

HAKOL

October 2022 • Greater Knoxville Jewish Community News

TEMPLE BETH EL
A MEANINGFUL RETIREMENT

STANFORD EISENBERG JEWISH DAY SCHOOL
SPECIAL FRIENDS: AN INTERGENERATIONAL PROGRAM

KNOXVILLE JEWISH ALLIANCE
JFS: SUPPORTING OUR SENIORS

HESKA AMUNA SYNAGOGUE
NEW YEAR, NEW SERVICES



THE JEWISH *TITANIC* EXPERIENCE

Two Titanic Jewish stories out of sixty-nine on board.



Bella Moore
3rd Class Passenger
Age: 29
Destination: Chicago, IL

Hello, I'm Bella Moore, a widow with a young son, fleeing Jewish persecution in the Russian Empire. When our attempt to settle in Canada failed, we were sent back to London, where we were dependent on our faith and a distant relative. A year later, we tried again.

Titanic was sailing to the USA on her maiden voyage...a monster ship that was both fantastic and frightening. After we were settled in, we were delighted to find that Jewish passengers in Third Class were treated exceptionally well. There was even a kosher kitchen and kosher chef to prepare our meals.

My son, Meyer, and I were in our cabin when the iceberg hit the ship. Chaos erupted in the hallways when we were told *Titanic* would sink. Our only way out was through unfamiliar First Class passageways.

**Did Bella make it out?
Find out in the Memorial Gallery.**



Adolphe Saalfeld
1st Class Passenger
Age: 47
Destination: New York City, New York

I'm Adolphe Saalfeld, son of Jewish German parents and chairman of a successful chemistry and distilling company in England. I'm off to New York City on *Titanic* to conduct business. Locked in my suite are dozens of vials of precious perfumes to share with the world.

Prior to departure, my nephew Paul Danby, also a chemist, spent an hour or two exploring the ship with me. We even took the chance to write letters on *Titanic* paper and send them from the ship – the first letters mailed from *Titanic*! The *Titanic* crew was still busy adding finishing touches on board when Paul left.

I'm a self-made businessman and have come to enjoy a wealthy life. Last night I dined on oysters, salmon and filet mignon. As a memento, I took the menu, and it was with me when I tried to leave the sinking ship. Sadly, my precious perfume samples were not.

**Find out the rest of the story
at the end of the tour.**



To Book Your Titanic Museum Tickets Visit www.TitanicPigeonForge.com



Temple Beth El

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For advertising opportunities: hakol@jewishknoxville.org 865-690-6343

October 2022 Community Calendar

KEY: HA = Heska Amuna, JCOR = Jewish Congregation of Oak Ridge, KJA = Knoxville Jewish Alliance, KJDS = Stanford Eisenberg Knoxville Jewish Day School, JFS = Jewish Family Services, TBE = Temple Beth El

SATURDAY, OCTOBER 1

7:57P *Havdalah*
9:45A Shabbat Services – HA
10:00A Pickle Barrel Minyan – HA
10:00A Shabbat Service – JCOR

SUNDAY, OCTOBER 2

9:30A Religious School – TBE
10:00A Yoga at the J – KJA
11:00A Joint Cemetery Service – TBE & HA
2:00P Interfaith Pride Service – TBE

MONDAY, OCTOBER 3

6:30P Executive Committee Meeting - KJA

TUESDAY, OCTOBER 4

Kol Nidre
6:57P Candle Lighting

WEDNESDAY, OCTOBER 5

Yom Kippur
7:52P Candle Lighting

FRIDAY, OCTOBER 7

6:53P *Candle Lighting*
4:30P JFS Shabbat at Sherrill Hills – KJA
6:30P Kabbalat Shabbat – HA
6:30P Kabbalat Shabbat – JCOR
7:00P Social Justice Shabbat Service – TBE

SATURDAY, OCTOBER 8

7:48P *Havdalah*
9:45A Shabbat Service - HA
10:00A Shabbat Service – JCOR

SUNDAY, OCTOBER 9

Sukkot
6:50P *Candle Lighting*
10:00A Yoga at the J - KJA

MONDAY, OCTOBER 10

Sukkot
7:45P *Candle Lighting*
7:00A Sukkot First Day

TUESDAY, OCTOBER 11

Sukkot
7:44P *Candle Lighting*
9:30A Sukkot Second Day

WEDNESDAY, OCTOBER 12

Sukkot
6:30P Minyan & Talmud Study - HA

THURSDAY, OCTOBER 13

Sukkot
12:00P Deli Day in the Sukkah - Chabad

FRIDAY, OCTOBER 14

Sukkot
6:43P *Candle Lighting*
5:30P PJ Library Shabbat & Play - KJA
6:30P Kabbalat Shabbat – HA
6:30P Kabbalat Shabbat – JCOR
7:00P Sukkot Shabbat Service - TBE

SATURDAY, OCTOBER 15

Sukkot
7:38P *Havdalah*
9:45A Shabbat Service – HA
10:00A Shabbat Service– JCOR

SUNDAY, OCTOBER 16

Sukkot
6:40P *Candle Lighting*
10:00A Yoga at the J - KJA
10:30A Women's League Membership Event – HA

MONDAY, OCTOBER 17

Shemini Atzeret
7:36P *Candle Lighting*
9:30A Shemini Atzeret & Yizkor - HA

TUESDAY, OCTOBER 18

Simchat Torah
7:35 *Candle Lighting*
6:00P Ways & Means Meeting – TBE
7:30P Book Club – Hadassah

WEDNESDAY, OCTOBER 19

4:30P Midweek Hebrew – TBE
6:30P Minyan & Talmud Study – HA
6:30P Ritual & Worship Meeting – TBE
7:00P Board Meeting - Hadassah

THURSDAY, OCTOBER 20

7:00P Israeli Horror Film Screening - UTK

FRIDAY, OCTOBER 21

6:34P *Candle Lighting*
6:30P Kabbalat Shabbat – HA
6:30P Kabbalat Shabbat – JCOR
7:00P Simchat Torah - TBE
7:00P Shabbat Service – TBE

SATURDAY, OCTOBER 22

7:30P *Havdalah*
9:45A Shabbat Service – HA
10:00A Shabbat Service – JCOR

SUNDAY, OCTOBER 23

9:30A Religious School – TBE
10:00A Yoga at the J - KJA

TUESDAY, OCTOBER 25

8:00P Minyan - HA

WEDNESDAY, OCTOBER 26

4:30P Midweek Hebrew - TBE

FRIDAY, OCTOBER 28

6:26P *Candle Lighting*
6:30P Kabbalat Shabbat - HA
6:30P Kabbalat Shabbat – JCOR
7:00P Torah Study/Adult Education Shabbat Service – TBE



SATURDAY, OCTOBER 29

7:22P *Havdalah*
9:45A Shabbat Service – HA
10:00A Ellie Wood's Bat Mitzvah
10:00A Shabbat Service – JCOR

SUNDAY, OCTOBER 30


9:30A Religious School – TBE
10:00A Yoga at the J - KJA

For details on High Holy Day service schedules, please visit www.jewishknoxville.org/calendar or visit the congregations' websites.

To Believe or Not to Believe in Yourself

How to Achieve Self-Mastery



A MONTHLY SERIES OF CLASSES FOR WOMEN

LESSON 1
KNOW THYSELF.
KNOW THYSELF.
Double Identity: The Beauty and the Beast Within Us
Tuesday, October 25th 2022 | 7:00pm

LESSON 5
DO HAPPY. BE HAPPY!
Soul Secret: From Potential to Perpetual Positivity
Tuesday, March 28th 2023 | 7:00pm

LESSON 2
LIVING ON THE LEDGE OF THE IN-BETWEEN
It's Not the Good. It's Not the Bad. It's the Battle for Living as an "In-Betweener"
Tuesday, November 29th 2022 | 7:00pm


LESSON 6
WHEELING AND DEALING TO FEELING THE HEALING
Imperfect Action Is Far Better than Perfect Inaction
Tuesday, April 25, 2023 | 7:00 PM

LESSON 3
THE LONG AND SHORT OF IT. THE SHORT AND LONG OF IT.
But Always the Road Correctly Traveled
Tuesday, January 31st 2023 | 7:00pm

LESSON 7
IF YOU MIND, IT MATTERS
How Thinking Your Way to Feeling Will Change Your Life
Tuesday, May 30th, 2023 | 7:00pm

LESSON 4
WORST CASE SCENARIO? BEST CASE SCENARIO?
Learning How to Negate the Negativity Bias
Tuesday, February 28th 2023 | 7:00pm

AT CHABAD OF KNOXVILLE
7148 Wellington Drive
www.chabadknoxville.org/r/cs
865-588-8584



A women's program of the
Rohr Jewish Learning Institute

December 2022 Hakol CHANUKAH WISHES

Share your Chanukah greetings with the community.
Visit www.jewishknoxville.org
to complete the Chanukah Greeting form
for the December Hakol issue.
Deadline is Friday, November 4, 2022.



