

שנה טובה *bonne année* 新年快樂
 С НОВЫМ ГОДОМ FELIZ AÑO NUEVO
SHANA TOVA
 Frohes neues Jahr **HAPPY** नया साल मुबारक हो
 Sretna Nova Godina **NEW YEAR**
 Gelukkig Nieuwjaar εΥΤΥΧΙΣΜΕΝΟ ΤΟ ΝΕΟ ΕΤΟΣ
 明けましておめでとうございます *Felice Anno Nuovo*

JFedDC wishing you and your family a sweet and healthy New Year!

Ladies' Night Out

Thursday, Sept 6
6:30-8:30pm
Shadows on the Hudson

Start the New Year Right and join us for a drink... Make new friends and reconnect with some old. All Ladies are invited!

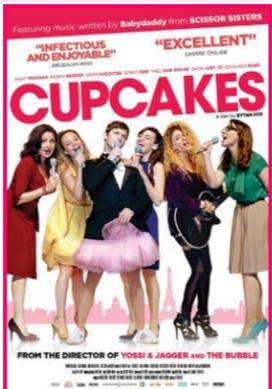
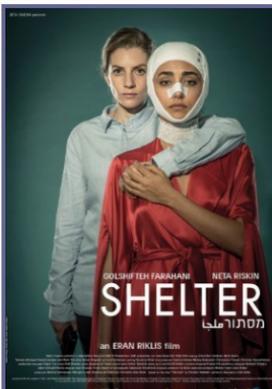
Bring A Friend!

Please RSVP: Admin@JewishDutchess.org

2018 JEWISH FILM FESTIVAL

The Jewish Federation of Dutchess County

Celebrating 70 years of Israel

<p>PREMIERE: Thursday, Sept 27, ITZHAK</p> 	<p>Thursday, Oct 11 CUPCAKES</p> 	<p>Thursday, Oct 18 SHELTER</p> 
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- TIME: 7:00-9:00pm. Each showing includes social time and special thematic light snack.
- Location: Franklin D. Roosevelt Presidential Library & Museum, Henry A Wallace Visitor & Education Center, 4079 Albany Post Road, Hyde Park, NY
- RSVP to Nancy at 845-471-9811 or admin@jewishdutchess.org
- For trailers, go to JewishDutchess.org

Admission is free. But a Jewish education is not. Donations in advance or on the night of a screening benefit: The Howard Lynne Scholarship Fund PO Box 2525, Poughkeepsie, NY 12603

"THE HIT AFTER THE HOLIDAYS"

1st Annual JFedDC Wiffle Ball Tournament

Sunday, October 7 @ 12:00pm Details on Page 14

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TEMPLE BETH-EL WISHES YOU AND YOUR FAMILY A SHANAH TOVAH
COME EXPERIENCE THE HOLIDAYS WITH US!*

Highlights Include:
Shofar Over the Hudson
 Sunday, September 16th at 11:30am
 Waryas Park, Children's Museum Pavilion

Join Reb Victor, Rabbi Miriam, and our Education team at this community event

***FIRST TIME GUESTS: PREREGISTER TO RECEIVE COMPLIMENTARY HIGH HOLIDAY TICKETS**



Senior Clergy
 Rabbi Daniel Victor
 Ritual and Education Director
 Rabbi Miriam Hyman



Guest High Holiday Clergy
 Rabbi James Greene



118 SOUTH GRAND AVENUE, POUGHKEEPSIE, NY 12603
 For Holiday Participation Information: (845) 454-0570
WWW.TBENY.ORG
 Affiliated with The United Synagogue of Conservative Judaism

- Community Selichot program: When Old Wounds Come Out to Play - Includes screening of hit movie: *COBRA KAI*, September 1st at 8:00pm (hosted by Shir Chadash)
- Traditional & innovative High Holiday offerings with Rabbi Daniel Victor, Rabbi Miriam Hyman, Guest High Holiday Clergy: Rabbi James Greene, and many community volunteers

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2017 Federation Officers

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Jewish Federation of Dutchess County
 (845) 471-9811 P

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 The Voice
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 Poughkeepsie, NY 12603

LEARN & LUNCH BUNCH

The Jewish Federation of Dutchess County presents weekly cultural, social and educational programs.

WEDNESDAY PROGRAMS and MENUS

September

September 5 **Using phones for/with the hearing impaired** with Marilena Serradas She will demonstrate how to use communication and connect with those who are hearing impaired.
 Menu: pasta primavera, meatballs, salad, coffee/tea, dessert.

September 12 **No Learn and Lunch Bunch**

September 19 **No Learn and Lunch Bunch**

September 26 **Keeping yourself safe** with City of Poughkeepsie Police Officer Renee
 Menu: bagels, schmear, coffee/tea, dessert

WHERE

118 South Grand Ave
 Poughkeepsie, NY
 (Temple Beth-El)

SCHEDULE

11:00 –11:30am
Coffee & Nosh
 11:30 –12:30pm
Program
 12:30pm –Lunch

\$6.00—Lunch and program
 \$4.00—Program, coffee, nosh

Learn Lunch Bunch is partially funded by the Ann & Abe Effron Fund of the Community Foundations of the Hudson Valley



Learn & Lunch Bunch

REGISTRATION STRONGLY REQUESTED BY MONDAY EACH WEEK FOR FOOD AND ACTIVITY PLANNING PURPOSES
 RSVP to the Jewish Federation office (845) 471-9811.
 Learn & Lunch Bunch activities are open to the public.



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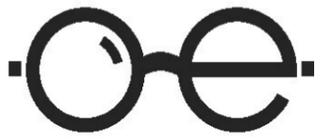
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**Rosh Hashanah
begins
September 9**

Have a
Happy and Peaceful
New Year!



Barbara & Irwin
Lifshey

HELP PLANET EARTH

A growing number of smart readers read *The Voice* electronically, saving trees, paper, and trips to the recycling bin. Plus they get *The Voice* a week before anyone else does. And you know what can happen in 7 days...

Let us know that you'd like to save a tree and we'll add you to the email list. Email TheVoice@JewishDutchess.org.

Mother Nature

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Have a Sweet New Year!



Debbie & Arnold Most

Happy Rosh Hashanah



Lauren & Michael Muffs

Have a Sweet New Year!



Ellen & Lawrence Danziger

Have a Sweet New Year!



Linda & Eric Perfecto

Mazel Tov Memories

Send us information about what you are celebrating: Birthdays, Engagements, Weddings, Anniversaries. We at the JFedDC want to celebrate with you and share the Nachas. Send your information to thevoice@jewishdutchess.org

Happy Rosh Hashanah



Betty & Hyman Kaplan

Have a Sweet New Year!



Lori, Elliot, Bradley, Adam and Jenna Levine

Have a Sweet New Year!



Elaine Lipschutz

Happy Rosh Hashanah



Mary & Jonah Ritter Vassar Temple

Happy Rosh Hashanah



Claire & Marvin Klenosky and Family

Have a Sweet New Year!



Ellen, Barry & Matt Rosenberg

Have a Sweet New Year!



Muriel & Matt Lampell

Happy Rosh Hashanah



Betsy Kopstein-Stuts & George Stuts

Adult Education

Educational Opportunities Abound at Schomre Israel

Know Your Book with Rabbi Langer Tuesday, 10:30am. Class and discussion resume after the holiday season

Classes with Rabbi Langer Thursday, September 13: Yom Kippur Primer, 20: Apple vs. the FBI, 27: Criminals in Shul, and October 4: Stealing a Kidney, 7:00pm.

Classes are free. All are welcome. View website, www.schomreisrael.org for a full complement of recordings of previous classes of the following topics: books of the Bible, controversial issues in Israel, new perspectives on the holidays, Jewish biographies, crash course on Jewish history and more. For information on cancellations and class schedules visit www.schomreisrael.org or call (845) 454-2890.

Weekly Adult Study Groups at Vassar Temple

The Talmud: Modern Ideas from an Ancient Text, Tuesday, September 25, 12:00pm. Taught by Senior Scholar, Rabbi Paul Golomb. All are welcome to come, learn and join in the lively discussions at both classes--no previous training required! No charge to attend. Questions? pjgolomb@verizon.net

Torah Study every Saturday, 9:00am, with Rabbi Renni Altman. Examine passages from the week's Torah portion or haftarah.

All welcome. No charge to attend. No previous training required. For more information or if you have questions email rabbiv@vassartemple.org (845) 454-2570.

Higher and Higher: Come Grow with Temple Beth-El

A Modern Jewish Discussion Group. The purpose of this program is to bring friends together in an informal setting (outside Temple Beth-El) to discuss topics involving Jewish ideas and lifestyles. Here is a chance for you to invite Rabbi Victor into your home to discuss any one of a number of topics. To discuss details email Merri Sedgewick at moondoggie7@optonline.net.

