Finding Kosher Eats in the New Haven area  Pg. 2

JCC EXPANDS
ADAPTIVE SPORTS
PROGRAMS
Pool, basketball, &
climbing facilities
accommodate inclusive
needs of our community.
PAGE 8

MESSAGE FROM
FEderation
President
DR. JEFFREY HOOS
What can YOU do
to help all of US?
PAGE 5

13TH ANNUAL
KRISTALLNACHT
COMMEMORATION
On Nov. 17th Congrega-
tion Or Shalom’s annual
program will include special
screening of “Nobody
Wants Us” PAGE 28
To Everything There is a Season

Fall is upon us and with it comes change. We see it in the colors of the leaves, the crispness of the air and the rushing that invariably comes as we prepare for the high holy days—even though they are late this year...somewhere they are never on time!

Summer was anything but quiet at the Jewish Federation, Foundation and JCC. In addition to driving hard to close the 2019 Jewish Federation campaign, the Federation board worked late into July to develop and approve the budget of the integrated JCC/Federation operations.

We have completed our tenth year since the Jewish Federation and JCC became one organization. We look and function very differently today. Under the umbrella of the Jewish Federation, the Jewish Foundation, Federation and JCC operate collaboratively. While the Foundation is a supporting organization of the Federation and as such keeps its fiscal operations separate, the Federation/JCC’s finances and functional operation have been fully integrated, especially over the past three years. Many of our staff hold portfolios that could be identified as both traditional JCC and Federation initiatives.

As the Finance Committee worked to develop the 2019-20 budget, it was confronted with dual realities. On the one hand, our JCC programs are experiencing record growth. Membership units have exceeded our pre-fire numbers and we are receiving rave reviews about the many new programs and services brought online over the past year. However, we continue to work on our financial recovery from the impact of the fire in our building as well as to seek new methods of generating revenue as the Annual Campaign has remained flat for several years.

With the generous help of The Seedlings Foundation and The Eder Family Foundation, the Jewish Federation has engaged Wellspring Consulting to help us create a plan for a sustainable future for Jewish New Haven. We hope to clearly define core community priorities to guide our decision-making. The Jewish community of the near future may not look quite like it does today. We begin this process with an open mind, ready to consider every move to ensure a bright future for our community.

In the pages of Shalom New Haven and through other communications, we will keep you informed of the progress as it moves along. Should you have any questions, feel free to contact me.

It is fitting that we begin this process at Rosh Hashanah — a time to begin anew. We are reminded of the verses from Ecclesiastes, or was it that great Pete Seeger song:

To everything there is a season, and a time to every purpose under the heaven:
A time to be born, and a time to die; a time to plant, and a time to reap which is planted;
A time to kill, and a time to heal; a time to break down, and a time to build up;
A time to weep, and a time to laugh; a time to mourn, and a time to dance;
A time to cast away stones, and a time to gather stones together;
A time to embrace, and a time to refrain from embracing;
A time to get, and a time to lose; a time to keep, and a time to cast away;
A time to rend, and a time to sew; a time to keep silence, and a time to speak;
A time to love, and a time to hate; a time of war, and a time of peace.

May this New Year bring you and your family time to enjoy one another and time to participate in your community. May it bring us all a time to renew.

L’shanah tovah u’metukah,

Judy Alperin
Chief Executive Officer

Wishes for a sweet new year!

Ensuring Jewish traditions are honored and passed on from generation to generation, the Jewish Federation of Greater New Haven is sustaining and securing the future of our community.

Thank you for your support.

L’shanah tovah & l’chaim!
Kosher Food Offerings for the Holidays

by Talya Hyman
Shalom New Haven Intern

Just as spiritual preparation is needed as we approach the High Holy Days, holiday meal preparation simultaneously remains an important feature of our religious traditions. Jewish people are known to be major foodies (our friends and neighbors still can't believe that we prepare Thanksgiving-worthy meals every week for Shabbat!), and we wear our chef badges with pride.

Our foodie tendencies are heightened during the autumn months when Rosh Hashanah and Sukkot- which fall close together on the Hebrew calendar- demand the preparation of consecutive, extravagant festive meals. Where do the many kashrut- (Jewish dietary law) observing households throughout our Greater New Haven community do their extensive holiday grocery shopping?

Fairway Market in Stamford offers a selection of steak, beef, and brisket cuts, and the Crown Market in West Hartford has a butchery department with roasts, corned beef, and lamb availabilities. Additionally, Waterbury Kosher World sells glatt kosher beef and poultry products in an expansion at the JCC's Café 360 facility. They are also planning to launch an online store for weekly orders that will be available for pickup at Café 360 on Thursdays and Fridays. These initiatives will provide individuals who frequent our community building with new, convenient and accessible kosher options.

Neighborhood grocery store chains such as Stop and Shop, ShopRite, and Trader Joe's provide kosher shoppers with basic groceries, packaged goods, and OU-certified Empire Kosher poultry. Wholesale store Costco offers a kosher food section with mostly frozen offerings such as salmon and hors d’oeuvres. The Edge of the Woods natural foods market also has kosher groceries available for those individuals who order in advance.

Also, just in time for this year’s holiday season, Abel Caterers will stock prepackaged glatt kosher beef and poultry products in an expansion at the JCC’s Café 360 facility. They are also planning to launch an online store for weekly orders that will be available for pickup at Café 360 on Thursdays and Fridays. These initiatives will provide individuals who frequent our community building with new, convenient and accessible kosher options.

Get your HOLIDAY ORDERS in early at Abel Caterers!

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>Sweet &amp; Sour Meatballs</td>
<td>$3.00</td>
</tr>
<tr>
<td>Whole Roasted Chicken</td>
<td>$30.00</td>
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<tr>
<td>Panko Crusted Chicken Tenders lb.</td>
<td>$15.00</td>
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<tr>
<td>Sliced Brisket (w/gravy) lb.</td>
<td>$24.00</td>
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<tr>
<td>Extra Brisked Gravy Qt.</td>
<td>$22.00</td>
</tr>
<tr>
<td>Chicken Marsala (4 pieces)</td>
<td>$10.00</td>
</tr>
<tr>
<td>Salmon w/Charred Red Pepper &amp; Tomato Chutney (2 pieces)</td>
<td>$11.25</td>
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<tr>
<td>Potato Kugel (serves 6)</td>
<td>$16.00</td>
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<tr>
<td>Noodle Kugel (serves 6)</td>
<td>$10.00</td>
</tr>
<tr>
<td>Mixed Grilled Vegetables</td>
<td>$8.00</td>
</tr>
<tr>
<td>Carrot Tzimmes - Pint (serves 4)</td>
<td>$26.00</td>
</tr>
<tr>
<td>Garlic &amp; Herb Mashed Potatoes - Pint (serves 4)</td>
<td>$40.00</td>
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<tr>
<td>Apple Cobbler</td>
<td>$25.00</td>
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<tr>
<td>Chocolate Decadent Cake (8-10)</td>
<td>$7.00</td>
</tr>
<tr>
<td>Double Fudge Brownie (1/4 sheet serves 12-14)</td>
<td>$7.75</td>
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<tr>
<td>Plain Round Challah</td>
<td>$9.00</td>
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<tr>
<td>Raisin Round Challah</td>
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<tr>
<td>Honey Cake</td>
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<tr>
<td>PICK UP SUNDAY, SEPTEMBER 29, 2019</td>
<td>SALES TAX</td>
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<tr>
<td>ORDER DEADLINE FRIDAY, SEPTEMBER 20, 2019</td>
<td>TOTAL</td>
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<td>Minimum: $25.00</td>
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Complete your order online at
www.abelcaterers.com
Towers Welcomes a New Chef

Morrison Healthcare Food Services teamed up with The Towers to transform and enhance their dining experience. Food is the focal point of a much wider experience that is educational and social. Morrison will bring food to life to enrich the lives of Towers seniors every day through many new initiatives. Such as a Teaching Kitchen that will bring residents together under the tutelage of executive chefs to learn the “how to’s” of preparing a dish, food history, health benefits and chef tips. Super-Foods of the Month, seasonally chosen, will provide an extra nutritional punch and educate on the power of food. Through the Heirloom Program, residents will share family recipes and histories with one another to be prepared for and shared with the entire community. A new display kitchen will dazzle the senses as guests enjoy the smells, sights and sounds of Towers’ chefs working their magic. With dining events that are current and fulfilling, everyone at The Towers can make wonderful emotional connections while enjoying tasty and healthy meals.

Tim Smith, Regional Director of Operations for Morrison, explained that building strong relationships is what sets Morrison apart. He enjoys the fact that the company is forward thinking, delivering a dining program that is outside of the box, but with a traditional feel. Tim had plenty of praise for the team that will be serving the Towers community every day. Lou Roca, the Director of Dining Services, has been in the culinary field for 43 years, ten of them in Kosher dining. His food philosophy is to use fresh, whole unprocessed foods incorporating fresh spices and herbs. He shared, “I enjoy making people happy through a great dining experience and I’m looking forward to being a part of the Towers team.” Jon Lefebvre, Executive Chef, explained, “I always say that your eyes eat first, a mantra that started when I won my first culinary competition at 16. I am excited to bring this concept to the Towers dining program and look forward to preparing dishes that always look as good as they taste.”

Adesh Singh, Dining Experience Supervisor, who helps residents enjoy meal times by ensuring that customer service is a top priority among the wait staff and chefs, completes the team. Adesh has been in the field for twelve years, much of it with seniors.

The new dining team is also looking forward to working with the broader community and organizations who are invited to host Kosher meetings and events at The Towers. To learn more contact Jennifer Bayer, Director of Development and Community Relations, at (203) 772-1816 x290, jennifer@towerone.org.

Holocaust “Commemorative Survivor” Pin and Award

Miriam Glenn, a member of our Jewish Community who is involved in local Holocaust education, contacted the United States Holocaust Memorial Museum to honor Andy Sarkany for his many years of educating students in the state of Connecticut about his experiences as a Holocaust child survivor in Budapest. He has given over 500 talks in the past 10 years and provided vital information about the Holocaust to over 50,000 students. Andy has received a Certificate of Appreciation with a commemorative survivor pin from the United States Holocaust Museum.

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Why WE Do What WE Do And Why YOU Should Too

by Jeffrey Hoos
Jewish Federation of Greater New Haven
President

Are you wondering who is the WE in the title and who is the YOU? WE are all the people in our community who work and give to the extent of our ability. YOU may be people on the sidelines, using community services but not supporting the Jewish community organizations because WE will do it and YOU can just enjoy what the community has to offer. Or perhaps YOU are unaware of what it truly costs, and what it truly takes, to deliver those services WE support. Everyone who is part of the WE: thank you so very, very much! If you are not part of the WE then this article is for YOU.

Four-hundred-billion dollars will be raised in the world this year to help others. WE understand that our lay leaders, our professionals and everyone who stands together in the community is making a difference in everyone’s lives. WE do it from the little blue tzedakah box on the counter that we remember as children, to the selling of oranges (you Hadassah people know who you are), bake sales, Rabbis speaking encouragement in our synagogues, Super Sundays, Bagel Runs, Send-a-Kid to Camp, Federation Annual Campaign, and all the other ways money is raised for good causes. WE come together as a community, cleaning cemeteries, reading to children, packing book bags, stocking shelves for JFS, applying for grant money, working on Neighborhood Assistance, serving at soup kitchens, visiting the sick and so many other forms of tzedakah – we provide work and advice to help others in this great community.

My friend Murray Gallant, a mentor for many, said “give until it feels good”. He did not mean just money; he meant work, wealth and wisdom—three things that WE all need. Most people learn about being part of the WE from family. We saw what our parents did and that became part of our lives. The Hoos girls played “Hadassah meeting” and came to Super Sundays as little kids. My father’s expression was: “you need to always participate.”

