

the Jewish Observer

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Nisan • Iyar 5759

Historical Marker Set for Former JCC Site

West End facility was location of 1958 civil rights era bombing

By LARRY BROOK

A new historic marker will be dedicated at the former Nashville Jewish Community Center site, where a civil rights bombing took place in 1958.

In 2016, the Historical Commission of Metropolitan Nashville and Davidson County allocated money for every council district to have a new historic marker. When reviewing the options for District 24, Councilwoman Kathleen Murphy chose to honor the resilience of the Jewish community with a marker at the former site of the JCC, commemorating the bombing. The JCC was located at 3500 West End Boulevard, where Interstate 440 now passes under the road.

Founded in 1902, the JCC was originally known as the YMHA, and the cornerstone for the first facility was laid at

Union Street in 1907. With the community growing, the facility was sold in 1947, and the name was changed to the Jewish Community Center. After a couple of temporary homes, the West End location began construction in 1951, with the dedication in time for the JCC's 50th anniversary the next year.

With no prospects for expanding at West End and plans beginning for the interstate, the JCC started contemplating a move in 1976. The current site on Percy Warner Boulevard was purchased in 1966 and used by the JCC for sports and outdoors activities, so in 1980 it was decided to move the JCC there.

In her book, "From Y to J: The Hundred-Year History of Nashville's Jewish Community Center," Jean Roseman documents that at 8:27 p.m. on March 16, 1958, Rabbi William Silverman received a call from the "Confederate Underground" saying "We have just dynamited the Jewish Community Center. Next will be The Temple." The caller also said Judge William Miller, who was overseeing desegregation of Nashville's schools, would be shot down.

The bomb, which is thought to have consisted of two or three sticks of dynamite, had exploded at the Center at 8:07 p.m. The blast tore out the front doors and nearby windows, and collapsed the reception hall ceiling.



Photo from Nashville Public Library's Metro Nashville Archives
Nashville Jewish Community Center in the 1950s.

The JCC often hosted community meetings aimed at desegregating Nashville's schools and communities based on the Jewish values of equality and justice for all. There were also desegregated basketball games at the JCC.

Gil Fox Jr. was the vice president of the JCC board at the time of the incident. "The bombing happened on a Sunday night when the building was not occupied," he said. "The public was outraged, the paper gave it lots of press, but once it was patched up, we went right back to business." The Center reopened on March 18.

Fox noted "There were other bombings at the time. Sadly, it was not an isolated

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Save The Date Federation Annual Meeting on June 12

The 83rd annual meeting of the Jewish Federation and Jewish Foundation of Nashville and Middle Tennessee will be held on June 12 at 7 p.m. at the Gordon Jewish Community Center.

The meeting will include the election of officers and members of the Federation board of directors. In addition, Jacob Ruden and Christie Wiemers will receive the 2019 Sandy Averbuch Young Leadership Award, in recognition of continuing commitment to service with Nashville's Jewish community.

The 2019 Federation nominating committee will present the following slate of officers:

President: Steve Hirsch
Vice President: Aron Karabel
Secretary: Janet Weismark
Treasurer: Martin Satinsky

Nominees for a three-year board term are Jacob Kupin, Hayley Levy and Christie Wiemers. One-year term nominees are Marjean Coddon and Gary Fradkin.

Rabbi Joshua Kullock of West End Synagogue is the incoming senior congregational rabbi.

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Israel's 71st Birthday in Nashville

Many organizations will be holding celebrations of Israel's 71st birthday. Here are some of the community offerings:

Community Celebration

The Nashville Celebrates Israel Independence Day "Fly Chai Israel" festival will be on May 19 from 2 to 5 p.m. at Centennial Park's Musicians Corner.

The event, which is funded by the Jewish Federation and Jewish Foundation of Nashville and Middle Tennessee, will include Israeli food and dancing, kids activities, live music and more. Bring your lawn chairs or picnic blankets.

Akiva Day School

There will be a private in-school school-wide assembly to celebrate Israel71.

Chabad Center

Beit Tefilah Chabad will hold TGIS in honor of Eretz Yisrael on May 10 at 6:45 p.m. There will be Kabbalat Shabbat and an Israeli Shabbat dinner. TGIS is a Shabbat experience that enlivens the week, as you say "Thank G-d It's Shabbat!" It includes a little prayer, a little song, a little dancing, and a lot of traditional Shabbat food.

Hadassah

Hadassah Nashville will hold a potluck Israeli dinner for members and associates at the Gordon Jewish Community Center at 6 p.m. on May 20, followed by an open Board Meeting at 7 p.m. All Hadassah members and associates are invited to bring a dairy/pareve dish of their choice to

share, such as hummus, pita, falafel, Israeli salad, etc. Hadassah will provide drinks, plates and utensils.

RSVP on the Facebook Page: Hadassah Nashville.

Congregation Micah

On May 2 at 10:30 a.m., the weekly "Schmooze and Views with the rabbi," a civil dialogue on politics, will host David Bernstein, president and CEO of Jewish Council for Public Affairs. Following this discussion, at 11:30 a.m., since it is Yom HaShoah, Holocaust survivor Frances Cutler will tell her story over a Federation sponsored lunch. Both events are free and open to the entire community.

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Jewish Federation & Jewish Foundation
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Yom Hashoah

COMMUNITY COMMEMORATION SERVICE

SUNDAY, MAY 5 | 2-3PM
GORDON JEWISH COMMUNITY CENTER
801 PERCY WARNER BLVD. NASHVILLE

Featuring: Sarah May, granddaughter of Holocaust survivor Rosemary May,
music by Akiva School and JMS Students and Violins of Hope.

A guided tour of the Nashville Holocaust Memorial
will be offered immediately following the service.

For more information, contact Deborah Oleshansky
at Deborah@jewishnashville.org.



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Israel

Continued from front page

On May 8 at 5:15 p.m., Yom HaZikaron, the Micah Midweek Mincha Service will pay special tribute to Israeli soldiers. The event is free and open to the community.

On May 9 at 10:30 a.m., for Yom Ha'atzmaut, the weekly "Schmooze and Views with the rabbi" will host a conversation about the state of Israel at 71. This event is free and open to the public.

On May 10 at 6 p.m., Kabbalat Shabbat services will include some short reflections on Israel at 71.

Congregation Sherith Israel

There will be a private evening program to celebrate Israel 71 with Israeli members of the community.

The Temple

For Tot Shabbat on May 11 at 10 a.m., there will be a program for children up to 6 years old and the big people who love them. There will be songs, crafts, a story, and treats with a Yom Ha'atzmaut (Israel Independence Day) theme.

West End Synagogue – Beit Miriam School

On May 5 from 10:30 a.m. to noon, the end of the school year celebration will feature a Salute to Israel Program with songs, music and a slide show. The program will include the presentation of student awards and a salute to teachers. Award presentations include The Simon and Alven Gherntner Award for Excellence in Hebrew to a deserving 7th grader, and the Anna Isenstein Madrich (Teacher Aide) Appreciation Award to the outstanding high school teacher's aide. The program will be followed by an Israeli-style lunch.

CUFI

A Christians United for Israel "Night to Honor Israel" will be held on May 7 at 7 p.m. at Omega Center International in Cleveland, Tenn. Keynote speaker will be Pastor John Hagee, founder and chairman of CUFI. Other speakers include Cleveland Mayor Kevin Brooks, Chattanooga Jewish Federation Executive Director Michael Dzik and CUFI Regional Coordinator Pastor Lyndon Allen.

Community Holocaust Commemoration on May 5

The community Yom HaShoah commemoration service will be on May 5, starting at 2 p.m. at the Gordon Jewish Community Center.

Keynote speaker will be Sarah May, granddaughter of Holocaust survivor Rosemary May.

Born and raised in Atlanta, May is writing a book telling the story of her grandmother. The book not only focuses on Rosemary's story as a survivor, but how the lessons learned from her story continue to resonate even today.

May holds an MA in Security Policy Studies from the George Washington University's Elliott School of International Affairs, as well as a BA in Communications and a BA in Jewish Studies from the University of Maryland. Her global outreach spanned studying at the University of Oxford, working at Museum of the

History of Polish Jews in Warsaw, Poland, and in 2017 completing a fellowship with the Atlantische Initiative to advance German-U.S. transatlantic relations. She currently resides in Washington, and continues telling her's and Rosemary's story.

As part of the service, Isabella Reish will play the Stacy Beyer song, "It will Never Happen Again," on the Violin of Hope held by the Nashville Symphony. Students from Akiva and JMS will sing both that song and "Eli Eli."

Felicia Anchor will provide a guided tour of the Tennessee Holocaust Memorial immediately after the conclusion of the service.

Anyone who is new to Nashville and has a personal or family connection to the Holocaust is encouraged to contact Deborah Oleshansky, (615) 354-1637, or deborah@jewishnashville.org.



Work continues on restoring the site of the Nashville Holocaust Memorial on the Gordon JCC grounds, as electricity and irrigation are being restored to the area for the first time since a fire destroyed the nearby pavilion, the Adventure Park's entrance is being relocated, and a dozen arborvitae are planned to provide a buffer between the memorial and the Adventure Park



Jewish Federation & Jewish Foundation
OF NASHVILLE AND MIDDLE TENNESSEE

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OFFICIAL NOTICE OF THE 83rd ANNUAL MEETING

Date: Wednesday, June 12, 2019

Time: 7:00 p.m.

Place: Gordon Jewish Community Center
801 Percy Warner Boulevard
Nashville, Tennessee 37205

SLATE OF NOMINEES FOR OFFICERS AND BOARD MEMBERS, 2019-2020

Slate of Officers for Election for a one-year term:

President: Steve Hirsch
Vice President: Aron Karabel
Secretary: Janet Weismark
Treasurer: Martin Satinsky

Board Members for a three-year term:

Jacob Kupin Hayley Levy Christie Wiemers

Board Member for a one-year term:

Marjean Coddon Gary Fradkin

Incoming Senior Congregational Rabbi: Rabbi Joshua Kullock, West End Synagogue

Submitted by the 2019 Federation Nominating Committee:

Carol Hyatt, Chair

Committee Members Jeremy Brook, Mark Kaplan, Leslie Kirby,
Jacob Kupin, Christie Wiemers

Please Note: Any twenty-five members of the Jewish Federation may submit additional names provided such names are submitted to the president or to the executive director at least twenty days before the annual election. The persons nominated for officer positions must be or have been members of the Board of Directors. The Nominating Committee list and all other qualified lists are to be presented for election at the annual meeting which is open to all members of the Jewish Federation. The Nominating Committee shall publish the list of nominees twenty days before the annual meeting (Jewish Federation of Nashville and Central Tennessee Constitution, Section 6)



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Bittersweet and Strange

Israel's National Holidays and how it feels to wave the flag from so far away

About 19 months ago, on a hot summer day in August 2017, I was at my parents' house in Jerusalem, packing my life in a bag, trying to choose carefully what to bring, what are my absolute essentials that can be of good use on my new journey. Do I make a practical decision and pack another work suit or should I go for the sentiment and pack a book I read multiple times in case I want to jump back into it at a quiet moment? Should I pack the letters I got for the trip from my loved ones or is it enough that I read them?

