



Ha' Kol

COMMUNITY NEWS FROM THE KJA, HESKA AMUNA & TEMPLE BETH EL

Volume 7, Issue 11 ♦ December 2015

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Knoxville Jewish Alliance

**KNOXVILLE
JEWISH
ALLIANCE**
*Building Community
Enriching Lives*

Ha'Kol

Interim Director's Report

By Deborah Oleshansky,
doleshansky@jewishknoxville.org

As we enter the month of December, we are just days away from lighting the first Chanukah candle. Chanukah is festive holiday filled with joy, light, and miracles -- universal themes among many traditions during the dark nights of winter.

While most of us think of latkes, dreidels and maybe sufganiot at this time of year, Chanukah translates literally as "rededication" and celebrates the military and spiritual victory led by Judah the Maccabee, eldest son of the priest Mattityahu, against King Antiochus and the Syrian Greek army in 164 BCE. The Syrian Greeks had defiled the Temple and after the victory, Judah leads the rededication of the Temple in Jerusalem. So it is especially appropriate that we are in the process of "rededicating" our AJCC building at this moment in time.

By now, many may have received a brochure or email about the Schwarzbart Gallery which will be installed in the AJCC Lobby in early 2016. As the brochure states, "Our vision is to revitalize the Arnstein Jewish Community Center as the central place where Jews and community members of all ages will gather, socialize, enjoy cultural programs, and have their Jewish educational wants and needs met." Creating this gallery, named in memory of renowned artist, Arnold Schwarzbart, is just one of several upcoming changes to the building. We are also installing an elevator lift, and making other renovations and improvements to the overall look and feel of our building. We believe these changes will improve the physical accessibility, emotional connection, and spiritual engagement the AJCC provides for all of us.

We will celebrate our community Menorah Madness event on the final evening of Chanukah, Sunday, December 13, and we hope you will join us to light ALL eight lights and share the rededication process with us. The KJA Annual Meeting will be immediately prior to the Chanukah event, and will be a chance to thank Manny Herz for his leadership for the past two years, and to welcome Adam Brown as he steps up as KJA President.

"Not by might, and not by power, but by spirit alone shall we all live in peace," a favorite Chanukah song written by Debbie Friedman, from Zechariah, 4:6. May you and your families be blessed with the spirit of joy and peace, may you be filled with light and love, and may the force be with you.



December 2015

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KJA Annual Meeting
Sunday, December 13
3:00 p.m.

Orwitz Community Room
Arnstein Jewish Community Center

Proposed **Slate of Officers**

President—Adam Brown
Secretary—
Treasurer —
Vice President—
Vice President—
Vice President—
Vice President—



THE SCHWARZBART GALLERY

The Schwarzbart Gallery is the first step in our vision to revitalize the Arnstein Jewish Community Center facility. Along with renovations to provide easier access for those with mobility issues and overdue cosmetic improvements, the Schwarzbart Gallery will serve as a tribute and display of renown artisan Arnold Schwarzbart's craftsmanship.

Arnold preferred to be called an artisan.

He was a craftsman whose work was both functional and artful. His Judaica items for use in our homes, and his installations are current, modern (reflecting his architecture training), and fresh while they also invoke feelings of an ancient history and our shared past. This ability to blend antiquity with modernity was just one of his gifts; just one reason his work resonated with so many people.

Arnold's works can be viewed and appreciated in homes and venues, community buildings and Jewish houses of worship throughout the country and world. But it is Knoxville that was Arnold's home, the site of his studio and the place where he honed his craft. It is the Knoxville Jewish community that welcomed his family, gave them refuge and helped them build a new life. The Gallery will be the anchor to update the Arnstein JCC's visual presence and will be enjoyed by the entire community.



If you would like to contribute to the Schwarzbart Gallery at the Arnstein Jewish Community Center, please make your donation payable to the "AJCC" and mail to the Arnstein Jewish Community Center, 6800 Deane Hill Dr., Knoxville, TN 37919 or donate online at www.jewishknoxville.org/ajcc-schwarzbart-gallery

Human Rights in Tennessee Focus of Final Fall UT Lecture Series Topic

The public invited to attend the KJA's UT Faculty Lecture series which explores education, social, and cultural topics from unique perspectives.

Human Rights in Tennessee: The Access to Justice Challenge Thursday December 3, 7:00 p.m., Orwitz Room at the AJCC

Robert Blitt is a Professor of Law at the University of Tennessee College of Law. His area of focus is human rights; and he will be lecturing with colleague Valerie Vojdik. They will present a project that their students have been a part of during the school year.



Robert Blitt

Val Vojdik is a Professor of Law at the University of Tennessee College of Law, where she teaches Civil Procedure; Sex, Gender and Justice; Civil Rights; Children and the Law; and related courses. Her scholarship focuses primarily on gender and the law, feminist theory, and international women's rights. She has litigated cases involving gender, race, and disability discrimination.



Valerie Vojdik, Ph.D.

All UT Jewish Faculty Lectures are held in the Orwitz Community Room at the Arnstein Jewish Community Center, 6800 Deane Hill Drive. These lectures are free and open to the public.

The UT Jewish Faculty Lecture Series is made possible by generous contributions to the KJA Annual Campaign. THANK YOU!

Please let us know you're coming by emailing kja@jewishknoxville.org or calling (865) 690-6343.



Join Us! Festive Friendshippers to be Held at the AJCC

By Laura Faye Berry, BSSW, Esq., Director

Please join us for this month's Friendshippers program. The Friendshippers group gets together once a month for lunch and entertainment. Friendshippers is open to all—we don't check IDs at the door! **Please note that we will be meeting at the AJCC this month!**

Wednesday, December 9:

A Friendshippers Chanukah Party with Manny Herz

All are invited to our annual Friendshippers Chanukah party. This year we will be meeting in the AJCC Gym and Manny Herz will be entertaining us on the piano.

Program location: AJCC Gym, 6800 Deane Hill Drive, Knoxville, TN 37919

The luncheon begins at noon and the program this month begins at 12:30 p.m. Lunch is \$8. There is no cost for attending the program alone. Transportation is available upon request—please have your ride requests in by the Monday morning before the program.

For more information, please contact Laura Berry at 690-6343, ext. 18 or LBerry@jewishknoxville.org



Pianist Manny Herz

STAR WARS

MOVIE MARATHON

WHERE: AJCC 6800 DEANE HILL DR
WHEN: 12/12 8:30 PM-12/13 10:30 AM



BEER AND SNACKS PROVIDED

MUCH FUN, WILL IT BE. BROUGHT TO YOU BY YJAK.

Open to Young Jewish Professionals of Knoxville, age 21-35 only.



Caption

MENORAH MADNESS Ad



Volunteer Crew

Adam Brown, Robin Brown, Michael Burnett, Mary Linda Schwarzbart, Gene Rosenberg, Pat Rosenberg, Ellen Kern, and Angie Brown prepare a bulk mailing of a AJCC's Schwarzbart Gallery project brochure. To make a contribution in memory of Arnold Schwarzbart, visit www.jewishknoxville.org and donate securely to Schwarzbart Gallery via the "DONATE" tab or send a check made payable to AJCC with Schwarzbart Gallery in the memo line to AJCC, 6800 Deane Hill Drive, Knoxville, TN 37919.

Reason #1

We provide a support system – for newcomers, for those in need, for those who are aging, for those who are moving aging relatives to Knoxville, for our children, our **youth, our teens, our college students....and** the rest of us.

Reason #2

We excel at networking – connecting to the KJA can help almost anyone connect with almost anything or anyone.

36 Reasons....

The Babylonian Talmud teaches that, “There are not less than 36 *tzaddikim*/righteous persons in the world who receive the *Shekhinah*/the Divine Presence.” Based on this text, there is a very old Jewish mystical tradition that at all times in history there are 36 righteous people who wander the earth unknown to everyone else, including one another. These are the Lamed-Vavniks.

In the spirit of this teaching I invite you to join us in creating the “**36 Reasons**” to maintain a Jewish community presence here in Knoxville and East Tennessee. You can share your ideas with me directly at doleshansky@jewishknoxville.org or (865) 690-6343, Twitter at @JewishKnoxville, or Facebook at Knoxville Jewish Alliance. I am happy to share REASON #1 on page 10 of this issue of *Ha'Kol* with you.

We TRULY look forward to hearing from you and working together to build a warm, welcoming, and righteous community!

