Celebrate Mitzvah Day!
Have fun doing good deeds. The Federation will host its Third Annual Mitzvah Day on April 7 from 9 a.m. to 3 p.m. Join us!
Page 7

Got Purim?
Chinese acrobats, a carnival and, of course, Megillah readings galore! Make plans to join the festivities and celebrate Purim at area synagogues.
Page 5

Honoring Sacred Czech Torah Scrolls

Pittsburgh & Anti-Semitism
B’nai B’rith International CEO will speak about Pittsburgh and anti-Semitism on Sat., March 23 at BEKI.
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Page 8

New Haven Spring 2019 • Adar/Nissan 5779

The Voice of the Greater New Haven Jewish Community
What’s Your Jewish Story?

Everyone has a Jewish story. Some take twists and turn to far off bends, heraldic tales of overcoming adversity and persecution, or even connections to the great Talmudists of sages. Some begin in the recent past. With a marriage, the birth of a child, participation in a life-cycle event, or even a decision to give of themselves to family or congregations, service agencies and schools. The answers definitely surprised some and inspired others, offering connections to the great Talmudists.

As an individual’s physical strength and mental acuity decline, this complex part of life requires constant attention to well-being. “As an adult with an aging parent, I can’t always assume the demands of care for a parent and other adult family members.”

Grief from loss, managing chronic health issues, social isolation, depression, and anxiety are very real issues that can be overwhelming alone,” notes Peter Zackin. The event will honor all 18 JFS past board presidents who have had a great impact on our local community and who fully support the expansion of these vital services.

Jewish Family Service (JFS) is developing a more comprehensive aging adult program to further meet the needs of this growing population in our community. But JFS can’t do it alone! Kicking off this initiative is the JFS Spring Celebration to be held on Sunday, June 2. The event will honor all 18 JFS past board presidents who have had a great impact on our local community and who fully support the expansion of these vital services. Those being honored are: Darcy McGraw Altman, Charlotte Brenner, Rabbi Gerald Breiger, Richard Epstein, Jack Fast, Betsy Fiske, Cindy Papish Gerber, Steve Jacobs, Iain M. Katz, Beverly Levy*, Herbert S. Newman, David Ottenstein, Linda Rand, Carol Robbins, Rosalyn Sperling, Marvin Toplevy*, Mary Lou Winnick, Peter Zaken, (“*Blissed Memory”).

As an individual’s physical and mental acuity decline, this complex part of life requires constant attention to well-being. “As an adult with an aging parent, I can’t always assume the demands of care for a parent and other adult family members. Grief from loss, managing chronic health issues, social isolation, depression, and anxiety are very real issues that can be difficult to navigate alone,” notes Peter Zaken. Past President. Often, family members must provide assistance to their loved ones. However, this level of care is not always feasible or affordable. Many times, families are unaware of and overwhelmed by the myriad of resources available, and families often feel powerless the individual, Jewish Family Service (JFS) is developing a more comprehensive aging adult program to further meet the needs of this growing population in our community. But JFS can’t do it alone!

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B’nai B’rith CEO Speaking at BEKI March 23

Dan Mariaschin, CEO of B’nai B’rith International, will speak about “Reflections After Pittsburgh: Anti-Semitism in the U.S. and Worldwide” on Saturday, March 23, at 1 p.m., following Shabbat services and the weekly kiddush lunch at Beth El - Kesser Israel, 85 Harrison St., New Haven. The community is welcome.

As the public face of B’nai B’rith, Mariaschin meets with world leaders, seeking to advance human rights, protect the rights of Jewish communities worldwide, and promote better relations with the State of Israel. Recognized globally for his depth and breadth of knowledge of issues, Mariaschin chairs global panels and committees, hosts a podcast, and is called upon as an expert source by news organizations.

He has written articles on foreign affairs and national security issues for such outlets as The New York Times, The Wall Street Journal, Los Angeles Times, Chicago Tribune, The Washington Times and Newsday, and has lectured on foreign and defense affairs at the U.S. State Department’s Foreign Service Institute, the Marine Corps Command and Staff College, and at other military installations across the country.

Mariaschin received the Cutura Pluralism Award from the U.S. Commission for the Conservation of American Heritage Abroad, state decorations from the Presidents of Latvia, Lithuania and Romania, and the Golden Bough decoration from the Preservation of America’s Heritage Abroad, state decorations from the President of Ukraine, and the Freedom of the City of Warsaw from the Mayor of Warsaw.

In addition to writing, Mariaschin serves on the Board of Directors of the Conference of Presidents of Major American Jewish Organizations and the Jewish Community Relations Council of Boston.

Purim Events Planned Throughout Community

BEKI

Purim festivities at BEKI will begin on Saturday, March 23, with a meet and greet with mask maker Becky Krawetz, from 12:30-2 p.m., following services and the weekly luncheon. Shabbat rules will be observed.

The reading of the Purim Megillah, a costume party event with much merriment, will be held Wednesday, March 20, at 6:30 p.m., and again Thursday, March 21, at 8:15 a.m.

The Big Gulp Purim Seuda, BEKI’s annual Purim dinner, will be Thursday, March 21, from 5-7 p.m. The price is $10 per person or $18 per household if reservations are made by Monday, March 18, at office@beki.org or (203) 288-3578. You can pay more at the door. The menu is dairy/parve; costumes are encouraged for all ages. The community is welcome to all of these events. Go to bekior.org.

CHABAD OF MILFORD

A Grand Purim Celebration will be held on Thursday, March 21, at 8 p.m., at Chabad of Milford HAV, 15 Edgefield Ave. Featuring an interactive Megillah reading, buffet dinner, Chinese acrobat show, crafts, and hamantaschen, this event is fun for all ages. $20/adult, $15/child in advance.

