE

SUNDAY, DECEMBER 2, 2018 · 4.30-6.30 PM

@BODYZONE SPORTS & FITNESS COMPLEX
3103 PAPERMILL RD.

- Lighting of a carved ice menorah
- Skate to Chanukah music
- Chanukah crafts
- Food for sale

\$10 PER PERSON / \$45 max per family

RSVP to office@chabadofberks.org or Brenda @ 610-921-0624

Co-sponsored by Chabad Lubavitch of Berks County & The Jewish Federation of Reading

Local Romeos meet for lunch

By Art Fischman

A group of men calling themselves Romeos has inaugurated a monthly social luncheon meeting.

Not designed for discussions of their romantic endeavors or conquests, this Romeo stands for Retired Old Men Eating Out.

Conceived by the Jewish Federation and Bob Caster, there

is an initial roster of 10 men who meet on the first Tuesday of each month at the Wyomissing Restaurant. Members have stated that it is a great opportunity to socialize, interchange opinions and even keep the cognitive facilities active.

The next meeting will be Tuesday, Nov. 1 at noon. New members are welcome.

Incendiary disaster at border



Over the past six months some 3,000 acres of farmland and woodland have been burned in fires caused by incendiary kites and balloons flown from Gaza into Israel. Forests in the Gaza border area saw 1,053 fires that consumed countless of trees. The majority of the conflagrations erupted in the Be'eri forest, which suffered 452 fires, while 353 fires broke out in the Kissufim Forest.

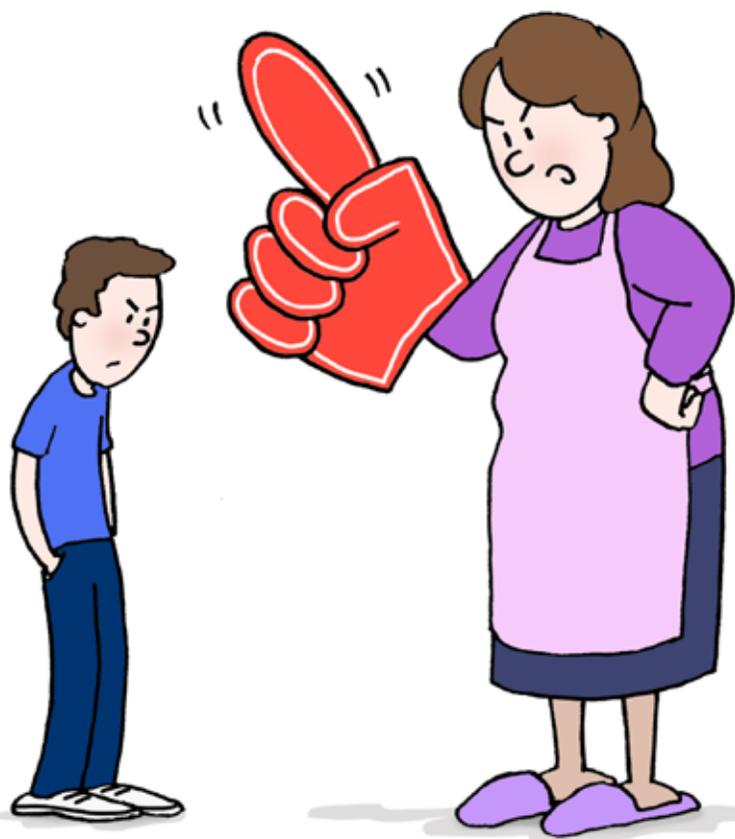
The Shokeda Forest saw 75 fires, while 31 fires erupted in the Hannun Forest and 29 fires scorched the HaBesor Stream Forest. Many trees were significantly damaged and their rehabilitation is expected to take years. Furthermore, hundreds of wild

animals perished in the fires.

The data was provided by KKL's (Keren Kayemeth Lelsrael -Jewish National Fund) foresters in the western Negev area, who have been constantly on call over the past six months, arriving at the scene the minute they receive a report about a fire breaking out.

"The nature in the Gaza border communities has been severely damaged," one of the firefighters in the area said."In my opinion, when rain comes, we'll be able to know what can be renewed. This is a severe blow to nature. Where once people set under trees, everything is scorched now," he lamented.

Keren



Josh was beginning to regret inviting his mom to the game

November Cheshvan-Kislev



Shabbat Candle Lightings



Torah Portions

November 2
5:42 p.m.

November 3/Cheshvan 25
Chaye Sarah (Genesis 23:1-25:18)

November 9
4:34 p.m.

November 10/Kislev 2
Toldot (Genesis 25:19-28:9)

November 16
4:28 p.m.

November 17/Kislev 9
Vayetze (Genesis 28:10-32:3)

November 23
4:23 p.m.

November 24/Kislev 16
Vayishlach (Genesis 32:4-36:43)

November 30
4:21 p.m.

