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Photo Credit: Beverly Wilcox

#### **HaKOL Monthly Publication**

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## October 2023 Community Calendar

KEY: HA = Heska Amuna, JCOR = Jewish Congregation of Oak Ridge, KJA = Knoxville Jewish Alliance, KJDS = Stanford Eisenberg Knoxville Jewish Day School, JFS = Jewish Family Services, TBE = Temple Beth El

#### **SUNDAY, OCTOBER 1**

#### Sukkot

9:30A Religious School - TBE 3:00P Pride Interfaith Knox Service - TBE 7:30P Beginning Hebrew – HA

#### MONDAY, OCTOBER 2

#### Sukkot

11:30A JFS Committee Meeting - KJA

#### **TUESDAY, OCTOBER 3**

#### Sukkot

12:30P Conversational Hebrew - JCOR

#### **WEDNESDAY, OCTOBER 4**

#### Sukkot

12:00P Executive Mifgash Manhigim – TBE

4:30P Midweek Hebrew - TBE 6:30P Minyan & Talmud Study - HA

#### **THURSDAY, OCTOBER 5**

#### Sukkot

10:00A Torah Study – TBE 12:30P Conversational Hebrew – JCOR 7:00P Book Talk: Ruth Blau, A Life of Paradox and Purpose - UTK

#### FRIDAY, OCTOBER 6

#### Sukkot

6:54P Candle Lighting 4:30P JFS Shabbat at Sherrill Hills – KJA 6:00P Rosenbaum Shabbaton-Kabbalat Shabbat & Dinner - HA 6:30P Sukkot Yizkor Memorial Service -TBE 7:00P Simchat Torah Shabbat Service -

#### **SATURDAY, OCTOBER 7**

#### Shemini Atzeret

7:49P Candle Lighting 9:30A Rosenbaum Shabbaton-Simchat Torah & Hakafot - HA 10:00A Shabbat Service – JCOR 11:30A Luncheon honoring Markus Eisenbach - HA

#### **SUNDAY, OCTOBER 8**

#### Simchat Torah

7:48P Havdalah 7:30P Beginning Hebrew - HA

#### **TUESDAY, OCTOBER 10**

8:00P Minyan – HA

#### **WEDNESDAY, OCTOBER 11**

6:30P Board Mifgash Manhigim - TBE 6:30P Minyan & Talmud Study - HA

#### **THURSDAY, OCTOBER 12**

10:00A Torah Study – TBE 12:30P Conversational Hebrew – JCOR 7:00P Board Meeting - HA

#### **FRIDAY, OCTOBER 13**

6:45P Candle Lighting 6:30P Kabbalat Shabbat – HA 7:00P Shabbat Service - TBE

#### **SATURDAY, OCTOBER 14**

7:40P Havdalah

10:00A Contemporary Shabbat Service - HA

10:00A Shabbat Service - JCOR

#### **SUNDAY, OCTOBER 15**

11:00A HAWL Welcome - HA 7:30P Beginning Hebrew - HA

#### **TUESDAY, OCTOBER 17**

6:00P Ways & Means Meeting – TBE 7:30P Book Club – Hadassah 8:00P Minyan – HA

#### **WEDNESDAY, OCTOBER 18**

4:30P Midweek Hebrew – TBE 6:30P Minyan & Talmud Study – HA 6:30P Ritual & Worship Meeting - TBE 7:00P Book Club – JCOR 7:00P Board Meeting - Hadassah

#### **THURSDAY, OCTOBER 19**

10:00A Torah Study – TBE 12:30P Conversational Hebrew - JCOR

#### FRIDAY, OCTOBER 20

6:36P Candle Lighting 6:30P Kabbalat Shabbat – HA 7:00P Shabbat Service – TBE

#### **SATURDAY, OCTOBER 21**

7:31P Havdalah 9:45A Shabbat Service – HA 10:00A Shabbat Service – JCOR 7:30P Beginning Hebrew - HA

#### **MONDAY, OCTOBER 23**

5:30P History of Jewish Women in the Middle East - UTK

#### **TUESDAY, OCTOBER 24**

8:00P Minyan - HA

#### **WEDNESDAY, OCTOBER 25**

4:30 Midweek Hebrew – TBE 6:30P Minyan & Talmud Study - HA

#### **THURSDAY, OCTOBER 26**

10:00A Torah Study – TBE 12:30P Conversational Hebrew - JCOR

#### FRIDAY, OCTOBER 27

6:27P Candle Lighting 6:00P Family Shabbat Service & Dinner - TBE 6:30P Kabbalat Shabbat – HA

#### **SATURDAY, OCTOBER 28**

7:24P Candle Lighting 10:00A Shabbat in the Round Service - HA 10:00A Shabbat Service – JCOR

#### **SUNDAY, OCTOBER 29**

9:30A Religious School – TBE 10:00A Archives Walking Tour (Rain Date) – KJA 7:30P Beginning Hebrew - HA

#### TUESDAY, OCTOBER 31

8:00P Minyan – HA



## **November 2023** Community Calendar

KEY: HA = Heska Amuna, JCOR = Jewish Congregation of Oak Ridge, KJA = Knoxville Jewish Alliance, KJDS = Stanford Eisenberg Knoxville Jewish Day School, JFS = Jewish Family Services, TBE = Temple Beth El

#### WEDNESDAY, NOVEMBER 1

12:00P Executive Mifgash Manhigim – TBE 4:30P Midweek Hebrew - TBE 6:30P Minyan & Talmud Study - HA

#### **THURSDAY, NOVEMBER 2**

10:00A Torah Study - TBE 12:30P Conversational Hebrew - JCOR

## FRIDAY, NOVEMBER 3 6:20P Candle Lighting

4:30P JFS Shabbat at Sherrill Hills - KJA 6:30P Kabbalat Shabbat - HA 7:00P Shabbat Service - TBE

#### **SATURDAY, NOVEMBER 4**

7:17P Candle Lighting 9:45A Shabbat Service 10:00A Shabbat Service – JCOR 10:30A Library Minyan - HA

#### **SUNDAY, NOVEMBER 5**

#### Daylight Saving Time - Fall Back!

9:30A Religious School - TBE 7:30P Beginning Hebrew - HA

#### **TUESDAY. NOVEMBER 7**

8:00P Minyan - HA

#### **WEDNESDAY, NOVEMBER 8**

4:30P Midweek Hebrew 6:30P Board Mifgash Manhigim - TBE 6:30P Minyan & Talmud Study - HA 7:00P Semi-Annual Meeting - TBE

#### **THURSDAY, NOVEMBER 9**

10:00A Torah Study – TBE 12:30P Conversational Hebrew - JCOR 7:00P Board Meeting - HA

#### **FRIDAY, NOVEMBER 10**

5:14P Candle Lighting 6:30P Kabbalat Shabbat - HA 7:00P Veteran's Shabbat Service - TBE

#### **SATURDAY, NOVEMBER 11**

6:11P Havdalah 10:00A Contemporary Shabbat Service - HA 10:00A Shabbat Service - JCOR

#### **SUNDAY, NOVEMBER 12**

9:00A Rummage Sale - TBE 9:30A Religious School -TBE 10:30A HMO Luncheon - Hadassah 7:30P Beginning Hebrew - HA

TUESDAY, NOVEMBER 14 7:00P Board Meeeting - KJCFF 8:00P Minyan - HA

#### **WEDNESDAY, NOVEMBER 15**

4:30P Midweek Hebrew - TBE 6:30P Minyan & Talmud Study - HA 6:30P Ritual & Worship Meeting - TBE 7:00P Book Club - JCOR 7:00P Board Meeting - Hadassah

#### **THURSDAY, NOVEMBER 16**

10:00A Torah Study - TBE 12:30P Conversational Hebrew - JCOR 5:30P Book Talk: The Atrocity of Hunger -UTK

#### **FRIDAY, NOVEMBER 17**

5:09P Candle Lighting 6:30P Kabbalat Shabbat – HA 7:00P Shabbat Service – TBE

#### **SATURDAY, NOVEMBER 18**

6:07P Havdalah 9:45A Shabbat Service - HA 10:00A Shabbat Service - JCOR

#### **SUNDAY, NOVEMBER 19**

9:30A Religious School - TBE 7:30P Beginning Hebrew - HA

#### **TUESDAY, NOVEMBER 21**

6:00P Ways & Means Meeting - TBE 7:30P Book Club - Hadassah 8:00P Minyan - HA

#### **WEDNESDAY, NOVEMBER 22**

6:30P Minyan & Talmud Study - HA

#### **THURSDAY, NOVEMBER 23**

**Thanksgiving** 

12:30P Conversational Hebrew - JCOR

#### **FRIDAY, NOVEMBER 24**

5:05P Candle Lighting 6:30P Kabbalat Shabbat - HA 7:00P Shabbat Service - TBE

#### **SATURDAY, NOVEMBER 25**

6:05P Candle Lighting 10:00A Contemporary Shabbat Service - HA 10:00A Shabbat Service - JCOR

#### **SUNDAY, NOVEMBER 26**

7:30P Beginning Hebrew - HA

#### **TUESDAY. NOVEMBER 28**

8:00P Minyan - HA

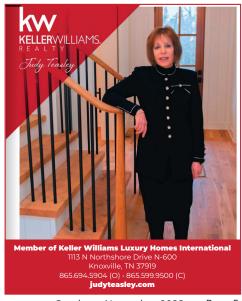
#### **WEDNESDAY, NOVEMBER 29**

4:30P Midweek Hebrew - TBE 6:30P Minyan & Talmud Study - HA

#### **THURSDAY, NOVEMBER 30**

10:00A Torah Study - TBE 12:30P Conversational Hebrew - JCOR











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Starting November 4th, the Red Bears can be seen and adopted at the
Titanic Museum Attraction in Pigeon Forge during the Holiday season!