After making a big decision like relocation so easily, it was the small choices that got me thinking. After some back and forth, I zipped my suitcase and went on my way. Sixteen hours and some change later, I found myself having brunch at 'Le Peep' in Belle Meade with my new co-workers asking about my flight and how am I doing? I wish I could give them an honest answer but I didn't really know.

Eating my mixed feeling away with a good ole' fried chicken, I focused on work as much as I could. The biggest events that I was requested to produce are the Israeli National days: Yom Hazikaron (Memorial Day) and Yom Haatzmaut (Independence Day). How can I convey the feelings of the Israeli national days in a Jewish community in Nashville? I thought it should be in the Israeli fashion – a somber Memorial Day followed by a sharp shift to fireworks

and BBQ celebrating Independence Day. That was a premature assumption that the American society can handle that shift and understand it. I was disappointed to find that like in a lot of other Jewish communities in the U.S., Nashville too is reluctant to have that proximity of the holidays for both cultural and logistical reasons.

The realization of how different the American culture is from the Israeli culture came gradually through the 18 months I spent here, and still continues to reveal new nuances every day. What I thought was a lack of understanding of the Israeli culture was just as much my lack of understanding of the American culture. Well yeah, but this is a Jewish community you say, we're all Jews... how different can it be? Well, let me present a few examples:

The calendars: Gregorian vs. Jewish

The United States conducts their lives by a Gregorian calendar. While there is supposedly a separation of church and state, the work week goes from Monday to Friday, compared to Israel where the work week goes from Sunday to Thursday. Every Shabbat is like a 'bank holiday' where most businesses, transportation etc. are closed, so it is nothing like the Sundays here. In Israel we cannot plan big events for Friday nights and if we plan for Saturday night, it will be limited as people need to wake up for work the next day. Therefore, in Israel we plan big events

like community events, weddings and other celebratory outings for Thursday night. For the Jewish community in the U.S., you cannot plan for Thursday night because you work on Friday. Not Friday night because of Shabbat. Community leaders will completely understand the frustration of only planning for Sundays, trying to avoid conflicts with other events. This difference alone is enough to make a Shaliach crazy.

Another challenge that the calendar presents is the holidays. While USA citizens people get 'Bank holidays' for Christmas or new year's, Israelis get those for all Jewish holidays (fasting doesn't sound all that bad now, huh?). On top of the Jewish holidays celebrated in Israel, there are of course the National holidays just like in the U.S., which brings me to the next cultural difference – History.

United States vs. Israel nationality

United States nationalism stemmed from the need of political and economic independence and local democratic control that brought separate colonies together to fight for independence. Israel's nationalism is a bit different and goes back to over 2000 years where the people of Israel yearned for independence in the promised land of Israel. The people of Israel were united by language, rituals, traditions and religion that brought them to Israel and their national identity grew stronger with the life they built on the promised land. The strong national identity grew even stronger with a more cohesive culture, freedom to practice Judaism and establishing an even stronger connection to the land.

Once expelled from Israel, the Jewish people held on to the dream of one day coming back to their promised land where they can live freely and independently as Jews. This is the anchor that defines Zionism – the yearning for Zion, a religious nationalism.

A little over 2000 years later, on May 14, 1948, the Jewish people earned back the right on their land with the Declaration of Independence. After years in the diaspora, Jews from all around the world gathered back in Israel and celebrated their return to what they believed is the land promised to them by G-D, and for the secular ones, the historic land they once lived on, free to practice their culture, tradition and peoplehood. The celebration of independence did not last too long as the territory was under war with the Palestinians and the neighboring Arab countries who refused to accept the United Nations Partition Plan for the territory. While at war, while mourning the 1 percent of the Jewish population that died during the ongoing war, the Jewish settlers still celebrated their independence. Losing a loved

one but earning independence, giving your own life in order to promise a future for your children, fighting for independence after the Holocaust and Jewish persecution.



These were the mixed feelings of the day of the Declaration of Independence, and we carry those feelings every year, intensified by a constant state of conflict.

Celebration of national holidays

Although there are many other cultural differences, the different calendars and history of the U.S. and Israel are enough to define a different culture. The different ways in which we celebrate the national holidays reflects those differences. In the U.S., memorial days are marked by BBQ and shopping sales. In Israel we have events in every school and town square to mourn the lost soldiers. Nearly every citizen has a personal connection to someone who lost their lives in the battle for Israel's existence, so a lot of tears are shed and it is a very hard, somber day.

In the U.S. there is a separate time for Memorial Day and Independence Day. In Israel, the Memorial Day is immediately followed by the booming fireworks of the Independence Day celebration. Some mourners can barely bring themselves to celebrate our independence. Some veterans stay at home, suffering from PTSD that is triggered by the fireworks. 48 hours of our biggest loss and our greatest achievement. It is bitter, sweet and strange.

Coming here from Israel, naively thinking that it is natural to mention the two days in the intensity and proximity of the Israeli tradition, was a cultural difference that unfolded with time. But lucky for us, we are all one big Jewish family and our brothers and sisters from overseas find it important enough to have both Israel Memorial Day and Independence Day celebrated in their communities. I have the honor to coordinate these events.

Please join us as we honor lost soldiers and terror attack victims on May 7, 6:30 p.m. at the Gordon Jewish Community Center, and as we celebrate Israel Independence day on May 19, 2 to 5 p.m. at Centennial Park. For any questions, please contact me at sharon@jewishnashville.org

Volunteers Needed

The Israel Independence Day committee is looking for volunteers to staff booths and stations at the Israel Independence Day celebration, Fly Chai Israel, May 19 from 1 to 6 p.m. To volunteer, please sign up here: bit.ly/FlyChaiNash

Swastika found at Vanderbilt library

(JTA) – A swastika and anti-Semitic comments were drawn in the main library at Vanderbilt University.

A student discovered the graffiti on April 17 on a study carrel and reported it to the campus police, the Nashville university said in a statement. The campus police have opened an investigation and said they will share information with the Metro Nashville Police Department, as well as the Tennessee

Bureau of Investigation and the FBI.

"We wholeheartedly reject anti-Semitism and its symbols, and the abhorrent ideology associated with this act of vandalism has no place on our campus," the university said in a statement. "Vanderbilt does not tolerate language or actions that are bigoted or intended to intimidate anyone in our community. We remain deeply committed to fostering a welcoming and inclusive environment for all."



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Update: Tenn. Resolution Honoring Israel Passes Legislature

While there was a signing ceremony on March 7 where Governor Bill Lee signed a proclamation expressing Tennessee's support for Israel, a Senate joint resolution to that effect was still working its way through the Legislature at the time.

That resolution, submitted by Sen. Mark Pody, has since passed the Legislature and was signed by Lee on April 1. After passing the Senate, 28-0, it went to the House, where it went through committees before a March 25 vote that was 94-0. Rep. Terri Lynn Weaver was in charge of seeing the resolution through the House.

After being signed by the House and Senate speakers on March 27, it was transmitted to the governor.

The resolution "to express support for the Nation of Israel" says "we hereby honor and commend the Nation of Israel and

extend Tennessee's friendship and esteem as we remain steadfast in our support of the Nation of Israel."

The March 7 ceremony took place in the Old Supreme Court Chambers, with Israeli Consul General Judith Varnai Shorer, many of Nashville's rabbis, and representatives from the Jewish Federations from across the state in attendance.

The proclamation states that Israel "has long been, and remains, America's most reliable partner in the Middle East, with both nations bound closely by historic and cultural ties as well as by mutual interests."

"At this time of continued uncertainty in the world, Tennessee again desires to reaffirm its friendship with the Nation of Israel by expressing its unequivocal support for the Nation of Israel," the resolution adds.



On April 4, Tom Dugan performed his one-man show, "Wiesenthal: Nazi Hunter," about the work of Simon Wiesenthal, at West End Synagogue. Jay Kholos of Nashville coordinates the show's national tour, and a few days earlier there had been three performances in Pittsburgh as a fundraiser for Tree of Life, the congregation where 11 were murdered last October.

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Editorial Submissions Policy and Deadlines

The Jewish Observer welcomes the submission of information, news items, feature stories and photos about events relevant to the Jewish community of Greater Nashville. We prefer e-mailed submissions, which should be sent as Word documents to editor@jewishnashville.org. Photos must be high resolution (at least 300 dpi) and should be attached as jpegs to the e-mail with the related news item or story. For material that can-not be e-mailed, submissions should be sent to The Jewish Observer, 801 Percy Warner Blvd., Suite 102, Nashville TN 37205. Photos and copy sent by regular mail will not be returned unless prior arrangement is made. Publication is at the discretion of The Observer, which reserves the right to edit submissions.

To ensure publication, submissions must arrive by the 15th of the month prior to the intended month of publication.

For advertising deadlines, contact Carrie Mills, advertising manager, at 615-354-1699, or by email at carrie@nashvillejcc.org.

Corrections Policy

The Jewish Observer is committed to making corrections and clarifications promptly. To request a correction or clarification, email editor@jewishnashville.org

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JACQUES BACK

Jewish Family Service Presents

Opioid Prevention Count it! Lock it! Drop it!

Caty Davis, Miss Tennessee 2017, will be speaking about Opioid Prevention and Count it! Lock it! Drop it!, the importance of counting and controlling your personal medication. She is dedicated to promoting awareness and education about substance abuse prevention and treatment across the state.

There will be 2 chances to hear Caty Davis speak:

Wednesday, May 29
7:00 pm-8:00 pm
Gordon Jewish Community Center
Open to the entire community

Thursday, May 30
12:30 pm
TGIT
Gordon Jewish Community Center

No admission cost
Please bring any unused or expired medication for safe disposal.

For more information or to RSVP please contact:

Ashley Franklin, LMSW
Jewish Family Service
ashleyfranklin@jfsnashville.org • 615-354-1662



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Human Rights Advocacy at Congressional visit

Rabbi Flip Rice part of 26-rabbi national delegation

Rabbi Philip Rice of Congregation Micah in Nashville is one of 26 American rabbis and social justice advocates who were in Washington last month as part of a human rights lobbying day organized by American Jewish World Service, the leading Jewish organization supporting advocates for human rights and social change in developing countries.

The rabbis, who were in Washington from March 11 to 13, urged officials to take action on three crucial human rights issues. They advocated for human rights in Guatemala; justice for the Rohingya people in Burma, who have suffered genocide; and an end to the "global gag rule," which restricts U.S. funding for life-saving sexual and reproductive health programs overseas.

The rabbis are participants in a program run by AJWS that collaborates with rabbis to advocate for human rights. They

met with Democratic and Republican Senators and Representatives and staff members involved in foreign relations, appropriations and other key issues. They also met with State Department and USAID officials.

The rabbis arrived in Washington as Congress prepared to debate legislation calling on the U.S. to demand that the governments and military brass in Burma and Guatemala respect human rights of everyone in their countries, including long-oppressed ethnic minority groups.