For more information, call the synagogue office at (203) 288-3578 or go to chabadmilford.org.

TEMPLE EMANUEL

Temple Emanuel is having an adult Purim party on March 23 at 7 p.m. Come and join the Temple E Family for a NO-THEME PURIM PARTY! Dress up in your wackiest costume, crazy hat or silly outfit and compete to win the Best Costume Competition! BYOBeverage and non-alcoholic drinks. Entertainment by the renowned TE DJ, Jeff Levinson. Fun for all ages, Costumes are encouraged, there will be carnival games to play, dancing and activities. The event is FREE but please register in advance.

Go to www.templeemanuel.org or call (203) 397-3000.

March 24 | 2-4 p.m.

Join Author Martha Seif Simpson in reading her book, Esther’s Gragger: A Toyshop Tale of Purim (copies will be for sale after reading). Costumes are encouraged, carnival games will be played, dancing will ensue, and of course there will be hamantaschen to eat!

JCC, 360 Amity Road, Woodbridge
FREE RSVP: jccnh.org/rsvp

Volunteering at The Towers: Enhance Your Life While Making a Difference!

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FREE RSVP: jccnh.org/rsvp

THE TOWERS

To become a volunteer, contact Sarah Moskowitz at (203) 772-1816, ext. 410, or sarah@towerone.org

Your first choice in senior living!
An Active Senior Living Community in the Jewish Tradition www.towerone.org

Hamden Resident Pens New Book for Purim

Just in time for Purim, Hamden resident Martha Seif Simpson offers a brief description of the story. “Like her namesake, Queen Esther, a young girl displays courage and wit when a bully tries to steal her gragger. The story is set in the same place as my previous book, "The Dreidel That Wouldn’t Spin: A Toyshop Tale of Hanukkah." The book, has received accolades from Kirkus Reviews and Foreword Reviews. In addition to writing, Seif Simpson serves as the Head of Districts at the Stratford Library in Stratford.

For information go to: martha-seif-simpson.com
Trachten Receives Prestigious Kipnis-Wilson/Friedland Award

by Robyn Teplicky
Federation Senior Development Consultant

Imagine the impact of a room of 1,200 Jewish women from around the world can make. Eleven Lions from Greater New Haven; Judy Alperin, Linda Caplan, Amy Holtz, Betsy Hoos, Marcia Reiter, Dana Schwartz, Lisa Stanger, Robyn Teplicky, Stacey Trachten and Judy Ellert, participated at the Jewish Federation of North America International Lion of Judah conference recently in Hallandale, Florida.

The Lions of Judah are comprised of the most dynamic philanthropic Jewish women in the world. It is an international sisterhood of thousands of global activists who care deeply about the Jewish future and play a vital role in creating social justice, aiding the vulnerable, preserving human dignity and building Jewish identity.

Women philanthropists, who are dedicated to the Jewish community, contribute time and resources by committing an annual leadership gift to the Jewish Federation. In addition, Lion of Judah donors are encouraged to endow their philanthropy by establishing a L.O.E. (Lion of Judah Endowment fund). A total of $36 million for the Women’s Philanthropy annual fund was raised by the conference participants.

Every two years, Lions gather for three phenomenal days of extraordinary learning, sharing and celebration. Participants are inspired by others and learn from the world’s leading experts in the fields of religion, culture, art, business and politics. Presenters included Rabbi Elke Abramson of The Werner Foundation, Angela Lauterbach, host of “The A List,” Olympian and gymnast, Aly Raisman, and Si-Ann Holtz, Betsy Hoos, Marcia Reiter, Dana Schwartz, Lisa Stanger, Robyn Teplicky, Federation Senior Consultant Judy Alperin and fellow long-time Lions Judy Skolnick, JFS Board President Linda Caplan, Dana Schwartz and Judy Ellert. Below left, Stacey Trachten received the Kipnis-Wilson/Friedland Award. Below right, Judy Skolnick, Judy Alperin and Betsy Hoos.

Many of the New Haven Lions of Judah were ready to roar at the International Lion of Judah Conference at the Diplomat Beach Resort in Hallandale, Florida, including Federation Senior Consultant Robyn Teplicky, Federation CEO Judy Alperin and fellow long-time Lions Judy Skolnick, JFS Board President Linda Caplan, Dana Schwartz and Judy Ellert. Below left, Stacey Trachten received the Kipnis-Wilson/Friedland Award. Below right, Judy Skolnick, Judy Alperin and Betsy Hoos.

SAVE THE DATE

Wed, May 29, 2019 | 7 pm
Hamden Hall Country Day School

Join ADL for this powerful story of finding forgiveness after hate.

When Pardeep Kaleka’s father was murdered at a Sikh Temple in Oak Creek, Wisconsin by a white supremacist, he was devastated. Find out what happens next when Amo Michnaaks, a former skinhead and founder of one of the largest skinhead organizations in the world, and Pardeep meet after the attack. Here the powerful story of this friendship between these two men, one Sikh and one former skinhead, that resulted in an outpouring of love and a mission to fight against hate.

Contact Lisa Rackoff at trwf@jewishnewhaven.org for additional information.

Come Join Us for Our Third Annual Mitzvah Day

by Deb Gaudette
Federation Programming Development Manager

We are excited to be preparing for our Third Annual Mitzvah Day being held on Sunday, April 7, from 9 a.m. to 3 p.m. This year, we have several inspiring projects for participants to choose from.

In addition, this year, while we will be having several events here at the JCC, we are also branching out and doing some off-site projects with our Mitzvah partners in other locations. Look for opportunities to do activities on the shoreline at Camp Laurelwood or in downtown New Haven at The Towers. We will also be doing our good work at Temple Emanuel and E’zai Jacob.