WE also hear words like “my gift does not matter, it’s not large enough to make a difference.” This is just not true! One of the community’s great personalities, Joey Russell, raised many dollars for ambulances in Israel by collecting pennies, allowing everyone to participate. Everyone could be part of the WE. YOU can also participate in these important efforts.

The world is a very big place, and our community is part of the big picture. YOU can really help by being part of the WE. To all the people who work together to make a difference in the lives of others, thank you so very much. Together WE are making a difference in the lives of so many people.

Holidays allow for introspection and thoughts that look inward and take stock. WE do make a difference and WE hope that YOU understand why WE do what WE do and that YOU will want to do it also.

Most Sincerely Written,
Jeffrey

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Happy New Year!

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10th Anniversary
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Save the Date
Jewish Federation of Greater New Haven
Women's Philanthropy

Embark on a life-changing odyssey. Join like-minded, smart, motivated women from North America on a uniquely inspiring journey! Spend 5 amazing days traveling Israel. Explore the country’s rich culture, embrace your spirituality, and see how Federation helps those most at risk. You’ll come home energized and raring to put it all into action in your community. Every journey begins with a single step. Take the first one right now.

For more info, contact Amy Holtz at (203) 387-2424. x254
jewishnewhaven.org
• WOMEN OF THE WALL
"Claiming What's Ours"
"Claiming What's Ours" empathetically asserts that despite the ultra-Orthodox monopoly over religion in Israel, there are no halachic (Jewish law) basis for denying women access to Jewish learning, leadership and public involvement. Through WOV's programming, women are empowered to reclaim Jewish ritual and tradition, finding fulfillment in their spiritual lives.

• SHAALLEI TIKVA - Therapeutic Horseback Riding Course for Teen Girls At-Risk, Israel.
The "Warm Home" is a shelter for 15 girls aged 13-16, referred to them by the municipal welfare office. Participants attend the program after school, to enjoy a hot lunch and spend the afternoon engaged in therapeutic and enriching activities to rebuild shattered self-images and dispel feelings of hopelessness.

• BBYO - BBG 75th Anniversary Women's Seder
CVR BBYO will host a 75th anniversary participatory Women's Seder. This project will be for 100 females in the Greater New Haven Jewish community currently enrolled as well as perspective members, mothers, friends, and alumnae. The program will be marketed to the entire state of Connecticut and include Traditional and new ritual, song and art. Each chapter will be asked to lead a part of the program.

• THE JEWISH AGENCY FOR ISRAEL - Youth Futures Afula-Gilboa
Youth Futures supports at-risk children and families who live in Israel's geographic and social periphery through an innovative model of in-depth engagement. Youth Futures provides participants with guidance and services that assist them in succeeding in school and addressing emotional and social issues, so that they can achieve their goals.

• THE JEWISH AGENCY FOR ISRAEL - Alma Pre-Army Academy for Female Leadership
Alma prepares young Israeli women from socially and economically marginalized communities for meaningful assignments in the Israeli Defense Forces, paving the way for future opportunities. Alma offers a six-month curriculum that develops each participants self-confidence, sense of purpose, and understanding of her important place in Jewish history.

• UCONN HILLEL - WISH: Women's Inspiration & Support at Hillel
Spearheaded by a female student from Greater New Haven, UConn Hillel is providing a safe space for college women to come together for Jewish learning, crafts, inspiration, and friendship. Throughout the academic year, these programs cover important and fun topics, such as Jewish rituals, leadership, self-defense, financial literacy, and more.

• WOMEN'S SPIRIT, ISRAEL - Financial Independence for Women Survivors of Violence: Crossing the Street
"Crossing the Street" enables women survivors of violence to overcome professional and occupational barriers, establish economic independence, and regain control of their lives. "Crossing the Street" is community focused, long-term and provides participants with useful tools, employment skills, confidence & self-worth, time management and financial planning to advance them financially and occupationally.

• TOWERS FOUNDATION - Women's Health Series
New Haven is an aging community. All recent demographic information and statistics show that our catchment area has the highest Jewish aging population outside the destination retirement communities in Florida. This women's Health Series will be open to the entire community and highlight ways that women can more proactively approach and manage their health in the following areas; Osteoporosis, Urological Health (UTI prevention and awareness), Sleep and Depression. As the leading community resource for services, education and
Uzbekistan is the proud home to a fascinating architecture and ancient cities, all deeply infused with the history of the Silk Road. According to legend, the Jewish community in Uzbekistan was established more than 2,000 years ago after the destruction of the First Temple. The first documented Jewish presence in the region dates back to the 4th century C.E.

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March 16-26 2020

$4,630 per person
double occupancy
$668 (single supplement)

Does not include international airfare.
More details and itinerary online

Please join us...

[www.jewishnewhaven.org/uzbekistan](http://www.jewishnewhaven.org/uzbekistan)
**JCC INCLUSION: Adaptive swim**

by MiriYam Judd  
*Shalom New Haven Intern*

The first thing Amanda Konieczny tells the parents of her students is this: “Your kids have just the same amount of potential to get to the end as any other child.”

For almost ten years now, Konieczny has been teaching swimming to students with adaptive disabilities. Her students’ limitations can range from high-functioning autism to children with cerebral palsy, motor skill disorders, hearing loss, vision impairment, or sensory issues. She teaches a wide range of ages; currently her students range from 6 months old to 70 years old.

Konieczny moved to Connecticut from Western Massachusetts, where she taught at the local YMCA while attending college. After being offered a job in her field of engineering, she moved to Connecticut, and began teaching swimming at the Milford YMCA and then at the JCC of Greater New Haven. She already had extensive knowledge in teaching children with adaptive needs, and believes that the most important part of what she does is making connections with the students: “as long as you can make that connection, well, everything else will work out.” She explained that every teacher has a will to help students; that nobody becomes a teacher if they don’t want to see the students succeed.

So how do lessons for students with adaptive needs differ from those without? “Maybe I have to explain it more than I would to someone without adaptive needs, or maybe I have to repeat myself more often.” For kids with motor skill disorders, she might need to take their arms or legs and move them in accordance with the stroke they’re learning to help them attain the level of muscle memory they need.

While Konieczny has taught group lessons in the past, these classes are, more often than not, private. “It wouldn’t be a good idea to put a child with high-functioning autism in a class with someone who is more low-functioning.” While she has taught groups with children who have slightly similar abilities, at the JCC all her classes are private. “Group lessons could be a possibility for future programming,” she went on.

When it comes down to it, the needs of the students play a small part in how difficult it might be to teach them. “If a student really wants to learn, and I can help bring them to that next level, I don’t view it as a challenge.” Konieczny doesn’t view teaching students with adaptive needs as any more rewarding than teaching those without: “The most rewarding part, for me, is the teaching in general. It doesn’t really matter who I’m teaching. Seeing the smile on the student’s face makes it all worth it.”

The JCC strives to be inclusive and welcoming to people of all abilities. In a partnership with the Chapel Haven Schleifer Center, the JCC serves as a job training site where adults with developmental and social differences have the opportunity to work in various JCC departments. Additionally, as part of “Chapel Haven Open Choices,” activities are offered once a week for individuals to use the gym, swim in the pool, and challenge themselves on the climbing wall. The JCC is also accessible to individuals with physical limitations. Spacious showers accommodate wheelchairs in the spa area, and there is a wheelchair ramp into the swimming pool and a lift into the whirlpools in the spa. The building’s elevator also allows JCC visitors to easily access each floor.

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**Afula-Gilboa Welcomes Us**

Pictured, professionals from Greater New Haven’s partnership community Afula-Gilboa experience a traditional Ethiopian coffee ceremony as they learn more about the people impacted through programs made possible by support of the Jewish Federation’s Annual Campaign. Left to right: Karen Burstein, Abevetch Yavraken, Mazal Yishareg Brahnu, Nurit Kohl, Eliraz Shifman-Berman, Naveh Yogev, and Shira Aman.

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**Jewish Teen Education**

**BY TEENS. FOR TEENS.**

www.jccnh.org/jte

**OPEN HOUSE: 7-9 p.m.**

**SEPT. 10**

Beckerman Jewish Community Building, 360 Amity Road, Woodbridge, (203) 387-2424

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**Cooking**

**Yoga**

**Anti-Semitism**

**Krav Maga**

**Jewish Comedy**

and More!
Jewish Tradition for Giving

by Dena Schulman-Green
Jewish Federation Annual Campaign Chair

In back to back verses, the Torah discusses the “what” and “how” of giving offerings to G-d from which we can also draw lessons about giving tzedakah. Deuteronomy 16:16 reads, “Three times in a year shall all thy males appear before the Lord thy G-d in the place which He shall choose: on the Feast of Unleavened Bread (Passover), and on the Feast of Weeks (Shavout), and on the Feast of Tabernacles (Sukkot); and they shall not appear before the Lord empty.” Verse 16:17 reads, “Every man shall give as he is able, according to the blessing of the Lord thy G-d which he hath given thee.”

The first verse commands us to give something, and the second advocates that we give according to our resources. That these verses are adjacent suggests the need to balance what we must do with what we can do.

A closer look at the Hebrew in 16:17 reveals how we should approach giving tzedakah. The Hebrew, “Ish kimatanat yado” is literally translated as, “Each according to the gifts of his hand”. Emphasis on the masculine notwithstanding, to me, this language adds the meaning that tzedakah is about more than the quantity the hand gives; it is also about the quality of the hand, or the spirit with which we give tzedakah. We should give not only because we are obligated to do so; we should give with a willing hand.

As Campaign Chair, a few ways to give with a willing hand come to mind: 1) Don’t wait for us to contact you- be proactive and make your gift! 2) If possible, make your gift early in the campaign year. Doing so inspires others to give and encourages our campaign team. 3) Increase your gift, even by a few dollars. Everyone’s small increases add up to meet community needs. The case for giving is that we are obligated to give.

He soon realized that what he arrived to in Connecticut would become just as much a home to him as what he left behind in Israel. His host family welcomed him with open arms. The Ezra community was ecstatic to have him, as well. “It was like they were waiting for me all along,” he explained. “I felt silly for worrying at all.”

Four years later, Nir is back in New Haven, but, this time, able to apply all he learned from his year here. “Being in this community taught me so much, in every part of my life,” he said. “I learned how to be independent. I grew as a person in more ways than I can explain.” This time, he’s here to chaperone the Emissaries in Training (EITs) at the JCC of Greater New Haven Day Camp. “Being back is... nostalgic,” he went on. While the transition to life in America may have been difficult, he doesn’t regret it for a second. And now, living with the same host family he did all those years ago, the Jewish community is so excited to welcome him back home.

Nir was a link in the bridge that connects our Greater New Haven Jewish community to Israel, and now that bridge will continue on with our 2019-2020 emissaries, Tal Azizi from Rishon L’Tzion and Li’on Avraham from Barak, a moshav near Afula. The emissary program is funded through your generous donations to the Jewish Federation’s Annual Campaign.

CT Becomes Home Away From Home for Past Emissary

by MiriYam Judd
Shalom New Haven Intern

Five years ago this month, Nir Lustig came to America for his very first time to serve as a Young Israeli Emissary for the Jewish community of Greater New Haven. Unlike others in the program, he’d never visited before; he had no idea what exactly to expect.

More than excitement, Nir was filled with nervousness and hesitation. “My English wasn’t so good, and I wasn’t comfortable talking to people.” On his cab ride from the airport, he refused to speak to the driver.

He didn’t want to embarrass himself with his limited knowledge of English. There were hundreds of other things to worry about, too. Would he fit in well with his host family? Would the community accept him? Would he miss Israel? His family?

All these questions have the same answer: yes. Of course, he would miss Israel. Of course, he would miss his family. “It was weird going back home and seeing everyone move on with their lives without you. It makes you feel like you’re falling behind.” Would he be happy in New Haven? Did he make the right choice?