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## Genesis is our Ancestors' Story and Their Legacy to Us

#### By: Mark Siegel, Heska Amuna Synagogue Chair

Autumn is my favorite time of year in Knoxville. The blossoming of spring in March following the gloom of February is marvelous, but nothing tops the October and November blaze of color nature paints in this part of the world. Hopefully, temperatures moderate from the scorching summer.

In autumn at Heska Amuna, we finish the Torah and begin reading it anew with Genesis' Bereshit. In the beginning came the creation of heaven and earth, and then the early history of humanity and the origins of the Jewish people.

There is a lot of begetting in Genesis, but mostly great stories. Even in the linguistically sparse language of the Torah, these stories resonate with such deep emotional and psychological impact that they still affect us these millennia later. The Fall of the Garden of Eden. Cain and Abel. The Flood. Abraham's covenant with the Lord. Sodom and Gomorrah. Sarah's laugh. Haggar and Ishmael. The binding of Isaac. Jacob and Esau. Jacob and Rachel. Jacob wrestling the angel and becoming Israel. Joseph. These are powerful, powerful stories.

Particularly beginning with Abraham, Genesis tells the stories of our ancestors. We pray to the G-d of Abraham, Isaac, and Jacob, Sarah, Rebekah, Leah, and Rachel. It is a blessing to be given our ancestors' stories. They are not the stories of saints, however, but are laced with profound moral ambiguity. Our ancestors were humans, just like us, with foibles and sins, just as men and women continue to be. We ignore the adult lessons of Genesis at our peril.

To me, the most important part of Genesis is when G-d tells Abraham that G-d will establish an everlasting covenant with Abraham's descendants for generations to come, to be the G-d of Abraham and his descendants. The Lord also blesses Abram and, through Abram, the world.

I am not a great scholar. To me, however, Judaism is a religion of continuity and tradition, and that begins with our ancestors' stories and their covenants with G-d, which have been passed down generation to generation, and will continue to be, here at Heska Amuna and throughout the Jewish world. This autumn, I hope that my head is filled with these stories and these covenants, and my heart is filled with wonder.

## **Zoom Thank Yous**

Heska Amuna's (Rabbi &) Religious Services
Committee (and all of us who zoom in to
Shabbat and holiday services, too) thank our
awesome zoom technology team led by Doug
Weinstein and Marty Iroff, with assists from
Mark Siegel, Markus Eisenbach, Frank Floyd,
and a host of others. Doug and Marty have
spent countless hours addressing technical
issues, devising better video setups, immensely
improving the sound quality, and making sure
our services are enjoyable for those who cannot
join us in person.

A groisen dank! Yasher koach! Todah rabah!



Talented Volunteers Doug Weinstein and Marty Iroff Credit: Beverly Wilcox

## Heska Amuna Synagogue invites you to join us for our celebration of our Fall Holidays

#### By: Gilya Schmidt and Mary Ann Merrell, RRS

Please join us to honor our Torah and Markus Eisenbach on October 8th. During Simchat Torah we focus on the Torah as a continual way of life as we read the last chapter in the Torah (from the book of Deuteronomy) and then immediately read the beginning of the Torah (from the book of Genesis). During Simchat Torah services it is our custom to invite everyone to have an Aliyah, the honor to recite the blessings before and after a Torah reading. The Aliyahs where the Torah is completed and restarted are special honors given to Hatan/Kallat (groom/bride) Torah and Hatan/Kallat Bereshit, respectively. This year the honor of Hatan Bereshit will go to Markus Eisenbach.

Markus is most deserving of this special honor for his service to the congregation far above and beyond the call of duty. As past president of Heska Amuna, he rose to the occasion for us all as he took the helm for religious services and other ritual events for another term and helped us navigate through COVID and returning to in-person worship. He has given an immense amount of time and energy to our community.

Weekly Shabbat services, festival services, the High Holy Days, and life cycle events don't just happen. They are the result of our President ensuring that our traditions hold fast. If making certain our religious worship wasn't enough, the President also is responsible for holding monthly Rabbi and Religious Services committee (R&RS) meetings, representing congregants by serving on the Board of Trustees, and making endless phone calls and plans with potential service participants, donors, and congregants to make sure Heska Amuna provides support to all of our members and the community more broadly. And all of this was done in Markus' thoughtful and quiet style while he balanced a demanding daytime job leading his many projects with the supercomputers in Oak Ridge. We are so very grateful to Markus for stepping up as he did.

Next time you see him, please thank Markus for his generosity and spirit. Todah Rabah and Kol Hakavod (Thank you and well done!) from R&RS and all of us at Heska Amuna, Markus. You are tops!

Uala Manta Club build and Subbah	Enistan.	9/29/23	9 am to
Help Men's Club build our Sukkah	Friday	9/29/23	noon
1st Day of Sukkot – Celebrate this harvest holiday with			
our Family Friendly Shabbat. Lunch will be provided by			
the Heska Amuna Women's League in the Sukkah		- 1 1	
following services.	Saturday	9/30/23	10 am
Services on the 2nd Day Sukkot	Sunday	10/1/23	9:30 am
A Renewal-centered Shabbaton Weekend with Rabbi			
Adam Rosenbaum, beginning with Kabbalat Shabbat			
services followed by a community Shabbat Dinner	Friday	10/6/23	6 pm
Shmini Atzeret Services with Rabbi Rosenbaum			
including Yizkor (led by Rabbi Shoshana Carson) and			
Geshem (the prayer for rain chanted by Gilya Schmidt)			
with kiddush and study session to follow	Saturday	10/7/23	9:30 am
Simchat Torah Services and Hakafot with Rabbi			
Rosenbaum and special aliyot and lunch in honor of			
Markus Eisenbach	Sunday	10/8/23	9:30 am



All services will be held in-person at the synagogue and on Zoom (go to www.heskaamuna.org for links)



## Shabbaton Weekend with Rabbi Adam Rosenbaum

#### By: Abraham Brietstein, Adult Ed Vice-Chair

Heska Amuna will be celebrating a special Shabbaton weekend with visiting Rabbi, Adam Rosenbaum, from Charleston, SC, October 6-8. Please join us for this special weekend to celebrate Shemini Atzeret and Simchat Torah. Rabbi Rosenbaum will lead services Friday night, starting at 6 pm, and offer a D'var Torah on the theme of renewal, followed by a special Shabbat dinner at 7 pm.

He will help lead services, read Torah and offer a second D'var Torah continuing the theme of renewal on Saturday morning beginning at 9:30 am. This will be followed by a special Kiddush luncheon. On Sunday morning, again starting at 9:30 am, we will celebrate Simchat Torah where we will dance with the Torah and honor past President Markus Eisenbach, who will be our Hatan Bereshit. Rabbi Rosenbaum will help lead services, chant from the Torah and offer a third D'var Torah. This will also be followed by a special kiddush luncheon.

Rabbi Rosenbaum received his ordination as a Conservative Rabbi from the Jewish Theological Seminary. After serving as Assistant Rabbi in Livingston, NJ for 6 years, he was the Rabbi for Synagogue EmanuEl in Charleston, SC for 11 years. He was then a Rabbi in Buffalo, NY for 3 years before returning to Charleston to be closer to his children.



Rabbi Adam Rosenbaum

His blog posts, which can be found at adamjrosenbaum. wordpress.com, have a distinct baseball theme, which he uses to bring the Torah to life as do his many creative YouTube posts, which can be found under the heading "Scroll Up."

Please join us for this festive holiday weekend. To join the Friday night dinner at Heska Amuna, please make your reservation by emailing or calling the synagogue. No reservation is needed for the kiddush luncheons. For those who are unable to attend in person, you can join the services via Zoom at Meeting ID: 560 531 361 Password: 628641.

Many thanks to the Sam and Esther Rosen Community Enrichment Fund and the Natalie and Mitchell Robinson Community Enrichment Fund for their support of this program.

## **Simchat Torah Thoughts**

#### By: Dr. Miriam Weinstein

One of the Simchat Torah traditions at Heska Amuna is laying out the whole length of a Torah scroll. When I saw the whole scroll unrolled for the first time, it was amazing! As a Torah reader, I was familiar with how the Torah looks up close but that is only a narrow section each week.

Unrolled, the whole pattern of the liturgical year appeared. There is the Song of the Sea that is written like bricks in a wall. The two versions of the Ten Commandments also jump out. Moses' closing poem is clearly written as poetry. There is extra spacing between the blocks of writing at the beginning of each of the five books. There are all the variations in letter formation and spacing of a handwritten document.