Learn about Knoxville Jewish Alliance Programs via Social Media and Publications

- ★ **Subscribe** to *KJA Happenings*, a weekly email blast of KJA events and news delivered each Sunday morning (email kja@jewishknoxville.org)
- ★ **LIKE** “Knoxville Jewish Alliance” on *Facebook*
- ★ **Visit our website** at www.jewishknoxville.org
- ★ **Tweet** with us on Twitter at @JewishKnoxville
- ★ **Follow us** on our YouTube channel
- ★ **Email us** at kja@jewishknoxville.org
- ★ **Read** our monthly *Ha'Kol* newsletter



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KJA OFFICERS

Manny Herz	President
Adam Brown	Treasurer
Adam Friedman	Secretary
Renee' Hyatt	Immediate Past President
Bryan Merrell	VP Administration
Dick Jacobstein	VP Campaign
Rosalie Nagler	VP Children & Youth
Anne Greenbaum	VP Education & Culture
Marilyn Wohl	VP Jewish Community Services
Judith Rosenberg	VP Public Relations

BOARD MEMBERS AT-LARGE

Barbara Bernstein, Raphe Panitz,
Stephen Rosen, Ron Sebold

For a list of KJA board members,
visit www.jewishknoxville.org

HA'KOL PUBLICATION STAFF:

Joyce York, Editor and Graphic Designer



December 2015

Sun	Mon	Tue	Wed	Thur	Fri	Sat
		1 6-9:30p Fencing-Gym 6p Exec Board-TBE	2 9:30a Tai Chi-JCOR 11:30a Brown Bag Beit Midrash-HA 4:30-8p Piano Lessons- Media Room 6-9p Fencing-Gym	3 7:00a minyan-HA 7p UT Faculty Lecture Series-Robert Blitt & Val Vojdik-Orwitz Rm 7:30p Israeli dancing- AJCC	4 7:30p Shabbat Service- TBE	5 9:30a Shabbat Service-- HA 9:30a Shabbat Service- JCOR 8p Tennessee Schmaltz- Tennessee Theater
6 Erev Chanukah 9:30a minyan-HA	7 Chanukah 7:00a minyan-HA 9:30a Tai Chi-JCOR 6-9:30p Fencing-AJCC Gym	8 Chanukah 6-9:30p Fencing-Gym	9 Chanukah 9:30a Tai Chi-JCOR 4:30-8p Piano Lessons- Media Room 6-9p Fencing-Gym	10 Chanukah 7:00a minyan-HA 7:30p Israeli dancing- AJCC	11 Chanukah 6-8p Chanukah Dinner and Service-TBE	12 Chanukah 9:30a Shabbat Service-- HA 9:30a Shabbat Service- JCOR 5:30p Chanukah Party- JCOR
13 Chanukah 9:30a minyan-HA 9:30a Religious School- Maccabiah-TBE 3p KJA Annual Meeting- Orwitz Rm 4-8p Menorah Madness- AJCC	14 Chanukah Gelt Café with Special Friends-KJDS 7:00a minyan-HA 9:30a Tai Chi-JCOR 6-9:30p Fencing-AJCC Gym	15 6-9:30p Fencing-Gym 7:30p Hadassah Book Club-Barnes & Noble	16 9:30a Tai Chi-JCOR 4:30-8p Piano Lessons- Media Room 6-9p Fencing-Gym	17 7:00a minyan-HA 7:30p Israeli dancing- AJCC 7:30p Rabbi & Religious Services Comm-HA	18 3p AJCC Preschool closes-no aftercare 7:30p Shabbat Service- TBE	19 9:30a Shabbat Service-- HA 9:30a Shabbat Service- JCOR
20 BBYO Regional Convention 9:30a minyan-HA	21 AJCC Preschool Winter Break BBYO Regional Convention 7:00a minyan-HA 9:30a Tai Chi-JCOR 6-9:30p Fencing-AJCC Gym	22 AJCC Preschool Winter Break BBYO Regional Convention 6-9:30p Fencing-Gym	23 AJCC Preschool Winter Break BBYO Regional Convention 9:30a Tai Chi-JCOR 11:30a Brown Bag Midrash-HA 4:30-8p Piano Lessons- Media Room	24 AJCC Preschool Winter Break 7:00a minyan-HA 7:30p Israeli dancing- AJCC	25 Christmas Day HA, KJA, TBE Offices Closed AJCC Preschool Winter Break 6p Kabbalat Shabbat Service-TBE	26 9:30a Shabbat Service-- HA 9:30a Shabbat Service- JCOR
27 9:30a minyan-HA	28 AJCC Preschool Winter Break 7:00a minyan-HA 9:30a Tai Chi-JCOR 6-9:30p Fencing-AJCC Gym	29 AJCC Preschool Winter Break 6-9:30p Fencing-Gym	30 AJCC Preschool Winter Break 9:30a Tai Chi-JCOR 11:30a Brown Bag Beit Midrash-HA 4:30-8p Piano Lessons- Media Room 6-9p Fencing-Gym	31 New Year's Eve AJCC Preschool Winter Break 7:00a minyan-HA 7:30p Israeli dancing- AJCC		

Please check the KJA online community calendar at www.jewishknoxville.org/calendar for updated calendar information.

K N O X V I L L E

Tennessee

TWENTIETH ANNIVERSARY

SCHMALTZ

IN CONCERT

SATURDAY, DECEMBER 5
8 P.M. LAUREL THEATERpurchase tickets at www.jubileearts.org 800-838-3006 ext.1

H A P P E N I N G S



Winick AZA members Eli Derrington, Blake Parsons, Andrew Weinstein, Cameron Boling, Jacob Messing, Justen Bain, and Ben Gibbons hosted a Trivia Night fund raiser in November to earn money for scholarships and travel to regional BBYO leadership conferences.

Suzy Snoops

Ha'Kol welcomes your good news, whether it is a new job, lifecycle event, celebration of a special anniversary, or honors and awards. Please send information to [jyork@jewishknoxville.org](mailto: jyork@jewishknoxville.org) or to Ha'Kol newsletter, c/o Knoxville Jewish Alliance, 6800 Deane Hill Drive, Knoxville, TN 37919.

- ★ **Stephen Rosen** traveled to Israel on a economic development mission with Governor Bill Haslam, Economic Development Commissioner Randy Boyd and 17 other business leaders from throughout the state. The trip's goal was to encourage business owners to grow their US market from Tennessee. Business leaders not only met with government and business officials, but learned about the educational system. STEM is part of the elementary curriculum and Israel's innovative technical college system (ORT) and hope for future partnerships between ORT and the state's technical schools.
- ★ **Benjamin Toedte**, son of Ross and Sharon Toedte, is a National Merit Semifinalist. Benjamin is a senior in the International Baccalaureate program at West High School.
- ★ **Josh** and **Megan Koller** welcomed son Benjamin Nadar Koller into their family on October 14. Proud grandparents include Deborah Roberts, Susan Koller, Conrad and Iris Koller, and John Roberts.
- ★ **Jordan** and **Joe Kimmett** celebrated the birth of Simon along with proud grandparents **Craig and Leslie Snow** and uncles **Zack** and **Ethan**.
- ★ Brigette and WCCCC Biernacki family welcomed Frasier Dean Biernacki on October 19. He weighed 7lbs, 13oz and was 19.5in. Big brother _____



Modeh Ani

By Rabbi Alon C. Ferency

Most sleep therapists recommend a regular bedtime and a regular waking time, and now in spite of myself, I have that. Currently, my morning routine involves the tramping of little boys' feet into my bedroom around 6:30 a.m., no alarm required. My time is no longer my own; there is a certain unerring consistency in children's sleep schedules. Like most healthy children, mine possess an unfettered eagerness to meet the day. I'm not always as ready to be wakened, but it's a pleasant sound. Needless to say, I rarely wake with the great zeal or indomitably resolve I once did.



Modeh Ani – "I am grateful to You, living Sovereign, for returning my soul to me as a result of Your overwhelming compassion for me" – is a prayer that wakes us up by allowing us to separate from the night. Short of coffee or some other drug, *modeh ani* is a pick-me-up, such that we may not find ourselves sleeping through life. As the poet Kabir said, "If you are in love, / Then why are you asleep?" Life is love, and love is invigorating; life is short, and becoming enervated by the night's trials is a misuse of our limited resources. It's not easy, and I don't wish to sound the pedant or Pollyanna, but spending time grousing on waking is a waste. (Believe me, I do it all the time.)

A physics professor once compared a natural process to going out for a jog. One's initial conditions before lacing up don't necessary have bearing on the outcome of a run. That is, you may be morose, or keen, or stoic, full of dread or full of vigor before setting out the course, but the run itself may be pleasant, unpleasant, surprisingly or not. The initial conditions do not necessarily correspond to the final product. The morning refrain *Modeh Ani* guides us to acknowledge that a bad dream or a fitful rest need not compromise the day ahead.

Can *Modeh Ani* re-grow that enthusiasm? It couldn't hurt. "Just as zeal can result from an inner burning, so can it create one," says Moshe Chayyim Luzzatto. "That is, one who perceives a quickening of his outer movements in the performance of a commandment conditions himself to experience a flaming inner movement, through which longing and desire will continually grow. If, however, he is sluggish in the movement of his limbs, the movement of his spirit will die down and be extinguished. Experience testifies to this."

The Lubavitcher Rebbe was rightly proud of success through time, and was wont to recommend taking action immediately. That is, he suggested always beginning a project as soon as possible, never putting it off till tomorrow. I'd imagine some MBA time-management studies would quibble about efficiency, but the point as it relates to our prayer is clear: start your day right away, at the fullest thrust possible.

Kislev-Tevet 5776

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Chanukah Celebration/Friday Night Chill??

DATE

7:00 p.m.

Heska Amuna Synagogue

President's Report

By Raphe Panitz, Ph.D.



I would like to continue my twin themes of Heska Amuna being a *makom kadosh*, a holy place, and a *kehilla kedosha*, a holy community. I dedicated my President's address on Yom Kippur to those ideas, and in the words below, I want to explore another way to express and make those ideas alive and real.

Many of you know that every time a new month approaches in the Jewish calendar (except for Tishre), we say a prayer that begins with the words "yehi ratzon." We ask God to give us a bountiful and rich new month, full of good things. We also utter these words:

"May He (God) who performed wondrous deeds for our ancestors and delivered them from slavery to freedom, may (God) deliver us in the near future and gather all of our dispersed from the four corners of the earth. The prayer then adds these words, "haverim kal yisrael." I want to focus on the significant meaning of these three words.

"Translated literally, the words mean "all Israel are friends." But what does this mean for Jews today? The word *haverim* is the plural of the Hebrew word *Haver*, which can have many meanings. According to Alcalay's *The Complete Hebrew English Dictionary*, *haver* can mean friend, comrade, associate, companion, fellow, member, schoolmate, fellow pupil, partner, scholar, and equal. The feminine *havera* can mean all of the above and wife.

It seems to me that the three words express the idea that all Jews are one family or community. Now we know that there are many different kinds of Judaism practices today. Conservative, Modern Orthodox, Reform, Reconstructionist, Chabad, Secular, and Humanistic Jews all claim the mantle of Judaism. Very often, these movements compete with one another as to which one expresses the "true Judaism" or the "core Jewish values." The movements also have differing understandings of who is a Jew, a problem both here and in Israel.

