

the Jewish Observer

www.jewishobservernashville.org

Vol. 83 No. 5 • May 2018

16 Iyar-17 Sivan 5778

Survivors, families commemorate Yom Ha Shoah

This year, Nashville's Jewish community marked Yom Ha Shoah on April 12 with a special event and program at the Schermerhorn Symphony Center honoring area Holocaust survivors, refugees and their families, as well as concentration camp liberators.

Memory and music blended for the group, who shared dinner and a concert as part of this spring's Violins of Hope events showcasing restored instruments that Jewish musicians played during the Shoah. The event was organized and sponsored by the Jewish Federation and Jewish Foundation of Nashville and Middle Tennessee. Both the

Jewish Federation and the Nashville Symphony, along with other community organizations, have brought the Violins of Hope to Nashville to encourage people to examine music, art, social justice and free expression.

The Nashville Symphony concert brought acclaimed violinist Pinchas Zukerman to Nashville – his first appearance here in two decades – to perform compositions by Bach, Mozart and Elgar. Zukerman performed and conducted during the concert. He was born in Tel Aviv and is a longtime associate of Amnon Weinstein, the Tel Aviv-based luthier who with his son, Avshi, restored the Violins of Hope. •



In the photograph above, honorees light candles in a commemoration ceremony and gathering before a Violins of Hope concert. PHOTOGRAPH BY RICK MALKIN

Additional coverage

For more photographs and community members' comments on Yom Ha Shoah, please go to page 8.

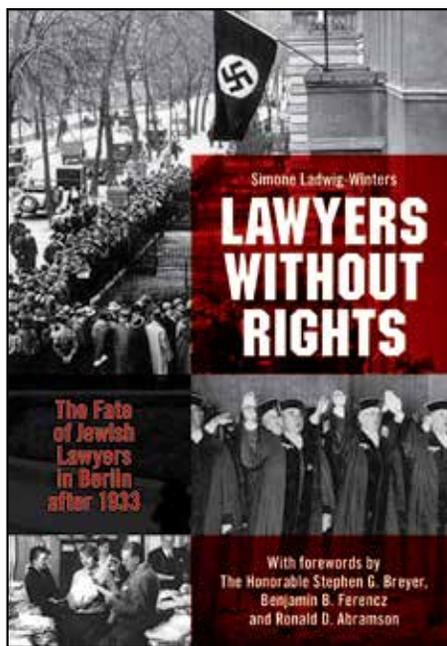
'Lawyers Without Rights' exhibit opens

An acclaimed international exhibit, "Lawyers Without Rights: Jewish Lawyers in Germany under the Third Reich," will be presented in Nashville from May 16 through June 1.

The showing at Belmont University College of Law is sponsored by Belmont University, the Jewish Federation and Jewish Foundation of Nashville and Middle Tennessee and its Community Relations Committee, and the American Bar Association in conjunction with the German Federal Bar, the Nashville Bar Association and the Harry Phillips American Inn of Court.

The exhibit begins to provide a portrait of the fate of Jewish lawyers in Germany, stories that speak to how the Nazis purged Jewish lawyers as one of the early steps to attack the rule of law in their country. The stories are told in panels that combine photographs, documents and a written narrative. The exhibit has been shown in more than 100 cities in Germany, the United States and other parts of the world.

The exhibit will be in the rotunda of the Baskin Building at the Belmont University College of Law, 1901 15th Avenue South. The building will be open for visitors between 8 a.m. and 4:30 p.m.



"Lawyers Without Rights: The Fate of Jewish Lawyers in Berlin after 1933" has been translated from the original German into English and will be published in July. It can be ordered at LawyersWithoutRights.com/BerlinBook. PHOTO COURTESY OF THE AMERICAN BAR ASSOCIATION

on weekdays and from 1-5 p.m. on the weekend.

An opening reception will be held in the rotunda of the Baskin Building on

Wednesday, May 16, from 5:30-7 p.m. There is underground parking in the building, and the event is free and open to the public.

The idea for the "Lawyers Without Rights" exhibit was conceived in 1998, when an Israeli lawyer asked the regional bar of Berlin for a list of Jewish lawyers whose licenses had been revoked by the Nazi regime.

"The regional bar decided not only to research a list of names but also to try to find out more about the fates behind all those names," Axel Filges, past president of the German Federal Bar, said in a news release from the American Bar Association.

"Some were able to leave the country after the Nazis came into power, but very many of them were incarcerated or murdered. The non-Jewish German lawyers of those days remained silent. They failed miserably, and so did the lawyers' organizations. We do not know why."

After the Berlin bar transformed its research into an exhibit, other regional bars began asking whether they could show it and add their own research. "So, like a puzzle, a portrait of the fate of Jewish lawyers in Germany has emerged step by step," Filges said. •

Save the date June 13

Federation annual meeting

The 82nd annual meeting of the Jewish Federation and Jewish Foundation of Nashville and Middle Tennessee will take place on Wednesday, June 13, 7 p.m. at the Gordon Jewish Community Center.

The meeting will include the election of officers and members of the Jewish Federation board of directors. In addition, Ellie Flier will receive the 2018 Sandy Averbuch Young Leadership Award, in recognition of her continuing commitment to service with Nashville's Jewish community.

The 2018 Federation nominating committee will present the following slate of nominees:

- Officers (one-year term)
 - Vice President: Lori Fishel
 - Secretary: Steve Hirsch

By unanimous resolution of the Jewish Federation board of directors, the terms of President Lisa Perlen and Treasurer Michael Doochin have been extended for one year, effective from June 13, 2018.

- Nominees for the board of directors
 - Three-year term: Tara Axelroth, Hilary Diskin, Mark Kaplan and Cara Suvall
 - One-year term: Mindy Hirt

A Publication of the



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WWW.JEWISHNASHVILLE.ORG



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**Jewish Federation
& Jewish Foundation**
OF NASHVILLE AND MIDDLE TENNESSEE

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OFFICIAL NOTICE OF THE 82ND ANNUAL MEETING

DATE: WEDNESDAY, JUNE 13, 2018
TIME: 7:00 P.M.
PLACE: GORDON JEWISH COMMUNITY CENTER
801 PERCY WARNER BOULEVARD
NASHVILLE, TENNESSEE 37205

**SLATE OF NOMINEES FOR OFFICERS
AND BOARD MEMBERS—2018-2019**

OFFICERS (ONE YEAR TERM)

VICE PRESIDENT Lori Fishel
SECRETARY Steve Hirsch

(Note: By unanimous resolution of the Jewish Federation Board of Directors the terms of President Lisa Perlen and Treasurer Michael Doochin have been extended for a period of one-year effective June 13, 2018.)

BOARD OF DIRECTORS MEMBERS

(THREE YEAR TERM)

Tara Axelroth
Hilary Diskin
Mark Kaplan
Cara Suvall

(ONE YEAR TERM)

Mindy Hirt

Submitted by the 2018 Federation Nominating Committee

Carol Hyatt, Chair

Committee Members: Frank Gordon, Mindy Hirt, David Levy,
Martin Ted Mayden, David Steine, Jr., Moshe Werthan

Please note: Any twenty-five members of the Jewish Federation may submit additional names provided such names are submitted to the president or to the executive director at least twenty days before the annual election. The persons nominated for officer positions must be or have been members of the Board of Directors. The Nominating Committee list and all other qualified lists are to be presented for election at the annual meeting which is open to all members of the Jewish Federation. The Nominating Committee shall publish the list of nominees twenty days before the annual meeting. (*Jewish Federation of Nashville and Middle Tennessee Constitution, Section 6.1*)

Newcomers reception on tap for June 10

Bette Midler probably said (sang) it best: You gotta have friends. And what better way to make new friends than at a newcomers reception set for Sunday afternoon, June 10, and organized by the Jewish Federation of Nashville's Welcoming Ambassadors.

These receptions take place quarterly and offer an opportunity for those new to Nashville to meet other newcomers and people from our community, to mingle and to get all the information they need about living in Music City. At the reception, Nashville newbies meet with volunteers from our community, called Welcoming Ambassadors, who have volunteered to join with the Jewish Federation in reaching out to the newly arrived. Even if you've lived here for a few years, feel free to attend a reception to get better acclimated to Jewish life in Nashville. And if you know a newcomer or two, please encourage them to drop by.

"The Ambassadors are important for the Jewish Federation as the community's 'eyes and ears,'" says Michal Eskenazi Becker, adult outreach coordinator. "The Ambassadors are the ones who talk and meet with the newcomers, know what they want, what they need and engage of the changing community of Nashville."

As Ambassador Rick Wise says, "You never stop being an ambassador to newcomers. They become your friends."

To attend: The location of the reception was being firmed up at press time and attendees will receive that information when they RSVP to attend. To RSVP,

please contact Michal Eskenazi Becker, adult outreach coordinator, at (615) 354-1696 or michal@jewishnashville.org •

Become a Welcoming Ambassador

Our Welcoming Ambassadors take a significant part in welcoming newcomers to Nashville, helping them find their place in their new Jewish community. The Welcoming Ambassador program is offered by the Jewish Federation, but its success is due to the collaboration with and cooperation of the local synagogues, other Jewish organizations and agencies in our community, and our volunteers.

We provide newcomers with all the information about our broader Jewish community. We are here to answer their questions, but more than that, we have the help of our Welcoming Ambassadors who host, attend and help organize quarterly gatherings for newcomers so they can meet us and each other in person. The Ambassadors also talk or meet individually with newcomers, and make a personal connection between them and our community.

If you would like to volunteer or to hear more about the Welcoming Ambassadors, contact Michal Becker at (615) 354-1696 or michal@jewishnashville.org •

On display from May 16 through June 1 / FREE & open to the public

Lawyers Without Rights: Jewish Lawyers in Germany Under the Third Reich

Lawyers Without Rights captures the compelling story of the fate of Jewish lawyers under the Nazi regime, the importance of the rule of law rather than rule by law and the role of lawyers in a democratic society.

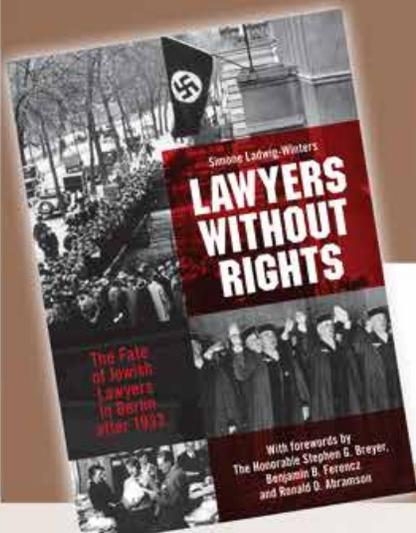
**Belmont College of Law
Baskin Building Rotunda
1901 15th Ave. South
Nashville**

Weekdays:
8 a.m - 4:30 p.m.
Weekends:
1 - 5 p.m.
Parking available

Opening Reception on Wednesday, May 16 from 5:30 to 7:00 p.m.
For more info, email Deborah@jewishnashville.org or call 615-354-1637.



Munich lawyer Dr. Michael Siegel had complained to Munich police in early 1933, when a client was taken into 'protective custody'. The legs of his trousers were cut off and he was led through Munich's streets barefoot. The sign says: "I will never complain to the police again!"



PRE-RELEASE SALE!

English translation of the hardcover book,
Lawyers Without Rights: The Fate of Jewish Lawyers in Berlin after 1933.
Publication date scheduled for this summer.

\$34⁹⁵

Order now at: LawyersWithoutRights.com/BerlinBook

Brought to Nashville by:



LIFE & LEGACY celebrates pace-setting first year

By KATHY CARLSON

This month marks the first birthday for LIFE & LEGACY in Nashville, a program of the Jewish Foundation of Nashville and Middle Tennessee and the Harold Grinspoon Foundation to help Jewish congregations and organizations assure their financial futures.

To celebrate a banner first year, program participants and representatives of Nashville's 13 LIFE & LEGACY teams will get together to celebrate on Sunday, May 6, at the Gordon Jewish Community Center, where Arlene D. Schiff, national director, LIFE & LEGACY, will speak. Teams will also receive their incentive grants.

You can still participate in the program by reaching out to a team or to Naomi Limor Sedek, assistant executive director, Jewish Federation of Nashville, naomi@jewishnashville.org.

LIFE & LEGACY participating organizations are Akiva School, BBYO Nashville, Chabad of Nashville, Congregation Micah, Gordon Jewish Community Center, Hadassah Nashville Chapter, Jewish Family Service, Jewish Federation and Jewish Foundation, NCJW Nashville Section, Congregation Sherith Israel, The Temple, West End Synagogue and Vanderbilt Hillel. Each organization has a LIFE & LEGACY team.

"This is a culture-shifting experience for our community and I'm so glad that today we're working together, collaboratively, to set the future of the Jewish community (and get it) off to a good start," said Sedek.

"I think it's the most brilliant idea that a Jewish philanthropist has had," said Evelyn Koch, stewardship chair of the LIFE & LEGACY committee at Congregation Sherith Israel.

She tells people that she wants to ensure that "people younger than us will have a Sherith Israel. ...So many (Sherith) members are young families. They have expenses – mortgages, school loans." Through LIFE & LEGACY, older members can ensure that Sherith is there in the future for young families.

Before LIFE & LEGACY, Sherith member and team captain Shelly Lutz had noticed the changing demographics.

"Without the help and resources of the Jewish Federation and the Harold Grinspoon Foundation it was an uphill task," Lutz said in an email. "The Federation and Grinspoon Foundation provided the resources, publicity, training and coordination to make the program a success."

Erin Zagnoev of The Temple said LIFE & LEGACY has allowed her to teach her own children to love their community and to love giving. It also has given her and others the opportunity not only to support the Jewish institutions that are dearest to them, but to think about the whole fabric of Jewish life here in Nashville. "We're all touched by each part," she said.

