

HAKOL

August • September 2025 • Greater Knoxville Jewish Community News

KNOXVILLE JEWISH DAY SCHOOL
THE EVERYDAY MAGIC OF JEWISH
DAY SCHOOLS

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Finding Belonging in an Uncertain World: The Everyday Magic of Jewish Day School. Credit: Lev Gross Comstock Photography

HaKOL Monthly Publication

Tara Bain
KJA Director of Community Engagement

Courtne Barber-Mayo
Layout Designer

HaKol is produced through a partnership of Knoxville Jewish Alliance, Heska Amuna Synagogue, Temple Beth El, and Stanford Eisenberg Knoxville Jewish Day School.

For advertising opportunities:
hakol@jewishknoxville.org
865-690-6343

Stanford Eisenberg Knoxville Jewish Day School

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Community Directory

Chabad of Knoxville
www.chabadknoxville.org

Hadassah Knoxville-Oak Ridge
www.hadassah.org/chapter/knoxville

Heska Amuna Synagogue (Conservative)
www.heskaamuna.org

Jewish Congregation of Oak Ridge
www.jcortn.org

Knoxville Jewish Alliance & Arnstein Jewish Community Center
www.jewishknoxville.org

Stanford Eisenberg Knoxville Jewish Day School
www.kjds.org

Temple Beth El (Reform)
www.tbeknox.org

KEY: HA = Heska Amuna, JCOR = Jewish Congregation of Oak Ridge, KJA = Knoxville Jewish Alliance, KJDS = Stanford Eisenberg Knoxville Jewish Day School, JFS = Jewish Family Services, TBE = Temple Beth El

August 2025 Community Calendar

FRIDAY, AUGUST 1

8:22P *Candle Lighting*
1:00P HAWL Watercolor Class – HAS

SATURDAY, AUGUST 2

9:22P *Havdalah*
10:30A Ray Weckstein Bar Mitzvah – TBE

SUNDAY, AUGUST 3

Tish'a B'Av

THURSDAY, AUGUST 7

2:00P HAWL Mahjong – HAS

FRIDAY, AUGUST 8

8:15P *Candle Lighting*
1:00P HAWL Watercolor Class – HAS

SATURDAY, AUGUST 9

Tu B'Av
9:14P *Havdalah*
6:30P Teen Pool Party – AJCC

WEDNESDAY, AUGUST 13

7:30P Book Club – JCOR

THURSDAY, AUGUST 14

2:00P HAWL Mahjong – HAS

FRIDAY, AUGUST 15

8:07P *Candle Lighting*
1:00P HAWL Watercolor Class – HAS
5:00P Welcome Reception for Shinshinim – KJA
5:45P Shabbat at the Pool – Community

SATURDAY, AUGUST 16

9:05P *Havdalah*

SUNDAY, AUGUST 17

11:00A Craft Fair and Kids Crafting – HAS

TUESDAY, AUGUST 19

7:30P Hadassah Book Club- Zoom

WEDNESDAY, AUGUST 20

12:00P – JFS L&L: Bill Berez – AJCC

THURSDAY, AUGUST 21

2:00P HAWL Mahjong – HAS

FRIDAY, AUGUST 22

7:59P *Candle Lighting*
1:00P HAWL Watercolor Class – HAS

SATURDAY, AUGUST 23

8:56P *Havdalah*

SUNDAY, AUGUST 24

9:30A First Day RS – TBE
3:00P Membership Kickoff – Hadassah

THURSDAY, AUGUST 28

2:00P HAWL Mahjong – HAS

FRIDAY, AUGUST 29

7:49P *Candle Lighting*
1:00P HAWL Watercolor Class – HAS
7:00P Cookout on Patio – TBE

SATURDAY, AUGUST 30

8:45P *Havdalah*

September 2025 Community Calendar

MONDAY, SEPTEMBER 1

Labor Day

THURSDAY, SEPTEMBER 4

2:00P HAWL Mahjong – HAS

FRIDAY, SEPTEMBER 5

7:39P *Candle Lighting*
1:00P HAWL Watercolor Class – HAS

SATURDAY, SEPTEMBER 6

8:35P *Havdalah*

WEDNESDAY, SEPTEMBER 10

7:30P Book Club – JCOR

THURSDAY, SEPTEMBER 11

2:00P HAWL Mahjong – HAS

FRIDAY, SEPTEMBER 12

7:29P *Candle Lighting*
1:00P HAWL Watercolor Class – HAS

SATURDAY, SEPTEMBER 13

8:24P *Havdalah*

SUNDAY, SEPTEMBER 14

2:00P Pres-Rosh Hashanah Family Fall Bash – Deep Well Farm

TUESDAY, SEPTEMBER 16

6:00P Emerging Voices Lecture: Cara Rock-Singer – UT Judaic Studies
7:30P Hadassah Book Club - Zoom

THURSDAY, SEPTEMBER 18

2:00P HAWL Mahjong – HAS

FRIDAY, SEPTEMBER 19

7:19P *Candle Lighting*
1:00P HAWL Watercolor Class – HAS

SATURDAY, SEPTEMBER 20

8:14P *Havdalah*

MONDAY, SEPTEMBER 22

Erev Rosh Hashanah

7:14P *Candle Lighting*

TUESDAY, SEPTEMBER 23

Rosh Hashanah
8:09P *Candle Lighting*

WEDNESDAY, SEPTEMBER 24

Rosh Hashanah
8:07P *Havdalah*

THURSDAY, SEPTEMBER 25

2:00P HAWL Mahjong – HAS

FRIDAY, SEPTEMBER 26

7:08P *Candle Lighting*
1:00P HAWL Watercolor Class – HAS

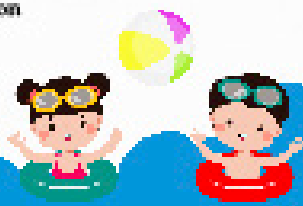
SATURDAY, SEPTEMBER 27

8:03P *Havdalah*

Calendar Highlights



COMMUNITY EVENT
Date: August 15, 2025
Location: Allen Rosen Aquatic Center at AJCC
Event Schedule:
 4:00 Free Swim & Mingle
 5:00 Shishitnim Welcome Reception
 5:45 Tot Shabbat
 6:15 Kosher Cookout
 7:00 Community Shabbat Service



To RSVP, visit
www.linktr.ee/jewishknoxville

Heska Amuna Synagogue

www.HeskaAmuna.org

Heska Amuna Craft Fair & Kids Craft Day **Sunday, August 17 • Noon – 3:00 pm Heska Amuna Synagogue**
 Come enjoy a cool, indoor Craft Fair for the adults and a Craft Day for the kids, at Heska Amuna Synagogue. See all of your friends and catch up on the summer. Our website has more details and a sign up for the environmental kids craft.

Contact Marc Forman • marcforman@hotmail.com

Knoxville Jewish Alliance

www.jewishknoxville.org/pjlibrary

Rosh Hashanah Fall Bash **September 6, 2025 • 11:00A-2:00P • Deep Well Farm**

All Jewish families are invited for the 4th annual Rosh Hashanah Fall Bash at Deep Well Farm! We've rented out the whole farm for an afternoon of hayrides, farm animals, mega slides, shofar blowing, apples and honey, and more! You don't want to miss it!

This event is co-sponsored by PJ Library Knoxville, Knoxville Jewish Day School, Temple Beth El, Heska Amuna Synagogue, and Jewish Congregation of Oak Ridge.

Contact Anna Iroff-Bailey • airoffbailey@jewishknoxville.org

Jewish Congregation of Oak Ridge

www.jcortn.org

Taschlich and Picnic at the Marina **September 23, 2025 • 4:00 PM at Melton Lake Park (aka the Marina)**

Following the Taschlich ceremony at 4 PM there will be a Picnic at 5 PM. Bring your favorite dish to share and enjoy the company of others at picnic tables under the covered pavilion. Connect with family and friends with good food and a nice walk by the lake.

