

Securing Our Community

Stop the Bleed Kits for Emergencies




JFed Security and the Jewish Federation of Ocean County continue to collaborate on providing guards and security equipment upgrades for our partners with funding from a Homeland Security grant.



We have also been distributing Stop the Bleed kits in partnership with the state to our local partners and various facilities, including Beth Am Shalom (Lakewood), Chabad of Jackson, Chabad of Toms River, Jewish Community Center of Long Beach Island (Spray Beach), Temple Beth Or (Brick) and the following (all in Lakewood): Bais Hamedrash of East End, Bais Medrash of Albert Corp, Bais Medrash of Miller Road, Bais Medrash

Zichron Chaim, Batya Girls Inc, Bnei Torah, Congregation Ohr Elchonon, Congregation Ohr Meir, Ohev Yisroel, Oros Bais Yaakov, Yeshiva Nachlei Torah, Yeshiva Ohr Hachinuch and Yeshiva Toras Emes.


JFed Security will also offer additional Stop the Bleed trainings and any of their other trainings to our partners. Contact JFOC at 732-363-0530 to make arrangements.




Trainings

JFed Security offers a range of in-person trainings – including Stop the Bleed, Situational Awareness, BLS/CPR, and Usher/Greeter training. These trainings equip staff, volunteers, and community members with the knowledge and confidence to respond effectively in emergency situations.

[Learn More About Training Opportunities](#)






Emergency Operations Planning (EOP)

Emergency incidents are unpredictable, but partnering with JFed Security ensures your EOP provides a swift, effective response – helping you maintain a safe, secure environment.

[Learn More About EOP](#)



Threat Vulnerability Risk Assessment (TVRA)

Conducting a TVRA can ensure your properties are safe and secure by identifying infrastructure needs, the safety of personnel, and potential threats.

[Explore More About TVRA](#)

"Let's Connect" Features "An Evening with the Characters of Iris Bahr"

(see pages 16 and 17)

Iris Bahr is an award-winning writer, actor, director, producer, host of the hit X-Rae and Near Death podcasts and founder of Neurotica Fest, a theatre festival in New York City. She has written two humorous memoirs: Dork Whore, about her travels through Asia, and Machu My Picchu, about her adventures through South America and college experience. She also co-authored Book of Leon with comic JB Smoove. Her books have been translated into numerous languages and Dork Whore is currently being adapted into a feature film.

Having appeared on countless TV shows, Ms. Bahr is best known for her recurring role on Curb your Enthusiasm, where she plays Rachel Heinemann, the Orthodox Jewish Girl that gets stuck on a ski-lift with Larry David, Hacks, The Conners, and her cable series Svetlana, executive produced by Mark Cuban,

which she also wrote and directed for two seasons.

Iris has written and performed six solo shows. Her most recent show, "Stories from the Brink," premiered in Montreal and won the 2024 Frankie Storytelling Award. She is headed to Toronto with her other show, "See You Tomorrow," which was nominated for the 2024 Helen Hayes Award for Outstanding New Play. Her critically acclaimed solo show, "DAI (enough)," which she also performed at the United Nations for over 100 ambassadors and delegates, had a hit run Off-Broadway, has toured around the world, and won the prestigious Lucille Lortel Award for Best Solo Performance, as well as two Drama Desk and UK Stage Award nominations.

As a stand-up comic, Iris has performed both in the US and abroad, including at

the Montreal Just for Laughs Comedy Festival. She performs stand-up regularly both in New York City and abroad, accompanied by a jazz trio, combining her love of comedy and jazz music, and also hosts a weekly podcast X-RAE, as her alter ego Rae Lynn Caspar White. Her guests have included Doug Liman, Lawrence O'Donnell, bestselling author, Kurt Andersen, neuroscientists, entrepreneurs and more.

She is a magna cum laude graduate of Brown University, where she studied Neuropsychology. She conducted brain research at Stanford and at the UCLA brain mapping center before pursuing acting and writing full time. She currently resides in NY and when not touring and performing, she teaches writing, conducts public speaking workshops and works with artists privately helping them develop and direct their work.