A Meaningful Retirement

By: Wilma Weinstein-Lomax

There are many aspects about retirement that I love. I have time to spend with my husband, family and friends. I am able to focus on others and contribute to the community and Temple Beth El. Baking artisan bread, playing Mah-jongg, quilting, passing my amateur (ham) radio exams, gardening, working with my flowers, and other yard activities are some of my hobbies. I follow the voice of my heart to bring meaning to my life. But working outdoors brings me joy. I can stay vital and see beauty in my flower gardens and vegetable gardens. Studies suggest that gardening adds years to your life. In my mind I have only just begun. There is so much to learn about nature, the ecosystem, plants, trees and shrubs. I am honored to share a few pictures from my gardens with you. If you are interested in expanding your own knowledge in gardening, the Tennessee Extension has a program where you can earn your master gardener certification, which I completed this year. This program improves the lives of Tennesseans through horticulture education delivered by a network of dedicated volunteers.

My friend, Marilyn Kallet, has written a poem that speaks to me, and I have included it for you to enjoy.

My days are full and meaningful. I am happy. In doing the things I love. I hope to make a difference in all things I encounter. I wish you peace and love.



Flower Quilt Credit: Wilma Weinstein-Lomax



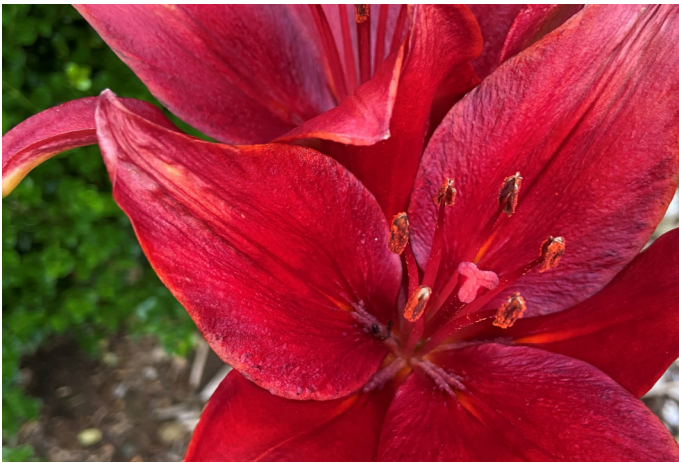
Star of David Quilt Credit: Wilma Weinstein-Lomax



Milkweed Credit: Wilma Weinstein-Lomax



Flower garden Credit: Wilma Weinstein-Lomax



Letters from Earth & Sky

By: Marilyn Kallet, mkallet@utk.edu

"Letters from Earth & Sky," from my new book, *Even When We Sleep* (Black Widow Press, 2022). Marilyn Kallet

Petals on the earth and William Stafford say it best:
You are not alone.

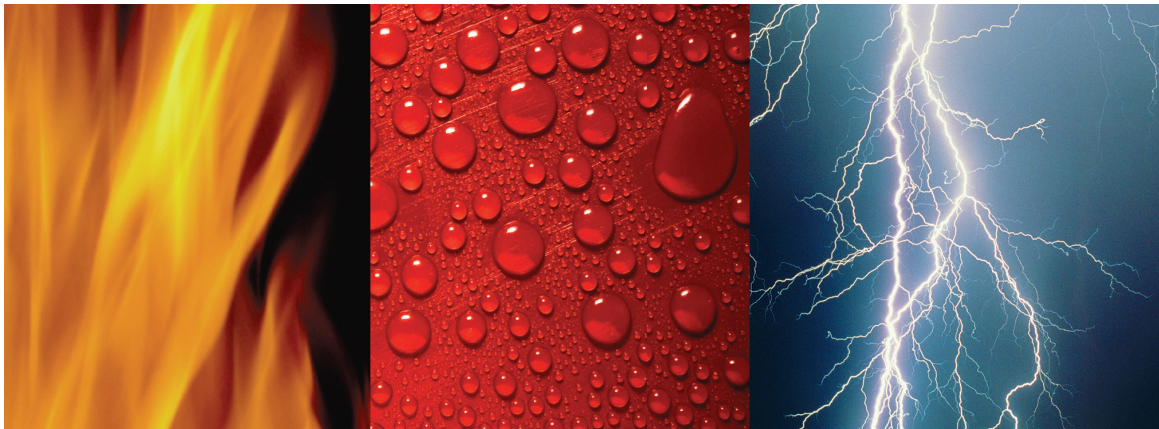
The dogwoods stand, jays screech improv with the hawks.
Yesterday, the neighbors' black Lab came racing by for a caress,
and you could hear your own shameless heart.

So wrap yourself in hope & a mask and walk--greet
that family at the end of the block.

Silky petals drop like divine notes,
& no one gets hurt--be like that, soft, kind.

Read that tiny ant-memo, crawling on your glasses
while you write: You are not alone.

Rimbaud was wrong:
I is not "someone else."
I is all of us,
on a stroll to meet the new, the guileless,
and the oldest blossoming trees--long-flowering ones
we yearn to sing & become.



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What Will Be Your Legacy?

By: Rabbi Mark Schiftan

What will be your legacy?

How will others treasure and remember you?

How will others be inspired by your life?

How will your strengths and values be carried on by others, long after your time has passed?

These are the questions that truly matter in life, both while we are living as well as after we're gone. Their answers define both our life's work and also its worth. They constitute our enduring legacy...but only if we share them, with those we love and cherish.

During the festival of Sukkot, we reflect on the harvest of each year, and of all of our years. We remember the bounty of our lives, of the yield of lives well lived and well loved.

At Temple Beth El, we're using this time to launch a year long quest to find the answers to share with others, regarding our lessons learned and our legacies we hope to offer and share with those we care about.

Using the newly published book written by my friend, classmate and colleague, Rabbi Steve Leder, "For You When I Am Gone", we're planning on a monthly book group to discuss the questions raised in each chapter.

The book discussion group is sponsored by the Sisterhood of Temple Beth El, but is open to all, men and women of all ages and backgrounds, members and nonmembers as well. We hope you'll join us.

For more information about dates and times, please contact. The Temple.

Retirement – Not for Me

By: Kathy Young, President

Somehow, I get these feelings sometimes that my children and grandchildren seem to be getting older, and yes, even wiser with age. Why do I feel that they can age gracefully but since I am not aging, will they ever catch up to me? Of course, that is never possible, but that's how I feel sometimes.

They say that you are as old as you feel. Well, ain't that the truth!! Some days I can accomplish so much, while other days I feel every bit of my 74 years. I try hard to keep a young at heart attitude, but the reality is I am no longer in my teens or even my 40's anymore. What I am enjoying is less pressure from work (of course, I work for myself so who can put pressure on me but Me?) And my 2 business partners in Nashville have kept me busy, even when I was recovering from my hip surgery in late February. Oh, and the 3rd year of my Temple Beth El presidency has been without any problems. **NOT!!**

The difference is that I love what I am doing and am not quite ready to throw in the towel. I hope when I do finally retire, it will be because I no longer enjoy what I do, and I can do whatever whenever I want.

Hands On, Hearts On, Minds On Learning

By: Norma James, Temple Beth El Religious School Director

It is a beautiful fall at Temple Beth El Religious School. As we enter October, we are in the middle of High Holy Days. Kol Nidre service is Tuesday evening, October 4. It is quite beautiful and can be a moving service for our 6th grade and older students.

Yom Kippur service for younger children: Join Jesse Weckstein for a special Yom Kippur children's service especially for them. Jesse is a master of creativity, so you will not want to miss this. All parents are encouraged to attend.

Yom Kippur service for older children: Rabbi Schiftan and Norma will lead a Yom Kippur service designed for children 4th grade and up. Parents, you are welcome to bring your 2nd or 3rd grader. This service will be a meaningful and engaging experience, as the children will learn about T'shuvah, T'fillah, and Tzedakah. Parents are invited to join us.

October 5: There will be NO Midweek Hebrew due to Yom Kippur.

October 9-16: There will be NO Religious School or Midweek Hebrew. Classes resume with Midweek Hebrew Wednesday, October 19th.

October 9: From 11:00 a.m.-1:00 p.m., help Temple Beth El decorate our Sukkah! This is an event for everyone, not just our children. Bring your own decoration or use ours to make our Sukkah really special this year. There will be craft stations to create your own. Stay for pizza in the hit after we decorate. Because Sukkot happens during our school's fall break, we invite all available hands to show up to help. Of course, don't forget to attend our Sukkot Shabbat service on Friday, October 14!

October 21: Families, this is your special invitation to participate in the happiest service of the year, Simchat Torah, led by Rabbi Schiftan! We will parade the Torahs around the sanctuary and unroll two of them. As is tradition, we will read the last verses and the first verses. If you have participated in the before, you know how much fun it is. If you have never seen this, you don't want to miss out. Join us!

October 23: Rabbi Schiftan returns to our Religious School. Of course, our Rabbi will be there to greet you as you enter our school. Rabbi Schiftan and Norma will lead T'filah at 11:30 a.m. Parents, you are invited. What special surprises might we have on Rabbi's second visit? Just wait and see!