The following are just some of the wonderful activities planned throughout Greater New Haven:

- Ceremonial collection for Jewish Family Service
- A gently used children’s book collection brought to us by PJ Library
- Packing book bags at Jewish Family Service
- Downtown Evening Soup Kitchen meal preparation at the JCC
- Making napkin folders for area nursing homes and The Towers
- Wall painting at the cemetery on Jewell Street
- Leaf pick-up Craft Making, including painting inspirational messages and pictures on stones, and Make your own Bookmarks with PJ Library
- Create a video message of your own “Mitzvah Moment” at the JCC. This is just a sampling of the events and locations that promise to make for a great community event!

Stay tuned for more information on where and when these exciting activities are happening and how you can register for those that will require registration. Come “mitzvah” with us and make a difference! For more information, contact Debby Gaudette at dgaudette@jewishnewhaven.org or by calling (203) 387-2424, x206.

Third Annual Mitzvah Day

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TOWERS

SHALOM NEW HAVEN

Temple Emanuel, 150 Derby Avenue, Orange

Donor.

Action Center (IRAC). This weekend is generously
director and legal counsel, of the Israel Religious
served as founding chair, and later as executive
of Religion and Equality.” A past President of the
impact Religious Freedom and Israel-US relations
Conversion, and Rabbinic Blacklists: What Are the
Torah Study with Rabbi Regev., 11:30 a.m. Dairy
lat Shabbat Service. Rabbi Uri Regev will speak on
• Friday, March 8, 5:30 p.m. Temple Emanuel Tot
local Shoa.

Friday, March 8, 5:30 p.m. Temple Emanuel Tot
in a procession of the scrolls. Congregants participated
in the fi rst ever gathering of its type,

CONTINUED ON PG. 31
Shaping Up For Spring Can Be as Easy as A, B, C

by Susan Donovan
JCC Fitness Services Director

It’s that time of year when we start thinking about warm weather activities, exchanging our heavy coats for shorts and t-shirts and taking off those extra pounds from winter comfort foods.

A is for ACTION:
We can talk ourselves in or out of anything! Instead of dwelling over the details of your perceived difficulty of the workout or making excuses of how you don’t have time to get to the gym, replace that negative self-talk with all the positive benefits you will receive when you are more physically active. Spending three to four hours per week of activity can make a big difference in your health and wellness. Don’t overthink it – just do it!

B is for BALANCE:
Yes, this includes physical balance, especially for the aging body, but it also includes combining a variety of wellness modalities besides the traditional cardio and strength-focused exercise choices but also flexibility, stress management and healthy eating. Health and wellness is multi-dimensional and all about finding balance in your life, and making realistic and achievable changes.

C is for CORE:
Defined as the most essential part or the center of something, your core in a physical sense is your center body consisting of the muscular complex including abdominals, back, hips and even the shoulders. The body’s foundation needs to be strong and resilient. Just like when building a house, you start with a strong foundation. But core also can describe your values, motivations, and deep reasons for change. Explore your ‘whys’ and let this guide you in making positive changes this spring.

Our JCC Wellness Department with our award-winning Personal Trainers and Health Coaches are eager to help guide you in making appropriate fitness choices, help you navigate classes or programs that will best suit your goals and schedule and provide counsel for you when it comes to changing lifestyle and eating to lose weight or improve health.

For a free Wellness Consultation, contact susan@jccnh.org or call (203) 387-2424, x265, to set up an appointment.

March into SPRING

SHALOM NEW HAVEN, 2019
Collaborating with Siflka Center

Like a home office away from home

Members can take advantage of the complimentary Wi-Fi

JCCofGreaterNewHaven.org

COVID-19 Protocol: Masks are required in all Center spaces and capacity is limited to 50%

Contact info:

360 Amity Road, Woodbridge CT | jccnh.org  | (203) 387-2424  | emilyk@jccnh.org

To learn more about these events contact Emily Kurz, emilyk@jccnh.org (203) 387-2424 x306

New JCRC Director Shifman Berman Seeks to Build Bridges

The Jewish Community Relations Council (JCRC) is the public affairs arm of the Jewish Federation of Greater New Haven. The Federation recently welcomed Eliraz Shifman Berman as its new JCRC Director.

WHAT DOES A JCRC DIRECTOR DO?
The first thing that the Jewish Community Relations Council Director should do is to believe in the power of the diverse community to take shared responsibility and act on issues of great importance to our society. Those issues can be particular to the community, but also Issues of “Tikkun Olam” that are essential to society.

The director works together with the Council, its co-chairs - the wonderful Batzy and Arthur Levy - and the professional staff at the Federation with our executive director, and CEO Judy Alperin. Our goal is, on the one hand, to build bridges with other communities, public officials and civic leaders, and on the other hand,

to educate and advocate on issues concerning our community (such as anti-Semitism, Israel and the wider Jew) and on issues which bear great importance for the sustainability of our society such as civil rights, legislative matters and more.

WHAT PASSION & LIFE EXPERIENCES HAVE LED YOU TO THIS ROLE?
I attended an Orthodox high school in Jerusalem where pluralism was out of bounds. On different occasions I remember the Principal telling how pluralism can in fact harm us, our Jewish identity and we are, I remember asking myself if this is what Judaism truly is, and how we can be Jewish and not care about others. Now I know that she initially spoke out of fear, and fear is apparently a very strong motivator. I believe that this is where the first seeds of my decision to choose a different path for myself, for my kids, and for my surviving, was sown.

