



MARCH 2019 MARCIA & STANLEY F. REITER SWIMMING POOL SCHEDULE

	Pool Hours	Lap Swim/ Waterwalking	Family/ Open Swim	Aquatic Exercise	Swim Lessons Beverly Levy/ AfterSchool Special	Masters/ Swim Team
SUNDAY	7:00 AM - 5:45 PM	7:00 AM-9:00 AM 5 Lap Swim Lanes 9:00 AM-10:00 AM 4 Lap Swim Lanes 7:00 AM-10:00 AM Water Walking - Lane 1 10:00 AM-5:45 PM 3 Lap Swim Lanes	10:00 AM-11:30 AM 1:30 PM-5:45 PM		9:00 AM-10AM 1 Lap Private Lessons* 11:00 AM-1:30 PM Swim Lessons*	NOTE: SWIM TEAM WILL START UP AGAIN APRIL 1. MONDAY, TUESDAY, THURSDAY 5:15 PM- 7:00 PM
MONDAY	5:30 AM-9:30 PM (March 4 Pool will be close from 5:15 PM - 6 PM for swim team)	5:30 AM-9:00 AM 5 Lap Swim Lanes Lane 1-Water Walking 9:00 AM-8:30 PM 3 Lap Swim Lanes	9:45 AM-4:30 PM 7:00 PM-8:30 PM **8:30 PM-9:30 PM ** Male Only Swim	9:00 AM-9:45 AM Water Aerobics 4:30 PM-5:15 PM Water Aerobics		5:15 PM-7:00 PM Swim Team* (Swim Team Ends March 4)
TUESDAY	5:30 AM-9:30 PM (March 5 Pool will be close from 5:15 PM - 6 PM for swim team)	5:30 AM-9:00 AM 5 Lap Swim Lanes Lane 1-Water Walking 9:00 AM-8:30 PM 3 Lap Swim Lanes	11:00 AM-4:00 PM 7:00 PM-8:30 PM **8:30 PM-9:30 PM** Female Only Swim	9:00 AM-9:45 AM Water Aerobics 10:00 AM-11:00 AM JCC Aqua Care*	11:00 AM-12:00 PM 4:00 PM-5:15 PM Swim Lessons*	5:15 PM-7:00 PM Swim Team* (Swim Team Ends March 5)
WEDNESDAY	5:30 AM-9:30 PM	5:30 AM-9:00 AM 5 Lap Swim Lanes Lane 1-Water Walking 9:00 AM-9:30 PM 3 Lap Swim Lanes	9:45 AM-5:00 PM 5:45 PM-9:30 PM	9:00 AM-9:45 AM Combo Shallow/ Deep/Pilates 5:00 PM-5:45 PM Combo Shallow/ Deep/Pilates	10:15 AM-11:30 AM Bev Levy Swim 4:15 PM-5:00 PM Afterschool	
THURSDAY	5:30 AM-9:30 PM	5:30 AM-6:00 AM 5 Lap Swim Lanes Lane 1-Water Walking 6:00 AM-6:45 AM 3 Lap Swim Lanes Lane 1-Water Walking 6:45 AM-9:00 AM 5 Lap Swim Lanes Lane 1-Water Walking 9:00 AM-6:00 PM 3 Lap Swim Lanes 6:00 PM-9:30PM 2 Lap Swim Lane	12:00 PM-3:45 PM 7:00 PM-9:30 PM	6:00 AM-6:45 PM Aqua Fitness 9:00 AM-9:45 AM Yoga/Tai Chi 10:00 AM-11:00 AM JCC Aqua Care*	3:45 PM-5:15 PM Swim Lessons	5:15 PM-7:00 PM Swim Team* (Swim Team Ends March 7) 7:00 PM - 8:30 AM Master Swim*
FRIDAY	5:30 AM-4:45 PM	5:30 AM-9:00 AM 5 Lap Swim Lanes Water Walking - Lane 1 9:00 AM-4:45 PM 3 Lap Swim Lanes	9:45 AM-4:45 PM	9:00 AM-9:45 AM Water Interval	4:00 PM-4:45 PM After School	
SATURDAY	7:00 AM - 3:45 PM	7:00 AM-10:00 AM 5 Lap Swim Lanes Water Walking - Lane 1 10:00 AM-3:45 PM 3 Lap Swim Lanes	10:00 AM-3:45 PM			

*INDICATES PAID PROGRAM. PRE-REGISTRATION REQUIRED. SCHEDULE IS SUBJECT TO CHANGE. PLEASE CALL THE WELCOME DESK TO CONFIRM. FOR MORE INFORMATION, CALL (203) 387-2424 (WELCOME DESK X 248, ALLAN GREENBERG X252)