Contact Ronnie Bogard • events@jcor.info

For the most updated community calendar, including High Holiday services, Shabbat services, ongoing classes, and programs, please visit www.jewishknoxville.org/calendar or scan the QR code.



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u'metukah**

**Mary Linda
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**Best Wishes for a sweet
new year filled with
health, happiness & peace.
Shana Tova!**

**Douglas, Jill, Brian &
Andrew Weinstein**

**Shannah
Tovah**

from
Kim, Stephen,
Nathan, Arielle,
& Tiffanie
Rosen

Shanah Tovah U'Metukah

**Jeff & Nancy Becker
and our children & grandchildren:**
Jeffrey Cohen; Dan, Lora, Noah, Benjamin
Cohen-Vogel; Debbie, Jeff, Samantha, Gabe
Abrams-Cohen; Rachel, Micah, Sophie, Reuben
Becker-Klein; Benjamin, Amy, Harry, Leo Willis-
Becker; Sarah Becker, Aminata Dembele

Finding Belonging in an Uncertain World: The Everyday Magic of Jewish Day School

Author: Miriam Esther Wilhelm, Head of School, and KJDS Parents

In a world that often feels uncertain, Jewish day schools offer something truly grounding: a place where children and families can feel at home.

At Knoxville Jewish Day School (KJDS), it's easy to be dazzled by the big moments—the shining lights of student theater productions, creative design projects, hands-on learning in the STEAM lab, or off-campus adventures that expand young minds. But the real magic? It lives in the everyday. It's in the joyful energy of a Shabbat Party, the whispered encouragement from a teacher, the laughter between friends, and the quiet kindness that fills the halls.

KJDS cultivates a deep sense of belonging, one that begins the moment you walk through the door. As parent Elisheva Paldor shares, "I still remember walking into KJDS for the first time, thinking we were the 'new family'... and somehow within days, it felt like we'd always been here. It's more than a school, it's a place where you belong so naturally, you forget there was ever a 'before.' Moving here wouldn't have been the same without KJDS, it turned a new city into a real home."

This spirit of connection is woven into everything. Whether students are dancing in the morning, catching up after a break, or checking in on their younger Tefillah buddies, they are constantly practicing empathy and care. Teachers play a powerful role in this dynamic. They listen, empower, guide, and celebrate each child. With just a look, a smile, or a word of encouragement, they help students feel seen and valued, laying the foundation for children to become that source of warmth for others.

"At KJDS, our family has experienced a deep sense of inclusion from the very start," says parent Sarah Butcher. "Our kids are accepted, respected, and celebrated for who they are. The school recognizes each child's unique strengths and interests, and that has made all the difference. Our kids aren't just learning, they're thriving in a place where they feel truly seen and valued."

Beyond belonging, students at KJDS are encouraged to explore who they are. Through reflective learning and a growth mindset, children come to understand their strengths and areas for growth. They share their talents with the community, whether that means helping a younger student at recess, leading a holiday celebration, or performing for residents at a nearby senior home.

And perhaps most meaningfully, they grow deeply connected to their Jewish identity. As parent Lupe Cataldo beautifully describes, “Jewish culture has been such a precious source of hope for me and my ancestors. At KJDS, my son has access to the rich gifts Judaism brings, prayer, Hebrew language, and a close-knit community. KJDS is a root system to a beautiful tree where we can watch our child grow, nurtured in every way. In today’s world, a sense of belonging and connection is just as important as strong academics, and our family is so grateful we can have both at KJDS.”

When children have strong roots, they grow strong wings. When they know who they are, they can go anywhere. At KJDS, students grow up knowing they can be anything and that they’ll always belong.



Credit: Lev Gross Comstock Photography

Celebrating Mrs. Blanchard: A Sparkle-Filled Farewell After Eight Wonderful Years

Author: Anna McDonald, Director of Operations and Admissions

After eight unforgettable years, we bid a bittersweet farewell to Mrs. Bekka Blanchard—affectionately known to many as Mrs. B—a beloved and extraordinary teacher who has left an indelible mark on the hearts and minds of the KJDS community.

Known for her unwavering dedication, consistent high expectations, and a heart as big as her personality, Mrs. Blanchard brought passion, creativity, and plenty of sparkle into her classroom every single day. Whether she was leading her students in a rousing chorus of “Rocky Top” on Football Fridays to show her Big Orange pride or “glittering” them to celebrate a job well done, Mrs. B made learning joyful, meaningful, and memorable.

Mrs. Blanchard lived the KJDS mission every day—educating the whole child through exploratory and innovative learning in a warm, family-like community. Her classroom was a space where curiosity was encouraged, individuality celebrated, and relationships nurtured. Even during the challenges of COVID and remote learning, she continued to make learning hands-on and heartfelt, like when she invited students into her kitchen via Zoom to bake brownies and learn about fractions in the tastiest way possible.

Her love of language and impeccable grammar wasn’t just something she taught; it was something she modeled. Students could always count on her to challenge them intellectually while lifting them up emotionally, loving them fiercely, and pushing them to be their best selves.

Mrs. Blanchard’s classroom was a hub of vibrant exploration. From designing hurricane-proof houses to building tarpuls (tarp + pulleys = engineering magic!) to guiding students through a European culture day filled with fiesta, siesta, and homemade crepes, her projects helped students connect learning to the real world and to each other.

Her contributions reached far beyond the classroom. Mrs. B was a key supporter of the annual all-school musical, helping to bring each production to life with her dedication and behind-the-scenes magic. She was also fully invested in celebrating Jewish holidays with her students, infusing joy, tradition, and meaning into each moment.

She made every child feel seen, celebrated, and supported, and her legacy of passion, care, and excellence will remain at the core of KJDS for years to come.

We are endlessly grateful for Mrs. Blanchard’s years of service, and though we’ll miss her dearly, we send her off with pride, gratitude, and all our love.



Alumni Spotlight: Heidi Sturm

Written by: Miriam Esther Wilhelm and Heidi Sturm

Alumni Spotlight: Heidi Sturm (KJDS Class of 2015)

When we caught up with KJDS graduate Heidi Sturm, her warmth, drive, and deep connection to her Jewish roots immediately stood out. Heidi, who is currently pursuing her Master's in Accounting at Miami University of Ohio, reflected on how her time at KJDS shaped the person she is today.

"Being proud of my Judaism was instilled in me at KJDS," she shares. "We were always singing songs, learning so much about Judaism, and so happy in school. It taught me that if I'm in a Jewish environment, I'm going to feel happy and welcomed." That sense of belonging became a guiding force for Heidi, leading her to seek out meaningful Jewish community experiences wherever she goes.

At college, Heidi has remained deeply connected to Jewish life. She's a regular at Chabad for Shabbat dinners, developed close relationships with the Chabad family through babysitting and visits, and has held several leadership roles in Jewish organizations. She served as treasurer for Hillel in her sophomore year and joined the Jewish Business Leadership Council as a junior, where she met prominent Jewish professionals and traveled to Detroit and Cleveland to explore the intersections of faith and business. Most recently, she participated in Olami's Maimonides class, a weekly learning program that deepened her knowledge and connection to Jewish thought.

This summer, Heidi is stepping confidently into the professional world as an audit intern with KPMG in Charlotte. Reflecting on her journey, she says, "I'm most proud of being able to independently settle in a new city,, first in Oxford and now in Charlotte."

Despite her busy schedule and the miles between cities, Knoxville is still home. "Whenever I'm in town, the best thing is getting together with my KJDS friends. Whether I see them or their parents, it feels like no time has passed. It's like we're all one family."

Heidi's story is a beautiful testament to the kind of foundation that begins in childhood and continues to shape a person throughout their life. Her journey reminds us that the seeds planted in a joyful, nurturing environment continue to flourish—wherever life takes you.



