

HARRISBURG JCC PROGRAM GUIDE Spring 2026

jewishharrisburg.org | 717-236-9555
Alexander Grass Campus for Jewish Life
2986 N. 2nd St., Harrisburg, PA 17110



HBG
JCC

Powered by



Jewish Federation
of Greater Harrisburg

MEMBERSHIP

JEWISHHARRISBURG.ORG/JOIN-NOW

membership@jewishfedhbg.org | 717-236-9555

We welcome all faiths, backgrounds, and abilities to our programs and facilities

As a JCC member, you'll take part in recreation, engaging programming, and a new community of friends. As part of our community, you'll have access to facilities and benefits like:

- **Symons Family Fitness Center** - a bright, clean facility with cardio, weight training, group fitness classes, saunas, and more, all within an inclusive fitness community
- **Member discounts** on programming, JCC Summer Camp, and more
- **Member discounts on event space** at the Alexander Grass Campus for Jewish Life
- **Access to JCCs throughout the nation** through our reciprocity program
- **Discounts** at local businesses through our JCCPerks program
- **Access to a caring campus community** and our agency partners that offer vibrant youth, adult, and senior adult programming, our Brenner Family Early Learning Center, social services and counseling, philanthropic services, and much more

For more information, visit jewishharrisburg.org/membership.

Programming Staff Directory

Megan Anderson

Fitness & Wellness Director x 3411

Jennifer Bodenstein

Senior Director, Education & Cultural Programs x 3206

Macy Box

Children & Youth Director/Summer Camp Director x3121

Susannah Gillespie

Vice President, Membership & Recreation x3405

Andrea Haynes

Senior Adult Program Director x 3115

Lillian Rappaport, Holocaust Educator

Susan Strickland, ELC Asst. Director x 3136

Cutter Weisberg

Children & Youth Coordinator x 3403

Jacque Wise, Senior Director,

Brenner Family Early Learning Center x 3107

THANK YOU CORPORATE PILLARS



When we support each other, we all win. Through our Pillars Program, you and your employees gain access to a variety of health and and promotional benefits while supporting wellness, driving impact, and sustaining our community.

Learn more at [jewishharrisburg.org/pillars](https://www.jewishharrisburg.org/pillars).



Want to keep in touch? Sign up for updates at [jewishharrisburg.org/emails](https://www.jewishharrisburg.org/emails). Follow Jewish Federation of Greater Harrisburg, Symons Family Fitness Center, and Alexander Grass Campus for Jewish Life on Facebook and instagram.

BUILDING & PROGRAM HOURS

**Harrisburg JCC and
Jewish Federation of Greater Harrisburg**
Alexander Grass Campus for Jewish Life
2986 N. 2nd St., Harrisburg PA
717-236-9555

Monday - Friday 9am - 5pm

Richards Hall at the Grass Campus
Monday - Friday 8:30am - 4:30pm

Symons Family Fitness Center
Alexander Grass Campus for Jewish Life
2986 N. 2nd St., Harrisburg, PA
717-236-9555

Monday - Thursday: 6am - 8pm

Friday: 6am - 6pm

Saturday: 8am - 2pm

Sunday: 7am - 2pm

Changes in Grass Campus hours will be communicated to members through email and on our social media channels. Daily weather-related cancellations and schedule adjustments at the Grass Campus are typically communicated by 9pm the night prior.

HOLIDAYS & FACILITY CLOSURES

DATE	HOLIDAY	BUILDING STATUS
04/01/26 (Wednesday)	Erev Passover	Jewish Federation, ELC, and Fitness close at 4pm
04/02/26 (Thursday)	Passover	Jewish Federation, ELC, and Fitness Closed
04/03/26 (Friday)	Passover	Jewish Federation Closed, ELC & Fitness Open Normal Hours
04/08/26 (Wednesday)	Passover	Jewish Federation Closed, ELC & Fitness Open Normal Hours
04/09/26 (Thursday)	Passover	Jewish Federation Closed, ELC & Fitness Open Normal Hours
05/21/26 (Thursday)	Erev Shavuot	Normal Hours of Operation
05/22/26 (Friday)	Shavuot	Jewish Federation Closed, ELC & Fitness Open Normal Hours
05/23/26 (Saturday)	Shavuot	Jewish Federation & ELC Closed, Fitness Open Normal Hours
05/25/26 (Monday)	Memorial Day	Jewish Federation & ELC Closed, Fitness Open 8am - 1pm