"The new Congress is already challenging the Trump administration on issues of American foreign aid and support for human rights," said Robert Bank, President and CEO of AJWS. "These rabbis are playing a key role in educating elected officials and the public about the importance of U.S. leadership on the global stage in standing up for human rights."

JCRS Undergraduate financial aid deadline May 31

The deadline for needs-based undergraduate college financial assistance from Jewish Children's Regional Service is May 31. In the upcoming academic year, the New Orleans-based agency will provide assistance to over 100 Jewish students in its seven-state region.

As the oldest Jewish children's agency in the country, the JCRS has been providing social services, care and funding since 1855 to Jewish youth in Alabama, Arkansas, Louisiana, Mississippi, Oklahoma, Tennessee and Texas.

Applications are available on the agency's website, jcrs.org. Applications received by the deadline will receive priority funding, and those received after that date will be considered if funds are still available. While late applications to the JCRS education or camp scholarship programs are not eligible for maximum awards, applications for the special needs program are accepted throughout the year.

Miss Tennessee 2017 to speak on the Opioid Crisis

JFS sponsoring May 29 event at Gordon JCC

Caty Davis, Miss Tennessee 2017 and Goodwill Ambassador for "Count it Lock it Drop it" will be speaking on May 29 at the Gordon Jewish Community Center. Her 7 p.m. presentation will be on the opioid crisis in Tennessee, which has ensnared an estimated 70,000 people.

Drug addiction is personal for her, because she has 12 family members who are or were struggling with addiction.

Her father was addicted to alcohol and prescription opioids, and committed suicide in June 2014 after going through rehab four times. Her step-brother, also addicted to alcohol and opioids, had committed suicide two years earlier. Her grandfather, an alcoholic, died in a drunk driving accident when her father was 14.

She has since turned this tragedy into her passion to educate people about the opioid crisis and safe disposal of medication.

She will also talk about drug prevention and the importance of controlling and locking up personal medication, as 70 percent of opioid addicts got their start from the medicine cabinet of a relative or friend. Because of that, it is important to be vigilant not to be an "accidental drug dealer."

Davis recommends counting medication to see if any goes missing, locking it up and disposing of it properly.

Her presentation is a Family Life Education program by Jewish Family Service, which is committed to bringing awareness



Cary Davis

to the community about important issues such as the opioid epidemic and providing education about prevention and treatment.

There is no charge for the program, and everyone is welcome. Free medication disposal kits will be available, and refreshments will be served.

She will also speak at the Gordon JCC's TGIT program on May 30 at 12:30 p.m.

RSVP to Ashley Franklin at JFS, (615) 354-1662, or email ashleyfranklin@jfsnashville.org.



Lori Ann Fishel



The Jewish Federation and Foundation of Nashville and Middle Tennessee is currently accepting applications for : *The Lori Ann Fishel Fund to Enhance the Lives of Those with Disabilities*

The goal of the Lori Ann Fishel Fund is to provide incentive grants (to offset costs) to help individuals with disabilities to travel, participate in programs, or pursue hobbies and interests in order to enrich their lives and encourage independence. The incentives may be used to attend:

- Classes
- Concerts
- Lectures
- Conferences
- Other enriching experiences

The incentive grant is designed to help defray costs of travel, registration, and meals as well as providing an aide or companion, if needed. All incentive grants will be paid as a reimbursement of costs.



To be eligible for a Lori Ann Fishel Fund Incentive Grant the applicant must:

1. Live within the area served by the Jewish Federation and Jewish Foundation of Nashville and Middle Tennessee.
2. Be a Jewish individual or a member of a Jewish family of any age with a diagnosed disability.
3. Complete the attached form.
4. Submit a letter of recommendation. The person preparing the letter of recommendation should be knowledgeable about the applicant's ability to participate in the suggested outing.

Applications for this quarter are available and due by July 31, 2019. For information, please contact Shannon Small, Financial Resource Philanthropic Officer, at 615-354-1651. The Jewish Foundation welcomes gifts from the community to existing funds.

YOUR NASHVILLE SYMPHONY

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MAY 19



MAY 23 TO 26



MAY 31 TO JUNE 3



JUNE 7



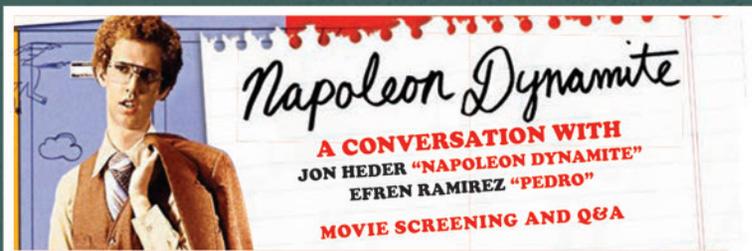
JUNE 14



JUNE 20 & 21



JULY 6 & 7



JULY 11

Live at **ASCEND AMPHITHEATER**



JUNE 15



JUNE 22



JUNE 29



615.687.6400 | NashvilleSymphony.org

KC & The Sunshine Band, Branford Marsalis and Napoleon Dynamite presented without orchestra.



Walking the Labyrinth



Students from Hebrew Union College did a labyrinth walk during a visit to Congregation Micah.



In honor of Passover, Rabbi Yitzchok Tiechtel from Chabad of Nashville led a delegation of Rabbis to meet with Tennessee Governor Bill Lee, and shared a gift of hand-made Shmurah Matzah from Israel. Governor Lee also signed a special proclamation designating April 16 as Education and Sharing Day USA, in honor of the birthday of the Rebbe, Menachem Mendel Schneerson, of Blessed Memory.

Governor Lee shared a personal message urging Tennesseans to take a step towards their personal liberty and salvation, with government being there as a support, while empowering every Tennessee citizen to move forward and grow as individual person. Rabbi Tiechtel blessed the governor with the Biblical blessing of the Kohanim, and wished him great success. Pictured here are Rabbi Chaim Weitman, Levi Tiechtel, Rabbi Levi Klein, Governor Bill Lee, Rabbi Yitzchok Tiechtel, Joe Freedman.

Ark. Tech scholarship named for apparent Holocaust denier

Despite complaints that Arkansas Tech University recently unveiled a scholarship named after a Holocaust denier, the university is stating that it does not plan to do anything about it, and is denying claims that the professor in question was a Holocaust denier.

On Dec. 10, the university announced the establishment of the Michael Arthur Link and May Reid Kewen History Schol-

arship, following a bequest by Link, who died in 2016 after teaching at Arkansas Tech for 51 years.

On April 18, the Anti-Defamation League released an open letter to the president of the university, Robin Bowen, citing evidence that Link had "anti-Semitic passages in his written work," and "repeatedly espoused Holocaust denial and anti-Semitism to his students and in his writing."

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Temple Town Hall Meeting A Conversation with Senator Bob Corker Tuesday, May 7th at 7:00 PM



Bob Corker was a Republican member of the U.S. Senate from the State of Tennessee.

Corker was first elected to the Senate in 2006 and served as the chairman of the United States Senate Committee on Foreign Relations. Corker previously served as the mayor of Chattanooga, Tennessee from 2001 to 2005 and Commissioner of the Tennessee Finance and Administration Department from 1995 to 1996.



Moderated by Frank Boehm

Temple Town Hall meetings are an ongoing series focusing on current issues of communal concern, as seen through a variety of different (and often opposing) points of view, all done in the spirit of an open, civil, respectful and honest dialogue. This series seeks to continue a proud tradition toward the pursuit of social justice in our community.

The Temple is located at 5015 Harding Pike ~ Nashville, Tennessee ~ (615)352-7620

My case for AIPAC

By **RABBI JOSHUA KULLOCK**

In March, I once again had the chance to attend the American Israel Public Affairs Committee's Policy Conference in DC. I joined the 18,000 people who were there to support a healthy and vibrant relationship between the United States and Israel.

Contrary to what some people would like to believe, there is probably not a more diverse group of people attending a single conference in this country than this one. This is not an easy balance to achieve, but I think that AIPAC does a very fine job at keeping the event, and its cause, truly bipartisan. They do so because they understand that otherwise, they will be harming their chances of success.

As the pro-Israel cause needs to remain bipartisan, so too should the conversation about antisemitism in this country. That is why every time a politician tries to transform antisemitism into a partisan issue, we need to raise our voices, and let everybody know that this is unacceptable. The Democratic Party has to deal with those boycotting AIPAC and supporting BDS, and the Republican Party has to deal with the increasing numbers of white supremacists, many of whom are behind the shootings happening in this country, including the one that took place in the Tree of Life Congregation in Pittsburgh.

Antisemitism and anti-Israel rhetoric can be found at the far left and the far right, and a big part of our job is to make sure that none of that becomes mainstream. How do we do that? To begin with, by not falling into the trap of transforming any of these issues into a partisan issue, and then by holding, supporting and strengthening a position that is closer to the center and far away from the extremes. We have to be vigilant because, if we do not pay attention, we may end up having to deal with a very scary scenario.

This year, two days before my trip to AIPAC, I joined a few colleagues and other members of the Jewish community here in Nashville to attend Jumu'ah, or the congregational prayer, at the Islamic Center of Nashville. We were there to pay our respects and to show solidarity with our Muslim brothers and sisters in the aftermath of the shooting in New Zealand. The visit to the mosque and my trip to Washington were connected at their core because, as I see it, sustaining the Muslim-Jewish relationships and working on behalf of a fruitful alliance between the U.S. and Isra-

el are rooted in the same values.

We are summoned to build multicultural societies in which we can celebrate the uniqueness of our particular identities while creating room for fair criticism and disagreement among ourselves without demonizing one another. At AIPAC, for example, I learned about a Bedouin female physician who is developing free genetic tests to help her community as they try to lower the prevalence of some diseases that are associated with closed societies. I also learned about a theater company in Yaffo that serves as a support network for both underserved Muslim and Jewish teenagers living in the area. And, I learned about Net@, an Israeli youth movement that brings together Jewish, Christian, Muslim, Bedouin and Druze students, from all over Israel, to study technology and to learn skills that will help them be an active part of the start-up nation. All of those initiatives, and many more, are trying to build an inclusive Israel in which everyone has a fair chance to succeed. How can I be against something like this?

Those who think that strengthening the Muslim-Jewish relations and supporting a strong and safe Israel are opposite goals, are either hoping for the disappearance of the State of Israel or hoping for the disappearance of Islam. But let me tell you, none of that is going to happen. Consequently, the best way to move forward is by working on both fronts at the same time. In the long run, Israel will be stronger and safer as a result of the improved relationships between Muslims and Jews all over the world and within its own borders.

Not everything that I get to hear at AIPAC is the kind of stuff that I would always like to hear. Sometimes, as some politicians speak, I listen and I cringe. But, that is also what comes as part of a truly bipartisan event. I attend AIPAC because I understand that in the pro-Israel camp, we have to be united but not necessarily uniform. And, as long as we treat each other



Nashville delegation to AIPAC 2017 meeting with Rep. Jim Cooper in his office.

with respect, I am willing to listen to voices that do not represent my personal views.