I look forward to sharing the whole sacred cycle with you this year on October 8th. As we say at the end of reading each book:

Hazak, hazak, v'nithazeik.

Be strong, be strong, let us strengthen one another.

## **Contributions**

#### Contributions by Caring People Through Aug. 28, 2023

#### **BIKKUR CHOLIM**

In Memory of Bernard Bernstein Mary Beth Leibowitz & Michael Eisenstadt

#### **BUILDING FUND**

Anonymous (proceeds from Art Sale)

In Honor of Mary Linda Schwarzbart's special birthday

Mark Joffe

Robin & Ed Joffe

Marilyn & Harvey Liberman

Robin Zalkin Brown

Donna LaTorre & Martin Gruenberg

In Memory of Bernard Bernstein

Leslie Badaines

#### **CEMETERY FUND**

In Memory of Abraham Silber Susan & Harold Silber

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In Memory of Siegfried Besmann; Greta Besmann; Evelyn Lowe

Wendy & Ted Besmann

In Memory of Bernard Bernstein

William Newcomb

Tzedakah for Anna Belle O'Brien

Heather O'Brien & Jan Hahn

In Memory of Bernard Bernstein

Ellis Falkoff

In Honor of Rabbi Shush Carson

Craig Yokum

In Honor of Linda Kutsubos' birthday

Alice Farkas

In Honor of Mary Linda Schwarzbart's birthday and in Wishing Harold

Silber a speedy recovery

Barbara Bernstein

In Memory of Bernard Bernstein

Diana & Brian Salesky

#### **KIDDUSH**

In Honor of Mary Linda Schwarzbart's special birthday

Mary Ann & Jennye Merrell

In Memory of Adela Gross and Dorina Barnett (mother, sister)

Pamela & Ernie Gross

In Honor of her wonderful congregation

**Emily Patrick** 

In Memory of Caryl Arsenault (sister)

Dahlia Smith

In Honor of Linda's birthday!

Linda Kutsubos

In Honor of their son, Noah's, Bar Mitzvah

The Brunelle Family

In Memory of Harold Bellin

Janet & George Iversen

In Memory of Albert Ring; Dorothy Becker

Nancy & Jeff Becker

#### **RELIGIOUS SCHOOL CAPITAL FUND**

In Honor of Mary Linda Schwarzbart's special birthday Patricia & Alan Gruenberg

#### SIMCHAT TORAH LUNCH

Mary Ann Merrell

In Memory of Harold Diftler; Nathan Robinson Joyce Diftler

In Memory of Lewis Littmann; Thomas Owen

Peggy & Mark Littmann

In Memory of Bryan Merrell

Mary Ann & Jennye Merrell and Courtney Johnson

In Memory of Sidney Burnett

Evelyn Silvey & Michael Burnett

In Memory of Leonard Miller

Lee Miller Blotner In Memory of Isaac Benhayon

Judith Marquand & Jack Benhayon

In Memory of Stella Love

Theresa Lee & Jack Love

In Memory of Edward Mottsman

Susette & Raphe Panitz In Memory of Leon M. Leibowitz

Peggy & Gale Hedrick

In Memory of Harriet Zalkin

Robin Zalkin Brown

In Memory of Celia Rosenblatt

Alice Farkas

In Memory of Bernard Schanowitz

Ellen & Bill Berez

In Memory of Louis Edelman

Wendy Good

In Memory of Sylvia Forman

Marc Forman

In Memory of Marshall Stern

Mark Harris

In Memory of Ethel Rosenberg

Pat Rosenberg

In Memory of Mary Kutsubos; Edward Shoenig

Linda Kutsubos

In Memory of Bessie Perelman

Marie & Charles Perelman

In Memory of Adela Gross; Dorina Gross Barnett

Pamela & Frnie Gross

In Memory of Gussie B. Richer; Sylvia R. Leibowitz Mary Beth Leibowitz & Michael Eisenstadt

In Memory of Gussie B. Richer; Sylvia R. Leibowitz

Peggy & Gale Hedrick

In Memory of Robert M. Zalkin Robin Zalkin Brown

In Memory of Gershon Cooper

Harriet Cooper

In Memory of Zeleg Berez

Ellen & Bill Berez In Memory of Caryl Arsenault; Tannis Smith

Dahlia Smith

In Memory of Howard Pollio; Sally Dyller

Marilvn Pollio

In Memory of Mark Fleishman

Nataly & Seth Fleishman In Memory of Max Diamond

Marie & Charles Perelman



## Tzedek, Tzedek Tirdof

#### By: Raina Siroty, Rabbi Cantor

Tzedek, tzedek tirdof Justice, justice thou shalt pursue.

This is one of the central declarations of the Torah. The pursuit of justice has been a fundamental tenet of Judaism. Throughout the history of our people, discussions emerged as generations of Jews deliberated upon the question of what it means to treat people justly and fairly.

Tzedek, tzedek tirdof. This famous verse in the book of Deuteronomy begins with the word "tzedek." Hebrew is a language based on root words; groups of 2,3, or 4 letters, and out of the root, many words are created, all of which share a cluster of related meanings. "Tzedek" means "justice" or "righteousness," that is, doing the right thing. One of its close relatives is "tzedakah," loosely translated in English as "charity."

Linguistically and conceptually, however, there is a critical distinction between the terms. "Charity" is derived from the Latin Caritas, which means "love" or "regard." Charity is an act of love, of giving freely. Tzedakah, on the other hand, is an act of justice, understood by Jews to be a duty.

The intention of giving tzedakah is to help manifest a basic Jewish goal: to enable every person to live with dignity, because every person has been created b'tzelem eloheim, in the image of God. If you can give out of love, all the better, says Jewish law; but you give as a member of the Jewish people because it is the right thing to do.

There is another word from the same root that you may recognize — "tzaddik." A tzaddik, a righteous person, is one who has embodied the quality of tzedek, one who treats people equitably, who always pursues justice. A tzaddik places themselves in service of bringing tzedek into the world.

May each of us give tzedakah, pursue tzedek, and strive to become a tzaddik.

### **Welcome New Members**

#### By: Dr. Hillary Fishler, member

Dr. Hillary Fishler joined Temple Beth El in August and is new to Knoxville and East Tennessee. Prior to joining the staff of Oak Ridge National Laboratory in March 2023, she served as a program manager at Idaho National Laboratory. Hillary grew up in Flint, Michigan and received a B.A. in Writing from Grand Valley State University in 2009, specializing in science writing. She earned her Master of Public Policy in Environmental Economics and Policy in 2012 and her PhD in Environmental Science and Policy in 2017 from Oregon State University. In her spare time, she cares for her three rescue dogs, enjoys gardening, cycling, and foraging.



#### By: Laurence Faber & Emily Williams

Hi! We are so happy to finally become members of Temple Beth El! Emily is a lifelong Knoxville native and a graduate of Bearden highschool and UTK where she studied Linguistics and French. Laurence grew up in Memphis where he attended Bornblum Solomon Schechter Day School and was Bar Mitzvah'd at Beth Shalom. He moved to Knoxville to study Business and French where he met Emily at UTK. "Together, we opened Potchke, which is currently Knoxville's only Jewish deli after being inspired by the past Harry's and Henry's Delis. We are so proud that Potchke has become a staple in Knoxville and we are chosen to celebrate all different kinds of life moments for our community. Come and say Hi and we can't wait to host our first Oneg!"



## Things are Happening at TBE

#### By: Kathy Young, TBE President

Wow! I can't believe that this year is almost over. Where has time flown?

Things have been exciting at Temple Beth El. Rabbi Siroty is making things happen! She is everything our Temple needs and then some.

With the Jewish Holidays over, we can now look forward to the next few months. On November 12 from 9-2 we will be having our Rummage Sale. Obviously, much help is needed, so I am again asking for volunteers to contact either Dan McLaughlin or me. This event will take many people both before the actual day of the sale, but also the day of the event and afterwards to bring any leftover items to a charity. This will be a major fundraiser this year, so please encourage everyone you know to attend.

Vendors are welcome to set up a table for \$75 and 10% of their proceeds. You do not need to be a TBE member to participate. November 8 is the date of our semi-annual meeting. I would love to see you there. December 8 is our Chanukah celebration. Please RSVP as soon as you can.

I am so proud to be your president and I am already working with Dan McLaughlin as my replacement. He is so full of enthusiasm and is a welcome addition to our Board of Directors.

As always, if you have any questions, comments or even complaints, my phone and email are always available.

Rummage Sale Sunday, November 12 - 9am-2pm Temple Beth El, 3037 Kingston Pike

## **Welcoming The Stranger**

#### By: Ray Pais

Bridge Refugee Services is an organization that provides services to newly arrived refugees in the Knoxville and Chattanooga regions. The number of clients served by Bridge has increased dramatically during the past year, and they can really use some additional help. The Social Justice Committee of Temple Beth El hopes to form a "Community Assistance Team" (CAT) of 4-5 volunteers to help Bridge continue their noble mission. Once formed, the members of the TBE CAT team would receive brief training from the Bridge staff and undergo background checks. The Bridge staff would then assign the TBE CAT team to a newly arrived refugee family. Some of the ways in which the volunteers can help the refugee family include helping prepare the family's apartment prior to their arrival in Knoxville, welcoming the family at the airport, providing transportation (to medical appointments, English classes, job interviews, etc..), helping enroll children in school, assist in applying for social security number, aid with obtaining a driver's license, helping navigate bureaucracy, being a friend, and many other acts of kindness.