Although all cases are different, Rebecca found effective ways of coping and managing her stress, which in turn helped her anxiety symptoms in everyday life.

Although all cases are different, Rebecca is a great example of what the agency strives to provide to anyone who reaches out. “At times, we all need guidance and change begins with a phone call,” commented Director of the Mental Health Clinic, Margaliet Litgenstein, LCSW. “It is very fulfilling to help people work hard toward their goals and thrive again in their everyday lives.”

In recent months, JFS has received requests for such services as parenting teens and support for family caregivers of the elderly. To this end, JFS plans to offer Jewish Family Life Enrichment (JFLE) Programs addressing these needs in the community. If you or a loved one can benefit from JFS’ services, reach out by calling (203) 389-5599 x105 or email ml@jfsnh.org. You can also visit the agency’s website at www.jfsnh.org to stay up to date on new support groups.

A look into the Jewish Family Service Counseling Program

For over 75 years, Jewish Family Service of Greater New Haven has successfully provided counseling to individuals and families throughout the community. Regardless of religious background, race, or stage of life, JFS works tirelessly to get people back on their feet, leading them through difficult times and giving them the strength to carry on with their everyday lives. Currently, JFS offers child and adult counseling and will soon offer support groups to help those facing challenges such as loss and bereavement, parenting issues and family caregivers’ support.

“Rebecca (name has been changed for confidentiality purposes) called JFS as she felt stressed and noticed that she was experiencing anxiety in every area of her life,” recalls Gayle Daskal, LCSW, a social worker on the agency’s dedicated team. “I let her express her concerns and we explored the roots of her stress and the connection it had to the increased anxiety she was feeling. Together we worked to establish goals for stress and anxiety reduction. Rebecca learned mindfulness techniques such as deep breathing exercises, progressive muscle relaxation and began using meditation applications such as The Calm App and Insight Timer between her weekly sessions. With these newly acquired skills and her commitment to practice these techniques, Rebecca found effective ways of coping and managing her stress, which in turn helped her anxiety symptoms in everyday life.”

For over 75 years, Jewish Family Service of Greater New Haven has successfully provided counseling to individuals and families throughout the community. Regardless of religious background, race, or stage of life, JFS works tirelessly to get people back on their feet, leading them through difficult times and giving them the strength to carry on with their everyday lives.
New Fund for Holocaust Education

**THE BARBARA ROSENTHAL HOLOCAUST MEMORIAL SCHOLARSHIP** was created as a way to keep the memory of Barbara alive. She was the mother of Temple Emanuel member Mark Weber, and she was a Holocaust survivor. Barbara spent her teenage years in Gabersdorf labor camp in Czechoslovakia.

When Barbara came to America at the age of 38, it was important to her to keep the memory of the Holocaust alive to ensure that nothing like it can ever happen again. She was a constant supporter of organizations that document the history of the Holocaust and preserve the memory of its victims. She feared that as her eyewitness generation was dying off, there would be no one left to secure Holocaust memory and to carry the message of “Never Again”. Her family feels strongly that “these words represent a promise to past and future generations that we will do everything we can to ensure that the horrors of the Holocaust are not repeated.

Her family created this scholarship in Barbara’s memory, “as a way to provide support to Temple Emanuel students, encouraging them to study the Holocaust and to take part in the March of the Living. It also serves as a living memorial to the millions of victims of the Nazi Holocaust.”

“**Those who cannot remember the past are condemned to repeat it**”

*This fund was established at the Jewish Foundation of Greater New Haven.*

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**Synagogue School Scholarships**

Through the generosity of a donor in our community, JSI is able to provide need-based assistance for New Haven area synagogue schools.

The deadline is October 19. Go to jewishnewhaven.org/scholarships.

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**Israel Experience Scholarships**

Recognizing the impact of Israel travel/experiences, the Jewish Foundation provides scholarships for both short-term (minimum of 3 week program) and long-term organized Israel educational programs for Greater New Haven area youth ages 14-19. NOTE: This is a competitive process, and not all applicants may receive award.

For 2020 summer trips, applications are due by March 9, 2020.

For 2020-2021 gap or academic year programs, applications are due by May 15, 2020. Go to jewishnewhaven.org/scholarships. Unfortunately, late applications may not be accepted.

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**College Scholarships Awarded**

**Mary Taylor Friedler Memorial scholarship awarded to Jonathan Schachter**
Jonathan graduated from Amity Regional High School and will attend Duke University.

**Stuart J. Drell Scholarship Fund awarded to Mia Tougas**
Mia just graduated from Cheshire High School and will attend Elion University.

**Emma Kohn Podoloff Scholarship Fund of the National Council of Jewish Women’s Greater New Haven Section awarded to Sydney Carmin, Melanie Bachman and Samuel Farbman!**
Sydney just graduated Mark T. Sheehan High School and will be attending Brandeis University. Melanie just graduated from the Grove School in Madison and will attend University of Hartford. Samuel just graduated from Amity Regional High School and will attend Tufts University.

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**Professional Development Grants for Jewish Educators**

Thanks to the Judith A. Kaye Fund for Teachers in Jewish Education and the Community Education Funds, the Jewish Foundation of Greater New Haven is thrilled to offer professional development grants for Jewish educators. These grants will help ensure that classroom educators in local Jewish schools have the opportunity to attend workshops and conferences in order to develop their teaching skills, and will help local Jewish organizations to provide educational opportunities to instructors and the community.

Applicants must be either classroom educators employed in Jewish education in a local Jewish school or synagogue, and/or a local Jewish school or synagogue. Eligible programs must be hosted by a recognized Jewish institution or reputable educational institution. Application deadline is September 20, 2019. Apply at jewishnewhaven.org/scholarships
Foundation Hosted Camp Day

As part of its commitment to advancing Jewish overnight camping in our community, the Jewish Foundation of Greater New Haven hosted a leadership visit to two of our Connecticut Jewish overnight camps - Camp Laurelwood and Camp Ramah Sports Academy, Fairfield. Thank you to our community partners, the clergy and Jewish educators who are committed to Jewish camping. On November 10 this year, the Foundation will host its second annual camp fair, with over 18 participating Jewish overnight and day camps from the tri-state area as well as from New Hampshire, Virginia, and other states.

What will your Jewish Legacy be?

The Auerbachs are Leaving a Legacy for Jewish Family Service of Greater New Haven

“Jewish Family Service is a great and welcoming organization. Their Food4Kids programs, their adoption and foster care programs, are part of the great work they do. We have always been involved in the Jewish community and we have both served on the JFS Board. This is a confirmation of our dedication to the community and all things Jewish.”

Photo, Hillel and Sara Ann Auerbach with their granddaughter, Eleanor

For more information about Create A Jewish Legacy, contact Lisa Stanger, (203) 387-2424 x382, lstanger@jewishnewhaven.org
B’nai Jacob presents a Sunday preschool program, open to the community at no charge!

Play-based Jewish curriculum runs Sundays from 9am-12pm and provides a warm, caring environment in which children can develop social skills while also learning about Jewish holidays, traditions and values.

- Music with Morah Irma
- Creative Holiday Arts & Crafts
- Tzedakah projects
- Outdoor / Indoor Playtime

FREE for all 3-year old and 4-year olds in the community! Register today!

For more information or to register:
Contact Lynn Ginzberg at cbj.school@gmail.com or 203-389-2111
School has just begun, but it is never too early to think about your child’s summer plans. The East Coast Jewish Camp Fair will provide an eye-opening experience to help you plan for your child’s perfect summer. Over 18 Jewish overnight and day camps from across the northeast will be represented at this second annual Camp Fair on **SUNDAY, NOVEMBER 10, 2019, FROM 1:00 P.M. TO 3:00 P.M** at the JCC of Greater New Haven.

Parents and children who attend the Camp Fair should expect to have a busy, informative, and fun day. The friendly and helpful representatives from each camp will be available to answer all questions, and will also be offering exciting activities and giveaways for all. Last year, there were kosher s’mores, and even a soothing herbal tea (both of which were part of the camp organized kids’ activities allowing the kids to create the snack). One environmental-themed camp gave out seeds to encourage gardening, another camp gave away a scented havdala kit complete with a variety of spices, and a sports camp organized a game of Four Square.

What makes this Camp Fair unique is the wide range of represented camps, as well as the additional activities families can enjoy while at the JCC. Visitors will be invited to experience the swimming pool, basketball court, climbing wall, and Playscape facilities. Café 360 will be open for delicious kosher food and drinks, and all Camp Fair visitors will be entered in a raffle to win a special arts and crafts project at the JCC’s MakerSpace.

**REASONS TO CONSIDER A JEWISH OVERNIGHT CAMP** - Any overnight camp will offer opportunities to build friendships, get more active, and become more responsible and independent. A Jewish overnight camp, however, can help your child build a positive relationship with his or her Jewish identity through Jewish learning, rituals, and by being immersed in a nurturing and warm Jewish environment.

As adults, Jewish campers are 21% more likely to feel that being Jewish is very important, and they are 26% more likely to become members of a synagogue. One out of three Jewish professionals started out as a camp counselor and one out of five cited a Jewish camp as the core reason in their decision to enter the field. Visit jewishcamp.org/campopedia for more information.

The over 18 camps represented will include Camp Laurelwood, JCC Day Camps, Camp Gan Israel, New Haven, URJ Eisner, URJ Crane Lake, URJ 6 points Sci-Tech Academy, Eden Village, Ramah Sports Camp (Fairfield, CT), Ramah New England, Camp Zeke, Habonim Dror Camp Galil, Young Judaea Sprout Lake, Young Judaea New Hampshire, Camp Perlman, Camp Avoda, Camp Gan Israel Poconos, Berkshire Hills Eisenberg Camp, Sababa Beachaway camp, and more.

These availabilities allow for families to interact with a range of Jewish camps, which include reform and conservative movement camps; a sports camp, a beach camp, a science camp, a labor Zionist camp, a Chabad camp; an environmentally sustainable farm camp, generalist camps, and more.

**INCENTIVE GRANTS AND FINANCIAL AID.** Because costs for overnight camps can range anywhere from $1,000 to $3,000 per week, parents are encouraged to seek financial aid. The Jewish Foundation’s One Happy Camper initiative provides a $1,000 needs-blind incentive grant for your child’s camp tuition for first-time campers at a Jewish overnight camp. In addition, the Jewish Foundation of Greater New Haven offers needs-based financial aid for those who qualify, and each camp may have financial aid options as well. Parents are encouraged to visit the One Happy Camper website at www.jewishcamp.org/one-happy-camper as well as www.jewishnewhaven.org/scholarships for scholarship opportunities.
Thank you to all the camp families, counselors, specialists, and to our wonderful camp team. JCC Day Camps enrollment grew by 15% this year!

The Jewish Federation, Foundation, and JCC of Greater New Haven celebrated another successful and rewarding year with high spirits, speeches, we honored community leaders, campaign donors, and welcomed new board members. Thank you to everyone who attended this special event; we profoundly appreciate your support and we look forward to building new relationships and achieving greater goals in the upcoming year.
Another great Grill ‘n Chill series gave us the opportunity to enjoy our families, spend time with friends, and hang out with our community. Thank you to Abel Caterers for the delicious Kosher BBQ, and to the wonderful artists who played for us this year: Nu Haven Kapelye, The Red Hots, Johnny I & Friends, and the Jake Kulak Band. We can’t wait for next summer!

We wish you a Happy and Healthy New Year.