READING HIGH SCHOOL ALUMNI
Classes 1940-1970

Pep Rally

Monday, November 26

11:30am-1:30pm

at 803 Penn Street, Reading

Join us for a good ol' fashioned school-themed lunch and pep rally featuring the RHS basketball team!

Limited Seating.
RSVP to 610-616-5112.

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Myerstown, PA 17067
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New law could aid Meir Panim's efforts to fight hunger

Nearly one-fifth of Israelis are living with food insecurity. They are often hungry and their nutrition requirements go unmet. Meanwhile, more than a third of all food produced in Israel is wasted; half of it is thrown out though still salvageable for consumption.

Members of Knesset in cooperation with Leket Israel – The National Food Bank – have proposed a bill to address this market failure. After years of stalling in Israel's ministry of justice, the bill is moving forward in the Knesset.

The measure seeks to minimize liability in food donations. "The main concern has been who is responsible if a person eats tainted food," explained Uri Maklev. "Is it the organization that donated the food? Our bill seeks to remove this responsibility and only seek retribution against an organization in cases where there is clear criminal activity

or obvious and intentional negligence."

Such a change would encourage the rescue of would-be food waste into donations for the poor, while protecting donors from civil and criminal liability. "There are many organizations that are interested in donating surplus food, but due to their concerns and fears of liability, they destroy the food rather than donate it to the people who need it most," Maklev said. "It is our obligation to help and encourage anyone who wants to donate and not to prevent it," Maklev said.

By rescuing just 20 percent of the food wasted in Israel annually, the problem of food security could disappear.

Meir Panim, an organization established to alleviate and diminish the harmful effects of poverty on thousands of Israelis, offers restaurant-style soup kitchens throughout Israel and operates with

support from local dollars contributed to the Jewish Federation of Reading's Israel Now campaign.

According to Binyomin Ibenbaum, Manager of Operations and Vice President of Development, adopting this law could mean multiplying Meir Panim's capabilities, feeding thousands more needy in Israel and minimizing the number of those living with food insecurity.

"Sourcing the meals from Israel's National Food Bank, Meir Panim would be better able to serve the needy in Israel if this law passes," he said. "On a personal level, food is not only nutrition, but also a source of hope for a brighter future for disadvantaged men, women, children and Holocaust survivors. A hot meal could be the difference between the cycle of poverty and becoming active, self-sufficient members of Israeli society."

One visitor to Meir Panim's restaurant-style soup kitchen – an immigrant from France – explained: "Sometimes people have to go to a soup kitchen because they pass through difficult times and are trying to support themselves financially. There are ups and downs in life, and when there are downs, they come here – they come to a soup kitchen." She said people who go to soup kitchens would benefit from a greater availability of food around Israel.

In addition, reducing waste could bring prices of food down for all Israelis. Maklev maintained that those who have plenty are far removed from the reality of those without.

"What other data is needed to wake up the same officials about the segment of Israel's population that is hungry for bread?" Makev asked, noting that, "It is a Jewish value not to waste."

Yemin Orde aids in woman's journey from Iran to Israel

Tamara Shein Shneor, 40, grew up in a difficult family environment in Tehran, alleviated only by a brief break with relatives in the United States. Her childhood experiences taught her to be self-reliant, and to adapt to language and culture transitions. As a teenager, Tamara managed to find her way to Israel, alone, in search of a safe haven to call home.

Tamara's journey of self-discovery and healing started when she was welcomed to Yemin Orde Youth Village shortly after she arrived in Israel. Yemin Orde is supported with local dollars through the Jewish Federation of Reading's Israel Now campaign.

At Yemin Orde, Tamara faced another new set of language and cultural challenges as well as a new way of living and learning that would, ultimately, be life-saving and transformative.

"My life changed when I arrived at Yemin Orde,"

Tamara said. "I had low self-esteem because I had suffered so much instability as a child. Chaim Peri, who was Yemin Orde Director at that time, believed in me no matter how I behaved."

Tamara credits the Village's caring and supportive environment with providing her with the stability, education and confidence needed to build and strengthen her self-esteem. "I will never forget the moment that I realized that everyone at Yemin Orde believes in me. I could be rude or skipping school, but deep inside I knew I was safe and wanted at the Village. This is a very important feeling for a child, to know that he or she won't be abandoned because he or she was naughty."

After high school, Tamara joined the Israel Defense Forces, serving in a Combat Engineering Unit in the Golan Heights. Yemin Orde continued emotional and financial support for Tamara during her IDF service



Tamara Shein Shneor

and beyond, providing accommodations in the Village as a graduate, and purchasing supplies for her first apartment.

The Village's Graduate Program provides support – financial and emotional – to its graduates well into adulthood. Additionally, Yemin Orde provides care

packages for graduate-soldiers, career guidance, networking opportunities, reunions and a place to hold special events and life-cycle celebrations.

