



Job Posting

JOB TITLE: Group Fitness Instructor – Part Time Evenings/Weekends

REPORTS TO: Fitness & Wellness Director

JOB SUMMARY

We are seeking dedicated and certified Part-Time Group Fitness Instructors **who can work evenings and/or weekends** to join our team at the Symons Family Fitness Center. The ideal candidate will lead engaging and effective group fitness classes 1 to 3 times per week for participants of all fitness levels. This position requires a passion for fitness, excellent instructional skills, and the ability to motivate and inspire clients to achieve their fitness goals.

DUTIES & ESSENTIAL JOB FUNCTIONS

- Greet everyone and make them feel welcome and comfortable, provide information.
- Conduct high-quality group fitness classes following established certification guidelines and standards.
- Create a positive and motivating environment for all participants offering progressions and regressions based on weekly participants' levels and needs.
- Provide clear and concise instructions and demonstrations of Pilates exercises and techniques.
- Ensure the safety of participants by monitoring their movements and correcting techniques as needed with positive language.
- Prepare and maintain a clean and organized studio space before and after classes.
- Build rapport and establish positive relationships with clients to encourage retention and participation.
- Cross-promote other classes at the Symons Family Fitness Center.
- Be an excellent, supportive, and positive team member.
- Report all personnel or maintenance concerns to supervisor or management staff.
- Handle emergencies within the building quickly and efficiently in accordance with established procedures.
- Be responsive to emails, texts, phone calls in a timely manner.
- Attendance and punctuality is required. Request and report time off promptly, in accordance with department and organization policy.
- Conduct yourself in a professional manner and follow workplace behavior standards and policies at all times.

- If active on social media, the successful candidate must uphold professional conduct when posting about their fitness work on social media platforms.

REQUIRED QUALIFICATIONS

- High School Diploma or Equivalent.
- Previous experience in personal training or group fitness instruction is strongly preferred.
- Instructors teaching licensed/branded formats must be trained and licensed to teach those specific formats.
- Ability to demonstrate proper techniques and guide participants through exercises on a mat.
- Ability to ensure participants practice safely and effectively.
- CPR/AED Certification is preferred.
- Strong interpersonal and relationship building skills.
- Ability to communicate effectively in English.

CONDITIONS OF EMPLOYMENT

Must satisfactorily complete all pre-employment background checks and reference checks.

TO APPLY

Please submit cover letter, resume and salary requirements to: HR@jewishfedhbg.org

Pay rate will be based upon experience and qualifications. Pay range is \$20-\$25/hour.

TO APPLY

- Send a resume and cover letter to HR@jewishfedhbg.org, OR
- Visit our website for an application at <https://jewishharrisburg.org/career-opportunities>, OR
- Stop in during normal business hours to complete an application at the Front Desk. Located at 2986 N. 2nd Street, Harrisburg PA 17110.

The Jewish Federation of Greater Harrisburg provides equal employment opportunities to all employees and applicants for employment and prohibits discrimination and harassment of any type without regard to race, color, religion, age, sex, national origin, disability status, genetics, protected veteran status, sexual orientation, gender identity or expression, or any other characteristic protected by federal, state or local laws.

This policy applies to all terms and conditions of employment, including recruiting, hiring, placement, promotion, termination, layoff, recall, transfer, leaves of absence, compensation and training.

If you need assistance in applying for this job, please call 717-236-9555.