



JCC
OF GREATER
NEW HAVEN

APRIL 2018

MARCIA & STANLEY F. REITER SWIMMING POOL SCHEDULE

	Pool Hours	Lap Swim/ Waterwalking	Family/ Open Swim	Aquatic Exercise	Swim Lessons Yeladim/AfterSchool Special	Masters/ Swim Team
SUNDAY	7:00 AM - 5:45 PM	7:00 AM - 10:00 AM 5 Lap Swim Lanes 7:00 AM - 10:00 AM Water Walking - Lane 1 10:00 AM - 5:45 PM 3 Lap Swim Lanes	10:00 AM - 11:30 AM 1:30 PM - 5:45 PM		11:30 AM - 1:30 PM Swim Lessons*	
MONDAY	5:30 AM - 9:30 PM	5:30 AM - 9:00 AM 5 Lap Swim Lanes 5:30 AM - 9:00 AM Water Walking - Lane 1 9:00 AM - 9:30 PM 3 Lap Swim Lanes	9:45 AM - 4:30 PM 7:00 PM - 9:30 PM 8:30 PM-9:30 PM *MALE ONLY SWIM	9:00 AM - 9:45 AM Water Aerobics 4:30 PM - 5:15 PM Water Aerobics		5:15 PM - 7:00 PM Swim Team*
TUESDAY	5:30 AM - 9:30 PM	5:30 AM - 9:00 AM 5 Lap Swim Lanes 5:30 AM - 9:00 AM Water Walking - Lane 1 9:00 AM - 9:30 PM 3 Lap Swim Lanes	10:45 AM - 4:00 PM 7:00 PM - 9:30 PM 8:30 PM-9:30 PM *FEMALE ONLY SWIM	9:00 AM - 9:45 AM Water Yoga/Tai Chi 9:45 AM - 10:45 AM JCC Aqua Care*	4:00 PM - 5:00 PM Swim Lessons*	5:15 PM - 7:00 PM Swim Team*
WEDNESDAY	5:30 AM - 9:30 PM	5:30 AM - 9:00 AM 5 Lap Swim Lanes 5:30 AM - 9:00 AM Water Walking - Lane 1 9:00 AM - 9:30 PM 3 Lap Swim Lanes	9:45 AM - 5:00 PM 5:45 PM - 9:30 PM	9:00 AM - 9:45 AM Combo Shallow/Deep/ Pilates 5:00 PM - 5:45 PM Combo Shallow/Deep/ Pilates	4:15 PM - 5:00 PM After School	
THURSDAY	5:30 AM - 9:30 PM Pool Closed 11 AM - 12 PM for cleaning	5:30 AM - 5:00 PM 3 Lap Swim Lanes 5:30 AM - 6:15 AM Water Walking - Lane 1 5:00 PM - 8:30 PM 1 Lap Swim Lanes 8:30 PM - 9:30PM 3 Lap Swim Lanes	12:00 PM - 3:45 PM 7:00 PM - 9:30 PM	6:15 AM - 7:00 AM Aqua Barre* 9:00 AM - 9:45 AM Water Aerobics 9:45 AM - 10:45 AM JCC Aqua Care*	3:45 PM - 5:15 PM Swim Lessons*	5:15 PM - 7:00 PM Swim Team* 6:30 PM-8:00 PM Master Swim*
FRIDAY	5:30 AM - 4:45 PM	5:30 AM - 9:00 AM 5 Lap Swim Lanes 5:30 AM - 9:00 AM Water Walking - Lane 1 9:00 AM - 4:45 PM 3 Lap Swim Lanes	9:45 AM - 4:45 PM	9:00 AM - 9:45 AM Water Interval	4:00 PM - 4:45 PM After School	
SATURDAY	7:00 AM - 3:45 PM	7:00 AM - 10:00 AM 5 Lap Swim Lanes 7:00 AM-10:00 AM Water Walking - Lane 1 10:00 AM - 3:45 PM 3 Lap Swim Lanes	10:00 AM - 3:45 PM		10:30 AM - 11:30 AM Swim Lessons*	

**POOL SCHEDULE SUBJECT TO CHANGE (LIGHTNING/THUNDER: POOL MUST CLOSE UNTIL 30 MINUTES AFTER LAST CLAP OF THUNDER)
MORE INFORMATION CALL (203) 387-2424 (POOL X271, WELCOME DESK X248) *INDICATES PAID PROGRAM**