Meet Our New Shinshinim: Avigail & Yaheli!

By: Tara Bain, KJA Director of Community Engagement



Knoxville Jewish Alliance is thrilled to welcome Avigail and Yaheli, our 2025-2026 Shinshinim (Israeli teen ambassadors), to the Greater Knoxville Jewish community!

Avigail enjoys reading, exploring new places and cultures, and music – particularly pop and country. Yaheli is passionate Israeli rock music and sports, mostly soccer and American football. Both are recent high school graduates who have chosen to defer their army service to spend the year volunteering and engaging Jewish communities abroad.

In the months ahead, you will find our Shinshinim actively connecting with students at the Preschool at AJCC, Temple Beth El Religious School, and the Knoxville Jewish Day School. You will also see them at community events and leading meaningful programs for families, adults, and seniors. Their mission? To bring Israel to life in Knoxville through personal stories, joyful experiences, and inspiring conversations.

We invite you to meet Avigail and Yaheli at our **Welcome Reception on Friday, August 15 at 5:00 PM**, just before Shabbat at the Pool. It will be a wonderful opportunity to say hello, enjoy dinner as a community, and give our Shinshinim the warm East Tennessee welcome they deserve.

Want to connect more personally? **Host them for coffee, a Shabbat dinner, or a casual meal**—they're eager to get to know you! To coordinate a time, email Tara Bain at tbain@jewishknoxville.org.

Let's give Avigail and Yaheli a year they'll never forget—and one that will deepen our own connections to Israel, to one another, and to Jewish life.

Are you a warm, welcoming family?

Host a Shinshin!

SCAN THE QR CODE TO COMPLETE THE INTEREST FORM




President's Message

Author: Judith Rosenberg, KJA President

Dear Community Members:

The High Holiday season is here again, offering us a chance to reflect and look for ways to make the next year better in all aspects of our lives – work, family, friendships, and our volunteer activities. I always appreciate this aspect of Judaism and enjoy this opportunity for renewal and deeper spiritual engagement.

One of the Seven Species mentioned in the bible as being native to the land of Israel is the pomegranate. Their seeds are associated with the 613 mitzvot (commandments) in the Torah and we see them often in Jewish art, literature, in our houses of worship, and especially during the High Holidays. I love that they're so old, their ties to mitzvot, and to Judaism and our tradition.

A teaching that I particularly like is that we should have as many blessings in our lives as there are seeds in a pomegranate. This is my hope for our community as we move toward a new year together – may we feel our many blessings, and may we work together toward a life

of abundance, peace, and goodness.

As we begin 5786:

To my Mom, our “family” and my friends – thank you for your support, being a sounding board when I need one, and not being afraid to tell me what I’m not seeing sometimes.

To our staff, Board of Directors, community partners, and volunteers – I give you my most sincere and deep thanks. We make so much happen for a community our size. It simply doesn't happen without your hearts and your work.

To each of you – I offer my apologies if I hurt you knowingly or unknowingly. If there is something we need to work on moving forward, please let me know so we can try to improve.

Shana tova! I hope this is a year of peace, health, happiness and good things for you and those dear to you.

Jewish Family Services: L&L Program

Author: Nora Sweat, KJA Director of Jewish Family Services

Jewish Family Service's Learn and Live program has now had four very successful programs! We have learned about food, wellness, the justice system, and life.

Special thanks to our lovely Learn & Live Committee for putting together these events every month.

Each program is new and different each month with our next programs as follows:

- August 20 at AJCC – Bill Berez, retired Director of Behavioral Health Services at Cherokee Health Services
- September 17 at AJCC - Alex Schwartz, UTK Associate Athletics Director of Strategic Communications

We meet every 3rd Wednesday of the month from 12:00-2:00 p.m. Anyone interested in meeting 30-40 friends to learn something new and enjoy social time – please join us! If you have any questions about the events, please contact Nora Sweat at nsweat@jewishknoxville.org.



KNOXVILLE JEWISH ALLIANCE

Celebrate Rosh Hashanah at Home

Download the **FREE** PJ Library Guide to the Fall Holidays for more ideas and resources!
<https://pjlibrary.org/higholidays>

Enjoy Jewish music!
Try jkidsradio.com, YouTube, or the PJ Library Rosh Hashanah mix on Spotify

Dip apples in honey!
Apples remind us that the year goes around in a circle, and honey bring us a sweet new year.



Try a new fruit!
Learn to say the Shehecheyanu blessing here:



Make your own Shofar!
Get creative! A party horn, paper plate, even your smartphone can become an at-home shofar.



L'Shanah Tova!

PJ Library in Knoxville

PRESCHOOL at JCC

ROSH HASHANAH FAMILY FALL BASH!

SEPTEMBER 14 | 2-5 PM

Deep Well Farm

Hay Rides | Holiday Activities | Shofar
Mega Slide | Farm Animals

TICKETS AVAILABLE AT
JEWISHKNOXVILLE.ORG



Jewish Congregation of Oak Ridge

KJDS KNOXVILLE JEWISH DAY SCHOOL

PJ Library in Knoxville

HESKA AMUNA SYNAGOGUE

TEMPLE BETH EL Knoxville • Tennessee

Elul invites us to reflect and take responsibility.
Through tzedakah, we strengthen our community
and prepare for a
meaningful New Year.

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jewishknoxville.org/kja-donate



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KJA Contributions

as of June 30, 2025

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PJ LIBRARY

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We Are All Part of Something Bigger

By: Rabbi Adam J. Rosenbaum



A multitude of social-media sites have connected us to countless people and events, for better and for worse. But one might have taught us more about the human condition than other more popular sites. It started when a man named Frank Warren launched PostSecret. Originally intending to create an art project, Warren printed 3,000 self-addressed postcards and gave them to strangers. He asked them to write something they had never told anyone else, and to send the cards to Warren anonymously.

When Warren posted some of these postcards on the Web, more and more people began to send in secrets of their own. Apparently, Warren had tapped into a widespread desire to share our innermost hopes and fears with someone. But the event that solidified PostSecret's importance was when one postcard stated a man's wish to commit suicide by jumping off the Golden Gate Bridge. When this card was made public, the members of the PostSecret community took action, creating a voluminous database of suicide-prevention hotlines, and convincing the San Francisco City Council to redouble public service efforts to reach out to those at similar risk.

Subsequent postcards, both urgent and amusing, also

have brought people together. Warren believes that this phenomenon is best summed up by one of the postcards he received, a statement he now carries in his wallet. It reads: "We are all part of something bigger, and we are all part of it together."

Perhaps it shouldn't surprise us that many modern communities are now formed online. After all, many of us spend our days surrounded by people, whether they are co-workers, coeds, or neighbors. Yet it is not uncommon for us to feel lonely even in these surroundings. Maybe it's because we are reluctant to trust anyone unless we feel certain that we are revealing exactly what we want, conditions we can often control online.

But that doesn't mean that our need for connection is any less acute. If anything, it has grown.

This is why, in these coming weeks, I would like for us to keep in mind that statement Frank Warren keeps in his pocket: "We are all part of something bigger, and we are all part of it together." Before we know it, a new Jewish year will be upon us, and we will be asked to look inwardly to understand ourselves better. But often, we learn the most about ourselves by sharing with others. Whether you're more comfortable reaching out to others personally, or prefer to do so quietly, even anonymously, the precious days leading up to Rosh Hashanah give us chances to discover how much more of an impact we can make when we do so together.

The Hasidic collection known as Sefer HaMatamim teaches that when a multitude of Jews gather, it brings glory to God, and on the High Holy Days, we gather as we do at no other time, thus bringing God the greatest honor we can give. I propose that this glory not only comes from our physical presence, but also from our willingness to connect with one another, as a congregation. In 5786, let all of us in the Knoxville Jewish community remember that we are all part of something bigger, and we are all part of it together.