LIFE & LEGACY had been in the works for some time before it debuted in 2017, with the Jewish Foundation of Nashville laying the groundwork for the program and its emphasis on planned giving.

In its first year in Nashville, about 210 community members have made 443 commitments, in letters of intent, to make bequests to one or more of the 13 participating congregations and organizations,

said Norma Shirk, LIFE & LEGACY associate with the Jewish Federation of Nashville. The commitments represent at least \$13 million in future gifts to provide a strong financial foundation for Jewish organizations in our community.

The LIFE & LEGACY program lasts four years and includes incentives to participating organizations that meet program goals. For Nashville's first year, 12 of the 13 participating organizations met



or exceeded their goals and will receive bonus checks.

LIFE & LEGACY participants decide how to make a gift and the gift

amount. They can leave a set amount or percentage of their net worth.

LIFE & LEGACY staffers, along with the Jewish Foundation of Nashville, provide training and encouragement. There are large dinner meetings and smaller meetings for individual teams, where volunteers from the five congregations and eight Jewish organizations can plan strategies and ask questions tailored to their individual needs. •

גידול

התחלה

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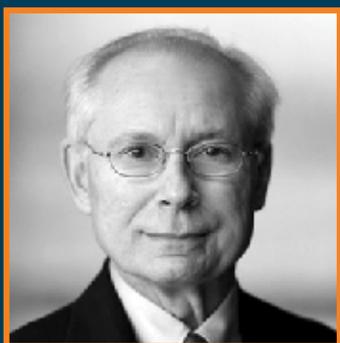
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THE COMMUNITY RELATIONS COMMITTEE
PRESENTS AN EVENING WITH
JOSEPH J. LEVIN, JR., CO-FOUNDER OF
THE SOUTHERN POVERTY LAW CENTER

Then and Now: Hate in the Mainstream



Wednesday, May 23 | 7pm
Gordon JCC

801 Percy Warner Blvd., Nashville, TN 37205

Joseph J. Levin, Jr. is co-founder of the Southern Poverty Law Center. From 1971, he served the Center in various capacities, including Legal Director, Chair of the Board, President & CEO, and General Counsel, retiring in 2016. He continues to serve the Center as an emeritus member of the board.

Event is free and open to the entire community.

Event Co-Chairs: Teena Cohen and Josh Segall

CRC Chair: Ron Galbraith

For more information, contact Deborah Oleshansky, CRC Director at deborah@jewishnashville.org or 615.354.1637



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Jewish Film Festival sponsors 'Return of the Violin'

On May 8 at 7 p.m., the Nashville Jewish Film Festival will sponsor a free screening of "The Return of the Violin" at the Nashville Public Library. The film chronicles the preparation of a performance of Brahms Violin Concerto in D Major featuring Joshua Bell.

The film is one of many Violins of Hope presentations in Nashville, organized around the arrival here of dozens of string instruments that were played by Jewish musicians during the Holocaust and later restored.

Bronislaw Huberman, a young Jewish musician who was born in Czestochowa, Poland, played the violin with such clarity, talent and passion that a Polish nobleman gifted him with a priceless Stradivarius violin. Huberman used it to bedazzle the composer Johannes Brahms and grew up to become a great classical musician whose violin came to bear his name. And then the violin, the Huberman Stradivarius, was stolen from a dressing room in Carnegie Hall. (The Huberman Stradivarius is not among

the Violins of Hope, but the story of Huberman and the violin has a strong connection to World War II and the Holocaust.)

Huberman, who fled to Palestine just before the onset of World War II, rescued hundreds of Jewish musicians throughout Europe, bringing them to Palestine and founding the national orchestra that became the Israeli Philharmonic Orchestra.

Fifty years later, the violin surfaced when the thief confessed his crime to his wife. The instrument was sold several times and was finally purchased by Joshua Bell, the great Jewish superstar violinist.

This film is told through the eyes of Sigmund Rolat, a native of Czestochowa and Holocaust survivor who lost his

parents and older brother during the German occupation of Poland. After Rolat's liberation in January of 1945 he emigrated, first to France, then Germany and finally to the United States in 1948. After graduating from the University of Cincinnati and New York University, he built an international finance company that allowed him to reconnect with his birthplace and support the restoration of Jewry's place in Polish history. One of his projects is to support the Bronislaw Huberman Czestochowa Philharmonic.

The film, "The Return of the Violin," follows Rolat as he supports a performance of Brahms Violin Concerto in D Major, op 77 played by Joshua Bell in Czestochowa as an homage to Huberman. •

letter to the editor

To the editor:

We celebrate today a strong and vibrant Jewish life in Nashville. If we think of our strength as though it were a chain extending back decades, then two of our critical links are gone.

In my formative years in Federation life, few men stood as tall as Bob Eisenstein and Alvin Stillman, both of whom died in March.

While they had much different backgrounds and leadership styles they had two things in common. First, they led with integrity, always honest and forthright. Second, they led with a love of our community which for them meant compromise and civility.

While inclusiveness 40 years ago had a much different meaning than it does today, they honored minority opinions expressed in softer voices.

They were my mentors, as I am sure they were to others, and I am indebted to them.

To the extent that I have been fortunate enough to contribute to our community, Bob and Tony share in my accomplishments.

May their memory be for a blessing.

David Steine, Jr.

Submission Policy

The *Observer* accepts original opinion pieces and letters from Nashville area residents on topics of interest to the Jewish community as long as they have not been published or submitted for publication elsewhere. Submissions should be sent by the 15th of the month prior to publication to Editor Kathy Carlson at kathy@jewishnashville.org or 801 Percy Warner, Suite 102, Nashville 37205. The *Observer* reserves the right to edit all submissions for clarity, length and style.

Corrections Policy

The *Jewish Observer* is committed to making corrections and clarifications promptly. To request a correction or clarification, call Editor Kathy Carlson at (615) 354-1653 or email her at kathy@jewishnashville.org.

Editorial Submissions Policy and Deadlines

The *Jewish Observer* welcomes the submission of information, news items, feature stories and photos about events relevant to the Jewish community of Greater Nashville. We prefer e-mailed submissions, which should be sent as Word documents to Editor Kathy Carlson at kathy@jewishnashville.org. Photos must be high resolution (at least 300 dpi) and should be attached as jpegs to the e-mail with the related news item or story. For material that cannot be e-mailed, submissions should be sent to Kathy Carlson, The *Jewish Observer*, 801 Percy Warner Blvd., Suite 102, Nashville TN 37205. Photos and copy sent by regular mail will not be returned unless prior arrangement is made. Publication is at the discretion of The *Observer*, which reserves the right to edit submissions.

To ensure publication, submissions must arrive by the 15th of the month prior to the intended month of publication.

For advertising deadlines, contact Carrie Mills, advertising manager, at 615-354-1699, or by email at carrie@nashvillejcc.org.

MENsch Society: Now we can talk

The secret is out. The Jewish Federation's MENsch Society has launched after its inaugural meeting with Michael Bar-Zohar, former Knesset member, and expert on the Mossad, Israel's secret service. From Eichmann to Black September (and a certain "textile factory" in Dimona), stories and conversations of espionage and intrigue deemed the initial gathering a success.

Thanks again to Jeff Hymes and Tina Kon for their hospitality, and to Fred Zimmerman, Frank Boehm, David Bockian and Steve Hirsch for their leadership. For more information on joining the MENsch Society, a \$2,500



Michael Bar-Zohar speaks to an attentive audience at the first meeting of the MENsch Society. PHOTOGRAPH BY JOEL ABRAMSON

individual contribution to the Jewish Federation's annual campaign, contact joel@jewishnashville.org •



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While *The Jewish Observer* makes every possible effort to accept only reputable advertisers of the highest quality, we cannot guarantee the Kasruth of their products.

The Jewish Observer
 Founded in 1934 by
 J A C Q U E S B A C K

@ Micah

Interfaith couples, families, friends

"Sharing Our Stories: An Intimate Cocktail Party for Interfaith Couples, Families, and Friends" will be held on Tuesday, May 1, from 6-8 p.m. The get-together is hosted by Rabbis Flip and Laurie Rice and Rabbi Mark and Harriet Schifan and the 2017 Israel Group. There will be heavy hors d'oeuvres, mingling and a panel discussion. Free babysitting is available. RSVP to brandi@congregationmicah.org.

Children's Academy festival

Micah Children's Academy Spring Festival will take place on Sunday, May 6, from 3:30-5 p.m. It's our eighth annual spring festival, with musical performances and art by Micah students as well as live music, face painting, bouncy houses, games, prizes and more! To purchase tickets, stop by the MCA office or email Theresa at tlepore@micahchildrensacademy.org

Woman's Circle gathers on May 18

A Woman's Circle will meet on Friday, May 18, at noon. This is a monthly opportunity to grow your soul, meet with other women and engage with sacred text. Rabbi Laurie challenges your intellect through study and conversation on Jewish and other relevant topics. All are welcome. Bring a friend. Lunch is provided. RSVP to Rabbi Laurie Rice at lrice@congregationmicah.org

Wrapping up religious school year

Our Torah Wrap and Shavuot picnic/field day will take place on Sunday, May 20, from 11:30 a.m.-1 p.m. The Torah Wrap is an annual event at Micah, marking the final day of religious school. This year the Torah Wrap will be followed by an Israeli-style Shavuot picnic with food trucks and family activities.



Participants gather for the Women's Interfaith Seder at Congregation Micah, which featured the women of Thistle Farms and speaker Assi Weinstein.

@ Sherith Israel

Looking for a few good cars

Got an extra car? The shul is looking to have one or two cars donated over the summer for new Jewish community professionals coming to town. Tax-deduction. Cars need to be less than 10 years old.

Lag B'Omer bonfire

Celebrate the joyous holiday of Lag B'Omer with friends and a bonfire. It all takes place on Wednesday, May 2, at Sherith Israel at 7:30 pm.

'Psalm Sing-Along' concert, BBQ

Sherith Israel will join our neighbors, Blakemore United Methodist Church, on Wednesday, May 9, for "Psalm Sing-Along," a family-friendly evening of psalms sung to familiar children's tunes. Preceded by a kosher hot dog barbecue in the parking lot of Blakemore UMC, 3601 West End Ave. Free, and everyone is invited. Timing TBA on sherithisrael.com.

Shabbat afternoon family picnic

Sherith Israel and the Akiva School are teaming up for a family-friendly Shabbat afternoon picnic in Elmington Park (on the grass by the playground). May 12, from 4-6 p.m. Light snacks will be provided; BYOB (blankets).

Sandcatchers concert: Middle Eastern/Americana fusion

The Brooklyn-based quartet, Sandcatchers, will bring their inventive fusion of Middle Eastern and Americana influences to Nashville. Sandcatchers blend the sounds of the oud, a Middle Eastern lute, with the steel and other sounds of Appalachian music. This free performance will be at Sherith Israel on Thursday, May 24. Timing TBA on sherithisrael.com.

@ The Temple

Annual congregational meeting

The Temple holds its 167th annual congregational meeting on Friday, May 4. The meeting begins at 5 p.m. and will be followed by our Shabbat service at 6 p.m.

Pre-K graduation day

On Tuesday, May 17, The Temple's Pre K class of 2018 will mark its graduation at 6:30 p.m.

Golden Lunch Bunch

This month's dates for the Golden Lunch Bunch are May 1 and May 15 at 11:30 a.m. Golden Lunch Bunch events are held on the first and third Tuesdays of the month at The Temple. Join us for lunch, entertainment and fun! To RSVP, call Anna Sir at (615) 354-1686.

Weekend Shavuot celebration

Join us for a special weekend celebrating Shavuot. We're calling it From Ruth to Ruth.

On Saturday, May 19, join Chevrah Torah at 9:30 a.m. for "Reading Ruth: a journey into the Scroll of Ruth. Study will be followed by Shabbat services, Yizkor and a blintz brunch.

On Sunday, May 20, join the Women of the W.E.L.L. (Women Engaged in Living Learning) for a screening of the new movie "RBG," a documentary about U.S. Supreme Court Justice Ruth Bader Ginsberg. The film will be shown at the Belcourt Theatre. For more details, contact Mitzie at The Temple (mitzie@templenashville.org)

Spiritual Explorers group meets

"Talk to God as you would talk to your very best friend. Tell the Holy One everything."

— Rebbe Nachman of Breslov

Are you interested in exploring your spiritual path?

Join a group of fellow seekers for a monthly discussion prompted by Rebbe Nachman's insights from "The Empty Chair: Finding Hope and Joy – Timeless Wisdom From a Hasidic Master," and Rabbi Rami Shapiro's books, "The Sacred Art of Lovingkindness: Preparing to Practice" and "Minyan: Ten Principles for Living a Life of Integrity." This will be a lay-led discussion group. We will meet on Wednesday, May 23, at 6:30 p.m. at The Temple. The group will decide future meeting dates. We hope you will join us.

Learn more about the Jewish Federation of Nashville and Middle Tennessee at www.jewishnashville.org



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@ Chabad

Celebrate the Ten Commandments' 3330th birthday

Occupying a unique crossroads between religion and cuisine, the holiday of Shavuot celebrates the giving of the Torah at Mount Sinai 3,330 years ago and also has become a celebration of fine dairy cuisine.

As the Torah was given and the laws of kosher dining were first received, the Jewish people were not yet capable of properly preparing beef and poultry and as such ate dairy. The rest is history.

Exquisite cheesecakes, pesto pastas, lasagna, soufflés and of course cheese blintzes all take center stage during this ancient celebration.