Yet, despite these differences, Jews always find a way to overcome these hurdles and form a cohesive and responsible community. *Haverim kal yisrael* closely resembles the rabbinic idea that all of Israel is responsible for one another. When we fulfill those responsibilities by volunteering our time or by acts of *tzedakah*, we bring to reality the idea of *haverim kol yisrael*.

The next month is the month of Kislev, the month in which we celebrate the festival of Hanukkah. As we light the menorah, spin the dreidel, and eat our latkes and jelly donuts, it is important to remember the three words recited during the new moon prayer, *haverim kal yisrael*. During Hanukkah, all Jews of whatever persuasion can celebrate the festival with one another and make sure that we are responsible for one another.

Chairman's Musings

By Hal Manas



As I sit here thinking about Chanukah, what comes to mind is my Drill Instructor on Parris Island. Basically he forced me to be Jewish. I worked hard not to stand out in Boot Camp. Standing out will just get you in trouble. He insisted that I go to Friday night services when everyone else was writing letters home or polishing their shoes. He gave me the nickname "Israel" for mail call. When I asked him why, he told me that he used to date a Jewish girl and he learned about Judaism at that time. The thing that impressed him the most was Chanukah. He told me that it was the first time in recorded history that people had fought for religious freedom and won. That impressed him.

In my family, Chanukah was a minor holiday that was elevated to compete with Christmas and my parents didn't like that. We didn't exchange gifts when I was a child. Later, my parents went along when they had grandchildren to give gifts.

Looking back, I think my parents and my Drill Instructor were both right. At any rate it made me appreciate the story of the Maccabees. This year when you celebrate Chanukah try to think of the story of Judah Maccabee and remember that he was fighting for religious freedom. It is an ongoing fight, unfortunately.

Most of all, I hope you have a Happy Chanukah!



If you or a loved one is ill or hospitalized, please let us know so that we can attend to him or her as a community, and place the name on our *Mi Sheberach* prayer list.

Unfortunately, federal law prohibits hospitals from notifying us when community members are admitted.

Heska Amuna Religious School News

By Betty Golub, Youth and Family Programming Director

Our celebration of Chanukah has taken on a different meaning in the 21 Century. Have you ever wondered how our colonial ancestors celebrated Chanukah? Our ancestors as well as many of the early settlers to New Amsterdam or Rhode Island came here for religious freedom. At Touro Synagogue in Rhode Island, Chanukah was remembered as an historical event rather than a celebration.

The first tangible evidence of a Chanukah commemoration should be credited to **Penina Moise**. Penina was born in Charleston in 1797. By the year 1800, South Carolina had a population of approximately 2,000 Jews. Penina was politically astute as well as socially connected. She was also a poet, whose first poem was published in 1819 in a Charleston newspaper. Eventually, her articles were read throughout the country. Penina contributed regularly to the *Women's Home Journal*. In 1833, she wrote "*Fancy's Sketch Book*, which was a collection of poems. This was the first such publication to be written by a Jewish woman in the United States. Penina wrote about politics and of Jewish life in America. She adapted Jewish traditions into the emerging American culture. She was careful to maintain our traditional values. Penina was quite involved in Congregation Beth Elohim. She was instrumental in integrating the members into civic activities in Charleston. Penina served as the second Sunday school superintendent in 1845.

In the 1820s Penina composed a hymn, *Feast of Lights*. The hymn told the story of the Maccabees' fight. It was written in a modern manner to help to inspire pride among the congregants. She wrote more than 200 hymns that were incorporated into the Hymns Written for the Use of Hebrew Congregations in 1842. This hymnal became the Union Hymnal of the Reform Movement.

Chanukah was celebrated at Beth Elohim by the choir singing the new hymns. A Chanukiah was lit, which began the celebration of the Festival of Lights. This tradition still exists in Charleston with a community celebration at Marian Square. A primary sponsor of the event is the Piggly Wiggly grocery chain.

I would like to thank Norman James for hosting this year's Global Day of Learning. It is always wonderful to have our children learn as a community together.

As you kindle your Chanukiah lights, please remember the less fortunate in Knoxville, particularly the children. We are in need of items such as pudding cups, peanut butter cups, and juice boxes for "Operation Back Pack."

Chag Semeach!



Penina Moise



HARS December Dates to Remember

- ★ Sunday, December 6 **Gan K'Tan thru Prozdor**
- ★ Sunday, December 13 **Pre-K thru Prozdor**
- ★ Sunday, December 20 No school—Winter Break
- ★ Wednesday, December 23 No school—Winter Break
- ★ Sunday, December 27 No school—Winter Break
- ★ Wednesday, December 30 No School—Winter Break
- ★ Sunday, January 3 No School—Winter Break
- ★ Wednesday, January 6 **Classes Resume**



Welcome to Gan K'Tan

Children ages 0–4 years old and their parents

December 6
Sunday, 10:00 – 11:30 a.m.

Stories, music, arts and crafts, healthy snacks.
See old friends and make new ones.

Join Us at Adult Education

Heska Amuna offers adult education classes that are open to the Jewish community. Blurb....write something. All classes meet at Heska Amuna Synagogue.

Art & Faith with Rabbi Ferency

Sundays, December 6 and 13 - 7:30 p.m.

How does Art inform our theology?

Israel Book Club with Rabbi Ferency

First Sunday monthly - 7:30 p.m.

Next book: for December and perhaps January?

Torah Tidbits with Rabbi Ferency

Thursdays, 7:30 a.m. after Minyan

Brief commentary from the week's parashah followed by *Kaddish d'Rabbanan*

Brown Bag Bet Midrash with Rabbi Ferency

Wednesdays, noon-1 p.m., drop in.

Bring a question, some vegetarian food, and even a friend. The Rabbi will help you navigate the great Jewish texts.

Guide to the New Prayer Book with Peggy Littmann

Sundays, 10:30-11:30 a.m., began November 1

We'll meet on select Sundays through January. This class will guide you through Shabbat morning services. Knowledge of Hebrew is not necessary. We started with the Torah Service, learn the Aliyah blessings and end up enjoying services more. Please register with Peggy Littmann, plittmann@comcast.net or 588-6661 (need a count for materials).

Rabbinic Literature — Aboth de Rabbi Nathan with Dr. Raphe Panitz and Jacob Love

Wednesdays, 7:00 p.m., began October 28

Come and learn about Aboth de Rabbi Nathan. It is a commentary to Pirke Avoth, and contains midrashic and mishnaic literature. It has come down to us in two recensions, "A" and "B." We will be looking at both.

Making our Wilderness Bloom with Betty Golub

Wednesdays, 7:00 p.m., began October 28

Come and learn about extraordinary Jewish women in America. Week 1 started with Colonial Days. December's offerings more info please!

Please email NAME at EMAIL ADDRESS or call 522-0701 to learn more about Heska Amuna Synagogue's adult education program. Want to teach a class or suggest a topic? Let us know!

Please update RED

Heska Amuna Sisterhood News

By Harriet Glasman, President

I hope that each of you and your families are having healthy and happy New Years so far!!

Sisterhood is gearing up for a fun and productive fall and Hannukah season.

In October, we joined with Hadassah for a Rosh Chodesh service led by Peggy Littmann, a pot luck dinner, and a riveting program coordinated by Peggy on the drug problem in East Tennessee and Susanna's House for pregnant women trying to kick their addiction. Three speakers gave informative talks on different aspects of the problem. We thank Peggy for all of her work, and also the ladies of Hadassah for including our contribution of Rosh Chodesh.

Our annual membership luncheon occurred on October 25 at 10:30 a.m. at Heska Amuna. It was entitled *Lotions, Potions and Tea, Oh My*. The speaker was our own Rachel Milford who discussed herbs for health and beauty. A lunch prepared by Marilyn Burnett and Pat Rosenberg was served. We are greatly appreciative to Jill Weinstein, Laura Floyd and Robin Brown for planning another wonderful program this year and all of their hard work!

November 8 was our Arts, Crafts and Bake Sale at Heska Amuna. We invited members of Temple Beth El, JCOR, Hillel and Chabbad to participate as vendors and shoppers.

January 16 brings Sisterhood Shabbat/Torah Fund weekend of prayer, food, and a fabulous program. We are so thrilled this year. Mary Linda Schwartzbart has graciously agreed to present a retrospective on Arnold's (may his memory be for a blessing) art. MaryAnn Merrill will be planning the service which is led, conducted and participated by Sisterhood, and Marion Bayer will prepare a wonderful Kiddush luncheon.

Stay tuned! There's more to come in 2016.





Heska Amuna Sisterhood's Brunch drew a crowd. Members enjoyed a talk by Rachel Milford and a delightful luncheon.



Donate Non-Perishable Foods to Second Harvest Food Bank

1 in 6 East Tennesseans will go hungry tonight. In our community, a staggering 200,000 people are at risk of hunger.

Have a meeting? Dropping your children off? Food collection barrels are conveniently located at these Jewish organizations.

- ★ Arnstein Jewish Community Center
- ★ Heska Amuna Synagogue
- ★ Knoxville Jewish Day School
- ★ Temple Beth El

Basic Food Needs Suggestions

The healthier, the better—low sodium, low sugar, high proteins. Cans with pop-top lids for easy opening help seniors, children, and disabled prepare meals.)

- Meals in a can (stew, chili, soup)
- Tuna and canned meat
- Peanut butter
- Canned foods with pop-top lids

- Low-sugar cereals
- 100% fruit juices in single serving boxes
- Canned fruit packed in juice
- Canned vegetables (low salt)

Additional Kid-Friendly Options

- Pop-top tuna
- 100% fruit rolls
- Raisins
- Graham crackers
- Unsweetened applesauce
- Cheese and crackers
- Fruit cups
- Pretzels
- Granola bars (without peanuts)

Learn more:

<https://secondharvestetn.org/>

Contributions from Caring People

Donations received **September 4-DATE**

Visit www.heskaamuna.org for a complete list of available funds.