Looking Forward

Author: Laura Floyd, Heska Amuna Synagogue President



Brown, Shaliach Tzibbur, are leading services together again this year.

I find there are always good things to look forward to, Shabbat, birthdays, anniversaries, Hanukkah, but this year I most look forward to High Holiday services with everyone back in our beautiful sanctuary for the first time in 5 years. Rabbi Adam Rosenbaum and Rachel

Heska Amuna Synagogue services are open to everyone; no tickets required. We do ask guests to please let us know you will be joining us by emailing us beforehand at RRS@HeskaAmuna.org or calling the office, (865)522-0701. All services (except Selichot, the Cemetery service, and Tashlich) will be in-person at the synagogue and streamed, too. To join services online, see our homepage, www.heskaamuna.org.

As we prepare to enter 5786, may you, your family, your friends, and our world find loving ways to peace, joy, and meaningful enrichment in the year to come.

כתיבה וחתימה טובה Wishing All A Good Sealing.

5785 High Holy Days at Heska Amuna Synagogue

SEPT. 13 (SAT.) 8 P

Selichot Service with Temple Beth-El (at Heska Amuna) led by Rabbi Adam Rosenbaum, Gilya Schmidt, Rabbi Cantor Raina Sirotky, Rabbi Ahuvah Loewenthal, and Rabbi Shush Carson

SEPT 28 (SUN.) 11 A

Cemetery Service with Temple Beth-El (at the New Jewish Cemetery)

SEPT 22 (MON.) 6 P

Erev Rosh Hashanah

SEPT 23 (TUES.) 9:30 A

1st Day of Rosh Hashanah with Youth & Family Services (beginning at 10:30 am); Childcare (all hours)

SEPT 23 (TUES.) 5 P

Tashlich followed by Mincha on the River (Cherokee Boulevard)

SEPT 24 (WED.) 9:30 A

2nd Day of Rosh Hashanah; Childcare (all hours)
2nd Day Rosh Hashanah Lunch following Services sponsored by Barbara Bernstein in memory of Bernie Bernstein and Muriel Marvet

SEPT 24 (WED.) 3 P

Tashlich rain date - Cherokee Boulevard (following lunch)

OCT 1 (WED.) 6 P

Kol Nidre with musical prelude by Michael Soloway; Childcare (all hours)

OCT 2 (THURS.) 9:30 A

Yom Kippur Morning Services with Youth & Family Services (beginning at 10:30 am) and Childcare (all hours)
Note: The synagogue will remain open all day for personal prayer and rest
Yom Kippur afternoon study session following morning services
Yom Kippur afternoon meditative walk following the study session

OCT 2 (THURS.) 5 P

Yom Kippur Mincha; Childcare (all hours)

OCT 2 (THURS.) 6 P

Neilah (estimated time)

OCT 2 (THURS.) 7:45 P

Havdalah and Break-the-Fast (estimated time)

OCT 7 (TUES.) 9:30 A

1st Day of Sukkot

OCT 8 (WED.) 9:30 A

2nd Day of Sukkot

OCT. 14 (TUES.) 9:30 A

Shmini Atzeret, Yizkor, and Gesham

OCT. 14 (TUES.) 5 P

Simchat Torah - Dinner followed by Hakafot, and honoring our Hatan Torah and Hatan Bereishi

OCT. 15 (WED.) 9:30 A

Simchat Torah Morning Services

Counting the Omer – and Counting Each Other

Author: Mary Ann Merrell, Heska Amuna Past President

As we counted the days between Passover and Shavuot, many in our community were recognized who reflect the values we studied during the time we counted the Omer. As we counted the omer, many of us focus on a “sefirah” – an aspect of our emotional lives that we strive to strengthen daily. Mazel tov to those who were recognized during these days for the ways in which they serve us all.

Chesed (Lovingkindness): Suzanne Brown, Catherine Eisenberg, Peggy Littmann, Gilya Schmidt, Michael Burnett, Linda Anderson, Jack Love, Betty Golub; Cathy Eisenberg; Bryan Merrell, Judith Rattner, Bud Rattner, Jimmy Cawn

Malchut (Leadership): Mark Siegel, Mary Ann Merrell, Laura Floyd

Yesod (Foundation): Jeremy Headrick, KCSO Captain Robert Anderson, Mary Ann, Laura, Markus Eisenbach, Bill Berez, Mark, Barbara Levin, Dahlia Smith, Rabbi Shush Carson, Rabbi Adam Rosenbaum, William Thompson, Jack Love, Martha and Marty Iroff, Beverly Wilcox, and Suzanne Brown

Hod (Humility): Rivka Soloway, Women’s Chevra Kadisha, Men’s Chevra Kadisha, Peggy, Jennye Merrell, Doug Weinstein

Netzah (Endurance): Jeremy, Angela Brunelle, Larry & Marion Bayer, Frank & Elizabeth Floyd, Michael, Marty, Mary Ann, Gilya, Mark, the Rabbi & Religious Services Committee (Michael, Gilya, Mary Ann, Laura Floyd, William, Markus, Frank Lawhead, Catherine Greer, Mary Linda Schwarzbart, Miriam Weinstein, Rabbi Rosenbaum, Rabbi Shush)

Tiferet (Compassion): Alice Farkas, Mary Linda, Mary Ann, Marilyn Burnett & Pat Rosenberg & Jeff and Anita Miller – our Chesed Committee), Beverly, Nancy Becker, Rabbi Shush

Gevurah (Justice): Rabbi Rosenbaum, Mark, Matt Callone, Martha & Marty

With gratitude to all those listed here and those we hold in our hearts who inspire us daily. And a thank you to all who made donations to honor loved ones and friends.



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Sundays at 10am, starting August 10th

Zoom only – link at heskaamuna.org



HESKA AMUNA SYNAGOGUE

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Through June 25, 2025

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High Holy Days

Author: Raina Siroty, Rabbi Cantor

Rabbis, Cantors, and Educators around the world pour their hearts into creating meaningful and inspiring High Holiday experiences. But no matter how stirring the Rabbi's sermon is or how beautiful the music sounds, the impact can fall flat if we're not spiritually prepared to engage. Too often, we find ourselves distracted—scanning the sanctuary for familiar faces, flipping through a machzor that feels less familiar than our regular Shabbat siddur, or simply feeling the weight of a long service. In the midst of it all, we may lose sight of the deeper purpose of these sacred days: to guide us toward personal reflection, renewal, and spiritual growth.

Here's a powerful excerpt from Rabbi Alan Lew, in his book, *This is Real and You Are Completely Unprepared*, beautifully captures what a moment of spiritual awakening can truly feel like. As you read, try to picture the experience he describes—let the words stir your imagination and open your heart.

"Suddenly, you are awakened by a strange noise, a noise that fills the full field of your consciousness and then splits into several jagged strands, shattering that field, shaking you awake. The ram's horn, the shofar, the same instrument that will sound one hundred times on Rosh Hashanah, the same sound that filled the world when the Torah was spoken into being on Mount Sinai, is being blown to call you to wakefulness. You awake to confusion. Where are you? Who are you?" "Then you remember, in exactly one month, one revolution of the moon, you will stand before God. What will God see on that day? What will you see? This encounter can carry you significantly closer to the truth of your life. Standing in the light of God, you can see a great deal more than you ordinarily might, but only to the degree that you are already awake, only in proportion to the time and energy you have devoted to preparing for this encounter."

The month of Elul, which leads us into Rosh Hashanah, is set aside in the Jewish calendar as a sacred time for introspection. Each day, the sound of the shofar calls us to wakefulness, urging us to reflect on the year that has passed and prepare our hearts for the one ahead.