Following military service, Tamara studied criminology, psychology and sociology at Bar Ilan University, with the intent to serve in Israel's Police Force. Today she is an investigator and works in the field of domestic violence.

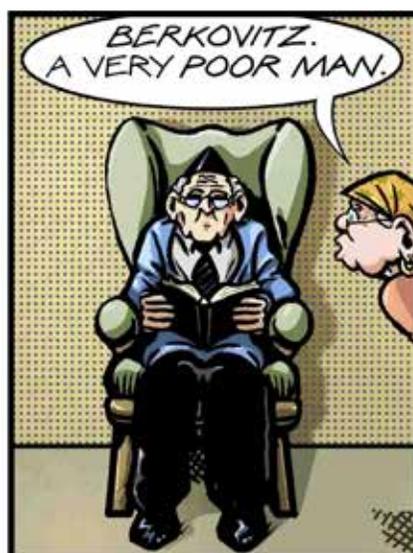
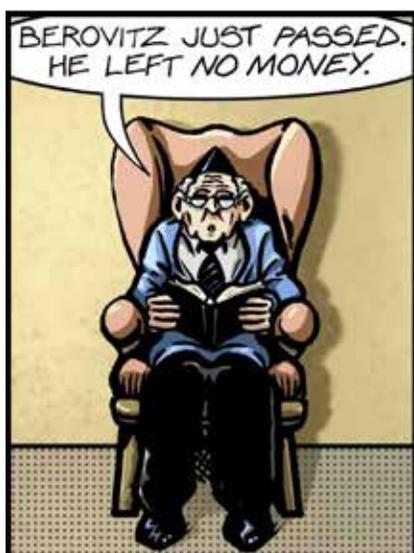
"I decided to become a police officer in order to give back to society and to serve justice. In my life and work, I am influenced by the people from Yemin Orde in many ways. I have learned to be humble and to have respect for everything: for food, for yourself, for others," Tamara said. "Today, I am on the other side of where I was as a youth. I am okay because of Chaim Peri and the people at Yemin Orde and how they believed in me."

Tamara lives in Barkan with her husband and three children.

Israel & Overseas

- Jewish Agency for Israel
- Yemin Orde
- Jewish Federations of North America
- Joint Distribution Committee
- Meir Panim

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We are "Thankful" for Sudoku!

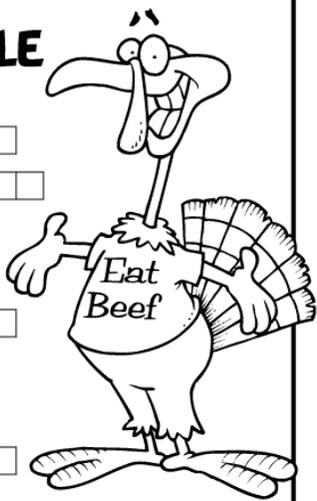
1	4			2	9		8	
2			7	6			4	5
5				8	1	7		
	7	1			6		8	9
4			8	9			1	
	9					4	7	
9				7		3	2	1
6	5			1				7
	1	2		3	8			5

Use the numbers 1-9 to solve the Thanksgiving Sudoku puzzle. Remember that no row, column, or box of 9 may have the same number more than once.



THANKSGIVING DOUBLE WORD SCRAMBLE

- SPILRMIG
- FWAOEMLRY
- UTEYKR
- INSNAID
- BNMOEVRE
- ASRHVET
- CNRO
- ULMHPYOT
- FTASE
- DGTITARUE



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THANKSGIVING CRYPTOGRAM

ABCDEFGHIJKLMNOPQRSTUVWXYZ

NFTSXFKD
 A KUGLJRXZ
 T IMXHZG
 FYUFVYD
 YJZKCGZX
 A GVVXBZDT
 WJXY
 NYGKJMIQ
 A T LZVDT
 AT T SXVIFIMUZ



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Thanksgiving {MAD LIBS} FOR KIDS

THANKSGIVING {MAD LIB}

FROM A KID'S POINT OF VIEW...

Today we are celebrating _____ dinner at _____'s house. When we arrived, my _____ greeted us with a big, _____ kiss. Kisses are so _____! Now we're just waiting for the _____ to come out of the oven. My dad is watching _____ on TV. He always shouts, "_____" when his team scores a _____. Yesss!! Only _____ more minutes until the _____ will be ready to eat. I wonder if my mom will let me try the _____ first. My grandma makes the best _____ pie! It smells like _____. {Much better than my _____} He/she smells like _____! Happy _____!



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A Mitzvah a Day

Enjoy a month of mitzvot with your family. Just print this checklist and try a new activity each day. There are 30 activities total – that's one for each day of the month – to inspire your family to do a mitzvah each day.