BUTTERFLY BUSH/ Outside Beautification

A generous grant has been given by the Sam and Esther Rosen Community Enrichment Fund for further enhancement of the Synagogue grounds.

*In honor of Simchat Torah honorees,
Michael Burnett and Marilyn Burnett*
By Stephen & Rosalie Nagler
By Marilyn Burnett
By Stuart & Jill Chasan

CEMETERY FUND DONATION

In honor of Arnold Schwarzbart & Leon Hasden
By Hal & Ann Manas

CHANGE FOR THE FUTURE

In memory of Arnold Schwarzbart
By Shlomo & Anabel Levine

GENERAL FUND

*In honor of Simchat Torah Honorees,
Marilyn Burnett & Michael Burnett*
By Gilya Schmidt
By Harvey & Marilyn Lieberman
By Judith Rattner
By Eytan & Marie Klausner
By Bernard & Anne Bendriem
By Bryan & Mary Ann Merrell
By Trudy Dreyer
By Barry & Heidi Allen
By Michael & Harriet Glasman
By Mary Linda Schwarzbart

*In honor of Ernie Gross, thank you for the
sweet sukkah!*
By Alon & Karen Ferency

*In memory of Joe Goodstein and
David Linwood*

By Hal & Ann Manas

TORAH REPAIR

By Jerrold & Susan Becker

COHEN – PRESSER FUND

In memory of Alan Hoffman
By Marilyn Presser

ROSEN FUND

*In honor of Kim and Stephen's 50th
birthday*
By Adam & Angie Brown

RABBI DISCRETIONARY FUND

By Marc & Susan Forman

LIBRARY FUND

In memory of Bert Gurwitch
By Raphe & Suzette Panitz
*In honor of Janet Gurwitch's YMCA
Civic Award*
By Raphe & Suzette Panitz
In memory of Leon Hasden
By Raphe & Suzette Panitz

Yahrzeit Fund

In memory of Peter Dreyer
By Trudy Dreyer
In memory of deceased family
By Marilyn Presser
In memory of Sydney Manas
By Hal & Ann Manas
In memory of CB Brown
By Edith Brown



Rabbi Alon C. Ferency

e-mail: rabbi.ferency@heskaamuna.org

President

Raphe Panitz

e-mail: hapresident@heskaamuna.org

Chair of the Board

Hal Manas

e-mail: hachair@heskaamuna.org

Youth and Family Programming Director

Betty Golub

e-mail: morahbetty@heskaamuna.org

Operations and Administrative Director

Beverly Wilcox

e-mail admin@heskaamuna.org

Heska Amuna Synagogue

e-mail: admin@heskaamuna.org

Permanent Schedule

Friday Night Services.....Varies
Saturday Morning Service.....9:30 a.m.
Mon. & Thurs. Minyanim.....7:00 a.m.

Evening minyanim for members
can be arranged by calling President
Raphe Panitz one week before.

Sunday Minyan.....9:30 a.m.

For a list of Heska Amuna's funds and
other information, please visit
www.heskaamuna.org

HESKA AMUNA SYNAGOGUE
is an affiliate of United Synagogue
of Conservative Judaism.
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TEMPLE BETH EL TIMES



The Symbols and Minhag of the Season

By Liz Gassel, TBE President

The major observance of this month of Kislev is Hanukkah. This holiday provides a time of warmth and celebration in the deepest part of winter, around the time of the winter solstice. It is typically a home-based celebration of eight days, though we do take a Shabbat night to observe it at Temple with a family dinner and service.

We all know the story. The Syrian/Seleucid king, Antiochus Epiphanes, took over rule of Palestine. The Israelites' observation of Jewish laws and customs was made illegal and the Temple defiled and made into a pagan shrine. A revolt took place by the Maccabees. This was a success. For more than 200 years, the Maccabees ruled. Hanukkah commemorates that time and those heroes.

The Talmud fleshes out the story with details describing the small single vessel of oil found in the desecrated Temple that miraculously lights the menorah for eight days. This acts as a sign of God's acceptance of the rededication of the Temple.

So there is ceremony and symbol and *minhag* (custom) we take and make from this story. We call Hanukkah 'The Festival of Light.' We light a *hanukiya*, an eight-branched menorah, in a proscribed way over eight nights. Because of its proximity to and competition with Christmas, in modern America we tend to make this holiday a more major than minor celebration that also involves some gift giving and decorations.

The Hanukkah lights serve dual purpose. We publicize the miracle by placing the lights where they can be seen, in a window or outdoors. We use the candles and light of Hanukkah for only the commemoration of the miracle. We do not use them to light our spaces. The *shamash*, the candle whose purpose is to light the others, is kept separate from the eight of the festival.

At one time there was disagreement amongst the authorities, or the rabbis, on the placing of the candles and the way they are lighted. Begin with all eight and reduce by one each day or begin with one and add one each day? Light them from left to right or right to left? Is the last one set the first to light? Add the candles left to right and light from right to left? Accepted minhag today is to add candles from left to right and light right to left.

Iranian Jews have the custom of lighting eight candles the first day and eight additional candles are lit each successive day until, on the eighth day, there are 64 burning with the shamash. That has to be a brilliant and celebratory sight.

Hanukkah food, typically items fried in oil to celebrate the miracle of the oil found in the Temple, run from the Ashkenazic potato latkes to the *sufganiyot*, jelly donuts of Israel to *birmuelos*, fried dough dipped in honey or sugar eaten in Sephardic communities.

And, of course there is the dreidel, meaning 'spinning top' in Yiddish. A universal children's game that is, in the Hanukkah version, linked to the miracle by the Hebrew letters, one to a side. **Nes Gadol Hayah Shem** or a Great Miracle Happened There.

"Customs are popular practices that were either the basis of Jewish law or were performed to fulfill God's commandments that come and go over time. They instill a sense of community and go beyond the basic requirements by creating special foods and using beautiful ritual objects." says Scott-Martin Kosofsky in *The Book of Customs*. What is your minhag for Hanukkah? Is it different than described above? It appears that long lived custom becomes law over time. But what is really required of you? As the Talmud says, "Let a man busy himself with observing the commandments and customs even if his heart is not in them for eventually the hand will teach the heart."

19 Kislev-19 Tevet 5776

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HAPPY CHANUKAH
from the Temple Beth El Board and Staff

Temple Beth El
invites the Knoxville Jewish community
to join our

CHANUKAH LATKE CELEBRATION



Friday, December 11
6:00 - 8:00 p.m.

This year's celebration includes a traditional latke & chicken dinner with all the extras, lighting of the Chanukah candles and service.

Cost: \$8.00 per person.

Send payment to TBE office or pay the night of the event,
but you **MUST** RSVP by December 7

RSVP by calling the TBE office or e-mailing Amy Rosenberg at
Rockybergs@gmail.com.

Bring your own menorah to decorate the table!
We will supply the candles.

Temple Beth El Religious School December Update

By Norma James, Education Director, normajames@tbeknox.org or nfjames77@gmail.com

URJ Biennial was amazing as always! Norma returned with new music, new ideas, and a renewed sense of purpose in making our Religious School and as well as the entire Temple Beth El community the best it can be. As we end 2015, let us all look forward to a wonderful 2016. May it be a year of peace for all of us!

December 6 is Torah Tots! It's time for another great session of fun for our youngest children and their parents. I am so excited about how great this program is going. Emily, Larissa, and I have such a good time coming up with lessons that the kids will love. The parents have also enjoyed getting to know each other. Our program is open to all two-, three-, and four-year-olds. For more information, contact Norma. For feedback on the program, ask any family who attends. We have a blast!

Chanukah Celebration and Latke Supper December 11! We will begin with supper at 6 p.m. followed by a short service at 7 p.m. conducted by Norma. Bring your family menorah to decorate the table as we all light our candles together. This is a perfect event for all ages of children. The whole event will end by 7:45 p.m. with time to get everyone home. If you need to put your tot to bed sooner, we will understand if you leave early. We hope all of our Religious School students and parents will attend. Remember, participating in holiday services is part of your Hebrew education.

December 13 is Maccabiah Time! Our students love this yearly competition and so do the parents. Our entire school is divided into four families and that prepare all morning for the competition. We need parents to help us with the latke luncheon and to be an audience for the Maccabiah. We welcome our entire congregation to come at 11:15 a.m. to watch the fun. Attending the Maccabiah is a great way to see our students in action.

Religious School Winter Break Wednesday, December 16- Sunday, January 10. Religious school starts back on Sunday, January 10 with Torah Tots!



**Temple Beth El
Arnstein Social Hall
Sunday, January 24
Time (tbd)**

We will be accepting items
at scheduled dates and times.

Donations of good, clean, useable items to
include:
household accessories, clothing, kitchen items,
furniture, toys, tools, etc

Contact Hayley Goldfeld (954) 610-7394
with questions or donations... Thanks!

Save
The
Date

**2016 Annual Live Auction
April 2, 2016**

Contact Phyllis 307-0015 or
Amy 356-6830
to volunteer or with donations

Additional information to follow....
Thanks!



Diana Steinfeld-Hicks, Meredith Jaffe and Sylvia Miller are among the Sisterhood members watching the knife-skills demonstration at Williams-Sonoma.