ESSEX SAVINGS BANK
Service & Trust Since 1851

The Bennett Center for Judaic Studies
fairfield.edu/BennettFall19
LECTURES AND PROGRAMS: FALL 2019

Judaic Studies Scholar in Residence
“Eleven Months After Pittsburgh: What Did We Learn?”
Rabbi Danny Schiff, PhD
Author, Foundation Scholar Jewish Federation of Greater Pittsburgh.
Wednesday, September 18 at 7:30 p.m.
Kelley Center Presentation Room

Daniel Pearl World Music Days Concert
“An Evening with Elana Arian: A Celebration in Story and Song”
Elana Arian
Jewish composer, multi-instrumentalist, and recording artist.
Tuesday, October 22 at 7:30 p.m.
Kelley Center Presentation Room

“New Jerusalem Down Under: The Search for a Jewish Homeland in Australia”
Adam Rovner, PhD
Author and Associate Professor of English and Jewish Literature, University of Denver.
Monday, October 28 at 7:30 p.m.
The Conference Center at Fairfield University
Co-sponsored with the Judaic Studies Program

Fairfield University
For Reservations: Bennettcenter@fairfield.edu or 203-254-4000, ext. 2066.
JCL Builds Relationships
by Talya Hyman
Shalom New Haven Intern

Assisting students on paths towards academic success is just the beginning of how Jewish Coalition for Literacy (JCL) reading partners foster relationships with students in New Haven public schools. Through one-on-one reading-based learning and discussion, students’ minds expand as they are instilled with a newfound sense of confidence in their abilities.

The Christopher Columbus Family Academy (CCFA)– a pre-K through eighth grade school in the Fair Haven neighborhood of New Haven, which utilizes a dual language curriculum– is one such school where JCL volunteers meet once a week with students for further learning opportunities. Roy Araujo, the principal of the Academy, explained that the JCL partners facilitate learning as part of an enrichment program for about 40 students in kindergarten through fifth grade. These learning sessions promote academic rigor, and encourage the more advanced learners to actualize their potential.

Each student shares topics and areas of interest to their JCL reading partner, who then selects books to read and discuss. The pair also have the opportunity to become engaged in more hands-on learning by playing musical instruments or sharing photos and PowerPoint presentations of recent travel experiences. Sometimes the pair even learns together for multiple years, further building a strong relationship through learning from, and about one another.

There are currently 170 dedicated JCL reading partners working with students in schools throughout New Haven, yet there are always more students with whom to learn, more relationships to build. With this in mind, JCL will be hosting an Orientation and Information Session on Tuesday, September 24 at 9:30 am in the Beckerman Lender Jewish Community Building at 360 Amity Road in Woodbridge. New and returning reading partners are encouraged to attend. Roy Araujo from CCFA is set to be the keynote speaker at the event, where he will share the influence and impact the JCL presence has made in the school he heads.

Please join us

Save the date...

In 5780, JFS Presents Family Life Enrichment

These groups are led by licensed social workers and will focus on improving family life. Topics will include:

- How to Comfort your Child in Today’s Unnerving World
- Adoption Related Themes
- Bereavement Support
  - Divorce Support
  - Mindfulness
- Parents of Teens
- Support for Family Caregivers
- Teen Empowerment

To learn more, please contact Margaliet Ligenstein, LCSW, at (203) 389-5599 ext. 105 or ml@jfsnh.org

L’Shana Tova
from our family to yours!

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Jewish Federation of Greater New Haven

INSPIRE
ENGAGE
BEFRIEND

Become a JCL Reading Partner in local public schools
A NONDENOMINATIONAL PROGRAM

ONE HOUR PER WEEK
Volunteer and help improve a child’s chance of academic success.

ORIENTATION & INFORMATION SESSION
This program is for new AND returning reading partners.

DATE, TIME & PLACE
Tuesday, Sept. 24, 2019 | 9:30 a.m.
JCC of Greater New Haven, 360 Amity Road, Woodbridge
All are welcome. Refreshments served. No prior experience required.

RSVP REQUESTED: emilyk@jccnh.org
or call Emily Kurz at (203) 387-2424 x306.

Please join us

Save the date...

YOM HASHOAH COMMUNITY-WIDE COMMEMORATION
Sunday, April 26, 2020 | 1 p.m.

FEATURED SPEAKER:
Esther Geizhals, Holocaust Survivor
Esther was born in Lodz, Poland in 1929. At the age of 10, she and her family were moved to the Lodz Ghetto. She was transported to Auschwitz in 1944, and then to the Bergen-Belsen and Rochlitz concentration camps. Mrs. Geizhals and four others managed to escape on a death march in 1945. After liberation, she returned to Lodz where she was reunited with her father, the only other survivor from her family. Mrs. Geizhals arrived in the United States in 1947.

For more information, contact Jeanette Yurman at jyurman@jewishnewhaven.org

L’Shana Tova from our family to yours!

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Sukkah-Building Tips from Friends
by Talya Hyman
Shalom New Haven Intern

Year after year, many Greater New Haven community members construct their own impressive and noteworthy sukkahs. Our fellow sukkah-builders have allowed us insight into their creation process through the sharing of tips, tricks, and personal family traditions.

Dena Schulman-Green shared her tried-and-true sukkah building tips to ensure a fun process for assemblers of all ages. “My advice on building a sukkah is first, to involve kids in whatever way they are able—schlepping, building, and/or decorating,” she said. “Thus, the second piece of advice is to provide donuts and apple cider to all the builders!”

Reena Seltzer utilizes her deck’s built-in benches for a convenient sukkah seating option. “Benches make it a lot easier in general to seat people than having chairs,” she explained in reference to the fact that chairs may take up valuable, limited space in a sukkah. Dena suggests that the sukkah be built as close as possible to the door nearest the kitchen to make food serving easy and most accessible.

Many households opt to adorn their sukkahs with decorations and other art pieces in enhancement of its beauty. For Reena, adding decorations is a necessary component to any sukkah. “I always prescribe to the idea of hidur mitzvah [beautification of a mitzvah],” she shared. “I really felt that the sukkah was a great Jewish ritual that we could enhance and embellish, and really make it aesthetically appealing.”

CONTINUED ON PG. 20
Your official guide to the 2019 Greater New Haven area High Holiday services

Thank you to all the synagogues who responded with holiday information! Happy Holidays to all!

Chabad of Orange/Woodbridge
291 Derby Avenue, Orange
(203) 795-7095 I chabadow.org

Rosh Hashanah
Sept. 29, 7:15 p.m.
Sept. 30, 9 a.m., Morning Services
Sept. 30, 11:15 a.m., Shofar Sounding
Sept. 30, 4 p.m., Tashlich
Sept. 30, 7:15 p.m., Evening Services
Oct. 1, 9 a.m., Morning Services
Oct. 1, 11:15 a.m., Shofar Sounding
Oct. 1, 6:30 p.m., Mincha

Shabbat Shuva
Oct. 4, 6:30 p.m., Friday Night Services
Oct. 5, 10 a.m., Shabbat Morning Services followed by Kiddush Lunch

Yom Kippur
Oct. 8, 7:30 a.m., Morning Services
Oct. 8, 6 p.m., Kol Nidrei
Oct. 9, 9 a.m., Morning Services
Oct. 9, 11:15 a.m., Yizkor Memorial Service
Oct. 9, 5 p.m., Afternoon Service
Oct. 9, 6 p.m., Ne’ila Closing services followed by Community Break The Fast Meal at 7:05 p.m.

Sukkot
Oct. 14, 10 a.m., Morning Services followed by Kiddush in the Sukkah
Oct. 15, 10 a.m., Morning Services followed by Kiddush in the Sukkah

Shimini Atzeret & Simchat Torah
Oct. 20, 6:30 p.m., Evening Services followed by Hakafot & Kiddush
Oct. 21, 10 a.m., Morning Services
Oct. 21, 11:30 a.m., Yizkor Memorial Service
Oct. 21, 6:45 p.m., Evening Services followed by lavish meal and Hakafot Celebration
Oct. 21, 10 a.m., Morning Services followed by Kiddush and Hakafot

The Towers Synagogue
18 Tower Lane, New Haven
(203) 772-1816 I towerone.org

Rosh Hashanah
Sept. 29, 7 p.m.
Sept. 30, 9:30 a.m.
Oct. 1, 9:30 a.m.

Yom Kippur
Oct. 8, 6:30 p.m., Kol Nidre
Oct. 9, 9:30 a.m., Yom Kippur w/Yizkor Service
Oct. 9, 5 p.m., Ne’ila

Sukkot
Oct. 13, 7 p.m.
Oct. 14, 9:30 a.m.
Oct. 15, 9:30 a.m.

Shimini Atzeret
Oct. 20, 7 p.m.
Oct. 21, 9:30 a.m.

Simchat Torah
Oct. 22, 9:30 a.m.

Congregation Beth El-Keser Israel (BEKI)
85 Harrison Street, New Haven
(203) 389-2108 x14 I BEKI.org

The sanctuary is handicapped accessible and equipped with a T-coil hearing loop.

Guests and visitors are most welcome. However, advance arrangements are required. Active-duty military and policy personnel, and full-time students, may enter with valid official ID. Children require pre-registration for children’s programs. Adults require tickets or reservations for most services. Please contact the office at (203) 389-2108 x14 for more info.

Selihot
Sept. 21, 9:10:30 p.m.

Rosh Hashanah
Sept. 29, 6:15-7:15 p.m., Mincha & Ma’ariv
Sept. 30, 8:30 a.m. – 1:15 p.m., Services include Children’s Havura, K-2 Kehila, Junior Congregation, &
—Learners’ Service
Sept. 30, 5:15-5:30 p.m., Tashlich at Edgewood Bridge, Whitney Museum Covered Bridge, & West Rock
—Playground
Sept. 30, 6:15-7 p.m., Mincha & Ma’ariv
Oct. 1, 8:30 a.m. – 1:15 p.m., Services include Children’s Havura, K-2 Kehila, Junior Congregation, &
—Learners’ Service
Oct. 1, 5:45-6:10 p.m., Mincha

Kever Avot
Cemetery Memorial Service
Oct. 6, 10-10:15 a.m., Beth El Memorial Park, Warner Street, Hamden
Oct. 6, 11-11:15 a.m., Keser Israel Memorial Park, Farwell Street, West Haven

Yom Kippur
Oct. 8, 6:15-8:30 p.m.
Oct. 9, 9 a.m. -2:30 p.m., Services include Children’s Havura, K-2 Kehila, Junior Congregation, & Learners’ Service
—Service
Oct. 9, 3-4:15 p.m., Study Sessions
Sept. 9, 5:30-7:03 p.m., Concluding Services

Yom Kippur
Oct. 8, 6:30 p.m., Kol Nidre
Oct. 9, 9:30 a.m., Morning service
Oct. 9, 2 p.m., Children’s service
Oct. 9, 9:30 a.m., Afternoon service
Oct. 9, 4:45 p.m., Yizkor
Oct. 9, 5:30 p.m., Ne’ila
Oct. 9, 6:30 p.m., Congregational Break the Fast

Congregation Mishkan Israel
785 Ridge Road, Hamden
(203) 288-3877 I cmihamden.org

The Congregation Mishkan Israel holds community services each year on the first day of Rosh Hashanah and on Yom Kippur that are open to everyone. No tickets are required.

Rosh Hashanah
Sept. 30, 2 p.m., Community Service

Yom Kippur
Oct. 9, 12:30 p.m., Reflections
Oct. 9, 2 p.m., Community Service
Oct. 9, 2 p.m., Adult Discussions
Oct. 9, 3 p.m., Afternoon Service
Oct. 9, 4 p.m., Memorial Service & Concluding Services

Sukkot
Oct. 14, 10 a.m., The celebrations of holidays are a wonderful opportunity for families to get to know each other and enjoy blessings, stories, food, and fun. Bring your own brown bag lunch and join us in the Sukkah.

Simchat Torah
Oct. 20, 7 p.m., Aliyah for new members, celebration of October birthdays, and consecration of all students new to the Religious School.