On Shavuot, in the year 2448, the Jewish nation –men, women and children – gathered at the foot of Mount Sinai to receive the Torah from G-d. Also present were the souls of all Jews of all generations to come. Every year on Shavuot this revelation is re-experienced in the reading of the Ten Commandments in the synagogue.

It is a *deja vu* experience for the soul, to hear the reading of the Ten Commandments, on the anniversary that it was given to our ancestors at Mt. Sinai, said Rabbi Yitzchok Tiechtel, of Chabad of Nashville.

It is of great importance for every family to attend synagogue on Shavuot together with their children, to listen to the reading of the Ten Commandments, as the children played a critical role in our receiving the Torah. When G-d gave the Torah to the Jewish people, He gave it on the condition that the young boys and girls will be the guarantors.

Shavuot will be celebrated this year, from the evening of May 19 through May 21. The Ten Commandments will be read at Chabad of Nashville, at 95 Bellevue Road, on Sunday, May 20, at 5 p.m.

Following the reading of the Ten Commandments, a delicious dairy buffet dinner will be served, including blintzes, pastas, pizzas, and a special Ten Commandments ice cream party. All are welcome to come and celebrate as a community, and there is no charge to attend. For more information about Shavuot at Chabad please visit www.chabadnashville.com or call (615) 646-5750.

Yizkor memorial service on Shavuot

The Yizkor memorial prayer for the dearly departed is recited in the synagogue four times a year: on the last day of Passover, on the second day of Shavuot, Yom Kippur and on Shmini Atzeret.

Congregation Beit Tefilah Chabad will hold the Shavuot Yizkor Memorial Service on Monday, May 21, at 11:15 a.m. in the Doochin Sanctuary at the Genesis Campus for Jewish Life.

Yizkor, in Hebrew, means “remember.” In this prayer, we implore G-d to remember the souls of our loved ones who have passed on. When we recite Yizkor, we renew and strengthen the connection between us and our loved ones, bringing merit to the departed souls.

The recitation of Yizkor is also linked with the mitzvah of a pledge to charity (prior or following the holiday) in memory of the deceased. By giving charity, we are

performing a positive physical deed on their behalf in this world, something that the departed can no longer do. The soul gains additional merit through the good deeds impacted through their memory.

If, for whatever reason, you cannot attend the Yizkor memorial service, you may e-mail the names of your loved ones to rabbi@chabadnashville.com and Chabad will mention the names on your behalf.

Rabbi Tokayer to be scholar in residence

Chabad of Nashville will celebrate this Shavuot with noted scholar and historian Rabbi Marvin Tokayer, Japan's longest-serving rabbi and a true source of knowledge on Jewish communities and Jewish life in Asia.

Rabbi Tokayer continues to travel on unknown roads that reveal the history of our people in Asia. He has traveled many miles from his birthplace in Brooklyn, from West to East and back again countless times on a most unusual journey.

After his studies at the Jewish Theological Seminary and ordination as an Orthodox rabbi, he served as United States Air Force Chaplain in Japan. Upon discharge he returned to Tokyo to serve for eight years as the rabbi for the Jewish community of Japan. For many years he was the only rabbi living in Japan and served as the vice president and director of culture, religion and education for the Jewish communities of the Far East.

He has written 20 books in Japanese; discovered the last of the Chinese Jews; located a long-lost Jewish cemetery in Nagasaki; contributed to the Encyclopedia Judaica; and became spellbound by the threads of a story that he began piecing together. His investigation took him throughout Asia, to Israel and Washington D.C. as he searched for documents and tracked down those who had taken part in the rescue of Jews from the Holocaust.

While still writing, Rabbi Tokayer also serves as a lecturer for Jewish communities worldwide, equally eager to learn more about points east.

The Nashville community is invited to meet Rabbi Tokayer on Saturday evening, May 19, at 6:30 p.m. for a lecture titled “Pepper, Silk and Ivory: The Exotic Jews of China, Japan and India.” His lecture will be followed by a festive holiday dinner (RSVP at chabadnashville.com) and question and answer session with Rabbi Tokayer.

On Sunday afternoon, May 20, Rabbi Tokayer will speak following the Ice Cream Party and Dairy Buffet and reenactment of the wedding ceremony under the Chuppah between the Almighty G-d and the Jewish nation. Rabbi Tokayer's presentation is titled “The Fugu Plan: The Heroic Escape to Japan & China during the Holocaust.” (Full information above on the Shavuot dairy buffet.)

On Monday evening, the second day of Shavuot, May 21, at 6:30 p.m., all are invited to join Rabbi Tokayer for a presentation on “The Ten Lost Tribes of Israel – The Oriental Mystery.” The lecture will be followed by a Havdalah ceremony that will close out the holiday of Shavuot.

The weekend is made possible through a grant from the Jewish Federation of Nashville and Middle Tennessee. All the events are free, though those who want to attend are requested to RSVP at www.chabadnashville.com.

For more information call (615) 646-5750 or go to www.chabadnashville.com

@ West End

Violins of Hope at WES on May 2

A concert featuring some of the violins that were used during the Shoah will take place at West End Synagogue at 7 p.m. on Wednesday, May 2. The program will include pieces from Bartok, Brahms, Beethoven, Bloch and Gershwin, among others. There will be a dessert reception following the concert.

The Big Payback

Please remember to donate to WES on Wednesday, May, for the Big Payback! Go to www.thebigpayback.org and enter West End Synagogue.

Beit Miriam graduation May 5

West End Synagogue-Beit Miriam students will be celebrating the culmination of 13 years of Jewish learning with the graduation class of 2018 on Saturday evening, May 5, at 8 p.m. at the synagogue.

The community is invited to join us for Ma'ariv services, Havdalah and a program written by our students: “What Being Jewish Means to Me.” The services and the program will be led by the 11th grade students.

The Nathan Davis Award will be presented to the outstanding student in the graduation class and the Sandra Klein Goldstein Award will be presented to a graduating student for outstanding community service.

A dessert reception will be hosted by the parents of our graduates.

Mazal tov to the students and parents of the WES graduation class of 2018:

- Anabella Ruth Barocas, daughter of Daniel and Adina Barocas
- Aden Leva Barton, son of Kirk Barton and Nancy Lipsitz
- Jacob Alexander Bengelsdorf, son of Steven and Sarah Bengelsdorf
- Rachel Amanda Cohen, daughter of Jon and Renee Cohen
- Joshua Gabriel Crowley, son of Jason and Helen Crowley
- Jonah David Herman, son of Michael and Lauren Herman
- Ellie Lillian Hornick, daughter of Chad and Sarah Hornick
- Shoshana Ella Kelner, daughter of Shaul and Pam Kelner
- Casey Jacob Newell, son of Scott and Amy Newell
- Samantha Lillian Prebus, daughter of Sol Prebus and Audrey Carvajal
- Bianca March Sass, daughter of John Mahoney and Beth Sass
- Jakob Ross Schaefer, son of AJ Schaefer and Irene Whitley
- Max Nathan Yazdian, son of Afshin and Laura Yazdian

Honoring high school graduates

Shabbat services honoring 2018 graduating high school seniors will be held on May 12 at 9:30 a.m.

Annual meeting and installation

Join us on Friday, May 18, for the WES annual meeting, services, installation of new board members and the installation of Cantor Sarah Levine. The meeting starts at 5:30 p.m., with services, installation of officers and board members and formal installation of Cantor Levine starting at 6 p.m.

Yom Ha Shoah 2018

Photographs by Rick Malkin



Menachem Limor, right, and his daughter, Miri Limor.



Survivors, refugees, liberators and families share a meal before the concert.

Community members speak at Yom Ha Shoah event

Here are remarks from Nashvillian Felicia Anchor, the daughter of Holocaust survivors. She has long worked to ensure the Shoah is remembered and was instrumental in establishing the Nashville Holocaust Memorial on the grounds of the Gordon Jewish Community Center.

“Every year at this time, our family gathers. We are a family that is not bound by genetics but by fate and history. On Yom Hashoah, Holocaust Memorial Day, our family gathers to remember and honor the lives of six million Jewish individuals who were brutally and savagely murdered at the hands of a cultured and civilized nation. Six million murders ... our parents, brothers and sisters ... old and very young went to their deaths. At the end of the destruction and genocide, some souls, through kindness, fate or luck, managed to remain alive.

“Among us are those who survived the brutal history and events known as the Holocaust. Slave laborers, concentration camp inmates and those whose parents made the heart rending decision to give their children to others to keep them alive. With them are their children, miracles who were born in the aftermath of this cataclysmic destruction. We grew up in the homes of immigrants who worked valiantly to create safe homes for us and yet carried in their broken hearts, the shadows of loved ones, cultures and Jewish life that was brutally destroyed. Our joy, our greatest gift to ourselves and our parents, is our children and their children. They are with us this evening. New generations of our family who can reclaim our lives and look to the future even as we mourn and promise to remember the lessons of the past.

“The Simon Wiesenthal Center notes that ‘Hope lives when people remember.’ In that spirit our magnificent Symphony in partnership with the Jewish Federation of Nashville and Middle Tennessee and a host of community partners and donors has brought us the Violins of Hope exhibit and performances. These violins, which will live among us through the end of May, and tonight’s performance by virtuoso Pinchas Zukerman are the bridge to expanding our family’s inheritance and legacy to all of you.

“As the Family of the Holocaust, we know the horrific cost of hatred, bigotry and discrimination. Anti-Semitism is perhaps the oldest hatred in our world. Memory is important but looking forward is crucial. We know that we are not alone in the fight to eradicate this

scourge. Good, caring people, who live in this special Nashville community and all around the world are fighting hard to create a different world ... a better world free of such poison. Look around you tonight. You are not alone, you are part of a new family.

“It has been said that the violin is the instrument that most clearly imitates the human voice. Let these voices come forth tonight. Let the spirit of music and humanity merge. We are so grateful that you are with us on this Yom Ha Shoah. Let us come together this evening to remember and to hope for the future.”

From our congregational rabbis:

Rabbi Philip “Flip” Rice, Congregation Micah:

“It is inspiring that we never let the pain of the past hinder us Jews from listening to and truly hearing beautiful music, whether children singing Jewish songs, sacred violins playing Hatikvah, or a symphony directed by an Israeli conductor.”

Rabbi Mark Schiftan, The Temple – Congregation Ohabai Sholom

“This year’s Yom Ha Shoah event was given a new and unique enhancement through the selection of its distinct venue. It affirmed the vibrancy and the resilience of the Jewish people even as we remembered and reflected on the loss of entire communities of our people in a darker age.”

Rabbi Yitzchok Tiechtel, Chabad of Nashville:

“Lighting a candle as a grandchild of a survivor in the Symphony Hall was a moment of pride for me personally.

“True, we must never forget what happened; our generation must always be reminded of the events and consequences of the Holocaust.

“Yet in addition to remembering, there is an equally, if not more, important response to the Holocaust. The true response to the Final Solution is to build a true Jewish life and home. Hitler sought to annihilate us; we must respond by building a more committed and numerous Jewish world, filled with Jewish pride.

“Standing in in the hall of the Nashville Symphony, as community of descendants of survivors, with the violins of hope there with us for this special occasion, was a testament that ‘Am Yisrael Chai’ – The Jewish nation is alive, and will always be alive, and we as a Jewish community of Nashville will be a light to the nations.” •



Michael Naft lights a candle.



Violinist Sylvia Samis



Assaela Weinstein, left, and her husband, Amnon Weinstein, who has restored Holocaust-era instruments with their son, Avshi.

Sharing With Sharon

The Jewish water holiday- did you know?

By SHARON BEN AMI
Community Shlichah

Backstreet Boys and Judaism

Israel is the melting pot of Jews from all over the world. In every Jewish community around the world, there are traditions that are unique to that community.

Here in the Nashville community I've experienced Passover Seders with the participants playing the characters at the Rice family Seder, or singing new songs in the spirit of the Passover holiday, but with a Broadway musical flair in the Schiffmans' house. At Jewish City – a Kabbalat Shabbat (Friday night dinner and musical service) program for young adults, I've learned the Backstreet Boys melody to Shabbat songs that I heard is very popular in camp. Every Friday we welcome the Shabbat at the Gordon JCC with Jack Simon's songs and educational activities for the kids. The list goes on and on, and those are all traditions unique to the American community.

Water fights and Judaism

The communities my family came from are Kurdish and Moroccan, and they too have unique traditions like a henna ceremony before a Jewish wedding, a Mimouna holiday at the end of Passover and more. When my grandparents left their communities, they had to leave their homes, herds and all other material possessions behind. They came to Israel poor in property, but rich in culture and tradition – traditions they did not leave behind. Those traditions were added to the beautiful Israeli melting pot, and became Israeli for all intents and purposes.

My personal favorite is the tradition called the 'Water Holiday.' This is a holiday where the congregants are constantly splashed with water during prayer, and after the services, everybody goes outside and has a humongous water fight. Nobody is spared – from newborn babies to grandmothers and grandfathers – everybody gets splashed. If you walk in the streets of Jerusalem during Shavuot, beware of the splashes coming at you from windows and kids running around with water armory. And if you get splashed, smile and splash back – it's a mitzvah! In my family it is one of the holidays that all of the dozens of family member attend. We start with a careful dairy lunch with a side eye and hidden water armor, with "The Good, the Bad and the Ugly" melody in mind – waiting for the first person to shoot some water, and then – it's on!!

You actually know this holiday

The water holiday is a second name for a holiday you all know – Shavuot. Shavuot is coming up on the 6th of the month of Sivan, from sunset on May 19 until nightfall on May 21. We celebrate

G-d giving us the Torah on Mount Sinai. Every year on the holiday of Shavuot we renew our acceptance of G-d's gift, and G-d "re-gives" us the Torah. On Shavuot most of us celebrate by eating dairy meals, staying up all night and reading the Torah during 'Tikun Leil Shavuot' and maybe even decorating our houses with flowers and fruits. You are welcome to try the North African-Israeli-Jewish tradition and join me in a water fight in honor of the story of Moses who was found in his basket on the river. We also celebrate the Torah that is often compared to water which quenches our thirst in the desert. (You can learn more about those traditions in the article: <https://www.israel21c.org/8-fun-facts-about-shavuot-in-israel/>).