People of the Book with Rabbi Daniel Victor, Every Thursday, 12:30pm, at The Crafted Kup, Raymond Avenue. Jews often refer to themselves the people of the book. Although the "Book" originally referred solely to the Tanach, Jews expanded the phrase to encompass post-biblical literature. The Mishnah, which is comprised of six tractates of study is the most basic book of the post-biblical literature (The Oral Torah) and considered the key to the rest. This ongoing class is studying Mishnah Sukkah (from the tractate of Shabbat and Holidays). There is no charge for the class and everyone is welcome.

Adult Discovery Course, Jewish History, Spiritually and Practice

Adult discovery course for both non-Jews journeying towards conversion and Jews looking to strengthen their basic Jewish foundations. Class meetings will be determined at that time based on participating student's availability. The cost for attending the class is determined individually based on one's journey and can be determined through conversations with Rabbi Daniel Victor. Please call the synagogue at (845) 454-0570 to speak with Rabbi Daniel Victor if you are interested in attending. We look forward to engaging in this meaningful experience with you.

All welcome. Details at the Temple Beth-El www.tbeny.org or (845) 454-0570 or email info@tbeny.org.

Chabad Center Classes

Torah Class: Discover the World of Prayer: Wednesdays, 11:00am at the Borenstein home, 36 Pleasant Ridge Drive, led by Hindy Borenstein. Indulge your mind with thought-provoking insights from the weekly Torah portion and other contemporary issues, and indulge your body with a light and healthy lunch.

Please visit our website www.chabadmidhudsonvalley.com

Congregation Shir Chadash

Saturday Torah Study Saturday, September 8, 22, 9:15am. An informal discussion about the Torah portion of the week with Rabbi Daniel Polish while enjoying a light breakfast. Everyone has a chance to participate. No expertise or knowledge of Hebrew is needed. Just an inquisitive mind, a curiosity about our tradition and a willingness to share your thoughts. All welcome to attend. Bi monthly, check the website calendar for dates.

For more information call (845) 232-1029, email info@shir-chadash.org or www.shir-chadash.org.

Rosh Chodesh Reading Group presented by Congregation Shir Chadash

Those interested in reading have been invited to a potluck brunch and discussion held every month. Participants meet to discuss memoirs, fiction, poetry and drama in a variety of works that offer Jewish themes and a variety of perspectives of interest. Have a topic suggestion, please let us know! Location to be decided.

For more information or to RSVP, contact Sandy Lash at (845) 232-1029, email: info@shir-chadash.org or website: www.shir-chadash.org.

Perla Kaufman to be Honored

During Shabbat evening services, on Friday Sept. 7 at 7:30pm, Perla Kaufman will be honored with the Arnold Award, in recognition of her contributions to the religious and spiritual life of Vassar Temple. These contributions may be in the realm of worship education, or gemilut chasidim (act of loving kindness), and in Perla's case she most infinitely qualifies in all three areas.

As a member of the Ritual Committee, she ably carried out the major role of High Holy Day Chairman for many years. She is a trained photographer, and when attending ritual events Perla has made herself available to photograph them for publicity purposes and to make professional quality portraits of b'nai mitzvah and confirmation students for the Temple and for the parents. Perla has been a mentor to the children of the Temple family and was a strong proponent of the Hebrew Day School when it was in existence. And she herself studied to become an adult Bat Mitzvah.

Perla has worked over the years on many social action projects, including spearheading the Survivor Project whereby, for over 5 years, the Vassar Temple family provided emotional and material support to an Israeli family that had been devastated by a terrorist attack. This is a record no other congregation, no matter how large or wealthy, has equaled. Perla also works on the Get Out the Vote campaign and on the Mitzvah Day Committee each year. And she is currently one of Vassar Temple's representatives to the local Jewish Social Action Coalition, where she has been particularly instrumental in carrying out projects to help the children of Morse School and their families. This is an endeavor she actually undertook on her own well before the Social Action Coalition became involved at the school. She also volunteers weekly in the Morse School library, and volunteers as a translator in schools and other community settings.

For decades, Perla has performed the often difficult mitzvah of visiting the ill, infirm and isolated members of our congregation as part of our Reyut program. When serving as Membership Chairman, she worked on numerous projects to make Vassar Temple a warm spiritual home for congregants. As a member of the Publicity Committee, the emails she sent kept our Temple family informed and connected.

It is not surprising that Perla has held many leadership roles at the temple, including Temple President and Sisterhood President, and is currently Cemetery Chairman. As evidenced by her decades of accumulated service toward tefilah, education and tikkun olam, Perla Kaufman is an exemplary candidate for the Arnold Award. Please come to honor her during services on September 7, and at the celebratory oneg to follow.



Debbie's Voice



Rosh Hashana is rapidly approaching. A few days before Rosh Hashana, we have a family meeting at Team Silbergleit Headquarters to discuss our family resolution for the upcoming year.

We started this tradition at least five years ago and it is something I look forward to every year. The family resolution must be something that will not only make our family better in some way but also do something to better our world as well.

Over the years, we've resolved to improve all sorts of things but for the past several years, Team Silbergleit has specifically begun focusing on our environmental impact.

Two years ago, we gave up paper napkins, switching to only cloth napkins. Last year, we gave up paper towels, again switching over to only cloth towels. My laundry room now has a hamper, where both items are deposited throughout the day. I have one additional load of laundry per week that is only the napkins and towels. In full disclosure, I do have an emergency roll of paper towels under my kitchen sink. It's been there since December and I think I've only had to break it out for two Turtle (our dog) related emergencies.

This year, we are giving up plastic bottles and straws. For years, my kids have had reusable water bottles to take to school and sports, so for them it's simply part of their routine. For my husband and I, it has taken more thought to remember to bring our own bottle instead of simply purchasing a plastic one somewhere. Even when we travel, now we all bring empty reusable water bottles to the airport and fill them up once we've passed the security checkpoint. Turtle is in on our resolution and has a reusable water bottle and dish too!

The seed for this year's resolution was planted in my head months ago. In March, while at the beach in Florida, I realized they had outlawed plastic straws because all too often they end up in the ocean, killing various marine life and birds. Plastic is polluting our earth at an alarming rate and by 2050, there will be more plastic in the ocean than fish. Think about that fact for a minute. How awful is this? And yet, so simple for us to improve. A reusable water bottle is very inexpensive, comes in every size, color and shape you can imagine. My personal favorite is my cup that says, "I don't sweat, I sparkle."

I will step down from my soap box (obviously made of recycled cardboard) and wish you all a happy, healthy and safe new year!



Young Jewish Professionals in Dutchess

This month meet: Emily Saland

Reporter's Note: Feel free to contact me with any youngish and Jewish professionals you'd like to read about---

Written by Amanda Hudes, founder of Smiling Through Chaos Event Planning

Emily Saland, a wife and mother of two young children, is also the President's Chief of Staff at Marist College. She is passionate about working on a college campus and loves seeing the formation of students becoming adults. "It's great to see people navigating diversity in an academic setting." It's been a really positive experience for her, never having the same day twice, with lots of room to grow in her career. Emily holds a MFA from George Mason and started teaching "Literature" and "Creative Writing" at Marist right after obtaining her Masters of Fine Arts in Poetry. She later moved into her current position but still teaches classes every once in awhile.



She has been working at Marist College almost 9 years, during the time of transition of Presidencies, one of which has an interesting fact. The college's current President is not only the first Jewish President at Marist but also the first non-Catholic President. But something else might be surprising to you. Although there is still a chapel on campus, Marist College is actually not religiously affiliated. It was originally a Catholic school but later became an independent institution in the 1960s, and although Catholicism is still the most common affiliation among the students who identify as religious, Emily says that it's a family-type environment of many faiths and cultures. When asked if she would send her children to Marist, she said she would love to if Marist has the program they want to study.

Emily and her husband, Jesse, are raising their children, daughter 2 and son 5 years old, Jewish. Emily was raised by agnostic parents, with an Irish and Italian Catholic background. She converted to Judaism in 2009 after learning more about the religion during her Undergraduate College Scholars Program at Cornell University, in which she had 3 majors, one in which she studied a customized major of Apocryphal Studies. The idea that Judaism encouraged critical thinking and questioning really appealed to her instead of just "accepting" what was told to her. Emily's twin sister practices Catholicism, so it's important for Emily that they teach their children to appreciate that people are different even within one family, and that they are more the same than different. She feels that this way of thinking breeds tolerant people. She also states that it's really important that her children grow up proud of being Jewish and understand their background from a cultural identity standpoint.

The family recently moved to Rhinebeck and looks forward to becoming acclimated to the area and meeting more Jewish families. She realizes that there is not a mass of young Jewish families in the area, but looks forward to participating in those types of programs that will appeal to young families.

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THE MET: LIVE IN HD
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A NIGHT OF OPERA
plus Tchaikovsky's *SWAN LAKE SUITE*
SATURDAY OCTOBER 13 AT 8PM - BARDAVON
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Letters to the Editor Policy

The Voice welcomes letters to the editor. Letters must not exceed 300 words and must be dated and signed with current address and daytime telephone number. The Voice reserves the right to edit letters.