November 5, 10:30 a.m.: Sophia Tumpson will be our first Bat Mitzvah of this school year. Sophia will be called to the Torah. Sophia is the daughter of Toby and Linnette Tumpson. Sophia follows her older sister Sydney and precedes her younger sister Sally in becoming Bat Mitzvah. Sophia is a seventh grader at South Doyle Middle School. This young athlete plays volleyball, soccer, and basketball and also enjoys art. Her Torah and Prayer coach is Norma James. Rabbi Mark Schiftan will conduct the service and is helping Sophia write her D'var and do her final preparation. Temple family, you are invited to support Sophia in this milestone in person or by streaming.

It's not too late! Do you have children ages 4 through rising 10th grade who would enjoy spending time with wonderful Jewish children and amazing teachers? Consider our Temple Beth El Religious School. Norma James would love to talk to you about our program. Contact her directly at normajames@tbeknox.org to set up a meeting, FaceTime, Zoom, or phone call.



Susan Baker & Tim Abramson Credit: Tim Abramson

What to do after retirement?

By: Tim Abramson

What to do after retirement at age 77 and a half?

I'm doing the same things as before retirement but with the percentage of time allocated drastically changed.

Occasionally I am called to my former job to consult or fix a problem at the plant, of which I was the Plant Manager.

The rest of the time I manage my interests: some travel, reading, making things, and my real passion – Brass Era cars. My interest in old cars was kindled early on. A vivid memory of early childhood was my fascination with chain drive AB Mack coal trucks used during the WWII era.

Fortunately, my partner Susan Baker enjoys the touring aspect of the old car hobby. We have been to a number of out-of-state tours in beautiful places with like-minded automobilists.

My cars include a 2-cylinder 1906 chain-drive Buick, a 1909 Pierce-Arrow, 1910 Ford Model T, and a 1914 Cadillac. Obviously, one cannot go to NAPA for parts! A major part of the hobby requires tools and the ability to make or repair vital parts.

Recently to correct shimmying on the Cadillac front end I made new kingpins, bushings and found a new old stock 3656 Timken thrust bearing on Ebay. To make these parts requires a milling machine, lathe, tool post grinder, and measuring tools because the parts must be made to tolerances of +/- 0.001 inch. I am not a trained machinist but having worked early in my career in an engineering lab I knew how to access information and assistance. Because of my avid interest in these things I muddle through.

Included are some photos of the kingpins in process and final with bushing, and the 1909 Pierce-Arrow. Happy Motoring!

Contributions

Donations listed were received as of August 26, 2022

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Being a Special Friend at KJDS – 3 Perspectives

By: Susan Silber, Layna Mannella, and Joelle Adajian

KJDS offers a unique, intergenerational program called Special Friends, and it has become a trademark of the KJDS experience. Special Friends are grandparent aged community volunteers who share their time, talents, and love with our students.

The Special Friends program was started many years ago when several students wrote about how sad they were to leave their grandparents after holiday visits. Many KJDS students live far from their grandparents, so Special Friends have jumped right in to provide warmth and unconditional love. The bonds between students and Special Friends are lasting.

A Special Friend Perspective - Susan Silber

Being a Special Friend at KJDS has been such a wonderful experience filled with LOVE, LAUGHTER, and LEARNING. I have been a special friend long enough to see 3 of my special friends graduate and continue their friendships with their KJDS counterparts. It's such a great feeling to see how successful they are after leaving KJDS, but there is a bond that keeps them together!

One of my special friends, Layna Mannella, just graduated from KJDS this past school year. When I first met Layna as a 1st grader, she was kind, yet very shy and quiet. During our time together, each year I could see Layna's personality exploding with excitement and confidence. Layna has a thirst for learning, and she was growing both intellectually and emotionally. Layna was a participant in Girls on the Run when she was in third grade. She competed with other girls on the team culminating in running a 5K. She set goals for herself, and she accomplished them. Layna took very small parts in the school play early on, but in 5th grade she took on a large part and was awesome! Another way in which Layna came into her own!

KJDS provides the environment that fosters maturity, self-confidence, and a love for exploring, making mistakes but never giving up! Layna was willing to accept challenges and loved helping the younger students. As a Special Friend, I observed her total transformation as a confident student anxious to move on and be successful in middle school and beyond. I feel so lucky to have watched Layna grow into a lovely young lady. She crafted a plaque for me that said I was like a 4-leaf clover, hard to find but lucky to have. I am the "lucky one" for sure and volunteering to be a "special friend," you will find your lucky 4 leaf clover!!

A Student's Perspective - Layna Mannella

The Special Friends program was important to me because you get to interact with people who had a whole different childhood than you did. My special friend was Susan Silber. Susan helped me edge out of my shell and become the KJDS alumni I am now. At first, I was very nervous, but Susan started to talk to me and made me feel right at home. Overall, the special friends program makes every student feel special in their own way!

A Parent's Perspective - Joelle Adajian

Two of my children graduated from KJDS and both of them were so lucky to enjoy the Special Friends program. My family lived in California and were not able to visit often, and my husband's family lives outside of the country, so our kids did not have any extended family nearby. Luckily, they both got to be part of the Special Friends program. My son, Aidan, many years ago, and my daughter, Layna, just recently.

Layna's special friend was Susan and she was wonderful. She instantly treated Layna with love and kindness in the way that a grandparent does. She remembered Layna's birthdays, asked Layna all about her life, congratulated her on her successes, celebrated Jewish events with her at the school, and really gave her "family" that was close by. Kids just can't get too much love and whether they are separated from their extended family or not, the benefits of an extra caring adult in their life is priceless. And as a parent, who would not delight in watching another person come to school solely to dote on their child? How amazing and wonderful is that?!



Susan Silber enjoys a Special Friends event at KJDS with Layna and Chayale
Credit: Miriam Esther Wilhelm



Layna and Susan enjoy seeing each other during one of their final Special Friends events together
Credit: Miriam Esther Wilhelm

KJDS & PJ Library Awarded a Partnership Grant

By: Anna McDonald, KJDS Director of Admissions

Stanford Eisenberg Knoxville Jewish Day School and PJ Library Knoxville have been invited to participate in Engage: Growing School and Community Partnerships, a signature Prizmah program aimed to position Jewish day schools as hubs of communal Jewish engagement for families. Prizmah is a national network that supports Jewish day schools in North America.

Anna McDonald, Director of Admissions at KJDS, joins 26 schools in a year-long cohort to deepen the connection between Jewish day schools and their local Jewish community partners, and position day schools as a central and integral part of Jewish engagement for families with young children. As we strive to make Jewish day schools the education choice for Jewish families, admission professionals are continuously working on ways to share the unique value of their school. Nationally, this initiative has supported hundreds of young Jewish families over the last six years in taking the next steps to foster a deeper engagement with Jewish life.

In Knoxville, KJDS and PJ Library intend to use this grant and training to create family engagement programs that are open to everyone and offer fun ways to learn together and participate in our Jewish community. Our first Engage program was a pre-Rosh HaShanah celebration at Deep Well Farm. Look for more awesome events coming soon!

Engage is generously sponsored by the Harold Grinspoon Foundation (HGF), Lisa and Arieh Coll, Combined Jewish Philanthropies of Greater Boston (CJP) and Jewish Federation of Greater MetroWest. Their continued commitment to Jewish day school education allows admission professionals to build strong communal connections and engage the next generation of young Jewish families.



CONTACT STANFORD EISENBERG KNOXVILLE JEWISH DAY SCHOOL

Head of School, Miriam Esther Wilhelm
me@kjds.org

Director of Admissions, Anna McDonald
amcdonald@kjds.org

Main Office
info@kjds.org

Office
865-560-9922

Website
www.kjds.org

Where Are They Now- KJDS Alumni Update

By: Dan Gabel, former KJDS parent

Cora recently started her freshman year of high school at Thomas Jefferson High School in Denver, Colorado. We moved from Knoxville during the summer of 2020 right in the middle of the COVID pandemic and this will be Cora's fourth school in the last four years. She's approached this unique situation with courage and success. She's enjoyed exploring Denver, taking hikes in the Rocky Mountains, and discovering many of the great bakeries with her mom.



She has continued her love for reading, has an impressive home library, and regularly has three or four books she's reading simultaneously along with a couple of e-books on her phone! She still plays the piano and has become more and more interested in politics and advocates for issues important to her. Cora joined her high school cross country team this year and had her first meet this past weekend. She's really gotten into running and we're thinking her time with Girls on the Run at KJDS was the spark for this!

Cora has also continued to spend her summers at Camp Manitowa. She loves camp and had an epic time this summer! She started off with the Manitowa week-long Smoky Mountain adventure trip with her close camp friends where they visited Navitat at Ijams, hiked to Leconte Lodge, went white water rafting down the Ocoee River, and had a wonderful camping experience. Then she spent the next six weeks as a camper with many of the same friends from the trip.