Although I am far away from my beloved family and from my beloved Israel, I am still planning on celebrating the water holiday Shavuot to the best of my family's tradition.

Come and celebrate with me! Congregation Micah has been so awesome in welcoming me and my Israeli shenanigans and will host a holiday celebration on May 20 at Congregation Micah. Please come and have fun with us! Bring your water armor, bring your smile and enjoy a holiday in



Celebrating Shavuot, the watery Israeli way, will come to Music City on May 20 at Congregation Micah.

the Jewish and Israeli spirit with a lot of surprises. It will be fun for all ages. For more details, contact me at sharon@jewishnashville.org •



Sharon Ben Ami



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WHERE: CONGREGATION MICAH - 2001 OLD HICKORY BLVD. BRENTWOOD, TN

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THE STRENGTH OF A PEOPLE
THE POWER OF COMMUNITY.

To access the
Community Calendar,
go to
www.jewishnashville.org
and click on "Calendar."

Upcoming Violins of Hope events

Information for this calendar is from the Violins of Hope web site, violinsofhopenashville.com. Check there for additional information.

Continuing

Through May 6 - An Archaeologist's Eye

The Parthenon

Drawings by Katherine Schwab addressing persistence of war and ideological oppression

Through May 27 - Violins of Hope Exhibit

Main Public Library

Free and open to the public

Through May 28 - Slavery, The Prison Industrial Complex

Frist Center for the Visual Arts

Photographs by Keith Calhoun and Chandra McCormick

Through Oct. 7 - We Shall Overcome: Civil Rights and the Nashville Press, 1957-1968

Frist Center for the Visual Arts

Through Oct. 8 - The Josef Ganz Story

Lane Motor Museum

The surprising story of how a Jewish engineer's work helped create Hitler's Volkswagen

May

May 2 - Lag Baomer Concert

West End Synagogue

Featuring music by Bartok, Brahms, Beethoven, Bloch and Gershwin

May 2 - Voices of Hope: The Power of Music Part 2 - Concert

Christ Church Cathedral

With Portara, Nashville Children's Choir and Nashville Concerto Orchestra

May 3 - Lag B'Omer Violins of Hope Klezmer Festival

Chabad of Nashville

With Serenatta Ensemble

May 6 - My Broken Doll: Scenes from a Survivor's Memory

Main Public Library

Presented by Nashville Children's Theatre. Free and open to the public.

May 6 - Kaytek the Wizard

Main Public Library

Presented by BriAnimations Living Entertainment

Free and open to the public

May 8 - The Return of the Violin

Main Public Library

Sponsored by the Nashville Jewish Film Festival

Free and open to the public.

May 9 - Joshua Bell with the Nashville Symphony

Schermerhorn Symphony Center

Featuring Bruch's First Violin Concerto

May 10 - Anne Frank: A Living Voice

The Temple

Featuring Vox Grata Women's Choir

May 13 - String Quartets by Malek Jandali

Main Public Library Auditorium

Nashville Symphony musicians perform works by composer Malek Jandali

May 15 - Anne Frank: A Living Voice

Ingram Hall, Blair School of Music

Featuring Blair Children's Chorus and Vox Grata Women's Choir

May 26 - Violins of Hope Reading & Performance

Main Public Library Auditorium

Nashville Repertory Theatre actors perform

May 26 - Intersection: String Quartets by Hannibal Lokumbe

Main Public Library Auditorium

May 31-June 2 - Verdi's Requiem

Schermerhorn Symphony Center

Featuring the Nashville Symphony and Chorus



Nashville's Serenatta Ensemble will perform at Chabad of Nashville on May 3.

'Violins' Klezmer Fest, BBQ to celebrate Lag B'Omer

Join the Nashville community for a delightful evening of a Lag B'Omer Southern-style Kosher BBQ and an Israeli bonfire on Thursday, May 3, on the outdoor patio of Chabad of Nashville. It will include all of the traditions you've come to expect but with a few twists.

The event will begin at 5:30 p.m. with the enticing aromas of chicken and hamburgers cooking on an open flame, with your favorite side dishes of potato salad and baked beans. Sitting outside on the patio at Chabad among your friends and family you'll be reminded of all we have to be grateful for.

Also on May 3, in honor of the special day, Chabad of Nashville and the Nashville Symphony will host a most joyous Violins of Hope Klezmer Festival. Music by the Nashville-based Serenatta Ensemble begins at 6:30 p.m. The concert is free and open to the public and will be followed by the bonfire.

Celebrating this holiday with joyful dancing and music has roots from many, many years ago, and it's a tradition that we at Chabad enjoy. This year, we pay tribute and dedicate the joy and festivities to Jewish musicians from long ago who were the Klezmer players.

The term "klezmer" was originated by combining the Hebrew words: "kley" (vessel) and "zemer" (melody) that referred to musical instruments in ancient times. Klezmer music reflects a melting pot of musical styles based on

wordless prayer melodies. You'll recognize the soulful sounds of clarinets, violins and basses. Nashville based Serenatta Ensemble will entertain us with their own take of Klezmer music. We know you'll hear the voices of our ancestors through this modern interpretation of historical sounds.

Serenatta has been chosen to play a violin from the Violins of Hope collection of restored instruments played by Jewish musicians during the Holocaust. These instruments have survived concentration camps, pogroms and many long journeys to tell remarkable stories of injustice, suffering, resilience and survival. All are invited to join this most special Klezmer Fest. This event is open to the community.

Following the Klezmer Fest there will be a Lag B'Omer bonfire in the beautiful woods, in Chabad Park, which is on the nine-acre property of the Genesis Campus for Jewish Life. Participants will also have the opportunity to take part in the planting of an organic herb garden which will be used in preparing Shabbat dinners throughout the summer months for the Nashville community.

There is no charge to attend the Klezmer concert and bonfire, but reservations are appreciated. The cost for the BBQ dinner is \$10 per person if reservations are made in advance, or \$15 at the door. For further information or to make reservations go to www.chabadnashville.com.

Nashville Symphony offers free community concerts

The Nashville Symphony has unveiled the schedule for its 2018 Community Concerts series, which will showcase the GRAMMY® Award-winning orchestra performing music by Bernstein, Brahms, Rossini, Rimsky-Korsakov and more at six public parks and greenspaces throughout Middle Tennessee, the Symphony announced in a news release.

A local summer tradition that annually draws thousands of concertgoers, the Symphony's community concerts are an integral part of its mission to make great music accessible to everyone in the region. Admission to all six performances is free of charge.

The 2018 series returns to Centennial Park on June 7 as part of a special partnership with Musicians Corner. The orchestra will close each performance with John Williams' Star Wars Main Theme, which was chosen by the public after three rounds of online voting. The

complete schedule is listed below:

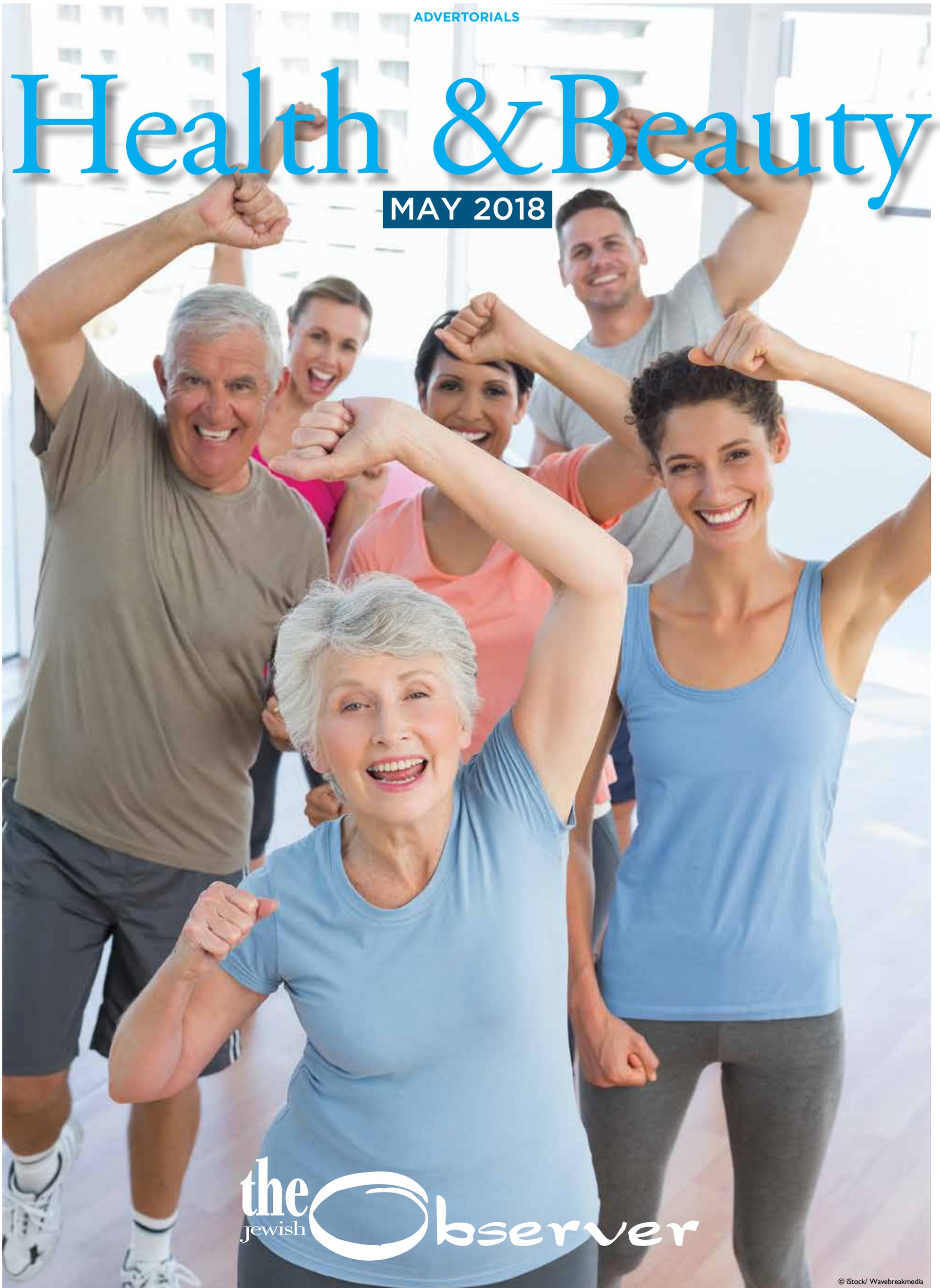
- Thursday, June 7, 7:30 p.m., Musicians Corner at Centennial Park
- Friday, June 8, 7 p.m., Cumberland University, Lebanon
- Saturday, June 9, 7:30 p.m., Historic Rock Castle, Hendersonville
- Tuesday, June 12, 7:30 p.m., Southeast Greenspace, Antioch
- Tuesday, June 26, 7:30 p.m., Two Rivers Mansion, Donelson
- Sunday, July 1, 7:30 p.m., Key Park, Lafayette

The Nashville Symphony's Community Concert series is made possible in part thanks to co-presenting partners Benefits, Inc. and Vanderbilt University Medical Center, and thanks to additional support from Vanderbilt University Human Resources, The Village Fund, The Foundry Chiropractic & Upper Cervical, Friends of Historic Rock Castle and Cumberland University.

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Carrie Mills' portraits capture the spirit of pets

It cannot be underestimated how owning, caring for and loving a pet can increase the health of a person. It has been proven to reduce stress. Walking a dog has health benefits built in.

When a person loses a loved pet, it is like losing a member of the family. While art can never replace a living being, the gift of a pet portrait can be a comfort and help in the grieving process. For many it brings a feeling of loving memories.

Carrie strives to bring the pet's spirit and character to her portraits and has a special way of capturing personality. If you or someone you know has lost a pet, please consider a pet portrait by Carrie Mills. Call (615) 210-5044 or go to www.carriemillsdesign.com

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Family Staffing Solutions is relationship based and dedicated to your active lifestyle. Our caregivers are exceptional while supporting family members who seek to maintain active and independent lifestyles or when they require the help of in-home assistance and care to stay engaged.

Family Staffing Solutions has been a part of families in Nashville and surrounding areas since 1999 and staffed nearly 4,000,000 hours of care. Family Staffing Solutions has received the Consumers' Choice Award, was voted #1 Choice for In-Home Personal Care for five years consecutively in Murfreesboro and was a finalist in the Main Street Awards. Our clients say it best with their referrals and their appreciation expressed to our caregivers. You can do it! We can help! Stay Independent * At Home * In Charge®

Gluck Orthodontics debunks 'two sets of braces'

These days a lot of young children are unnecessarily getting two sets of braces. We come across this a lot at our office. Parents will bring their 2nd grader for a consultation and comment that many of their child's peers are already in braces.

We have 40 years of experience caring for children at Gluck Orthodontics and believe strongly that two sets of braces are rarely warranted. Thirty years of research in our field supports this as well. And more often than not, this early set does little to contribute to the overall end result and can actually put kids at risk for cavities and gum disease. The days of kids wearing braces routinely two times should be over.

In our practice, we believe that all children should be evaluated by an orthodontist starting at age 7. Most will be perfectly fine without any treatment until all of their permanent teeth have come in. We like to see patients every six to nine months to evaluate growth and development.