Email submissions to theVoice@JewishDutchess.org

VOICE DEADLINES

Note deadlines below. Email TheVoice@JewishDutchess.org if you have questions.

ISSUE	DEADLINE
October	September 1
November	October 1
December	November 1



Have a Sweet New Year!

Neil & Elyse Mansfield

Rabbi's Blog

By Rabbi Langer

"There were no better days for the people of Israel than the 15th of Av and Yom Kippur," says the Mishna "for on those days the daughters of Israel would go out dressed in white and dance in the vineyards. What were they saying? Young man, consider whom you choose to be your wife."

What does Tu b'Av commemorate, why is considered equal to Yom Kippur, and shouldn't Yom Kippur be observed in a much more solemn manner? The Talmud explains that Yom Kippur has great joy and is a Yom Tov - Festival - because it contains the joy of forgiveness of our sins. But what about Tu b'Av? What is so unique about it that it is described as joyous as Yom Kippur?

This is the High Holiday issue of the Voice focusing on the upcoming holidays, but the weeks just passed are very significant in the Jewish calendar. Let us reflect for a moment on this time period.

"The Seven Weeks of Comfort" follow Tisha b'Av, the Fast of the Ninth of Av, which commemorates the destruction of the First and Second Holy Temples in Jerusalem, the sacking of the Jewish capital and the ensuing exile of the Jewish people.

The Rabbis contrast the exile following the First Temple with that of the Second. The exile of the First Temple was 70 years while the Second is now 1948 years. The first exile is described as resulting from the violation of the three cardinal sins - murder, idolatry and immorality. The second exile is due to the sin of baseless hatred between Jew and Jew. This exile has not yet ended, the Rabbis teach, because we still haven't corrected this major failing.

The Talmud tells us of a number of joyous historical events that took place on the 15th of Av. The common thread, the incidence of unity, the Jewish people coming together as one, contrary to their prior behavior. This in itself is reason to celebrate.

The first Yom Kippur in history, according to the rabbis, is the time in which the sin of the Golden Calf was forgiven and the second set of Ten Commandments was given to the Jewish people. There was both a reconciliation between the people and G-d and the people with each other, because, in the words of tradition, we came to Mount Sinai "as one man with one heart."

The reconciliation between Jew and Jew enabled the rapprochement between the Jewish people and G-d on this holy day. Yom Kippur and Tu b'Av both commemorate the same event - healing the rift and becoming whole again.

There is no time in history when we need this message more than today. There is separation, disagreement, and rancor amongst ourselves. Differences of political opinion have become so polarized that we cannot talk to one another. Often we cannot even have a conversation and maintain respect for the view of others and their right to have opposing beliefs. In Israel too, political and religious differences seem not to be settled in the traditional manner of Hillel and Shamai, with respect for the other's perspective, but with unfortunate contention and acrimony.

May we, in this holy time, learn the lesson which is as relevant today as it was thousands of years ago. Let us stress our similarities rather than our differences, that which unites us rather than that which divides. Our unity is greater than our divisions. May we during this new year be blessed with health, peace, security, serenity and an appreciation for each other, and thereby merit the end of our exile.

Shana Tova.



Inside the Jewish Studio

By Debbie Silbergleit

This questionnaire originated in the French series, *Bouillon de Culture*, better known as the closing questions asked by James Lipton on the celebrity interview TV show, *Inside the Actor's Studio*. The questions are re-adapted for this column.

Each month, I ask a MOT* these questions and feature their answers.

This month, a special thank you to Sandra Rich, paralegal, who took time out of a beautiful summer afternoon to answer my questions.

1. **What is your favorite word?**
Kindness
2. **What is your least favorite word?**
Arrogance
3. **What turns you on creatively, spiritually or emotionally?**
Watching people, especially children create and build something together
4. **What turns you off?**
Meanness
5. **What is your favorite curse word?**
How about fudge? (Reporter's Note: I interviewed Sandra over speaker phone while my son, Zach, not a fan of any inappropriate language was sitting in my kitchen having a snack. After hearing Sandra's response said "I like her").
6. **What sound or noise do you love?**
Singing. I like songs. I like to hear people singing.
7. **What sound or noise do you hate?**
I hate bickering.
8. **What profession other than your own would you like to attempt?**
I would love to be a teacher and make sure every child feels special and competent.
9. **What profession other than your own would you not like to attempt?**
I would never want to be a surgeon...have someone's life in my hands.
10. **If Heaven exists, what would you like to hear God say when you arrive at the Pearly Gates?**
Your children will be fine without you.



Sandra Rich

* Member of the Tribe



May the sounds of the Shofar
welcome in a new year of health
and happiness

Jewish War
Veterans
Post #625



The ROMEOs

(Retired Older Men Eating Out)

Best wishes for a peaceful and healthy New Year 5779

Peter Albenda	Marty Finkelstein	Lou Newman
Ted Baker	Jerry Goldberg	Frank Rubin
Mitch Barden	Eli Gorin	Mike Schwartz
Shelly Baskin	Martin Hochhauser	Ralph Schwartz
Herman Chertock	Gary Mayer	Eric Straus
Stu Chimkin	Bob Morrison	Mel Zipes

And in memory of all departed members

*Have a
Happy and Peaceful
New Year!*



**Adrienne London &
Dr. Robert
Roeshman D.O.**

*Have a
Happy and Peaceful
New Year!*



**Pam & Sol
Resnikoff**

*Have a
Happy and Peaceful
New Year!*



**Anita & Ed Lester
and Family**

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Happy Rosh Hashanah



Rabbi Miriam Hyman,
Rabbi Michael Fessler
and Family



Best Wishes
for a Happy & Healthy
New Year!
Hochhauser Marks Family
Martin, Karen, Samuel,
Alexander and Benjamin



Best Wishes
for a Happy & Healthy
New Year!
Brenda & Ted Baker
and Family



Best Wishes
for a Happy & Healthy
New Year!
Sandra & Harry
Mamis

Happy Rosh Hashanah



Ann & Jeffrey
Gross



May the sounds of the Shofar
welcome in a new year of health
and happiness
Jane, Ethan, Erin
Amalia & Maxwell
Timm



May the sounds of the Shofar
welcome in a new year of health
and happiness
Phyllis & David
Miller



May the sounds of the Shofar
welcome in a new year of health
and happiness
Sharon & Howard
Lynne

Happy Rosh Hashanah



Judy & Alan
Fox



May the sounds of the Shofar
welcome in a new year of health
and happiness
Lillian & Michael
Silberstein
and Family



May the sounds of the Shofar
welcome in a new year of health
and happiness
Molly & Dan
Katz



May the sounds of the Shofar
welcome in a new year of health
and happiness
Grete & Marty
Finkelstein

Happy Rosh Hashanah



Jane, Jonathan &
Steven Dworkin



May the sounds of the Shofar
welcome in a new year of health
and happiness
Marina, Jonathan &
Tye Elias



May the sounds of the Shofar
welcome in a new year of health
and happiness
Jill & Ira
Auerbach



May the sounds of the Shofar
welcome in a new year of health
and happiness
The Bressman
Family



May the sounds of the Shofar
welcome in a new year of health
and happiness
Rose, Brion & Joshua
Shapiro



May the sounds of the Shofar
welcome in a new year of health
and happiness
Roberta & Len
Grosman and Family



May the sounds of the Shofar
welcome in a new year of health
and happiness
Rita (z'l) & Mort
Alterman

Happy Rosh Hashanah



Geri & Maurice
Bromberg

Happy New Year!



Amy, Steve, Lindsay &
Hannah Effron

Happy New Year!



Miriam & Burt Gold
and Family

Happy New Year!



The Hankin
Family

Happy Rosh Hashanah



Jack
Hentel

Happy New Year!



Karen & Jack
Fein

Happy New Year!



Jane & Steven
Idell

Happy New Year!



Deanie Gordon, Levine,
Israel & Gordon Families

Happy New Year!



Drs. Miriam & Maury
Lacher

Happy New Year!



Joan & David
Posnet

Happy New Year!



Ellen, Victor, Edward &
Benjamin Stern

Happy Rosh Hashanah



Helen Bernstein
and Family

Happy New Year!



Marianne & Bob Abrams
and Family

Happy New Year!



Sheila & Marty
Zweifler

Happy New Year!



Rochelle & Carl
Sorgen

Happy Rosh Hashanah



Linda
Skolnik

Happy New Year!



Irene & Eric Brocks
and Family

Happy New Year!



Evelyn & Oscar
Weiss

Happy New Year!



Amy & Richard
Schwed

Happy New Year!



Olga
Dalsheim

Happy New Year!



Rabbi Ellen & Judge Jonah
Triebwasser Red Hook, NY

Happy New Year!



Lisa-Sue, Kurt, Shelby,
Bradley & Kiley
Quackenbush

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Have a Happy and Peaceful New Year!