KJDS is still in her and our families' heart. We believe the excellent academic foundation she experienced at KJDS equipped her for success in middle school and now high school. The focus and emphasis on grit and resilience in elementary school has helped her successfully manage and thrive each year at one new school after another. Cora and our family are so thankful for our 6 years as a part of the KJDS family. It was such a unique and special time that we will never forget, one that has helped Cora become the person she is today.



בי"ה

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DAY SCHOOL

joy.community.exploration

TO LEARN MORE ABOUT KJDS
tor to schedule a tour, please contact:
Anna McDonald, Director of Admission
amcdonald@kjds.org • 865.560.9922
8042 GLEASON DRIVE, KNOXVILLE, TN 37919

Jewish Family Services Supports Our Seniors

By: Laura Sadler, KJA Senior Director of Development and Jewish Community Services

Through a combination of volunteer support and professional staff, the Knoxville Jewish Alliance's Jewish Family Services program serves the needs of seniors in our community. On the first Friday of each month, we hold a Shabbat service at Sherrill Hills Retirement Community. We first started this service at Echo Ridge back in 2008. Other than occasional cancellations and a COVID-break, it has been going strong ever since. Visitors are always invited to attend, and we welcome volunteer leaders (coordinated by Nancy Becker). JFS volunteers also visit long-term care residents for Shabbat on a regular basis, bringing homemade challah rolls for a Shabbat treat. We celebrate Jewish holidays with holiday chai bags curated by Pat Rosenberg and Marilyn Burnett. All these activities are done by bringing the Jewish community to the senior, ensuring that they are able to continue to be active participants in their Jewish community if they wish. Thank you to the many volunteers who make that possible. To join our group of volunteers, please reach out to JFS Chairperson Dahlia Smith.

On the professional social work side, Laura Sadler is our Director—all interactions with her are confidential. She is available by appointment to assist with things such as exploring long-term care options, navigating the health care arena, finding affordable housing, and providing emergency financial assistance for things such as utility bills, rental assistance, food, or other qualifying expenses. Laura can be reached at 865-690-6343 or lsadler@jewishknoxville.org.

In the near future, JFS hopes to bring back active senior programming that was paused during COVID. We are looking to convene a group of volunteers to help us plan new, engaging programs. Please let us know if you would like to join us!



JFS Shabbat at Echo Ridge back in 2008



JFS Shabbat at Sherrill Hills in October 2015



JFS Shabbat at Sherrill Hills in May 2022



JFS SHABBAT
FIRST FRIDAYS AT 4:30 PM
Sherrill Hills
271 Moss Grove Blvd

Questions?
LSadler@jewishknoxville.org

Federation Allocated Funds in Ukraine

By: Bryan Goldberg, KJA President

I thought our community would enjoy reading what some of the organizations that Federation supports are doing in and around Ukraine. I'll start by listing the big three legacy organizations, and then mention some of the organizations that we can find here in Knoxville. Please know that the pledges you commit to our annual campaign go towards Federation's support of these organizations. Together, united, our community is connected to the giant tree of life that is world Jewry. We all do what we do for a reason. Tikkum Olam – Repairing the world one small act at a time. Through support of our Campaign, you are truly supporting Jews throughout the globe, at the moment of their greatest need.

The Jewish Agency for Israel: The Jewish Agency is providing Ukrainian Jews with food, supplies, transport, and shelter to facilitate their safe passage by land out of Ukraine. It is enabling the rapid approval of Aliyah for those who choose to move to Israel and provides temporary housing until they receive approvals, at which point they are flown to Israel. The Jewish Agency hotline has received more than 40,000 calls from Jews in the region and their family in Israel. The Jewish Agency is also helping increase security for dozens of local Jewish organizations in Ukraine.

The American Jewish Joint Distribution Committee (JDC): JDC continues to care for more than 35,000 vulnerable Jewish seniors and at-risk families across Ukraine with services like food, medicine, and homecare, along with providing emergency humanitarian aid to internally displaced people and the “new poor” severely impacted by the crisis. JDC is also partnering with European Jewish communities to integrate Ukrainian refugees and continuing to evacuate Jews who wish to leave the country, including arranging complex medical evacuations for those elderly Jews who are unable to make the journey using standard vehicles.

World ORT: World ORT is supporting the staff, students and families of its six Ukrainian schools who have remained in Ukraine, providing cash, food, and medicines for those sheltering in place. ORT is also assisting refugees through ORT schools in surrounding countries.

Hadassah Medical Organization (HMO): HMO is providing medical equipment to the Ukraine health system. It has also provided training and medical delegations to the Medical University of Lublin in dealing with mass casualties and trauma.

Hillel International: Hillel International is hosting and providing support to Ukrainian Hillel students and other Jewish refugees in the Hillel Centers in the surrounding countries.

JCC Krakow is helping thousands of Ukrainian refugees. The JCC is housing refugees; providing day care; collecting and distributing humanitarian supplies and medicines in Poland and Ukraine; helping evacuate refugees and arranging transport onwards; and facilitating psychological support.

Chabad: Through the Federation of Jewish Communities of the CIS, the extensive Chabad network is providing food, medicines, and safe shelter to Ukrainian Jews who are sheltering in place. Chabad is also facilitating the safe passage of those who choose to leave their homes and arranging housing for them upon arrival in the neighboring countries.

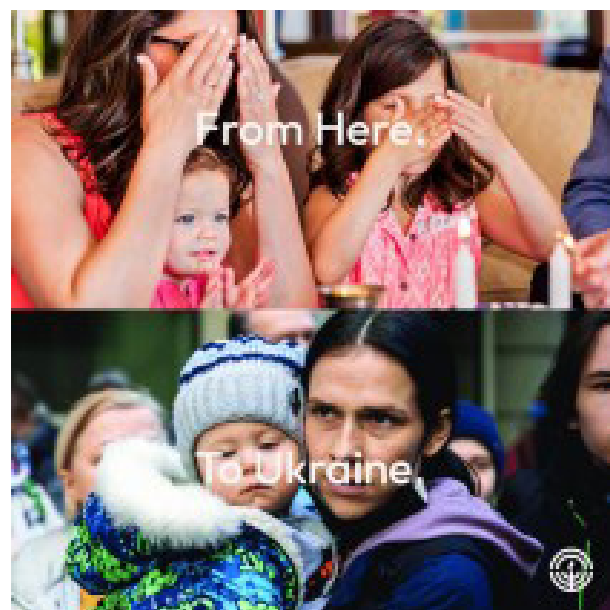


Photo courtesy of Jewish Federations of North America

A Joyful and Impactful Semester for Hillel at UTK

By: Tara Bain, KJA Director of Community Engagement and Hillel at UTK

Nowhere else at the University of Tennessee do students have the opportunity to engage with Judaism on their own terms and in partnership with a caring community. This fall, we have already welcomed 46 students to various events. The partnership of Hillel at UTK and KJA enables us to keep up this momentum and begin the 5783 from a position of strength. In the semester ahead, we look forward to a joyful semester of Shabbat dinners, Havdalah services, holiday celebrations, first year student social events, campus collaboration programs, Birthright trips, and movie and study gatherings. Through meaningful initiatives like “Reverse Taschlich” and “Tikkun VOLam,” our students are shining light on a better world. Thank you for making a difference in each student’s Jewish journey with Hillel at UTK.



Hillel at UTK’s Fall 2022 kickoff event, a Shabbat brunch, gathered 33 students together for a Jewish beginning to the academic year.



During the first Shabbat dinner of the semester, students renewed or rekindled friendships bringing light to “Come for the food; stay for the family.”



Coloring brings the students together!



The Hillel at UTK 2022 Student Board leads blessings for the Welcome Shabbat.

Contributions

The Knoxville Jewish Alliance is grateful to those who give their time and financial support to our annual campaign, supporting programs, and endowments. The financial donations listed below were received as of September 13, 2022.

General Fund Donation

Harrison Wendland
Jerry Maven
Kimberly Hedrick
Dahlia (Barbara) Smith

Goldberg Family Pool Fund Endowment

Jeri and David Silver

KJA Archives Fund Donation

Richard Licht and Shirley McGuire

Hillel at UTK Donation

Sheri Kaiserman

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President's Thoughts

By: Markus Eisenbach, Heska Amuna President

We have just started the new Jewish year of 5783, and I want to wish all of you a good and sweet year. The past years have presented us with a multitude of challenges that couldn't be anticipated when I wrote my first article for HaKol with thoughts on cheshbon hanefesh for Rosh Hashanah 5780. Yet, the central message of that article still is true today as it was then: "While an honest accounting can seem to make us feel discouraged and even powerless, it can provide us with the insight that can lead to positive changes. We should not feel discouraged but rather be empowered by the realization that we don't have the capability to change the world on a grand scale, but that we are only asked to act in accordance with our capabilities."

Another important prayer that can give inspiration and that contains a lesson for leadership is a prayer that is not said by the congregation, but only by the chazzan. This is the Hineni prayer at the beginning of Musaf services on Rosh Hashanah and Yom Kippur. "Here I stand, impoverished in merit, trembling in the presence of the One who hears the prayers of Israel. Even though I am unfit and unworthy of the task, I come to represent your people Israel and plead on their behalf. ..." This is a message of humility that guides leadership. It is not for fame or power that a good leader should pursue their mission, but as a service to everyone.

