



# There's Something About This Place

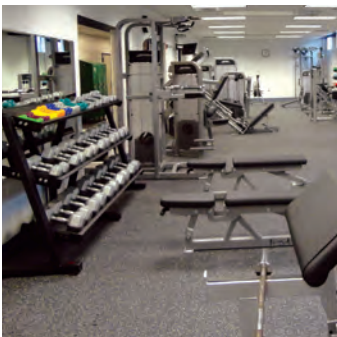
The Harrisburg JCC has a great facility and we can't wait for you to see it. All it takes is walking through the front door to know this is a special place and you belong here. Regardless of your background or your interests the JCC has something for you.



- Fitness Center, Indoor Pool and Gymnasium
- Top Rated Early Learning Center
- Incredible Summer Day Camp
- Enlightening Adult and Senior Adult Programs
- Outdoor Summer Swim Club
- Licensed Before School and After School Care
- Drama and Cultural Programs



The JCC is truly a community center. Our members come from all backgrounds – old and young, families and singles, Jewish and non-Jewish, all races and varying financial means. The JCC is a place to make new friends, try out new activities, get in shape, learn and have fun. It's a home away from home where we want each and every member to feel like part of the family.



It all starts by walking through the door. So stop in and take a look at what the JCC has to offer you. You'll never believe all that awaits everyone.

For more information contact 717-236-9555 ext. 3050 or [l.skulsky@jewishfedhbg.org](mailto:l.skulsky@jewishfedhbg.org)

**Check us out online at [www.jewishharrisburg.org](http://www.jewishharrisburg.org)**





# Corporate Members and Partner Agencies

The Harrisburg JCC is proud to have relationships with local businesses that provide membership discounts to their employees. Any business with at least five staff people who join the JCC will receive a discounted membership and pay no initiation fees.

## Partner Agencies

B'nai B'rith Youth Organization  
Beth El Temple  
Chisuk Emuna  
Hadassah  
Harrisburg Regional Chamber & CREDC  
Jewish Community Center Association  
Jewish Council for Public Affairs  
Jewish Federation of North America

Jewish Family Service of Greater Harrisburg  
The Campus of the Jewish Home of Greater Harrisburg  
Keshet Israel  
Pennsylvania Association of Nonprofit Organizations  
Pennsylvania Jewish Coalition  
Temple Beth Shalom  
Temple Ohev Sholom

## Corporate Members

Aaron Rubin & Sons  
ABC 27 - WHTM - TV  
Absolute Wellness Group LLC  
Alexander Building Construction Co.  
ASH Choose Healthy Affinity  
Boles Metzger Brusins & Ritter PC  
Capital BlueCross  
Crump Insurance  
D&H Distributing  
Department of Environmental Protection  
Department of State  
Drayer Physical Therapy Institute  
Geisinger  
HACC - State  
Handler Henning & Rosenberg  
Harrisburg Magazine  
Harrisburg Regional Chamber  
Harrisburg Young Professionals  
Healthways  
Hershey Company  
Hershocks, Inc

Highmark Inc  
Hillwood Enterprise  
HYP  
Institute for Cultural Partnerships  
Kravitz and Miller, DMD  
Lock Haven University  
Mazzitti and Sullivan  
Mette Evans & Woodside  
Metzger Wickersham Law Firm  
Michael Baker Jr., Inc  
Mid Penn Bank  
Military  
O H Friends of Midtown  
Ohev Sholom Congregation  
PA Comm on Crime & Delinquency  
PA Dental Association  
PA Dept of Health  
PA Dept of State  
PA State System of Higher Education  
Pennsylvania Dental Association  
Pennsylvania Housing Finance Agency

Pennsylvania State Police  
Pinnacle Health  
Pinnacle Health Cardia Rehab  
Pinnacle Health System  
Quandel Group  
Reynolds Enterprises, Inc.  
Rite Aid  
Rite Lite  
Service Master of Greater Harrisburg  
State - Government  
State - Human Services  
State Department  
State Liquor Control  
State of Pennsylvania  
State Office of Admin  
State Police Department  
Supreme Court of PA  
The Manor on Front  
UCP of Central PA  
Yeshiva Academy of Harrisburg

To qualify for a corporate membership you must work for a participating business. We are currently developing new corporate relationships and would be happy to contact your employer in order to form a partnership. If your business is interested in learning more about our corporate program please contact Linda Skulsky at [l.skulsky@jewishfedhbg.org](mailto:l.skulsky@jewishfedhbg.org) or 717-236-9555 ext. 3050 for more information.



## Sports, Fitness & Recreation

The JCC Sports and Fitness Department is a fitness facility that offers something for everyone. The JCC features an indoor pool, fitness center group exercise classes, full size gymnasium, racquetball court, and fully equipped locker rooms and shower facilities. The Sports and Fitness Department offers a wide variety of classes and sports programming for all ages.