Roz & Dan Ashley

Have a Happy and Peaceful New Year!



Roni, Charles & Joe Stein

Have a Happy and Peaceful New Year!



Carole & Stu Chimkin

Have a Happy and Peaceful New Year!



Suzanne & Don Turrisi

Have a Happy and Peaceful New Year!



The Gorin Family

Have a Happy and Peaceful New Year!



The Kerchman Family

Have a Happy and Peaceful New Year!



Ruth & Donald Klein and Family

Have a Happy and Peaceful New Year!



Eleanor & Marty Korfman



Best Wishes for a Happy & Healthy New Year!

Frieda & Ed Gershuny

L' Shanah Tovah



Gail & Samuel Simon

L' Shanah Tovah



Miriam, Eric, Callie & Liza Goldstein

L' Shanah Tovah



Barbara & Bernie Cohen

L' Shanah Tovah



Marian & Ralph Schwartz

L' Shanah Tovah



Miriam & Frank Rubin

L' Shanah Tovah



Barbara & Harvey Katz

L' Shanah Tovah



Sharon & Hal Warren

L' Shanah Tovah



Dana & Ira Efron

L' Shanah Tovah



Elaine & Aaron Blum and Family

The Bagel Shoppe
986 Main Street Rt. 52 Fishkill, NY 12524
845.896.3823
www.thebagelshoppefishkill.com




Rosh Hashanah Dinner

12 Mini Stuffed Cabbage ~ Matzo Ball Soup
Choice of
Whole Roast Turkey (18lb avg)
Slice Brisket of Beef/Brown Gravy
Choose Two
String Bean Almandine
Broccoli Almandine
Candied Sweet Potato
Garlic Roasted Potato
Accompaniments
1 qt. Fresh Cut Cole Slaw
1 qt. Carrot Tsimmes
Round Challah
Fresh Baked Rugalach
Price: 19.95 per person
(10 person Minimum)
Fruit Salad Tray ~ Add 19.95

Roasted Chicken Dinner Special
With String Beans, Stuffing,
Mash Potato & Gravy
\$9.00 per person (6 Person Minimum)

Yom Kippur
Break the Fast Menu

Hand sliced Nova Scotia Salmon
Large smoked Whitefish
Smoked Sable Plate
Herring in Cream Sauce
White Fish Salad

Smoked Fish Platters
Made with the finest Smoked
Nova Scotia salmon and Whitefish Salad
all thinly sliced and beautifully arranged
12.00 per person

All of the above plus
Whole Smoked Whitefish stuffed
surrounded with Herring in cream sauce
(includes bagels and cream cheese)
18.00/per person
(10 Person Minimum)

Rosh Hashanah & Yom Kippur
Specialty Desserts
Fresh Baked Rugalach
Chocolate Chip Cookies/Apple Strudel

Tuna * Egg Salad Platters
Crudités (vegetable) Platter
Tea Sandwich Platter * Fresh Fruit Platter

Marinated Eggplant Salad
Taboulle Salad * Israeli Cucumber Salad
Grilled Veggies * Lentil Salad * Cinnamon
Apple Nut Salad

Congregation Shir Chadash Open Religious School Registration

Congregation Shir Chadash will continue open Religious School registration on Saturday, September 9 (9:00am-10:30am). This year the focus of our program will be: G-d and Prayer, Jewish History, and the concepts of Tzedakah, G'milys Chasadim, & Tikun Olum intertwined throughout the program. Children of non-members and newcomers of all ages can try classes for a month for FREE with no obligation. Tots classes (Kindergarten - 2nd grade) are open to non-members at no charge for one year, but a donation to cover supplies is requested. Classes begin at 9:00 a.m., but come early (8:45) and enjoy breakfast on us! Tots classes through b'nai mitzvah classes are offered. Learn through texts, crafts, music, special programs, field trips, and more, all while having fun and making new friends.



The goal is to enrich the children's learning of Jewish values, history, holidays and traditions. For more information, please call (845) 232-1029 or email: info@shir-chadash.org

Ready, Set, Celebrate!

By Rabbi Miriam Hyman, Education Director & Cantor Devorah Gartner, Youth & B'nai Mitzvah Director

Please join us as we kick off the 5778-5779 school year with our second annual Meet & Greet at **Peachwave Frozen Yogurt** in Lagrangeville on Tuesday, September 4th from 4:30-6:30pm. Drop in and cool off. A part of every cup and cone helps to support our school.

Sunday, September 16th, we will gather in beautiful Waryas Park for **Shofar Over the Hudson**. There will be a bike ride at 10:00am, and a Fall Fair for kids from 10:30-11:30am in the Pavilion. Shofar sounding starts at 11:30am. Bring your shofar and a picnic lunch.

We are happy to offer active, experiential, joyful Jewish educational programs for families and students of all ages from PreK through Grade 12. Beginning with the **Club Katan Free Early Childhood Programs** (PreK - Grade 2), continuing with the **Religious School** and combined **Ivrit (Hebrew) Program** (Grades 3-7, in cooperation with Congregation Shir Chadash), our **B'nai Mitzvah Program** (Grade 7), and the **Gesher Combined Hebrew High School** (Grades 8-12) in partnership with Vassar Temple and Congregation Shir Chadash, as well as our award-winning **Youth Group**.

Please contact Rabbi Miriam Hyman, Education Director at (845) 454-0570 or education@tbeny.org to arrange a tour, schedule a visit or learn more about any of our programs.

We wish you a very happy and sweet New Year.
L'shanah tovah umetukah!

Tots Celebrate the New Year

Usher in a sweet new year at our next Tiny Temple get together in Vassar Temple, on Sunday, Sept. 23, from 10:30am-11:30am. Parents, grandparents, families and children ages infant to 5 are warmly invited to join in the fun! We will welcome back old friends and make new ones, and families will have an opportunity to meet our Rabbi Renni Altman. Everything takes place in a relaxed and friendly setting, and a special holiday snack will be served.

Tiny Temple is open to all regardless of temple affiliation, is always free of charge, and is sponsored by the Sisterhood. Please RSVP to Emma Arnoff and Jas Russo at tinytemple@vassartemple.org They will also be happy to answer any questions you may have about this wonderful, free program, and to put you on the Tiny Temple e-mail list. Vassar Temple is an inclusive congregation, and a member of the Union for Reform Judaism. Additional information is available at www.vassartemple.org or by calling the Temple Office at (845) 454-2570.

RELIGIOUS SCHOOL

CHABAD MID-HUDSON VALLEY

Sunday, 10:00am-12:15pm, ages 5-12 years
63 Vassar Rd, Poughkeepsie

For information contact Hindy Borenstein, Director (845) 463-5801
chabadmidsudsonvly@prodigy.net

JUDAIC SCHOOL OF THE ARTS

Sunday, 10:00am-12:00pm

For information www.mypardess.org/JSA

RHINEBECK JEWISH CENTER

Monday, 4:00-5:30pm

Tiny Tots Division (ages 1-5)
Intermediate Division (ages 6-10)
Bar and Bat Mitzvah (ages 11-13)

For information, contact Rebbitzin Tzivie Hecht, Director (845) 876-7666 or [tizviehecht@gmail.com](mailto:tziviehecht@gmail.com)

SHIR CHADASH

Member families' children from Kindergarten to 2nd grades are welcome to attend at no charge for a full year. New enrollments always welcome.

Classes meet two Saturdays a month at 9:00am. See website for dates and special new member rate.

For information, contact Sue Marcoe (845) 723-4045, info@shir-chadash.org or www.shir-chadash.org

TEMPLE BETH-EL

At Temple Beth-El, education is something truly celebrated! From kindergarten through the last year of high school, Temple Beth-El instills a love of Judaism and a lifelong hunger for Jewish learning.

Tuesday,
Ivrit (Hebrew) School
4:30-6:30pm, grades 3-7

Wednesday,
Gesher Youth Program 6:30-8:30pm,
grades 8-12

Saturday, B'Nai Mitzvah Class
9:30am-12:30pm, grade 7

Sunday, Judaic Studies
9:30am-12:30pm, grades PreK-6

For information, contact (845) 454-0570 or education@tbeny.org

VASSAR TEMPLE

Vassar Temple provides a program of Jewish education within the Reform Movement's guidelines, which deepens a student's Jewish experience and knowledge in an accepting and stimulating learning environment. Our philosophy of Jewish learning is based on the quotation from Pirke Avot, "The world depends on three things: on Torah, on worship and on deeds of loving kindness." Temple membership not required.

Sunday Religious School
Sundays, begins September 16
9:00am-12:00pm, grades K-7

Hebrew Language School
Wednesdays, begins September 26
4:30pm-6:30pm, grades 4-7

Gesher Program
Wednesdays, begins September 26
6:30pm-8:30pm, grades 8-12

Innovative individualized Hebrew language instruction and bar/bat mitzvah preparation. New enrollments always welcome.