Dorothy Firestone Playground Community Hours

Monday - Friday
6pm - Dusk

Saturday - Sunday
Dawn - Dusk

Open to the community.

Located on the Etter Family Green at the Grass Campus.
Hours subject to change.

HARRISBURG
JEWISH  *THE Edward S. Finkelstein*
FILM FESTIVAL

Save The Dates

**Thursday, May 14 through
Thursday, May 21, 2026**

The Harrisburg Jewish Film Festival returns for a full week of powerful storytelling, global perspectives, and unforgettable cinema.

Screenings will be held at both the Alexander Grass Campus for Jewish Life and Midtown Cinema. For a complete schedule and all Festival details, please visit www.hbgjff.com.

Fitness & Wellness

Megan Anderson | Fitness & Wellness Director
m.anderson@jewishfedhbg.org

Work out with us in the spacious **Symons Family Fitness Center!** As part of your JCC membership, you'll have access to cardio, strength training, group classes, and more.

Amenities include:

- More than 11,750 sq. ft. of beautiful, clean fitness and wellness space
- Precor bikes, treadmills, and ellipticals
- Free weights, machines, and strength-building classes
- Two locker rooms, each with its own sauna
- Family and all-gender changing rooms
- and much more!

Fitness Center services can be reserved in [Buzops](https://www.hbgjcc.org/buzops) at [hbgjcc.buzops.com](https://www.hbgjcc.org/buzops) or by contacting us at 717-236-9555. Not yet a member? Contact us to learn more.



Personal Training

Jumpstart your fitness journey with personalized training sessions tailored to your goals! Choose from 30, 45, or 60-minute sessions available in convenient 3, 5, or 10-session packages. Start with a free consultation to meet your trainer, discuss your needs, and ensure the perfect fit for your fitness success.

NEW IV Therapy

IV therapy delivers a custom blend of vitamins, fluids, and nutrients directly into your bloodstream for fast, effective absorption. Many clients feel more energized, hydrated, and balanced within minutes, with benefits that build over the next 24–48 hours. Administered by Registered Nurses through our partners from June Skin. Contact us to book.

Red Light Therapy

Unlock the power of rejuvenation! This non-invasive treatment promotes healing, reduces inflammation, and boosts collagen production, helping you feel and look your best.

Assisted Stretching

Take your flexibility, recovery, and relaxation to the next level with assisted stretching! Guided by trained professionals, assisted stretching targets tight muscles and joints to improve mobility, reduce pain, and enhance athletic performance.

Body Composition

Go beyond just the pounds on the scale to understand your body's unique makeup—including muscle mass, fat percentage, and hydration levels. This detailed analysis provides the insights you need to tailor your workouts, nutrition, and wellness goals for maximum results.

Nutrition Coaching

For people who want structure and results. Nutrition Coaching is designed to empower you with the knowledge and tools to optimize your diet without restrictive meal plans. This includes:

- 1) Personalized Macro & Calorie Goals.
- 2) Education & Resources.
- 3) Flexibility & Customization.
- 4) Ongoing Support.

Sit down with your coach to discuss how to get to your goals successfully. Check-ins are twice a week with 45-minute session.

Nxt Gen Fitness Orientation

Ages 11 - 13

Symons Family Fitness Center

For kids ages 11-13 to complete before using the fitness center with the presence of a parent/guardian. A certified personal trainer will provide guidance on how to use all equipment safely, understand workout routines, body recognition, and gym etiquette.