As a result, I served in the IDF as a soldier teacher for civilians, where I came to acknowledge the diversity of Israeli society, not only in religious terms but also in socio-economic issues. While obtaining a BA in Philosophy and Communication at the Hebrew University of Jerusalem and studying Film and Television at the Hadassah College, I participated in educational programs that their main goal is building bridges, within the Israeli society, between Israel and world Jewry and between Jewish and non-Jewish Israelis. While working at the Israeli Bonfire Youth Fellowship, I realized that this was more than a hobby to me, it was a real passion.

I obtained an MA in Pluralistic Jewish Education from The Hebrew University at a joint program with HUC, Jerusalem. Since then, I served as a mentor for pluralistic schools in Israel. I worked at the department of education and professional development at HUC of Jerusalem. I was the head of a training program for young Jewish professional for social entrepreneurship, I also participated in a joint program for Palestinians, Israeli Arabs and Israeli Jews at Adam Institute, and took part in founding the initiative “This is Jerusalem.” My faith and faith is that people have the ability to take responsibility together, to respect differences and address them together, and based on that to innovate and lead the civil society effectively.

Eliraz Shifman Berman

Serninary Trip Brings Israel to Life for Hodakov

Recognizing the impact of Israel travel/experiences, the Jewish Foundation of Greater New Haven provides scholarships for both short term (minimum of three-week program) and long-term organized Israel educational programs for Greater New Haven area youth ages 18-29.

For Fall 2019 summer trips, applications are due by March 9, 2019. For 2019 gap or academic year programs, applications are due by May 4, 2019.

Here is part three of a three-part series where a young person who benefitted from a Jewish Foundation scholarship writes about their experiences.

by Devora Hodakov

Special for SHN

This year, I was privileged to experience almost a full year of learning in the holy land of Israel. Aside from being my first time studying in Israel, it was also my first time altogether visiting Israel, and I thoroughly enjoyed it. Prior to this year, I never understood the feelings of those who had visited Israel and fell in love with the land. I always thought their feelings must be exaggerated, until I visited this special place myself.

The moment I landed and started driving down the highway, I felt the excitement building... the scenery, the people, everything. I attended a seminary in Safed which offered invigorating classes. Learning in Israel was very special, for everything suddenly came more alive. Every day, I was able to walk the same land that my ancestors - about whom I learned so much - had tread. Visiting the burial places of various sages took on a whole new light after I had learned their teachings in depth. Our seminary also took us on various educational trips throughout the year. I went to Hebron for a Shabbat, where my entire seminary of 300 girls was able to walk through the alleys that our Patriarchs and Matriarchs walked, proudly displaying our Jewish pride. We had the privilege of staying in Miron for the Shabbat preceding Lag Baomer and then again on Lag Baomer itself. We stayed minutes from the Kotel on Shavuot, to accept the Torah at sunrise with the thousands of other Jews who had come to the Kotel. I had the opportunity to tour the holy cities and mythical sites of Safed, Tiberias, and Jerusalem, exploring various ancient synagogues and archaeologic sites.

I had the chance to see how the Israeli people live. It was truly eye-opening to see the simplicity with which so many of them live, without luxuries that we, Americans, consider necessities. The unity and camaraderie amongst everyone was also something beautiful to be a part of.

My experience this year in Israel is almost indescribable. I had the chance to learn, see, and explore so much. I can hardly wait to return!
What will your Jewish Legacy be?

Lindy Lee Gold Established an Endowment to Perpetuate her Lion of Judah Gift to the Jewish Federation of Greater New Haven

“It has always been my goal to make an enduring gift to the Jewish Federation of Greater New Haven and I am grateful to have accomplished that. It has never been necessary to solicit me for what I consider as my solemn obligation. Judaism to me is in action more than ritual. Like many families, with the proliferation of interfaith marriages and the lack of strong Jewish identity, I stand alone in my immediate family as one who cherishes and works to perpetuate our faith and principles. I cannot rely on others to continue my many years of work and dedication to this community. My family is philanthropic, their philanthropy is worthy, and something of which I am very proud—however, their philanthropic priorities differ from mine.”

Lindy is third generation Jewish New Haven and not only the first female President of the JCC but is also second generation President of the Jewish Community Center—her father, Marvin Chaucer Gold, was also a JCC President and, he was also a President of Camp Laurelwood.

“I am so excited to finally be back to this crucial work of supporting first steps of the refugees in our country,” said Rabbi Michael Fasterman of Temple Emanuel of Greater New Haven.

Financial donations are greatly needed to sustain the work of JCARR. You can send checks, payable to The Jewish Federation of Greater New Haven, to The Jewish Federation, 360 Amity Road, Woodbridge, 06525; Attention: Amy Holtz. An online option for contributions to JCARR is being developed. Visit jewishnewhaven.org/JCARR for more details.

For more information about Create A Jewish Legacy, contact Lisa Stanger, (203) 387-2424 x382, lstanger@jewishnewhaven.org
Spring has officially sprung (or, on the calendar, at least) and Passover is right around the corner. Don’t let this come as a surprise – there are some upcoming community Passover events to put on your calendar:

**B’nai Ohr Passover Services**
Congregation Beth El-Keser Israel, 85 Harrison Street, New Haven, Connecticut. 2019 PASSOVER SERVICES WILL BE HELD:
- **First Seder night**, Friday, April 19, at 7:15 p.m. will be celebrated at Chabad-HCW. Enjoy handmade Shmurah Matzah, four cups of wine, delicious food, traditional cozy atmosphere and live in a temple, accommo-
date as many as you can, and do not be afraid to see the chains, dishes, and somehow do not all match and no one cares. For people who want to spend time together- ing without being told.
- **Second: reach out to someone who may not have a family for this Passover holiday and with- FEEL welcome. Work on building your family.
- **THIRD: think about what Passover means for everyone and certainly not to create a problem, maybe you- away the Maxwell House Haggadahs. There are some- and great and interesting Haggadahs online that can be printed out. BUT ALSO think about your own restoration story and share it with children.
- **FOURTH: plan your Passover for just a moment and think about how we are to live without fear and op- pression.**
- **FIFTH: think about what you can do as a family and as an individual to help our extended Jewish family of Greater New Haven.** How can we get involved in mak- ing a better place for all our Jewish community and reduce the decision or fractionalization in our Jewish family and beyond our immediate family?