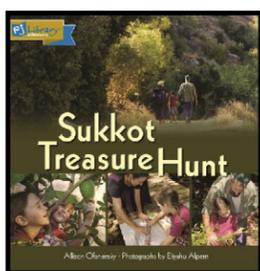
For info contact Rabbi Renni Altman, Director (845) 454-2570 or rsdirector@vassartemple.org



PJ Library Mid-Hudson Valley and Congregation Shir Chadash

Invite you to

A Booth-Day Party For Sukkot!



Sunday, September 23 from 2-5 pm

Congregation Shir Chadash | 68 NY 55, Lagrangeville, NY | 12540

2:00 PJ Library Family Program with songs, stories, and crafts

3:00-5:00 Build and decorate the Sukkah and BBQ

All are invited to stay for an Erev Sukkot Service at 5:00

Please RSVP for this free event to pjlibrary@jewishdutchess.org by 9/19/18



The Harding Club



הכנסת אורחים

hachnasat orchim

welcoming guest

Something different for Rosh Hashanah

Caramelized Apple Gorgonzola Pizza

<https://sallysbakingaddiction.com/2013/12/02/caramelized-apple-gorgonzola-pizza/>

Ingredients:

- Pre made pizza dough
- 1 and 1/2 cups (6oz or 168g) shredded mozzarella cheese
- 8 ounces crumbled gorgonzola cheese
- 1 small apple, thinly sliced
- rosemary, to taste
- honey for drizzling, *optional*



Directions:

1. Preheat the oven to 475F.
2. Roll and stretch pizza dough and place on oiled baking pan
3. Top the crust with the mozzarella cheese, gorgonzola cheese, apple slices, sprinkle with rosemary.
4. Bake for 12-15 minutes. For the last minute, move the oven rack to the top rack to really brown the edges. That's optional.
5. Slice hot pizza and serve immediately.
6. Drizzle each slice with honey.

PJ Library is made possible through gifts from the Jewish Federations of Dutchess and Ulster Counties, The Harding Club, and the generous support of PJ Library donors. To make a donation online, go to www.JewishDutchess.org

Thank you!



PJ Library Grandparent's Celebration

club katan

JEWISH EARLY CHILDHOOD PROGRAMS AT TEMPLE BETH-EL

We are thrilled to offer our Shabbat, Sunday School, and Holiday Programs for children ages 2-8

Free & Open to the Community!

Experience Joyful Judaism

- Age appropriate classes • Arts • Cooking • Crafts
Dance • Drama • Hebrew Readiness • Holidays
Music • Shabbat • Stories • Yoga

Family Programming

- Community Friday Evening Dinners
Monthly Tot Shabbat
Holiday Celebrations

Register Today!

Contact Rabbi Miriam Hyman for more Information
education@tbeny.org or 845-454-0570



JEWISH BEDTIME STORIES and SONGS



Melinda

Kim

Emily

Bekah

The High Holiday season is upon us. We are polishing the silver, cutting flowers for the table, making time honored recipes, and inviting guests to join us as we celebrate.

"When guests come calling at your front door, you're about to practice the time-honored value of *hachnasat orchim*, Welcoming Guests.

In the early part of the Torah, Abraham and Sarah go out to meet the unexpected guests that arrive at their tent and work to make them feel comfortable. The mitzvah of welcoming guests, or *hachnasat orchim*, is not just about inviting people in but also making them feel honored, relaxed, and at home. *"Let your house be open wide."* - Pirkei Avot 1:5

In September, PJ Library is sending an extra present with your books, a hangable Welcome Mobile. Whether it's hanging in your house or your sukkah, the mobile can serve as an "interactive guestbook" as you and your children enjoy hosting guests - during Sukkot and throughout the year." The holidays are a perfect opportunity to brush off our best manners and really focus on making our guests welcome, and the PJ Library Welcome Mobile provides an activity to focus our children on the process. Tap into their natural enthusiasm by reinforcing good "hosting behaviors" during play time and when guests come over. Encourage your kids to greet guests, offer to take their coats, or tell them about what's for dinner or snack. Part of being a good host is taking turns and being open to a guest's interests. Reminding kids that a guest gets to pick first helps reinforce *hachnasat orchim* in a fun, organic, and age-appropriate manner." (www.pjlibrary.org)

Tip-Being expected to share everything can be stressful for kids when your house is full of guests. Give them the opportunity before the guests arrive to decide which toys they will be sharing or to put away the ones that are too hard to share. Have an activity or game already set out to help your kids engage their guests as they welcome them to your home.

PJ Library Mid-Hudson Valley will be popping up in a Sukkah near you! On September 23, from 2-5 pm we will be helping Congregation Shir Chadash host "A Booth-day Party". Join us for stories, song, to help build and decorate a Sukkah, and then join us for a family BarBQ. During the week we will be at "Open to The Sky", the BHA Sukkah in Beacon, to launch a new year of Zish and Jewish. We will also be stopping by the Sukkah at Chabad of The Mid-Hudson Valley and the Woodstock Congregation for stories, songs, and snack. Check details of our events at PJ Library Mid Hudson Valley on Facebook.

We hope to see you soon!

Your PJ Library Team
Melinda Margulies, Kimberly Ritz, Emily Soltanoff, and Bekah Starr

Have questions? Need help finding resources? Contact us.
pjlibrary@jewishdutchess.org

Not a part of PJ Library yet?

Receive a FREE children's book each month and become part of the PJ Library family.

Register online at www.PJLibrary.org

Monthly e-newsletters. Special program invitations! Call (845) 471-9811 or email PJLibrary@JewishDutchess.org



Bounce!

TRAMPOLINE SPORTS

Mon. thru Thur. 3pm-7pm
Fri. 3pm to 8pm - GLOW from 8pm to 10pm
Sat. 10am - 10pm • Sun. 10am - 7pm

845-206-4555
2 Neptune Rd., Poughkeepsie, NY 12601
www.bounceonit.com

Open Bounce • Slam Dunk BB • Dodge Ball
Foam Pits • Adult Night including Bouncersize
Friday Night Jump & Glow • Birthday Parties
Our Exclusive to the area Bounce Xtreme!
Group & Camp Events

SPECIAL \$2.00 OFF WITH THIS COUPON

- * MUST BE ORIGINAL; CANNOT BE COMBINED WITH OTHER OFFERS
- * MONDAY TO THURSDAY ONLY
- * NOT AVAILABLE ON SCHOOL HOLIDAYS.

VISIT WWW.BOUNCEPOK.COM FOR MORE INFORMATION

Call for Summer hours due to outside events

High Holiday Schedules

Congregation Shir Chadash

High Holy Days: Days of Awe
Schedule of Services 2018/5779

Led by: Rabbi Daniel F. Polish

Musical accompaniment: Piano, Choir, Cello

Rosh Hashanah

Sunday, September 9 8:00pm *Rosh Hashanah* Evening Service
Monday, September 10 10:00am *Rosh Hashanah* Morning Service
3:00pm **Family Celebration Service ***

Yom Kippur

Tuesday, September 18 8:00pm *Kol Nidre* Service with cello
Wednesday, September 19 10:00am *Yom Kippur* Morning Service
12:30pm **Panel Discussion**
2:00pm **Family Service ***
3:00pm **Afternoon / Memorial / Concluding Services***

*No tickets are required for our afternoon Rosh Hashanah & Yom Kippur Family Services & Yom Kippur Afternoon/memorial/Concluding Services

Community Break Fast Following Yom Kippur Concluding Services
Ample Parking & Child Care available on Yom Kippur afternoon

At our interim location: Freedom Plains United Presbyterian Church
1168 Route 55 (corner of Stringham Road), Lagrangeville, New York
For information and tickets: (845) 232-1029 or info@shir-chadash.org

Congregation Emanuel of the Hudson Valley

Selichat Service

Saturday September 1, 7:30pm

Erev Rosh Hashana/Rosh Hashana

Sunday, September 9, 7:30pm
Monday September 10, 9:00am

Rosh Hashana Day 2

Tuesday, September 11, 10:00am at Poet's walk in Rhinebeck, hike, guided meditation and abbreviated service.

Erev Yom Kippur/Yom Kippur

Tuesday, September 18, Kol Nidre Prayer, 7:00pm
Wednesday September 19, 9:00am Break the fast sponsored by Sisterhood immediately following Nielah Service

Sukkot Shalom

Sunday, September 23, Sukkot celebration
Vegetable, Dairy Vegan Potluck

Sukkot Festival Service

Monday, September 24, 10:00am

Simchat Torah

Sunday, September 30, 5:30pm
Hakafoat and Consecration Service.

Vassar Temple HHD Schedule 2018 / 5779

The community is invited to all High Holy Day worship services at Vassar Temple. We are an inclusive egalitarian Reform congregation, led by Rabbi Renni S. Altman. No charge for tickets~Donation appreciated. Seating is limited~ For reservations and if you need babysitting or large print prayer books: office@vassartemple.org or (845) 454-2570.