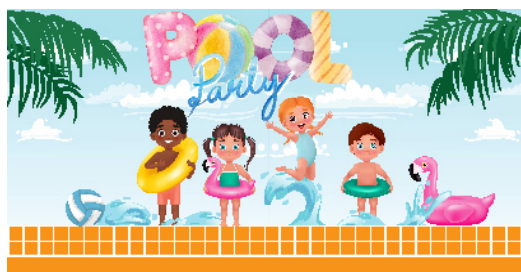
At the center of this season lies a powerful question: *How can I ready myself for a true encounter with the Divine?*

May your journey through the month of Elul be meaningful—and may you be blessed with a *Shanah Tovah u'Metukah*, a good and sweet 5786.

Hands on, Hearts on, Minds on Learning

By: Norma James, TBE Religious School Director

**Religious School begins Sunday,
August 24th 9:30A-12:00P.
Midweek Hebrew for 4th-7th graders begins
September 3rd 4:30-6:00P.**



**Great Big Jewish Pool Party on August 24!
Religious School 9:30-11:00A
Lunch & Pool Party @ AJCC 11:30A-1:30P**

We are starting the school year off with a splash! Our first day of religious school will be super exciting! Come dressed for the pool and enjoy an opening day celebration. Everything from classroom time, to T'filah, to snacks will be a pool party theme. Our students will have classroom time to get re-acquainted with students and meet new teachers. We will have a wonderful T'filah of prayers and songs with Rabbi Raina and Norma. At 11:00 we will all head to the AJCC pool for lunch and swimming! Lauren Kaplan will head up the event and round up parents to help with lunch.

In May I attended Hava Nashira in Wisconsin. This is a yearly worship and music conference with incredible singing opportunities and a wealth of outstanding workshops. I learned so much that we can put into practice with our students and parents. In June I attended the ISJL Conference in Jackson, Mississippi, and had the opportunity to be a presenter. I was on a panel discussing ways to collaborate with area colleges and universities. I shared the many ways we partner with the University of Tennessee through Hillel and the department of Jewish studies.

We are happy to welcome the new Shinshinim this year. We look forward to connecting our students with Israel in such a personal way!

Hands on, Hearts on, Minds on Learning, cont.

Rosh Hashanah Events for our students:

- TBERS will participate in the celebration at Deep Well Farm again this year. Date TBD
- September 21: RS will do a pre-Rosh Hashanah Tashlich service during school and eat Apples and Honey provided by Sisterhood. Our students love starting off the New Year with sweetness on their tongues. Thank you, Sisterhood, for all you do for us.
- September 23: There will be two separate Rosh Hashanah services for young people: Service for preschool-1st grade and service for 2nd-7th grade, both are at 9:00am
- RS students will sing, chant prayers, and bless and read Torah in the Rosh Hashanah morning service at 10:30am.
- September 28: The Confirmation Class will attend the Cemetery services at the Old and New Cemeteries.

Heads up for early October:

- October 1: No Midweek (Erev Yom Kippur)
- October 2: There will be two separate Rosh Hashanah services for young people: Service for preschool-1st grade and service for 2nd-7th grade, both are at 9:00am
- **Fall Break is October 5th-12th**
- **Sunday, October 5: Everyone is invited to help decorate the Sukkah 11:00-1:00. There is no RS that day.**

Do you have children ages 4 through rising 9th grade who would enjoy spending time with wonderful Jewish children and amazing teachers? Consider our Temple Beth El Religious School. Norma James would love to talk to you about our program. Contact her directly at normajames@tbeknox.org to set up a meeting, FaceTime, Zoom, or phone call.

Ray Weckstein to Become Bar Mitzvah



Ray Weckstein is a rising 7th grader at West Valley Middle School. He's an avid reader and enjoys reading anything by Rick Riordan. He enjoys soccer, basketball, baseball and football and really likes playing video games and hanging out with his friends. Ray is excited for his Bar Mitzvah and plans to stay active in our Jewish Community.

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Donations listed were received as of June 20, 2025

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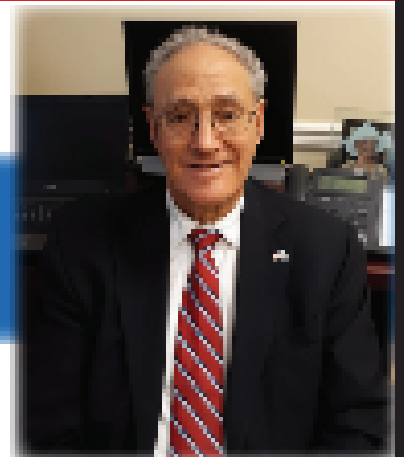
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The Fern and Manfred Steinfeld Program in Judaic Studies is the center for the study of Jews and Judaism at the

University of Tennessee, Knoxville.

It offers a variety of public and academic programs that enhance student learning, promote Jewish Studies scholarship, and contribute to the intellectual life of the Knoxville community and beyond.

UT offers an interdisciplinary Judaic Studies as well as several scholarships to support student learning. Courses in Judaic Studies range from the Hebrew Bible to the Holocaust and include both modern and Biblical Hebrew.



There is No Such Thing as a Small Jew

Author: Rochel Wilhelm in honor of her Bat Mitzvah

It was the winter of 1984 the Rebbe sent Rabbi Moshe Kotlarsky to the island of Curaçao to visit the small Jewish community there. During his visit, he met a Jewish father who was grappling with a difficult decision about his son's education.

Rabbi Kotlarsky encouraged him to write to the Rebbe. He did — and received a letter filled with guidance and blessings. In his follow-up note thanking the Rebbe, he closed with a heartfelt line: **"Thank you from a small Jew from Curaçao."** The Rebbe's reply was both personal and profound. And I quote:

"I was pleased to receive your regards through our esteemed mutual friend.

I must, however, take exception to your referring to yourself as 'a small Jew from Curaçao.'

There is surely no need to emphasize to you at length that every Jew — man or woman — has a Divine Soul, which is a 'part of G-dliness Above,' as explained in the Tanya, Chapter Two.

Thus, there is no such thing as 'a small Jew,' and a Jew must never underestimate his or her tremendous potential."

There is no such thing as a small Jew.

The Rebbe's reply is not just inspiring — **it's also a challenge.**

A reminder. A mission.

The Rebbe is telling us — telling me — that I'm not small. That no Jew is small.

Not in Curaçao, not in Knoxville, not in the tiniest town or the farthest corner of the world.

That we each carry **G-dly power inside us.**

That even a child, even a single mitzvah, even one act of kindness, carries infinite impact.

So, when the world feels like a jungle — chaotic, noisy, and full of confusion — and you're tempted to think, "What difference can I make?"

Remember: There is no such thing as a small Jew.

When antisemitism is on a rise and you feel vulnerable, alone, or afraid.

Remember: There is no such thing as a small Jew.

And when the darkness of the world feels overwhelming, and you wonder whether one little mitzvah — one Shabbat candle, one act of kindness — can really do anything...

Remember: There is no such thing as a small Jew.

So imagine...

If every Jew — no matter where they live, how old they are, or how connected they feel — truly believed that: **"There is no such thing as a small Jew"**

Imagine what the world would look like.

If we each used our **G-dly soul** to bring more light...

If we each did **one more mitzvah...**

If we each reached out to **just one more person...**

We could make this world a better place.

Yes — we're different.

We come from different places.

We have different stories.

But we all share one thing:

A powerful, shining soul from Above.

Let's unite that greatness. Let's unleash that power.

And together, we will transform the world into a home for G-d.



Surrounded by our loving community Rusya Rochel Wilhelm celebrated her Bat Mitzvah paying tribute to her namesake, Rusya Sax, her great grandmother.

Rabbi's Corner

Author: Rabbi Ahuvah Loewenthal

To me, the most powerful Jewish practice is distinctively marking times and seasons. Our current moment is fraught and uncertain as we watch history unfold in the world.