Yet, both the world and our Heska Amuna community have changed in these past three years in ways that have upset our comfortable expectation that things will stay mostly the way they have always been and that most change is gradual. As we approach Sukkot the double meaning of this holiday is a message for us moving forward. Like the other two pilgrimage festivals of Pesach and Shavuot, it combines the celebration of the agricultural cycle with a remembrance of the Exodus and our relation to the Almighty. Sukkot marks the fall harvest and thus it is the major holiday of thanksgiving for what we have received during the year and what will have to sustain us through the winter before we can prepare for a new harvest in the spring. While in modern day

America very few of us are farmers and are directly working the land, we can give thanks also for the good we have received and for our community. It gives us awareness of the nature around us as we sit in the Sukkah, even if the weather might be not ideal, and of our personal and communal connections as we invite friend and family into our Sukkah or are being invited into theirs.

The other message of Sukkot is to remind us of the Exodus and our 40-year journey through the desert. This is the reason why a Sukkah is supposed to be a temporary structure and the requirement to be able to see the sky through its roof. In addition to recalling the journey through the desert it serves as a reminder of the impermanence of our present situation and the protection that comes from beyond our control. Thus, we can draw inspiration from the message of Sukkot as we find a way for our congregation at Heska Amuna to move through a phase of transition. While the physical structure of our synagogue and the individuals leading it will not be the same for all time into the future, it is our history and vision for the future that springs from our joint experience in the Knoxville and wider Jewish community, as well as Torah, that can lead us through the changing world.

I wish you all a good new year of 5783.



Five Services for Everyone!

By: Markus Eisenbach, Heska Amuna President

You might have noticed that at Heska Amuna we have now many different forms of Shabbat services. This springs from our desire to providing religious services and rituals that fulfil the need for an egalitarian, inclusive and traditional approach to Judaism in accordance with the principles of the Conservative / Masorti movement.

As a core we are guided by the celebration of services as they have evolved over many centuries to their present form, while we try to adapt to contemporary understanding of equality and diversity. This approach establishes a connection with the worldwide Jewish community throughout space and time. The familiar form of services and rituals can provide a sense of comfort and structure.

Yet, as the spiritual needs and familiarity with Hebrew and the traditional service are heterogeneous, we are supplementing the traditional services with options such as the contemporary service that includes musical

instruments and singing to enrich our worship as well as the service-in-the-round that encourages the active participation of all attendants.

Thus, during a month we currently have five different options for you to celebrate Shabbat with us: A Kabbalat Shabbat service online, to welcome the beginning of Shabbat, every Friday evening; Twice each month the classic Shabbat service that provides the traditional prayers and reading of Torah; Once a month each, the contemporary service with music and singing and the service-in-the-round a participatory service. Our newest addition to the choice of services is the Pickle-Barrel minyan to encourages discussion and a creative approach to worship.

We are very grateful to all the volunteers who make these services possible. Please explore the options that are available for you to celebrate Shabbat and the Religious Services committee is always looking for your feedback.

Ellie Wood to Become a Bat Mitzvah

Ellie Wood will become a Bat Mitzvah on October 29, 2022. Ellie is a ninth grader at Clayton Bradley Academy, where she plays volleyball and basketball, and has performed in several musicals. Ellie also loves listening to music, cooking, traveling, spending time with her grandparents, and playing with her two cats, Thomas and Roswell, and her dog, Teddy. Ellie's home away from home is Camp Ramah Darom, where she spends her summers. The count down on her phone that runs year-round, illustrates her love for camp! Ellie's bat mitzvah will be modeled after the afternoon and evening Shabbat services at camp, which are her favorite.

The Wood Family would like to thank Shush Carson and Rabbi Ferency for helping to put together Ellie's unconventional service, her grandmother, Sandy Parker, for studying with her for countless hours, and last but definitely not least, Maryann Merrell, her fantastic tutor, who has been extremely dedicated, and made the journey meaningful, relaxed, and fun.



KJCFF Salutes our Partner Heska Amuna Synagogue

Monte and Marion Abrams Religious School Fund
For the operation of the Heska Amuna Religious School

Cohen-Presser Designated Fund
For improvements to the physical plant of Heska Amuna Synagogue and may also be made available for procuring and engraving plaques for the donor wall established by Mr. and Mrs. Joslyn Presser

Heska Amuna Building Assessment Fund
To provide funds for capital improvements, expansions and emergency repairs to the building and property of Heska Amuna Synagogue.

Heska Amuna Cemetery Fund
To maintain and improve the New Jewish Cemetery

Heska Amuna Educational Enrichment Fund
To enhance and enrich educational programs of Heska Amuna Synagogue

Heska Amuna Educators Supplement Fund
To supplement the salary/benefits compensation package of the Heska Amuna educational director and teachers in the religious school

Heska Amuna Operations Contingency Fund
To provide supplemental funding to the Heska Amuna operations for occasional expenses or projects deemed necessary by the Heska Amuna Board of Trustees

Heska Amuna Religious School Capital Fund
For capital improvements, capital equipment acquisition, and emergency repairs to the Heska

Heska Amuna Sisterhood General Fund
To benefit Heska Amuna Sisterhood

Heska Amuna Sisterhood Judaica Shop Fund
To benefit beautification projects for Heska Amuna Synagogue

Heska Amuna Synagogue 2019 Fund
For purposes of paying a parsonage allowance (or such purposes in support of Heska Amuna Synagogue as the

Fund Committee determines should Heska Amuna not be required to pay a parsonage allowance)

Heska Amuna Tuition Assistance Fund
To provide financial assistance to enable Heska Amuna's youth to participate in educational programs approved by the Heska Amuna Board of Trustees

Herb and Elise Jacobs Fund
For Heska Amuna Synagogue capital improvements and other needs as determined by the fund committee

Bryan Merrell Memorial Fund
To support Heska Amuna congregants and programs, including providing for those whose financial situation prevents them from being able to attend programs that are designed to broadly increase affiliation with conservative Judaism

Sylvia Robinson Memorial Fund
For educational and programmatic musical experiences for Heska Amuna Synagogue

Sam & Esther Rosen Community Enrichment Synagogue Fund
To benefit Heska Amuna Synagogue

Rosenthal Environment Fund
To provide financial support to activities of Heska Amuna Synagogue relating to environmental preservation and conservation

Zelda and Miles Siegel Flower Fund
To buy flowers for the Heska Amuna Synagogue sanctuary, primarily for the High Holidays

Bradley Sturm Memorial Fund
To enhance and enrich the Jewish education of youth from the greater Knox and Anderson Counties of Tennessee

Contributions

Contributions by Caring People Through September 3, 2022

Building Fund

In Honor of the Heska Amuna Congregation
during these trying times
Judith & Jack Benhayon
In Honor of Gilya Schmidt
Judith & Jack Benhayon
In Memory of Anna Belle Clement O'Brien
Heather O'Brien & Jan Hahn

General Fund

In Memory of David Morrison
Lee Miller Blotner
In Memory of Greta & Siegfred Besmann
Wendy & Ted Besmann
In Memory of Evelyn & James Lowe
Wendy & Ted Besmann

Kiddush

Peggy & Mark Littmann
Serina & Jeff Scott in honor of Miriam Weinstein
Melissa Langston

Yahrzeit

In Memory of Sylvia Homer
Mark Homer
In Memory of Mollie Brietstein
Judy & Abraham Brietstein
In Memory of Paul Cooper
Joyce & David Beerman
In Memory of Gershon Cooper
Harriet Cooper
In Memory of Max Diamond
Marie & Charles Perelman
In Memory of Louis Perelman
Marie & Charles Perelman
In Memory of Muriel Littmann
Peggy & Mark Littmann
In Memory of Jennye Grusin
Mary Ann Merrell
In Memory of Robert Zalkin
Robin Zalkin Brown
In Memory of Don Kremer
Mary Ann & Matthew Kremer
In Memory of Harriet Goldman
Margy & Mitchell Goldman
In Memory of Adrian Burnett
Michael Burnett & Evelyn Silvey
In Memory of Caryl Arsenault
Dahlia Smith
In Memory of Louise Anderson
Linda Anderson
In Memory of Tanis Smith
Dahlia Smith

5783/2022

**October High Holy Days
and Fall Holidays**
With Heska Amuna Synagogue
Please join us!

Joint Cemetery Service: Sun. Oct. 2, 11 am **New Jewish Cemetery**
Kol Nidre: Tues., Oct. 4, 6:30 pm **at The Lighthouse**
Yom Kippur & Yizkor Services: Wed., Oct. 5 **at The Lighthouse**

- * **Morning Services** 9:30 am
- * **Family Service** 10 am
- * **Yizkor Service** approximately 12:30 pm
- * **Mincha & Neila** 5:45 pm
- * **Break-the-Fast** approximately 8:15 pm

Other fall holiday services will be held in the Synagogue:

Sukkot First Day: Mon., Oct. 10 at 10 am
Sukkot Second Day: Tues., Oct. 11 at 9:30 am
Shmini Atzeret & Yizkor: Mon., Oct. 17 at 9:30 am
Simchat Torah & Dinner: Mon., Oct 17, 6 pm - see our website
Simchat Torah: Tues., Oct. 18 at 10 am

All services also will be shared online/Zoom.
For links, see Nu News and our website
www.heskaamuna.org



HESKA AMUNA SYNAGOGUE



*STORIES FROM OUR PAST
&
VISIONS FOR OUR FUTURE*



*An evening of talent from
Brian Salesky & Friends
Jewish Music from 2nd Ave...
to Broadway...to Carnegie Hall!*

*December 4, 2022
5:30 PM*



*Dinner & Drinks at Lighthouse Knoxville
Tickets on sale in October!*

PJ Library and KJDS team up for a pre-Rosh Hashanah Fall Bash at Deep Well Farm!