Taekwondo

Mondays and Wednesdays

Ongoing | All ages 8+

This fun, high-energy class teaches Taekwondo basics like kicks, punches, and forms while building confidence, focus, and discipline. Open to all skill levels, with structured belt progression and a supportive atmosphere. Current members can get 1 free "try-it" class before signing up for an ongoing package.

Learn more at jewishharrisburg.org/taekwondo

P.U.N.C.H. (Parkinson's Wellness)

The Parkinson's Unified Neuromuscular Conditioning and Health Program (P.U.N.C.H.) is a comprehensive wellness program for community members (and their loved ones and care partners) living with Parkinson's Disease. The program is available through JCC membership and includes

classes and activities like boxing, Pedaling for Parkinson's, Parkinson's Power & Flex, care partners' programs, art programs, and more.

[Learn more at jewishharrisburg.org/punch](http://jewishharrisburg.org/punch)

P.U.N.C.H. On The Etter Family Green

Monday, April 13 | 12 - 2pm

FREE | Etter Family Green at the Grass Campus

Join us to celebrate Parkinsons Awareness Month & our 2nd annual PUNCH on the Etter Family Green by getting your exercise in with PWR moves, aerobic exercises and yard games! Guest speakers will be attending!

[Register at hbgjcc.buzops.com](http://hbgjcc.buzops.com).

HOW TO SEARCH/REGISTER IN BUZOPS

Click drop-down menu reading "All Group" and search for desired program or class.

Group Fitness Classes

All group fitness classes are included in your JCC membership. Ongoing classes include:

26x2 Yoga	Silver Groove
45 to Thrive	*NEW*Silver Sneakers
Ageless Energy	Boom
Barre	Silver Sneakers Classic
Building Bones & Balance	Silver Sneakers Stability
Chair Yoga & Strength	Spinning
Core & Strength	Tai Chi
Dance with Alicia	Yin Yoga
Gentle Yoga	Yoga
NEW Ignite HIIT	Yoga Glow (modified 26x2)
Lift Lab	*NEW* Women's Lift Club
Move-A-Way PD	Zumba
Pedaling for Parkinson's	
Parkinson's Power & Flex	
P.U.N.C.H.	
P.U.N.C.H. Power Boxing	
Parkinson's Mobility	
& Stretch	
NEW Shake It!	

Class descriptions, schedules, and booking info is available at jewishharrisburg.org/group-fitness.

Toddlers & Pre-School

Jacquie Wise | Senior Director, Early Learning Center
j.wise@jewishfedhbg.org

We play. We learn. We grow.

The **Brenner Family Early Learning Center** (ELC) provides high-quality child care and education services for children 6 weeks to 5 years. The ELC is dedicated to the principles of social justice and respect for the uniqueness and diversity and is influenced by its commitment to Jewish values. Its primary focus is education and serving the needs of young children and their families. We believe that by creating a community of neighbors, we are responding to a basic need of both parents and children.

Hours of Operation

Monday - Friday | 7am - 6pm

Are you interested in learning more about what The Brenner Family Early Learning Center has to offer your child? We are more than happy to provide additional information about our program or to schedule a tour of our facility. **Contact Jacquie at 717-236-9555 x 3107 for more info.**



**Voted
Harrisburg Magazine's
Simply the Best
Child/Day Care
Center**

Working at Brenner Family ELC

We are currently hiring for teachers and group supervisors to help us in providing education to our community's future leaders. Interested in joining our team? Visit jewishharrisburg.org/career-opportunities.

Reading & Rhythm

Sundays April 12, May 3, and June 7
10am - 11am | Richards Hall at the Grass Campus
Ages 1 - 5 | \$5/M Family, \$10/NM Family

Join instructor Lindsey Kreider with Reading and Rhythm- a combination of story time and interactive music and games! This is a great opportunity for families with young children to play and socialize. Geared towards children aged 1-5, infants welcome!