Each refugee family has a case manager at Bridge who will provide guidance to the volunteers. The expectation is that by 6-12 months after arrival, the family will have become completely independent and will no longer be requiring services from Bridge. Recent Bridge clients have come from Afghanistan, Ukraine, Russia, Congo, Cuba, Nicaragua, Venezuela, and numerous other countries. Unfortunately, there is no shortage of people fleeing war, violence, and persecution.

> If you are interested in participating in this project, please contact Ray Pais. Cell Phone: (865) 621-9038 Email: raycpais@knology.net



## Hands on, Hearts on, Minds on Learning

Holidays! Special Guests! Outdoor Experiences! Family Shabbat! Social Outings! The action never stops at Religious School!

By: Norma James, Temple Beth El Religious School Director

**Sukkot Exhibition Day – Sunday, October 1st.** This will be our only chance to celebrate Sukkot as a school because of High Holy Day breaks. Tara Bain, Madison Williams, and the Chai Experience teens will create all sorts of learning booths inside our Sukkah. We will eat, study, pray, and sing in the Sukkah.

**Simchat Torah Shabbat October 6th** Families get a special invitation from Rabbi Siroty to participate in the happiest service of the year, Simchat Torah! We will parade the Torahs around the sanctuary and unroll one of them to read the end of Deuteronomy and the beginning of Genesis. If you have participated in this before, you know how much fun it is. This is a wonderful opportunity for our students to see an entire Torah open and surrounding them!

Fall Break Alert! There will be NO Religious School or Midweek Hebrew October 8th thru 15th. Classes resume with Midweek Hebrew Wednesday, October 18th.

**October 22nd Religious School welcomes Tammy Stone and her dog Angel as our special guests.** Our children will learn the huge difference between dogs that visit in schools and hospitals and dogs that are aides for people with unique needs. Angel is a working dog and has a totally different set of behaviors. We know our children will learn valuable lessons from Tammy's presentation.

**Family Shabbat & Spaghetti supper Friday, October 27th** Join us for a 6:00PM service which will include student participation. Last year we packed our sanctuary. The spaghetti was a huge hit with everyone.

**October 29th PINK-OUT and Jewish Book Month Celebration!** What a day this will be! Everyone will wear pink in honor of Making Strides Against Breast Cancer. Our Chai Experience teens will be volunteering at the walk in the afternoon. Families are encouraged to walk with our Jewish Community.

But wait...there's more!

Tara Bain is planning a special Jewish Book Month Kick Off Day on October 29. Anna Iroff-Bailey with PJ Library and PJ Our Way will join the day of celebration!

**Daylight Savings Ends Sunday morning, November 5th.** Don't forget to set your clocks back to be on time for religious school.

**Religious School heads Outdoors November 12th** Nature is a fundamental part of Judaism. We want our students to experience the joy of Judaism outdoors. We are going to meet at an outdoor center (TBA) to spend a day of filled with learning, crafts, music, adventure, and spirituality for the whole family.

Thanksgiving Break is Wednesday, November 22nd through Sunday, November 26th.

Attention Teams Gimmel, Hay, Nun, and Shin! Maccabiah is Sunday, December 10th.

It's not too late! Do you have children ages 4 through rising 9th grade who would enjoy spending time with wonderful Jewish children and amazing teachers? Consider our Temple Beth El Religious School. Norma James would love to talk to you about our program. Register at tbeknox.org or contact Norma directly at normajames@tbeknox.org to set up a meeting, FaceTime, Zoom, or phone call. See flyer.

## **Contributions**

#### Donations listed were received as of August 25, 2023

#### **CARE COMMITTEE FUND**

Shelley and Marc Mangold In honor of Rabbi Raina Siroty

#### CLARENCE STRASBURGER SACRED MUSIC FUND

Nancy Jane Richer

In loving memory of Trygg Trant

#### **DAVIS EDUCATIONAL FUND**

Simon Badalov and Yelena Golburt In memory of Efim Golburt

#### **DEL MORO FAMILY SPECIAL NEEDS CARING FUND**

Rob and Honerlin Del Moro

In memory of Captain Orland A. Porter, Jr.

#### **DIRECTORY ADVERTISEMENT**

Arnold Cohen (Dunn, MacDonald & Reynolds) Gary Sturm (Mortgage investors Group Allan Rosenbaum (Greater Knoxville Ear, Nose & Throat) David & Heather Sandberg (Volunteer Podiatry) Prestige Cleaners, Inc.

Jacki & Richard Imbrey (Waypoint Financial Partners)

Joshua Hedrick (Knox Defense)

Always in Bloom Christopher O'Rourke

Webb School Alan & Karen Smuckler

Jeffrey Brown & Robert Pollack (Knoxville Gastrointestinal Specialists)

Brimer Monument

Geoff & Pat Wolpert (The Peddlers Steakhouse)

#### **ENDOWMENT FUND**

Steve Rockmaker In memory of Jeanne Rockmaker Ilya and Bella Safro In memory of Matvei Ioselev Frank and Karen Cyzick In memory of Mary Margaret "Peggy" Robinson & Jacqueline Piepenbrink

#### **GENERAL FUND**

Adam and Julie Braude

Lisa Bressler Iva I Rea

Ilya and Bella Safro In memory of Lilya Safro

Dave and Connie Adelman

In memory of Gerald Adelman

Gary and Linda Johnson

In memory of Shirlie & Morris David Goodfriend

Jerry and Lisa Winston

In memory of Rebecca Winston

Marcie Gross

In memory of Jackie & Garrett Bickman and Nathan Lieberman

Maria Shusterman

In memory of Doba Zolotovskaya

Marcie Gross

In memory of Stephen Lieberman

Gary and Tamara Sturm

In memory of Evan Sturm

Vladimir Livshits and Lyubov Morkovnikova

In memory of Shlema Livshits

#### HERMINA BEILER FLORAL FUND

Reba and Bennett Herzfeld In honor of Bennett 84th birthday Richard Licht and Shirley McGuire In memory of David Licht

#### PATIO AND GROUNDS FUND

Claudia Fribourg In memory of Bertha Bollag

#### PRESERVATION FUND

Peter and Briana Rosenbaum In honor of Norma James Liz Gassel and Michael Pardee In memory of Louis H. Gassel & Beth Pardee Frank and Karen Cyzick In memory of Eugene Steven Cyzick

#### RABBI'S DISCRETIONARY FUND

Shelley ad Marc Mangold In honor of the High Holy Days Thomas and Charolette Evans In memory of Charles Evans Dan Smith In honor of Rabbi Raina Kathy Young In honor of Dan McLaughlin & Dustin McGhee Bob and Wendy Goodfriend *In memory of Sheldon Sachs* Jonathan and Maria Walters In memory of Sofia Gutman

#### **RELIGIOUS SCHOOL FUND**

Peter and Briana Rosenbaum Ilya and Bella Safro Kathy Young Marilyn Burnett Chuck and Missy Noon Toby and Linnette Tumpson Wilbur and Joani Wilson In honor of Rabbi Raina

#### **SECURITY FUND**

Susan Baker Peter and Briana Rosenbaum Ilya and Bella Safro Jill Vogelfang and Gerry Milligan Kathy Young Dan Smith Jerry and Lisa Winston Barry and Marilyn Wohl Chuck and Missy Noon Toby and Linnette Tumpson Barry and Marilyn Wohl In memory of Mildred Wohl Reba and Bennett Herzfeld In memory of my father, Meyer Kreisberg Michael and Laura Shenkman In memory of Rose Shenkman David and Vivian Butler In memory of Sylvia Butler

#### SISTERHOOD FUND

Aron and Hayley Goldfeld In honor of Rabbi Raina



## **Creating Community at KJDS**

#### By: Miriam Esther Wilhelm, Head of School

Joining KJDS means you become a part of a vibrant, warm community. Community is intentionally nurtured, ensuring every member of our KJDS community feels a deep sense of belonging and significance.

The day at KJDS starts with some play time and then Tefilla. Tefilla is a time where we all come together, take a moment to consider what we are grateful for and the opportunities the day brings as we connect to our roots, singing the tunes of our Jewish prayers. Older students are paired with younger students; they not only teach them to navigate the siddur, the prayer book, but also welcome them warmly and support their entry into school.

After Tefilla, teachers stand by their door ready to greet their learners. Hugs, high fives, and wiggle dances are just some of the creative first touch points our learners and teachers connect with. Classroom communities start their day with a morning meeting, developing strong relationships where all members share about their families, interests, and dreams. They engage in collaborative games and activities and set the tone for a supportive and safe learning environment.