- Invite someone new to Shabbat **welcoming guests**
- Clean out the closet and donate clothes you don't wear **clothing the needy, tzedakah**
- Make a "Get Well Card" for a friend who doesn't feel well **visiting the sick**
- Help a bug find its way outside **kindness to animals**
- Help a parent with a chore **respecting parents**
- Volunteer at a soup kitchen **respecting the poor**
- High five someone from the other team and say "good game," even if you lose. **honoring friends, cooperation**
- Share your favorite toy with a friend or sibling **not coveting**
- Compliment someone **respect, joy**
- Sit with a lonely kid at lunch **friendship, tikkun olam**
- Collect canned goods for a food bank **feeding the hungry**
- Sort the recycling **not wasting needlessly**
- Help a friend find something they've misplaced **returning lost objects**
- Invite a new classmate to sit with you at lunch **welcoming guests**
- Make a bird feeder **kindness to animals**
- Visit residents at a nursing home and read stories together **honoring the elderly**
- Interview a grandparent, aunt, or uncle, and write down their story **passing on traditions, honoring elders**
- Settle an argument between siblings or friends **peace, respect**
- Plant a tree **caaring for the environment**
- Pay for someone else's lunch **loving others**
- Write "thank you" notes **gratitude**
- Make no-sew blankets and donate them to a shelter **tikkun olam**
- Send care packages to deployed soldiers **tikkun olam**
- Count your blessings **gratitude**
- Introduce yourself to a new neighbor **welcoming guests**
- Put toys away **peace in the home, honoring parents**
- Decorate "no-slip" socks to donate to hospitals or nursing homes **tikkun olam, visiting the sick**
- Participate in a local park or beach cleanup **caaring for the environment, tikkun olam**
- Turn old tshirts into something new, like a grocery bag or pillow **not wasting needlessly**
- Grab a few friends and pack lunches for a shelter **feeding the hungry**



Music and Jewish humor

By Scott Goldberg

The following are excerpts from a paper written by Scott Goldberg, son of Debbie and David Goldberg, while he attended Northwestern University. Scott is in Hawaii working on his master's degree. A full version of the paper is available by contacting Bill Franklin at the Federation office, 610-921-0624 or williamf@jfreeding.org.

Everyone has their own list of things that come to mind when one thinks of Jewish culture, however, there is at least one idea that is universally shared, humor. Whether by watching "Seinfeld," "The Daily Show" or many stand-up comedians, most Americans have been exposed to the Jewish sense of humor. This should not be surprising as it has been estimated that during some periods in American history, Jews made up around 80 percent of professional comedians. Humor can appear to be almost as important to the Jewish identity as Shabbat and the Torah. The reason for this comes from the fact that humor is a coping mechanism. Since one of the most unifying aspects of Jewish culture is our shared history of tragedy and sorrow, the importance of a universal coping mechanism makes sense.

Before one can truly discuss the importance of Jewish humor, one must first begin to discuss what makes a joke distinctly Jewish humor versus just another joke. While there is no one definition, there are many key elements to it. Two of the most important recurring themes are the fact that Jewish humor is often self-deprecatory and sarcastic. The first part may be self-evident to some and confusing to others. Many Jewish jokes mock parts of Jewish culture: Jews cannot agree on anything, Jews are meek, so on and so forth.

It is important to establish Jewish humor as a Jewish value understand why comedic songs resonate so strongly with Jews. The Jewish people have a long history that has been filled with suffering, and humor is a powerful coping mechanism. As explained by the ethnomusicologist Alex S. Freedman, "Here is unity of all branches of Judaism-Conservatism, Orthodoxy, and Reform. Here is the humor and



Scott Goldberg

sorrow of an ethnic group which has, for 4,000 years, been forced to live apart, to develop a distinction which has incited contempt, racism, slaughter and which has developed unique aspects of endurance and fortitude." In other words, Jews are unified by a shared history of persecution, so it is only natural that there is not only a shared coping mechanism, but also that said mechanism is an important part of our culture.

Allan Sherman was born in Chicago in 1924 to Jewish-American parents. He had an incredibly successful singing career that focused on original comedic songs as well as parodies of popular folk songs, which often had a hint of Jewish culture. One of his more well know songs today is "Hello Mudduh, Hello Fadduh!" and is supposed to be a letter from a child at a summer camp complaining to his parents. It is heavily implied to be a Jewish summer camp. What made his work so appealing to Jews and non-Jews is that the lyrics have a broad appeal. Every parent has had to deal with endless complaints from their kids. By not making the song explicitly Jewish, and pairing it with an upbeat tune, it can hold general appeal while still being "Jewish enough" for Jews to enjoy it even more.