Kids of all ages enjoyed the fall farm activities!



We took a hayride into the pumpkin and corn fields!



Fall is a great time to curl up with a new book!



Dance party with bubbles and JKids Radio!

President's Thoughts

By: Harriet Glasman, Hadassah of Knoxville-Oak Ridge President

The focus of this issue of HaKol is Senior Living. Generally, a person is a senior at 65, commonly and officially. In Hadassah, we value each member whether she is 25 or 85+. Some people feel that it is crucial to place our emphasis on recruiting "young" women as members, which of course is important for continuing the work of Hadassah in the future. However, we are right here now, in the moment, with much to do as members of Hadassah. This includes the important inroads Hadassah supports from doctors, scientists, and universities in Israel and around the world in advancements in the fields of health and medicine. A growing emphasis is on senior life including health, nutrition, fitness, happiness, and living conditions.

Our Hadassah chapter values our senior members. I believe we are inclusive in that regard. I am a senior and Hadassah of Knoxville-Oak Ridge has trusted me to be President! I hope we will continue to care about our senior members as well as recruiting young women.

We are just beginning to invite our members of all ages to participate in our annual fundraising drive the beginning of which is our HMO (Health Medical Organization) luncheon. The luncheon is November 13, and invitations will go out soon. Guest speaker is member Rosalie Nagler, who will speak on Occupational Therapy.

We had a fun new member event at Casual Pint on Harden Valley Road Sunday August 28. We snacked on delicious appetizers made by Hadassah members, some of us had a beer or two. Bonnie Boring gave an inspiring history of Hadassah, and we each told a bit about ourselves. Several women signed up to become new members! I thank Judy Abrams, Andrea Cone, and everyone who put this program together, prepared food, and attended.

Andrea and co-chairs, Nora Messing and Robin Brown, are already busy getting everything in place for our HMO (Health Medical Organization) Luncheon on November 13. We are looking forward to the program on Occupational Therapy from Rosalie Nagler, our speaker, and we thank her so much for sharing her knowledge. Mary Evars-Goan is planning our menu.

We hope to see many of you at HMO and future events.

HMO Sponsors

Grand Hostess:	Hostess:	Peggy Littmann
Linda Anderson	Judy Brietstein	Ellen Markman
Sally Baerman	Nancy Britcher	MaryAnn Merrell
Nancy Becker	Bonnie Carroll	Shuli Mesa
Barbara Bernstein	Becky Charles	Nora Messing
Rhonda Bogard	Jill Chasen	Barbara Mintz
Bonnie Boring	Harriet Cooper	Rosalie Nagler
Robin Brown	Laura Floyd	MaryLinda Schwarzbart
Mary Evars-Goan	Kathy Franzel	Susan Silber
MaryBeth Leibowitz	Harriet Glasman	Melissa Sturm
Anita Miller	Shelley Hecht	Associates:
Kim Rosen	Dina Kramer	Van Boring
Jill Weinstein		John Goan, Jr.

Hadassah Helps

By: Peggy Littmann

Hadassah helps Israel and our world in many ways. Most of us know that Hadassah runs some very large hospitals in Israel. Maybe less well known is the work they do for the environment, partnering with The Jewish National Fund. Someone I know recently remarked that it was astounding that Israel, a desert county, was now not only water self-sufficient, but has created and produced more drinking and agricultural water than it needs.

This made me think about my life. What could I do? I am not able to set up my own desalination water treatment plant but seeing images of empty single-use plastic waste in the ocean caught my attention. Along with this image was an interesting product and a possible way I could do one small thing to help reduce plastic waste. I was pretty skeptical though. Could Earth Breeze Laundry Detergent Liquidless Eco Sheets perform as advertised? Could these sheets that clean clothes and come packaged in tiny biodegradable envelopes do the job, with no giant plastic bottles to throw out when it was used up? Maybe. I bought the smallest available quantity and tried it. Amazingly it worked. I am now working through my second order, enough for 600 loads and 0 plastic containers to befoul our Earth. Up with Earth Breeze, up with Hadassah, and down with plastic. Give it a try.

Under Construction!

2023 Hadassah Knoxville-Oak Ridge Membership Directory, Shopping Guide & Datebook

Reserve your ad space now through deadline: December 8, 2022

Ad Sizes & Rates:

- Ad sizes: Full page \$195, ½ page \$130, 1/3 page \$115, or ¼ page -- \$95
- Memorial/Yahrzeit ad: Full page \$115 or 1/3 page -- \$65
- Memorial Listings: 75 characters -- \$30
- Professional Listings: Name, phone number, category -- \$36
- Professional Listings are ½ price at \$18 for advertisers with at least ¼ page ad contract
- Now accepting 2023 cover artwork submissions for consideration. Please send photo to Jill Weinstein jkweinstein5@gmail.com.

Advertising in the Hadassah Knoxville Directory:

- Supports Hadassah's many worthwhile projects
- Reaches 450 people with your message year-round

Join the directory team! We will happily welcome new solicitors, proofreaders, and content creators.

To Hadassah Members and Associates: You have the right to withhold your information from our directory. We will include your name, address, phone, and email unless we hear from you by December 8, 2022 to remove or modify your personal information.

Wow, What an Event!

By: Andrea Cone

Our **New Member Party** on August 28th was so well attended by so many **super women**. We just love to gather. Thanks to Judi Abrams who co-chaired this program and help make all the arrangements, it was truly a team effort. Thank you to Bonnie Boring as she began the program with an icebreaker definition and more. We all learnt more about Hadassah and what it meant to those at the program as well as the true gift that Hadassah brings to THE WOMEN WHO DO. It was such a pleasure to be together with current members and recently joined members we have not seen in such a long time.

Hadassah Knoxville – Oak Ridge gained 4 new members to our family.

We welcome Sheri Kaiserman and Janis Remer as new members as well as Brooke Jacobs and Ellie Martin who have now transferred their membership. Please welcome them.

We could not have had this terrific gathering unless we had so many of our board members bring delicious appetizers to complement the many beers, ciders and non-alcoholic drink offered at The Casual Pint in Hardin Valley. Special thanks to our members who extended invitations to our new members.

As Nora Messing stated 'We believe that action speaks louder than words. We are the doers, the changemakers. We raise our voices to make our world a better place. We march for change and progress. We are Hadassah. We look forward to many more event in the coming months.



Come Be a Doer and Join Us for Our Upcoming Annual Fundraiser

Hadassah Medical Organization (also known as HMO) is comprised of the two Hadassah Hospitals (Ein Karem and Mount Scopus). Hadassah Hospitals in Israel Since the establishment of Hadassah's first hospital on Jerusalem's Street of the Prophets in 1918, the Hadassah University Medical Center has expanded to include two University hospitals in Jerusalem – located on Mt. Scopus and in Ein Karem. Hadassah's hospitals in Israel bring care to a million patients a year, and advance cutting-edge research and treatments, including against COVID-19. And our advocates work to expand access to health care in the US.

*Hadassah Knoxville-Oak Ridge Chapter
Requests Your Presence At Our
Annual Hadassah Medical Organization Luncheon*

Birth to Adult Occupational Therapy

Join us as we focus on a combination of providing physical, emotional, and/or cognitive interventions to help achieve your Occupational Therapy goals.



Special Guest Speaker:
Rosalie Nagler

Rosalie graduated with a Bachelor of Science (Occupational Therapy) from McGill University in Montreal, Canada. She retired in June 2020 after 44 years of Pediatric practice.

Sunday, November 13, 1:00 pm



Chesapeake's Seafood Restaurant
9630 Parkside Drive
Knoxville, TN 37922

**Questions? Andrea Cone at hadassahknoxvilleac@gmail.com
or Nora Messing (865) 406-5867**

Reservations **REQUIRED** to attend.

Out of an abundance of caution, Hadassah is requiring proof of vaccination and booster upon arrival to all in-person events. We appreciate your understanding and cooperation.

