

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY		
TIME	ACTIVITY	# LANES													
6 AM			Lap Swim	5	Lap Swim	5	Lap Swim	5	Lap Swim	5	POOL OPENS AT 7 AM				
7 AM 8 AM	Lap Swim	5									Lap Swim	5	Lap Swim	5	
9 AM											Open Swim & Swim Lessons	2 - 3	Open Swim & Swim Lessons	2 - 3	
10 AM	Open Swim & Swim Lessons	2-3	Open Swim & Swim Lessons	2-3	Open Swim & Swim Lessons	2 - 3	Open Swim & Swim Lessons	2 - 3	Open Swim	5	Aqua Fitness* & Swim Lessons	0	Aqua Fitness*	0	
11 AM	Aqua Fitness* & Swim Lessons	0	Aqua Fitness* Arthritis Certified & Swim Lessons	0	Aqua Fitness* & Swim Lessons	0	Aqua Fitness* Arthritis Certified & Swim Lessons	0	Aqua Fitness*	0	Swim Lessons	2 - 3	Open Swim	n 5	
12 PM	Lap Swim	5	Lap Swim	5	Lap Swim	5	Lap Swim	5	Lap Swim	5	Open Swim	5			
1PM 2PM	Camp Swim & Swim Lessons		Camp Swim	1-2	Camp Swim & Swim Lessons	1-2	Open Swim	5	Camp Swim	1-2					
3 PM	Open Swim & Swim Lessons Bluefin Swim Team (4:15 - 5:45 PM) Open Swim & Swim Lessons	2-3	Open Swim & Swim Lessons Summer of Fun (4 PM)**	2 - 3	Open Swim & Swim Lessons	2 - 3	Open Swim & Swim Lessons	2-3	Open Swim	5					
4 PM					Bluefin Swim Team (4:15 - 5:45 PM)								POOL CLOSES 3:30 PM		
5 PM											POOL CLC 4:30 PI	I			
6 PM					Open Swim & Swim Lessons						First lane in the pool is reserved for handicap use. Lane availability is subject to change without notice.				
7 PM									POOL CLOSES 6:30 PM		Pool closes during torrential rain and/or thunder and lightning.				
8 PM	Ray Alpert JCC	POOL CLOSES 8 PM Lay Alpert JCC on the Weinberg Jewish Long Beach Campus • 3801 E. Willow St. Long Beach, CA 90815 • al								*Reservations required. No Lap Swim lanes available during Aqua Fitness. **Member Appreciation Pool Parties					