It's Time for Sisterhood at Temple Beth El

By Karen Smith, Sisterhood President

Sisterhood's Mah Jongg Madness on Sunday, October 11 was an afternoon of mah jongg, snacks, desserts, prizes, and conversation! Thanks to Beverly Schultz for co-chairing the event. We thank our scorekeeper Tom Webber for his assistance and thanks to our timers Lesley Krakauer and Linda Zaretski. Mazel tov to our winners: 1st place Marian Jay, 2nd place Elaine Levin, and 3rd place Edee Webb. Low scorers were Jeanine Colasuonno, Linda Plankenhorn, and Martie Zitelli. Door prizes were won by Andrea Cone, Minki Feigerle, Linda Plankenhorn, and Maxine Shirk. Everyone had a good time and is ready for next year's Mah Jongg Madness.

"Tastings" is a new Sisterhood program that revolves around food, cooking, art – creative activities that bring us together and nourish our souls. The first "Tastings" event was October 25's knife skills demonstration at Williams-Sonoma. We thank Linda Zaretski for arranging the demonstration which came with refreshments, and free knife-sharpening. Watch the *Blast* for future fun events in this series.

Sisterhood's membership campaign is underway. Please send in your check for \$45 to Temple Beth El Sisterhood and your membership form so you can be counted in. Even if you cannot make a time commitment, your financial support is appreciated. *Men, did you know that you can join Sisterhood as an associate member? Thanks to Mark Barkan, Geoffrey Laing, Fred Radoff, and Alan Smuckler who have joined Sisterhood to show their support of Sisterhood's important work.*

Beiler Floral Fund Co-chairs Emma Fleischmann and Caren Berman remind us that a standard flower arrangement for bimah flowers for Shabbat, holidays, and special occasions is \$36. Please contact Emma to order a more elaborate arrangement.

It's time for Sisterhood!

*Celebrating 100 years of Sisterhood at Temple Beth El
1915-2015*



Sisterhood's Mah Jongg Madness high scorers, low scorers, and door prize winners.

BOOK REVIEW

The Politics of Rescue: the Roosevelt Administration and the Holocaust, 1938-1945

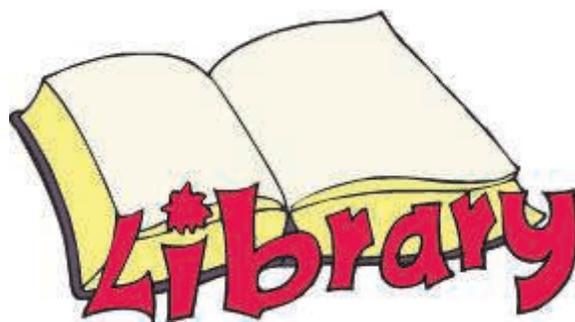
By Henry Feingold (reviewed by Dr. Henry Fribourg)

Although Henry Feingold has written numerous books on the Holocaust, this book, written in 1970, is by far the most informative on policies about the refuge crisis of the late 1930s. Even though the book centers on what the American government under FDR was attempting to accomplish about the Jewish crisis in Europe, it also describes the actions and inactions of many other governments in Europe and the Americas.

The Department of State, led by Cordell Hull, Sumner Welles, and Breckenridge Long, enforced strictly the rigorous quotas enacted by Congress in 1924, not even granting the number of authorized immigration and tourist visas; Long in particular led the efforts to exclude Jews and encouraged other countries to follow suit and delay the process until 1944, when it was almost too late to save but a few thousands. Some Jewish groups attempted to influence the State Department, Congress, and the President, with little effect. This was due to the fact that the numerous Jewish agencies and associations were unwilling to compromise their principles and present a united front in support of resettlements, particularly if potential havens were to be elsewhere than in British-controlled Palestine.

Aware of the vocal xenophobic isolationists among the unconcerned and apathetic public, FDR did little to counteract these actions and inactions. He was concerned that the support for exclusion of alien refugees by powerful politicians in and out of Congress and in the War Department, could have severe political consequences and limit his covert efforts to prepare for the conflict which he felt was inevitable for the US. Most Americans were unconcerned and did not realize the extent of the on-going catastrophe to European Jewry and other minorities under way in the Third Reich, abetted by numerous collaborators in the conquered countries.

Those with interest in the Holocaust, whether in high school or beyond, should find this book rather useful; although the book might be considered old (published in 1970, the information within it is still relative to the world today.

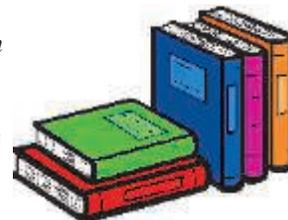


TBE Library Available to You

Check out the Temple Beth El library soon! It is open when Temple services are over and is available to browse. The Henry and Claudia Fribourg Holocaust Memorial Bookshelf is now available for lending and will continue to grow. You can help us “grow” this collection by your donation to the Holocaust Memorial Bookshelf Fund. All donations will be appreciated and acknowledged.

Chanukah is coming Sunday, December 6, 2015! Please visit our Chanukah display for books and materials to help you and your family celebrate.

Feel free to contact Wilma Weinstein at wilmadww@gmail.com or (865) 296-3017, should you have any questions about the use of the library or need assistance.



Contributions to the Funds of Temple Beth El

Donations listed were received as of October 23, 2015

TEMPLE BETH EL TIMES

Rabbi Mathew Michaels
rabbimichaels@tbeknox.org

Liz Gassel, President
president@tbeknox.org

Norma James,
Religious School Director
normajames@tbeknox.org

Temple Beth El Office Staff
secretary@tbeknox.org

TBE Office Phone:
(865) 524-3521
TBE Fax: (865) 525-6030

Temple Office Hours:
Monday – Friday:
10:00 a.m. – 4:00 p.m.

Our Vision: We see ourselves as a dynamic congregation promoting Jewish learning, tradition, and values through the tenets of Reform Judaism.

Our Mission: To inspire individuals to embrace their Jewish identity and to engage in our religious community.

www.tbeknox.org



AJCC Preschool

2015-2016

NOW ENROLLING



We are conveniently located in Bearden on Deane Hill Drive, with 13 acres to explore.

Our Day:

Our core program runs from
9AM to 3 PM Monday through Friday

Extended hours are available from
7:30AM—6PM Monday thru Friday.

Tuition includes our core program, morning snack, and a kosher-style lunch.
We proudly serve organic milk.

Program Highlights:

- Music and Judaica including school wide Shabbat Celebrations
- Science Specialist on staff
- Preschool Garden
- Connecting children with nature Pre-K for older 4s and 5s
- Recycling Program
- On-site Extra Curricular Activities
- Inside gym for inclement weather play

Monthly Preschool Rates*:

3 days: Preschool Plan (August- May) - \$540

Annual Plan (August- July) - \$490

4 days: Preschool Plan (August-May) - \$670

Annual Plan (August-July) - \$620

5 day: Preschool Plan (August-May) - \$800

Annual Plan (August-July) - \$750

Discounts are available with annual AJCC membership.

*Prices DO NOT include extended care cost. Please see the website for complete rate list.

For more information, visit our website and www.jewishknoxville.org





K J C F F

Knoxville Jewish Community Family of Funds

A Supporting Organization of the Knoxville Jewish Alliance and the East Tennessee Foundation to preserve and strengthen the Jewish Community of Knoxville

So Long, Farewell, Auf Wiedersehen

By Scott B. Hahn, Esq., KJCF President

This will be my last article as KJCF president. Over the past two and a half years, I have had the privilege of working with some great people. I would like to give a special thank you to Laura Berry, the KJCF staff person, for all her diligence and hard work in helping to keep the KJCF the smooth-running operation people in our community have come to expect. I would also like to thank my board for all their input and suggestions during my tenure. While we only meet quarterly, we get a lot accomplished during the time we are together. I would also like to thank our friends at the East Tennessee Foundation for their vital role in helping to manage our funds, keeping us updated on the latest rules and regulations, and providing expert advice when needed. I also want to wish our incoming president, Carole Martin, the best of luck during her tenure. Carole has been an active member of our community for years. I have no doubt that I am leaving the future of the KJCF in very capable hands.

In my articles, I tried to paint a wide portrait of Jewish philanthropy with people, ideas, or organizations that I found interesting and I hope that you did, too. In my 24 years of active Jewish communal service in Knoxville, I can say the Jewish community of 1991 and the one of 2015 are very different places and that's the way it should be. Just like any other living organism, if you can't adapt to the changing environment, you become extinct. Our challenge is how we as Jewish Knoxville meet the needs these changes present. It's going to take some creativity, some imagination, and most importantly, a vision. As the financial resources of the KJCF continue to grow, so will its importance to our community. If there is an idea you have for a charitable cause, the KJCF is here to help you meet your goals. We can provide the expertise and framework to turn your concept into a practical working solution that can last for years to come. Once again, thank you for the opportunity to serve the Knoxville Jewish community. It has been an honor to work with you during my tenure.



Donations

Heska Amuna Cemetery Fund

For Yizkor and Yartzheits of Anna Gruenberg, Samuel & Blima Schwarzbart, Isadore Schwarzbart, Virginia Morrison, Isaac Joffe, David Tomlinson, Dan Goodman, & Fred Horowitz Mary Linda Schwarzbart

Cohen-Presser Fund

*In Memory of Alan Hoffman
Marilyn Presser*

Allen Rosen Education Fund

*In Memory of George Palmer
Ada Tariff*

Grants

The **Jeff & Nancy Becker Community Enrichment Fund**, the **Bernard E. & Barbara W. Bernstein Charitable Fund**, and the **Natalie & Mitchell Robinson Community Enrichment Fund** grants to the University of Tennessee Foundation for the Dr. Gilya Schmidt Endowed Faculty Award in Judaic Studies.

The **Bernard E. & Barbara W. Bernstein Charitable Fund** made grants to Heska Amuna Synagogue and the Knoxville Museum of Art.

Heska Amuna Synagogue received a grant from the **Bradley Sturm Memorial Fund** for the purchase of computers for the religious school computer lab.