Congregation B’nai Jacob
75 Rimmon Road, Woodbridge
(203) 389-2111 I bnajacob.org

Selichot
Sept. 21, 8 p.m., Service & Program

Rosh Hashanah
Sept. 29, 7:30 p.m.
Sept. 30, 9:30 a.m., Morning service
Sept. 30, 2:30 p.m., Children’s service
Oct. 1, 9:30 a.m., Morning service

Yom Kippur
Oct. 8, 7:30 p.m., Kol Nidre
Oct. 9, 9:30 a.m., Morning service
Oct. 9, 2 p.m., Children’s service
Oct. 9, 3:30 p.m., Afternoon service
Oct. 9, 4:45 p.m., Yizkor
Oct. 9, 5:30 p.m., Ne’ila
Oct. 9, 6:30 p.m., Congregational Break the Fast

Cemetery Service
Oct. 6, 10:30 a.m., Service at B’nai Jacob Memorial Park

Hazkarat Banim
Oct. 7, 7 p.m., A service in memory of the young

Congregation Rodfe Zedek
55 East Kings Highway, Chester
(860) 526-8920 I cbsrz.org

On Jewish holidays, the sanctuary is filled with music, and with people of all ages celebrating together. The High Holy Days – Rosh Hashanah and Yom Kippur – are major highlights every year, with beautiful music lead by the Cantor and Choir, inspiring teachings from the Rabbi and lay people, and special services and activities for children and young families.

Tickets are required for High Holy Day services. For more information or tickets, visit www.cbsrz.org or call the office at (860) 526-8920.

Selihot
Sept. 21, 6:30 p.m.

Rosh Hashanah
Sept. 29, 7:30 p.m.
Sept. 30, 9:30 a.m., Morning service
Sept. 30, 2:30 p.m., Children’s service
Oct. 1, 9:30 a.m., Morning service

Yom Kippur
Oct. 8, 7:30 p.m., Kol Nidre
Oct. 9, 9:30 a.m., Morning service
Oct. 9, 2 p.m., Children’s service
Oct. 9, 3:30 p.m., Afternoon service
Oct. 9, 4:45 p.m., Yizkor
Oct. 9, 5:30 p.m., Ne’ila
Oct. 9, 6:30 p.m., Congregational Break the Fast
Moroccan Chicken with Olives
(serves 10 people)

Recipe by Sarah Lessing
Sarah is a friendly, well-known JCC member who was born in France and lived in Israel.

INGREDIENTS:
• 2 chickens or 5 chicken legs
• 3 jars of pink or green pitted olives
• Garlic, pepper, salt, chicken broth, oil & preserved lemons
• Parsley, saffron, and coriander for olives

(The recipe doesn’t come with specific measurements, we usually put the amounts of species that seems to make sense and go with the flow!)

PREPARE THE OLIVES IN SAUCE: Boil the chickens or chicken legs in water and saffron for 30 minutes. Collect some of the broth for the olives later.

PREPARE THE OLIVES:
1. Cut the chickens and put the pieces in a pot with garlic, 1/2 glass of oil, salt and pepper, some of the broth and cook on low heat until the water evaporates.
2. Halfway through cooking, add 2 small preserved lemons cut in 4 and some lemon juice

PREPARE THE CHICKEN:
1. Rinse and drain the olives. Put together in a pot: olives, chicken broth, 1/2 glass of oil, salt and pepper, parsley and coriander, saffron and garlic
2. Halfway through cooking, add the rest of the preserved lemon and some lemon juice. Simmer the olives. Drain the olives because there is always some left over water.
Community Rabbis Reflect on Yom Kippur

by Talya Hyman
Shalom New Haven Intern

Yom Kippur, the holiest day on the Hebrew calendar, is commonly referred to as a day of repentance where Jewish people spend the day fasting and praying, yet this reference only scratches the surface of this sacred day. Rabbis throughout our Greater New Haven community shared their personal perspectives and insights about the spiritual nature of Yom Kippur to help us achieve a newfound awareness of the depth and meaning behind Yom Kippur’s intrinsic holiness.

Rabbi Rona Shapiro of Congregation B’nai Jacob in Woodbridge shared that at its essence, Yom Kippur is meant to help us confront ourselves and to examine the ways in which we have been conducting our lives. “Sure, in theory, we take stock of our lives all the time — but in reality we don’t. Yom Kippur gives us the opportunity to stand with our community in prayer for 25 hours and to perform a searing cheshbon hanefesh — accounting of the soul,” she said. “Where have we been? Where are we going? What do we need to do differently? Those are urgent questions for ourselves, our communities, our nation, and our world — questions we often shrink from asking.”

“The goal of Yom Kippur is not to become a saint. The goal is to really look at where I have strayed from being myself, and reset my sails in that direction,” Rabbi Shapiro said, of having realistic expectations of and for ourselves as we enter into the awe-inspiring day. “That is teshuvah — coming back to the self. To do G-d’s work in this world, we need to become the best versions of who we are so that we can engage that holy work fully.”

Rabbi Alvin Wainhaus of Congregation Or Shalom in Orange referenced Moses’s smashing of the first set of Ten Commandment tablets, and then the Jewish people’s opportunity to begin anew as G-d’s people. “And yet,” Rabbi Wainhaus pointed out, “despite his deep disappointment, we find Moses in the aftermath of the Sin of the Golden Calf, turning to G-d, and pleading on behalf of Israel for a second chance.” After Moses prays for 40 days, G-d tells him to ascend Mount Sinai once more to receive a new set of tablets. The day on which Moses comes down the mountain holding the second tablets, we learn from our tradition, is the 10th day of Tishrei, the date of Yom Kippur. “Thus, Yom Kippur originally was the day on which G-d first forgave us, teaching the world about the availability of a second chance,” Rabbi Wainhaus said.

Rabbi Wainhaus explained that when Yom Kippur is viewed through the lens of our opportunity to both ask and accept forgiveness of others, ourselves, and G-d, we can’t help but feel joyful: “I believe that Yom Kippur, though a day of fasting and self-denial, is essentially a day of celebration whose hopeful message resonates throughout the year: Come up the mountain again...And descend with the gift of a second chance!”

Rabbi Marci Bellows of Congregation Beth Shalom Rodfe Zedek in Chester explained how the Yom Kippur haftarah selection sheds light on the core purpose of our fasting: to not only be engaged in a passive sense of self-reflection, but to look outwards in hopes of contributing to a more complete world. The passage reads, “Is such the fast I desire, a day for men to starve their bodies... No, this is the fast I desire: To unlock the fetters of wickedness, and untie the cords of the yoke to let the oppressed go free; to break off every yoke. It is to share your bread with the hungry, and to take the wretched poor into your home; when you see the naked, to clothe him, and not to ignore your own kin” (Isaiah 58:5-7).

“The annual act of cheshbon hanefesh (an accounting of our own souls), must motivate us to act, and to move through the world with more heart, with more compassion, and with more righteousness,” Rabbi Bellows said. “May we all heed the prophetic call from thousands of years ago to care for others in these fundamental ways, and to thus repair the profound brokenness in our world.”

Rabbi Fred Hyman of the Westville Synagogue in New Haven offered an interpretation on how we can redefine our goals on Yom Kippur by not only focusing on our relationship with G-d, but by orienting ourselves as part of the larger community. “The fact is that we pray with others,” he said. “The prayers that we recite are stated in the plural: ‘WE sinned;’ ‘OUR Father OUR King;’ ‘Forgive US.’ Praying together allows us to feel strength in community.”

A necessary aspect of Yom Kippur preparation is asking for forgiveness from those we have wronged, thereby helping us to renew relationships with the people in our lives. “It is relatively easy to ask G-d for forgiveness, since G-d promises to do so!” Rabbi Hyman said. What is most difficult is admitting to the pain we may have caused another, as Rabbi Hyman explained, “It is hard to feel the pain when you admit you hurt him or her. Teaching has to be done on an interpersonal level.” When we first direct our atonements towards our fellow human beings with an understanding of our valuable role within the Jewish nation, we will ultimately be brought to a deeper sense of connection with G-d: “When we are aware of the communal element of Yom Kippur we can make our more theological reflections even more meaningful.”

Engagement in prayer and abstinence from food and drink remain the meaningful and fundamental Yom Kippur rituals we perform, yet when we turn our focus to the personal spiritual facets, we find ourselves propelled forward in pursuit of religious greatness. We may all connect to and feel inspired by different aspects of the Day of Atonement, yet there exists one underlying theme: as individuals and as one Jewish nation, Yom Kippur has the power to lift us all to the greatest of spiritual heights.

Sukkah Building CONTINUED FROM PG. 17

Reena Seltzer’s Sukkah

As it often rains during Sukkot, Dena advises going for waterproof decorations. “We made decorative chains out of craft foam that have held up,” she said. Dena also listed a large poster of the Sukkot [blessing of] kiddush, decorations featuring the Seven Species of Israel, and an assortment of decorative fruits, birds, flowers, and musical instruments among her family’s annual decorations. Reena makes use of laminated artwork and posters with Hebrew sayings, in addition to art pieces she finds from ceramic and glass artists like chimes and a mobile of the seven species.

The holiday table remains another important component to the sukkah’s construction and decoration process. “I love making and creating a tablescape [an artistically designed and arranged table] that fits in with the fall theme,” Reena said of her holiday table tradition. She even transforms fall-colored napkins into flowers that guests can then unfold and use during the meal. Dena and her family traditionally “place cards under everyone’s dinner plate, each with a holiday-themed question, such as, “If you could invite any person into the sukkah, who would it be and why?” which keeps the festive meal lively and interactive. “This question relates to the mitzvah of hachnasat orchim, or welcoming guests, which is a hallmark of Sukkot.”

Festival traditions are best celebrated when shared with family, friends, and the broader community, as is evident from these sukka builders’ love of hosting meals and parties. Reena entertains with Sukkot dinners, as well as some brunches and lunches. “It’s great to be able to host people, and it’s a very intimate setting,” she said. “There are no distractions and we are able to just sit together and eat and talk.” Dena said that her family invites friends over to their sukkah for snack and board game get-togethers, and this year, they are even planning to host a “Shakshuka in the Sukkah” party! “We also enjoy participating in our synagogue Sukkah Hop,” she added, “which is a wonderful way to welcome many friends to our temporary home.”

Many synagogues within our community organize an annual Sukkah Hop, an activity in which synagogue members visit each other’s sukkahs, schmooze over food, and marvel at decorations. Contact your synagogue to participate!
On Monday, June 3, members of the Jewish Federation’s young adult community, organized by community member Josh Weinstein, joined with the Yale Divinity School’s Interfaith Club for a solidarity visit to the Diyanet Mosque of New Haven, followed by joint prayer services and a shared Iftar meal to celebrate the final night of Ramadan and to stand together against hatred and intolerance.
My name is Noam Benson-Tilsen, and I was recently appointed and elected President of the Board of Jewish Teen Education (JTE). JTE is a local extracurricular study program for teenagers and run entirely by teenagers in the Greater New Haven area. We offer a variety of classes and help run programs at the JCC, where our classes are held.

Because we are led by participating students, our Board chooses class topics that are relevant to teenagers, as well as topics and teachers whom we know to be engaging. Our teachers are local community leaders, teachers and specialists. For example, local Rabbi Carl Astor has led a text and literature study class for several years. Asya Tibili’s cooking class has become a staple in our curriculum.

JTE meets every Tuesday from 7:00 to 9:00 PM in the JCC of Greater New Haven. Each session is composed of two class periods with a break in between, snacks provided. This familiar setting allows students to both participate in discussion among peers and to make and reinforce friendships. Fun special programs such as on holidays and at the end of semesters, are prime examples of the bonding and unique moments that JTE creates – such as in cook-offs, cupcake battles and more. This also occurs in classes, where the low student-to-teacher ratio is conducive to real discussion.