Our goal is if kids need orthodontic treatment, they only have it once. We've successfully treated over 18,000 cases this way. Come visit our office anytime for a complimentary consultation or even just to say hi and get some ice cream!

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In our personal lines division we offer a wide variety of companies with very competitive premiums. Some of our companies offer accident forgiveness for auto insurance as well as discounts for home and auto combined.

Marsha Ross Jaffa, CIC, LUTCF, has been a part of Robins Insurance for over 30 years and has been very active in our community all this time. Marsha is a past president of West End Synagogue Sisterhood and Hadassah and serves on many community committees as well.

Whether it is auto, home, Medicare supplements or medical insurance, Marsha can serve you well. Please contact mjaffa@robinsins.com or call us at 615 665-665-3250.

Reflexology Academy looks to the feet for health

When your feet ache, the whole body hurts. Speaking from a reflexology point of view, this is literally true. What trained reflexologists see in your feet is a map of your entire body with every organ and gland represented.

Have you wondered why certain areas of your feet are inexplicably tender to the touch? For instance, if you have neck pain, you may find tenderness in the stems of the toes. Low back pain may show up as tenderness in the instep of the foot where the spinal reflexes reside. This reflex connection between the feet and body has been utilized for thousands of years to support wellness.

So how does reflexology work? We now have the results of scientific studies conducted by Jesus Manzanares M.D. He discovered that when imbalances occur in the body, extra nerve fibers build up to form deposits on micro reflexes that correspond to areas of the body in need of attention, causing signals to be transmitted to the brain. EEG monitoring revealed that while receiving reflexology, brain waves shifted to a deep relaxed state. Using thumb and finger walking techniques, certified reflexologists apply appropriate pressure to deposits and reflex areas to stimulate a healthful response.

Experience safe, effective reflexology at Nashville Academy of Reflexology from professional graduates in NAR Spa or interns in Student Clinic. We also invite you to attend our Spring Open House, Saturday, May 26, 9-11 a.m. to learn more about a reflexology career. Contact us at (615) 647-7244, reflexschool.com

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Rodan + Fields put the glow into skin care

As an independent consultant (and full-time Realtor), Jackie Roth Karr is proud to offer inside access to two of the greatest minds in skincare today – Drs. Katie Rodan & Kathy Fields, both active supporters of AIPAC - The American Israel Public Affairs Committee. You may know them as the creators of Proactiv Solution. Jackie has partnered with the doctors in their newest business venture with a mission of changing skin and changing lives, all while staying on top of the Nashville rapidly growing real estate market!

What the doctors did for acne with Proactiv they are now doing for aging skin, sun damaged and sensitive skin with Rodan + Fields Dermatologists. The new products were previously featured in leading department stores including Nordstrom, Bloomingdales, and Henri Bendel in New York. The doctors realized that they were only reaching one person at a time behind the cosmetic counter when they saw the huge wave of social media coming. They moved into the direct sales market and are able to reach more people in a month than a single store did in a year.

Discover the difference that great skin care can make in your life as you experience clinically proven, guaranteed products coupled with an amazing business opportunity.

Jackie looks forward to introducing her Rodan + Fields business to you. All you need is the internet and a phone to shop or be in business (full time or part time!). Take the time to go to Jackie's personal website (like a virtual office) at www.JackieKarr.net and have your quick private consultation with these doctors to see what regimen is right for your skin. No copay or appointment needed, and there's a 60 day money back guarantee on results.

Spring cleaning keeps you and your home healthy

Now that spring has finally sprung, it's time to look at making your home a safer and cleaner place to live. Aging in Place Transition Services is here to help. Our team works with clients to organize and declutter when they need assistance with spring cleaning.

According to an article on The Oldish website titled "A Clean House Reflects Inner Well Being," researchers found that living in a messy environment is more stressful and has negative effects on your health. In addition, a messy and cluttered home can be dangerous for older adults. Cleaning up the home is big task for many seniors, and they often need assistance with physical chores, such as moving furniture, doing repairs, cleaning out garages or attics.

Our team addresses issues that make it safer and easier for a senior to move through a space, preventing falls or accidents. We make sure clutter and cords are removed from

walkways and paths of travel.

A typical spring clean includes changing smoke alarms and light bulbs. And, we always add lighting to make it easier to move through spaces, especially where there are transitions in levels such as steps. We assist with moving unnecessary furniture out of the way for seniors who use assistive devices such as, walkers or canes or have visual disabilities. We rearrange items such as coffee tables to enable seniors to have easy access to seating or movement through a space. It also might be time to remove area rugs to avoid trip hazards and repair any loose flooring or carpet, broken steps or railings.

The warmer weather gives us all spring fever, and while weeding and planting may give your home curb appeal and get you outside to enjoy the spring flowers, don't neglect the necessary chores to allow you to age in place safely.

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WES volunteers cut, chop, sort, load, weed on Social Action Day

Social Action Day brought more than 75 West End Synagogue volunteers of all ages to help at three agencies on Sun., April 8. They cut and chopped in the kitchen at the Nashville Food Project as well as weeded and prepped the agency's garden. Other WES

members sorted and loaded medical equipment and supplies at Project Cure and worked in the garden of the Hands On Nashville Urban Farms. The synagogue's Social Action Day is expected to become an annual event of its Social Action Committee. •

AEPi honors Renette Corenswet with Order of the Lion award

Alpha Epsilon Pi International Fraternity (AEPi) recently honored Renette Corenswet for her many years of love and support to the fraternity, especially its chapter at Vanderbilt University, the fraternity announced in a news release.

She and two Vanderbilt alumni – Andrew Fradkin, class of 1978, and Jonathan Pierce, class of 1986 – received the fraternity's highest honor, the Order of the Lion, at a dinner on April 14 in Nashville.

"Renette Corenswet's love and commitment to Alpha Epsilon Pi and the brothers at Vanderbilt is legendary. We can't thank her enough for all that she has done to help provide a home away from home for generations of young Jewish men on the Vanderbilt campus," said AEPi Executive Director Andrew S.

Borans. Renette's late husband, Abraham Corenswet (Z"l), was one of AEPi's founders at Vanderbilt.

The Order of the Lion is presented to an alumnus of Alpha Epsilon Pi for service to the fraternity over a long span of years, above and beyond the call of duty. Of the more than 105,000 men who have been initiated into AEPi, only 57 have received this honor.

AEPi operates chapters on more than 190 college campuses in six countries. Founded in 1913, AEPi has more than 90,000 living alumni. While non-discriminatory, the fraternity's mission – developing the future leaders of the Jewish communities – is demonstrated every day through acts of brotherhood, Tzedakah (charity), social awareness and support for Jewish communities and Israel. •



Participants at this year's Community Relations Committee seder included local leaders and people from many faith traditions. PHOTOGRAPH BY RICK MALKIN

Welcoming with an outstretched arm Community Relations Seder 2018

By DEBORAH OLESHANSKY

The Community Relations Committee of the Jewish Federation of Nashville and Middle Tennessee continued the tradition of offering the experience of the Passover Seder to highlight and celebrate the ongoing work towards social justice. CRC Seder co-chairs Andrea Bernstein and Hilary Diskin used this year's event to strengthen and deepen the relationships with partners in social justice built over the past several years. CRC Chair Ron Galbraith

opened the evening by welcoming the nearly 200 attendees, including elected officials, local community organizers and leaders and representatives from a variety of different faith traditions. Rabbi Mark Schiftan led the service, with assistance from past CRC chairs Avi Poster, Arthur Perlen and Irwin Venick. Lisa Silver provided the music for the evening.

For information about the ongoing work of the Community Relations Committee, please contact CRC Director Deborah Oleshansky at (615) 354-1637, deborah@jewishnashville.org •



Katia Mead (left), Faith Haber Galbraith, Ambassador Frank G. Wisner, Deborah Oleshansky and Patrick Ryan at the leadership breakfast.

Career diplomat speaks about U.S. and Iran

Through our relationship with the Tennessee World Affairs Council, the Jewish Federation and Jewish Foundation of Nashville's Community Relations Committee hosted a leadership breakfast with Ambassador Frank G. Wisner. The event was titled "U.S.-Iran Relations: Where Have We Been, Where Are We Headed." Ambassador Wisner currently is an international affairs adviser with Squires Patton

Boggs, a global law firm. He served as ambassador to Zambia, Egypt, the Philippines, and India during his career in the United States Department of State. Ambassador Wisner shared his perspective on the U.S.-Iran relationship. He also spoke more broadly about his experience within the State Department and his concerns regarding the many current vacant positions in the department. •



Biblical and historical seekers of peace are represented in the original dramatic production, "Dayenu and Beyond: Passover, People and Peace."

Community group stages 'Dayenu' at Gordon JCC

A small village of performers and a host of behind-the-scenes experts brought to life an original dramatic production, "Dayenu and Beyond: Passover, People and Peace," last month at the Gordon Jewish Community Center. It was the fifth dramatic work by longtime Nashville resident Jerry Klein to be staged in Nashville, and the well-received April 15 production drew a capacity audience of over 120 people.

Klein invites other Nashville-area residents with a love of community theater to join with him and those in the "Dayenu" cast and crew to continue to bring live theater to the JCC. "Dayenu" was a production of the JCC Drama Group.

"It is hoped that a revival of theater at the JCC will be encouraged, and that with the restoring of the drama committee, there may be a new enthusiasm for theater at the J," Klein said.

"Dayenu" drew on the Passover theme of freedom and peace through the words of more than 20 Biblical and historical figures who endeavored to bring

about peace in their own way. "Dayenu – it should have been sufficient," but these efforts weren't enough to promote peace in the world. Still, efforts toward peace continue to this day.

Historical and biblical characters depicted in "Dayenu" included Moses, Jesus, Robert E. Lee, Ulysses S. Grant, Abraham Lincoln, Franklin D. Roosevelt, Woodrow Wilson, Harry S. Truman, Theodor Herzl, Golda Meir, Capt. William S. Klein, Mother Teresa, Hannah Szenes, Elie Wiesel, Ariel Sharon, Anwar Sadat, Malala Yousafzai, Dr. Martin Luther King and Nelson Mandela.

Performers included Rabbi Mark Schiftan, Howard Pink, Sheldon Kahan, Irwin Venick, Bruce Shaw, Alon Diamant Cohen, Stephen Riven, Jerry Klein, Gilbert Fox, Stefan Sharp, Rudy Saperstein, Howard Snyder, Sharon Ben Ami, Florence Wittenstein, Mimi Klein, Rodney Harris, Jerry Stelmaszak, Bakari King and Ralph Levy.

If you're interested in being a part of community theater at the JCC, contact Jerry Klein at (615) 463-8296. •

Hadassah presents 'Tea and Technology'

Hadassah Nashville invites its members and the community to "Tea and Technology," a presentation on home security techniques by Felicia Abramson of Carbon Black, a cybersecurity company. This event will take place on Wednesday, May 16, from 6-8 p.m. at the home of Miri Limor. The exact address will be provided upon your RSVP.

As an employee, Abramson has learned many ways to protect her home from everyday threats that anyone can

learn and use themselves. This will be a Power Point presentation and is not intended to be a hands-on workshop, but participants may elect to bring their laptops or tablet devices.

Light refreshments will be served. A fee of \$5 per person will be charged at the door.

Please RSVP: Nashville@Hadassah.org by May 11 – space is limited!

For further information, please email: Leslie Klein, leslieklein@gmail.com. •

Learn more about the Jewish Federation of Nashville and Middle Tennessee at www.jewishnashville.org



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Sherith's scholar in residence: Rabbi Avi Weiss

Rabbi Avi Weiss, who founded the Modern Orthodox rabbinical school Yeshivat Chovevei Torah (YCT) and the Hebrew Institute of Riverdale – The Bayit in the Bronx in New York, will be a scholar in residence at Congregation Sherith Israel over Shabbat on May 11-12.

His topics will include activism, Israel at 70 and Megillat Ruth. He will speak on Friday night and twice on Saturday. (Full information below)

Sherith Israel's Rabbi Saul Strosberg received his ordination from YCT, under the leadership of Rabbi Weiss.

"No modern Jewish leader has taken more responsibility for Jews around the world than Rabbi Weiss," Rabbi Strosberg said. "He not only talks the talk, but has always walked the walk. Even when his



Rabbi Avi Weiss

comfort is at stake. Even when his life is at stake. He teaches us what it means to stand up."

Sherith Israel member Cara Suvall, whose family was a member of Rabbi Weiss's synagogue in Riverdale, sees a strong connection between Rabbi Weiss and the Jewish community in Nashville.

She said, "The type of open, non-judgmental, and inclusive Orthodox community that Rabbi Weiss has championed is reflected in the inclusive, warm, big-tent feel that Rabbi Saul has promoted in Nashville at Sherith Israel. I know Rabbi Weiss will feel right at home in Nashville, and that we will learn a tremendous amount from him."

Rabbi Weiss is well known for his activism, putting his beliefs into action on behalf of Jews and people in need around the world. Rabbi Weiss served as national chairman of the Student Struggle for Soviet Jewry from 1982 to 1991 and subsequently as National

President of AMCHA – the Coalition for Jewish Concerns, raising a voice of moral conscience on behalf of the Jewish people and humankind throughout the world.

Rabbi Weiss also founded Yeshivat Maharat, the only institution in the United States that ordains Orthodox women as clergy. He is a co-founder of the International Rabbinic Fellowship, an international organization of Modern Orthodox rabbis.

Rabbi Weiss's presentations at Sherith

He will speak at Sherith on Friday night, May 11, on his activism, in a presentation titled "Reflections of a Spiritual Activist." Friday night prayers will begin at 6:30 p.m.; dinner and program will be at 7:30 p.m. Cost is \$18 per person, \$12 per child, children age 4 and under free. RSVP with Janet, csi3600@comcast.net

or on sherithisrael.com.

