



# APRIL 2019 MARCIA & STANLEY F. REITER SWIMMING POOL SCHEDULE

	<b>Pool Hours</b>	<b>Lap Swim/ Waterwalking</b>	<b>Family/ Open Swim</b>	<b>Aquatic Exercise</b>	<b>Swim Lessons Beverly Levy/ AfterSchool Special</b>	<b>Masters/ Swim Team</b>
<b>SUNDAY</b>	7:00 AM-5:45 PM	7:00 AM-9:00 AM 5 Lap Swim Lanes 1-Water Walking 9:00 AM-10:00 AM 4 Lap Swim Lanes 10:00 AM-5:45 PM 3 Lap Swim Lanes	10:00 AM-11:00 AM 1:30 PM-5:45 PM		9:00 AM-10:00 AM 1 Lap Private Lessons* 11:00 AM-1:30 PM Swim Lessons*	
<b>MONDAY</b>	5:30 AM-9:30 PM	5:30 AM-9:00 AM 5 Lap Swim Lanes Lane 1-Water Walking 9:00 AM-5:15 PM 3 Lap Swim Lanes 6:00 PM-8:30PM 3 Lap Swim Lanes	9:45 AM-4:30 PM 7:00 PM-8:30 PM **8:30 PM-9:30 PM** Male Only Swim	9:00 AM-9:45 AM Water Aerobics 4:30 PM-5:15 PM Water Aerobics	7:00 PM-8:00 PM Job Core	5:15 PM-7:00 PM Swim Team*
<b>TUESDAY</b>	5:30 AM-9:30 PM	5:30 AM-9:00 AM 5 Lap Swim Lanes Lane 1-Water Walking 9:00 AM-5:15 PM 3 Lap Swim Lanes 6:00 PM-8:30PM 3 Lap Swim Lane	11:00 AM-4:00 PM 7:00 PM-8:30 PM **8:30 PM-9:30 PM** Female Only Swim	9:00 AM-9:45 AM Water Aerobics 10:00 AM-11:00 AM JCC Aqua Care*	11:00 AM-11:30 PM 4:00 PM-5:15 PM Swim Lessons*	5:15 PM-7:00 PM Swim Team*
<b>WEDNESDAY</b>	5:30 AM-9:30 PM	5:30 AM-9:00 AM 5 Lap Swim Lanes Lane 1-Water Walking 9:00 AM-9:30 PM 3 Lap Swim Lanes	9:45 AM-5:00 PM 5:45 PM-9:30 PM	9:00 AM-9:45 AM Combo Shallow/ Deep/Pilates 5:00 PM-5:45 PM Combo Shallow/ Deep/Pilates	10:15 AM-11:30 AM Bev Levy Swim 4:15 PM-5:00 PM Afterschool 7:30 PM-8:30 PM Chapel Haven	
<b>THURSDAY</b> JCC Closed April 25 at 5 pm	5:30 AM-9:30 PM	5:30 AM-6:00 AM 5 Lap Swim Lanes Lane 1-Water Walking 6:00 AM-6:45 AM 3 Lap Swim Lanes Lane 1-Water Walking 6:45 AM-9:00 AM 5 Lap Swim Lanes Lane 1-Water Walking 9:00 AM-5:15 PM 3 Lap Swim Lanes 6:00 PM-9:30PM 2 Lap Swim Lane	12:00 PM-3:45 PM 7:00 PM-9:30 PM	6:00 AM-6:45 PM Aqua Fitness 9:00 AM-9:45 AM Yoga/Tai Chi 10:00 AM-11:00 AM JCC Aqua Care*	3:45 PM-5:15 PM Swim Lessons	5:15 PM-7:00 PM Swim Team* 7:00 PM-8:30 AM Master Swim*
<b>FRIDAY</b> JCC Closed April 19 at 3 pm JCC Closed April 26	5:30 AM-4:45 PM	5:30 AM-9:00 AM 5 Lap Swim Lanes Water Walking-Lane 1 9:00 AM-4:45 PM 3 Lap Swim Lanes	9:45 AM-4:45 PM	9:00 AM-9:45 AM Water Interval	4:00 PM-4:45 PM After School	
<b>SATURDAY</b> JCC Closed April 20	7:00 AM-3:45 PM	7:00 AM-10:00 AM 5 Lap Swim Lanes Water Walking-Lane 1 10:00 AM-3:45 PM 3 Lap Swim Lanes	10:00 AM-3:45 PM			

\*INDICATES PAID PROGRAM. PRE-REGISTRATION REQUIRED. SCHEDULE IS SUBJECT TO CHANGE. PLEASE CALL THE WELCOME DESK TO CONFIRM. FOR MORE INFORMATION, CALL (203) 387-2424 (WELCOME DESK X 248, ALLAN GREENBERG X252)