

## ON-SITE SPIN CLASS SCHEDULE JULY 13 - AUG. 1

(all classes held in the JCC Vine Family Auditorium with bikes spaced 15' apart)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8-8:45 AM Spin: Lisa						
					8:30-9:15 AM Spin: Deborah	
						9-9:45 AM Spin: Michelle
	9:30-10:15 AM Spin: Willa	9:30-10:15 AM Spin: Vicki	9:30-10:15 AM Spin: Beth	9:30-10:15 AM Spin: Willa		
		5-5:45 PM Spin: Beth				
6-6:45 PM Spin: Maria	6-6:45 PM Spin: Michelle		6-6:45 PM Spin: Susan			