That does not mean that I will applaud or support those voices or, for that matter, every single policy that is coming from the Israeli government. I am there not because I am a blind supporter of any government. I am there because I am a supporter of the idea of a Jewish State that will live up to the ideals and values of our founding fathers and our founding texts. I am there because I believe Israel needs our unwavering support and because only by being there does one get the chance to raise his or her voice when things are moving away from those fundamental values that make Israel such an endearing place.

Finally, I am there because I am not willing to let those on the extremes dictate the conditions of the conversation, and I

know that the only way to avoid those situations is by stepping up my own commitment and by resolving to become an agent of change myself.

The next AIPAC Policy Conference will begin on March 1, 2020. I hope you will consider joining me then, but in the meantime, there is plenty to do, so let's roll up our sleeves, and let's do some of that holy work.

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At Our Congregations...



Mazal Tov to Jake Bengelsdorf!

His essay, "Sustaining Culture and Community: The Many Faces of Resistance in the Warsaw Ghetto" (right) has been chosen as the first-place winner in Memphis Jewish Federation's 10th annual Holocaust Essay Contest. The award comes with a cash prize of \$250.

Jake has been invited to attend Memphis Jewish Federation's Yom HaShoah program on May 2 at 6:30 p.m. at the Memphis Jewish Community Center to accept his award in person, and to read his essay aloud to the audience.

We are so proud of Jake!

WES Annual Meeting:

May 10, 2019 at 5:30 p.m.

Followed by Kabbalat Shabbat service and oneg

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WES Hosting Iftar Dinner

West End Synagogue will be hosting an Iftar, the traditional evening meal served within the Muslim community as they end their daily Ramadan fast, on May 29.

There will be a Q&A with Rabbi Joshua Kullock and Imam Osama Bahloul from the Islamic Center of Nashville, starting at 7:15 p.m. Dinner will be at 8 p.m.



Temple Town Hall

Join us for a Conversation with Senator Bob Corker, May 7 at 7 p.m. Sen. Corker was a Republican member of the U.S. Senate from the State of Tennessee. Corker was first elected to the Senate in 2006 and served as the chairman of the Senate Committee on Foreign Relations. Corker previously served as the mayor of Chattanooga, Tenn., from 2001 to 2005 and Commissioner of the Tennessee Finance and Administration Department from 1995 to 1996. The event will be moderated by Frank Boehm.

Temple Fundraiser

Our Temple Fundraiser will be May 5 at 6 p.m., honoring Rabbi Mark Schifftan and Rabbi Shana Mackler for their dedication to The Temple. For more information, please contact Erin Zagnoev at (615) 352-7620.

168th Annual Meeting

The Temple's 168th annual congregational meeting will be at 5 p.m. on May 10, prior to our 6 p.m. Shabbat Service.

Pre K Graduation

Our Pre-K Graduation will be on May 23 at 6:30 p.m.

Sustaining Culture and Community: The Many Faces of Resistance in the Warsaw Ghetto

By JAKE BENGELSDORF

There is one course of action so powerful that it can defeat any aggressor. Stronger than hatred, and stronger than violence. Stronger than all the hostility and egregious acts the world has to offer. Stronger than the Schutzstaffel, stronger than the Einsatzgruppen. Stronger than the 2,100 soldiers, 13 heavy machine guns, 69 handheld machine guns, 135 submachine guns, multiple howitzers, and 1,358 rifles used to destroy the Warsaw Ghetto. It provides a key to hope and to life in one of the most destitute and savage places on Earth, the Warsaw Ghetto. It sparks hope in the masses and strikes fear in the oppressor. While barrages of Nazi bullets may rain down on the remaining Jewish citizens of the Warsaw Ghetto, their one secret weapon is in their indomitable and inviolable power of resistance. Resistance was not death – but a choice of how to live in the moments before one died.

Resistance had a myriad of faces in the ghetto, constituting not only of those who fought but those who inspired others to do the same. While the Warsaw sky burned red, underneath the rubble the nascent Jewish Combat Organization was born into the most gruesome conditions imaginable. The fighters, led by commander Mordecai Anielewicz, took out 12 Nazi soldiers, initiating the largest and first urban uprising in German-occupied Europe by the most poor, barren, unequipped, emaciated, and bereft populace in Warsaw – David had defeated Goliath once again. These actions inspired Jews in more than 100 ghettos to form underground movements with the goal of escaping the ghetto and revolting. A spark of hope spread like wildfire, a veritable Ner Tamid for the Jewish people in their darkest hour.

When the Nazis seemed resolute in killing the Jews of the Warsaw Ghetto, the Jews fought back in resistance. After weeks of onslaught and aggression, the Jews still fought back in resistance. And when the Nazis wanted to rid the world of the Jewish religion, the Jews defied them and celebrated life and tradition in resistance and resilience. The face of resistance can come from the rugged countenance of a ZOB fighter, or the gaunt profile of a child studying Torah underground. In spite of the Nazis, Jews taught children, had seders, used raisins and beets to make wine, and kept kosher. The practicing Jews of the Warsaw Ghetto were clinging onto their heritage as tightly as they could, and in doing so, resisted the Final Solution with bravery and fervor.

Seventy-five years later, on a Poland trip with my summer camp, I was reminded of the Warsaw Ghetto's unexplainable vigor at Shabbat services in Warsaw's Nolyk synagogue, the only surviving pre-war shul in the city. As I took my seat, an aging but spry man with a thick New York accent sat next to me and asked for a siddur – he was a Warsaw Ghetto survivor who escaped as a child to the Aryan side of the city. I sat in awe as he got up later to lead Musaf with a profound energy that could have come from an Olympic athlete. His kavanah and ruach dumbfounded me, as I knew he was praying for every one of his peers who didn't get the chance to pray. Praying for the souls that were lost on this very ground. Praying, in resistance.

To understand the Holocaust, to understand the survivors, and to understand their memories carried on by this man, one must not only analyze the tribulations of the Jewish people – but how they resisted, and how they lived with vitality in the moments before they died.

Green Team Shabbat

Why does Reform Judaism impel us to environmental stewardship... In our own lives? In The Temple? In our society? How does fighting to protect our environment honor Tikkun Olam? Please join us for a Green Shabbat on May 10 at 6 p.m. as we explore these questions and examine our role in the answers.

Food and The Environment

Our Green Team program, "Food and the Environment," will be on May 14 at 7 p.m.

Golden Lunch Bunch

Join the Golden Lunch Bunch for lunch, entertainment and fun at 11:30 a.m. on the first and third Tuesdays of the month at The Temple. This month's gatherings are May 7 and 21. To reserve, call Anna Sir, 354-1686.

Tot Shabbat

On May 11 at 10 a.m., come help us celebrate Shabbat for children up to 6 years old and the big people who love them! We'll have songs, crafts, a story, and yummy treats with a Yom Ha'atzmaut (Israel Independence Day) theme!

Hike & Havdalah At Percy Warner Park

Presented by The Temple's Worship and Music Committee, Hike and Havdalah will be on May 4. Meet at the top of the steps at the end of Belle Meade Boulevard at 3:45 p.m. with the hike of the 2.5 mile white trail to begin at 4 p.m. Meet at the stone gate entrance to the park at 5:30 p.m. for Havdalah. All ages welcome. Bring friends and family; if you are not hiking, please meet us for Havdalah.



Lunch and Learn: Yom HaShoah

"I remember most being jealous and resentful that I was not part of a family." Frances Cutler was born in Paris and lived through the turmoil of the German invasion two years later. Hear her personal tale on Yom HaShoah, May 2 following Schmooze. Lunch will be provided.

Micah Readers

Our Book Club meets every first Friday of the month in the library, on May 3 this month.

Sleep Matters Presentation

Does your child, tween or teen get enough sleep? Come find out why age-appropriate sleep is so important! Micah members Dr. Beth Malow and Judy Solan from Sleep Well Tennessee will share information about healthy sleep needs for kids ages 5 to 18, consequences of chronic sleep deprivation, and habits and strategies for improving sleep. The 10:30 a.m. presentation on May 5 will be followed by a Q & A.

Micah Children's Academy Spring Festival: Magic of Motown

Our annual spring festival, with musical performances and art by Micah students, as well as face painting, bouncy houses, games, prizes, online silent auction and more, will be on May 5 from 3:30 to 5:30 p.m. To purchase tickets, stop by the MCA office or email Theresa at tlepore@micahchildrensacademy.org

Graduation Shabbat

On May 10 at 6 p.m., there will be a special Shabbat service honoring Micah graduates, followed by a dinner sponsored by Akiva School. Families with young kids are welcome to attend! RSVP on our Events page.

A Woman's Circle

A monthly opportunity to grow your soul, meet with other women and engage with sacred text. Rabbi Laurie challenges your intellect through study and conversation on Jewish and other relevant topics. All are welcome. Bring a friend to the May 17 session at noon. Lunch is provided. RSVP to Rabbi Laurie Rice at lrice@congregationmicah.org

Confirmation Shabbat Service

The May 17 Shabbat service will honor our confirmation students. They will help lead the service. Wine-Down begins at 5:30 p.m., with service following at 6 p.m.

Last Day of Religious School

The final day of Religious School with annual Torah Wrap and picnic with food trucks and family activities will be on May 19.

Women's Grief Group

If you are a woman managing grief due to loss of some kind, you are welcome to join us for the Women's Grief Group. Meets twice monthly. Our next meetings are Thursday, May 9 and 23 from 2 to 3:15 p.m. Questions? E-mail Rabbi Laurie: lrice@congregationmicah.org



Chabad offers new course: Biblical Tales of Kings, Warriors and Prophets

This past winter, Chabad of Nashville offered a successful course on the Biblical Book of Judges, with many students from a cross-section of the Nashville community. Due to the great success of this course and by a great demand from many participants, Chabad will be presenting a new series, "Biblical Tales of Kings, Warriors and Prophets," on the Book of Judges, Part II. This will take place over seven Wednesday evenings, beginning May 8, at 7:30 p.m.

The Book of Judges records the ups and downs of a turbulent and eventful 355-year period of Jewish history. Travel back in time between the conquest described in the Book of Joshua and the establishment of a kingdom in the Books of Samuel, during which Biblical judges served as leaders, including Deborah the prophetess and Samson the Warrior.

Participants will be immersed in the richness of the Jewish Scriptures and discover the hidden meanings that have been lost over centuries of translations, and delve into the fascinating world of the ancient prophets of Israel. This new learning opportunity explores the dramatic stories and powerful messages contained in the Book of Judges.

The lessons will take place in the Oak Library at Chabad of Nashville.

For more information or to register go to www.chabadnashville.com or call (615) 646-5750.

Two TGIS celebrations in May

Start your Shabbat off right with good friends, great conversation, and excellent kosher cuisine, all seasoned with the perfect amount of spirit and joy. TGIS is a Club Med Shabbat: An all-inclusive Shabbat experience. Enjoy a Friday night Shabbat dinner replete with traditional dishes. Blended with spirited singing, a Chasidic tale, and a chance to meet some wonderful new people. TGIS will be held on Friday evening, May 10 and 24, at 6:30 p.m. at Chabad of Nashville.