The most important component of our success in creating a close community is our dedicated and professional staff. At our staff orientation week, we dedicate time to building our staff and faculty community. This year we spent a day in "Magic Kingdom". An amazing group of parent volunteers transformed our Ulam into the different worlds of Magic Kingdom. Decked in our custom-made Disney shirts, we enjoyed home baked treats on "Main Street", and the staff and faculty deepened our bonds with fun team building activities, such as making our own roller coasters.

Our Parent Night was informative and another community builder. Parents enjoyed a Find Your Match activity as they mingled and got to know their fellow KJDS parents. Volunteer opportunities and community get-togethers are just some of the ways we continue to build our Parent Community throughout the year.



Mrs. Blanchard hugs her 3rd grade student, Claire Rosenbaum, during their morning greeting Credit: Miriam Esther Wilhelm



5th grader, Halen Presser, helps her Tefilla buddy, new kindergarten student, Ronya Kushneryova, follow along in the Siddur. Credit: Miriam Esther Wilhelm



During our staff orientation week, the faculty bonded over creating custom roller coasters as a team and then taking a wild virtual ride. Credit: Miriam Esther Wilhelm



K/1 students love the stinky shoe game during their Morning Meeting. Credit: Brooke Haskins



Lo Presser and Noa Barak enjoy working on an activity in their kids' class during Parent Night. Credit: Miriam Esther Wilhelm

## **Welcome Weinberg Family!**

#### By: Steven Weinberg, KJDS Parent

We are Steven, Randi, Noah and Stella Weinberg and we arrived in Maryville in December of 2021. We are from Long Island, NY. Steven is a Licensed Clinical Social Worker and Randi is a human service professional serving the underserved. We chose to make our new home in Maryville as it checked our list which included an environment that supports strong family values, a culture that strives for American ideals, a landscape that offers a variety of natural wonders coupled with an abundance of recreation activities, a strong travel baseball culture and a tight knit and potent Jewish Community. We are thrilled and blessed to live in East Tennessee!

Noah and Stella both resumed their education in public school in Tennessee and Stella then became our flagship into Knoxville Jewish Day School which has been a gem for her and for us as a family. The approach to education at KJDS has a boutique and hands on feel and Stella has been growing and thriving on many levels. KJDS continues to provide Stella with a qualitative education that Stella was deprived of during lockdowns. We find it profound that at KJDS Stella and her peers are not simply there to get educated... they are an integral part of the education in a hands-on environment that embodies the foundation of being a strong community and a unique individual. We decided, as a family, that Noah would join the KJDS family for his fifthgrade school year. Noah, like Stella, is having a blast at KJDS as he is being challenged on many levels.

We are in gratitude for KJDS and its unique presence here in East Tennessee. East Tennessee continues to be full of blessings and we wake each day knowing that we too will give our all for Tennessee each day. Thank you for welcoming us!



The Weinberg's enjoyed a trip to Atlanta to watch the Braves. Credit: Steven Weinberg



## **Where Are They Now - Alumni Update**

#### By: Anna McDonald, Director of Admissions

Elaina Franklin, an alumnus of KJDS, is now in her senior year at West High School. A highlight of her time at West has been her involvement in the National Art Honor Society, which offers opportunities for students who exhibit outstanding scholarship in the visual arts. She is hoping to go to New York University for college after graduation. Elaina is eager to experience the big city living in NYC and to have a broader community to explore her interests and talents.

Elaina gained a strong and secure foundation in her Jewish identity during her time at KJDS and she has remained active in the local Jewish community in Knoxville. She is now a leader in both BBYO and C-Teen!

Elaina has remained closely connected to KJDS, although it's been many years since she's been a student here. She is in her second year as an aftercare teacher, where she is much loved by all the students. She also babysits for several KJDS families and has worked as a camp counselor during the summers at Milton Collins Day Camp.

When asked to reflect on her time at KJDS, Elaina shared the following, "What KJDS did differently than Sequoyah was treat me like a family. The teachers were always so nice, and I never felt so happy. They cared and showed me that they were there to offer the best education and were always there for you no matter what. And to this day they are still my family!"

We are so proud of Elaina's accomplishments, and we can't wait to see all the amazing things the future holds for her!



Elaina assists students during aftercare in a fun, hands-on science experiment. Credit: Anna McDonald



Elaina and friends having a blast at Cteen International Shabbaton weekend in NYC last year. Credit: Rabbi Yossi Wilhelm

## **KJDS Students Study the First Peoples in the US**

#### By: Virginia Kessler, KJDS Teacher

Did you know that "potluck" comes from the Tlingit word potlatch which was a ceremonial communal meal? Or that "bayou" is from the Choctaw word bayuk meaning "river"? This trimester, Fourth and Fifth grade students are exploring the peopling of the United States!

They are asking the following essential questions- What elements make up a community? What characteristics of a community bind people together? How do people adapt to survive and thrive?

Through this exploration, we've been discussing how we know about past events, especially when groups did not leave behind a decipherable written record. The Knoxville Museum of Art loaned our class a suitcase full of artifacts from Indigenous groups in the United States. Students have been examining these artifacts to draw conclusions about how various groups adapted to life in the Americas and what artifacts can tell us about cultural values.

As we explore the people of the Americas, we are integrating language arts, arts, and science to enhance our understanding. We have been using cooperative reading groups to read challenging informational text, summarize information, and then organize our reading into relevant notes. We used our notes to write an expository paper on how the indigenous peoples of the United States adapted to our varied environments. Students learned how archeologists use logic and physical evidence to uncover history by doing our very own KJDS archeological dig! Students then went on a very informative field trip to the McClung Museum of Natural History and Culture at the University of Tennessee, examining their collection of First Peoples artifacts from Tennessee. Next students will be using the engineering design principles to create a waddle and daub structure. The culminating project for this unit will be for each student to research a specific tribe and to create a mini-museum display. Learning about the peopling of the United States in the 4th and 5th grade classroom is intellectually stimulating and immersively engaging.



Jaden Messing, Arya Blanchard, and Ilsa Naparstek work together to reconstruct artifacts. Credit: Laura Saddlemire





Noah Weinberg and Ariel Rozov construct their site for their archeological dig on campus. Credit: Virginia Kessler



## **Generative Jewish Leadership**

#### By: Bryan Goldberg, KJA President

How can today's leaders manage effective dialog and advancement in today's society? Look at the political discourse and reality in Israel, at our own national political divisiveness and at the tragedy of the behavior within the chamber of the Tennessee House of Representatives. Recently, I attended my second Young Leadership Cabinet Retreat, and while I was there I had the distinct pleasure to attend a brief seminar lead by Rabbi Mike Uram, JFNA's Chief Jewish Learning Officer. His presentation was about generative Jewish leadership, which was a title I had not heard before, but quickly feel in love with. Rabbi Mike laid out 5 principles which if applied, lay the groundwork for Jewish leaders to be effective in our modern society, as torn as it is sometimes.

#### The 49x49 Rule or Complexity over Simplicity

This principle stems from a midrash on Psalms 12 from 900CE, where Rabbi Yannai said: The words of the Torah were not given in a clear cut manner, rather for every matter that the Holy One, blessed be G-d, spoke to Moses, G-d would say 49 reasons why something was clean and 49 reasons why it was unclean. From a modern perspective, when we debate, argue or opine on topics, no one is 100% correct. Each side has merits, and to appreciate and understand the others perspective, can lead to much better outcomes for leadership and our society.

#### Techniques for complexity over simplicity include:

- 1. Framing values from the outset
- 2. "What else could be going on?"
- 3. Where the other side might be coming from?
- 4. Use values to change expectations no perfect truth
- 5. Find common ground

The 50th Gate - approach with curiosity & humility This principle comes from a Babylonian Talmud, Nedarim 38a (600 CE) where Rav and Samuel both said: Fifty gates of understanding were created in the world, and all but one were given to Moses. For it is said: For thou hast made him [Moses] a little lower than G-d (Psalms 8:6).

I take this to heart by allowing myself to always be open to doubt. Only G-d has the full understanding, and while we may become subject experts or entrenched in our beliefs, we must allow room for continued curiosity.

#### Techniques for the 50th Gate include:

- 1. Ask people to say more to get beyond first words that may not capture everything
- 2. Begin meeting with people generating questions to activate their curiosity impulse
- 3. What else could the person have meant with those words?
- 4. Using Hillel's version of arguing putting the words of opposition before your own

The Elephant & the Rider

This principle is in its name. Imagine a rider on an elephant. Who is really in control? The rider represents our conscious, verbal

and thinking brain. While the Elephant represents our automatic, emotional and visceral brain. When we speak to each other it's not just about politics; it's about psychology & brain chemistry.

#### Techniques for using the Elephant and Rider include:

- 1. Getting people to slow down Just breathe
- 2. Pausing meetings
- 3. Have people write down their thoughts
- 4. Break people into pairs or small groups
- 5. Have people speak from someone else position

#### Knowledge vs. Understanding

This concept touches on the difference between the collection of skills and information a person has acquired through experience (Knowledge) and their ability to apply that knowledge (understanding). Just because someone lacks knowledge of a particular subject doesn't mean they can't apply their intelligence to help solve problems!