KNOXVILLE JEWISH COMMUNITY FAMILY OF FUNDS BOARD OF DIRECTORS

Scott B. Hahn, President; Carole Martin, President-Elect; Jacki Imbrey, Secretary/Treasurer; Bernard S. Rosenblatt, Past President; Jeff Becker; Bernard Bernstein; Abraham Brietstein; Jill Chasan, Arnold Cohen; Robert Goodfriend; Richard Jacobstein; Howard Pollock; Pace Robinson; Alexandra Rosen; Alan Solomon, Mel Sturm; Laura Berry, Administrative Director

The Board of Directors of the Knoxville Jewish Family of Funds thanks the Knoxville Jewish Community, the Knoxville Jewish Alliance staff, and the East Tennessee Foundation for their support and encouragement. The KJCF encourages you to help insure the healthy future of our Knoxville Jewish community by including a commitment to the KJCF in your financial and estate planning.

To learn more about KJCF philanthropic opportunities, call 690-6343 or visit www.jewishknoxville.org/kjcff

Jewish Congregation of Oak Ridge



Men's Annual Weekend Retreat

Join your fellow Anshei Darom Region (Men of the South) for a weekend of food, fun, and ruach at beautiful Camp Ramah Darom in Clayton, Georgia on **February 19-21, 2016**. This retreat will reignite your passion for Judaism and you'll make friends for life.

Contact Meir Niad for more info: meir@niad.net
(865) 332-7100.



Cookout Fun

Members enjoy a cookout before Jewish Film Series, sponsored by the Ruth and Milton Carey Cultural Fund.



HAPPY HANUKKAH
from the
Jewish Congregation
of Oak Ridge

It's Hanukkah Time!

Come celebrate
the festival of lights
with food, fun and games

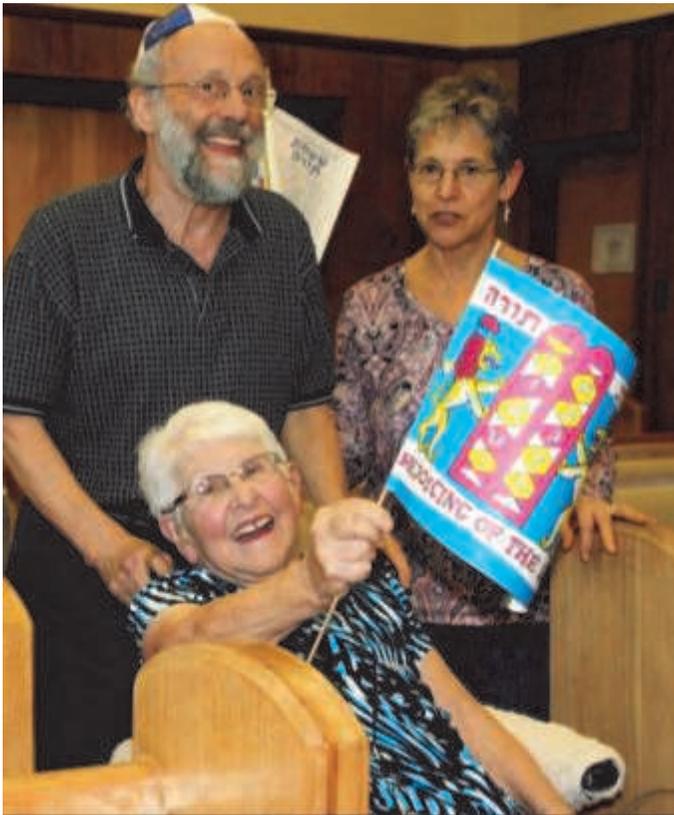


JCOR Social Hall
Saturday December 12 — 5:30 p.m.

Remember to bring your Chanukiah

\$10.00 adults
\$5.00 children
\$20.00 family cap

RSVP to Peggy Laxton — 269-4649 — plclaxton@hotmail.com
Send checks to Sisterhood, P.O. Box 1232, Clinton, TN 37717



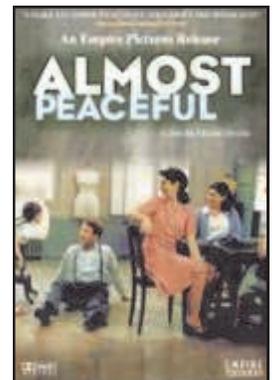
Rose Feldman enjoys the parade of Torahs on Simchat Torah.

Upcoming JCOR Events

December 5: Rabbi's Study Session:
Ask the Rabbi, after the morning services.

December 19, 7:00 p.m.—Jewish Film Series: *Almost Peaceful*. France, 2004, UR, 94 min.

A group of Jews living in Paris try to start their lives over after World War II. Soon, they all realize that in order to move on, they'll have to put their traumatic pasts behind them.



Hosts and Hostesses

- December 5** Catherine Braunstein, Syliva Goldenberg
- December 12** Alice Feldman & Albert Good, Brenda & Sig Mosko
- December 19** Anne & Eli Greenbaum, Judi & Len Gray
- December 26** Edith & Mel Halbert, Elena & Carlos Bamberger

Yahrzeits

- Clara Polonsky from Alice Feldman & Al Good
- Nathan Laznowski and Genia Ryzke from Mira Kimmelman

In Memory of Bernice Lawson:

- Lenora Buchalter
- Uri & Ruth Gat
- Randy McNally
- Wadeen Hepworth
- Steve & Gail Clendenen

Donations

- For JCOR from Geoffrey Laing
- For Bruce Tomkins for teaching *Shabbat Melodies* from Monty Lewis
- For Chester Tomkins (father of Bruce Tomkins) from Bruce Tomkins
- For Carol Rosenblatt (sister of Ros Schmorak) from Alice Feldman, Al Good and Rose Feldman
- For WiFi from Becky Charles

JEWISH CONGREGATION OF OAK RIDGE

- Rabbi Victor Rashkovsky—vicrash@comcast.net
- Meir Niad, President—meir@niad.net
- Linda Bell, Sisterhood Co-President—lwbell@nxs.net
- Becky Charles, Sisterhood Co-President
gchar2@aol.com
- Mira Kimmelman, Religious School Director

101 W. Madison Lane, Oak Ridge, TN 37830
(Mail) P.O. Box 5434, Oak Ridge, TN 37831

JCOR's Saturday morning service begins at 9:30 a.m.
For the Friday evening service schedule, please
contact JCOR at office@jcor.info or call (865) 483-3581.

www.JCOR.info



CHABAD OF KNOXVILLE

Jewish. Done Joyfully!



Let's Light Up the World

Adapted with permission from www.chabad.org

ב"ה

What is it about Chanukah that makes it one of the most celebrated Jewish holidays?

On Chanukah we celebrate the miracle of the oil, one flask of oil enough to burn for one day lasted eight days. And yet we call Chanukah the festival of lights and other than eating some food fried in oil there is very little mention of the oil. What is it about light that makes it so attractive?

"The light at the end of the tunnel."

"You light up my life."

"He's an enlightened person."

If you recorded every word you said for 24 hours, you'd probably find hundreds of references to light. Light, brightness, radiance -- these are the metaphors we use when we wish to speak about hope, wisdom, and goodness. The candle flame, the ray of light, the glowing coal -- these are the images in which we recognize our yearning for a better world, for a wiser, more virtuous, more G-dly self.

We are encouraged by the fact that a luminous body like the sun, by simply being what it is, can have such a profound effect on entities and beings millions of miles away, enriching them with light, warmth, energy and life. We are encouraged by the fact that a tiny flame can banish a roomful of darkness. If so, all is not lost. If our own souls are "candles of G-d" (as King Solomon proclaims in the Book of Proverbs), then little me is not so little after all. The big bad world out there can yet be transformed. All we need to do is be what we truly are, to act out our innate goodness, and the darkness will melt away.

Once a year, we celebrate this truth. For eight days and nights, we celebrate the power of light: in ascending number -- one little flame on the first evening, two flames on the second, three on the third -- we kindle the Chanukah menorah, recalling that miraculous victory, 22 centuries ago, of quality over quantity, spirit over materialism, right over might. And pray for the day when such victories are no longer "miracles", but the way things are in G-d's world.

Once a year, we celebrate this truth. For eight days and nights, we celebrate the power of light: in ascending number -- one little flame on the first evening, two flames on the second, three on the third -- we kindle the Chanukah menorah, recalling that miraculous victory, 22 centuries ago, of quality over quantity, spirit over materialism, right over might. And pray for the day when such victories are no longer "miracles", but the way things are in G-d's world.

So light up your candle, ignite your soul and share the light with others and together let us light up the world.

Ongoing Classes

TANYA CLASS:

Starbucks in Target (Ray Mears Blvd.) Thursday mornings—8:30-9:15 a.m., taught by Miriam Esther.

PARSHA CLASS:

Experience a weekly Journey into the Soul of Torah. A class that probes into the depths of contemporary Torah thought, with a special focus on issues surrounding spirituality, the human psyche, love, and relationships. Every experience offers meaningful and timely lessons – from the most timeless of texts. You will walk away surprised, inspired, and knowing more about who we are as Jews, and who you are as an individual. Tuesday Evenings 7-8:30 p.m. at Chalet at Chabad.

Join us!