There is no cost to attend the TGIS Shabbat experience, however we kindly request that you RSVP by letting us know you will be attending at chabadnashville@gmail.com.

Chabad to host a Southern Style Lag B'Omer BBQ

Join the Nashville community for a delightful evening of Lag B'Omer Southern Style Kosher BBQ and an Israeli Bonfire on May 23 at 6 p.m. on the outdoor patio of Chabad of Nashville.

Participants will also be celebrating the Jewish holiday of Lag B'Omer, and will learn about it, specifically by gathering around a bonfire together for a kumzitz of Israeli music, in Chabad Park, which is on the nine-acre property of the Genesis Campus for Jewish Life. Participants will also have the opportunity to take part in the planting of an organic herb garden which will be used in preparing Shabbat dinners throughout the summer months for the Nashville community.

There is no charge to attend this event, but reservations are appreciated. The cost for the BBQ dinner is \$10 per person. For further information or to make reservations go to www.chabadnashville.com/lagbomer

Jewish Montessori preschool offers five scholarships to new students

The Revere Jewish Montessori preschool will be presenting a one-time offer of five scholarships of 50 percent off the annual tuition, for new students between the ages of 18 months and five years, for the fall of 2019.

This scholarship funding is made possible thanks to the support of an anonymous donor.

To apply for this scholarship, please call the Jewish Montessori preschool office at (615) 646-5750 as soon as possible.



Macabeenies and Akiva Play at Elmington Park

Join us for a special May Macabeenies at 4 p.m. on May 11. Bring your kids (of all ages), we'll bring snacks!

Kosher Pizza in Nashville

Kosher pizza is available every Monday at Sherith Israel. Put in your order by Saturday night, and enjoy delicious freshly-made pizza on Monday! Pick up between 5:30 and 6:30 p.m. to take home, or enjoy your pizza at Sherith Israel.

The cost is \$23/pie, \$12/personal pizza, \$3 per slice. Email your order to torahmitzion.nashville@gmail.com, or call Tal at (615) 881-3340.

B'nai Tzedek: The Collective Impact

More than 40 participants in the B'nai Tzedek program of the Jewish Federation and Jewish Foundation of Nashville and Middle Tennessee gathered at the Gordon JCC on March 31 for the annual program planned by the Teen Board. "Philanthropy All Year Round," was this year's theme, encouraging teens to give throughout the year.

The B'nai Tzedek Teen Philanthropy Board was tasked with choosing an organization to receive a grant that represented the values and interests of their Jewish teen peers in Nashville. They met four times during the year for education and training. It was announced at the program that Jewish Family Service and the Ethiopian National Project will each receive a grant totaling \$3,800.

Jewish Family Service serves the most vulnerable in our local Jewish community, from providing adoption services, counseling services, programs for seniors, financial assistance to at-risk individuals and families, and kosher food boxes.

The Ethiopian National Project is an organization that emphasizes the importance of Israel and uniting global Jewry through the essential programs and services they provide such as SPACE Scholastic Assistance, the Bridges program, and leadership training. These grants are an excellent example of the power of the collective and the impact that teens and young adults can have in both the local and global Jewish community.

Throughout the day the teens worked collaboratively to identify what drives their philanthropy. Teens were given philanthropic scenarios in which they had to make difficult choices of where to donate either money or supplies. An example of this is creating a Facebook donation page that raised funds for their passion project or for a local emergency. This activity assisted teens in exploring difficult choices and how their values can support them in making these choices.

The teens volunteered by assembling Kosher Food Boxes for JFS, learned about local and global Jewish organizations through participating in an online quiz, and explored international Jewish non-profits through creating "Pay It Forward Bracelets" which encouraged teens to perform Mitzvahs throughout the year.

Representatives from Hands On Nashville came and presented local volunteer opportunities, and BBYO/Teen Director Skylar Haas encouraged teens to sign up for the J-SERVE program that occurred mid-April, where teens participated in community service.

To learn more about the B'nai Tzedek program or establishing a B'nai Tzedek Fund, contact Shannon Small at (615) 354-1651 or shannon@jewishnashville.org.



Women's Interfaith Seder



A Women's Interfaith Passover Seder was held on April 11 at Congregation Micah, in a joint program with The Temple and Vanderbilt Hillel. The Seder was sponsored by a grant from the Jewish Federation and Jewish Foundation of Nashville and Middle Tennessee.



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B'nai Mitzvah

Zachary Kenyon

Zachary Kenyon will become a Bar Mitzvah on May 4 at Congregation Micah.

Zachary is the son of David Kenyon and Rachel Tawil Kenyon, and the brother of Dani Martin. He is the grandson of Howard and Linda Kenyon, Joseph Tawil, and Andrea Penn.

For his Mitzvah project, Zach is collecting used sports gear for The Sports Fund. All items collected will be distributed to kids in Middle Tennessee who might otherwise not get to participate.

Zachary is a sixth grader at Battle Ground Academy. In his spare time, Zach plays baseball and basketball, and also runs cross-country and wrestles.



Zachary Kenyon

New information service

Observer readers who wish to receive email notification of obituaries as the newspaper receives the information may be placed on a new e-mail list being created for this purpose by the Jewish Federation and Jewish Foundation of Nashville and Middle Tennessee. Please send your request via e-mail to obits@jewishnashville.org.



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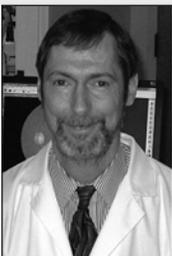
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Paisley Jordan Stone and Lillian Reese Stone

Paisley Jordan Stone and Lillian Reese Stone will become B'not Mitzvah on May 4 at The Temple, at 10:30 a.m.

Paisley and Lilly were born on July 25, 2006 in Nashville. They are the daughters of Rebecca and Jeremy Stone. Their grandparents are Linda Katz of Baltimore, Md.; and Judy Stone of Vero Beach, Fla.

For Paisley's mitzvah project, she planned and coordinated the "For the Love of Soccer" event with the Special Olympics Tennessee. She held an event of soccer-related games partnering her club soccer teammates with participants from Special Olympics Tennessee.

For Lilly's mitzvah project, she served as the first-ever volunteer for the Nashville LGBTQIA+ choir, Major Minors. Lilly volunteered monthly at rehearsals and prepared bags with drinks, snacks, and notes of affirmation for the choir members' bus rides to performances.

Paisley and Lilly are in the seventh grade at Woodland Middle School. Paisley enjoys soccer, drawing, playing with her dog, and more soccer. Lilly loves musical theater, singing, dancing, acting and unicorns!



Paisley Stone



Lillian Stone

Jonah Crowe, Morgan Crowe and Bella Crowe

Jonah Crowe, Morgan Crowe and Bella Crowe will become B'nai Mitzvah on May 11 at Congregation Micah.

They are the triplet children of Julie Crowe, and grandchildren of Jon and Elaine Levine. They are 7th graders at Bellevue Middle School.

For their Mitzvah project, they have volunteered at ALS walks and are collecting used mascara wands for Wands for Wild Life, to help clean injured and abandoned wildlife in western North Carolina.

Jonah plays keyboard and percussion in the school rock band. In his free time, Jonah enjoys playing video games, kayaking, paddle boarding, and playing with his dog Buddy.

Morgan plays violin in the school orchestra. In his free time, Morgan also enjoys playing video games, kayaking, paddle boarding, and playing with his dog Buddy.

Bella plays viola in the school orchestra. In her free time, Bella enjoys drawing, playing the ukulele, canoeing, paddle boarding, and playing with her dog Buddy.



Jonah Crowe



Morgan Crowe



Bella Crowe

Sydney Grace Johnson

Sydney Grace Johnson will become a Bat Mitzvah on May 11 at The Temple, at 11 a.m.

Sydney was born in Nashville on April 12, 2006. Her parents are Treye and Rachel Johnson. Sydney is the granddaughter of Kenneth Kraft and Luci Crow of Nashville, Earl and Kathy Johnson of Nashville, and the late Tina Kraft.

For her mitzvah project, Sydney has been volunteering at Second Harvest Food Bank. She is also donating part of her bat mitzvah gifts to Second Harvest.



Sydney Johnson

Sydney is in the seventh grade at Harpeth Hall. She enjoys attending camp at Camp Sabra each summer, as well as playing volleyball, swimming, running track, and spending time with friends and family.

Simon Prentiss Fox

Simon Prentiss Fox will become a Bar Mitzvah on May 18 at The Temple, at 11 a.m.

Simon was born on May 25, 2006 in Nashville. He is the son of David and Carrington Fox. Simon's grandparents are Sandy Nelson of Nashville, the late George and Charlotte Fox, and the late William Nelson, II.

For his mitzvah project, Simon organized cleanup efforts along Richland Creek Greenway as part of the Cumberland River Compact's Adopt-A-Stream Program.

Simon is in the seventh grade at University School of Nashville. He enjoys playing Little League baseball, running cross country and track, playing tennis, and working with his brothers in their lawn care business.



Simon Fox

Max Mittelberg

Max Aidan Mittelberg will become a Bar Mitzvah on May 18 at Congregation Micah.

Max is the son of Tara and Adam, and brother of Jared and Hailey. He is the grandson of Judi and Paul Richter and Judi and the late Joel Mittelberg.

For his mitzvah project, Max will be working with PENCIL, Public Education Needs Community Involvement and Leadership.

Max is in seventh grade at Grassland Middle School. In his spare time, Max enjoys playing lacrosse, acting in plays, video games, and hanging with his friends.



Max Mittelberg

Obituaries

Marjorie Ellen Feldman Hankin

Marjorie Ellen Feldman Hankin passed away peacefully on March 28, a month shy of her 90th birthday. A devoted wife, a loving mom and grammy, and a scientist with a poet's soul, she was born on April 27, 1929 in Queens, N.Y. to the late Louis and Lillian (Rosenberg) Feldman, attended Simmons College in Boston, and lived most of her life in New Haven, CT.

Margie is predeceased by her parents, her brother, Richard Feldman, and her husband, Harold Hankin, with whom she shared a deep and steadfast love for 65 years. Margie is survived by her son, Eric (Gaiho) Hankin of Nagoya, Japan, her daughter, Pamela (Mark) Carver of Nashville, and her cherished grandchildren, Allie Carver, Phoebe (Calvin) Carver Lane, Lilly Carver, Louie Hankin, and Emily Hankin.

The family thanks Belmont Village for their loving and compassionate care. In lieu of flowers, donations may be made to the Alzheimer's Association at alz.org or to Congregation Micah.

Ann F. Fastow

Ann F. Fastow, 93, passed away peacefully on March 30 at The Medallion Jewish Assisted Residence in Houston, following a six-month battle with chronic obstructive pulmonary disease.