Selichot Saturday, September 1
7:30pm Program & Havdalah
9:00pm Selichot Service

Erev Rosh Hashanah Sunday, September 9
7:30 p.m. Evening Service

Rosh Hashanah Monday, September 10
10:00 a.m. Morning Service
2:00 p.m. Family Service
4:00 p.m. Tashlich @ Sunset Lake on Vassar College campus

Rosh Hashanah Day2: Tuesday, September 11
10:00 a.m. Morning Service

Shabbat Shuvah: Friday, September 14
7:30 p.m. Shabbat Shuvah Service

Memorial Service: Sunday, September 16
1:00 p.m. @ Lagrange Avenue Cemetery

Kol Nidre: Tuesday, September 18
7:30 p.m. Evening Service

Yom Kippur: Wednesday, September 19
10:00 a.m. Morning Service
1:00 p.m. High Holy Day Study
2:00 p.m. Family Service
3:00 p.m. Afternoon Service
5:00 p.m. Yizkor Service
5:30 p.m. Ne'ilah service
6:45 p.m. Community Break the Fast
(plus meal in the Social Hall for those who have RSVP'd)

Temple Beth-El High Holidays Schedule 2018 / 5779

SELICHOT When Old Wounds Surface Program/Service

Saturday, September 1 8:00PM at Congregation Shir Chadash

ROSH HASHANAH

Sunday, September 9 8:00PM Evening Ma'ariv Service
Monday, September 10 8:45AM Morning Shacharit Service
9:45AM Torah Service
11:00AM Family Service
1:15PM Tashlich at the Park Avenue
8:00PM Evening Ma'ariv Service

Rosh Hashanah Day2:

Tuesday, September 11 8:45AM Morning Shacharit Service
9:45AM Torah Service
Sunday, September 16 9:00AM Cemetery Memorial Service
10:30AM Family programs at Waryas Park
11:30AM Shofar Over Hudson, Waryas Park

YOM KIPPUR:

Tuesday, September 18 6:45PM Kol Nidre Service
Wed., September 19 8:30AM Shacharit Morning Service
9:45AM Torah Service
10:00AM Family Service all welcome
11:00AM Yizkor
4:45PM Mincha service
6:00PM Ne'elah service
7:40PM Havdalah/Shofar

SUKKOT

Sunday, September 23 6:00PM Ma'ariv evening service
Monday, September 24 9:30AM Shacharit morning service
6:00PM Ma'ariv evening service
Tuesday, September 25 9:30AM Shacharit morning service

SHEMINI ATZERET

Sunday, September 30 6:00PM Ma'ariv/Yizkor
Monday, October 1 9:30AM Shacharit/Yizkor

SIMCHAT TORAH

Monday, October 1 6:00PM Ma'ariv & festivities
Tuesday, October 2 9:30AM Shacharit & festivities

Preparations for High Holidays at Congregation Schomre Israel (CSI)

Selichot services which usher in the High Holiday season begin on Saturday night, September 1. The Torah, when describing the offerings of Rosh Hashanah, replaces the normally used verb "vehikravtem-you shall bring" with "va'asitem-you shall make." This change of language tells us a major feature of Rosh Hashanah is that we make ourselves into the offering. Before an offering could be brought to the altar it had to be examined for four days to make sure that there was no blemish. Likewise, before we approach Rosh Hashanah, we too have a minimum of four days of selichot, prayers of introspection and self-examination to prepare ourselves for the holy day. In certain years, such as this when the first night of the holiday falls on Sunday, we begin selichot a week earlier than Rosh Hashanah

The Selichot program on Saturday evening, Sept. 1 begins with a Havdalah service at 10:30pm followed by a video dealing with the theme of the holiday. The penitential prayers will begin at midnight.

The custom of visiting the cemetery during the days preceding the High Holidays fulfills a variety of functions. It reminds us of the finiteness of our own lives and helps us to contemplate our own destiny. We are told specifically that we do not pray to the souls of the dead who are buried in the hallowed ground of the cemetery. Our visit there is to inspire us to lofty spiritual thoughts.

Thus, even those who don't have loved ones buried in the local cemeteries may visit to help set the tone for these awesome days.

The Schomre Israel annual cemetery visitation will take place during the Ten Days of Repentance on Sunday, September 16 at 10:30 am at the Schomre Israel cemeteries on Lagrange Avenue. The service begins with readings from chapters of the book of Tehillim-Psalms followed by individual memorial prayers. The public is invited to attend.

CSI announces the schedule of services for Rosh Hashanah/ Yom Kippur 5779. Evening services ushering in the High Holidays will begin at 7:00pm on Sunday, September 9 with the melodic tenor voice of Michael Kirshner who together with his brother in law Joel Richter have been inspiring the congregation in their prayers for close to 20 years. Rosh Hashanah day services begin at 8:30am Monday and Tuesday, Sept. 10 and 11, with afternoon Mincha services at 7:00pm on both days. Rabbi Eliezer Langer will be delivering the sermons both days at 10:30am prior to the Shofar blowing.

Customarily, one goes to a body of water and symbolically casts sins away on the afternoon of the first day of the new year. CSI Tashlich services will be held at 6:30pm, Sept.10, at the stream directly across the street from the synagogue.

For information about seating and membership please call the synagogue office at (845) 471-454-2890 or contact us by email at schomre1@aol.com.

Vassar Temple Welcomes Cantorial Interns

This year, Vassar Temple is excited to welcome two Cantorial Interns from the Debbie Friedman School of Sacred Music at the Hebrew Union College - Jewish Institute of Religion (HUC-JIR):

Jenna Mark, entering her second year at the HUC-JIR, will provide music during Selichot, Rosh Hashanah and Yom Kippur services. Jenna recently completed a year in cantorial school at HUC-JIR's Jerusalem campus. Prior to HUC-JIR, Jenna spent time as a full-time educator at Central Synagogue in NYC, where she specialized in Shabbat, music, and t'filah for grades K-6. Her time in New York City also allowed her to teach religious school and assist with the youth groups of Brooklyn Heights Synagogue and Congregation Rodeph Sholom. She spent this past year in Israel as a cantorial intern at Kehilat Har-El, Israel's oldest Reform congregation. Jenna is originally from Houston, Texas and earned a BFA in Theatre Performance from Nebraska Wesleyan University. Jenna spent this past summer as a song leader at the URJ's Greene Family Camp in Bruceville, Texas. She is thrilled to be back in the States and to join the Vassar Temple community for the High Holy Days.



Ilana Goldman, entering her third year at the HUC-JIR, will provide music at a number of Friday night, Saturday morning, and Festival services. We will introduce Ilana on Erev Sukkot. Ilana, from Asbury Park, NJ, earned a BA degree in Music and Religious Studies from Lawrence University in Appleton, WI. She has significant music experience at the Lawrence Conservatory of Music and Interlochen Arts Academy, participating in choirs and opera productions. Ilana will be with us approximately monthly, and also has a monthly Cantorial Intern engagement at Temple Micah in Washington D.C. This summer Ilana is serving as a Chaplain at Bellevue Hospital in New York. She resides in NYC with her husband, Alex.



Music is essential to the worship and congregational life of Vassar Temple. Rabbi Altman, organist/ instrumental music director Joe Bertolozzi, and the Temple Music Committee look forward to working with Jenna and Ilana to musically enhance prayer and celebration at the Temple throughout the coming year.

Crimes and Misdemeanors: Selichot Program

On September 1, the Saturday before Rosh Hashana, Vassar Temple will hold a Selichot program to help us all spiritually prepare for the coming High Holy Days.

We'll begin in the social hall at 7:30pm with a dessert buffet and time for connecting with friends old and new. Then we'll view some brief film clips from Woody Allen's movie *Crimes and Misdemeanors*, moving into a discussion led by Rabbi Altman on accountability and repentance as we approach the New Year.

We'll usher out the Sabbath with havdalah, and at approximately 9:00pm the moving Selichot service will begin in the main sanctuary, using the Selichot prayer book, *Mishkan HaLev* (Sanctuary of the Heart), which focuses upon compassion and forgiveness. Please join us for dessert, discussion, havdalah, and for the powerful Selichot service to follow. For more info please contact ritual@vassartemple.org.

Jewish War Veterans Install Officers

Private Herman T. Siegel Post 625, Jewish War Veterans of the United States, was honored to have Irving Breitbart, Department Commander of JWV New York State, serve as installing officer at their annual Installation Luncheon. Officers for the coming year are: Commander Irving Baum, Sr Vice Commander Ron Markowitz, Jr Vice Commander Ralph Schwartz, Chief of Staff Martin Hochhauser, Adjutant Peter Albenda, Quartermaster Eli Sloves, Officer of the Day Frank Herber, Judge Advocate Ed Lester, Chaplain Michael Silberstein, Presiding Officer Rob Rubin, Historian Eli Gorin, Service Officer Alec Pandaleon III, Physician Dr. Fred Pugh.