Each year, a few students at JTE apply to the Board of JTE for the next school year. These students, when accepted, are in charge of creating the entire JTE program for each semester. We meet every other week to hammer out classes for the next semester, plan special programs, organize outreach, and more. Within the board is the Executive Committee, consisting of our adult supervisors, the President (this year, me), the Vice-President (Sam Epstein), the Secretary (Aviva Wyner) and the Treasurer (Robert Farbman).

I look forward to serving as president this upcoming school year. I hope to continue expanding our wonderful program along with the new Board and all the students, teachers, and parents. For more about JTE visit www.jewishnewhaven.org/JTE or contact JTE@jewishnewhaven.org

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**March of the Living Cementing Jewish Peoplehood**

This picture was taken in Independence Square in Jerusalem at the start of the Israel portion of the March of the Living to the Kotel. Evan Wyner, who chaperoned our Greater New Haven youth on the trip, was able to march with his son Alex, a Lone Soldier and a Commander in Handassah Kravit (Combat Engineering). Here are Evan’s words about the March: “The March of the Living is one of the most impactful Jewish experiences a teen (or adult) can participate in. There are many life cycle and meaningful events that celebrate the Jewish “religion,” while the March of the Living uniquely cements the Jewish “people.” Religious or secular, the March has an impact as you walk in the footsteps of so many people who were enslaved and exterminated in Poland simply for having Jewish blood. As you emerge from the “darkness” of Poland to the “light” of Israel, you feel palpable relief and see clearly why Jews need Israel to be a strong, Jewish nation. I felt it in me and I saw it in the teens and other adults on the trip as we all, religious and secular alike, shared plans for our next trip to Israel!” Preparations for March of the Living 2020 are underway.

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**Pop Up Giving Circle**

The Jewish Foundation of Greater New Haven collaborated with Jewish Teen Education (JTE) of the Jewish Federation of Greater New Haven to choose who and how much they would like to distribute to the agencies in the second annual Pop Up Giving Circle which took place April 23, 2019, LEAP presented their Leaders In Training Program, IRIS presented their Young Women’s Civil Rights Pilgrimage, and New Haven Reads their Stopping Summer Slide-Summer Tutoring Program. It was an engaging evening as the teens learned and collaborated to select grant amounts for each agency. The agencies will make follow up presentations to the group of Jewish Teen Education students by the end of May 2020, so that they can see how their distributions dollars were put to use.
ADL Connecticut’s third annual VOICES: A Show of Unity will be held on Saturday, November 9, 2019 at the Klein Memorial Auditorium in Bridgeport starting at 8:00 pm. This inspiring evening will showcase the importance of ADL’s mission through music and story-telling. Now, more than ever, it is critical that we all use our voices to speak out against hate and promote our shared values — something that ADL does every day, in our local communities, across the country.

This year’s headliner is Trombone Shorty and Orleans Avenue. Trombone Shorty, born Troy Andrews, is best known as a trombone and trumpet player, and plays drums, organ, and tuba and has worked with some of the biggest names in rock, pop, jazz, funk, and hip hop. Andrews got his name when he picked up his instrument at age four. His music is anchored by the idea that, even in the toughest of times, as Andrews says, “Music brings unity.” Paul Shaffer, who served for 33 years as David Letterman’s musical director and sidekick is thrilled to be returning as the evening’s host and promoting ADL’s mission along with Trombone Shorty.

Funds raised will support the critical work of ADL Connecticut — including responding to incidents of anti-Semitism and other forms of hate in our towns, providing anti-bias/anti-bullying education programming in our schools, monitoring extremists online, and partnering with law enforcement to keep us safe. The event venue enables ADL to bring together supporters from Fairfield and New Haven Counties and beyond for an unforgettable night of fun with a purpose.

For more information about event sponsorship (which includes a pre-show sponsor reception from 6:30 pm-7:30 pm), please contact Leah Kagan, Director of Development, at lkagan@adl.org or call 203.530.7456. Tickets are on sale for $300, $150 and $75 and can be purchased at www.ADLVoices.org.

ADL (the Anti-Defamation League) is a leading anti-hate organization. Founded in 1913 in response to an escalating climate of anti-Semitism and bigotry, its timeless mission is to protect the Jewish people and to secure justice and fair treatment for all.
Changed what you cannot accept,
accept what you cannot change.

by Yelena Gerovich
New American Acculturation Coordinator

Our community prides itself on its diversity, with significant numbers of Hebrew and Russian-speaking Jews. We are also proud of our ability to help any member of our community in need of assistance. In 1988, the Toporovsky family arrived in New Haven and was resettled by the Jewish Federation of Greater New Haven.

On July 14, 2019 at the Jewish Community Center, Olia Toporovsky presented “The Fifth Paragraph” - a theatrical multimedia experience that tells a story of immigration. It was based on Olia Toporovsky’s journey to New Haven from the former Soviet Union - a narrative told through the eyes of a 10-year-old girl. Olia wanted to become an artist or a musician, yet she was discouraged by her family because as an immigrant, an art career seemed impossible to pursue. Instead, Olia studied computer science and business, but after a short career on Wall Street, she became an artist.

The “fifth paragraph,” from which the theatrical presentation got its name, was the line in the Soviet passport that identified different ethnic groups and nationalities for the purpose of discrimination. This made it easy for the Soviet government to identify the Jews, or any other group, and to treat them differently. Jews in the United States spent many years fighting for Soviet Jews to gain the right to immigrate to the United States. Fortunately, a large number of Jews have been able to leave the former Soviet Union and come to the United States to gain their freedom.

The Jewish Community Center auditorium was overcrowded that Sunday. The audience really enjoyed the performance and Olia received a big round of applause at the end of the event. "Change what you cannot accept, and accept what you cannot change," a Jewish proverb says. In changing countries, the Toporovsky family changed their lives, for no longer do they experience discrimination. They celebrated their freedom and Olia’s success with our community.

The holiday of Rosh Hashanah is approaching, so as Rabbi Brad Hirschfield said, “Rosh Hashanah is about relationships. Whether between individuals and God in whom they believe, communities and the traditions which define them, or simply between individuals, whether any God or tradition is part of their lives, it’s all about sustaining relationships which sustain us and help us do the same for others.” Happy Holidays!

For more info about the New American Acculturation Program, including sponsorships of specific program, contact Yelena Gerovich at 203 387-2424 x321, or email ygerovich@jewishnewhaven.org.

THE "B" FOUNDATION

Now accepting grant applications from Internal Revenue Service qualified 501 (C) (3) organizations which seek assistance consistent with the goals of the "B" Foundation to help feed, care, or educate society. The grants will range from $1,000 to $10,000 and will be awarded by the end of the calendar year.

Please submit your written request by November 15, 2019 to:

The "B" Foundation
P.O. Box 3709, Woodbridge, CT 06525

LiverpooL Productions

CALL CHARLES!!! 203.795.4737
DJ/Music/Entertainment for any Occasion
Proud to be Entertaining the Community Since 1978!
Seven-year-old Max made his first Challah at the JCC. At home Max enjoys PJ Library books and celebrating Jewish holidays with his family. They feel fortunate to be part of the JCC because it enhances the children’s experience and understanding of their Jewish traditions and culture.

Your support of Federation powers offerings like Challah Bake at the JCC, and more. Across town and across oceans, your support powers innumerable moments that build, ensure and enrich Jewish life. No organization powers more Jewish moments than Federation.
Tributes & Remembrances

JEWISH FOUNDATION

In honor of Barnet & Helen Malter for Father’s Day and Mother’s Day
Robert & Jill Kesselman

In honor of Andy Sarkany’s Holocaust Education Presentation
Westhill High School
Guilford High School

In honor of Molly Teplitzky’s graduation from Emory Law School
Barbara & John Lichtman

In honor of Ana & Steve White’s new grandson
Barbara & John Lichtman

In honor of Sophie Glassman’s Bat Mitzvah and Ben Glassman’s Bar Mitzvah
Barbara & John Lichtman

In honor of the birth of Hannah Garcia, daughter of Gerry & Magda
Lisa Stanger & Greg Colodner

In memory of Barbara Kravitz
Carol & Don Miller

In honor of Susan Floman’s milestone birthday
Barbara & John Lichtman

In honor of Jodi Harris receiving the Harold Grinspoon Award for Excellence in Jewish Education
Rebecca Baranick

In honor of the wedding of Andy & Paige Weinstein’s daughter
Judy Alperin

In honor of Jeffrey Hoos
Marah Derzon

In memorial of the sister of Shelley Levine
Susan & Leonard Skope

JCC

Beverly Levy Early Learning Center Fund in honor of Ann Eden celebrating her 100th birthday
Susanne & Henry Singer

In memory of Arthur Greenberg
Judith & Mark Sklarz

In honor of Steve Miller’s “special” birthday
Melanie Anderson
Dayna Hayden
Judy Alperin
Barbara & John Lichtman
Laura & Bruce Braverman

In honor of Ken Cohen receiving the Zekia Stil Award for Campaign Excellence
John G. Hartnett

In Honor of the birth of Emma Zlotoff
Sharon Goldman

In memory of Louis DeAndrus
Peter & Sandra Barriocelli
Allan & Ellen Greenberg
Bruce & Irene Jacobs
Michael & Erika Forte
Alexandra DeSorbo – Pilot Light
Leslie Casanova
Frank DiResta
Wayne & Josephine Foster

CHRISTIAN MISSION

Wayne & Josephine Foster
Frank DiResta
Leslie Casanova
Allan & Ellen Greenberg
Alexandra DeSorbo – Pilot Light
Michael & Erika Forte
Bruce & Irene Jacobs
Allan & Ellen Greenberg
In memory of Louis DeAndrus
Sharon Goldman
In Honor of the birth of Emma Zlotoff
John G. Hartnett
Laura & Bruce Braverman
Barbara & John Lichtman
Judy Alperin

In memory of Levi Greenberg
Michael & Erika Forte
Bruce & Irene Jacobs
Allan & Ellen Greenberg

In memory of Louis DeAndrus
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In honor of Jeffrey Hoos
Marah Derzon

In memory of the sister of Shelley Levine
Susan & Leonard Skope

JEWISH FOUNDATION

Carleton Voos & Paul Mohor
Jan Grillo & Family
Howard Flaxman

In memory of Beau Grenier
Allan & Ellen Greenberg

In memory of Andy Wolf
Allan & Ellen Greenberg

In memory of Norman Hurwitz
Judy Alperin
Amy & Mark Holtz
The Teplitzky Family
The Trachten Family

In honor of Allen Greenberg
Michael Kahn

In honor of the marriage of Emily Kramer, daughter of Robin & Kenneth Kramer
Barbara & John Lichtman

BECKERMAN FAMILY SUPPORTING ENDOWMENT FUND FBO HAMDEN HALL COUNTRY DAY SCHOOL
In memory of Dr. John Aversa
David & Ruthann Becker

BECKERMAN FAMILY SUPPORTING FOUNDATION, INC. JEWISH COMMUNITY CENTER ENDOWMENT FUND
In memory of Andrew Wolf
David & Ruthann Becker

JONATHAN ADAM COOPER MEMORIAL SPORTS FUND FBO EZRA ACADEMY
In memory of Dr. Alan H. Cooper
Paula M. Severino
Dr. & Mrs. Dan Oren

ELIOT S. ALDERMAN MEMORIAL FUND FBO TEMPLE BETH SHOLOM
In memory of Eliot S. Alderman
Mark & Judy Sklarz
Cyna Alderman

SUZANNE HECHT ENDOWMENT TO SUPPORT CONFRONTING ANTI-SEMITISM PROGRAM OF ADL
In memory of Suzanne Hecht
Beatrice E. Pomeraniec