She is predeceased by her husband of 40 years, Norman G. Fastow; parents, Morris, Rebecca and Elizabeth Feinman; her brothers, Harry and Benjamin Feinman. She will be greatly missed by her son, Ed Fastow and his wife Janice; as well as her daughter, Lisa Wall of Nashville and her husband Randy; her grandchildren Jeffrey and Nicole Fastow and Ashley Wall.

Ann was born in Philadelphia, Pa. on June 7, 1925. She grew up in the Strawberry Mansion section of the city. She worked a number of years as the secretary to the pres-

Obituaries

Continued from page 14

ident of Emerson Radio in Philadelphia.

She met her husband, Norman, on a blind date, and after a whirlwind romance, they were married in Philadelphia, and Ann moved to St. Louis to join Norman. Their two children, Ed and Lisa, were born in St. Louis. In 1960, the family moved back to Philadelphia to reunite with their extended family, and Norman was able to transfer to WCAU Radio, a CBS-owned radio station. Ann and Norman were married for 40 years.

In 1987, after Ann and Norman both retired, they moved to Sarasota, Fla. They were amongst the early members of the Chabad of Sarasota Jewish Center, where they participated in fundraising and working toward a permanent structure. She moved to Houston in 1997, a few years after Norman's death, to be closer to her family. She lived at The Medallion Assisted Living for 10 years, where she was most excited to be the Purim queen, as well as the prom queen at The Medallion. The family appreciates the excellent care Ann received at The Medallion, and in her final days with Seasons Hospice and her caregivers.

A graveside memorial service was held on April 1, 2019, at the Beth Yeshurun Allen Parkway Cemetery. Donations can be made to Seven Acres Jewish Senior Care Services.

Martin Levy

Martin Levy peacefully passed away on April 8 at the age of 94. He was predeceased by his loving wife of 66 years, Rowena Lightman Levy.

Martin is survived by daughters, Susan Levy and Sheryl Levy Daitz (Aaron); grandchildren, Julie Getz, Matthew Miesels, Ori Getz (Sarah) Ben Daitz (Krystal) Jennifer Daitz (Steven); great-grandchildren, Yisrael Mordecai, Chaya Raizel, Bryce, and Haley.

Martin Levy was a World War II veteran who served in the United States Air Force (Fighter Group 406) in Germany and various parts of Europe. Martin was a co-owner of Mar-Dan Block Company, and a past president of Sherith Israel.

A graveside service was held on April 10 at Sherith Israel Cemetery. Pallbearers were Aaron Daitz, Matthew Meisels, Ori Getz, Robin Gordon, David Cohen, Michael Gryll Ralph Gordon, Bobby McAdams, Morris Penner. Arrangements under the direction of Marshall Donnelly Combs Funeral Home, Nashville.

Memorial contributions may be made to Congregation Sherith Israel.

Sara Jones Jackson

Sara Jones Jackson, 90, of Murfreesboro, died peacefully at her home on April 10. She was the daughter of the late Sam and Edna McFarlin Jones. Mrs. Jackson is also predeceased in death by her husband of 53 years, Bob Jackson; two brothers, Truman and Ben Jones; and two sisters, Marjorie Sims and Nancy McNabb.

Mrs. Jackson graduated from Kittrell High School and continued her education at Andrew Jackson Business College. She worked for Goldstein's and Cleaner Services, Inc. Mrs. Jackson was a member of the Florence Church of Christ for 60 years.

Mrs. Jackson is survived by three daughters, Deborah Cohen and husband Lee of Nashville, Sharon Arnette of Murfreesboro, and Cynthia Williams and husband Bubba of Manchester; six grandchildren, Amanda Robinson and husband

Jerry Lee, Kimberly Broughton and husband Troy, Alan Cohen, Rachel Cohen, Alexandria Arnette, and Jackson Arnette; five great-grandchildren, Hunter and Shelby Broughton, and Matthew, Eli, and John Robinson; and two sisters, Jane Goodwin of Murfreesboro and Mary Faye Schultz of North Carolina.

Visitation was held April 13 at Woodfin Memorial Chapel. Funeral service was April 14 at Woodfin Memorial Chapel with Bro. Jimmy Carver officiating. Burial followed at Roselawn Memorial Gardens. Nephews served as pallbearers.

Doris Vise

Doris Vise, beloved by all, passed away on April 18. She was born in Wiesbaden, Germany on May 15, 1928. She is preceded in death by her husband of 65 years, Harry Vise, and her granddaughter, Lisa Vise.

She is survived by her children, Joyce Vise, Judy (Mark Schaengold) and David (Lori) Vise; grandchildren, Rachel (Josh) Wojnilower, Jessica (Alex) Rosenberg, Allison Vise and Jennifer Vise; and her great grandchildren Max and Mia.

A Holocaust survivor, Doris moved to America at age 12. She attended the former High School of Performing Arts in Manhattan and graduated from New York University. Doris met her husband on a blind date in New York, became engaged on their third date, the couple moved to Nashville after their wedding, and Doris taught preschool, delighting the children by playing the accordion. Her favorite song was "God Bless America."

Harry, who once crawled through a back window of his family's home to escape capture in Nazi Germany, died 2015 in Nashville at age 94. In 1952, he started the successful Texas Boot Company, which at one time had four factories in Tennessee.

She and her husband became renowned benefactors of Cumberland. In the late 1980s, the couple donated money to help construct Cumberland's library, which was named in their honor. He received an honorary doctorate from Cumberland in 1987.

The funeral was held on April 23 at The Temple, with a service following at the cemetery. In lieu of flowers, please send donations to The Temple.

Richard Arnold Jacobson

Richard Arnold Jacobson, 97, passed away on April 23. He was born in Albany, N.Y. on Jan. 21, 1922 to Samuel and Ann (Cohen) Jacobson of blessed memory. Richard was also predeceased by his identical twin brother, Martin and younger brother, Joseph.

He is survived by his loving wife of 69 years, Ardis (Vammen) Jacobson; his children, Jennifer (Bruce) Fadem, Hal (Susan) Jacobson, Lisa (Mike) Shmerling and John (Marlene) Jacobson; 15 grandchildren and 7 great grandchildren.

Richard spent his childhood in Albany before his family relocated to Oklahoma City, Okla., when he was a teenager. He resided there until 2011 when he and his wife moved to Nashville to be closer to family.

Richard proudly served in the US Army during World War II with duty in the China Burma India theater of operations. He is a graduate of the University of Oklahoma.

Richard's life was enriched by his loving nieces, nephews, cousins and close friends.

The Funeral was held April 28 at The Temple. Donations in lieu of flowers to Abes Garden, 115 Woodmont Blvd. Nashville, TN 37205 or charity of your choice.

Evelyn Kelman Goldberg

Evelyn Kelman Goldberg, 86, died on April 23. She is survived by her husband, Richard; children Deborah, Danny, Nathan, and Abby; 14 grandchildren; and one great-grandchild.

Evelyn studied for a graduate degree at Perkins School for the Blind in Boston and received a Master's degree in Deaf Education from Northwestern University.

After moving to Nashville, she volunteered in public elementary schools, where she provided education on the Holocaust and assisting with drug abuse prevention programs.

She also served as President of Nashville Hadassah, taught water exercises for seniors and classes in elementary Hebrew at the Jewish Community Center, and served as acculturation coordinator for Jewish immigrants from the Soviet Union.

A graveside service was held on April 25 at KCSI cemetery. In lieu of flowers, donations in Evelyn's memory may be made to Hadassah, or to the Alzheimer's Association, 225 N. Michigan Ave., 17th Floor, Chicago, IL 60601.



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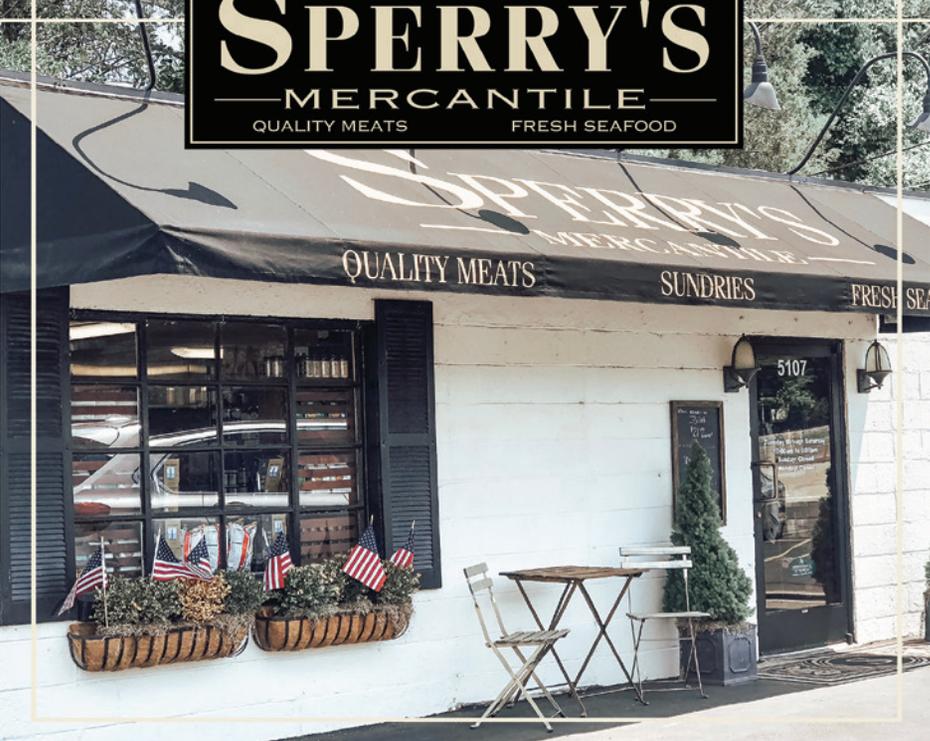
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incident.”

The Nashville bombing was one of a series of bombings and attempted bombings that the “Confederate Underground” did. On Nov. 11, 1957, six sticks of dynamite that had failed to detonate were found by a caretaker behind Temple Beth-El in Charlotte, N.C. In nearby Gastonia, N.C., Temple Emanuel was the next target on Feb. 9, 1958, but a faulty fuse kept the 30 sticks there from detonating.

Hours before the Nashville bombing, a blast hit the school at Temple Beth El in Miami at 2:30 a.m.

On April 28, an explosion took out the doors of the Jacksonville Jewish Center, which is a Conservative synagogue, at 12:30 a.m., followed minutes later by a bombing at a black elementary school.

That same day, a satchel with 54 sticks of dynamite, enough to level a city block, was

found in a window well outside Birmingham’s Temple Beth-El. The fuse had failed to detonate just short of the dynamite.

The best-known bombing was on Oct. 12, 1958, at The Temple in Atlanta. The final bombing was at Anshai Emeth Temple in Peoria, Ill., on Oct. 14.

Though the cases were never officially solved, it was widely assumed that the bombings were perpetrated by a group led by J.B. Stoner.

Stoner was head of the National States Rights Party. Bill Baxley, the former Alabama attorney general who was the first to bring to trial a bomber of Birmingham’s Sixteenth Street Baptist Church, where four girls were killed in September 1963, said Stoner was “the most anti-Jewish human being that’s ever lived in America. He did more to spread that awful hatred than anybody else I know of.”