The Passover story is an amazing story about break- ing free from oppression. How did Moses and Aaron convince the Pharaoh and his advisors to free the people of Israel? Moses and Aaron convinced them that the Pharaoh was not the real leader of the country, that the Pharaoh was only a puppet of the real leader, who was the Egyptian king. Moses and Aaron convinced the Egyptians that they could not stand what was happening to their people and that they needed to do something about it.

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**Make Your Own Elijah’s Cup!**

Spring is just around the corner. When Passover is about to begin, children can become actively involved in the Seder in ways that you can’t attend in your area and, of course, there is always the internet. Even more important than asking your kids questions is encouraging and re-reading them when they ask good questions. That’s what the Ma Nishtana is all about.

**FUN IDEAS FOR THE SEDER**

- **One of the main things we should think about is how to make the Seder fun for the kids. There are a few ideas:**
  - Tell parts of the story with mistakes (The King of Egypt was called “Pharip”) and get the kids to laugh and correct them.
  - Prepare props for the plagues (plastic baseballs for hail, toy grasshoppers for locusts, sunglasses for darkness, etc).
  - During Had Gadya, have someone [or everyone!] do the animal effects -- for locusts, sunglasses for darkness, etc.
  - Prepare props for the plagues (plastic baseballs for hail, toy grasshoppers for locusts, sunglasses for darkness, etc).
  - Have an ongoing quiz, with prizes for right answers.
  - Use a banana (or something similar) to pretend the phone is ringing and the children will love it.
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- **Even more important than asking your kids questions is encouraging and re-reading them when they ask good questions. That’s what the Ma Nishtana is all about.**

- **Use Up Seder Leftovers & Make Tasty Passover Kugel Stack**

  **Recipe:**

  **Kugel Stack Ingredients:**
  - Fresh mozzarella, sliced (if you’re making mozzarella)
  - 2-3 Tbsp. vegetable oil
  - One small shallot
  - Leftover tsimmes or one baked sweet potato
  - Leftover asparagus, green beans or other green vegetables
  - Leftover roasted or steamed asparagus, green beans or other green vegetables
  - Leftover potato kugel, chilled over-night.

  **Kugel Stack Directions:**

  1. Turn the broiler on and make sure your rack is low enough that the stack has space to bake.
  2. Slice your chilled kugel evenly. The amount of kugel you have left over will determine how many stacks you can make.
  3. In a pan, heat the vegetable oil. Once the oil begins to shimmer, add the slices of kugel and cook until golden brown on both sides. Set the slices aside on a plate while you prepare the other ingredients.
  4. Finely chop the shallot. If needed, add a little extra vegetable oil to the pan that you cooked the kugel in. Sauté the shallots over medium-low heat.
  5. Turn the broth on and make sure your rack is low enough that the stack has space to bake.

- **Funfetti matzah**
  - One fun craft you can do with your children is painting or coloring the matzah a little bit at a time, and gently spread it over the entire piece with a spatula.
  - Sprinkle colorful and fun sprinkles over the top of the bread.
  - Drizzle melted white chocolate over matzah a little bit at a time, and gently spread it over the entire piece with a spatula.
  - Place pieces of matzah on baking sheet or parchment paper.

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When our souls get heavy with life’s burdens, art has the potential to soothe and offer solace. That theme will be explored in an exhibit of new works by nationally renowned sculptor Gilbert Boro at the Main Street Gallery of Congregation Beth Shalom Rabbi Zeidel (CBSRZ) in Chester. Coming Together, a show highlighting works born out of Boro’s loss of his wife, will be on display at CBSRZ’s gallery until April 30. The exhibit is a prequel to the unveiling of the synagogue’s planned “Meditation Garden,” anticipated to open in 2020.

The “Meditation Garden” will feature a large-scale sculpture loaned from Boro’s Studio 80 Sculpture Grounds in Old Lyme, a park-like setting developed in concert between Boro and his wife Emily. The original model of the loaned garden sculpture will be donated to CBSRZ.

The show has special significance for Boro because the synagogue is the repository of a Memorial Light celebrating the potential to soothe and offer solace. That theme out of Boro’s loss of his wife, will be on display at CBSRZ’s Main Street Gallery at CBSRZ is open to the public free of charge, Monday - Friday, 10 a.m. to 3 p.m., and on Sundays when Sunday school is in session.

The “Meditation Garden” anticipates to place in the garden. “The Meditation Garden” is envisioned to feature a large-scale sculpture by renowned sculptor Gilbert Boro at the Main Street Gallery at CBSRZ.

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The “Meditation Garden” has special meaning for me.”

The Mediation Garden is intended to draw on the therapeutic power of nature and inspiring capacity of art. Gardens are a common respite for their calming effect. And “What’s Knot to Like” series. Ten to 15 works of aluminum, steel, and copper from these series, plus a few larger pieces, will be on public display for the first time. Boro credits his interaction with CBSRZ’s leader, the celebrated artist Sol LeWitt, with firing his creative imagination at a young age. “I found LeWitt’s extensive range of artistic expression extremely stimulating,” Boro says. “He inspired me and challenged me to broaden my vision, which resulted in applying my art education to the creation of architecture. Having my sculptures exhibited here has special meaning for me.”