FRIENDS OF THE JEWISH COALITION FOR LITERACY ENDOWMENT FUND
In honor of Kathy & Robert Glassman’s 50th Anniversary
Enid & Ronald Groves

In memory of Dr. Alan Cooper
Helen & Tracy Selman

THE NANCY & CRAIG SKLAR FUND
In honor of Craig Sklar
Barry & Hyla Vine

JACOB DANIEL FEUERSTEIN TZEDAKAH FUND
In honor of Jacob Feuerstein’s high school graduation
Oren Sauberman & Marcia Landesman-Sauberman

JCARR

In honor of Rabbi Brockman
Lisa Stanger & Greg Colodner

In honor of Joel Jacobson
Nancy & Lawrence Kline

In honor of Sue Millen
Kert & Karen Sabbath
Michael Seligmann
Roberta Friedman
Sharin, Ken, Emil, Zoe, Todd & Maja Millen

In honor of David Millen
Marsha & Ira Moses

In honor of Nancy Kline’s birthday
Joanna Spector
Gladys & Sidney Horowitz
Scott Friedman
Beverly & Michael Propen
Richard & Karin Kaplan
Irene & Bennett Lebov
Susan & David Millen
Barbara & Marc Bloserver
Martin & Nancy Katz
Susan McNamara
Brad Selmon
Cathy Lipshutz
Andrew & Deborah Chernoff
Gerri & Sheldon Natkin
Ruby Benaroch
Peter Stolzman
Meredith Gavin
Bert Reiner
Michael Beg
Sydney Perry
Frank Pimentel
Philippa Longin
Minna & Lew Kaufman
Edina Oestreicher
Allie Perry
Elaine & Bob Feldman
Rabbi Alvin Wainhaus & Rosanne Lazar
Roberta Friedman
Lynn Martin
Rachel Kline Brown
Cameron Kline
Rebecca Coffey
Aarti Sawhney

Peter & Sandra Barricelli
Allan & Ellen Greenberg
Bruce & Irene Jacobs
Michael & Erika Forte
Alexandra DeSorbo – Pilot Light
Leslie Casanova
Frank DiResta
Wayne & Josephine Foster

To purchase a tribute card:
jccnh.org, jewishnewhaven.org, newhavenjewishfoundation.org

*Tributes listed are up to July 31, 2019. Foundation Tributes are up to August 8, 2019
September 11, and 18 AND (October 2), 5:45 p.m., FREE. Learn the basics of cooking while creating a delicious meal with friends. Beckerman Lender Jewish Community Center, 360 Amity Road, Woodbridge. Contact: Emily Kurz, (203) 387-2424 x306, emilyk@jccnh.org

Introducing “Those Who Were There” Sept. 12, 5-7 p.m., The Fortunoff Video Archive introduces its new podcast series based on testimonies in its collection. From the series, titled “Those Who Were There: Voices from the Holocaust”. Sterling Memorial Library Lecture Hall, Yale University. Contact: Derek Holodak. (203) 387-2424 x217, dholodak@jewishnewhaven.org

JCC’s Ba’gar & Babes Sept. 12 & 26, 10-11 a.m., FREE. Play group and parent discussion for birth-3 year olds and their adult. JCC of Greater New Haven, Woodbridge. Contact: Emily Kurz, (203) 387-2424 x306, emilyk@jccnh.org

Shabbat Schmoozes for Heart, Mind and Soul: Guided Meditation Sept. 14, 12:45-2 p.m., FREE. Play group and parent discussion for birth-3 year olds and their adult. JCC of Greater New Haven, Woodbridge. Contact: Emily Kurz, (203) 387-2424 x306, emilyk@jccnh.org

Meditation with Robin Goldberg Sept. 14, 12:45-2:45 p.m., FREE. Beckerman Lender Jewish Community Center, 360 Amity Road, Woodbridge. Contact: Emily Kurz, (203) 387-2424 x306, emilyk@jccnh.org

Murray Lender 5K Bagel Run Sept 15, 5-6:45 a.m., $5 per person. Ages 2-4 with adult. JCC of Greater New Haven, New Haven. Contact: Emily Kurz, (203) 387-2424 x306, emilyk@jccnh.org

JCC Video Game Arcade with Project CASY Sept. 14, 11-3 p.m., All ages (under 18 must be accompanied by adult). Mobile Video Game Arcade comes to the J. FREE. Beckerman Lender Jewish Community Center, 360 Amity Road, Woodbridge. Contact: Emily Kurz, (203) 387-2424 x306, emilyk@jccnh.org

Jewish Author Series: Saul Austerlitz, “Generation FRIENDS” Sept. 18, 7-9 p.m. $5 for JCC Members/$10 for Community Members. Best Video Film & Cultural Center, 1642 Whitney Ave., Hamden. Contact: Derek Holodak. (203) 387-2424 x217, dholodak@jewishnewhaven.org

Promises, Promises: How Kol Nidrei Got Its Groove Sept. 21, 10:30 a.m. -1 p.m., Raising funds for research for women’s reproductive cancers. Contact: Ruth Ann Ornstein, ruthann.ornstein@yale.edu

Beverly Levy Discovery to Cure Walk Sept. 22, 12:45-2 p.m., FREE. BEKI, 85 Harrison St., New Haven Contact: Peggy Hackett, (203) 389-2108, office@beki.org

JCC’s Sticky Fingers Sept. 4, 5 & 19, 10-11 a.m., $5 per class. Ages 2-4 with adult. JCC of Greater New Haven, Woodbridge. Contact: Emily Kurz, (203) 387-2424 x306, emilyk@jccnh.org

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Kever Avot 2019 Sept. 22, 2-3 p.m., FREE. New Haven Holocaust Memorial, 491 Whalley Ave., New Haven. Contact: Jeanette Yurman, (203) 387-2424 x325, jyurman@jewishnewhaven.org

PJ Library & Temple Beth Shalom High Holiday Story & Song Sept. 22, 10:30 a.m., FREE. Temple Beth Shalom, 1809 Whitney Ave, Hamden. Contact: Stacey Battat, (203) 387-2522 x317, pjlibrary@jewishnewhaven.org

PJ Library & Temple Beth David Apple (pick-and) Honey program Sept. 22, 12:30 p.m., FREE. Hickory Hills Orchard, Cheshire.

Jewish Author Series: Kitty Zeldis, “Not Our Kind” Oct. 23, 7-9 p.m, $5 for JCC Members/$10 for Community Members. Beckerman Lender Jewish Community Center, 360 Amity Road, Woodbridge. Contact: Emily Kurz, (203) 387-2424 x306, emilyk@jccnh.org

JCC Smart Art in the MakerSpace Series Oct. 2 & Oct. 23, 10:30-11 a.m., 2-4 years old with adult. Members: $10 per class or $50 for 6 part series/community. $12 per class or $60 for 6 part series. JCC of Greater New Haven, 360 Amity Road, Woodbridge. Contact: Emily Kurz, (203) 387-2424 x306, emilyk@jccnh.org

JCC Family Fun Day: Awesome Animals Oct. 6, 2-4:30 p.m., FREE. JCC of Greater New Haven, 360 Amity Road, Woodbridge. Contact: Emily Kurz, (203) 387-2424 x306, emilyk@jccnh.org

JCC Library Good Deeds & Dunes & Little Scientists Oct. 6, 11 a.m.-12:30 p.m., FREE. Walnut Beach, Milford. Contact: Stacey Battat, (203) 387-2522 x317, pjlibrary@jewishnewhaven.org

JCC Family Fun Day: Awesome Animals Oct. 6, 2-4:30 p.m., FREE. JCC of Greater New Haven, 360 Amity Road, Woodbridge. Contact: Emily Kurz, (203) 387-2424 x306, emilyk@jccnh.org

PJ Library and the JCC Present: Styling the Sukkah Oct. 10, 5:30-7:30 p.m., $5 suggested donation. JCC of Greater New Haven, 360 Amity Road, Woodbridge. Contact: Emily Kurz, (203) 387-2424 x306, emilyk@jccnh.org

PJ Library Sukkah Sensation – stories & movement Oct. 13, 9-10:30 a.m., FREE. With Temple Emanuel Sukkah - stay on to help build sukkah & potluck dairy lunch. Temple Emanuel, Orange, Contact: Stacey Battat, (203) 387-2522 x317, pjlibrary@jewishnewhaven.org

PJ Library Sukkah Sensation – stories & movement Oct. 14, 10:30-11:30 a.m., FREE. With Congregation Mishkan Iseael, , Hamden. Contact: Stacey Battat, (203) 387-2522 x317, pjlibrary@jewishnewhaven.org

JCC Pizza in the Hut Oct. 16, 5-8 p.m., $5 members, $10/community per person. JCC of Greater New Haven, 360 Amity Road, Woodbridge. Contact: Derek Holodak. (203) 387-2424 x217, dholodak@jewishnewhaven.org

Senior Day at the J presents: Mindfulness, Music, and Movement Sept. 26, 12-2 p.m., FREE. For members/$5 community. Beckerman Lender Jewish Community Center, 360 Amity Road, Woodbridge. Contact: Emily Kurz, (203) 387-2424 x306, emilyk@jccnh.org

The Book of Jonah – Seriously? Taking a Fresh Look! Sept. 28, 12:45-2 p.m., FREE. BEKI, 85 Harrison St., New Haven Contact: Peggy Hackett, (203) 389-2108, office@beki.org
New Haven Eruv Enhances Lives
New Campaign Announced

by Rabbi Fred Hyman, Ed. D
The Westville Synagogue, New Haven

The experience of Shabbat is intended to be joyous, which in Hebrew is called “Oneg Shabbat.” However, for those who live in a city without an eruv the observance of Shabbat can be challenging. “Coming from a community that did not have an eruv,” stated Pessy Malachowski, “I feel so blessed now to live in New Haven which has one.”

According to Jewish tradition, all manner of creative labor is forbidden on Shabbat including carrying objects from one domain to another domain. Although carrying is not “productive” or “creative” and is perhaps the least obvious type of “work,” it represents an activity necessary for the development of social relations. This aspect of community life must also be dedicated to God.

The rabbis of the Talmud extended the prohibition of carrying on Shabbat to quasi-public domains which include most of our cities and towns. At the same time, the sages instituted a mechanism by which they permitted carrying in these areas through the construction of an eruv. An eruv then allows pushing a baby carriage, playing ball outside, and carrying food to a friend for a festive Shabbat meal. “I am so happy that I can take my baby to shul and my older children can go outside to play. As a family it is easier to socialize with friends on Shabbos,” added Mrs. Malachowski, a resident of the Beaver Hills neighborhood of New Haven.

An eruv functions as a partition like a fence or a wall that encloses a certain space. Just as a wall to a house, for example, has a door, the Talmud established that an eruv could be created by a series of “doorways” that function like a wall to enclose a city. The “form of a doorway” is defined by a “post and lintel” system, with two posts and a crossbeam over the top of them. Contemporary eruvs use telephone poles and wires, constructed posts and string, existing fences and walls— all connected to create a proper enclosure.

The New Haven eruv has existed for over thirty years and has been maintained by generations of dedicated volunteers. The eruv is checked weekly to ensure that no poles are damaged or strings are broken. When issues do arise, repairs are made on the spot.

Two years ago, the eruv board made extensive upgrades to the eruv. On the eruv website, Miriam Sandman, president of the Eruv Board, stated that the improvements have cost over $20,000. The Board is starting a new capital improvement campaign to replace the old posts with ones made out of sturdier PVC material. This measure will make the eruv last longer, ensure that maintenance is easier, and limit future costs. The cost of the project is estimated at $15,000. The New Haven eruv is supported by the generous donations of community members.