"The Ballad of Harry Lewis" takes this even farther by parodying an incredibly well recognizable song. Jew or non-Jew, it is hard not to smirk when Sherman first sings "Glory, Glory Harry Lewis" in place of "Glory, Glory Hallelujah." By

parodying a classic song about the Union Army during the Civil War and instead making it the story of a lone American worker, he creates a joke that everyone can laugh at. This song is a coping mechanism for how Jews and many other immigrants were treated in America at the turn of the 20th century, and especially to reference the 146 workers who died in the Triangle Shirtwaist Factory fire in 1911. While the name of Harry Lewis makes the song seem Jewish, the nature of America as a nation of immigrants means a song like this could hold universal appeal.

Perhaps one of Sherman's best examples of a song acting as a coping mechanism for Jews is "Harvey and Sheila". This song is set to the tune of "Hava Nagila," a popular Jewish song that had become common in American culture. "Harvey and Sheila" is a song about Jewish assimilation in America, a message that comes from both the lyrics and music. The lyrics tell the story of Harvey and Sheila, two names that are common in Jewish communities, who work at small-time jobs. They meet each other, fall in love, marry, move to west Los Angeles and becoming incredibly successful. This song is filled with subtle hints that inform the listener that there is more here than the story of the American dream. The last line of the song is "This could be only in the USA." It tells how only in America can Jews get past the persecution they experienced in Europe and be successful. Here in America, a Jew can go far, but the song reminds the audience that it comes at a price. While only in America can a Jew meet success, he or she must lose part of their Jewish identity. It almost sounds like the complaint of some old New York Jew, "back in Europe we had our culture and our identity, sure we were poor, but we were our own people." Between lyrics that highlight the tradeoff many Jews have made to gain success and an assimilated song, Sherman helps Jews cope with the fact that many feared that they were losing their identity, by poking fun at it.

The other artist this paper will discuss is Tom Lehrer. Born in Manhattan during 1928, his parents

were culturally Jewish, but not religious. As Lehrer would put it, "More to do with the delicatessen than the synagogue." Lehrer went to Harvard, where he earned bachelor's and master's degrees in mathematics. Performing started as a side job for him, but he became popular and went on to make his musical career a full-time occupation. His songs are filled with sarcasm and satire, and often a Jewish sense of humor. An example of this is the song "National Brotherhood Week," a song originally written for the TV show "That Was The Week That Was." This song pokes fun at and decries the hatred and xenophobia in America while employing a Jewish sense of humor about it. Even though it uses Jewish humor, it is not primarily making fun of or about Jews. Jewish humor is characterized by self-deprecation and sarcasm. It is generally assumed that the self-deprecation is pointed toward Jews, but in truth it has to be about a group with which one identifies. In this case, Lehrer is making fun of himself more as an American than as a Jew: "All of my folks hate all of your folks, it's American as apple pie." It is no accident that even when not writing what is necessarily a Jewish song, he still needs to bring Judaism up with the line, "and everybody hates the Jews." The reason for this is probably as much his upbringing as how much Jewish history is defined by xenophobia and hatred, the topic of his song. This song uses Jewish humor and addresses a topic Jews understand very well, but it's not necessarily a Jewish song. This last line is the only bit of self-deprecation aimed at the fact that he is Jewish, but it is also part of the coping nature of the song. Sure, everyone hates Jews, but as the song points out: nobody likes anybody, so Jews are no different in that regard. This song also helps as a coping song by taking a topic that can be very hard to discuss and making it funny and more approachable.

For the Jewish people humor is a powerful and important coping mechanism which communicates important messages which can help audiences cope, laugh, or see the world in a different way.

RCOS group takes part in CROP Walk



Reform Congregation Oheb Shalom had a team of walkers at the Oct. 7 Berks CROP walk to raise funds against poverty. From left are Josh, Bruce and Piyali Cole, Margo Levin, Barb Rosenzweig and Jeff Lupowitz.

Jewish 2019 Summer Camp Financial Assistance Program

It's time to think about your youth's participation in Jewish summer camps in 2019. Continuing last year's pilot financial assistance program, the Jewish Federation of Reading will work collaboratively with parents, our synagogues and Jewish summer camps to ensure that every child who wants to attend, can do so.

Key aspects are:

- JFR will act as the central application entry point and will notify

the appropriate camp and synagogue of the potential applicant and the potential need for financial assistance;

- For families requiring financial assistance, JFR will work with parents for payment registration deposit; JFR will fund as 'first' dollars if necessary; deposits are refundable

Requirements:

- a) JFR member
- b) Synagogue members (at some level) to be eligible for synagogue

financial support

- Students submit short essay to be submitted with financial aid request application on why they want to attend camp

- Camper submit and/or present short synopses of experiences & value after camp session

Financial support:

JFR Jewish Camp Funding Levels
 Family income Range — \$30,000-\$39,999; Parents' Portion —10 percent

Family income Range — \$40,000-\$59,999; Parents' Portion — 25 percent

Family income Range — \$60,000-\$89,999; Parents' Portion — 50 percent

Family income Range — \$90,000-\$125,000; Parents' Portion —75 percent

To learn more:

The information and financial assistance application are available on the JFR web site. Please contact Bill Franklin at 610-921-0624 or williamf@jfreading.org if you have any questions.