Photography by Christina Goldberg will also be part of the show. Goldberg’s captivating images give viewers a unique insight into Boro’s sculptures by zooming in for intimate inspection of the joints and details. They will be printed on thin sheets of aluminum using a dye sublimation process.

“This exhibit is rather novel,” says the gallery’s curator, Linda Pinn, “in that to a large degree the works to be exhibited will be scale models of the work that he anticipates to place in the garden.” The “Meditation Garden” is envisioned to draw on the therapeutic power of nature and inspiring capacity of art. Gardens are a common respite for their calming effect.

Art’s power to stimulate and transform our thoughts and beliefs make it a potential balm to soothe our minds and spirits. Studies now conclude that exposure to creative works are an elixir for our emotions when struggling with anxiety, depression, loss, and pain. “Bringing art and nature together to create a peaceful, contemplative environment where people can walk, relax, and be calm,” will be a respite to escape, recharge, and heal.

The Main Street Gallery at CBSRZ is open to the public free of charge, Monday - Friday, 10 a.m. to 3 p.m., and on Sundays when Sunday school is in session. It is located just off Route 154 at 55 East Kings Hwy, Chester. For more information visit cbsrz.org.

Tom Soboleski, of Ivoryton, is a freelance writer who focuses on topics of human interest, art, culture and history. To see more of his writing, go to: tomso.com.
Jewish Aging Mastery Program is our third evidence-based program introduced to The Towers in 2010. Developed by the National Council on Aging, this 12-session curriculum will engage experts from the community or topics ranging from financial well-being and nutrition to sleep and healthy relationships. Results show that participants increased their physical activity levels, healthy eating habits, use of advanced planning, social connectedness, and participation in evidence-based self-management programs. The Towers has received grant funding through CT Healthy Living for this initiative beginning this fall. These grant-funded programs will benefit our entire community and you are welcome to be part of these exciting new efforts. We are looking for volunteers to help us support our residents in art classes or music sessions. You may be interested in joining our Jewish Aging Mastery Program to learn how to mindfully live your best life in the years to come. Or you may have the expertise to run one of these Master Classes. We invite you to join us!

www.CoachmanSquareAtWoodbridge.com

We’re a senior living community connected by our values, our seasons, and our spirituality. Welcoming all faiths, Coachman Square invites you to discover new full-service care and service you can focus on what matters most.

Our premier assisted living and memory care provides:
• Award-winning art therapy exercises program
• Daily transportation for all residents
• Award-winning dining
• Care plans based on need, rather than on time providing care
• The chance to celebrate faith with friends

Call 203-397-7544 today to tour and see how we’re setting the Benchmark in senior living.

Jewish values of respect for self, others, and the environment are woven throughout the curriculum. Every Friday, our school family celebrates Shabbat, with songs, grape juice, and challah. Children celebrate, and are exposed to a diverse community which welcomes families of all faiths.

Play-Based Curriculum
Building Relationships, Encouraging Curiosity & Developing Capability

We wish the New Haven Community a Happy, Healthy and Safe New Year.

21 Bradley Road • Woodbridge, CT 06525
203-397-7544
www.CoachmanSquareAtWoodbridge.com

Joseph C. O’Connell, President and CEO
Coachman Square
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The Towers Offers Innovative, Intergenerational Programming

by Gus Reach-Longo
President, CEO
The Towers

Innovation has always charmed us, and The Towers across its history. The organization has explored and embraced the most innovative way to help our residents continue growing, learning and celebrating their lives.

Once again, we are enhancing the way we deliver life-enriching programming to our residents. Thanks to a competitive national grant through the Association of Jewish Aging Services, The Towers will be among 15 communities across the country to run the evidence-based intergenerational programs, Opening Minds Through Art and Memory & Music. These programs have been proven to effectively increase social connections and improve participants’ overall engagement with music and art across its history. The organization has spent providing care principles. Through this program, seniors, artists, and caregivers are paired with trained professionals, as well as family caregivers, to create and provide personalized digital audio systems enabling their clients to engage in meaningful conversations, and provide advanced planning, social care plans based on need, rather than on time providing care.

The Towers has received grant funding through CT Healthy Living for this initiative beginning this fall. These grant-funded programs will benefit our entire community and you are welcome to be part of these exciting new efforts. We are looking for opportunities to run these Master Classes. We invite you to join us!

Shalom New Haven

Echo in the Valley

TBD Offers Singles Mingle Events

Temple Beth David’s next Singles Mingle event is a spring gathering is planned for 4p.m. on Saturday, May 4, at Highland Bowl (1211 Highland Ave., Cheshire). Join the group for an evening of bowling, pizza, and shmoozing. All are welcome.

Curious about who participates in Singles Mingle events? “The majority of folks who attended our first two events were not affiliated with a synagogue, and their ages range from early 40s to retirees in their 70s.”

For more information or to RSVP, contact education@tbdcheshire.org or call Temple Beth David at (203) 272-0037. Interested individuals can also visit tbdcheshire.org.

New York Philharmonic String Quintet

Sunday, April 7, 2019 | 3 pm

The New York Philharmonic String Quartet comprises four multiple prize-winning principal musicians from the Orchestra: Frank Huang, Sheryl Staples, Cynthia Phelps and Carter Beay.

MUSIC

New York Philharmonic String Quartet

When NYC re-opened, the troupe was able to resume ensemble rehearsals and record some chamber music. The ensemble will present two works by Mendelssohn that are well known to audiences - String Quintet No. 1 and Octet. The quartet also performs two works by contemporary composers who have written music for the ensemble. Composer Jonathan Bailey Holland created a new work that will be played at the concert. The music is accessible, at times funny, and always entertaining.

SAVE 20% when you use the code SHALOM20

203-254-4010 Quickcenter.com

Echo in the Valley

Echo in the Valley presents an engaging and thought-provoking evening with our featured artist, Joseph Krantz.

