

ON-SITE SPIN CLASS SCHEDULE JULY 27 - AUGUST 29

(All classes held in the JCC Vine Family Auditorium with all bikes spaced 15' apart. 45 minute classes.)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:00 AM	SPIN: LISA						
8:30 AM						SPIN: DEB/SUSAN	
9:00 AM							SPIN: MICHELLE
9:30 AM			SPIN: VICKI		SPIN: WILLA		
6:00 PM		SPIN: MICHELLE		SPIN: SUSAN / MARIA			