Rabbi Nachman of Breslov, a Chassidic rabbi who himself suffered lifelong depression, was quoted as saying "*Yidden* -- it is forbidden to despair!!" To ascend from a low place, he would focus on his awe of Creation. Rather than sit in a tepid, dull, morass, he reunited himself with all of Creation and once again became alive in its varying rhythms.

Looking ahead to Rosh Hashanah similarly enlivens me. I think about newness and possibility. In various times and places, the Jewish New Year has been a time of other beginnings: the start of a new secular school year, the beginning of a new crop of apples ripening, the seasonal surge of ocean-dwelling salmon returning to the rivers where they were spawned.

We find in the turning of the Jewish Year a sense of individual and communal purpose. We mark this time with distinctive customs. Many Jews are familiar with one of the Rosh Hashana customs described in the Shulchan Aruch (section Orach Chayim 583): "Some have a custom of eating a sweet apple in honey and saying: May a sweet year be renewed on us!

Other Rosh Hashanah food customs are listed in that same Shulchan Aruch passage and elsewhere, including Babylonian Talmud, Tractate Horayot 12a. These folkways were retained to some degree in Sephardi practice and have recently become widely popular. Various food names are the basis for puns or sayings of

hope for good things to happen in the New Year, or for averting bad things from happening. "One eats beans (*rubiya*), and says: 'G-d, may our merits increase (*yirbu*)!' Eating leeks (*karti*), one says: 'G-d, may our enemies be wiped out (*yekartu*)!'"

These foods, arranged on a plate, are called *simanim* – signs or symbols. A short and light-hearted Rosh Hashana seder is based on these *simanim*. In recent years, witty Jewish people have added their own innovations, even in English. One suggestion was to eat raisins in celery, for a raise in salary in the coming year. Let us (lettuce?) look forward to the anniversary of Creation, Rosh Hashana. If you'd like to try something new in the New Year, consider doing a Rosh Hashana seder.

HERE ARE SOME LINKS TO GET YOU STARTED:

- 10 Symbolic Rosh Hashanah Foods (Simanim), <https://www.thespruceeats.com/rosh-hashana-simanim-symbolic-foods-2122243>
- My Jewish Learning: How to Lead a Sephardic Rosh Hashanah Seder, <https://www.myjewishlearning.com/article/a-sephardic-rosh-hashanah-seder/>

May we all be renewed for a good and sweet 5786!

High Holy Days & Holiday Schedule

22-Sep 7:00 PM Erev RoshHaShanah
 22-Sep 9:30 AM Rosh HaShanah Day 1
 23-Sep 10:30 AM RH Children's Service
 23-Sep 4:00 PM Tashlich and Picnic
 24-Sep 9:30 AM Rosh HaShanah Day 2

1-Oct 7:00 PM Kol Nidre
 2-Oct 9:30 AM Yom Kippur Service
 2-Oct 10:30 AM YK Children's Service
 2-Oct 5:45 PM YK Mincha/Neilah
 2-Oct 8:00 PM YK Break-Fast

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Annual Meeting 2025



Cultural Alliance Foodies Connecting



JCOR-CA Goes to Children's Museum Garden Party



Community Krav Maga

Author: Zachariah Seiden

For those who know me, and those who don't, my name is Zachariah Seiden. Most know me as "Z" or "Zed." For the past 10 years, I have been training in Israeli self-defense: Krav Maga. Developed in the 1940s, and adapted over the decades, Krav Maga provides real-world skills for addressing real-world threats. We don't focus on scoring points. We don't focus on "martial arts." We focus on how to de-escalate threats and defend ourselves from those threats.

Different people choose to study Krav for different reasons. In a world where anti-Semitism is on the rise, some choose to study Krav as a way to protect from the unknown threat. Others may have already experienced violence and want the skills to ensure they are not a victim. Others, still, may want to deepen their connection to Israeli culture. And some may simply want the physical benefits of taking a self-defense course. If you are like me, it is a combination of all these reasons. Whether it is to protect myself, or to protect my family, Krav has given me the tools to navigate potentially dangerous situations.

What makes Krav special is that it is designed for everyone. The same skills that an older person may

learn to fend off a mugger are the same skills that a kid may learn to fend off a bully. Too often, I hear people say that they are too old, too young, too weak, too whatever to train in Krav. Ironically, the very reason someone says they cannot train in Krav is usually a reason why they *should train*.

Having trained for the past 10 years, and certified as a Private Protection Specialist, I have taught students ranging anywhere from 4 years old to 80 years old. I have worked with combat veterans, and I have worked with people who have never thrown a punch in their life.

So why do I talk about this? Because we are now offering a monthly Krav Maga course at the Jewish Congregation of Oak Ridge (JCOR). The Krav Maga course is not just for JCOR members, but for EVERYONE. If you or someone you know is interested in self-defense, come join us. If you or someone you know is simply curious about Krav, swing by to learn. If nothing else, you will come away being that much more capable and that much stronger than before.





The Knoxville Jewish Community Needs a Fund for Safety and Security

In recent years, our facility-based organizations received federal grants for security-related physical improvements through the Department of Homeland Security. You may also be aware that KJA led an effort to gain State of Tennessee funding for security services. KJCFF will direct you to each of the organizations if you are interested in the dollar amounts and how the funds were spent. Unfortunately, the grants were not sufficient to meet our community's security requirements, most specifically, the funds required for security personnel. Furthermore, the grants are no longer available. Our agencies' budget stretches get harder as the national incidents of antisemitism grow more frequent and more dangerous. How will we secure our future security? Who pays for the police officers in the parking lot during High Holy Days, or to ensure our Preschool at AJCC families feel safe sending their kids to our facility? What about private security you don't even know is there for something like Knoshville? How about consulting services to educate the boards on how to respond to antisemitism? Under Judith Rosenberg's leadership, KJA has taken the lead in preparatory action. Who is ready to take the lead on permanent funding?

We Need a Fund for...KJA Community Relations Committee

The KJA Community Relations Committee is our best spokes-vehicle in the general community. The committee was led for years by Arnold Cohen, and he recently passed the baton to Karen Robinson. Mrs. Robinson is a former AJCC president with extensive experience in Knoxville beyond the Jewish community. Along with JFNA national board member Bryan Goldberg, they have engaged with multiple levels of federal, state and local government, the University of Tennessee, and local religious and non-religious organizations. Sometimes they are on offense in promoting our community and sometimes they are on defense in fighting anti-Semitism. It would be a huge advantage for CRC if they had an endowment fund that provided financial muscle to go with their sharp minds and eloquent mouths. It is difficult to create a budget for the completely unknown so if money is part of the answer, they have to go looking. When you are fighting anti-Semitism, you really don't want to spend time fundraising first. What if the Community Relations Committee knew it had available resources when money can make a difference?

BREAKING NEWS.... KJCFF accepts online donations for all of our funds!

If you would like to donate go to www.jewishknoxville.org/kjcff. It is found on the KJA website under the fifth header from the left, "Jewish Knoxville." Click on the third drop down item, "Knoxville Jewish Community Family of Funds." Read our eloquent Mission Statement then scroll down and click on "online donation." You can type a word in Search Funds or scroll to the fund(s) of choice. Or, just call Stephen at 865-599-1853 and he'll walk you through it.

President's Thoughts: FOOD Glorious FOOD

Author: Barbara Mintz, President

When we plan Hadassah events, food is always a significant priority. During my presidency, I extended the theme to include lessons for non-Jewish and Jewish foods. For example, we have had Passover cooking groups that focused on giving less confident cooks something yummy that they could make and bring to their families and our Chocolate Seder had delectable recipes.