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Joseph Krantz is a highly acclaimed artist and professor known for his skillful and unique approach to his paintings. He has been recognized for his work since the early 1970s and has exhibited his art in numerous galleries and museums across the country. Krantz’s art is characterized by a blending of styles and subjects, creating a unique visual experience for viewers.

The concert will feature Krantz’s music and paintings, providing a multi-sensory experience that is sure to engage and inspire audiences. Krantz’s music, combined with his paintings, offers a unique perspective that transcends traditional boundaries.

MUSIC

MUSIC

Bela Fleck & Abigail Washburn

Saturday, April 13, 2019 | 8 pm

If there’s such a thing as banjo royalty, it comes in the form of the Grammy Award-winning king and queen of their latest hit album, Echo in the Valley.
**Jewish Community Calendar**

**March 28, 5:30-8 p.m.** $20, Hope 110 Lecture Hall, 325 College St., New Haven. Conference organizers: melanie@jewishnewhaven.org

**April**

**April 1** **The Towers Community**

**April 8** **The Towers Community**

**April 9** **The Towers Community**

**April 14** **The Towers Community**

**April 20** **The Towers Community**

**April 27** **The Towers Community**

**May 18** **The Towers Community**

**JCC of Greater New Haven, 360 Amity Rd., Woodbridge, jch.org**

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**Tributes and Remembrances**

TO PURCHASE A TRIBUTE card:
JCHOF.org, jewisnhnewhaven.org, newhavenjewishfoundation.org

*Tributes listed are up to January 23, 2018.*

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**Jewish Foundation of Greater New Haven**

**CREATE A GIFT THAT KEEPS ON GIVING**

A smart giving tool that helps you organize your giving, maximize tax benefits, and make your giving more effective.

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**WHAT DO YOU WANT TO DO WITH JEWISHLY & HOW CAN WE HELP?**

newhavenjewishfoundation.org
Jewish Foundation Offers Scholarships

The application includes an essay and information. Greater New Haven, including Jewish Women’s Greater New Haven Section, is thrilled to offer needs-blind financial assistance for campers from Greater New Haven to attend Jewish overnight camps. Campers must reside in the Greater New Haven catchment area.

Stuart J. Drell Scholarship Fund

Awards are $500-$2,000. Applicant must reside in Connecticut. Awards are based on the strength of the essay and range from $500-$2,000. Applicant must reside in Greater New Haven.

Mary Taylor Friedler Memorial Scholarship

Scholarship committee.

Overnight Jewish Camp Scholarships

The Jewish Foundation of Greater New Haven offers need-based and requires an essay by May 1. All applications are confidential and anonymously reviewed. Go to www.jewishnewhaven.org/scholarships for more information.

Jewish Experience Scholarships

The Jewish Foundation Israel Experience Scholarship Program enables local Jewish students ages 14-18 the opportunity to participate in an Israeli experience to develop and enrich their Jewish education and reinforce their Jewish identity. The Jewish Foundation provides scholarships for both short-term (minimum of three-week program) and long-term organized Israeli educational programs. Greater New Haven youth ages 14-19 are eligible. For 2019 summer trips, applications are due by March 15, 2019. For the 2020-2021 gap or academic year program, applications are due by May 4, 2019. An essay and two recommendations are required. All applications are confidential and anonymously reviewed by the Israel Experience Scholarship committee.

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Families invited to CMI Holiday Tot Programs

Congregation Mishkan Israel invites families with children six years and under to Tot Programs on Sunday, March 17, at 9:30 a.m., to learn about Purim and on Sunday, April 14, at 9:30 a.m., to learn about Passover. The celebrations of holidays are a wonderful opportunity for families with preschool-aged children to get to know each other and enjoy an evening of blessings, stories, food and fun. Congregation Mishkan Israel is a Reform synagogue located at 785 Ridge Road in Hamden. For more information, call (203)288-3877.

Join the CT Z’mirah Chorale on Sundays

Like to sing? Listen to Jewish choral music? Join the CT Z’mirah Chorale each Sunday at 7 p.m., starting March 10.

Since the autumn of 2006, the Connecticut Z’mirah Chorale has attracted singers from throughout the state to perform music of interest to Jewish audiences. Their mission is to preserve and share all types of Jewish vocal music, which reflect the rich tapestry of our people’s experience. Repertory ranges from complex modern compositions and classical Reform works of Shabad and High Holiday liturgies to Hymn, Yiddish, Ladino and Israeli folk and work songs, as well as meaningful pieces by non-Jewish composers.

The group, conducted by Kevin Mack, is open to new members, and rehearsals take place on Sundays from 7 to 9 p.m. at the Whitney Center in Hamden in the spring and fall.

For information about joining the group, email the Chorale’s President Ben Judt at bjudyt@25z@metzglobal.net or Secretary Rhoda Zahneman at rhodaamj-ew@gmail.com. If you do not sing but wish to support the continuity of Jewish choral music in our community, you can become a Friend of the CT Z’mirah Chorale, which is a 501c3. Contact Ben or Rhoda for details.