#### **Techniques for using Knowledge vs Understanding include:**

- 1. Frame or remind people of values
- 2. Ask people to reflect on what's hard for them to assimilate
- 3. Ask people to reflect on what steps would be needed to move from

knowledge to understanding

4. Ask people to imagine why it might be hard for another group to move from knowledge to understanding Disagreement for the sake of heaven

Probably the most fascinating topic to me, this principle comes from the Mishnah Avot 5:17 (200 CE), Any disagreement that is for the sake of Heaven will continue to exist; and one that is not for the sake of Heaven will not continue to exist. Two historical examples of this principle give context. Rabbi Hillel would rule on a matter and Rabbi Shammai would disagree with him in order to understand the truth and not just for the sake of provocation or a desire to win (an example of an argument for the sake of Heaven). Rabbi Korah and his congregation complained about the leadership of Moshe Rabbenu, but did so out of jealousy and provocation and a desire to win (an example of an argument NOT for the sake of Heaven). We would all be the better to take this concept to heart when we disagree with one another. Are we allowing spite, selfishness, and ego to lead our debate, or are we searching for truth and understanding.

#### Techniques for Debate for the Sake of Heaven include:

- 1. What is the goal of the conversation?
- 2. What might disrupt our ability to debate for the sake of heaven?
- 3. What are the live wires in the room
- 4. Ask people to self-monitor and check in

## **New Director of Preschool at AJCC**

The Knoxville Jewish Alliance and Preschool at AJCC are thrilled to welcome Louise Lindsay as our new Director of the Preschool at AJCC. Louise has a strong background in education and has worked with a variety of teachers to improve student learning at all ages. We are grateful to the search committee which included members of the KJA Board as well as preschool parents and staff for their hard work and dedication to finding a strong leader for our program.

Louise is excited to become part of the AJCC preschool team. She has spent the past eight years as Innovation Coach at The Knoxville Jewish Day School and as a Consultant with The National Urban Alliance for Effective Education. Prior to that she worked as a teacher in Washington, DC, South Carolina, Virginia, and Massachusetts. In her spare time, Louise enjoys walking, yoga, reading and traveling with her family (husband Lucas and children Alex (13) and Eliza (16)).



Lousie Lindsay is the new Director of Preschool

Louise has a deep commitment to cultivating learning spaces filled with curiosity and community through joy, play, and exploration. She looks forward to supporting and learning with the preschool staff and to meeting all preschool families.

# Discover the Vibrant History & Entrepreneurial Spirit of Jewish Knoxville

#### By: Robin Brown, KJA Archives Committee

Take a step into the history of downtown Knoxville with a Walking of Jewish-owned businesses from the 1890's and beyond. Starting in Market Square- traveling Union Avenue and North on Gay Street to Potchke Deli for brunch.

Sunday, October 22, 2023 10:00am-12:30pm

Walking tour is free, registration required

Brunch at Potchke: \$20.00 for KJA members, \$25.00 for non-members

Free parking at the Market Square Garage. Some cars will be parked at Potchke Deli if you need a ride back to your car.

This event is presented by the Barbara Winick Bernstein Archive, the Knoxville Jewish Alliance, and the Alice, George, and Kenneth Palmer Fund of the Knoxville Jewish Community Family of Funds.



Gay Street in the 1940's Photo Credit: David Richer



## **Knoxville Receives Engagement Grant from HGF**

#### By: Anna Iroff-Bailey, Director of Jewish Life

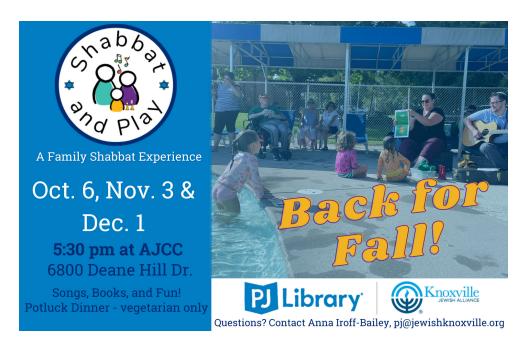
The Knoxville Jewish Alliance is excited to announce that we are one of the 12 new recipients of this year's PJ Library Engagement Grants for Implementing Partners funded by the Harold Grinspoon Foundation and PJ Alliance partners. Over \$250,000 has been awarded in grants ranging from \$5,000-\$25,000 to expand and deepen engagement opportunities for families raising Jewish children across the United States and Canada.

The Harold Grinspoon Foundation believes that a vibrant family engagement community is one that actively reaches out to find new families, builds relationships between and amongst families, engages them in high-quality Jewish experiences, and empowers parents to take the lead in their family's Jewish life. This year's grant recipients all reflect these key practices through these primary tracks: Partnering for Impact and Empowering Parents.

Our grant-funded program is called B'yachad



Knoxville (Knoxville Together) and is focused on Partnering for Impact. The initiative will provide new family engagement programming for Jewish families in the greater Knoxville area. These programs will be collaboratively planned and implemented by professionals at PJ Library Knoxville (Anna Iroff-Bailey), Temple Beth El Religious School (Norma James), and Knoxville Jewish Day School (Anna McDonald) so the project will have wide reach within our community. The grant will help fund B'yachad classes for preschoolers and parents at various locations in our Jewish community as well as allage family programming throughout the year. The first event in this program was the Rosh Hashanah Fall Bash at Deep Well Farm in September, and the first B'yachad class will be on October 29 at Temple Beth El.



## **Your Campaign Dollars at Work**

#### By: Renee' Hyatt, VP Campaign

For this issue of Hakol, we have another family who is also delighted to share what PJ Library provides them. From Lindsay Weiss-Hilton and Matt Hilton:

"We love the PJ Library program! The kids get so excited every month when they get their PJ library books in the mail and see that the stories are about topics and holidays that they can relate to. Raising Jewish children within a smaller Jewish community the PJ Library program really helps promote a deeper sense of belonging for all of us and encourages a stronger connection to what it means to be Jewish."

By making a pledge to the KJA Annual Campaign, you are bringing joy and a strong Jewish connection to the Hilton family as well as dozens of other families in our community. Remember, you may designate a portion or the entirety of your pledge to PJ Library, to any other KJA program, or to Jewish Federations of North America whose mission is to serve the needs of lewish communities in the US as well as abroad including Ukraine. Please make your pledge to the 2023 Annual Campaign by

- Scanning the QR code
- Click DONATE our website www.jewishknoxville.org
- Call 865-690-6343
- Mail a check to KJA at 6800 Deane Hill Drive Knoxville, TN 37919

The Knoxville Jewish Alliance is committed to strengthening our dynamic local Jewish community while simultaneously providing support and care for Jews throughout the United States and the world. Please give as generously as you are able.





## **Contributions**

#### Donations listed were received as of August 30, 2023

#### **ANNUAL CAMPAIGN**

David and Joyce Beerman Pamela Brody Scott Farber Janet and George Iverson Elizabeth Gassel and Michael Pardee Brian Salesky

#### **BEAUTIFY THE AJCC PROJECT**

Jan Bishop and Peter Schlake

Robin Brown Stephen and Kim Rosen

#### **KJA ARCHIVES**

**Shelley Mangold** in honor of Bryan Goldberg

#### **GENERAL FUND**

**Shelley Mangold** in honor of Renee' Hyatt in honor of Anna Iroff-Bailey Mary Beth Leibowitz and Michael Eisenstadt in honor of Bryan Goldberg's JFNA Board of Trustees appointment



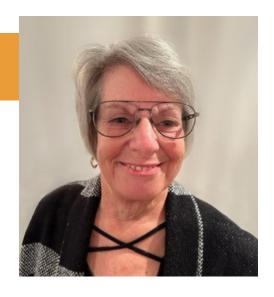
## **President's Thoughts**

#### By: Barbara Mintz, President: Hadassah Knoxville-Oak Ridge

This edition is being printed during the period when we highlight giving thanks. We are thankful and grateful for important things as our family, having good health, having a good job and/or enjoying retirement, and the list goes on for each of us.

It is the right time for us to also be grateful for Hadassah. I have said before that every woman and the people who love them need to be grateful to Hadassah for starting the Gender-Balanced Medical Research Coalition. We can thank Hadassah for raising the needs of women's health to a more equal status to men. The Hadassah team was the first in the world to find that neural stem-cells have healing qualities that ameliorate harmful inflammation in the brain and protect it from injury. They have also created drugs used here in the USA that help improve short term memory in individuals with this illness. So, if you know anyone with Alzheimer's you should thank them for their work.

In the area of Breast Cancer, Hadassah has a three-prong program that focuses first on the role inherited traits play in developing breast cancer (the differences between Ashkenazi and Sephardic and Kurdish Jewish women). Secondly, they are studying the specific biology of each tumor to better tailor therapy and thirdly, they are working on diagnosing cancer through blood samples, rather than invasive biopsies. Where else are researchers looking at



different groups of Jewish women and how exciting is it that blood tests could replace so many biopsies that women go through. Thanks, Hadassah, for saving the lives of so many diverse women.

Hadassah Medical Organization is researching cardiac stem cells and their ability to repair damaged ones. Hadassah conducted the first research in the area of Multiple Sclerosis using stem cell research. They found that it could inhibit inflammation and reduce cell damage. Hadassah has been a leader in stem-cell research across many diseases. I thank you Hadassah for your work in the area of stem-cell research.