Contributions can be made to: New Haven Eruv, Inc., P. O. Box 5043, New Haven, CT 06525. New Haven Eruv, Inc is a registered 501(c) 3 organization and receives an annual allocation from the Jewish Federation of Greater New Haven.
Please join us for our 13th Annual Community-Wide Kristallnacht Commemoration. This year we will honor the brave activism of Jacob Morewitz, a Virginian Attorney who saved 86 Jews during the Holocaust.

PROGRAM HIGHLIGHTS:
• US Senate Commendation to the Morewitz family, presented by Senator Richard Blumenthal.
• Screening of the new and acclaimed documentary on the SS Quanza, “Nobody Wants Us”, including comments by filmmaker Laura Seltzer-Duny.
• Comments by Michael Dobbs of the U.S. Holocaust Memorial Museum and author of the new book, “The Unwanted”.
• Comments by Victoria Redel, daughter of a Quanza survivor, and author of a book based on the ship’s story.

All are Welcome

visit orshalomct.org
Best Wishes for a Happy, Healthy & Peaceful New Year

Senator Richard Blumenthal

Happy New Year!

Representative Pat Dillon

Wishing you a happy, healthy and peaceful Rosh Hashanah. May this season be one of joy and contentment.

State Senator George Logan
L’shanah tovah!

BETH HELLER
First Selectman
Town of Woodbridge

Tel: (203) 389-3401
Fax: (203) 389-3480
Email: bheller@woodbridgect.org

11 Meetinghouse Lane
Woodbridge, CT 06525

The very best wishes for a happy, healthy and joyful New Year.

Orange First Selectman
James Zeoli
Paid for by James M. Zeoli

L’shana tova u’metuka!

Michael Bloom, Executive Director
Sydney Perry, President

The Jewish Federation Association of Connecticut (JFACT) wishes you and your family a New Year filled with health and happiness, laughter and love, justice and empathy, good times and good deeds, prosperity and peace.

J fact

Shanah Tovah
Happy Sweet New Year
From your Young Israeli Emissaries
Li’on & Tal

Shana tovah! Happy Sweet New Year
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MOHEL
RONALD BUCKMAN, MD
Board Certified
Brit Kodesh Graduate

CTMOHEL.COM

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CTMOHEL.COM
JFACT Fund Annual Night at the Theatre “The Band’s Visit”
Sunday, April 26, 2020 5:30-8:15 p.m.
The Bushnell Center for the Performing Arts - Hartford, CT
Before the show there will be a cocktail reception at the Belding Lobby, Level 3

Based on the 2007 critically acclaimed movie by Eran Kolirin, this new musical adaptation sees two very different cultures mesh together throughout the course of one-night. A simple spelling mistake at the Egypt/Israel border sees the Alexandria Police Band redirected to the wrong town, where there is no public transport, nor hotels.

For more information, visit jewishnewhaven.org/rsvp

Special Programs at Congregation Mishkan Israel

Congregation Mishkan Israel is a progressive Reform congregation located at 785 Ridge Road in Hamden, dedicated to creating a comfortable and welcoming atmosphere to all, regardless of religious upbringing or family structure.

UPCOMING EVENTS INCLUDE:
Community Day & Activities Fair/Fall Open House: Sept. 15, 9 a.m.–12 noon. Information booths on membership, the synagogue’s schools, H.S. program for Grades 8-12 (open to all community teens), family and adult programs, committees and other activities.
Tot Shabbat: Friday, Oct. 4, 5:30 p.m. Opportunity for families with preschool-aged children to get to know each other and enjoy an evening of blessings, stories, food and fun.
Annual Sukkot Service: Monday, Oct. 14, 11 a.m. Bring your brown bag lunch and join us in the Sukkah.
Family Tot Simchat Torah Program: Sunday, Oct. 20, 9:30 a.m. Families with children 6 and under enjoy a morning of blessings, stories, food and fun.

For more information, call the synagogue office at (203) 288-3877 (cmihamden.org).
Leadership Development Opportunity

The Jewish Federation of Greater New Haven seeks candidates with a passion for learning, leadership and community to make the next cohort of Wexner fellows. **Nominations are due October 31, at jewishnewhaven.org/wexner**

The Wexner Heritage Program is Jewish Learning and leadership development for up-and-coming volunteer leaders throughout North America, afforded to Greater New Haven participants through the Sydney A. Perry Fund for Jewish Leadership.

**DISCOVER YOUR J:**

- Beverly Levy Early Learning Center, Ages 0-5
- Afterschool and Vacation Programs, Grades K-8
- Fitness Center and Indoor Cycling Studio
- Swim, Dance and Sports Lessons
- The Cube Co-Working Space
- Free babysitting for members
- Playscape Indoor Playground
- MakerSpace
- Birthday Parties
- Café 360 with free WiFi
- Spa at the J

Families share joyful moments at the J, where they can make new friends, learn to swim, or climb to the top of our rock wall. The J offers a wide variety of classes for children and adults to enjoy: woodworking, cooking, basketball, dance, music, and more. At the new J, families of all backgrounds come together for learning, fun and friendship.

360 Amity Road, Woodbridge, CT 06525-2548 | CONTACT US: (203) 387-2424 • jccnh.org

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**Kosher Foods for the Holidays**

CONTINUED FROM PG. 3

seeking a larger selection of organic and natural products.

Kashrut-observers are thankful for these local and convenient kosher resources, yet the opportunity to purchase an extensive variety of affordable kosher groceries, as well as fresh meats, poultry, and fish— which are commonly eaten and enjoyed to enhance the celebratory nature of Jewish holidays— remains a luxury not so easy to come by.

Moreover, the New Haven local Westville Kosher Market closed its doors at the end of May after a 34-year run. Those who had relied on this kosher neighborhood establishment for its specialty meats, take-out goodies, homemade dips, and Israeli products have been feeling the loss. This has created an increased desire throughout Greater New Haven for the option of fresh and high-quality kosher products.

With this in mind, many kashrut-observers make the trek to large Jewish communities in New York— with freezer bags in tow— to stock up on kosher favorites for the approaching holidays. Grocery stores in Monsey like Evergreen Kosher Market and Rockland Kosher Supermarket are exclusively stocked from floor to ceiling with a plethora of strictly-kosher food brands. A large variety of meat and fish delicacies are also readily available for purchase. When our Jewish holiday meals are prepared and eaten with the intention of enhancing the intrinsic holiness of the day, the very food itself becomes elevated, too. So no matter if your kosher food is purchased from near or far, the way to our hearts (and souls!) may very well remain through our stomachs.
Welcome to The Cube, The JCC’s Best-Kept Secret Spot
by Talya Hyman
Shalom New Haven Intern

As work-from-home and freelance jobs increase in popularity, the JCC has realized its opportunity to provide individuals with a convenient and distraction-free environment in which to complete their work.

The Cube, the JCC’s co-working space, is such a spot, tucked away on the first floor of our community building. Here, working individuals and collaborating groups have the opportunity to focus on their tasks in an upgraded and comfortable business-oriented facility. Complete with WiFi, a copier, a printer, and plenty of electrical outlets for devices, The Cube is the perfect place for professionals of all ages to put their best work forward everyday.

Tsivia Frank Wygoda and Ben Szymanski are two such JCC members who frequent The Cube for their various work responsibilities. Tsivia, a literature scholar, spends her time working on a book manuscript using her personal laptop and documents. Ben, meanwhile, attends to his work-from-home tasks which include many phone calls, so he makes use of The Cube’s attached private conference room for undisturbed virtual meetings.

Convenience in a co-working space is key for Cube users. “It’s really meaningful to have this place which is nice and comfortable,” Tsivia said, citing the newly upgraded tables with attached outlets as an added bonus for people who frequently work with computers. She also finds The Cube accessible, for after Tsivia brings her children to the JCC in the morning for their daily activities, she settles down in The Cube and attends to her own work activities.

Ben is a Cube veteran; he utilized the JCC’s previous co-working space as a PhD student when his daughter was in daycare here. His life has evolved alongside the JCC. Today, with the creation of The Cube in the newly restored JCC building, Ben drops his now two daughters off at the JCC’s Beverly Levy Early Learning Center and then spends the day hard at work. “You’re not just in the house by yourself all day,” he said of his time spent working amidst others in The Cube. “It’s great.”

Tsivia and Ben both take advantage of the other resources offered within the infrastructure of the JCC. Ben enjoys Cafe 360 where he is able to pop by for much-needed coffee and lunch breaks, and Tsivia makes sure to bring a swimsuit and running shoes with her in anticipation of fitting in a workout at the gym and swimming pool facilities. “I wouldn’t have this opportunity if I’m [doing work] at the university or library,” she said. “It’s nice to have the option.” So come on in! We think it’s finally time that this secret saw the light of day. Whether you need to finish an important report or simply catch up on emails, get comfortable and settle in for a productive time spent at the JCC’s best kept now-not-so-secret spot. Access to The Cube is made available to adult JCC members.
Zeldis to Come to JCC
by Derek Holodak
Program and Development Associate

A minor traffic accident on a rainy June morning in post-WWII New York City brings two worlds colliding together in Kitty Zeldis’ debut novel, “Not Our Kind,” released last fall by Harper Collins and appearing in paperback this September.

Patricia Bellamy is a WASP-y, New York socialite with a polio-stricken daughter who scares off every tutor her parents hire. Eleanor Moskowitz is a recent Vassar graduate in search of a teaching job. She is also a Jew at a time when that is enough to bar one from participation in genteel society. A chance meeting between the two will change their lives forever, providing Eleanor with not only a job but also a glimpse into a world otherwise off-limits to her.

Set partially in New York City and partially in small-town Connecticut, “Not Our Kind” tackles issues of privilege, antisemitism, forbidden romance and sexual assault as Eleanor becomes increasingly entwined in the Patricia Bellamy’s life, culminating in an evening that will change the way each woman looks at herself — and perhaps, even, the way we look at ourselves.

At times a striking period piece, while hauntingly relevant to our age at others, “Not Our Kind” is the type of novel that gets under your skin and leaves you considering its implications for weeks and months to come. With echoes of “Rules of Civility,” “A Gentleman’s Agreement” and “Atonement,” Zeldis’ novel will have you on the edge of your seat with every turn of the page.

Zeldis will share her personal story, as well as what inspired her to write the novel and what’s relevant about it to audiences today, on October 23 at 7 p.m. at the JCC as part of the 2019-2020 Jewish Author Series. For tickets and to learn about other Jewish Author Series events, contact Derek Holodak, JCC Program & Development Associate, at (203) 387-2424 x217, dholodak@jewishnewhaven.org or go to jccnh.org/cultural-arts.
2019 Community-Wide Mega Event

Our official launch of the 2020 Federation of Greater New Haven Annual Campaign Solicitation

WORLD FAMOUS IMPERSONATORS
THE EDWARD TWINS

FULL COSTUME—90 MINUTE SHOW—LIVE MUSIC & ACTING

Sunday, October 27 | 7 p.m.
Beckerman Lender Jewish Community Building, Woodbridge

Open to anyone in the community

PRICE PER RESERVED SEATING TICKET: $50

More info on The Edward Twins on edwardtwins.com

Remember all the wonderful Variety shows we all grew up on in the 70’s & 80’s? Now is your chance to see them live and re-created by Las Vegas’ number one impersonators of all time. All your favorite legendary Superstars come alive in An Evening with The Stars. The NBC Today show says “it’s one of the most extraordinary shows we have ever seen.” Sonny & Cher, Billy Joel, Elton John, Neil Diamond, Lionel Richie, Stevie Wonder, Ray Charles, Lady Gaga, Celine Dion, Rod Stewart, Bette Midler, Barbra Streisand, Andrea Bocelli, Tom Jones, and many many more hosted by THE EDWARDS TWINS FROM LAS VEGAS.

jewishnewhaven.org/mega

For more info, contact: Amy Holtz, Chief Development Officer, (203) 387-2424 x254, aholtz@jewishnewhaven.org