



# JUNE 2019 MARCIA & STANLEY F. REITER SWIMMING POOL SCHEDULE

\*Effective June 7

	<b>Pool Hours</b>	<b>Lap Swim/ Waterwalking</b>	<b>Family/ Open Swim</b>	<b>Aquatic Exercise</b>	<b>Swim Lessons Beverly Levy/ AfterSchool Special</b>	<b>Masters/ Swim Team</b>
<b>SUNDAY</b>	7:00 AM - 1:45 PM <span style="color: #00AEEF;">(JCC CLOSED June 9)</span>	7:00 AM-9:00 AM <span style="color: #00AEEF;">5 Lap Swim Lanes</span> 9:00 AM-10:00 AM <span style="color: #00AEEF;">4 Lap Swim Lanes</span> 7:00 AM-10:00 AM <span style="color: #00AEEF;">Water Walking - Lane 1</span> 10:00 AM-1:45 PM <span style="color: #00AEEF;">3 Lap Swim Lanes</span>	10:00 AM-11:30 AM 1:30 PM-1:45 PM 10 AM-1:45 PM <span style="color: #00AEEF;">(Starting June 16)</span>		9:00 AM-10:00 AM 1 Lap Private Lessons* 11:00 AM-1:30 PM Swim Lessons* <span style="color: #00AEEF;">(Ends June 16)</span>	
<b>MONDAY</b>	5:30 AM-8:30 PM	5:30 AM-9:00 AM <span style="color: #00AEEF;">5 Lap Swim Lanes</span> <span style="color: #00AEEF;">Lane 1-Water Walking</span> 9:00 AM-7:30 PM <span style="color: #00AEEF;">3 Lap Swim Lanes</span>	9:45 AM-4:30 PM 5:15 PM-7:30 PM **7:30 PM-8:30 PM **Male Only Swim	9:00 AM-9:45 AM Water Aerobics 4:30 PM-5:15 PM Water Aerobics		
<b>TUESDAY</b>	5:30 AM-8:30 PM	5:30 AM-9:00 AM <span style="color: #00AEEF;">5 Lap Swim Lanes</span> <span style="color: #00AEEF;">Lane 1-Water Walking</span> 9:00 AM-7:30 PM <span style="color: #00AEEF;">3 Lap Swim Lanes</span>	11:00 AM-4:00 PM 5:15 PM-7:30 PM **7:30 PM-8:30 PM **Female Only Swim	9:00 AM-9:45 AM Water Aerobics 10:00 AM-11:00 AM JCC Aqua Care*	11:00 AM-11:30 PM 4:00 PM-5:15 PM Swim Lessons* <span style="color: #00AEEF;">(Ends June 11)</span>	
<b>WEDNESDAY</b>	5:30 AM-8:30 PM	5:30 AM-9:00 AM <span style="color: #00AEEF;">5 Lap Swim Lanes</span> <span style="color: #00AEEF;">Lane 1-Water Walking</span> 9:00 AM-8:30 PM <span style="color: #00AEEF;">3 Lap Swim Lanes</span>	9:45 AM-5:00 PM 5:45 PM-8:30 PM	9:00 AM-9:45 AM Combo Shallow/ Deep/Pilates 5:00 PM-5:45 PM Combo Shallow/ Deep/Pilates	10:30 AM-12:00 AM Bev Levy Kid's Swim 4:15 PM-5:00 PM Afterschool	
<b>THURSDAY</b>	5:30 AM-8:30 PM	5:30 AM-6:00 AM <span style="color: #00AEEF;">5 Lap Swim Lanes</span> <span style="color: #00AEEF;">Lane 1-Water Walking</span> 6:00 AM-6:45 AM <span style="color: #00AEEF;">3 Lap Swim Lanes</span> 1-Water Walking 6:45 AM-9:00 AM <span style="color: #00AEEF;">5 Lap Swim Lanes</span> <span style="color: #00AEEF;">Lane 1-Water Walking</span> 9:00 AM-8:30 PM <span style="color: #00AEEF;">3 Lap Swim Lanes</span>	11:00 AM - 3:45 PM 5:15 PM - 8:30 PM  11:00 AM- 8:30 PM <span style="color: #00AEEF;">(Starts June 13)</span>	6:00 AM-6:45 PM Aqua Fitness 9:00 AM-9:45 AM Yoga/Tai Chi 10:00 AM-11:00 AM JCC Aqua Care*	3:45 PM-5:15 PM Swim Lessons <span style="color: #00AEEF;">(Ends June 13)</span>	
<b>FRIDAY</b>	5:30 AM-6:45 PM	5:30 AM-9:00 AM <span style="color: #00AEEF;">5 Lap Swim Lanes</span> <span style="color: #00AEEF;">Water Walking - Lane 1</span> 9:00 AM-6:45 PM <span style="color: #00AEEF;">3 Lap Swim Lanes</span>	9:45 AM-6:45 PM	9:00 AM-9:45 AM Water Interval	4:00 PM-4:45 PM After School	
<b>SATURDAY</b>	7:00 AM - 1:45 PM	7:00 AM-10:00 AM <span style="color: #00AEEF;">5 Lap Swim Lanes</span> <span style="color: #00AEEF;">Water Walking - Lane 1</span> 10:00 AM-1:45 PM <span style="color: #00AEEF;">3 Lap Swim Lanes</span>	10:00 AM-1:45 PM			

\*INDICATES PAID PROGRAM. PRE-REGISTRATION REQUIRED. SCHEDULE IS SUBJECT TO CHANGE. PLEASE CALL THE WELCOME DESK TO CONFIRM. FOR MORE INFORMATION, CALL (203) 387-2424 (WELCOME DESK X 248, ALLAN GREENBERG X252)