



JANUARY 2019 MARCIA & STANLEY F. REITER SWIMMING POOL SCHEDULE

	Pool Hours	Lap Swim/ Waterwalking	Family/ Open Swim	Aquatic Exercise	Swim Lessons Beverly Levy/ AfterSchool Special	Masters/ Swim Team
SUNDAY	7:00 AM - 5:45 PM	7:00 AM-9:00 AM 5 Lap Swim Lanes 9:00 AM-10:00 AM 4 Lap Swim Lanes 7:00 AM-10:00 AM Water Walking - Lane 1 10:00 AM-5:45 PM 3 Lap Swim Lanes	10:00 AM-11:30 AM 1:30 PM-5:45 PM		9:00 AM-10AM 1 Lap Private Lessons* 11:30 AM-1:30 PM Swim Lessons* (Starts 1/6)	
MONDAY	5:30 AM-9:30 PM New Years Eve -12/31 5:30 AM-6:00 PM POOL CLOSED SWIM MEET 1/28 5:00 PM-7:30PM	5:30 AM-9:00 AM 5 Lap Swim Lanes Lane 1-Water Walking 9:00 AM-5:15 PM 3 Lap Swim Lanes 6:00 PM-8:30PM 2 Lap Swim Lanes	9:45 AM-4:30 PM 7:00 PM-8:30 PM **8:30 PM-9:30 PM **Male Only Swim	9:00 AM-9:45 AM Water Aerobics 4:30 PM-5:15 PM Water Aerobics (no class 12/31)		5:15 PM-7:00 PM Swim Team*
TUESDAY	5:30 AM-9:30 PM New Years Day -1/1 9:00 AM-2:00 PM	5:30 AM-9:00 AM 5 Lap Swim Lanes Lane 1-Water Walking 9:00 AM-5:15 PM 3 Lap Swim Lanes 6:00 PM-8:30PM 2 Lap Swim Lane	11:00 AM--4:00 PM 7:00 PM-8:30 PM **8:30 PM-9:30 PM **Female Only Swim	9:00 AM-9:45 AM Water Aerobics 10:00 AM-11:00 AM JCC Aqua Care* (No Class 1/1)	11:00 AM-12:00 PM 4:00 PM-5:15 PM Swim Lessons* (No Swim Lessons 1/1)	5:15 PM-7:00 PM Swim Team* (No Swim Team 1/1)
WEDNESDAY	5:30 AM-9:30 PM	5:30 AM-9:00 AM 5 Lap Swim Lanes Lane 1-Water Walking 9:00 AM-9:30 PM 3 Lap Swim Lanes	9:45 AM-5:00 PM 5:45 PM-9:30 PM	9:00 AM-9:45 AM Combo Shallow/ Deep/ Pilates 5:00 PM-5:45 PM Combo Shallow/ Deep/ Pilates	10:15 AM-11:30 AM Bev Levy Swim 4:15 PM-5:00 PM Afterschool	
THURSDAY	5:30 AM-9:30 PM Pool Closed 11AM-12PM for cleaning POOL CLOSED SWIM MEET 1/17 5:00 PM-7:30PM	5:30 AM-6:00 AM 5 Lap Swim Lanes Lane 1-Water Walking 6:00 AM-6:45 AM 3 Lap Swim Lanes Lane 1-Water Walking 6:45 AM-9:00 AM 5 Lap Swim Lanes Lane 1-Water Walking 9:00 AM-5:15 PM 3 Lap Swim Lanes 6:00 PM-9:30PM 2 Lap Swim Lane	12:00 PM-3:45 PM 7:00 PM-9:30 PM	6:00 AM-6:45 PM Aqua Fitness 9:00 AM-9:45 AM Yoga/Tai Chi 10:00 AM-11:00 AM JCC Aqua Care*	3:45 PM-5:15 PM Swim Lessons* (No Swim Lessons 1/3)	5:15 PM-7:00 PM Swim Team* 7:00-8:00 PM Master Swim* (Starts 1/10)
FRIDAY	5:30 AM-4:45 PM	5:30 AM-9:00 AM 5 Lap Swim Lanes 5:30 AM-9:00 AM Water Walking - Lane 1 9:00 AM-4:45 PM 3 Lap Swim Lanes	9:45 AM-4:45 PM	9:00 AM-9:45 AM Water Interval	4:00 PM-4:45 PM After School	
SATURDAY	7:00 AM - 3:45 PM	7:00 AM-10:00 AM 5 Lap Swim Lanes 7:00 AM-10:00 AM Water Walking - Lane 1 10:00 AM-3:45 PM 3 Lap Swim Lanes	10:00 AM-3:45 PM			

*INDICATES PAID PROGRAM. PRE-REGISTRATION REQUIRED. SCHEDULE IS SUBJECT TO CHANGE. PLEASE CALL THE WELCOME DESK TO CONFIRM. FOR MORE INFORMATION, CALL (203) 387-2424 (WELCOME DESK X 248, ALLAN GREENBERG X252)