[Register at jewishharrisburg.org/reading-and-rhythm-spring26](http://jewishharrisburg.org/reading-and-rhythm-spring26)



PJ Library sends free Jewish books to kids ages 0-8. Sign up and learn more at pjlibrary.org.

Harrisburg JCC/Jewish Federation of Greater Harrisburg Program Refund Policy

Refund requests may be made by phone during regular business hours or in writing. Attendees who request a refund at least 24 hours before the start of a class, program, or event will receive a full refund of all tuition and fees, unless an earlier refund deadline is specified. No refunds will be issued within 24 hours of the start of a class, program, or event. If a class, program, or event is canceled by the Jewish Federation for any reason, including but not limited to weather or emergency, all paid participants will receive a full refund.

Refund Policy Notes:

- Some classes or programs may have a minimum and maximum enrollment number, which must be satisfied before a class or program will be held. Enrollment limits may vary depending upon the nature of the class and the available instructional space.
- This policy excludes programs by the JCC Summer Camp and the Brenner Early Learning Center.
- Refunds will be processed within 30 days of request or cancellation.

Children, Youth, & Teens

Macy Box | Children & Youth Director
m.box@jewishfedhbg.org

JCC Summer Camp Info Session

Wednesday, April 15 | 6pm
Richards Hall at the Grass Campus

Join our JCC Summer Camp Directors & Leadership Team at this info session for our camp families and community on what to expect and look forward to at Summer Camp 2026 at the Grass Campus.

FREE and Open to all; geared toward new and returning campers, families, and staff. KIDS WELCOME!

[Register at jewishharrisburg.org/camp-info-session](https://jewishharrisburg.org/camp-info-session)

Junior Maccabi

May 3 | Philadelphia, PA
\$125 per athlete
3rd - 5th Grades | \$175 participation fee

Jr Maccabi is a one-day sports event for children who will be ages 9-12 as of August 1, 2026. The cost covers competition in the tournament, a game shirt and the athlete's lunch. Athletes will have a variety of sports to compete in alongside kids from Harrisburg, York, and Lancaster areas.

Questions? Please contact Terri at
ttravers@yorkjcc.org

JCC Summer Camp

Monday - Friday, June 15 - August 7
Grass Campus
Grades 1st - 8th

Join us for a summer of fun, sunshine, and connection! Activities include:

- Elective Tracks for STEM, Sports, & Fine Arts
- Waterplay on the Etter Family Green
- Outdoor basketball and field sports
- 3D Printing
- Israeli Culture & Jewish Values
- Cooking classes
- Woodworking (Middle School)
- Field Trips
- Pizza Fridays
- Volleyball, Gaga, and Nine-Square
- Playtime on the new Dorothy Firestone Playgrounds
- and much more!

[Learn more and register at jewishharrisburg.org/summer-camp.](https://jewishharrisburg.org/summer-camp)



JCC

Summer Camp



On Campus!

Waterplay, Basketball,
& Field Sports



Sports, Art,
& STEM tracks



Cooking, Teambuilding,
Talent Show, Field Trips,
& More!

Reduced Tuition in '26!

June 15 - August 7
2986 N. 2nd St., Harrisburg



Learn more and register at
jewishharrisburg.org/summer-camp



Adults, Families, & Seniors

Jennifer Bodenstein | Senior Director, Education & Cultural Programs | j.bodenstein@jewishfedhbg.org

**Shovels & Seeds:
ELC Garden Launch**
Sunday, April 12 | 12:30pm - 3:30pm
Duncan Hall at the Grass Campus

Help us plant tomorrow's fruits, vegetables, and flowers in this volunteer and build day for the Brenner Family Early Learning Center's Learning Garden. Open to all!

[RSVP at jewishharrisburg.org/shovels-and-seeds](http://jewishharrisburg.org/shovels-and-seeds)

**APDA Care Partner
Connections**

**Mondays Beginning April 17 | 12pm - 1:30pm
Grass Campus Conference Room**

APDA Care Partner Connections offers a warm, supportive space for those caring for someone with Parkinson's to learn, share, and recharge. Each session of this eight-week program provides practical tools, expert guidance, and meaningful conversations that help care partners feel more confident and less alone.