On Shabbat morning, Rabbi Weiss will deliver a sermon on "Israel at 70: Celebrating the Dream of Zion" at approximately 10:30 a.m., with a sisterhood kiddush at 11:45 a.m.

On Shabbat afternoon, Rabbi Weiss will speak on Megillat Ruth, in a talk titled "Ruth: Forerunner of the Messiah," with Mincha, seudah shlishit, and the talk beginning at 7 p.m. and a musical havdallah service at 8:27 p.m. •



Merle Born, left, receives her Nashville Woman of the Year pin from Bonnie Boring, president of Hadassah Southern Region.

Hadassah honors Merle Born

Nashville Hadassah is proud to announce the recognition of Merle Born as Nashville Hadassah 2018 Woman of the Year. The awards were presented at the Hadassah Southern Midwinter Board and Region Meeting held in Birmingham, Ala. Seventeen chapters in six states from Louisiana to Tennessee were represented at this Southern Region meeting. Nili Friedman, president of Nashville Hadassah, Victoria Cohen-Crumpton, and Leslie Klein participated with Born at the meetings.

Born, a New Jersey native, has been a Hadassah member since she moved to Nashville 40 years ago. Educated at the University of Pennsylvania and Stanford University, she became the founding president of the Institute of Certified Financial Planners of Middle Tennessee and later served on the national board of the ICFP. She owned her own business, Merle Born and Associates, for 17 years before retiring in 2005. After she sold her business, she spent 5 years representing several insurance companies offering long-term care insurance.

During her 40-year involvement with Hadassah, Born has served the Nashville chapter in many capacities. She has been donor chair too many times to count, and has served as vice president of education and fundraising. A Keeper of the Gate, she has chaired that committee for a total of four years. Currently, she serves as chair of planned giving and estates and recently did a presentation on planned giving at a Southern Region meeting. Merle and her committee have encouraged over 25 Hadassah members in Nashville to leave a bequest to Hadassah in their will, trust, IRA or life insurance. She has proudly provided for HMO in her estate plans. •

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Israel at 70: How 1948 changed American Jews

By BEN SALES

(JTA) -- One year after Israel's establishment, in the dead of night, three students ascended a tower at the Jewish Theological Seminary in New York and raised the Israeli flag.

The next morning, the Conservative rabbinical school's administration took it down.

That act of surreptitious Zionist protest was one of several at JTS during the years surrounding 1948, when Israel gained independence, Michael Greenbaum wrote in an essay in "Tradition Renewed," a JTS history edited by Jack Wertheimer. Students supported the new Jewish state. However, the seminary's chancellor, Louis Finkelstein, opposed American Judaism focusing all its efforts across an ocean, and also needed to appease a board wary of Jewish nationalism.

But the students persisted. Once, they sang the Israeli anthem "Hatikvah" following graduation ceremonies. Another time, they convinced their colleagues at the Union Theological Seminary, the Protestant school next door, to play the anthem from their bell tower.

Today, nearly all American Jewish institutions are vocally, even passionately pro-Israel. But even in the years after the Jewish state won its independence 70 years ago, that feeling was not yet universal.

Shifting sentiments

Before the Holocaust, Zionism itself was polarizing among American Jews. Many, especially in the Reform movement, felt support for a Jewish homeland would cause their loyalty to America to be called into question. The other side was represented by Louis Brandeis, the first Jewish Supreme Court justice, who saw no conflict between American values and Zionist aspirations.

By the time Israel declared independence on May 14, 1948, American Jews, scarred by images of the Holocaust and Nazism and inspired by newsreels of tanned kibbutzniks, were largely supportive of Zionism. But they were not yet turning out for organized political advocacy and mass tourism to Jerusalem and Tel Aviv. Instead they were getting used to the idea of a Jewish sovereign state -- gradually incorporating it into their culture, prayers and religious outlook.

"After the mid-1930s, the majority of American Jews had come to be positive one way or another about the idea of a Jewish homeland," said Hasia Diner, director of the Goldstein-Goren Center for American Jewish History at New York University. "While 1948 on the one hand was very exciting and [had] lots of communal programming and celebrations, it was slightly anticlimactic in the sense that opposition had been gone for at least 10 years."

North American Jewish support for Israel was turbocharged by the Truman administration's quick recognition of the state, and by the Israeli army's victory against the Arab states in its war of independence.

Developing ties

In February of that year, Golda Meyerson (later Meir), raised \$400,000 in one day (the equivalent of some \$4 million today) on behalf of the provisional state on just one stop in Montreal. In the weeks following independence, she started a drive in the United States and Canada for \$75 million more (or about



David Ben-Gurion, who was to become Israel's first prime minister, reads the new nation's Declaration of Independence in Tel Aviv, May 14, 1948. PHOTOGRAPH BY ZOLTAN KLUGER/ISRAELI GOVERNMENT PRESS OFFICE VIA GETTY IMAGES

'There were these years in which it wasn't as much about rallying the troops for these massive outpourings of aid or political influence, but it was more of this coming to know Israel.'

— Emily Alice Katz

\$750 million in 2018 dollars).

"There was a sense that once America recognized the state, Zionism had won, and everyone wanted to link with the winners," said Jonathan Sarna, a professor of Jewish history at Brandeis University. "It was growing very quickly, it took in all of these refugees, which solved that problem."

After Israel secured its independence, American Jews began to engage with the new nation in small ways. There was no rush of tourism, but American Jews would show their support by purchasing goods from Israel, reading books about Israel or holding Israeli dance classes in their community centers.

"Here's this new state they had to kind of develop this relationship with, [and] the cultural realm was really the place it was happening," Emily Alice Katz, author of the 2015 book "Bringing Zion Home," told the New Books Network podcast. "There were these years in which it wasn't as much about rallying the troops for these massive outpourings of aid or political influence, but it was more of this coming to know Israel."

Moving beyond assimilation

Part of the reticence to support Israel stemmed from the ethos of 1950s America, with its focus on suburban growth, the "melting pot" and assimilation. Against that backdrop, American Jews were trying to prove they belonged as social and cultural equals in American society. So again they were fearful of "dual loyalty" charges that could stem from vocal support for a Jewish state.

In a watershed moment in that debate, Israeli Prime Minister David Ben-Gurion sent a letter in 1950 to Jacob Blaustein, president of the American Jewish Committee, which for many years had been hesitant to throw its support behind the Jewish national movement. Ben-Gurion pledged not to speak for American Jewry or intervene in its affairs, and to dial down his insistence that American Jews move to Israel. In exchange, Blaustein recognized "the

necessity and desirability" of supporting Israel in its nation building.

"The 1950s were the heyday of American Jewish assimilation," said Sara Hirschhorn, an Israel studies professor at Oxford University. "It was the postwar era, when American Jews were benefiting from the same things everyone else was benefiting from -- the GI bill, all kinds of ways for people to move into the middle class -- and they wanted to continue to make the most of that."

Nevertheless, Israel began to show up in American Jewish religious practice. A Conservative prayer book published in 1949 had readings about Israel, but not the prayer for Israel that is now standard in many prayer books. Religious schools gradually shifted their pronunciation of Hebrew from European Ashkenazic to Sephardic-inflected Israeli. Non-Zionist religious leaders, like Finkelstein of JTS, eventually were sidelined.

Filmmaker Milos Forman dies at 86

(JTA) — Filmmaker Milos Forman, famous for the Academy Award-winning films "One Flew Over the Cuckoo's Nest" and "Amadeus," has died.

Forman, who was born in Czechoslovakia and came to the United States at the end of the 1960s, died on Saturday at a hospital near his home in Connecticut at the age of 86.

Forman's parents, who were Protestant and members of the anti-Nazi underground, were killed by the Nazis during the Holocaust; his mother died in Auschwitz and his father died while being interrogated by the Gestapo in the Mittelbau-Dora concentration camp.

Forman later learned that his biological father was a Jewish man with whom his mother had an affair, who survived the Holocaust and that the filmmaker later found living in Peru. Forman was

A history of rebirth

The biggest shift, Sarna said, was American Jewry viewing Judaism's history as one of "destruction and rebirth." That outlook posed the Holocaust and the establishment of Israel as its two poles and, Sarna said, remains dominant in American Jewish thinking today. He noted that Israel's Holocaust Remembrance Day and its Independence Day are commemorated about a week apart by design.

"The theme of destruction and rebirth becomes a very important theme in the lives of American Jews," he said. "So much so that American Jews don't know the history of Zionism going back, and have bought the idea that it's all about the Holocaust being linked to the birth of the State of Israel."

American Jews became more open in their celebration of Israel about a decade after 1948. "Exodus," the 1958 novel by Leon Uris that painted Israel in heroic terms, was a national best-seller and was adapted into a popular movie in 1960 starring Paul Newman and Eva Marie Saint.

In 1961, the Yiddish star Molly Picon starred in a Broadway musical about a visit by American Jews to Israel, "Milk and Honey," which ran for over 500 performances. A few years later, the Israel Pavilion at the New York World's Fair showcased the country's charms. And as Cold War tensions continued into the 1960s, Israel began to be seen as a U.S. ally against the Soviet Union.

In 1967, Israel's existence was again threatened by Arab armies. Between the anxious buildup to that war and Israel's lightning victory, American Jewish acceptance of Israel had turned to adulation, placing the Jewish state at the center of their identity. The few dissenters are found on the non-Zionist left, among various haredi Orthodox movements, and in the quiet grumblings of some mainstream leaders and rabbis who think the emphasis on Israel has thwarted the development of distinctly American Judaisms.

"Slowly but surely, Israel became more important for American Jews," Sarna said. "1967 is at once a reflection of Israel's growing importance, but at the same time it is a great intensification of Israel's centrality." •

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Books even crazy-busy moms will want to read

By JORDANA HORN

(Kveller via JTA) – So many people tell me that they don't have time to read. Well, I understand the dilemma. Reading is often portrayed as an immersive experience, one that you can't do without a full-fledged commitment of an event-free day and a deck chair.

Well, would-be reader, I'd say that is wrong. I read in five-minute increments wherever I go, and you can, too, with these riveting books easily broken into small, digestible and delicious chunks.

I Am, I Am, I Am,

Maggie O'Farrell's memoir, is perfect in so many ways.

Among those ways is how suitable it is for those who only have time to read in truncated chunks like commutes or carpool lines: The book is written in a series of 17 short stories about near-death experiences O'Farrell has had over the course of her life.

From the very first gripping tale of a hike, I found myself riveted by how well she marries well-crafted prose with fascinating experiences. O'Farrell takes the reader along the course of her life, whether it is in a near-miss on a mountain hike or submerged beneath a riptide in a deep, night-darkened sea.

The memoir jumps around O'Farrell's life non-sequentially, much like how a parent's mind leapfrogs all over the place in the middle of the night. In choosing to have her stories not be recounted in linear time, the author makes the implicit case that experience is not valuable due to its proximity to the present, but rather due to its proximity to the roots of who we are as people.

Who we are is determined by where we have been and what we take away from those experiences. From childhood encephalitis to near-drowning to miscarriage to birth, we are a jumbled aggregate of feelings, longings and fear.

That jumble takes its fullest and particularly rich form in her chapter "Daughter," in which she recounts the experience of an unexpected pregnancy

turned into a daughter with a long list of allergies, several of which could trigger lethal anaphylaxis. As O'Farrell writes about the effects of living with a child with a life-threatening condition, parental readers will feel their very heartbeat synchronize with hers.

"Your lives are conducted with a constant background hum of potential peril," she writes. "You begin to experience the world differently. You may no longer go for a walk and see a garden, a playground, a farm full of goat kids. You must always be tabulating and assessing risk: that pollinating silver birch, those food wrappers in the rubbish bin, those flowering nut trees, those gamboling dogs, shedding their dander and fur into the air."

Her masterful choice of the second person to reel you into her life and her love leaves you — no pun intended in a book about near-death — breathless.

Mothers of Sparta: A Memoir in Pieces,

by Dawn Davies, is similar to O'Farrell in that it is a collection of easily readable, hard-to-put-down essays, but radically different in that it is a more humorous and fiercely honest collection.

I'll cut to the chase: This is one of the best books I have ever read. I can't say it better than the reviewer who wrote on Goodreads, "This is the first book I have read that both wrenches your gut with heartbreak and makes you laugh out loud at the humor at the same time." It's that marriage of pain and humor that Davies makes perfectly in her prose.

Davies tells the story of her itinerant life, moving from place to place as a child, and her tales of finding love and creating a new blended family. She does so with flagrant, fierce honesty, and that honesty resonates with truth and purpose. As she watches her children swimming at night and takes pictures of them, she writes:

"And as you click two simple photos, paper fossils that will one day remind you how they once walked the Earth, you realize you have taken everything for granted. Your time with them. Their

brief speck of time as children, the soft faces that turn to you as if you are the sun, the fact that time seems to move so slowly when in fact, it is whipping past you at one thousand miles per hour and why you haven't flown off into space is beyond your comprehension. They will never stay yours, for they weren't yours to begin with."

What a beautiful kick in the face that is.

Mrs.,

by Caitlin Macy, is a contrast to the others. The novel is a wild and crazy ride through the wild and crazy world of Manhattan schools, parents and students.

I have always been fascinated by this world in the anthropological vein of Wednesday Martin's "Primates of Park Avenue": In a world with so much ambition and so much wealth, what could go wrong? A lot, as it turns out.

"Mrs." follows an independent woman as she navigates her way through this world from the vantage point of smart, detached and yet inextricably involved outsider. She has a front-row seat — and even, semi-unintentionally, a role — in the downfall of a prominent and beautiful socialite mother and her Manhattan family. If you liked "Big Little Lies," either the book or the show, you will read this and immediately start casting parts in your head (Jessica Chastain, have your people call my people, please).

