



As part of Jewish Federation of Greater Rochester's safety & security initiative, in partnership with the JCC, we are offering this Stop the Bleed training to Boards of Directors of synagogues, Jewish agencies, and other Jewish organizations.

Stop the Bleed Training
Date: Tuesday, February 5
Time: 7:00 – 8:30 p.m.
Place: Louis S. Wolk JCC of Greater Rochester

This training is free of charge. Registration is required.
[Click here](#) to register today.

This training recognizes that citizens are the immediate responders to any emergency and will focus on actions to protect lives and stop the loss of life from severe bleeding.

Participants will learn the following:

- Actions to ensure personal safety
- How to identify bleeding as a life threat
- The use of hands to apply direct pressure
- Proper use of wound packing
- Proper use of tourniquets

RSVP by January 31.

Questions? Contact Samantha Reak at sreak@jewishrochester.org.