UNESCO calls key Jewish sites part of 'Occupied Palestine'

The PX Commission of the Executive Board of UNESCO has adopted resolutions stating that the Tomb of the Patriarchs in Hebron and Rachel's Tomb in Bethlehem are "an integral part of the Occupied Palestinian territory" and condemning the construction of the security fence and "other measures aimed at altering the character, status and demographic composition of the Occupied Palestinian territory."

Both resolutions were sponsored by Egypt, Jordan, Lebanon, Morocco, Oman, Qatar and Sudan, and were approved within minutes at the commission's meeting, which includes the 59 members of UNESCO's Executive Committee, of which Israel is not a member.

The resolutions also refer to Israel as "occupier" and condemn "Israeli army violations against Palestinian universities and schools," criticize the construction of

the security fence, deplore the destruction of Palestinian schools, including in the village Khan al-Ahmar and regret Israel's excavation projects in east Jerusalem.

UNESCO's assistant director-general for external relations, Nicolas Kassianides, said the resolutions were adopted following close consultations between the member states, and welcoming "the spirit of constructive dialogue that enabled to reach a consensus." Kassianides further said the adoption of the resolution by consensus "confirms the positive momentum that started last year, especially on this subject which is very sensitive," hailing in particular efforts by the Palestinians, Jordan and Israel to reach agreement.

Over the years, UNESCO included both items in the final text adopted annually by the agency's Executive Committee. But when Audrey Azoulay took office last year

as head of UNESCO, a compromise was achieved, with the resolutions adopted as an annex, and not inside the body of the text. This was the case today as well.

Israel's ambassador to UNESCO at the time, Carmel Shama-Hacohen, welcomed the compromise, noting that Azoulay was taking significant steps to change the body's traditional anti-Israeli approach. Last April, UNESCO again delayed adopting any resolution on the issue, with Ambassador Shama-Hacohen

Nevertheless, Israel did not back down on its decision to exit the body by December this year, in parallel with the U.S. quitting the agency. Prime Minister Benjamin Netanyahu reiterated Israel's intention of leaving UNESCO in September. Netanyahu commented that "in withdrawing from UNESCO in 2017, Israel and the United States made a clear moral statement that UNESCO's antisemitism will no longer be tolerated. If and when UNESCO ends its bias against Israel, stops denying history and starts standing up for the truth, Israel will be honored to rejoin."

Director for international relations of the Simon Wiesenthal Center Dr. Shimon

Samuels told *The Jerusalem Post* that "the Israeli Foreign Ministry has accepted last year the compromise of the annex, but on the backdrop of Israel's decision to leave the agency; since Israel was leaving there was not much point of arguing about that."

"But the big question is: what now?" Samuels said. "What will happen after Israel leaves? I believe that the role of all the Jewish groups accredited to UNESCO will become significantly more important, in confronting such challenges." Samuels noted that Azoulay is keen on enhancing the agency's relations with the Jewish world, but that without Israel as a member state, this might prove difficult. Still, the Jewish organizations are committed to take up the job of defending the cause of Israel and world Jewry in UNESCO.

Representative of B'nai B'rith Stephane Teicher told the *Post* that while he regrets Israel's decision to quit UNESCO, he understands the reasoning behind it. "These resolutions are bound to reappe

ar every year, unless Israel is granted

2018-19 Jewish Community Calendar Corrections/Updates

Additions to address

- Anne Ackner – Change apt. # to 911
- Marcia Gross – add zip code 20852
- Nancy Kozloff – add Apt. 6
- Ronald & Sandra Miller – add Apt. 1118 – Wyomissing 19610

Change of Address

- Norman Burton – 5101 Diehl Road – Mohnton PA 19540
- Jessica Davis – 103 Cathy Ann Drive – Reading, PA 19606
- Jess & Robin Drezner – 701 Reading Avenue – Unit #235 – Reading, PA 19611
- Syd Hirshland – 83 S. Mountain Rd. – Robeson, PA 19551
- Edward & Joanne Katz – 43 New Hope Blvd. – Oley PA 19547
- Jamie Komemi – 119 S. Mill Street – Birdsboro, PA 19508
- Burt & Fran Krieger – PMB 409 – PO Box 5000 – Rancho Santa Fe, CA 92067
- Cory Leshner – 442 Chestnut Street – Reading, PA 19611
- Mervin & Gladys Lewis – 501 Hoch Rd. Apt. 339 – Blandon, PA 19510
- Wendy Neuhs – 1509 Ashbourne Road – Apt. 220 – Elkins Park PA 19027
- Michael & Barbara Perilstein – 157 Villa Drive – Warminster PA 18974
- Nicholas & Tracy Rossi – 1945 Wickford Place – Wyomissing PA 19610
- Marj Shearer – 102 Pine Street – Shillington, PA 19607