Why do that? For me, Jewish foods are one of my most significantly held onto traditions. One Seder night each year was my grandmother's dishes. I always came home to the same holiday dinners year round while in college and graduate school. Not long after, we moved to northern Maine. I became the Chief Jewish Chef up there. I love to cook and used my Mom and Grandmother's recipes that were written in their own handwriting with their individual preferences added in the corners. There was actually an unwritten waiting list of all of the individuals who wanted to return to our at-home services and huge meals. They included the Baptist minister, Unitarian board members, coworkers, and friends. They left with all of the leftovers! I kept a huge smile and family memories.



Since moving to Knoxville, little has changed as I insist on doing all of the cooking for every holiday dinner myself. I put the same recipes in front of me still, though I know them by heart. In Knoxville, I do have a Jewish family of friends that are all Hadassah members who come to Rosh Hashanah and Passover Seders every year. Hadassah supports traditions in so many ways!

First Woman Rabbi Ever, Lost and Found

Author: Dale Rosenberg, Education Vice President

In 1972, Sally Priesand was ordained by the Reform movement. The world press hailed her as the "first woman rabbi." She wasn't.

The first woman to be ordained received Orthodox smicha in Germany in 1935. Her remarkable story was lost for decades, until documentation became available.

Regina Jonas was born in Berlin in 1902 and raised by her widowed mother in a poor Jewish neighborhood. She knew she wanted to be a rabbi and got a degree from a Jewish teaching college in 1923. The rabbi of her family's shul tutored her until his deportation. She graduated from rabbinical seminary in 1930. It then took five years before she found a rabbi willing to grant her smicha.

She served as a rabbi bravely and admirably for the rest of her short life. She was initially hired by the Jewish community of Berlin to provide pastoral care. As many towns in Germany lost rabbis to emigration or murder, she filled in for them throughout the country. In 1942 she was deported to Theresienstadt, where she continued to work as a rabbi, providing full pastoral care. She and her mother were sent together to Auschwitz in 1944, where they were murdered immediately.

She said in her thesis: "The wheel of time turns, moving our world of Jewish thought, and... attitudes toward woman have developed and changed." She felt it was time that those attitudes change enough to let women prove themselves as rabbis. May her memory always be for a blessing.

Congressional Hearings on Anti-Semitism

Over the past few months, Congress has had numerous hearings on antisemitism across a variety of committees. The US Senate has heard testimony on Addressing the Rise of Antisemitism and Supporting Older Americans from the US Senate Special Committee on Aging and the US Senate Committee on the Judiciary heard speakers on Never To Be Silent: Stemming the Tide of Antisemitism in America. The House of Representatives has also had meetings focused on antisemitism in the House Judiciary and had a roundtable with the families of the hostages at the House Committee on Foreign Affairs. These meetings have spotlighted challenges facing the Jewish community in the United States, bringing speakers from groups such as the American Jewish Committee to families of hostages to Holocaust survivors, to speak to senators and representatives. All the recordings are available online for those interested in learning more. It's always good to see Congress and individuals across the political spectrum sit together to learn, listen and discuss ongoing challenges the Jewish community is facing.

Book Club

By: Rhonda Sternfels

The books and discussions we have are always very informative, inspirational and exciting. We welcome you to participate in our Hadassah Book Club meetings, at 7:30p.m., the third Tuesday of every month, Zoom-only format, even if you don't read the book. We always select our books. Email book suggestions for next year to Harriet Cooper, spock52@prodqiy.net.

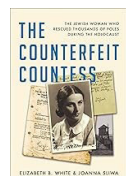


HOMEGOING

BY YAA GYASI

AUGUST 19

Set in 18th century Ghana. Two half-sisters are born into different villages, each unaware of the other. One marries an Englishman and has a life of luxury. The other is captured and sold into slavery. The book follows the sisters and their descendants through eight generations, showing slavery's legacy.



THE COUNTERFEIT COUNTESS

BY ELIZABETH WHITE SEPTEMBER 16

This is the true story of Dr. Josephine Janina Mehlberg, a Jewish mathematician who saved thousands of lives in Nazi occupied Poland by masquerading as a Polish aristocrat. She survived the war, immigrated to the US, and wrote an unpublished memoir that inspires this book.

If you have any questions, feedback, or want your name and email added to our list of book club members, please contact Rhonda Sternfels, resternfels@comcast.net, or call: 865-607-8863

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- ESTABLISH INSTANT CONNECTIONS IN 6 STEPS

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JEWS AND COMIC BOOKS



Join Hadassah Knoxville-Oak Ridge for a program on the Jewish contribution to American comic books and the Jewish content in them!

Dale Rosenberg, Hadassah Education VP and comic book geek will give a multi-media presentation on the intersection between the American Jewish community and the development of the American comic book.

**Come to find answers to all
your burning questions and more!**

TUES, SEPT 9TH
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Any questions, please reach out to Julie Stein at
juliestein16@gmail.com

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Temple Beth El Yahrzeits



August 1

Ralph Adelman • Anne Cohen • Sylvia Cooper • Robert Fleischman • Hilda Freedman • Louis H. Gassel • Donald Gerson • Sylvia Cooper Goldstein • Yankel Iancovsky • Jennie Levy • Edward Lippner • Jacqueline Piepenbrink • Sheldon Sachs • Pastor Serrato • Joseph Silverstein • Regina Sunshine

August 8

Garrett Bickman • Jackie Bickman • Eugene Cyzick • Marie Elston • Samuel Gelber • Abram Golburt • Efim Golburt • Albert Greenberg • Harold Karklin • Jacob Kimmet • Herbert Nash • Daniel Nodelman • Mary Robinson • Nancy Sauers • Emilie Strasburger • Emanuel Taylor • Ethel Taylor • Revera Wayburn

August 15

Monroe Hecht • Benjamin Herrmann • Marcus Herrmann • Matvei Ioselev • Sara Pais • Alice Palmer • Anne Prial • John Ravin • Marvin Selk • Rona Simon • Anne Weinstein • Rebecca Winston

August 22

Ida Altshuler • Zan Bailey • Jerome Bernstein • Anna Blatt • Angela Buie • Charles Evans • Natalie Feldman • Daniel Goodman • Morris Hochenberg • Gilbert Klein • Alex Klugman • Philip Reiter • William Rosenbaum • Liliya Safro • Albert Sasson • Rose Shenkman • Max Slome • Sidney Spero

August 29

Armand Abel • Jacob Blaufeld • Beatrice Bush • Harold Garber • Milton Levy • Frances Milligan • George Palmer • Ronald Rosenberg • David Sachs • Lillian Sloane • Dora Stein • Trygg Trant

September 5

Hermina Beiler • Ida Bing • Zelmores Brody • Ida Chandler • Mellitta Colland • Rudy Crohn • Frances Guthman • Max Reich • Frida Ribak • Jeanne Rockmaker • Ettica Rosenbaum • Isaac Rosenbaum • Shirley Rosenberg • Emanuel Samuel • Khasya Shaposnikova • Israel Weiss • Ernest Wohl

September 12

Jessie Black • Raymond Brody • David Brown • Joel Caller • Matilda Corkland • Pearl Davis • KC Derrington • Mayme Dortch • Jeffrey Dzimitrowicz • Harriet Glassman • Joseph Greenberg • Minnie Katz • John Kelleher • Ethel Danneman Krinsky • Margaret Locklar • Sylvia Miller • Elizabeth Pardee • Judy Rattner • Sam Rosenbloom • Leo Silver • Max Sonn • Evan Sturm • Mark Young

September 19

Ida Banov • Harriet Goldman • Lillian Herzfeld • Max Herzfeld • Rose Kreisler • Stanley E. Levy • Sara Pasternak • Steve Reader • Linda Scheiner • Celia Stein • Edwin Stein • Igor Tabakman

September 26

Robert Austin • Evan Brody • Jamie Brody • Sylvia Butler • Lauren Fine • Henry Fribourg • Samuel Gassel • Adolph Gelber • K. Kennard Gross • Julia Herrmann • Lenore Levine • Dorothy Licht • Shirley Schaffer • Hyman Taylor • Sidney Tumpson