We should all be thankful of Hadassah Medical Organization's work in the areas of research, disease, prevention, and drug usage. We should all consider supporting their work as it benefits all of us. Our Chapter fund raiser for HMO will be November 12. There are details to attend the program and/or send a donation in this HaKOL. Contact me for further information Barbarahadassah51@gmail.com.

## Cruising on a Sunday Afternoon: Membership Kick off

#### By: Anita Kay, Membership Vice President

On August 20th, 36 passengers boarded the *SS Hadassah MemberSHIP* for its maiden voyage during our "Cruising on a Sunday Afternoon". Tour Guides led nine excursions to Hadassah's Youth Aliyah villages, Programs, HMO, Book Club, Directory, Membership, Male Associates, Annual Givers, Jewish National Fund/Environment, and Evolve for younger members. In each port of call, guests learned about the life of Henrietta Szold, Hadassah's founder, while enjoying tropical refreshments and a photo op with our Traveling Henrietta.

We are excited to report that two guests joined our Chapter, donations of \$250 were collected, our new Hadassah apron sale was launched, and a tree certificate was sold.

A special thank you to my intrepid co-chair Terry Haberman and to Andrea Cone, our Program Chair. Our set-up and clean-up crews included Marc Forman, Shuli Mesa, Laura Floyd, Barbara Mintz, Jenny Pfeffer, Terry Haberman, Jonah Mesa, Peggy Littmann. Our greeters were Kim Preston and Terry Haberman. Judi Abrams, Janet Iversen, Barbara Mintz, Mary Beth Leib, Bella Lester, Kim Preston, Jill Weinstein, Janis Remer, Connie Adelman, Susie Vincent, Jackie Mallet, and Peggy Littmann brought snacks and beverages. Todah rabah to our Tour Guides: Mary Evars-Goan, Brooke Jacobs, Shuli Mesa, Rhonda Sternfels, Jill Weinstein, Barbara Mintz, Laura Floyd, Peggy Littmann, and Bonnie Boring. Shuli Mesa served as our photographer.

### HADASSAH IS HERE

Scan - Join

Forgot your passport? You can still join our Hadassah Knoxville-Oak Ridge Chapter before our next adventure by scanning the QR code below. Membership questions? Contact Anita Kay at anitakay@knology.net.





Anita Kay, Membership and Event Chair, and Terry Haberman, Event Co-Chair



Hadassah MemberSHIP attendees



(left to right) Shuli Mesa, Mary Evars-Goan, Kim C. Preston, Terry Haberman, and Jill Weinstein



## **SAVE THE DATE**

Hadassah Knoxville-Oak Ridge Chapter Requests Your Presence At Our Annual Hadassah Medical Organization Event.

## Gut-Brain Connection

Toin us as we learn the links between digestion, mood, and the brain

## Sunday November 12th

II am -I pm

Brunch @ Chesapeake's Seafood Restaurant 9630 Parkside Drive, Knoxville We would love to see you there. Reservations are REQUIRED by November 5th

Any Questions please contact:

Brooke Jacobs brookejacobs19@gmail.com

Andrea Cone hadassahknoxvilleac@gmail.com

Thank you for your contribution to Hadassah Medical Organization

\$180.00 Grand Hostess, \$80.00 Hostess, \$80.00 Associates (men) \$45.00 General Admission (no recognition on invitation or Ha Kol) Contributions over \$45 are tax-deductible

### **RSVP HERE:**

https://hadassahsupersouth.org/knoxvilleoakridgeHMObrunch

## **Under Construction!**

## 2024 Hadassah Knoxville-Oak Ridge Membership Directory, Shopping Guide & Datebook

#### By: Jill Weinstein, Hadassah Knoxville-Oak Ridge Directory Chair

Reserve your ad space now thru: December 5, 2023

Ad sizes: Full page \$215, ½ page \$135, 1/3 page \$115, or ¼ page \$95

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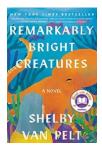
### Hadassah Knoxville-Oak Ridge Book Club News

#### By: Rhonda Sternfels, Book Club Co-Chair

We welcome you to participate in our ZOOM only format meetings, at 7:30 p.m., the third Tuesday of every month. Contact Rhonda Sternfels resternfels@comcast.net or call/text phone 865-607-8863

#### OCT. 17, 2023 Remarkably Bright Creatures, By: Shelby Van Pelt Host Peggy

After Tova begins working the night shift at the Sowell Bay Aquarium, her eighteen-year-old son, Erik, mysteriously vanishes on a boat. She befriends a giant Pacific octopus, Marcellus, living at the aquarium who deduces what happened to her son and must use every trick in his old invertebrate body to unearth the truth before it's too late.



#### NOV. 21, 2023 Book Women of Troublesome Creek, By: Kim Michele Richardson Host Alice

Inspired by the true story of blue-skinned people of Kentucky during the 1930's. A brave traveling librarian,

#### **Future Book Selections:**

Dec. 19, 2023

What My Bones Know by Stephanie Foo Host Becky

Jan. 16, 2024

The Last Rose of Shanghai by Weina Dai Randall Host Eileen

Cussy Mary Carter, along with her dedicated Kentucky Pack Horse, deliver library services bringing the joy of books to the hill folks, while constantly confronting prejudice and suspicion as deep and old as the hollers in the Appalachian Mountains.





## B'nai Tzedek Legacy Fund Makes Grant to Support Ukraine and Maui

The KJCFF board voted to make two grants from the B'nai Tzedek Legacy Fund at its August meeting. KJCFF worked with Jewish Federations of North America to support relief work in Ukraine and in Maui, HI. The Family of Funds directed \$1,000 from the fund to each of these important projects. The B'nai Tzedek Legacy Fund is the result of the B'nai Tzedek Fund creation program sponsored by KJCFF, Knoxville Jewish Alliance, Heska Amuna, Temple Beth El, and Nancy and Jeff Becker. Many participating families went on to convert their participant's funds into permanent donor advised funds. However, a majority of the families used B'nai Tzedek for the excellent learning experience while allowing the individual funds to be folded into the legacy program. The Board of KJCFF looks forward to making grants from the Legacy Fund in perpetuity.

# In recognition of Chip Rayman, who can always see the forest for the trees, we reprint this article from December 2021: AJCC Needs a Campus Beautification Fund

Would you like to see the AJCC campus on Deane Hill Drive covered in blooms in the spring and leaves in the fall? Maybe you want to create a more beautiful Tu B'Shevat or Sukkot? Maybe you want to see an imprint on the community's front lawn but don't have the millions it would take to name the campus? A fund of \$25,000-\$100,000 could have a significant impact on the appearance of our grounds through annual plantings of perennial and seasonal plants and flowers. KJA handles the mowing and maintenance through its annual budget, but it is the small, expensive extras that can make a difference.

If you would like to make your green our green, contact Laura or Stephen

#### **KJCFF Partners with East Tennessee Foundation**

KJCFF's funds are professionally managed by East Tennessee Foundation. Investments are handled by an investment committee, whose members are chosen for their business and financial-management experience and expertise. ETF handles tax filing, audits, record-keeping, investments and reporting and provides professional guidance to KJCFF's board and staff. This allows KJCFF leadership and staff the opportunity to focus their efforts on serving benefactors and beneficiaries. At the same time, ETF is a resource beyond a "back office." If you would like to have a conversation with a professional development person but would rather not speak with Laura, Stephen or a KJCFF volunteer at the moment, you can contact ETF directly at 865-524-1223 and ask for our liaison, Melissa Tschanz. She is the CFO and does a great job. You can tell her Stephen sent you, that is, of course, if he knew he was sending you.

If you would like more information about the Reback Fund, BBYO or starting your own program support fund, contact Laura or Stephen

#### How to make out a check for a KJCFF donation

If making a donation to a KJCFF fund by check, it should be made out to KJCFF with the fund name in the memo line on the check or in an accompanying memo. Need DTC instructions for a stock transfer? Please contact Stephen or Laura.

# Building Community during the High Holidays and throughout the Year

#### By: Miriam Esther Wilhelm

The High Holidays are a time of gathering and Community Building at Chabad. Women gather and spend time together for a Pre Rosh Hashana Challah Bake to kick off the High Holiday Season. Our teens are baking honey cakes, delivering Rosh Hashana bags throughout town and playing some basketball with Rabbi Mendel, weekly kid's programs with Morah Rivkahle and Morah Chana have our youngsters gathering every Shabbat for a fun kids program and the elaborate kiddush on both days of Rosh Hashana are prime opportunities to shmooze and chat as we build community. The High Holidays are just the kickoff for any amazing year of gathering and friendship. Don't miss the upcoming opportunities.

Cteen Pizza in the Hut - Monday, October 2nd - (for all middle and high school teens) Mendel's Kosher Pop Up Deli - Tuesday, October 3rd- (www.chabadknoxville.org/deli) Simchat Torah Dinner and Dancing - Saturday Night, October 7th



Mendel prepares an order at the Sukkot Pop Up Delli Credit: Rabbi Yossi Wilhelm



Cteeners pose for a photo with Rabbi Mendel after an exciting game of basketball Credit: Miriam Esther



Teens hanging out at the Cteen Kickoff event Credit: Rabbi Mimi Pinson



Mimi Pinson led a lively game at the Mega Challah Bake to get the energy going



The MOMentum group are headed to Israel in October. They were excited to meet up at the Mega Challah Bake.