Remove, no forwarding address

- Amy Blecher
- Matthew and Allyn James
- Richard and Nancy Levin

Phone number addition/correction

Susan Weiser - 610-678-0468 - 610-334-7077

Deceased

Edwin Lakin

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4:30-6:30 PM

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A new dawn for Bedouin-Jewish integration in Negev

The 30 young men and women studying software development, graphic design and 3D printing at Yeruham's high-tech incubator did not seem out of place in the Startup Nation. But for at least half the participants, it was a new world.

The two-week Tech2Peace seminar was sponsored by A New Dawn in

the Negev, a nonprofit organization founded in 2009 to improve the quality of life for Israel's Bedouin community. Some 130 candidates applied. Half of those accepted were Bedouins and other Arab Israelis; the other half were Jewish residents of Israel's south.

The integration of the two populations was intentional, says Jamal

Alkirkawi, the 39-year-old founder and CEO of A New Dawn. "Change will only come through working together," he said. "We are less powerful if we are separate." That's been Alkirkawi's modus operandi since he started A New Dawn, following seven years as the academic counselor for Arab students at Ben-Gurion University of the Negev (BGU). "Arab students face a lot of difficulties because they usually live with their families in their communities until the age of 18. So, when they get to university, it's often the first time they're exposed to Israeli society, to being an Israeli citizen. It can be shocking."

Alkirkawi grew up in the Bedouin town of Rahat and founded A New Dawn there with the aim of exposing fellow Bedouins to the outside world at a young age. The organization has established programs in and around Rahat. In addition to the high-tech training program in Yeruham, there's a club for at-risk youth, an afterschool classical music program, filmmaking classes and even a "cultural tour guide" course that Alkirkawi hopes will bring Birthright and Masa Israel Journey groups to Rahat to experience Bedouin hospitality. An emotional first-aid hotline with 25 volunteers will launch in the coming months.

All told, some 1,500 people have been through one of A New Dawn's offerings. But it's the programs for at-risk youth of which Alkirkawi is most proud. "Seventy percent of our graduates are integrated, whether that's continuing with higher education, volunteering or sherut leumi," Alkirkawi says, referring to Israeli national service.

The need for such programs is urgent: About 140,000 Bedouins reside

in the Negev, and more than 40 percent of them earn less than the minimum wage. The high-school dropout rate is 35 percent, and only 30 percent of students earn a full diploma. A New Dawn cites figures that only 5 percent of the Bedouin population is qualified to study at the university level.

In high-tech, only 3 percent of Israel's 270,000 workers are Arab Israelis. A range of governmental and non-governmental programs aim to boost those percentages. Hadassah Academic College in Jerusalem, for example, offers pre-academic programs for Arab students. Nonprofit organizations such as Tsofen work with the Israeli government to integrate more Arabs into the high-tech sector, mainly in the north.

Alkirkawi is a Bedouin success story. He received his undergraduate degree in public health administration from BGU, a master's in social work with a specialization in peacebuilding and civil society from McGill University in Montreal, then returned to his alma mater to earn an MBA in social leadership. Alkirkawi's academic travels exposed him to students from around the world, and that's become a big part of A New Dawn's agenda. The organization brings international volunteers to Rahat. They teach English and other subjects, but more importantly, they help "break the stereotypes of what different people are like," Alkirkawi says. "It creates curiosity and questions, until people get used to being around outsiders who maybe have blue eyes and don't know your language."

Funding for A New Dawn comes from organizations including the Israeli Ministry of Education, the New Israel Fund, Children of Peace, the Tsadik Fellowship, Israel's Bituach Leumi (Social Security) and the Ted Arison Family Foundation.

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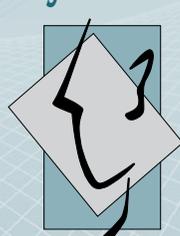
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Contributions as of Oct. 18

Edwin and Alma '51 Lakin Holocaust Library & Resource Center

In memory of:

Edwin Lakin – Sarah and Sam Flamholz, Judy Katz

In honor of:

Rosalie Yashek's special birthday – Norman and Rita Wilikofsky, Barbara Nazimov, Louise Zeidman, Andy and Corinne Wernick, Jay and Evelyn Lipschutz, Sid and Esther Bratt

Federation Jewish Community Campaign

In memory of:

Edwin Lakin – Don and Ellen Abramson

Cindy Boscov – Judith Copeland

Debbie Shapiro – Judith Copeland

In honor of:

Rosalie Yashek's special birthday – Rob and Yvonne Oppenheimer

Jewish Family Service

In honor of:

