



# JEWISH POOL SCHEDULE

LONG BEACH Spring 2026 • Effective 4/13

|         | MONDAY   |         | TUESDAY                              |       | WEDNESDAY                |       | THURSDAY                             |       | FRIDAY                   |       | SATURDAY  |       | SUNDAY                   |       |
|---------|--|---------|--------------------------------------|-------|--------------------------|-------|--------------------------------------|-------|--------------------------|-------|---|-------|--------------------------|-------|
| TIME    | ACTIVITY   | # LANES |                                      |       |                          |       |                                      |       |                          |       |   |       |                          |       |
| 6 AM    |  |         |                                      |       |                          |       |                                      |       |                          |       | <b>POOL OPENS AT 7 AM</b>   |       |                          |       |
| 7 AM    | Lap Swim   |         | Lap Swim                             |       | Lap Swim                 |       | Lap Swim                             |       | Lap Swim                 |       | Lap Swim  | 5     | Lap Swim                 | 5     |
| 8 AM    |  |         |                                      |       |                          |       |                                      |       |                          |       |   |       |                          |       |
| 9 AM    |  | 5       |                                      | 5     |                          | 5     |                                      | 5     |                          | 5     | Open Swim & Swim Lessons  | 2 - 3 | Open Swim & Swim Lessons | 2 - 3 |
| 10 AM   | Open Swim  |         | Open Swim                            |       | Open Swim                |       | Open Swim                            |       | Open Swim                |       | Aqua Fitness* & Swim Lessons  |       | Aqua Fitness*            | 0     |
| 11 AM   | Aqua Fitness*  | 0       | Aqua Fitness* Tailored for Arthritis | 0     | Aqua Fitness*            | 0     | Aqua Fitness* Tailored for Arthritis | 0     | Aqua Fitness*            | 0     | Aqua Fitness* & Swim Lessons  | 0     |                          |       |
| 12 PM   |  |         |                                      |       |                          |       |                                      |       |                          |       |   |       |                          |       |
| 1 PM    | Lap Swim & Open Swim   | 5       | Lap Swim & Open Swim                 | 5     | Lap Swim & Open Swim     | 5     | Lap Swim & Open Swim                 | 5     | Lap Swim & Open Swim     | 5     |   |       | Open Swim                | 5     |
| 2 PM    |  |         |                                      |       |                          |       |                                      |       |                          |       | Open Swim   | 5     |                          |       |
| 3 PM    | Open Swim & Swim Lessons   | 2 - 3   | Open Swim & Swim Lessons             | 2 - 3 | Open Swim & Swim Lessons | 2 - 3 | Open Swim & Swim Lessons             | 2 - 3 | Open Swim & Swim Lessons | 2 - 3 |   |       |                          |       |
| 4 PM    |  |         |                                      |       |                          |       |                                      |       |                          |       |   |       |                          |       |
| 5:30 PM | Aqua Fitness*  | 0       | Aqua Fitness*                        | 0     | Aqua Fitness*            | 0     | Aqua Fitness*                        | 0     | Open Swim                | 5     | <b>POOL CLOSSES 4:30 PM</b>   |       |                          |       |
|         | Bluefin Swim Team  |         | Bluefin Swim Team                    |       | Bluefin Swim Team        |       | Bluefin Swim Team                    |       |                          |       |   |       |                          |       |
| 6:30 PM |  |         |                                      |       |                          |       |                                      |       |                          |       | <b>POOL CLOSSES 5:30 PM</b>   |       |                          |       |
|         | Open Swim & Swim Lessons   | 2 - 3   | Open Swim & Swim Lessons             | 2 - 3 | Open Swim & Swim Lessons | 2 - 3 | Open Swim & Swim Lessons             | 2 - 3 |                          |       |   |       |                          |       |
| 7 PM    |  |         |                                      |       |                          |       |                                      |       |                          |       | First lane in the pool is reserved for handicap use. Lane availability is subject to change without notice. |       |                          |       |
| 8 PM    | <b>POOL CLOSSES 8 PM</b>   |         |                                      |       |                          |       |                                      |       |                          |       | Pool closes during torrential rain and/or thunder and lightning.  |       |                          |       |
|         | *Reservations required. No Lap Swim lanes available during Aqua Fitness. |         |                                      |       |                          |       |                                      |       |                          |       |   |       |                          |       |