JAHRZEIT

Heska Amuna Synagogue

December 5

Ida Ruchlin ♦ Mordechai Golinkin ♦ Sarah Green ♦ Nancy Lampert ♦ Eli Goldstein ♦ H. Waugh ♦ Vander Blue ♦ Yetta Wittenberg ♦ Sigmund Green ♦ Mary Freeman ♦ Sadye Goldstein ♦ Lillian Rotter ♦ Gertrude Weiner ♦ Eugene Gross ♦ Harold Winston

December 12

Ethel Deitch ♦ Bernard Diamond ♦ Max Wolf ♦ Mitchell Robinson ♦ Esther Adams ♦ Belle Gottlieb ♦ Matilda Goodfriend ♦ Louis Levin ♦ Calvin Hahn ♦ Joseph Shamitz ♦ Moe Slovis ♦ Mamie Berry ♦ Liebel Goldstein ♦ Helaine Jacobs ♦ Irene Binkley ♦ Bonny Barsky ♦ James Greenfield ♦ Sophie Rosenthal ♦ Madelyn Millen

December 19

Benjamin Zwick ♦ David Mandell ♦ Alvin Ellin ♦ Helen Billig ♦ Frances August ♦ Ida Glazer ♦ Idell Harris ♦ Florence Woolf ♦ Louis Glazer ♦ Samuel Rosen ♦ Renee Perl ♦ Joseph Krinsky ♦ Ben Diftler ♦ Morris Schneider ♦ Jeanette Scyefsky ♦ Simon Deitch ♦ Henry Sturm ♦ Minnie Slovis ♦ Samuel Mintz ♦ Bernard Simon ♦ Robert Geller ♦ Minnie Kramer ♦ George Busch ♦ Rose Mintz ♦ Julius Siegel ♦ William Shaw ♦ Virginia Waugh

December 26

Gerson Corkland ♦ Lottie Mottsmann ♦ Dora Friedlob ♦ Norma Wolf ♦ Julian Kalotkin ♦ Lazarus Abrams ♦ Sam Saroff ♦ Samuel Forman ♦ Isadore Rosenblatt ♦ Arthur Meyer ♦ Selma Vogel ♦ Bertha Bernstein ♦ Morris Kraut ♦ Hyman Gabler ♦ Abraham Garber ♦ Morris Kraut ♦ Max Isaacs ♦ Benjamin Joffe ♦ Taube Diftler ♦ Louie Herbin ♦ Herbert Ogle ♦ Aaron Gurwin ♦ Sam Milmot ♦ Lillian Solomon ♦ Jeannette Nichols ♦ Edna Cohen ♦ Max Euster ♦ Beatrice Routman

JAHRZEIT

TEMPLE BETH EL

December 4

Ben Altshuler ♦ Sheila Belensen ♦ Harold Bernard ♦ Bessie Gelber ♦ Jack Goldstein ♦ Arlene Karklin ♦ Sadie Rich Miller ♦ Faye Raymon

December 11

Ruth Brown ♦ Gladys Caller ♦ Louis Cohen ♦ Matilda Goodfriend ♦ Ella Heart ♦ Lillian Herrmann ♦ Iris Anita Kenton ♦ Elise Levy ♦ Werner Mangold ♦ Jacob Pais ♦ Pearl Salky ♦ Mr. Zakhar Sapozhnikov ♦ Isadore Shey

December 18

Nachum Barkan ♦ Frances P Brody ♦ Gersh Dolgonos ♦ Mary Ellen Epstein ♦ Slava Feldman ♦ James Friedman ♦ Abraham Garber ♦ Anna Gassel ♦ Elise R. Guthman ♦ Lillie Haas ♦ Irma Hill ♦ Harry L. Jaffe ♦ Emily Keisler ♦ Jennie Coons Levitt ♦ Charles Manis ♦ Edwin E. Miller ♦ Jack Misner ♦ Frances "Faigeh" Pfeffer ♦ Louis Pollock ♦ Gary Rawlings ♦ Benjamin Slate ♦ Harry Sturm ♦ Jacob Victor ♦ Harold Winston

December 25

Lena Loveman Bloom ♦ Barbara Dillon ♦ Esther Feldman ♦ Leah Freeman ♦ Florence Straus Gerson ♦ Minnie Goldberger ♦ Sigmund Green ♦ Risel Kronick ♦ Ann Lieberman ♦ Abraham Markman ♦ Jacob Nechamkin ♦ Samuel H. Robinson ♦ William Rockmaker ♦ Florence Rubin ♦ Bennie Salky ♦ Sam Salky ♦ Julius Sanders ♦ Lena Walowitz ♦ Naftule Zauber

Hadassah HIGHLIGHTS

HADASSAH
THE WOMEN'S ZIONIST
ORGANIZATION OF
AMERICA, INC.

HADASSAH
Knoxville

President's Message

My Dearest Hadassah Sisters and Friends,

As I come to the end of my time as Chapter President, I can't help but look back and see all of the amazing work we have done together. What an incredible two and a half years you have all given me. We truly have conquered so much.

We dipped into the political world when we partnered with Planned Parenthood to Say NO on 1. We educated ourselves with HMO Luncheons on Heart health and on Eyes, Ears, and Balance. We punched and kicked in learning how to protect ourselves. We survived brain freeze attacks while brain storming. We flashed back into history while swinging away at the Thanksgiving Ball. We tackled the hard issues; like human trafficking and drug addiction. We sang beautiful music together during Havdalah while feasting on Mimosas and indulging in Maj and makeup. We made new friends and we laughed with old ones.

We read. We wrote. We trained. We grew. We most certainly ate. But always, most importantly, we had fun...lots and lots of fun! Whether it was in New Orleans, in Birmingham, or even at the AJCC Gymnasium, we engaged and prospered. We stayed Hadassah strong!

I was incredibly fortunate to have Lee Kansas, Southern Region President, fly from NOLA to induct me into this office and feel even more blessed to have our very own, Bonnie Boring, Southern Region President, usher me out.

Taking the reins from the amazing Cindy Pasi was formidable as she flourished in her role. I hope I have lived up to the high standards that she has set.

But... don't cry for me Knoxville. The fun has only begun. I leave you in Laura Floyd's excellent hands and I have no doubt that she will continue to mold our Chapter into the Star that it is. After all, we are only growing stronger and that has everything to do with you. You are what drives Hadassah; on the Chapter, Regional and National level. You matter!

Todah Rabah to each of you! You have enriched my world and strengthened my heart. Thank you!

Shalom,
Shuli

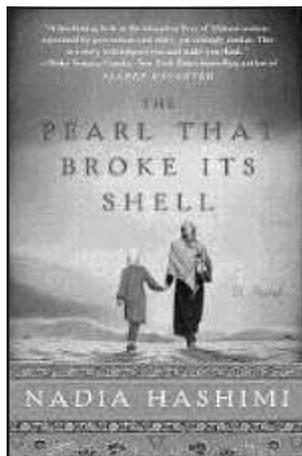
Hadassah Book Club News

December Book Club Selection

The Pearl That Broke Its Shell by Nadia Hashimi, will be the featured topic of Hadassah's **December 15** meeting. We'll be back at Barnes and Noble on Kingston Pike, at 7:30 p.m. All Jewish Women of the greater Knoxville area, and friends are welcome to join us.

Please contact Peggy Littmann at plittmann@comcast.net, or cell (865) 776-1013 with questions.

For any last minute updates, check the Hadassah web site at <http://jewishknoxville.org/> - tab onto Adults, then under Social Action you will find the Hadassah tab.



STOP THE BLEEDING

Hadassah's hospitals are on high alert. Israel's terror victims come through their doors every day. Staff is on call around the clock; critical supplies have increased to crisis levels.

- American Richard L., 76, stabbed in the heart in a terrorist bus attack, remains in critical condition.
 - After Pesach K., 79, saw his cousin murdered in the street, he was stabbed in the head by the same terrorist. He is recovering.
 - Naor B., 13, was putting air in his bicycle tires when he was stabbed. He is in serious condition after complicated surgery. His bar mitzvah is scheduled for November 28.
- The most difficult cases are rushed to Hadassah's hospitals, world-renowned for trauma and emergency care, with teams of surgeons, and critical care doctors and nurses, who don't give up on a patient.

Please make an emergency contribution today to ensure that Hadassah Medical Organization has the funding it so urgently needs to stop the bleeding.

DONATE NOW: hadassah.org/stopthebleeding

KNOXVILLE CHAPTER OF HADASSAH
*Festive Holiday Lunch
 &
 Officer Installation*

2016-2017 Executive Board Installation

conducted by
Bonnie Boring

Hadassah Southern Region President

Sunday, December 6, 2015

1:00pm - 2:30pm

Bridgewater Place, 205 Bridgewater Road

**\$21
 per person**



RSVP to Andrea Cone

865-288-7193 or sixconefarm@verizon.net by November 18th

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Webmaster/Social Media/PR	Anna Iroff-Bailey	annairoff@gmail.com
Youth Aliyah	Shuli Mesa	shulime@gmail.com

Hadassah Learns About Drug Abuse/Treatment in East Tennessee

By Peggy Littmann and Robin Brown, Event Organizers

On October 17, Hadassah sponsored a forum of invited experts to take a look at problems of addiction, drug abuse, and treatment in East Tennessee.

The "good" news from pediatric rehabilitation specialist, Dr. Miriam Weinstein, with hard work and long-term therapy, many children who have been injured from drug exposure in utero can get better, but preventing the problem in the first place is a thousand times more desirable.

The message from all the presenters: Intervention and treatment can often "cure" drug addiction. More resources allocated to drug abuse prevention would be well spent. According to our presenters, a new paradigm is emerging that helps explain some of the root causes of addiction and better ways to treat it.

One of our symposium speakers, Rev. Rebekah Fetzer, founder of Susannah's House, a program for drug-addicted pregnant women and babies, alluded to an experiment where isolated mice showed more drug-seeking behavior than "happy" mice.

I found out a little bit more . . . In the late 1970's and early 80's, Canadian psychologist Bruce Alexander was curious about how social conditions would affect addiction in rats. He compared behavior in rats that were either kept in cramped, bare and isolated cages or allowed to roam freely with other rats in a 95-sq.-ft. space filled with items desirable to rodents (like food, balls and running wheels) that he called "Rat Park." He found that isolated rats addicted themselves on available morphine water while the "happy" rats in Rat Park did not. When the addicted rats were moved from isolation into Rat Park, they dropped their addiction habit, seemed to suffer minimal withdrawal symptoms, and stopped seeking the drug-laced water. Many other experiments of a similar kind have been conducted since, with similar results.