Barbara and Michael Perilstein's new home – Barbara Nazimov

Honorials and Memorials

Contributions may be made to the following Funds:

Federation Jewish Community Campaign	\$10
Jewish Family Service	\$10
Leo Camp Lecture Fund	\$10
JFS Food Bank	\$25
JFS Taxi Transportation Program	\$25
Holocaust Library & Resource Center	\$18
Doris Levin Fund	\$10
PJ Library Fund	\$10
Harry & Rose Sack Fund	\$10
Evelyn Thompson Fund	\$10

In memory of:

Cindy Boscov – Cheryl and Eric Farber

Lakin Preschool Fund

In honor of:

Sarah Simon's engagement – Ellen and Don Abramson

In memory of:

Edwin Lakin – Barbara and Bernie Fromm, Karen and Myron Kabakoff, Sandra Fishman

Mitzi Wernick (Andy Wernick's mother) – Sandra Fishman

Sue B. Viener Memorial Fund (PJ Library)

In memory of:

Cindy Boscov – George Viener

Carl Herbein – George Viener

Marian Ehrlich (Irving Ehrlich's mother) – Karen and Myron Kabakoff

Jewish Family Service Program

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* New to Medicare * About to turn 65 *
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7:00pm

At the Jewish Cultural Center
1100 Berkshire Blvd., Wyomissing

Speaker: Phyllis Dessel
Retired from Berks County Area Office of Aging

Learn about all the parts of Medicare:

Part A - hospital insurance

Part B - medical insurance

Part C - Medicare Advantage plans

Part D - prescription drug plans

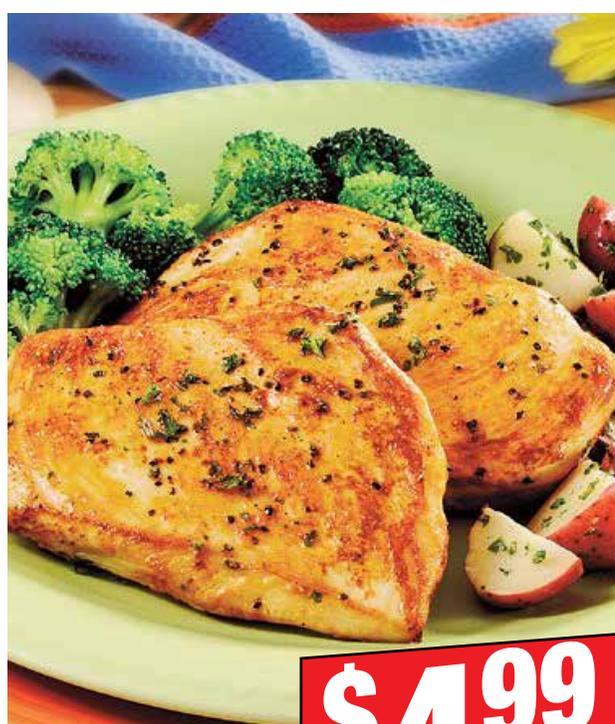
This event is FREE and ALL are invited! Minimum registration is required.
Please RSVP by November 2 to Sari Incledon (610) 921-0624 or email Sarii@JFReading.org

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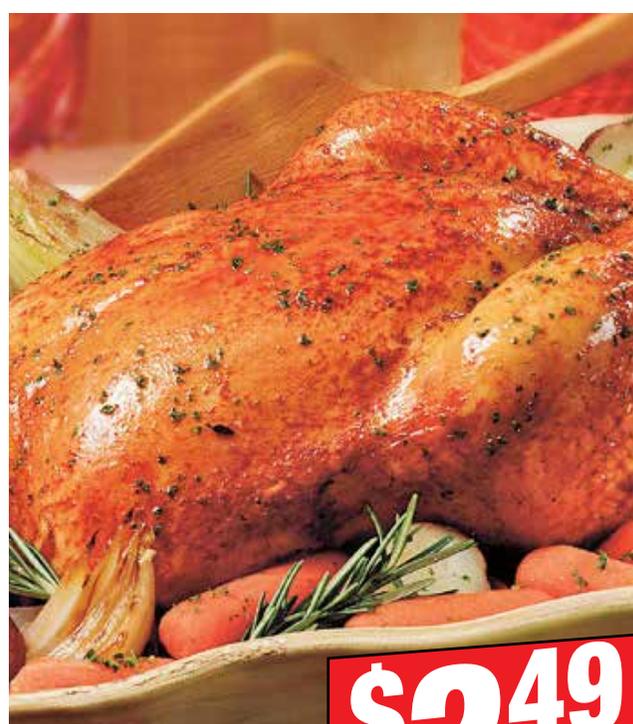
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4 FOR \$5



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Falafel Mix
6.3 ounce

2 FOR \$5



Selected Streit's
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12 ounce

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