Stoner ran for governor of Georgia in 1970, calling Adolf Hitler “too moderate.” He also said being a Jew should be “a crime punishable by death.”

While Stoner wasn’t involved with the Sixteenth Street bombing, Baxley stated at a forum at Birmingham’s Beth-El in January 2018 that Stoner was definitely behind the attempted Beth-El bombing and others targeting Jewish institutions that year.

Stoner, who served three years for the 1958 bombing of Bethel Baptist Church in Birmingham, died in a Georgia nursing home in 2005.

Rodney Rosenblum, longtime Nashville resident and JCC member, was 15 years old at the time of the Nashville JCC bombing. His father brought him to see the damage soon after it happened. He remembers broken glass and crushed aluminum, and surprisingly to him, the lack of

anger. “Watching our leaders respond, not one of them looked to be angry. They were disappointed, saddened but they were determined to get things back in order. They talked about who could secure the building and do repairs. That made me feel good. We felt like we’d get over it.”

“Looking back after all these years, I didn’t perceive that the Jewish community was in despair over this, they were not. We were determined to act as quickly as possible to return to the mission of the JCC. The J reopened very quickly. I felt good about that.”

Bobby Garfinkle was 11 at the time. “The JCC was the place to hang out on Sunday afternoons. I played basketball there all the time,” he said. “After the J closed that afternoon, I was just sitting on the steps right at the door where the bombing occurred, waiting for my parents to pick me up. My parents were a little late in picking me up. Everybody was gone and the custodian was cleaning up. The bombing happened just after I left.”

After the bombing, Garfinkle recalled that “there was some fear but definitely a ‘life goes on’ attitude. Rabbi Silverman carried a gun when he walked his kids to Parmer School. He was known as the pistol packing rabbi. There were threats to his family and his kids. Both rabbis Silverman and Falk were giants in pro-integration. They were true leaders.”

Councilwoman Murphy attended the JCC and West End Synagogue as a child and worked at the J as a young adult. She sees this first and foremost as an opportunity for the Jewish Community to celebrate resilience and community in Nashville.

The dedication ceremony for the marker will be held the afternoon of June 3, time to be determined.



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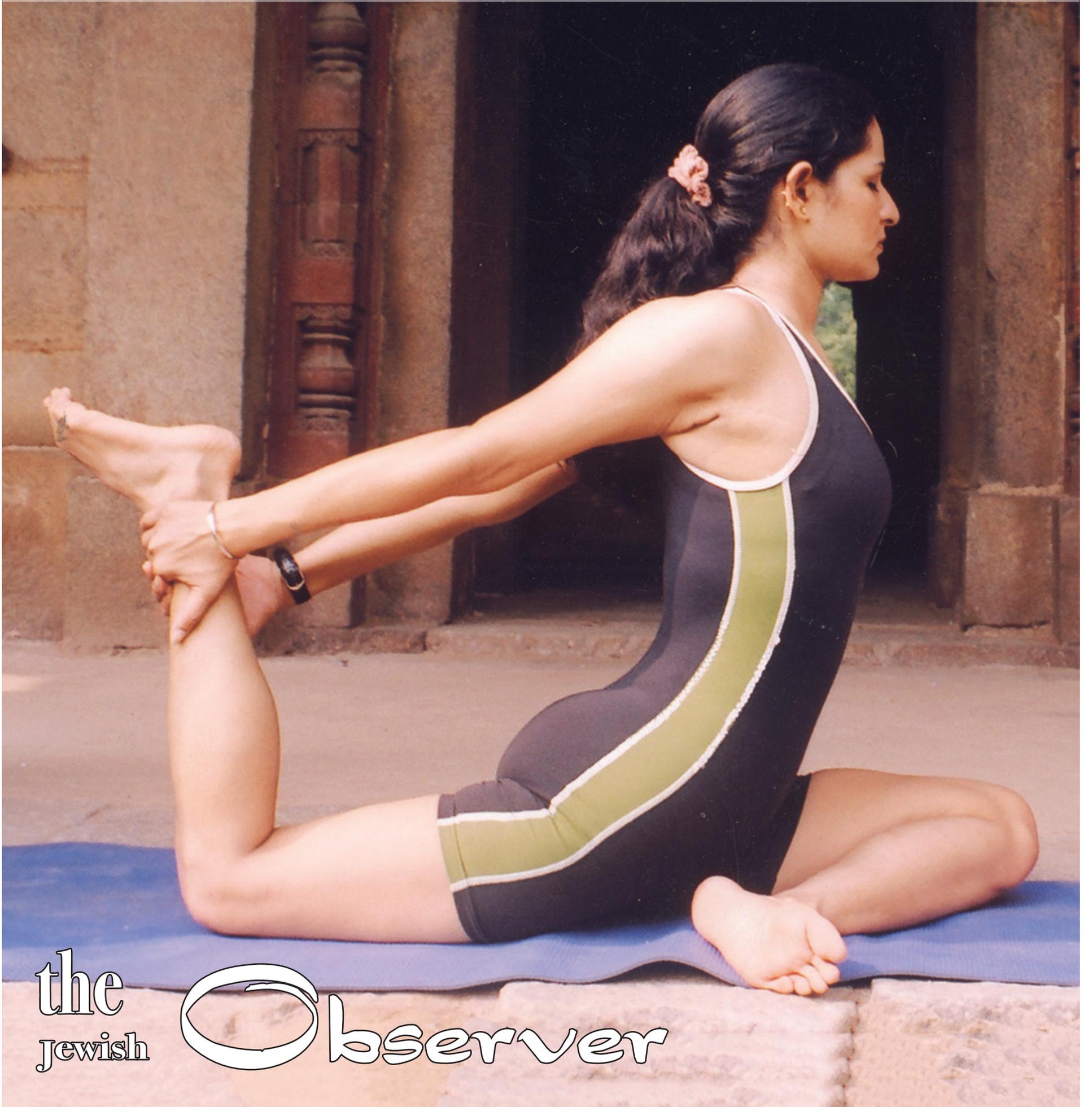


Heller Way Dedicated

In honor of the 90th birthday of Reva Heller and the years of emotional and financial support bestowed upon Akiva School by Gene and Reva Heller, the roadway in front of Akiva has been designated as Heller Way. The school held a party in her honor on March 21.

Health & Beauty

May 2019



the
Jewish

Observer

Symphony offers sensory-friendly performances

For youngsters and adults who are on the autism spectrum or suffer from sensory sensitivities, attending even the most casual concert can sometimes be a stressful experience. The Nashville Symphony has sought to address this issue by revamping its popular Family Series performances, Saturday morning concerts that blend classical music with fun, engaging visual and theatrical components.

Last year, the Symphony designated all Family Series performances “sensory friendly,” part of its widespread efforts to create more inclusive programming and specifically, ensure that anyone who wants to experience the thrill of live orchestral music can do so in a safe and welcoming environment. With the help of local partners, the Symphony has curated a concert experience that fosters that environment from the very start.

Parents can download illustrated social stories and building maps to plan their visit to the Schermerhorn in advance and prepare kids for what to expect during the concert. And the performances themselves are unlike any traditional classical concert, with open seating that allows attendees to sit wherever they like or change seats as needed, and a “no shushing” policy that encourages audience feedback. Raised house lights and closed captioning make the orchestra, the music and the accompanying thematic content more accessible, while nearby quiet spaces provide a safe haven for patrons who may need a short break.

To learn more about sensory friendly Family Series programs and the Nashville Symphony’s commitment to making great music accessible to everyone, visit: <https://www.nashvillesymphony.org/sensoryfriendly>.

Travel Contributes to Good Health

Travel is a component of good health. It is a good stress reducer and it boosts mental health with new opportunities, sights, sounds, cultural enrichment and food choices. Travel has benefits to our cognitive thinking process by exposing us to new ideas and different perspectives.

There are many types of travel that can offer a variety of health improving experiences: Stress reducing travel can include cruising on the oceans and rivers of the world. Cruise ships offer many healthy options in food, relaxation, exercise and cultural enrichment.

Adventure travel can include bike trips, hiking trips, Yoga-centered vacations. These can offer exercise that will improve the body and improve stamina.

Resort travel offers opportunities to go to locations that offer a variety of new experiences in one location, from stress-reducing relaxation to adventure excursions that include underwater exploration, jungle adventures, wild animal safaris.

Expedia Cruiseshipcenters Nashville West is a Full Service Travel Agency that can assist you in finding the right healthy travel alternative that fits your interests.

Get the Most Out of Your Office Visit

By **MARC TRESSLER,**
Hughston Clinic Orthopaedics

In the age of the Internet, all too often we seek the medical opinion of “Dr. Google” prior to obtaining a medical evaluation and treatment recommendations. Many times, “Dr. Google” can accurately predict the cause of your problem.

In fact, the Pew Research Center’s Internet and American Life Project found that 39 percent of all internet searches are related to medical topics and/or conditions. Of those searches, 82 percent of the medical information was gathered from either Google, Bing, or Yahoo, whereas only 13 percent of the medical information was gathered from an actual medical website like WebMD. Furthermore, the Pew Research Center found that only 46 percent of all people who decided that they had a medical problem, actually sought the opinion of a medical professional.

Meanwhile, another 38 percent of respondents initially self-diagnosed and self-administered the treatment “Dr. Google” suggested. Of the 46 percent of people who ended up going to the doctor’s office for evaluation, only 41 percent of them found that their internet diagnosis was correct.

With this information in mind, how can the doctor-patient visit be optimized? Upon intake (with the doctor’s assistant) for your appointment, reveal to the assistant your beliefs about what your Internet research has concluded. It’s the doctor’s job to listen. Once you have revealed your beliefs... sit back, relax, and learn what your doctor’s years of medical training and experience can teach you. The reality is almost all medical conditions are “cause and effect” scenarios. Diagnosing the “effect,” or confirming the reason you are here is the easy part. Determining the “cause” of why you acquired this “effect” is what you really want to know. This breadth of knowledge is power. It helps the patient take ownership of the “Five W’s.” What it is, What’s the source, Why did it happen, What should I do now, and Why would I decide for/against surgical treatment.

All this information undoubtedly will be a lot to take in. It is also a lot for the doctor to get through. As such, inquire if there are summary handouts for you to review. Lastly, ask your doctor which websites he/she feels are the most reliable source(s) to learn more about your medical condition.

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You and your family have options, and it is our mission to help you find the most joy every day with professional personal care assistance. We know you love your home and your independence, and that is why we provide personal assistance with those goals in mind. Your peace of mind is priceless... we would love to help you celebrate your goal of staying independent and in charge.

One of the things we love about caring for our "grown older" friends is enjoying the knowledge they share. Appropriate training and continued staff development in a variety of venues is something we integrate into each caregiver's daily routine. We call it quality improvement and we never miss an opportunity to teach and train.

