



JCC
OF GREATER
NEW HAVEN

FEBRUARY 2018 POOL SCHEDULE

MARCIA & STANLEY F. REITER POOL

	Pool Hours	Lap Swim- Water Walking	Family- Open Swim	Aquatic Exercise	Swim Lessons Yeladim-After-school Special	Masters- Swim Team
SUNDAY	7 a.m. - 2:45 p.m.	7 - 10 a.m. 5 Lap Swim Lanes Water Walking - Lane 1 10 a.m. - 2:45 p.m. 3 Lap Swim Lanes	10 a.m. - 11:30 p.m. 1:30 - 2:45 p.m.		11:30 a.m. - 1:30 p.m. Swim Lessons	
MONDAY	5:30 a.m. - 8:45 p.m.	5:30 - 9 a.m. 5 Lap Swim Lanes Water Walking - Lane 1 9 a.m. - 7 p.m. 3 Lap Swim Lanes 5- 8:45 p.m. 1 Lap Swim Lane	9:45 a.m. - 4:30 p.m. 7 - 8:45 p.m.	9 - 9:45 a.m. Water Aerobics 4:30 - 5:15 p.m. Water Aerobics		5:15 - 7 p.m. Swim Team 7 - 8:00 a.m. Tri Club-Master Swim
TUESDAY	5:30 a.m. - 8:45 p.m.	5:30 - 9 a.m. 5 Lap Swim Lanes Water Walking - Lane 1 9 a.m. - 8:45 p.m. 3 Lap Swim Lanes	10:45 a.m. - 4:00 p.m. 7 - 8:45 p.m.	9 - 9:45 a.m. Yoga-Tai Chi 9:45 a.m. - 10:45 a.m. JCC Aqua Care*	4-5 p.m. Swim Lessons	5:15 - 7 p.m. Swim Team
WEDNESDAY	5:30 a.m. - 8:45 p.m.	5:30 - 9 a.m. 5 Lap Swim Lanes Water Walking - Lane 1 9 a.m. - 8:45 p.m. 3 Lap Swim Lanes	9:45 a.m. - 5 p.m. 5:45 - 8:45 p.m.	9 - 9:45 a.m. Combo Shallow-Deep-Pilates 5 - 5:45 p.m. Combo Shallow-Deep-Pilates	4:15 - 5 p.m. After School	
THURSDAY	5:30 a.m. - 8:45 p.m. Pool closed: 11 a.m. - 12 p.m.	5:30 - 9 a.m. 5 Lap Swim Lanes Water Walking - Lane 1 9 a.m. - 8:45 p.m. 3 Lap Swim Lanes	12 - 3:45 p.m. 7 - 8:45 p.m.	9 - 9:45 a.m. Water Aerobics 9:45 a.m. - 10:45 a.m. JCC Aqua Care*	3:45 - 5:15 p.m. Swim Lessons	5:15 - 7 p.m. Swim Team 7 - 8:30 p.m. Master Swim
FRIDAY	5:30 a.m. - 4:45 p.m.	5:30 - 9 a.m. 5 Lap Swim Lanes Water Walking - Lane 1 9 a.m. - 4:45 p.m. 3 Lap Swim Lanes	9:45 a.m. - 4:45 p.m.	9 - 9:45 a.m. Water Interval	4 - 4:45 p.m. After School	
SATURDAY	7 a.m. - 2:45 p.m.	7 - 10 a.m. 5 Lap Swim Lanes Water Walking - Lane 1 10 a.m. - 2:45 p.m. 3 Lap Swim Lanes	10 a.m. - 2:45 p.m.		10:30a.m. - 11 a.m. Swim Lessons	

POOL SCHEDULE SUBJECT TO CHANGE

(LIGHTNING-THUNDER: POOL MUST CLOSE UNTIL 30 MINUTES AFTER LAST CLAP OF THUNDER)

For more information, call (203) 387-2424 (Pool x271, Membership Desk x292, Main Desk x248). *Indicates paid program.