Humans are not rats, but to quote from a *Time* magazine article on addiction by Mala Szalavits, June 01, 2011 ". . . Still, previous research in humans has suggested that social bonds help reduce the likelihood of drug use. Teens with closer relationships with their parents are less likely to become addicted to drugs, for instance. For people in recovery from addictions, **social support is often essential to avoiding relapse**. Indeed, the positive effects of social support may account for the fact that those who voluntarily affiliate with self-help groups like 12-step programs after addiction treatment tend to have better outcomes."

Our other presenters were Hilde Phipps, director of Adult Addictive Services for Helen Ross McNabb, and Knox County Assistant District Attorney Sean McDermott.

The message from Phipps and seconded by Rev. Fetzer, is we need to treat drug addiction as a disease and not as a moral weakness.

The cure may be in correcting the root causes of isolation and mental trauma haunting an addict, and from McDermott: Use our legal system to stop drug dealers, while treating the addict.

We learned from McDermott that our Knox County prison system has started a drug treatment program for addicted inmates. A better approach than having prisoners enter the revolving door of arrest, and re-arrest over and over again. The worst problem, not enough resources to treat everyone. We heard from all our presenters that thousands of people seeking help from drug abuse and addiction have to wait months or even years before an opening is available in a treatment program.

McDermott told us that Tennessee has the unenviable position of ranking second in the country for prescription drug abuse.

This situation demands our attention, but we all can help. We were urged to show compassion and support for those addicted, lobby our public officials to increase resources for treatment and prevention programs, and for ourselves, become more aware of the dangers of over using prescribed pain medications and mood altering drugs.

Fetzer brought with her a young mother, who is receiving treatment at Susannah's House, and her son. The joy and pride in that mother's voice when she introduced us to 5-month-old Xavier, and told us that he was born un-addicted to drugs was inspiring.

We don't need more babies crying and shaking in neonatal intensive care units, we need more Xaviers.



Rev. Rebekah Fetzer, Susannah's House executive director, listens and holds Xavier, as his mother describes her experiences and rehabilitation through this program for young mothers.



Knox County Assistant District Attorney Sean McDermott, Hilde Phipps, director of Adult Addictive Services for Helen Ross McNabb, and Rev. Rebekah Fetzer of Susannah's House answer questions.

Sean McDermott talks with Mark Littmann before the program.



Michael Messing assists a speaker with her presentation.

Barbara Mintz enjoys a potluck conversation with a guest.



Hadassah Highlights

Knoxville Chapter of Hadassah

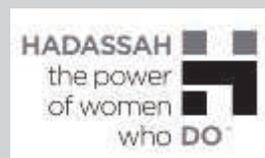
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www.knoxville.hadassah.org





Stanford Eisenberg Knoxville Jewish Day School

A Trip to Camp Wesley Woods

Last year Knoxville Jewish Day School 4-5 graders joined Akiva Jewish Day School students from Nashville on a trip to Washington DC. The opportunity for our KJDS students to connect with other students.

This year, joined by alumni who were excited to meet up with our Akiva friends, KJDS 4/5 graders spent a day with Akiva students at Wesley Woods. Our day at Wesley Woods began with a shared tefillah session led by Rabbi Aaron from Nashville. Though some of our tunes were different, it was fun to learn that the prayers were the same. We brought one of Akiva's tunes back to KJDS and it has now become part of our KJDS tefillah. We took a moment of silent reflection to show gratitude for the opportunity and were off for a day of science experiments and fun.

Students separated into groups of mixed Akiva and KJDS students and put their map skills to the test at the low orienteering challenge. Students learned about topography and elevation and had to collaborate with their teammates to find their way in the woods with no adults and no compass. Owen's review: "We had to find letters in the woods using a map. And we did better than I thought we would."

Before lunch, students learned about the three types of symbiotic relationships. They used role playing cards to learn about different pairs of symbiotic organisms. Next, we played a guessing game while examining several different animal artifacts. Leead explained a snake skin by saying; "Snakes shed their skin because it gets old like grandpa skin. It has to shed it to become a new man."

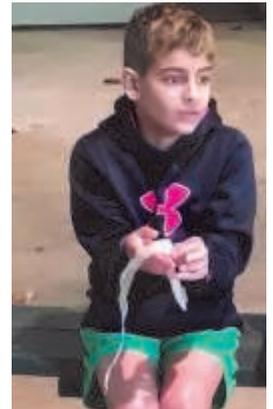
River. Students used different equipment and chemicals to test the nitrates, phosphates, pH, turbidity and dissolved oxygen in the water. We also collected and tallied the macro-invertebrates we found. Throughout the day, friendships were formed and reinforced between Akiva and KJDS students.

Dinner was made by Dana and Meytal Maman. Before we left, we shared kosher s'mores around the campfire. Ms. Anna shared several traditional campfire songs like *I Got My Long Johns On* and *Tater Pie*. The kids were so impressed with how long she could hold "I got my loooooooongjohns oooooooon." that Jackson from Akiva asked if he could buy her album!

Students had such a wonderful time that the teachers have committed to getting the KJDS students and Akiva students back together again in the spring.



The river experiments went well with what our students are studying in Science class about water systems.



Leead with a snake skin.

The students from both schools enjoyed the beautiful scenery and getting to know each other better on this field trip.

It's Never Too Early to Think About College and Career Goals

Over the next few months, we are going to focus on the educational foundation that we build in order to foster life-long learners. Along with the purposeful academic outcomes we strive for, the sense of community responsibility we impart works to create a well-rounded citizen. Through each lesson and discussion we see not only today but years down the road when each child will have to make choices that impact their future.

While college seems very far away to many of our parents and students, the years in elementary school can have lasting effects through one's entire life. We foster a sense of belonging, a sense of purpose and a sense of self. We facilitate learning through research, discussion and experimentation. We teach communication skills, we teach technological skills and we teach compassion. We teach these because we feel they give a student the tools they will need to be successful in life. We teach these skills in order to help each child reach their individual goals. We teach these concepts because they matter.

What Colleges are Looking For

We have all heard horror stories about high school students with stellar grades not getting into the college of their choice. Schools are getting more applications. It has become more competitive and students must find a way to get noticed. But it may not be grades that make students stand out. "What is it that makes you unique, and how will you contribute to the life of our campus?"* That's what admission officers want to know, according to Earl Johnson, dean of admission at the University of Tulsa. To gauge what students can bring to their campus, they look for these qualities:

- ◆ Leadership
- ◆ A willingness to take risks
- ◆ Initiative
- ◆ A sense of social responsibility
- ◆ A commitment to service
- ◆ Special talents or abilities

What we do at KJDS is directly aligned to instill these qualities. We hold each student to high standard of academic and ethical behavior. We give them a safe place to try out new activities, experiments and roles. We teach social responsibility through our Compassion Project and STEAM into Service workshop. We find ways to make real world connections with hands on learning and interaction with people in the community. Our annual play is a full school collaboration that gives all of our students experiences of memorizing lines, learning choreography and public speaking which leads to unmeasurable self-confidence. Our objective is to teach the **whole** child for their **whole** life.

* Taken from bigfuture.collegeboard.org a website of the College Board

Top to bottom: Our fourth and fifth graders work at Second Harvest Food Bank bagging cereal. Compassion is part of our curriculum.

Owen and Ellie are leading this break out session of STEAM. They planned and implemented the lesson about coding.

Students are finding out their roles in our annual play. We see every child gain self confidence by practicing and performing in our yearly production.



KJDS Staff and Special Friends “Meet and Greet”

On a beautiful fall day the staff and members of our “Special Friends” group joined together for some fabulous food and fun games to get to know each other.

Due to the nature of the events we plan with the children throughout the year, the staff and these generous volunteers do not get to spend much time getting to know one another. This event was created to give the grown-ups some quality time to talk together. We played a bingo game to start the conversations flowing. And of course, there was food. Marilyn Burnett and Pat Rosenberg created a beautiful spread that was enjoyed by all. We are so happy these members of the community give freely of their time and getting to know them better was a treat for all of the staff.



Stanford Eisenberg
**Knoxville Jewish
Day School**

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Louise Lindsay
Innovation Coach

Ann Ely
Office Administrator

Katie Bell
K-1st Grade Teacher

Rebecca Beers
2-3rd Grade Teacher

Kari Schubauer
4-5th Grade Teacher

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Hebrew Teacher

Rosina Guerra
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**KJDS IS COLLECTING
BOXTOPS FOR EDUCATION**

Please send box tops to the school
that can be turned into cash.
Any questions, call Ann at 560-9922.





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Ha' Kol is a joint community project.

The Jewish Community Archives of Knoxville and East Tennessee

The Way We Were in 1947



Kindergarten Graduation at the Jewish Community Center Sunday School

Back row: left to right (we think, but if you know, let us know): Beryl **Scheib**, Barry **Krisburg**, David **Silver**, David **Morrison**, Arnold **Cohen**
Front row, left to right: Brenda **Krauss**, Anita **Moiger**, the late Rena **Nides**.

David **Silver** is the son of the late Sylvia **Silver** whose memorial celebration was held here this fall. David **Morrison**, who lives in Israel, is a cousin of Mary Linda **Schwarzbart**. Arnold **Cohen** lives in Knoxville. Brenda **Krauss Mosko** lives in Oak Ridge. Rena's daughter Suzanne **Mittleman Fuller** lives in Knoxville. Coincidentally, both David **Silver** and Anita **Moiger Worsham** live in Santa Fe, New Mexico. Barry **Krisburg** lives in Delray Beach; his sister Marva **Collins** lives in Nashville. Thanks to Arnold **Cohen** and Mary Linda **Schwarzbart** for their assistance with this photograph.

Send your photos of "The Way We Were" to archives@jewishknoxville.org or contact the archivist at (865) 690-6343.