Our caregivers spend time in the office and at their home with learning opportunities... another reason our caregivers maintain their exceptional edge. We send information to our caregivers in notes and cards so all of us connect as a family and learn together. We visit our clients and talk to the adult children frequently and even offer our families a client satisfaction survey. We encourage clients to share tips and ideas on how we can continue to exceed their expectations. Call us today!

Demystifying the Health Benefits of CBD

Red White & Hemp is a Nashville-based distributor of high-quality hemp CBD products produced in Tennessee. We carry a wide range of brands and products on our website redwhiteandhemp.com that includes a selection of tinctures, creams, lotions, skin balms, pet products and more. CBD is 100 percent legal to buy, sell and use.

Tennessee-grown hemp is among the best produced. Our goal is to help Tennessee become a world leader in this new and exciting industry. We have developed partnerships with the best hemp producers and CBD brands in the state and are working together to bring their products to the world! We are also deeply involved in advocacy and education efforts that demystify the facts and promote the health and wellness benefits of hemp CBD.

In addition to redwhiteandhemp.com, we also work with retail stores to help them add hemp and CBD products to their shelves. It is already a profitable category that it is expected to grow exponentially over the next five years. As people learn about the benefits of CBD, products are beginning to appear everywhere from large national chains like

Walgreens to local mom-and-pop stores. We are helping drive this expansion by offering turnkey solutions to retailers that want to learn about CBD, buy wholesale quantities, market and merchandise products successfully, and train staff.

Red White & Hemp is your answer to the CBD question! Visit us at redwhiteandhemp.com to learn more.

Optique has New Options for Those with Dry Eyes

Dry eyes affect 14 percent of the population ages 48 to 91 in the United States. The severity of Dry Eye Disease varies widely based on which study you read. Some people suffer from dry, itchy, burning eyes, while others have eyes that constantly tear. But there is one thing in common among everyone who suffers with this condition: it is now a manageable condition with new treatment options.

The Dry Eye Center at Optique was formed to address the multiple causes of DED. Dr. Jeffrey Sonsino, the chairman of the American Optometric Association's Contact Lens and Cornea Section and Dry Eye Center's founder explains, "Dry eyes can be caused by medications, hormonal changes, allergies, or even just natural processes within the eyelids. There are around 25 glands in each eyelid that need to perform at peak efficiency in order to keep the eyes moist. If these glands malfunction, patients suffer with dry eyes ranging in severity resulting in decreased wear time of their contact lenses to debilitating corneal scarring."

There are many different ways to treat DED, ranging from simple mechanical means that patients can perform at home for maintenance of blocked glands, in-office unblocking of the glands, controlling the inflammation associated with DED with eyedrops, and homeopathic and organic methods and dietary changes that allow the body to heal itself. Sonsino explains, "The key to proper treatment is proper diagnosis and attention paid to the problem. The Dry Eye Center at Optique was formed to do just this."

Sperry's Mercantile Offers Healthy Take-Home Options

Dining out is good for your health! Especially when the dining experience is none other than Sperry's Restaurant, the venerable institution located in Belle Meade. Celebrating its 45th year in business, the family-owned and operated Old-English Steakhouse opened at its current location in March 1974, stated current owner Al Thomas.

Noted for its high quality and fresh offerings, the Sperry's in Belle Meade has opened the Sperry's Mercantile, a market located behind the restaurant selling fresh fish, quality beef and various sundries five days a week. "Our goal was to sell just about everything that we sell at the restaurant except not cooked. Guests can purchase the same quality aged beef

Continued on page 20





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or fresh seafood that we serve at Sperry's along with their favorite salad dressing, side item and dessert to take home to cook", says Thomas.

By offering their menu items at the market, Al says they have increased product turnover and consequently overall quality. "If the fresh Halibut doesn't sell at the market during the day, it is sold at the restaurant that night, ensuring a fresher product all around. Same goes for everything we offer," added Thomas.

Al's sister, Anne Clayton, also sells a line of prepared foods at the Mercantile. Ann has a long history in the business in Nashville, dating back to Clayton Blackman Catering.

Al's second daughter Cate now works at the Mercantile and is taking the lead on placing Sperry's Seasonings, sauces and dressings in stores and markets around Nashville. "I am very proud of my staff at Sperry's, many of whom have been there for over 25 years, and I am equally proud of Cate for her interest in the business. Sperry's is truly a family business through and through and it shows in its success and its consistent quality" adds Thomas. "That's why we have been in business for 45 years!"

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Our consulting arborist, Cabot Cameron, identifies concerns, makes recommendations for pest and fertility issues, and offers preventative treatment programs for all types of tree disease and pests. We use "pollinator safe" pest control to maintain a healthier ecosystem. Similarly, we correct soil issues using regenerative composting and natural bio-active fertilizers to reverse soil compaction, correct pH, and remedy fertility problems.

We are concerned with the preservation of ash trees prevalent in our neighborhoods. The Emerald Ash Borer is an epidemic in Nashville, and we have been preserving these trees for our clients.

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Summer at the Gordon JCC: #Justaddsun

Summer is coming at the Gordon JCC!

Our outdoor pool opens the Saturday of Memorial Weekend, May 25, with summer memberships available through Labor Day! Activities planned throughout summer including BINGO, belly flop contest, giant board games, and more. Come enjoy our outdoor salt water pool, group exercise classes, holiday cookouts and DJ'd pool parties. Pick up a game on our basketball, racquetball, tennis, or volleyball courts. Start your children in one of our Red Cross Certified swim lessons or beat the heat in our Indoor track and state-of-the-art fitness center. Complimentary childcare is also available.

Looking for a summer job or know someone that is? The J is currently offering lifeguard certification classes and hiring lifeguards and outdoor pool desk staff. Check out nashvillejcc.org/work for more information.

Interested? Family, couple and individual summer memberships are available from Memorial Day through Labor Day. Come join us for Summer at the J and #Justaddsun!

Contact us to learn more at (615) 356-7170 or at nashvillejcc.org/summer.

“Stronger than Hate” Seder brings community together



The 2019 Community Relations Seder, Stronger than Hate, drew over 300 participants of all ages, including students from Akiva School, Tusculum Elementary School, Oasis Program, BBYO and Belmont University. Rabbi Joshua Kullock of West End Synagogue officiated and was joined by Cantor Tracy Fishbein, Cantor Sarah Levine and Cantorial Soloist Lisa Silver. Some of the music was a reprise of the Social Justice Concert they presented earlier in March. The Haggadah for the program included a Modern Four Questions about current issues of racism, bigotry and violence. CRC Chair Leslie Kirby and community volunteer table hosts led dinner conversations to contemplate and discuss these imperative issues, and motivate ongoing efforts. At the conclusion of the evening, event chairs Hilary Diskin and Justin Kanew provided the “Call To Action” designed to encourage and inspire participants to continue the work of building and strengthening positive relationships with all those dedicated to justice, diversity and respect.

The Jewish Federation and Jewish Foundation of Nashville and Middle Tennessee’s Community Relations Committee Seder is presented every year. For information about the ongoing work of this committee, contact CRC Director Deborah Oleshansky, deborah@jewishnashville.org.

Land and Spirit a unique way to experience Israel

Nashville Chabad taking part in March 2020 tour

From the moment Tonye Adler stepped off the plane at Ben Gurion Airport, she knew this trip would be unlike any other she had taken. The Nashville-based interior designer had traveled all over the world, but not to Israel. By trip’s end, she felt that Israel was her second home.

Adler was one of 800 people from Jewish communities across the U.S. and the globe who participated in the Land and Spirit Mission to Israel in 2018; like several of her traveling companions, she hopes to join the tour again next year.

Next March, Chabad of Nashville, led by Rabbi Yitzchok and Esther Tiechtel, will join many other communities from around the world for the seventh Land and Spirit trip, described as “a journey into the

heart and soul of the Land of Israel.”

The Nashville community is invited to participate in this VIP educational experience on a journey to Israel through Judaism’s most holy and historical sites. From March 15 to 24, participants will be treated to a 5-star experience that feeds their heart, mind, and soul creating lifelong and life-changing memories.

“It’s not really a mission,” explained Rabbi Tiechtel. “Some trips are designed to showcase a particular organization’s accomplishments and encourage participation in their cause, but that isn’t our purpose. The Land and Spirit is all about exploring and experiencing the essence

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Land and Spirit

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of this place we call Israel – its past, its present, its people, and above all, what it means.

“We go together as a community, and it will be the trip of a lifetime,” he said, “whether you’ve been to Israel a hundred times or never yet.”

The Land and Spirit mission is a chance to discover the land with some of Judaism’s greatest teachers and educators. When you join the Land and Spirit you will witness history come alive as you glean from the collective knowledge of tens of accomplished scholars who will accompany you on the trip. You will learn about the biblical significance of the land and live the lives of the personalities who shaped the course of Jewish history.

Dianne Berry, who has been on a number of Israel tours, said, “While I have been to Israel many times, the March 2018 trip was special. Clearly the fact that the JLI Land and Spirit was able to organize 800 people and still make the experience special was quite an accomplishment. Sifting thru artifacts on Mount of Olives, the City of David came to life. Experiencing Tel Shiloh, most of all Dancing with the Torah in Hebron, the light show and the Fabulous dinner with IDF combat soldiers. My husband and I are looking forward to traveling to Israel once again with JLI in the Spring of 2020.”

Visits to Israel’s holiest places, including the Western Wall, Hebron, city of the Patriarchs and Matriarchs, Rachel’s Tomb and Tzefat, contrast with excursions that provide an insider’s view of Israel’s achievements and challenges: an IDF paratrooper base, the Weizmann Institute and the Golan Heights.

“A full roster of top-caliber speakers drawn from all walks of Israeli life is made possible through [JLI/Chabad]’s extensive network of relationships with influential people,” said Tiechtel. Previous trips featured talks by Natan Sharansky and Benjamin Netanyahu, Rabbi Adin Even-Yisrael Steinsaltz and Israel’s chief rabbis, and newsmakers including Knesset members, activists, professors, and heads of Israeli military and intelligence.

Tonye Adler, who traveled with her husband Ken on the 2018 trip, which was their first trip to Israel, said “The trip was life-changing for my husband and myself, and I highly recommend this tour of Israel with the JLI Land and Spirit Excursion. Historically and spiritually the land came alive to me. You won’t be disappointed, and it will only spark your desire to experience more of this enchanting country!”

There is also an option to join the Poland Heritage Tour, which will precede the Israel Trip from March 12 to 15. This will be an optional four-day journey to Poland on the way to the Holy Land. Participants will visit Warsaw, Lodz, Krakow, Schindler’s Factory, and the Auschwitz concentration camps, the names themselves recalling centuries of Jewish history and tragedy. The group will fly directly to Israel on March 15 to meet up with the other participants. For information, visit www.landandspirit.org/Poland.

Registration for the 2020 trip is well ahead of the pace of recent trips. Spaces will sell out well ahead of the trip and all are encouraged to make a commitment-free reservation.

For more information and to view the trip itinerary online you can visit: www.landandspirit.org or email chabadnashville@gmail.com or call (615) 646-5750.

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