

TRY THE JCC FOR FREE!

ONE WEEK FAMILY VIP PASS!

Date: _____ Name: _____

Address: _____

City _____ State _____ Zip _____

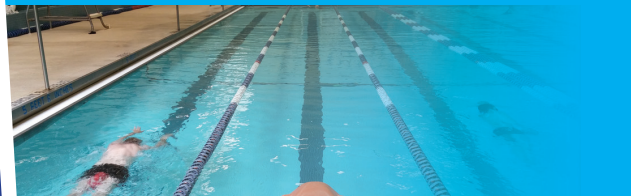
Phone: _____ Email: _____

Must be at least 18 years old and have valid driver's license.
New Members Only. Redeem in the JCC Membership Office.

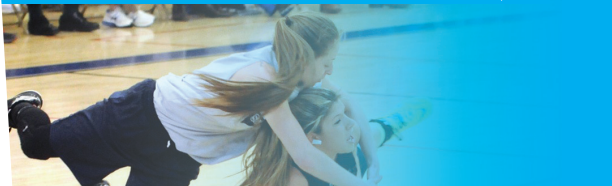
Valid: Jan. 11 - Jan.17, 2015



COME VISIT US!



EXCLUSIVE OFFER!



ACT NOW!



Welcome to the JCC!

The JCC prides itself on being a place where people of all ages, abilities and backgrounds are always warmly welcomed. We hope to see you soon!

Here's a small sampling of what we offer:

Fitness Center

- Personal training
- More than 60 free exercise classes: Zumba, Spinning, Yoga, Pilates, and more
- Cardio & strength training equipment
- Extensive free weight area
- Mobility impaired classes

Basketball

- Two full size courts
- Leagues for all ages

Racquetball

- Four courts
- Lessons

Aquatics

- 25 yard swimming pool
- Swim classes (children and adult)
- Blue Marlins swim team



Health and Wellness

- Nutritional weight loss programs
- Massage

Spa at the JCC

- Whirlpool, sauna and steam room
- Personal locker
- Towel service

Babysitting, Afterschool & Vacation Camp

Edge of the Woods Cafe

Summer Camp

Yeladim Early Learning Center

- Full day programming for ages 3 months-Kindergarten

Family Enrichment

- Birthday Parties
- Ballet, tap & other dance classes
- Tumbling
- Karate
- Music lessons
- Book clubs
- Language classes
- Prenatal & toddler yoga

Arts and Culture

- Arts & Culture Festival
- Theaterworks
- Community Learning
- Arts for the Center
- Grill 'n Chill

For more information, contact membership (203) 387-2522 x223 or membership @jccnh.org



facebook.com/JCCofGNH

twitter.com/JCCofGNH

instagram.com/jcc_gnh

Text follow **jccnhalerts** to 40404 for facility updates, cancellations and closings.

JCC of Greater New Haven • 360 Amity Rd., Woodbridge • www.jccnh.org