The JCC also features an outdoor swim club. Green Hills swim club conveniently located 10 minutes away from the JCC offers a full size pool, playground, basketball court, sand volleyball court, and pavilion for picnics.

Take it from one of our fitness fanatics, Dr. Arthur Kravitz: “We’ve got something really special here. While the equipment may attract you, it’s the staff and the members that keep you coming back.”

The JCC Health & Fitness Center features something for EVERYONE.

### For those who work out...

- Full range of LifeFitness equipment & a variety of cardio equipment
- Heated indoor pool
- Green Hills Outdoor pool (May - September)
- Personal trainers on staff

### For those who like to get in shape with others...

- Personal Training
- Land and Water Fitness Classes
- Les Mills Body Pump
- Spinning Classes
- Pilates
- Yoga
- Suspension Training
- HIIT/Tabata Training

### For those who like to compete...

- Basketball
- Adult Flag Football League
- Dodgeball League
- Racquetball

### For children and teens...

- Competitive Boys and Girls High School and Middle School Basketball Teams
- Iddy/Biddy Basketball Program
- Competitive Swim Team and Swim Lessons
- Dodgeball tournaments, 3 on 3 basketball tournament, family sports nights & more
- JCC Maccabi Games and JCC Maccabi ArtsFest

### You would never guess all this would be inside one building.

Whatever your fitness interests, the JCC has something for you.

For more information on sports & fitness, contact [t.travers@jewishfedhbg.org](mailto:t.travers@jewishfedhbg.org) or 236-9555, ext. 3110



# The Brenner Family Early Learning Center

Early childhood is the most critical period in human growth and development, it is the time when the foundations and pathways for academic achievement are laid. Play is the work of childhood. Through their play, children seek to understand the world around them and their place within the world. By participating in a variety of activities, children develop the neurological pathways necessary for physical and academic growth. Through collaborative efforts with each other, children learn to be sensitive to their own and others' needs, thoughts and feelings. Learning is a life-long-process. It begins when children can participate in a safe environment with a variety of activities that challenge and interest them. During these early years, learning experiences must be diverse, creative, carefully planned and based upon sound principles of child development.

## Curriculum

### Children Learn through Play and Social Interaction.

We provide children with many opportunities to reenact experiences, try different roles, express ideas, and information, widen their worldview and relate to each other. We strongly believe in providing sufficient time for relationships to deepen. Our curriculum is based on opportunities and activities that encourage children to learn through their play. The curriculum in many ways comes from the children. It is child-centered and child-directed.

## Discover Catch

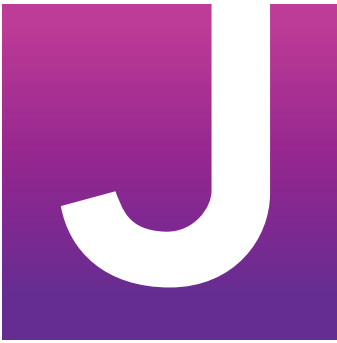
Discover CATCH: Early Childhood employs a holistic approach to children's health. The program nurtures a love of physical activity in children ages 3 to 5, and encourages them to develop life-long, healthy eating habits. It involves the JCC's Early Learning, Sports & Fitness, Children, Youth & Camp Departments, and engages teachers, children and families to work together to build healthy habits.

## Jewish Journey

At the Brenner Family ELC, families of all backgrounds and faiths are embraced. The ELC proudly cultivates a connection to the Jewish values and traditions. The ELC's emphasis on Jewish values contributes to our excellent track record in preparing children for kindergarten – and life.

## Tuition Includes:

- 2 Healthy Snacks & Hot Lunch Daily
- Weekly Swim Lessons
- Art Classes
- Gardening Classes
- Gym Classes Weekly
- Free JCC Membership



# “Senior” doesn’t mean “Old.”

“Senior adult” may be defined by age, but “old” is a state of mind, and for decades the Jewish Community Center Senior Adult Club has been defined by a gathering of people who - while their age might make them eligible for senior discounts at the movies - act and feel young. Whatever you are looking for in a senior adult program, the JCC has something for you.

For more information please contact Cheryl Yablon at 717-236-9555 ext. 3115.

## In the past years, our Senior Adult Club activities have included:

- Art & Cooking Classes
- Dinner Theater Trips
- Educational Day Trips
- Bridge, Mah Jongg and Trivia Games
- Community Wide Programs
- Holiday Celebrations
- Fitness Classes
- Film Festival/Cultural Events

All this on top of SilverSneakers classes, singing, discussion group, informative lectures, wonderful musical programs, holiday events, monthly theatre trips, and a great twice-a-week kosher lunch.

## Take it from some of our active JCC Senior Adult Club members:

“Joining the Senior Adult Club was one of the best things my husband and I did. The Tuesday and Thursday programs cannot be beat. The lunches are yummy and the programs are great. They range from amusement only to lectures and discussions so imaginative and entertaining, that you brain does not even realize it is being exercised. Best of all, we have met so many people who have become great friends.”