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CMI Annual Comedy, Deli Night Planned for April 6

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Essex Savings Bank

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Essex, 35 Plains Road, 860-767-2573
Essex, 9 Main Street, 860-767-8238
Middletown, 203 Middlesex Avenue, 860-526-0000
Old Lyme, 101 Halls Road, 860-434-1646
Old Saybrook, 155 Main Street, 860-388-3543

Jewish Genealogical Society of CT

Book Your Party Today
(203) 387-2424
www.jccnh.org

Westville U Discusses Judaism, Pragmatism

Weinstein University, an educational initiative by Westville Synagogue that offers dynamic high level programming to the community reflecting our commitment to Jewish learning, history, culture, law and the State of Israel, is offering several upcoming programs for the community:

Wednesday March 6, 7:30 p.m.
David Sorkin, Yale University
"Emancipation and the Contours of Modern Jewish History"

Wednesday March 27, 7:30 p.m.
Eliyahu Stern
Topic TBD

Wednesday April 10, 7:30 p.m.
Nadav Berman, Visiting Scholar to Yale University, "Judaism and Pragmatism: The Broken Connection"

Westville Synagogue
74 West Prospect St., New Haven
(203)389-9513, westvilleshul.org

Jewish Genealogical Society of CT 
Hosts Biennial Meeting, Programs

On March 17, from 1:30-3:30 p.m. at Temple Sinai, 40 New Britain Ave., Newington, the Jewish Genealogical Society of Connecticut will hold its Biennial Meeting and Elections, followed by “Family History Before Our Eyes” program.

On April 7, from 1:30-3:30 p.m. at Temple Sinai, 40 New Britain Ave., Newington, Daniel Horowitz, Genealogy Expert at myheritage.com and, a former International Association of Jewish Genealogical Societies (IAJGS) board member, will present a program. Details soon to follow at www.jgsct.org.

Join Temple Beth David at 2019 Consultation on Conscience in Washington DC

Temple Beth David is bringing a delegation of congregants to the 2019 Consultation on Conscience, May 19-21, in Washington, DC.

Consultation on Conscience is built to help congregations develop, strengthen and grow their Social Justice programming. They will network with other congregations from across the Reform Movement, share amazing speakers and have the opportunity to lobby Congress together as a powerful force for change.

Register today at tbdbetheshalom.org to be part of their delegation. For questions, email rabbimicah@tbdbetheshalom.org or go to rac.org/consultation-conscience-2019.

FOR AGES 4-15, ACTIVITIES INCLUDE:
• Full-Day Program • Day & Overnight Trips
• Daily Swim For All & Lessons Through Grade 5
• Sports • Music • Drama • Dance
• Rock Wall Climbing • MakerSpace • Arts & Crafts • Cooking
• Nature • Archery (Grades 2-9) • Friday Oneg & Talent Show
• Community Service • Transportation Included From Centralized Locations

CAMP DATES & HOURS: June 24 – August 9
S’MORE CAMP: August 12 – 23

Register your child today for their BEST SUMMER EVER!

JCC Day Camps
360 Amity Road
Woodbridge, CT

JCC of Greater New Haven

FOR AGES 4-15, ACTIVITIES INCLUDE:

- Full-Day Program - Day & Overnight Trips
- Daily Swim For All & Lessons Through Grade 5
- Sports - Music - Drama - Dance
- Rock Wall Climbing - MakerSpace - Arts & Crafts - Cooking
- Nature - Archery (Grades 2-9) - Friday Oneg & Talent Show
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For more information, contact Camp Director Debra Kirschner at summercamp@jccnh.org, (203) 387-2424 x253 • jccnh.org/camp
Scrolled Procession

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for that to occur, they would need to be unrolled from periodically to keep the parch- ment from deteriorating. The desire to place Jewish scrolls in a castle belonging to Goebbels was born of the allure of the historic building and its promise of a place to house scrolls that would be protected from the authorities. When Jews in the former Soviet Union celebrated Purim, how did they report their “anti-communist activities” to their Christian comrades “about Haman and the Purim story?” They had to celebrate withoutScrolls are very special. It is an incredible honor and privilege to read from the Torah in front of the congregation. It requires skill and effort, and lots of preparation for each such occasion—a labor of love on behalf of the community and of the readers and of the scroll itself. How could one help an experience truly be held in a castle belonging to Goebbels? “The castle scroll would be held in a castle belonging to Goebbels.”

The Memorial Scroll Trust has 1,564 scrolls on permanent loan to congregations across the United States. The Memorial Scroll Trust was formed in 1964 by the leaders of the Memorial Synagogue of London and the Moscow Synagogue under the leadership of then-President Ronald Buckman, MD, Mohel. It has been used in countless Friday night services, b’nai mitzvah services, and holiday services over the last 50 years.

During World War II, the Jews of Bohemia and Moravia were wiped out. The people had been lost, but amazingly, 1,564 Torah Scrolls from more than 122 congregations had been saved. Westminster Synagogue became the home for these Czech Scrolls in February of 1964. There they were stored, restored, and then sent to the world to the Memorial Scroll Trust. The evening of February 5th brought 70 of these scrolls and their congregations together for the first time.

“Melissa Perkal

Aside from case management services, individuals may need emotional sup- port. “When I last married of 52 years, I didn’t know where to turn. Thanks to the professionals at JFS, I’ve learned to cope with my grief and I am starting to enjoy the little things in life.” — Barbara Berkowitz

From a need in the community to a need for the community, the need for case management services is growing, and we want to ensure that everyone receives quality care in a timely manner.”

In order to achieve the agency’s objective of developing its Aging Adult Program, JFS is seeking to hire ensuring that new staff can provide timely and personal care to older adults. “We will fill these positions as they come up, and will work with our current staff to ensure continuity of care for our clients.”

For more information about the event, go to JFS.org. For tickets or sponsorship opportunities, please call (203) 387-2424, ext. 321 or email berg@jfs.org.
Join us for our 3rd Annual Mitzvah Day

Sunday, April 7 | 9 a.m.-3 p.m.

VOLUNTEERS NEEDED
Sign up today!

Mitzvah Events for the Whole Family
jewishnewhaven.org/mitzvah

For more info, contact Debra Gaudette (203) 387-2424 x206 | dgaudette@jewishnewhaven.org