A special guest at the Installation Luncheon was Marie Johnson, who assisted the Post in researching Jewish WWII veterans who enlisted in Poughkeepsie. Addressing the Post members, families, and guests assembled, Commander Baum noted the many activities of the Post, such as participating in local community veteran events, selling poppies to raise money for Castle Point projects, flags for veterans' graves in local Jewish cemeteries, collecting food, toiletries and clothing for needy veterans, and picking up litter monthly on May Street. May Street contains the home of the Post's namesake, and a sign posted at May Street commemorating Private Herman Siegel was officially dedicated on August 5. The Jewish War Veterans of the United States also advocates for issues effecting all American veterans.

The Post meets monthly and welcomes new members, those who have served in the regular military, Guard or Reserve, during peacetime or war. Non-veteran associate members are also welcome. For further information please contact Presiding Officer Rob Rubin, qbee5@optonline.net



BABYSITTERS WANTED

Temple Beth-El in Poughkeepsie is seeking a few local babysitters for Saturday Morning Shabbat Services starting September 1, 2018.

Sitters would care for children ages 1-5

Must be 18 years old, interview with the Temple-Beth-El Personnel Committee and pass a background check.

**9:30 am – 12:30 pm
\$12 per hour.**

If interested, please contact the office at (845) 454-0570.



A Sincere Invitation from
Congregation  Shir Chadash
Join for a Song!
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led by
RABBI DANIEL POLISH
 with Choral Music

ROSH HASHANAH
 Sun., Sept. 9th, 8 pm: Evening Service
 Mon., Sept. 10th, 10 am: Morning Service
 3 pm: Family Celebration Service *

YOM KIPPUR
 Tue., Sept. 18th, 8 pm: Kol Nidre Service with cello
 Wed., Sept. 19th, 10 am: Yom Kippur Morning Service;
 12:30 pm: Panel Discussion;
 2 pm: Family Service *
 3 pm: Memorial/Concluding Service *

** Free Admission to our afternoon services, including Rosh Hashanah & Yom Kippur Family Services and Yom Kippur Memorial / Concluding Service*

COMMUNITY BREAK FAST
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845-232-1029 • Shir-Chadash.org

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The Federation Board's Voice



Betsy Kopstein-Stuts

The High Holidays are usually a time for reflection, and this year is no different. You probably find these holidays a particularly special time for you and your family as well. I know that these holidays are always particularly important for me. I remember spending quiet time with my father, who normally worked seven days a week. Over the High Holidays, he and I would walk to Shul together, reminiscing about the year that was passing, while contemplating what may lie ahead in the coming year. For us it was a time for introspection, a time for reconciliation, a time for renewal and most especially it was a time for hope.

I find that I have many of the same feelings about Federation. This past year has brought us our dynamic new director, Karen Hochhauser. Working closely with the staff and the Federation board, Karen has introduced some exciting new programs, such as Schmooze and Booze for the younger crowd while helping to expand our PJ Library program for our real youngsters and our Lunch and Learn program for the more senior members of the community. Our very successful Gala and our outreach programs are aimed at the entire Jewish community. We are anticipating that our annual fundraising campaign and our scholarship fund will grow so that we can continue to offer these and many more meaningful programs while assisting some of those who are in need.

Of course, my greatest hope is that during these High Holidays you will take a few moments to consider supporting and becoming more involved in Federation.

All of us at the Jewish Federation of Dutchess County wish you and yours L'shanah tovah

5 minutes
12 short, easy questions
 That's all we ask... Help us help you!
Take our engagement survey
www.jewishdutchess.org

Reduce Your Tax Liability Using Qualified Charitable Distributions

If you are the owner of an individual retirement account ("IRA"), the Internal Revenue Code ("Code") requires that you withdraw a minimum amount from your IRA each year known as a required minimum distribution ("RMD"). These distributions must begin by April 30 of the year in which you turn 70 ½.

An IRA is a tax deferred investment. The earnings of a tax deferred investment grow tax-free until distributed. From a financial planning perspective, many people are subject to higher tax brackets while they are working and generating wealth. Generally speaking, once you stop working, your income might be lower, thereby placing you in a lower tax bracket. If you are in a lower tax bracket, your RMDs are subject to a lower tax and that is the advantage of a tax deferred investment.

However, it is not uncommon for your tax bracket to remain the same in your later years if you accumulated large IRA balances, are entitled to pensions or other forms of retirement income such as social security. If you fall into that category and you are charitably inclined, the Code affords you a special opportunity to accomplish your charitable goals while eliminating your tax liability that would ordinarily be due on your RMDs.

The Code allows you to direct your financial institution to transfer your RMD directly to a qualified charitable organization of your choice. This planning opportunity satisfied multiple goals and objectives. First, it satisfies the requirement of withdrawing the RMD. Second, it accomplished your charitable giving objectives. Third, it eliminates any tax liability that may be due by virtue of the RMD being includable in your taxable income.

The savings afforded by QCD becomes more attractive in light of recent tax law changes made under the Tax Cuts and Jobs Act of 2017 ("Act"). Under the Act, state and local tax deductions are now limited to \$10,000.00, charitable contributions are subject to a 7.5% floor and miscellaneous itemized are eliminated. This matters because these deductions are all taken on Schedule "A" referred to as itemized deductions. When calculating your tax liability, the Code allows you to deduct the greater of your standard deduction or itemized deductions. The loss of the above deductions coupled with the 7.5% limitation on charitable deductions is going to force many taxpayers to take the standard deduction rather than itemize. If you no longer itemize, you cannot take a benefit for charitable donations. If you utilize QCDs, you will still receive a tax benefit, actually a greater tax benefit, even if you no longer itemize.

If you are charitably inclined, now is a good time to meet with your accountant and financial advisor to determine the most efficient way to fulfill your objectives based on the new laws.

Salvatore M. Di Costanzo is a partner with the firm of Maker, Fragale & Di Costanzo, LLP located in Rye and Yorktown Heights, New York. An attorney and accountant whose main areas of practice are elder law and special needs planning, Di Costanzo can be reached at (914) 925-1010 smd@mfd-law.com or by visiting www.plantodayfortomorrow.com.

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Good to know.™
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Our Executive Director



The High Holidays are upon us and unlike the calendar New Year on December 31, Rosh Hashanah is very meaningful to me. Life typically is rushed and busy – focusing on the daily schedules, activities, and meetings. However, at Rosh Hashanah, there is an opportunity to stop... to reflect... to think about all that has happened in the year past –

the good, the bad, and the ugly – and what the upcoming year may offer.

In services, the prayer that always affects me and makes me pause states, "Who shall live and who shall die..." I remember when my mother was not well, but still with us, I would sit in services wondering what the upcoming year would bring – would we be lucky enough to have her with us for a little longer or not. Those of you who knew my mother knew how strong and tenacious she was and we were blessed to have her with us as long as we did.

I feel this year has been particularly challenging to our community, and "unfair" in many respects. As a "Federation family", we mourn each loss and look forward to celebrating each simcha. We have just created a **Mazal Tov Memories** section in The Voice– so please send us your exciting announcements to share – as well as joining us as we make memories at our upcoming events.

With the new year approaching, I encourage you to give your loved ones a little extra love and a lot of hugs. May you have a year of strength and serenity and of course "On Rosh Hashanah may we be written in the book of life and on Yom Kippur sealed."

Shana Tova.

With Kind Words,
 Karen Hochhauser



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L'Shana Tova Tikatevu 2018-5779



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8.8 oz.
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5/\$5
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Manischewitz Egg Noodles
12 oz. • Select Varieties or Bow Ties 7 oz.
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2⁹⁹ lb.
Empire Kasher Frozen Whole Turkey
Kosher • Empire Kasher Frozen Organic Turkey
\$3.49 lb.



12⁹⁹ lb.
Meal Mart 1st Cut Brisket
Kosher



1⁹⁹
with AdvantEdge Card
Wolff's Kasha
13 oz.
Select Varieties



1⁷⁹
with AdvantEdge Card
Lipton Kasher Recipe Secrets Soup & Dip Mix
1.9-4.09 oz.
Select Varieties Where Available



2⁹⁹ lb.
Empire Kasher Roasting Chicken
Kosher • Frozen
2 Lb. Chicken Breasts \$12.99



24 oz. 3⁹⁹
Challah Bread
Large
Raisin \$4.99



2⁹⁹
with AdvantEdge Card
PICS Honey Bear
12 oz.