Register at hbgjcc.buzops.com

**Ellie Goldenberg Theater
Program Presents**

The Addams Family

April 29, April 30, and May 3

Grass Campus Board Room

Join us for three "abnormal" nights as the Harrisburg JCC's Ellie Goldenberg Theater Program presents *The Addams Family*, a hilarious musical comedy featuring actors from throughout our community.

[Tickets at jewishharrisburg.org/theater](http://jewishharrisburg.org/theater)



HOW TO SEARCH/REGISTER IN BUZOPS

Click drop-down menu reading "All Group" and search for desired program or class.

Flourish! Presents Mother's Day at the J with Dr. Robert Watson

Sunday, May 10 | 2 - 3:30pm

Grass Campus

Dr. Robert Watson returns for another fascinating history discussion. This time, bring Mom and enjoy cake, coffee, and other special surprises together.

[Register at jewishharrisburg.org/mothers-day-26](http://jewishharrisburg.org/mothers-day-26)

Edward S. Finkelstein Harrisburg Jewish Film Festival

May 14 - May 21

Grass Campus & Midtown Cinema

The Film Festival's Spring Season returns with an 8-day Festival featuring screenings at two locations, special events, and more. Highlights include:

Thursday, May 14

Hold on to Your Music

Opening Reception at the Grass Campus

Sunday, May 17

The Most Precious of Cargoes

Book Club Event at Midtown Cinema

Thursday, May 21

Closing Night Reception at Midtown Cinema

[Check hbgiiff.com for full lineup and schedule.](http://hbgiiff.com)

Mindful Morning

Wednesday, May 20 | 9am - 10:30am

Symons Family Fitness Center

Free for JCC Members, \$5/Guests

Reconnect with calm and renewal as spring approaches during a guided meditation featuring soothing sound bowls and rhythmic rain drums on the beautiful Smith Family Terrace. Surrounded by fresh air and the first signs of the new season, participants will be guided into deep relaxation and mindful reflection.

[Register at jewishharrisburg.org/mindful-morning](http://jewishharrisburg.org/mindful-morning)

NEW Jewish Community Archiving Program

Date & Details TBA

We're excited to kick off our new Jewish Community Archiving Program - which will begin with a general class on archiving at the Pennsylvania State Archives. For more information or to join our committee, contact Jennifer at j.bodenstein@jewishfedhbg.org.

Date of kick-off class TBA soon!

Senior Adult Club

Lunch Programs

Tuesdays and Thursdays

Suggested donation: \$5/M, \$11/NM

Our twice-weekly senior adult club programs always feature a delicious kosher lunch and entertaining and informative programming. From current events lectures and historical presentations to nutrition tips and afternoons of board games, participants always leave with a full stomach and a smile on their face! Full program schedule is published monthly in the Community Review and Senior Newsletter.

For more information, visit

jewishharrisburg.org/senior-adult-club

or call 717-236-9555.

Games + Open Lounge Time

Monday - Friday, 8:30am - 4:30pm

at the Grass Campus

(3rd Floor Richards Hall)

Join community members for unstructured lounge time following each lunch program and other days throughout the week. You can often find members of the senior adult club playing mah jongg, rummikub, and other fun, casual games.

Theater Trips

Join us on outings to regional theaters to see today's stars of the stage. Theater trip sign-ups typically take place in the fall - contact Andrea Haynes at a.haynes@jewishfedhbg.org for more info about upcoming trips, space availability, and more.

Jewish Life & Holidays

Holocaust Memorial Observance

Sunday, April 12 | 11am

NEW LOCATION: Richards Hall

at the Grass Campus

FREE

Featuring 2nd Generation Survivor Terri Warshawsky, and the reading of the winning essay of the Schwab Holocaust Essay Contest.