Only Child,

by Rhiannon Navin, is pretty much the antithesis of a light read.

It's an emotionally gripping, riveting book that will seize you and not let go. It's written from the point of view of a 6-year-old survivor of a school shooting, which initially I worried that I would find cloying. Instead, after getting past some of my issues with language used ("would a 6-year-old really say that in that way?"), it was a relief of sorts to read things through a child's viewpoint.

After all, personally, I am in a mom's head basically 24/7, so the opportunity to see things through a child's eyes was the

equivalent of shaking the kaleidoscope and acquiring a new sight in exchange. It was a gift, as a parent, to be able to see these events that preoccupy me daily through the eyes (even if fiction) of a child.

It was also truly enlightening to get back in touch with ideas and ideals of forgiveness through childhood innocence. Kids have feelings, we remember as we read this book, that may not be nuanced in the way ours are, but have their own nuances and permutations and unexpected elements just the same.

The Story of Arthur Truluv,

by Elizabeth Berg, is more of an on-the-go snack for those who might be intimidated by a more immersive and emotional read.

This novel is a comparatively quick read, and is upbeat about second chances at happiness. Arthur is a widower who meets a troubled teenager, Maddy, at the cemetery, and strikes up a completely appropriate friendship with her (I know, I am among the more cynical, and that struck me as suspect, too, but my suspicions were unfounded).

The nosy neighbor Lucille, right out of Central Casting, provides a great triangulation to the relationship. Each person grows unexpectedly from encountering the others. Let's go with the food analogy and say the book is sweet rather than savory. I'm not making the case that it will change your life. But like those M&Ms carefully hidden in bags of trail mix, the book will make you happy. And sometimes that's enough. •

(Jordana Horn is a contributing editor to Kveller. She has written for The New York Times, The Wall Street Journal, The Washington Post, The Los Angeles Times, the Forward and Tablet. She has appeared as a parenting expert on the "Today" show and "Fox and Friends.")

Kveller is a thriving community of women and parents who convene online to share, celebrate and commiserate their experiences of raising kids through a Jewish lens. Visit Kveller.com.

Students discover 1,400-year-old oil lamp inscribed with menorah

JERUSALEM (JTA) — Students working to build the "Sanhedrin Trail" in Israel's Galilee have unearthed a 1,400-year-old oil lamp bearing the symbol of the Jerusalem Temple's menorah, according to the Israel Antiquities Authority.

"The discovery of a lamp decorated with a menorah, a symbol of the Jewish people, is without doubt exciting, especially at a site with such a unique heritage in part of the Sanhedrin Trail," IAA archaeologist Dr. Einat Ambar-Armon, an expert on ancient clay lamps, said in a statement.

Thousands of students have worked for several months on what will be a smart trail, on which dozens of large "smart" stones will transmit relevant,

useful information and activities directly to the hikers' mobile telephones.

The nearly 45-mile long trail running from Beit She'arim to Tiberias across the lower Galilee is divided into five sections and traces the movements of the sages of the Sanhedrin, the Jewish tribunal that met in the ancient Land of Israel. The trail was to be inaugurated on April 22.

In addition to the oil lamp, the student volunteers have uncovered pieces of glass believed to date to the glass industry mentioned in rabbinical texts, and ornamental items dating back 1,800 years. One student discovered a gold coin on the trail bearing an inscription of the sultan Suleiman the Magnificent, builder of Jerusalem's city walls. Only two other such coins have been discovered. •

Memphis mourns Rabbi Rafael Grossman, who died at age 84

(JTA) — Rabbi Rafael Grossman, who founded and expanded Jewish institutions in the American South, has died.

Grossman died April 12 in Jerusalem. He was 84.

He served as a pulpit rabbi at Baron Hirsch Congregation, an Orthodox synagogue in Memphis, for nearly three decades, according to an announcement from the congregation. Grossman was the first rabbi from outside the New York City area to serve as president of the Rabbinical Council of America, the main professional association of Modern Orthodox rabbis.

He founded the first Orthodox overnight summer camp in the South, Camp Daron in Georgia, as well as the first Jewish day school in San Antonio,

Texas, and a local region of NCSY, the Orthodox youth group. In addition to Memphis, he held pulpits in San Antonio, New York City and New Jersey, where he also founded a day school. He wrote two books, one on studying Torah and the other on coping with the experience of losing his eldest daughter.

Grossman also served as chairman of the Religious Zionists of America.

"Rabbi Grossman was a rabbinic giant who had influence on the local, national and international scene," the congregational announcement said. "For 28 years, he served member families and the wider Memphis Jewish community with great honor and achievements."

He is survived by his wife, four children and 21 grandchildren. •

WES public forum to explain, enlighten on opioid crisis

The opioid crisis continues to grow, with Tennessee among the states recording the greatest proliferation of the drugs and the most overdoses. On Thursday, May 10, at 7 p.m., West End Synagogue will present “The Opioid Crisis: What Is It? How Did We Get Here: and What We Can Do,” a public forum open to the Nashville community. This may be the first public meeting on this topic to be presented in Middle Tennessee.

This public health emergency touches peoples of all ages and from all social, ethnic, religious or political backgrounds. Many become addicted to medications prescribed to relieve pain. Many, includ-

ing children, have used medications prescribed to others. Many are senior adults. Once addicted, the road to recovery is difficult to travel.

Trevor Henderson, opioid coordinator with the Metro Public Health Department, will moderate a panel including:

- Michael Baron, M.D., M.P.H., medical director, Tennessee Medical Foundation – Physician Health Program;
- Lisa Bell, regional opioid prevention specialist, Nashville Prevention Partnership;
- Mary Linden Salter, executive director, Tennessee Association of

Alcohol, Drug and Other Addiction Services; and

- Kappu Deshpande, assistant fire chief, EMS, Metro Nashville Fire Department.

In layman’s terms, the panelists will explain how opioids affect the brain; the way in which a user’s addiction can affect family and friends; available options for counseling and recovery; the methods EMTs, medical personnel and individuals can use to deal with overdoses; and what steps individuals can take to help those affected by the crisis.

In addition, there will be a personal story from a recovering opioid addict as

well as take-away materials from a number of agencies.

There will be substantial time allotted for questions from the audience.

Attendees are encouraged to bring any unused and outdated medications to place in a police department drop box onsite for the event.

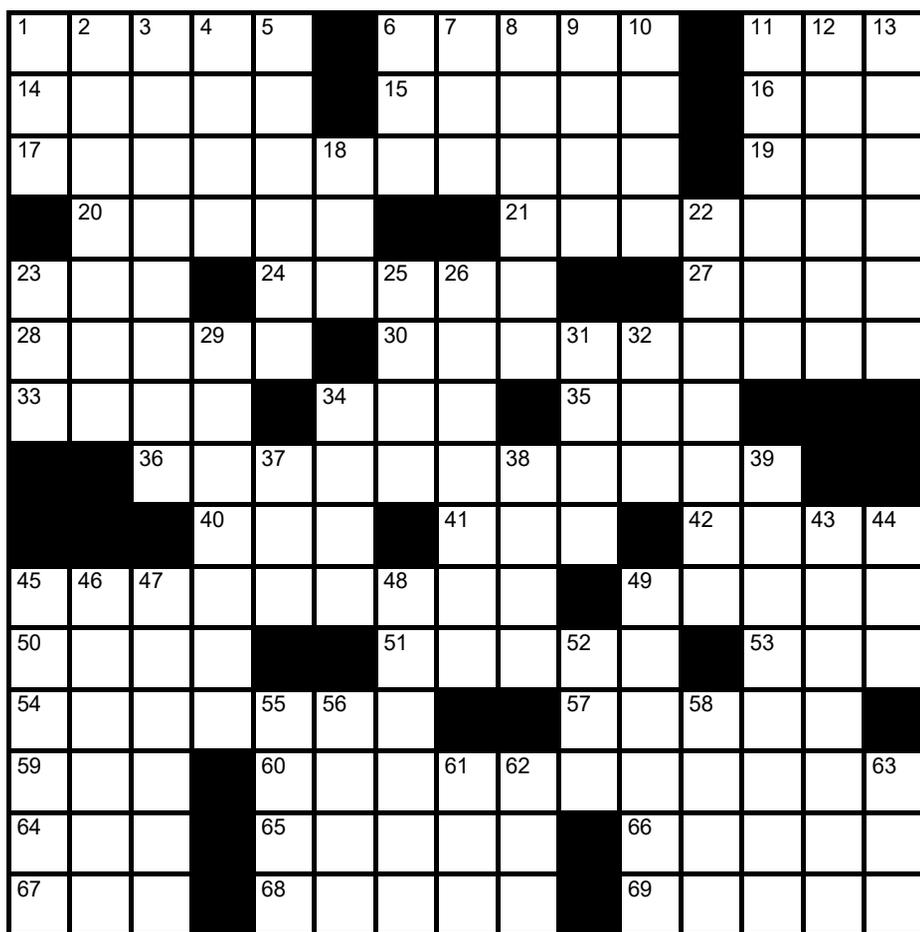
A dessert reception will follow the event.

The forum, a program of the West End Synagogue Social Action Committee, is free and open to the public. For information, go to www.westsyn.org or call (615) 269-4592.

West End Synagogue is at 3810 West End Ave. •

Yiddishe Cupful

By: Yoni Glatt, koshercrosswords@gmail.com • Solution on page 22



Across

1. “I Don’t Want to ___ Thing”
6. Money in the bank, say
11. “___ Bom” (Shabbat song)
14. Biblical man involved in a water dispute
15. “The Hunger Games” tribute
16. Cell stuff, briefly
17. Cupful for a sweaty monarch?
19. Dad of 14-Across, for short
20. “Why?”
21. Discourteous
23. “Geez!”
24. At a quick rate, poetically
27. F or G, but not H
28. Kind of artery
30. Cupful for one who enjoys watery suds?
33. Hero Ramon
34. Cadillac hybrid
35. 1997 Lisa Loeb hit
36. Cupful for one putting cream cheese on a bagel?
40. Tool not used by one observing the sabbatical year
41. Shabbat wear, often
42. Slave girl of opera
45. Cupful for one spoofing pop hits?
49. Ma’ariv
50. Jabotinsky of note

51. Charlton’s “Touch of Evil” co-star
53. Second palindrome in the Bible
54. Notable seder guest
57. In awe, visually
59. Ryerson met repeatedly by Phil in a Ramis classic
60. Cupful for a big tzeddakah giver?
64. Nazareth to Tiberias dir.
65. Garden-variety
66. Remains of an ancient statue, maybe
67. Gabriel or Marino
68. Fires off, as a text
69. Browser history list

Down

1. Fire starter?
2. Half-brother of 14-Across
3. Grassy plains
4. “And G-d ___ ...”
5. Genuine
6. Financing abbr.
7. “Told ya!”
8. Transitioned
9. Writer-Director Cohen
10. Creator of a bathroom cloud
11. Three cheers, perhaps
12. You might get one before a party
13. Author Norman
18. Blast, sci-fi style
22. To such a degree, with “as”
23. Picture of health, for short?
25. Up to it, not Cain’s brother
26. Museum honcho
29. Herringlike fish
31. App for short videos
32. Ruckus
34. Hefer or Refaim
37. Ad ___
38. Criticizes harshly
39. Kind of essay or plot structure
43. Multifaceted
44. “I ___ no pleasant bread” (Daniel 10:3)
45. Heroic poet Hannah
46. Montana’s capital
47. Dutch city where Rembrandt was born
48. Bird with a heck of a schnoz
49. Feelings of anxiety
52. Propel, in a way
55. Kiss equipment
56. Healthy Revolutionary?
58. Marseille “mine”
61. Crawled under the bed, say
62. Minyan need?
63. Big hits, for short

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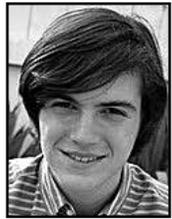
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lifecycles

B'nai Mitzvah

Sam Offutt



Sam Offutt

Sam Offutt will become a bar mitzvah at Congregation Micah on Saturday, May 12. Sam is the son of Elise and Rann Russell and John Offutt, Jr. and the grandson of Susan and Ron Hamby, Dr. John Offutt, Sr., and Carol Soloman and James Berry. He is the stepbrother of Finn Russell.

Sam is a seventh-grader at John Trotwood Moore Middle School. He loves to watch and play basketball, particularly with his AAU team, Team Platinum. Sam also enjoys traveling with family, playing video games, spending time with his friends, and attending Camp Coleman every summer in Cleveland, Ga.

For his mitzvah project, Sam has spent the last two years volunteering in grocery rescue activities at Second Harvest Food Bank of Middle Tennessee. Sam will be collecting nonperishable food items that his guests donate at both his bar mitzvah service and party.

Benjamin Landsberg



Benjamin Landsberg

Benjamin Landsberg will become a bar mitzvah at Congregation Micah on Saturday, May 19. Ben is the son of Lori and Rob Landsberg. He is the grandson of June and Gerry Weinberg and the late Martin Landsberg and Barbara and Buddy Saxton. He is the brother of Shauna, Amanda, Morgan, and Reid.

Ben is a seventh-grader at Sumner Academy. He enjoys science and math, and hockey and tennis.

For his mitzvah project, Ben grew out and donated 12 inches of his hair and worked with an organization called Bows and Ballcaps that helps children who have lost their hair due to cancer treatments and alopecia.

Isaac Cheng



Isaac Cheng

Isaac Wai-Yun Cheng will be called to the Torah as a bar mitzvah at West End Synagogue on Saturday, May 26. Isaac is the son of Jenny and Edward Cheng of Nashville and the older brother of Aaron and Eli Cheng. He is the grandson of Ethel and Peter Diamond of Plainfield, N.J., and of Emy and Stanley Cheng of Wayne, N.J.