-Roberta Krieger

“The trip to Chicago, which was both enjoyable and educational, included an extensive city tour and a cruise on Lake

Michigan to view the city skyline. The sponsored trips are reasonably-priced and well organized.” -Martha Melton

## Features

Bi-Weekly Senior Adult Programming, every Tuesday and Thursday, featuring:

- Current Events Discussions
- Jewish Perspective Discussions
- Entertaining and Informative Programs
- Nutritious Kosher Lunch
- Wonderful Friends and Great Company

## Year Round Classes and Programs, include:

- College Professor Lecture
- SilverSneakers® Classic, CardioFit, Yoga-Stretch and SilverSplash

## Incredible Trips, including...

- Monthly Regional Dinner Theatre Excursions (Mar-Nov)
- Fully-Planned and Staffed Multi-Day Trips to Destinations such as, Cape Cod, Branson, Chicago and Canada

## For Senior Adults looking for only the best, our program features:

- Professional, experienced Senior Adult Program Director
- Self-Governing Senior Adult Club with Significant Input into Program Planning
- Beautiful, Clean, and Accessible Facility with Off-Street Parking and Access to Public Transportation



# Children & Youth

Welcome to the Jewish Community Center's Children & Youth Department.

For decades families have trusted the JCC with their children, and we have responded with a variety of activities for children in grades kindergarten through 5th grade, ranging from year-long programs, such as aftercare to seasonal programs, NFL Flag Football program and holiday school's out programming. The JCC's fun-filled programs help children build new friendships, new skills, and new confidence. For parents, the JCC youth programs provide equally potent dividends, helping to lift the day-to-day burdens of childcare, while ensuring that their children experience the fellowship of our community. The J is the place for kids!

## Before and After School Care

Imagine the ideal after-school care program for your children...

Convenient and close to home, affordable, spacious modern facility, lots of other children, indoor and outdoor facility, professionally staffed, exciting classes, available 5 days a week, transportation from the Susquehanna Township School.

The after school club program at the JCC is the Center's unique activity center for children in kindergarten through fifth grade. It is an after-school "home away from home" where children participate in a variety of supervised fun activities in the company of other children. Our after-school club offers a kaleidoscope of creative, fun, stimulating and exciting activities.

New this year start your day with our before care program from 6:30am to the start of your school.

## Off from school?

Come to the J for a day of fun, games, and swimming (also perfect for working families). There is always something to do and friends to do it with!

## We offer

- An enriching before and after school program
- Fun-filled events for families and their children
- Weekend activities
- School's Out Programs
- Classes – hip hop, art and more
- Holiday Celebrations
- Kids Night Out Programs
- Sunday Funday
- NFL Flag Football

We've got it all! These programs provide opportunities to socialize, meet new people, have fun, and enhance Jewish identity. The JCC's Youth department is always filled with opportunities to have an amazing time.



# Young Adult Programming

Whether you are new to the Harrisburg social scene or simply looking for something new and exciting to do, the Young Adult programs are the best way to mix, meet, and mingle with other young adults. The events allow you to connect with friends, meet new people, and schmooze in a safe and fun social setting.

## Upcoming Events include:

- Happy Hours
- Fantasy Football League
- Flag Football League
- Cooking Classes
- Trivia Night
- Monte Carlo Night
- And lots more!

## Adult Programming

The JCC Adult Services department offers varied activities for adults of all ages, and is dedicated to enhancing and expanding educational services and opportunities for social interaction. Programs range from art and fitness classes to Jewish education, entertainment and cultural events.



# JCC Day Camp

Harrisburg's JCC Summer Camp Program gives children the opportunity to have summertime fun in a safe and pleasant environment. The group experience and the camp program offers campers the chance to enhance their personal development and acquire new skills, as well as enhance their social development by making new friends and learning to be responsible, sharing and caring people.

The Harrisburg JCC's Summer Day Camp and Travel Camp provide unforgettable camp experiences that help to create lifetime memories.

## **Day Camp for children entering Kindergarten through 6th grade features:**

- Wonderful Staff
- Instructional Swim & Recreational Swim
- Athletics
- Music
- Drama
- Performing arts
- Environmental living
- Israeli culture & Jewish Life
- Late night and overnight programming
- Special camp-wide programs including Olympics, carnival and talent show
- On-site Nurse
- Early Care and After Care
- Archery
- Cooking

## **JCC Travel Camp**

Our unique travel camp creates a special atmosphere and companionship. With professional staff, our travel campers see parts of the country the best possible way – with friends.

Travel Camp for children entering 5th through 8th grade features:

- Fantastic day trips to amusement parks, baseball games and other recreational facilities
- Multi-day overnight trips to such destinations as Virginia, Boston, Philadelphia, Cleveland and Club Getaway
- Weekly activities at Green Hills swim club