Heska Amuna Synagogue

Yahrzeits



August 2

Mildred Dreyer · Benjamin Jaffe

August 9

Abraham Bart · Esther Bernstein · Muriel Boothman ·
Mollie Brietstein · Harry Fayonsky · Morris Goldman ·
Sylvia Goldstein · Adela Gross · Leon Hasden ·
Joseph Herson · Diane Kempler · Hyman Levison ·
Karl Liberman · Samuel Merlin · Max Millner ·
Jim Nash · Katie Ross · Marian Schneider

August 16

Caryl Arsenault · Esther Balloff · Shoshana Becker ·
Zeleg Berez · Abraham Chaskin · Etta Ducken ·
Jacob Geller · Jacob Green · Sylvia Homer ·
Mervin Horn · Hugo Klein · Janet Krauss ·
Sally Moskowitz · Barbara Oleshansky · Gussie Richer ·
Lester Robinson · Jane Rosenblat · Abraham Rosenblat ·
Kenneth Sovey · David Wender · Abe Zwick

August 23

Dorothy Becker · Betty Billig · Oscar Isaacs ·
Marion Jay · Joseph Leeds · Robert Messing ·
Thomas Miner · Alfred Robinson · Rabbi A. J. Robinson ·
Steven Shersky · Morris Shorr · Rebecca Winston

August 30

Dustee Bendes · Estelle Binder · Ida Chandler ·
Paul Cooper · Rosa Deitch · Ethel Foster ·
Irving Goelman · Julius Gruenberg · Lawrence Hahn ·
Seymour Landis · Sylvia Leibowitz · Barney Levine ·
Hyman Liberman · Muriel Marvet · Rebecca F. Millen ·
Samuel Poster · Albert Ring · Louis Roth ·
Edwin Schnoll · Shlomo Shloush · Tessie Siegel ·
Mollie Thorp · Helen Tobe

September 6

Rebecca Krauss · Martin Schwab · Wolf Brody ·
Gershon Cooper · Andy Frank · Ada Garber ·
Daniell Goodman · Sylvia Greenfield · Max Hasden ·
Muriel Littman · Carole Mandel · Hannah Nius ·
Anna Belle O'Brien · Louis Perelman · Esther Webster ·
Robert Zalkin

September 13

Decia Bendriem · Sarah Billig · Adrian Burnett ·
Abraham Drutz · Lillian Friedman · Esther Perlberg ·
A. Stanley Robinson · Freda Samet · Leah Schiff ·
A.C. Scott · Abraham Silber · Louis Slovis · William Zeff

September 20

Louise Anderson · Irwin Bendes · Louis Billig ·
Mark Blumenthal · Molly Cohen · Harry Davis ·
Suzanne Dryer · Sally Dyller · Chaya Farbowitz ·
Walter Farkas · Oscar Glazer · Erwin Herz ·
Sophie Merlin · Barbara Moody · Howard Pollio ·
Isadore Schwarzbart · B.J. Thorp · Jeffrey Tinley, Sr.

September 27

Esther Abrams · Ida Bart · Harold Bellin ·
Max Diamond · Ida Dwork · Emily Eads ·
Esther Goldman · Sylvia Greenberg · Jennye Grusin ·
Jeanette Jacobowitz · Morton Jacobson · Esther Jaffe ·
Don Kremer · Phyllis Levine · Joseph Martin ·
Rebecca Mazur · Fred Millen · Sarah Millen ·
Albert Pasisaris · Sylvia Robinson · Evelyn Schwab ·
Martha Schwartz · Mazal Shloush · Louis Slabosky ·
Gertrude Weinstein

The Knosh Spot: Apple Cake (Dairy)

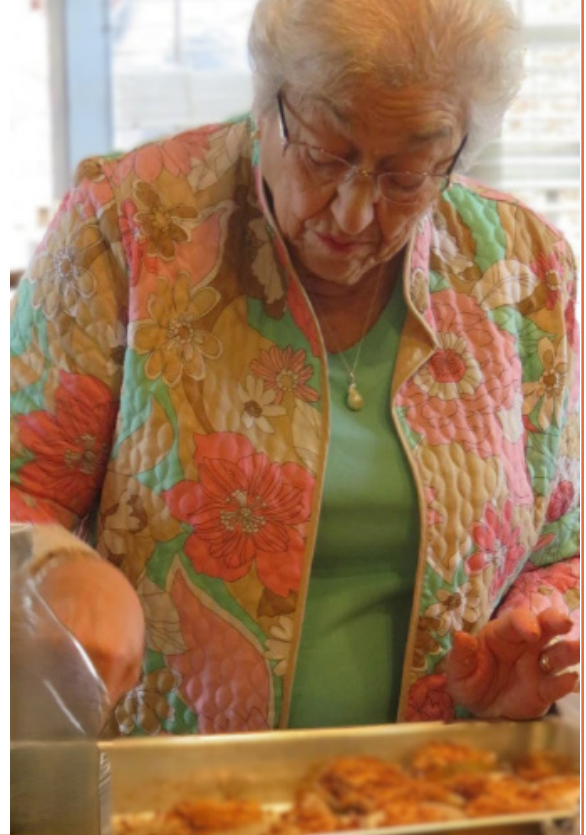
From Shared Secrets cookbook by Stella Iroff

INGREDIENTS:

- 1 ½ cup flour
- 1 tsp baking powder
- Pinch of salt
- ½ cup sugar
- 1/3 cup butter (or margarine or shortening)
- 1 egg, beaten
- Enough milk to form a ball of dough
- 4 cup thin slices of apples (rome beauty are great!), about 5 large apples
- Cinnamon

DIRECTIONS:

1. Sift dry ingredients twice and cut in butter or shortening. When crumbs have formed, add beaten egg and enough milk to combine into a ball of dough. Chill an hour in the refrigerator before cutting into 2 sections. Roll out the 1st section into a rectangle to fit the bottom of well-greased oblong cake pan. Let it come up the sides a little.
2. Spread sliced apples evenly, sprinkle with cinnamon. Roll out 2nd ball of dough same way and cover, fluting edges as you do for a pie.
3. Bake at 325 degrees for 20 minutes. Then turn up for 10 minutes at 350 degrees. When evenly browned remove from oven. Let cool before removing from baking pan to serving plate.



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The Bernard and Barbara Winick Bernstein Archives of the Jewish Community of Knoxville and East Tennessee

The Way We Were in 1994: Knoxville Jewish Federation Mission Trip to Israel led by Nancy and Jeff Becker



From 1990 through 2012, Jeff and Nancy Becker have led mission trips to Israel, first under the aegis of the Knoxville Jewish Federation and later under the Knoxville Jewish Alliance. Perhaps there will be another.

This photo is from the trip in 1994, near Jerusalem's Wailing Wall. Left to Right: Toby **Lickerman**, Terri **Soss**, Sheldon **Soss** (z'l), Larry **Abrams** (z'l), Ida **Banov** (z'l), Beverly **Abrams** (z'l), Leon **Bogartz**, Elaine **Brown** (z'l), Marilyn **Presser** (z'l), Gloria **Bogartz**, Joslyn **Presser** (z'l) Nancy **Becker**, Jeff **Becker**.

Nancy and Jeff continue to live in Knoxville. Martin Abrams, son of Larry, lives here, as do Leon's son Bruce Bogartz and Elaine's sons Ken and Steve Brown. Marilyn Presser's sister-in-law, Linda Gray-Slovis, lives in Knoxville.

Thanks to Jeff **Becker** for identifying the participants and providing the year of the trip.

The Archives needs your photographs! Send your photos (with identifications of who, what, when, where) of "The Way We Were" to archives@jewishknoxville.org.



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