Register: <https://hadassahsupersouth.org/HMOLuncheon2022>

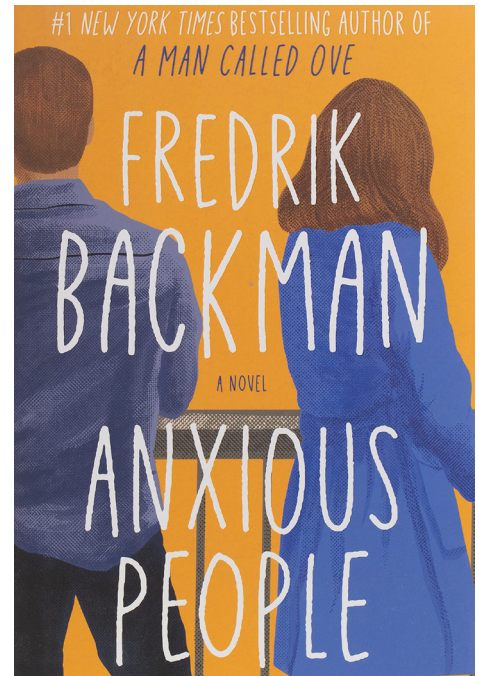
October Book Club News

By: Barbara Mintz, Book Club Chair

We welcome you to participate in our next Hadassah Book Club meeting. In October, we will be meeting on the fourth Tuesday of the month rather than the third Tuesday so we will not conflict with Simcha Torah celebrations. On October 25 we will be discussing *Anxious People* by Fredrik Backman. We will be using a zoom only format for this book club meeting and we will start at 7:30p.m.

***Anxious People* by Fredrik Backman**

Looking at real estate isn't usually a life-or-death situation, but an apartment open house becomes just that when a failed bank robber bursts in and takes a group of strangers hostage. The captives include a recently retired couple who hunt down fixer-uppers to avoid the painful truth that they can't fix their own marriage. There's a wealthy bank director who has been too busy to care about anyone else and a young couple who are about to have their first child but can't seem to agree on anything. Add to the mix an eighty-seven-year-old woman who has lived long enough not to be afraid of someone waving a gun in her face, a flustered real estate agent, and a mystery man who has locked himself in the apartment's only bathroom and you've got the worst group of hostages in the world.



Each of them carries a lifetime of grievances, hurts, secrets, and passions that are ready to boil over. None of them is entirely who they appear to be. And all of them—the bank robber included—desperately crave some sort of rescue. As the authorities and the media surround the premises these reluctant allies will reveal surprising truths about themselves and set in motion a chain of events so unexpected that even they can hardly explain what happens next.

Please contact Barbara@bmintz.com if you have any questions or feedback. Also let her know if you have any changes in your email address or if you want to be removed from the master mailing list.

Future Book Selections:

November 19:
By the Grace of the Game by Dan Grunfield

December 20:
Invisible Life of Addie La Rue by V.E. Schwab

January 17:
The Midnight Library by Matt Haig



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JUDAIC STUDIES

The Fern and Manfred Steinfeld Program in Judaic Studies is the center for the study of Jews and Judaism at the

University of Tennessee, Knoxville.

It offers a variety of public and academic programs that enhance student learning, promote Jewish Studies scholarship, and contribute to the intellectual life of the Knoxville community and beyond.

UT offers an interdisciplinary Judaic Studies as well as several scholarships to support student learning. Courses in Judaic Studies range from the Hebrew Bible to the Holocaust and include both modern and Biblical Hebrew.



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JUDAIC STUDIES

Cteen Knoxville Launches an Exciting Year of Programs and Events

By: Miriam Esther Wilhelm

We are grateful for our Cteen leaders who have put together an amazing year full of programs to connect our Jewish teens, keep them socially engaged and Jewishly proud. Each of our teen leaders have busy schedules, extra-curricular activities and yet they devote time to planning, organizing and running these fabulous events.

A few new exciting events this year are the Cteen Lounge evenings. 8th - 12th graders are invited to hang in our Cteen lounge, do homework, enjoy some snacks, and chat with Rabbi Yossi and Miriam Esther. Two regional Shabbatons one in Atlanta and one in the Smoky Mountains, Cteen trips, Friday Night dinners, and more. When asked why they prioritize their time to dedicate it to Cteen, here is what they shared.

Elizabeth - Cteen helps me connect to my Judaism and for very strong friendships. My goal for our chapter this year is to bond with other chapters and keep those friendships for a long time.

Headan - Participating in Cteen is meaningful to me because it's important to have a community where we can all get together and stay connected through our Judaism.

Michael Guigui - Being a Cteen leader this year, I am most excited for connecting the teen Jewish community and getting more kids to be a part of Cteen

Jonah - Finding a community and displaying actions of commitment is preferred. I want to find that security of being not the only Jew around. Secondly, I hope to be more connected with God.

Elaina - I am looking forward to staying connected with other KJDS alumni so we can continue to celebrate holidays and bring Jewish teenagers together. Participating in Cteen is very important to me because I still get to be part of the Jewish community even though I go to a public school where there's not that many Jewish kids.

If you have a child in middle or high school interested in joining Cteen, please reach out to Miriam Esther at me@kjds.org or any of the Cteen leaders.



Cteen leaders pose for a picture at Main Event at the Cteen kickoff event.



Cteen leaders planning for the year in our Cteen Lounge.

Featured Events in October:

Sunday, October 2nd - Cteen Trip - Maryville College Ropes Course 2-5pm

Friday, October 14th - Shabbat Dinner in the Sukkah - 6:00

Monday, October 24th - Cteen Lounge (8th - 12th) - 5:00-7:00pm

Good Old Days

From: Cantor Jacqueline Marx, JCOR Interim Spiritual Leader

Do you remember Judy Blume’s novel, “Are You There, God, It’s Me, Margaret?”. Still a bestseller about the coming-of-adolescence of the narrator, it’s currently being made into a Hollywood film. I won’t tell you how old the book is, but I will say that when it was published, I was Margaret’s age. Today, I’m older than Margaret’s grandmother’s age.



I’m a member of the AARP. I’m not middle-aged. If I had as many years in front of me as I have behind me, I’d be middle-aged. If I could live as long as Moses did, I’d be middle-aged. I’m old. Sorry-not-sorry to my beloved nonagenarians who are reading this, but I’m old. I’ve outlived the ages of two of my grandparents. I’m a whisker away from Medicare. I’m old. But there’s plenty of good news. And if it applies to me, it applies to you:

- I know stuff. I have experience. I’ve handled loss, illness, upheaval, and more; and bounced back from it all. I’m not asking life to throw more at me, Gd forbid. But I’m ready. Pu-pu-pu.

- I have a lower tolerance for sweet food. Yes, this is good news. My physician confirmed that this is a by-product of age; I’ll take it. Although sometimes I like to wander down the ice cream aisle in the supermarket and sigh a wistful hello to old friends like Ben & Jerry.

- I see the world through eyes that appreciate blessings with a clearer lens than ever before. Those eyes have needed bifocal assistance for nearly half my life. My prayer is for enough vision to find my glasses, and enough sense not to leave them on my head. But colors are brighter, aromas are savorier, music is sweeter - its harmonies ring deeper passions within my spirit.

- I have come to realize that the most precious gifts are health, family, and friends. I pray that you know the sweetest of these gifts as well. May all “children of the number of our years” [the Hebrew designation of age, and I like it a lot!] be blessed with true life in our years.

Be well.

CONTACT JEWISH CONGREGATION OF OAK RIDGE
Interim Spiritual Leader, Cantor Jacqueline Marx cantorjacquie@gmail.com
Rabbi Emeritus, Victor Rashkovsky vicrash@yahoo.com
President, Hilary Shreter hshreter@gmail.com
Sisterhood President, Becky Charles gchar2@aol.com
• 101 W. Madison Lane, Oak Ridge, TN 37830 • 865-483-3581 • office@jcor.info www.jcortn.org

Whether you're an avid racer, a weekend runner, or just starting out, a knee injury can sideline you from reaching your goals.

We can work with you to prevent or manage common running-related injuries with personalized treatment plans. Our goals would be to improve your mobility, manage your pain and/or other chronic conditions, help you recover from your injury, and help to prevent future injuries and chronic disease.



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Knoxville Jewish Community Family of Funds

By: Stephen Rosen, KJCFF President

KJCFF, the stock exchange of Ideas and Grants

The main pieces of philanthropy are good ideas and meaningful money. The two cannot exist separately if we expect to have results in our community. KJCFF acts like the New York Stock Exchange of philanthropy by bringing to the floor potential needs with potential funding. To participate, you don't have to have all the pieces of the puzzle. If you have an idea for programming that needs financial support, you can bring that to KJCFF and let us see if we can find an existing fund or a new donor. If you have financial resources to bring to the community, give us a chance to see if we have willing programmers that can move us forward in the direction you desire. We are easy to work with and take both "market orders" and "limit orders." We are licensed to work in Tennessee, but our reach can be global.

If you would like to make a philanthropic trade, call your brokers, Laura or Stephen.