A table of UT students enjoyed getting into the Rosh Hashana spirit baking Challah together at the Mega Challah Bake.



The Quartararo girls look forward to the Mega Challah Bake each year.



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80th with Fran and Art





80th Peggy Cooking



80th Dancing with some of our stars





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## **Temple Beth El YAHRZEITS**



#### October 6

Gerald Dortch • Riva Dvorkina • Steven Feldman • Lester Hirsh • Albert A. Levy • Ann Marcovitch • am Miller • Amanda Morris • Emanuel Radoff • Gus Robinson • Isaac Routenberg • William Sampson • **Beverly Shore** 

#### October 13

Bessie Factor • David Feldman • Harold Freedman • Martin Guthman • Lawrence Harris • Marcus Mendelowitz • Dorothy Perlmutter • Samuel Samuel

#### October 20

Dora Brody • Jack Butler • Marylou Davis • David Feldman • Pam Feldman • Louis Fox • Sam Freeman • Charlotte Pais • Ruth Polk • Leona Popkin-Spritz • Israel Potter • Gene Rosenberg • Ben Simon • Shirley Smith • Celestine Yatsko • Jack Zagoren • Pearl Zauber

#### October 27

Janet Baker • Khava Barkan • C. B. Brown • Max Brunschwig • Roberta Epstein • Bernice Gerson • Mordechai Heiser • Sara Hirsh • Fera lancovsky • Morris Levitt • Ida Markman • Goldie Marshall • Leland Milligan • Louisa Sasson • Suzi Schnittman • Nicole Shenkman • Evelyn Shey • Roberta Shor • Mary Sisman • Abbie Smith • Johanna Sonn • George (Bill) Wadsworth · Alexander Zatlin

#### November 3

Mabell Anthony • Morris Billen • David Blumberg • Larry Brown • Gustav Brunschwig • Simone Levi Brunschwig • Gerson Cohen • Joel Samuel Cohn • Russell Cyzick • Helen Epstein • Joseph Feldman • DeWayne Hicks • Zane Jordan • Peter Marchand • Marvin Miller • Ben Polasky • Yitzhak Rabin • Jacob Reich • Marvin Shey • Harry Wolfenhaut

#### November 10

Toni Buescher • Gerson Bush • Agnes Canner • Sam Cawn • Irwin Deutscher • Edith (Missy) Dickey • Max Gillman • Jay Goodfriend • Bertha Lees • Anna (Annie) Lewis • Fannie Lippner • Ursala Mangold • Charles Margolies • Frederick B. Millis • Ethel Misner • Ted Perlmutter • Nathaniel Razansky • David Silverstein • Page Wallace • Myra Weinstein • Richard Zivi

#### November 17

Jean-Pierre Besman • Walter Blaufeld • Samuel Mark Brody • Anna Cohen • Ben Cohn • Loretta Cohn • Jacob Corkland • Herbert Glazer • Hilda Gross • Celia Gutman • Florence Jacobstein • Toby Schwartz • Sonia Shey • Marcia Silverstein • Cheryl Steinfeld-Weinberg • Eva Sturm • Iva Jean Wadsworth • Richard Wayburn • Murray Weinstein

#### **November 24**

Herbert Brody • Mimi Brody • Sarah Bush • Joseph Dresner • Michael Ecker • Gloria Glazer • Anne Goldstein • David Goodfriend • David Hiller • Belar Koptiva • Lazarus Lewis • Emanuel Liebman • Stan Perlmutter • Sol Richer • Bernard Schramm • Jacqueline Selk • Meyer Weintraub

## Heska Amuna Synagogue **YAHRZEITS**



#### October 7

Aaron Berry · Amy Cohen · David Cohen · Herman Forstein · Frederic Horowitz · Ann Levine · Kathryn Martin · Leonard Shersky · Morris Skalet · Sarah Tobe · Benjamin Wise Horace Woolf

#### October 14

Ralph August · Jean Brown · Leonard Brown · Isadore Collins · Jennie Cooper · Isaac Coplan · Peter Dreyer · Hinda Duhan · Theresa Fadem · Mark Fleishman · Moe Golub Mordecai Heiser · David Jacobowitz · Morris Rosen · Francis Rosenzweig · Isaac Routenberg · Philip Seif · Herman Shamitz · Alexander Shapiro · Morris Shersky · Joseph Solomon · Leo Vogel · Esther Winick

#### October 21

Benjamin Berson · Morris Bresoff · Dora Brody · Vaughn Cooper · Zelda Finkelstein Ignatz Frank · Clarence Glidewell  $\cdot$  Jay Goodfriend  $\cdot$  Joe Gurwitch  $\cdot$ Carol Krosin · Phillip Krosin · Aaron Shagan · Rose Shersky · Rhea Silber · Virginia Morrison

#### October 28

Esmeralda Benhayon · Sasson Benhayon · C.B. Brown · Gerson Cohen · Gertrude Cohen Roslyn Cohn · Milton Collins · Sam Freeman · Jennie Glazer · Gertrude Gourse · Harriet Gourse · Anna Kaplan · Bruce Kingsley · Julius Krauss · Abraham Leeds · Anna Leibowitz · Jacob Licht · Arden Rogers · Gene Rosenberg · Rachel Perelman

#### November 4

Ilse Abeles · Gunsa Glazer · Blume Goldstein · Bernyce Gurwitch · Hanna Hahn · Gilbert Levison · Sylvia Levison · James Lowe · David Moskowitz · Bertha Moss · Vera Noorily · Alex Presser · Etta Renert · Harold Rosenthal · Elka Sanders · Rachel Slovis · Salome Slovis · Flora Stollin · Pesach Werner · Clara Winick · Pearl Zwick

#### November 10

Leah Berez · Rose Eisner · P.L. Fuson · Elsa Klein · Josephine Klein · Regina Levi Monnie Millen · Natan Naumann · Hilda Nisenson · Carmen Pfeffer · Hannah Poster Nathan Rattner · David Rosen · Celia Shaw · Ben Slovis · David Tomlinson · Myra Weinstein · George Weisberg

#### November 18

Rebecca Benbenisty · Lois Boiarsky · Rose B. Busch · Anna Cohen · Jacob Corkland · John Gergely ·  ${\sf Mike\ Gettinger\cdot Sadie\ Ginsberg\cdot Sadye\ Jacobs\cdot}$ Nancy Lawhead · Lillian Liberman · Charles Margolies · Libbye Perelman · Marilyn Presser · Dora Shersky · Robert Shersky · Eva Sturm · Fannie Taylor

#### November 25

Sigmund Bank · Harry Becker · Eleanor Belaief · Rafael Benhayon · Rose R. Busch · Mattie Corkland · Charles Davis · Fanny Diamond · Rose Diftler · Max Gabler · Jeanette Kanfer · David Liberman · Meyer Linke · Eddie McCoy · Norman Nadler · Helen Presser · Sol Richer · Alexander Sanders · Murray Schwartz · Toby Schwartz ·  ${\sf Milton\ Shaw\cdot Ida\ Siegal\cdot Nathan\ Slovis\cdot Irvin\ Wolf}$ 





The Fern and Manfred Steinfeld Program in Judaic Studies is the center for the study of Jews and Judaism at the University of Tennessee, Knoxville. It offers a variety of public and academic programs that enhance student learning, promote Jewish Studies scholarship, and contribute to the intellectual life of the Knoxville community and beyond. UT offers an interdisciplinary Judaic Studies as well as several scholarships to support student learning. Courses in Judaic Studies range from the Hebrew Bible to the Holocaust and include both modern and Biblical Hebrew.





## **The Barbara Winick Bernstein Archives** of the Jewish Community of Knoxville and East Tennessee

### The Way We Were in 1970 **District 7 BBG Yearbook Photo**



Left to right: the late Sylvia Ross, advisor; the late Merryl Ross (later Thornton), 1st Vice-President; Caren Millen (now Wayburn), Corresponding Secretary; Sherry Siegel, President; Stephen Leeds, Beau; Rebecca Saroff (now Bruce), Recording Secretary; Randy Robinson (now Rabbi Geela Rayzel **Raphael**), Treasurer; the late Bea **Bush**, advisor.

Relatives living in Knoxville include Merryl **Thornton's** cousin Mary Linda **Schwarzbart**, Caren Wayburn's uncle Monte Millen, Sherry Siegel's brother Mark Siegel, Stephen Leeds's niece Rachel Harris, Rebecca Bruce's sister Melanie Colley, and Rayzel Raphael's brother Pace **Robinson**. This photo was taken several months before the yearbook was published in the summer of 1970. Thanks to Deborah Bush **Roberts** for identification and dating assistance.

The Archives needs your photographs! Send your photos (with identifications of who, what, when, where) of "The Way We Were" to archives@jewishknoxville.org or contact the archivist at (865) 690-6343.



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