Isaac is in the seventh grade and is homeschooled. He is also a part-time student at the Jewish Middle School of Nashville. Isaac plays the cello and loves soccer, computers, and competitive Rubik's cube solving.

Emma Sutera

Emma Sutera will become a bat mitzvah at Congregation Micah on Saturday, May 26. Emma is the daughter of Terry and Valerie Moon. She is the granddaughter of Lon and Rochelle Goldsmith Boynton and sister of Benjamin, Chase, Mattison, and Jimmy.

Emma is a seventh-grader at



Emma Sutera

Grassland Middle School. She enjoys reading, going on vacation, spending time with friends, and learning new languages.

For her mitzvah project, she chose to work with the organization Luke 14:12 and was able to prepare and serve lunch for almost 300 local persons in need.

Graduations

Jacob Ruben Geltzer

Jacob Ruben Geltzer, son of Scott and Renee Geltzer and grandson of Edith Geltzer-Doktorczyk and the late Norman Geltzer and the late Judge Leon and Myra Ruben, will graduate from the University of Tennessee Knoxville on May 10 with a Bachelor of Science in business administration in management with a collateral in information management with honors, magna cum laude. After graduation,

Jacob will be moving to Omaha, NE to become the BBYO Teen Director at the JCC of Omaha.

Obituaries

Robert 'Bob' Dendy

Congregation Micah announces with sadness the passing of Micah member Robert 'Bob' Dendy on April 14.

He is survived by his wife, Lisa Silver, and his children Sara (Brian) Hendrick, Jennifer Silver, Joseph (Tracie) Dendy, and James Dendy.

In lieu of flowers, memorials can be made in Bob's name to Congregation Micah or the University of Pittsburgh Medical Center/Lung Transplant Department.

Ethel Jane Lowell

Congregation Micah announces with sadness the passing of Ethel Jane Lowell on April 11.

She is survived by her daughter and son-in-law, Micah members Wendy and Phil VerMeulen, and Jennifer Lowell,

Laura Kilpatrick, David Lowell and her six grandchildren.

In lieu of flowers, memorials can be made in Ethel's name to Congregation Micah, the Jewish Federation and Jewish Foundation of Nashville and Middle Tennessee and National Public Radio.

Buzya Roytershtein

Congregation Sherith Israel announces with sadness the loss of our longtime member, Buzya Roytershtein, who passed away on the morning of April 2, in her sleep. She was 96.

The funeral took place on April 3 at the Shul cemetery.

Henry Sender

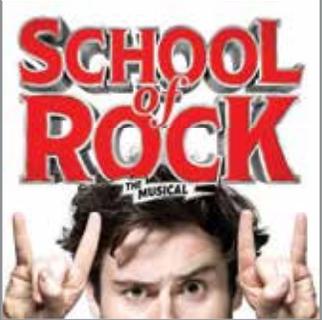
West End Synagogue announces with sadness the passing of Henry Sender. Henry was a past president of WES from 1972-1974.

He is survived by his wife, Kathie, daughter Lauren (Mike) Cooper, grandchildren Emily (Corry) Davis and Seth (Erin) Cooper, and great-grandchildren Cooper Davis and Ellie and Avery Cooper.




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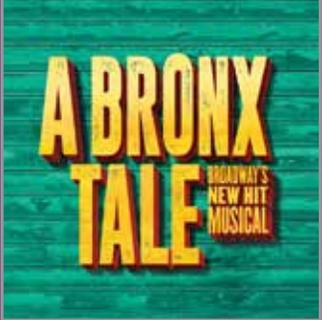


OCT 9-14, 2018

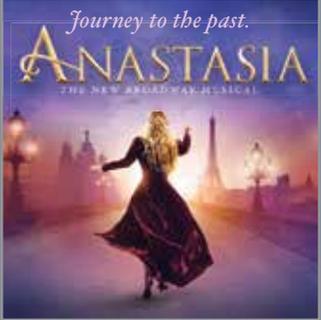


JAN 15-20, 2019

2018-19 SEASON



FEB 12-17, 2019



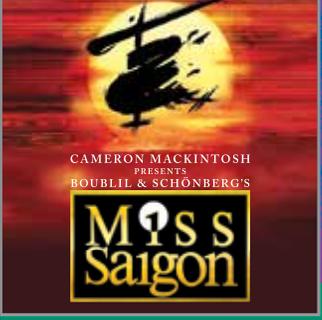
MAR 19-24, 2019



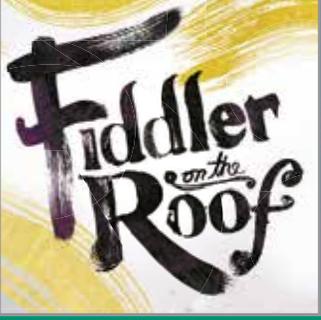
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around the town

New aid for women with breast cancer

Susan G. Komen Central Tennessee has announced a new investment in its commitment to support local women dealing with a breast cancer diagnosis. As part of the organization's bold goal to reduce current breast cancer deaths by 50 percent in the United States by 2026, Komen Central Tennessee is contributing \$25,000 to Komen's National Treatment Assistance Program, with funds earmarked to provide direct financial assistance for local patients dealing with the crippling costs associated with breast cancer treatment. The Komen Treatment Assistance Program starts taking applications for assistance in the Komen Central Tennessee affiliate region as of April 1, 2018.

"No one should have to choose between putting food on the table and getting the treatment they need to save their life. Yet we know that there are many barriers that often prevent breast cancer patients from accessing the care

they need," Central Tennessee Executive Director Patty Harman said in a written statement. "Thanks to the support of our donors, we will help remove some of these barriers for our neighbors in need."

To be eligible, patients must have incomes at or below 250 percent of the federal poverty line and an active breast cancer diagnosis. The program covers limited costs associated with breast cancer treatment such as oral pain medication, anti-nausea medication, oral chemotherapy/hormone therapy, child care/elder care, home care, transportation, lymphedema care and supplies, and durable medical equipment. For more information, call the Susan G. Komen Breast Care Helpline Monday-Friday 8 a.m.-9 p.m. Central Time at 1-877 GO KOMEN (465-6636) or email helpline@komen.org.

Job fair targets recent college grads

School is almost out for summer and that means college grads and students will need help looking for jobs. HireLive.com is holding a Career Fair on Thursday, May 3, the organization announced in a news release. The event takes place from 9 a.m. - 12:30 p.m. at the Nashville Airport Marriott, 600 Marriott Drive. Parking is complimentary.

Bring 10-15 resumes and dress business professional. This is a free event for job seekers.

Job opportunities include various sales positions, account executives and managers, retail managers, customer service, merchandisers, mortgage brokers, financial planners, human resources and more.

More information is at hirelive.com; Nashville is listed among Midwestern locations.

Crossword solution

1	M	I	S	S	A	6	A	S	S	E	T	11	B	I	M		
14	I	S	A	A	C	15	P	E	E	T	A	16	R	N	A		
17	S	H	V	I	T	18	Z	R	E	G	A	L	19	A	V	I	
20	M	A	D	U	A	21	U	N	C	22	I	V	I	L			
23	M	A	N	24	P	A	25	C	E	27	N	O	T	E			
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54	E	L	I	Y	55	A	H	U	57	A	G	58	A	P	E		
59	N	E	D	60	M	A	C	H	61	H	E	R	S	M	A	R	K
64	E	N	E	65	P	L	A	I	N	66	T	O	R	S	O		
67	S	A	N	68	S	E	N	D	S	69	S	I	T	E	S		

SPLC co-founder to speak on 'mainstream hate'

Joseph J. Levin, co-founder of the Southern Poverty Law Center (SPLC), will speak at the Gordon Jewish Community Center on Wednesday, May 23 at 7 p.m. His talk is titled "Then and Now: Hate in the Mainstream."



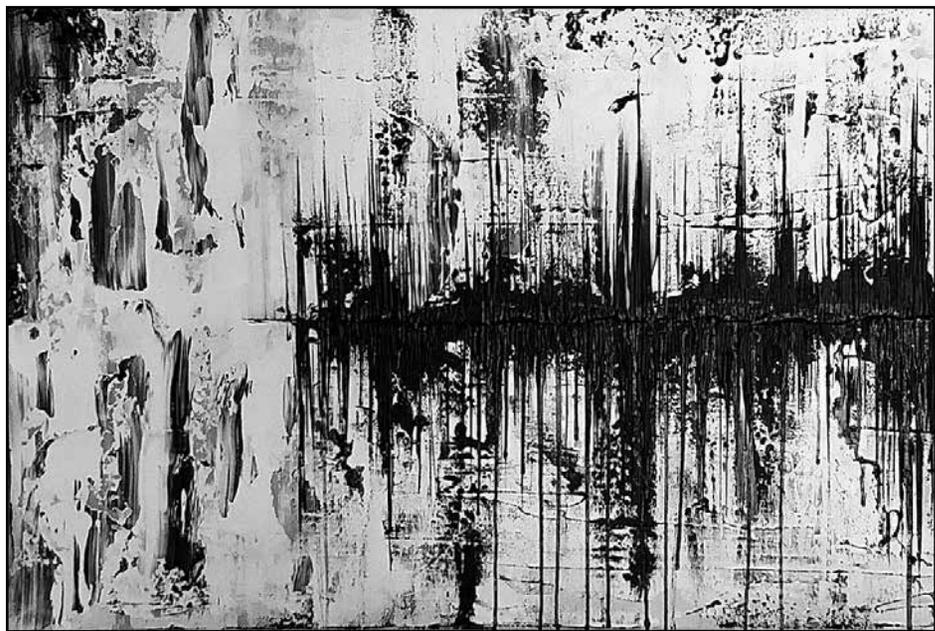
Joseph J. Levin

This event is sponsored by the Community Relations Committee of the Jewish Federation and Jewish Foundation of Nashville and Middle Tennessee and is free and open to all interested.

Levin's presentation comes at a time

when anti-Semitism and other forms of hate activity are on the rise in the United States. The SPLC is the premier U.S. nonprofit organization monitoring the activities of domestic hate groups and other extremists - including the Ku Klux Klan and the neo-Nazi movement.

SPLC currently tracks more than 1,600 extremist groups operating across the country. It publishes investigative reports, trains law enforcement officers and shares key intelligence, and offers expert analysis to the media and public. Levin will provide historical context to the rise in anti-Semitism and hate activities. He'll also share current details on how SPLC is addressing this challenge. •



Lolly Swicegood's work is inspired by music.

Swicegood, Warren, Richardson are May Gordon JCC artists

The Gordon Jewish Community Center's May art show exhibits will feature the work of Lolly Swicegood, Terry Warren and Larry Richardson.

The Janet Levine March Gallery will feature the work of Lolly Swicegood. Her biggest inspiration is music and she experiments with texture. Her use of black and white symbolizes the pen-to-paper act of writing lyrics as well as notation on staff. Vibrant pops of color represent the many eclectic styles of music.

While painting she always listens to music, particularly her husband playing classical guitar or selections from their extensive vinyl collection. This is what brought on the use of 45's, 35's CDs etc. as textural elements in her work. Lolly has always incorporated fabric and pieces of vinyl, but felt an urge to expand even further.

The JLMG2 Gallery will feature the work of Terry Warren. Terry is a self-taught landscape artist with a passion for capturing detail and bringing the landscape to life in a way that makes the viewer want to be there. He is a professional business executive with a long-term goal to be a full-time artist.

Terry served in a variety of senior management positions in the healthcare and insurance industry for more than 30 years. He is currently an executive vice president with a global insurance broker.

His art experience began as an engineering draftsman back in the late sixties. He has since gone on to accept commissions for children's portraits, private homes and special landmarks.

The Sig Held Gallery will exhibit the work of Larry Richardson. Larry grew up in Christian County, Kentucky, where he developed a deep affection for the outdoors. As a youth, he spent many hours with his friends wandering the woods and fields nearby. After he earned a master's degree in biology, he began a career as a naturalist, wildlife professional, landscape artist and writer. Retirement from Ducks Unlimited provided an opportunity to re-engage with the art world. Larry is currently working on a personal art project to capture in paintings the natural beauty of the Cumberland River, which flows through Kentucky and Tennessee. You can explore Larry's artistic and writing endeavors by visiting his online gallery at www.cumberlandriverartist.com.

The reception for the artists is on May 9 from 6:30 pm - 8:30 pm at the Gordon Jewish Community Center, 801 Percy Warner Blvd. There will be music by DJ Joseph Harris, henna painting by Seemi Rizvi along with complimentary food and beverage. The event is free and open to the public. For more information, contact the JCC at (615) 354-1699, curator Carrie Mills at carrie@nashvillejcc.org, or go to www.nashvillejcc.org. •

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KEYNOTE SPEAKER

PASTOR CHRIS EDMONDS

Pastor Chris Edmonds is the son of WWII hero Master Sergeant Roddie Edmonds whose fearless valor saved the lives of more than 200 Jewish American soldiers in a prisoner of war camp in Germany in January 1945. Pastor Edmonds serves as Senior Pastor of Piney Grove Baptist Church in Maryville, Tennessee. He is also founder of Roddie's Code, LLC, and The Roddie Edmonds Foundation; organizations committed to extend the legacy and leadership of Sergeant Edmonds to future generations.



Pastor Victor Styrsky
*Christians United For Israel
Eastern Regional Coordinator*



Mark Freedman
*Executive Director of
Nashville Jewish Federation*

EVENT HOSTS



Mike McNally
*Christians United For Israel
Tennessee State Director*



Lyndon Allen
*Christians United For Israel
Central Regional Coordinator*

EVENT SPEAKERS

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