[RSVP at jewishharrisburg.org/remembrance-2026](https://www.jewishharrisburg.org/remembrance-2026)

Reading of Names

Beginning Monday, April 13 at 7:30pm and

continuing for 24 hours

Beth El Temple Harrisburg

A 24-hour vigil in which the names of those who perished in the Holocaust are read.

[RSVP at jewishharrisburg.org/remembrance-2026](https://www.jewishharrisburg.org/remembrance-2026)

Yom Hazikaron Commemoration & Yom Haatzmaut Celebration

Tuesday, April 21 | 5:30pm

Grass Campus

Join us for a combined program commemorating

Yom Hazikaron (Israel's Memorial Day) honoring victims of war and terror, and celebrating Yom Haatzmaut (Israeli Independence Day), featuring kosher food, activities, and carnival-style fun and Israeli culture!

[Register at jewishharrisburg.org/israel-2026](https://www.jewishharrisburg.org/israel-2026)

Connect with our Shinshinim

We're blessed to have two wonderful Israeli teen emissaries in Harrisburg this year, Evyatar and Nitzan. Want to connect? Contact them at hbgshins@jewishfedhbg.org.



Support Jewish life in Harrisburg through the Jewish Federation's Annual Campaign. Give now at [jewishharrisburg.org/give](https://www.jewishharrisburg.org/give)



ABOUT THE
ALEXANDER GRASS
CAMPUS FOR JEWISH LIFE
grasscampus.org



**Honoring the generations that came before us,
and creating a legacy for the many more yet to
come.**

The Grass Campus is a centralized hub for Jewish life in Harrisburg. Set on a lush 6.4 acre property, the six spacious buildings provide ample space for a multitude of educational, cultural, philanthropic, and wellness programs to thrive, grow, and connect.

The Grass Campus is home to many organizations and programs making an impact in our community. The Grass Campus was made possible by a founding gift of the Alexander Grass Foundation and additional gifts by individuals, families, and organizations of our community.

Jewish Community Foundation of Central PA

McCormick House
717-409-8220
pajewishendowment.org

The region's donor-centered charitable agency supporting the stability and continuity of Jewish life in Central Pennsylvania and elsewhere.

Jewish Family Service

Lehrman Hall
717-233-1681
jfsofhbg.org

Social and human services agency helping people meet life's challenges through counseling, adoption and foster care, food assistance, resettlement, and senior services.

Jewish Federation of Greater Harrisburg/Harrisburg JCC

Grass Center, Richards Hall, & Duncan Hall
717-236-9555
jewishharrisburg.org

Owner of the Grass Campus and central communal organization advancing quality and values of Jewish life in Greater Harrisburg.

Facilitator of JCC programming from sports & fitness to senior adult programs, offering an open door to all in our community.

Facilitator of the Symons Family Fitness Center and Brenner Family Early Learning Center.

The Silver Academy

South Hall
717-238-8775
silveracademypa.org

Central PA's Jewish Day School educating children of families from all spectrums of Jewish practice from pre-school through middle school.

ALEXANDER GRASS CAMPUS FOR JEWISH LIFE

RSVPS GUARANTEED

When your guests see “The Grass Campus” on your event invitation, they’ll know right away that yours is an event that’s not to be missed. Our landmark destination with sweeping river views is easy to locate with ample parking and a variety of spaces that can be transformed to accommodate your next meeting, conference, or milestone celebration. Let’s get planning!

GRASS CAMPUS EVENT AMENITIES

- Access to catering kitchen with use of outside vendor
- Underground and above-ground parking, plus free street parking
- Stunning views of river and serene campus blooming with trees and flowers
- ADA accessibility throughout campus
- On-site security and welcome desk staff available (additional fees may apply)
- Built-in A/V systems for on-site production, wireless microphones, and simulcast capabilities

FOR PRICING, TOURS, AND BOOKING INFO, CONTACT EVENTS@JEWISHFEDHGB.ORG