KJCFF can be found at www.jewishknoxville.org/kjcff

It took some effort, but I found KJCFF's page on KJA's website. From the jewishknoxville.org home page, hover on the "donate" menu in the blue menu bar towards the top of the page and click on "Knoxville Jewish Community Family of Funds". On the KJCFF website, we share our mission and goals plus some instructions on donations. Most importantly, there are click-throughs for a list of our funds, a KJCFF grant request form and a donation form. The funds provide a nice shopping list for organizations seeking grants as well as future philanthropists looking for inspiration. The website is a workable tool to engage with us online, but it would be more fun if you called or emailed us: lsadler@jewishknoxville.org 865-690-6343 and Stephen. rosen@raymondjames.com 865-777-5813.

Heska Amuna Launches Two More Funds

The board of KJCFF wishes mazal tov to Heska Amuna Synagogue on the creation of two more funds. The Heska Amuna Tuition Assistance Fund will be available to subsidize educational fees on a need basis. The Heska Amuna Operations Contingency Fund was created to support synagogue operations when and if needed. Both of these funds add to the long list of Heska Amuna funds that have been created by donors as well as synagogue operations over its 132-year history. Heska Amuna now has 18 funds with KJCFF! The KJCFF board and Laura are proud to be of service to Heska Amuna and we appreciate the trust and confidence they have place in our community's family of funds.

If you would like to create a fund for Heska Amuna, please contact Stephen or Laura.

Requirements for Qualified Charitable Distributions from an IRA

At KJCFF, we get many questions about making donations to KJCFF funds from an IRA. Unfortunately, KJCFF cannot directly accept a Qualified Charitable Distribution (QCD) from an IRA. Under the Pension Protection Act of 2006, to qualify as a QCD, the distribution must go directly to a public charity; it cannot go to a private foundation, a charitable supporting organization, or a donor advised fund. While donor advised funds can never accept a QCD, KJCFF's status as a supporting organization also prevents donors from directly making a QCD to a fund of Heska Amuna, JCOR, KJDS, or the Knoxville Jewish Alliance held by KJCFF. A donor can make a QCD directly to one of those organizations for the benefit of one of their funds, though.

Yahrzeits



Temple Beth El

October 7

William J Coe • Riva Dvorkina • Steven Howard Feldman • Harold Freedman • Hans J Haller • Max Herzfeld • Lester Hirsh • Albert A. Levy • Ann Marcovitch • Amanda S Morris • Emanuel Radoff • Gus Robinson • Isaac Routenberg • William D. Sampson • Beverly Shore

October 14

Leon Bornes • Marylou Davis • Bessie Factor • Martin Guthman • Lawrence Harris • Marcus Mendelowitz • Dorothy Perlmutter • Ruth Polk • Samuel Samuel • Jack L Zagoren • Pearl Zauber

October 21

Dora Brody • David Feldman • Pam Feldman • Louis Fox • Sam Freeman • Fera Iancovsky • Bessie Margolies • Charlotte Pais • Israel Potter • Mr. Gene Rosenberg • Suzi Schnittman • Nicole Shenkman • Ben Simon • Shirley Smith • Celestine Yatsko

October 28

Janet Baker • Khava Barkan • C. B. Buster Brown • Larry Brown • Max Brunshwig • Gerson Cohen • Mrs. Bernice Gerson • Mordechai G Heiser • DeWayne Hicks • Sara Hirsh • Morris Levitt • Peter Lawrence Marchand • Ida Markman • Leland K Milligan • Louisa Sasson • Evelyn Shey • Roberta Shor • Mary J. Sisman • Mrs. Abbie H. Smith • Johanna Hessel Sonn • George (Bill) William Wadsworth • Alexander Zatin

Heska Amuna Synagogue

October 1

Esther Abrams • Ida Bart • Max Diamond • Ida Dwork • Emily Eads • Isaac Elbaz • Harriet Goldman • Sylvia Greenberg • Jennye Grusin • Jeanette Jacobowitz • Morton Jacobson • Esther Jaffe • Don Kremer • Phyllis Levine • Joseph Martin • Rebecca Mazur • Sarah Millen • Fred Millen • Evelyn Schwab • Martha Schwartz • Adeline Shersky • Mazal Shloush • Louis Slabosky • Gertrude Weinstein

October 8

Isaac Anidjar • Louis Bender • Lena Busch • William Coe • Toba Davis • Paul Dreyer • Shmuel Farbowitz • Etka Farbowitz • Sadie Gabler • Harry Glasman • Joseph Green • Anna Gruenberg • Isaac Joffe • Marie Klinkowstein • Dennis Licht • Sydney Manas • Blima Schwarzbart • Samuel Schwarzbart • Bernard Shorr • Sylvia Slovis • Beatrice Sturm • Louis Winick • Anne Wolf

October 15

Aaron Berry • Bernard Binder • Larry Bobroff • David Cohen • Amy Beth Cohen • Alex Eichwald • Herman Forstein • Jeffrey Ginsburg • Frederic Horowitz • Geoffrey Kramer • Bertha Krauss • Ann Levine • Kathryn Martin • Sarah Millner • Morris Skalet • Benjamin Wise • Samuel Wise • Horace Woolf

October 22

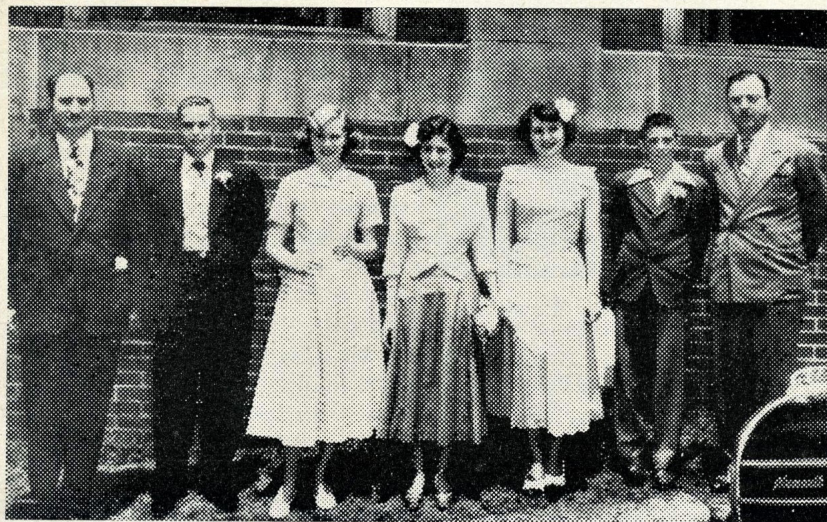
Ralph August • Leonard Brown • Jennie Cooper • Isaac Coplan • Peter Dreyer • Hinda Duhan • Theresa Fadem • Mark Fleishman • Joseph Goodstein • Mordecai Gustav Heiser • David Jacobowitz • Ronald Licht • Francis Rosenzweig • Isaac Routenberg • Herman Shamitz • Leonard Shersky • Joseph Solomon

October 29

Benjamin Berson • Morris Bresoff • Jean Brown • Isadore Collins • Vaughn Cooper • Zelda Finkelstein • Ignatz Frank • Clarence Glidewell • Moe Golub • Jay Goodfriend • Joe Gurwitch • Carol Krosin • Phillip Krosin • Morris Rosen • Philip Seif • Alexander Shapiro • Rose Shersky • Morris Shersky • Rhea Silber • Leo Vogel • Esther Winick

The Barbara Winick Bernstein Archives of the Jewish Community of Knoxville and East Tennessee

JCC Sunday School Graduates



1949 Jewish Community Center graduates who received their diplomas at the Sunday School's graduation exercises held June 5. Left to right are Rabbi Leo J. Stillpass, teacher, Sidney Deitch, Pauline Chazen, Rita Green, Pessa Caller, Sidney Burnett, Rabbi M. M. Goodman, teacher. Shirley Bernard also a graduate is not pictured.

The Way We Were in 1949: Combined Sunday School Graduation



This year's combined Sunday School is hardly the first one in Knoxville Jewish history. The Knoxville Jewish community had a combined Sunday School that ran for 25 years, from 1931-1956. 2022 is the 25th anniversary of the 1997 reunion of that combined Sunday School. The school was held in the original Jewish Community Center on Vine Avenue, while the 1997 reunion was held at the Arnstein Jewish Community Center on Deane Hill Drive. To learn more, visit the Archives.

This photo comes from the August 1949 issue of *The Center Menorah*. It can be viewed in its entirety along with other issues of the *Menorah* at <https://heskaamuna.org/menorahs>.

Of the people in the 1949 graduating class, Pessa **Caller Brody** and Shirley **Bernard Sturm** still live in Knoxville. Sidney **Deitch**, Pauline **Chazen Karp**, and Sidney **Burnett** have passed on. Rita **Green Wasserman's** cousin Anita **Weinbren Miller** continues to live in Knoxville. Sidney **Burnett's** wife Marilyn as well as siblings Evelyn **Silvey** and Michael **Burnett** live in Knoxville.

The Archives needs your photographs! Send your photos (with identifications of who, what, when, where) of "The Way We Were" to archives@jewishknoxville.org or contact the archivist at (865) 690-6343.



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