2⁹⁹
with AdvantEdge Card
Osem Mini Mandel
14.1 oz. Canister



11⁹⁹
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Meal Mart Stuffed Cabbage
39 oz. or 33 oz. Meatballs and Marinara Sauce



3 Lb. Bag 2⁹⁹
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32 oz.
Select Varieties



3⁹⁹
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2/\$8
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8 oz. Tub
Salted or Unsalted



2/\$3
with AdvantEdge Card
Lipton or Manischewitz Matzo Ball & Soup Mix
4.3-5 oz.
Select Varieties



2/\$6
with AdvantEdge Card
Golden Cheese Blintzes 6 Pack
13 oz. • All Varieties or Gourmet Pancakes 10.6 oz.
Select Varieties



2⁹⁹
with AdvantEdge Card
Welch's Manischewitz or Kedem Grape Juice
64 oz. • Select Varieties



6⁹⁹ -1⁰⁰ = 5⁹⁹
AdvantEdge Retail Coupon Savings
with AdvantEdge Card & Coupon Below
Manischewitz Gefilte Fish
20 oz. • Frozen Loaf or Pre-Sliced



2/\$6 -1⁰⁰ = 2/\$5
AdvantEdge Retail Coupon Savings
with AdvantEdge Card & Coupon Below
Kedem Sparkling Juice
25.4 oz. • Select Varieties



1⁹⁹
with AdvantEdge Card
Gold's Borscht Soup
24 oz. • Original or Low Calorie



2/\$1
with AdvantEdge Card
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Expires 9/22/2018

BUY 1 Osem Mini Mandel
14.1 oz.
GET 1 Osem Bamba Snack
1 oz.
FREE

Limit 1 Price Chopper coupon per customer, per offer, per day; may be combined with one manufacturer coupon per product purchased, unless prohibited. Void if copied or altered. Offer effective Sunday, August 12 thru Saturday, September 22, 2018 in our Price Chopper, Market Bistro and Market 32 stores.

CLU #1019



PRICE CHOPPER MARKET COUPON
Expires 9/22/2018

BUY 1 Osem Consomme
14.1 oz. • Soup & Seasoning Mix
GET 1 Osem Pearl Couscous
8.8 oz.
FREE

Limit 1 Price Chopper coupon per customer, per offer, per day; may be combined with one manufacturer coupon per product purchased, unless prohibited. Void if copied or altered. Offer effective Sunday, August 12 thru Saturday, September 22, 2018 in our Price Chopper, Market Bistro and Market 32 stores.

CLU #1020



Offers effective Sunday, August 12 thru Saturday, September 22, 2018 in all Price Chopper, Market Bistro and Market 32 stores located in CT, MA, NH, NY, PA & VT. Not all items are available in all stores.



New Paths Morning Worship

Join us at New Paths Sabbath morning service in the informal, intimate setting of Vassar Temple's East Chapel. The moving liturgy of the *New Paths* prayer book includes both traditional and contemporary writings, mostly in English. Participants may also bring supplemental materials to share.

Each New Paths service, whether lay-led or rabbi-led, provides a unique and thoughtful Shabbat morning experience. A brief mini Kiddush follows.

DETAILS

Saturday, September 15, 10:00am. For info, contact: Marian Schwartz: mschwa9882@aol.com or call the Temple office (845) 454-2570.

Hadassah Card, Game & Dessert Party

DETAILS:

October, 4, 1:00-4:00pm, \$18 must be received by Sept. 25. For more info or to sign up contact Barbara Cohen (845) 454-1259

Save the Date: October 26-27 Special Congregation Schomre Israel Shabbaton

Guest speaker Dr. David Luchins is an astute, insightful and witty political analyst. Sessions are open to the public. Reservations are required. Please call the synagogue office 845-454-2890.

Sukkot Family Service

Congregation Shir Chadash will hold a special Sukkot Family Service. The holiday will be explained and the meaning and opportunity to shake etrog and lulav will be experienced. Join in for a fun and festive evening. Service led by Rabbi Daniel F. Polish & Cantor Gail Hirschenfang.

Please note: the family friendly earlier time! Followed by community Oneg. All are welcome.

DETAILS

Friday, September 28, 6:30pm. For more information, please call (845) 232-1029 or email: info@shir-chadash.org.

Simchat Torah Family Service

Congregation Shir Chadash will hold a family Simchat Torah service. One of the most special and awe inspiring services, when we get to see the entire Torah unwound throughout the sanctuary. In order to make this happen, everyone participating works together by holding up a section of the Torah, old and young alike. You will learn the reasons why certain sections look the way they do and a highlight of the evening is always when Rabbi Polish reads and translates the section you may be holding! Come and participate in the cycle of finishing & re-starting the reading of the Torah. Service led by Rabbi Daniel F. Polish & Cantor Gail Hirschenfang.

Please note: the family friendly earlier time! Community Oneg to follow. All are welcome.

DETAILS

Friday, October 5, 6:30pm. For more info, please call (845) 232-1029 or email: info@shir-chadash.org.



Rabbi Polish of Congregation Shir Chadash pointing out an especially interesting section of the Torah

Save the Date: Dutchess County Interfaith Music Festival.

November 4, 3:00pm, at Freedom Plains United Presbyterian Church on Rt. 55 in Lagrangeville will host this event.

JEWISH WAR VETERANS POST 625

Private Herman Siegel Post 625 of the Jewish War Veterans of the United States holds regular monthly meetings.

All persons of the Jewish faith who have served in the armed forces and others of the Jewish faith are cordially invited to attend and participate. At 9:00am an informal coffee and cake "schmooze."

Congregation Schomre Israel is strictly kosher, so no outside food may be brought in. We look forward to seeing you there.

DETAILS

Sunday: September 16 at 9:30am. 18 Park Ave. Questions? Contact Rob Rubin, Presiding Officer qbee5@optonline.net

Bring the Family to Sunset Lake

B.Y.O breadcrumbs and join members of Vassar Temple in symbolically casting your sins upon the waters at a brief family friendly taschlich ceremony.

There will be shelter in case of inclement weather and refreshments will be served.

DETAILS

Monday, September 10, 4:00pm at Sunset Lake of the grounds of Vassar College. For more info contact the office at Vassar Temple (845) 454-2570



Shabbat Happy Hour on the Patio

Please join us for Happy Hour on Vassar Temple's patio hosted by Daniel Scherrer and Jo Schaffel.

We'll enjoy food, wine and good company before the 7:30pm service. Non-alcoholic beverages will also be available. Bring the family! And guests are invited and always welcome. Happy hours are generously sponsored by Sisterhood; we suggest a \$10 per person donation to help defray expenses. In case of rain, this event will be held in the Social Hall.

DETAILS

Friday, September 28, 6:00pm for more info contact the Temple office at (845) 454-2570. See you on the patio!



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Shofar Over the Hudson

All members of the community are invited to attend Temple Beth-El's annual *Shofar Over the Hudson* event.

Most Jews typically experience the sounding of the Shofar within the four walls of a synagogue. Combining the sound of the Shofar with the beauty of the Hudson Valley provides for a unique spiritual experience.

The event will include music and dancing. Everyone is encouraged to bring a kosher dairy lunch to enjoy following the conclusion of the program. Temple Beth-El will provide honey cake muffins, made by Blanche Bergman. Bring lawn chairs or folding chairs.

Additionally, the annual the bicycle ride to *Shofar Over the Hudson* will depart from the Dutchess Rail Trail entrance behind Gold's Gym, on Titusville Road at 9:45am.

Please join us - and bring your friends - for what has become a meaningful annual event.

DETAILS

Sunday, September 16, 11:00am outside the Children's Museum at the North end of Waryas Park. For more info contact the Temple Beth-El office (845) 454-0570 or Steven Koch (845) 489-6500 (saksteve@optonline.net).



A Special Selichot Program & Service: When Old Wounds Surface

Congregation Shir Chadash in conjunction with Temple Beth-El will be screening the internet hit *Cobra Kai - The Karate Kid Saga Continues* in preparation for the High Holidays, experience one of pop-culture's best portrayals of, "the playing out of old wounds."

Discussion with clergy from Shir Chadash and Temple Beth-El follows. Featuring Havdalah, Musical Selichot Service with clergy, and light refreshments.

This Selichot program and service is a collaboration between Temple Beth-El and Congregation Shir Chadash. Rabbi Daniel Victor, Rabbi Miriam Hyman, Rabbi Daniel Polish and Cantor Gail Hirschenfang will all be participating in this annual event.

DETAILS

Saturday, September 1, 8:00pm at Shir Chadash, 1168 NY 55 in Lagrangeville. For more information, please email: info@tbeny.org or info@shir-chadash.org.

Schomre Israel Sisterhood Fundraiser

Flower Centerpieces for the Holidays ordered from Hudson Valley Gardens and Florist for Rosh HaShanna for all members and non-members in the community can purchase a beautiful arrangement.

DETAILS

Prepaid orders should be made by September 3, \$25 per centerpiece. Contact the synagogue (845) 454-2890 or email Schomre1@aol.com with your information: Name, email, Phone Number and # of centerpieces. Please make checks payable to Schomre Israel Sisterhood and send them to the shul 18 Park Ave, Poughkeepsie, NY 12603. Pick up at the shul on September 9:30-10:00am.

Happy Rosh Hashanah

Beth & Les Richardson

Happy Rosh Hashanah

Bradley Sohn

Have a Sweet New Year!

Rabbi Jonathan Kliger & Woodstock Jewish Congregation

"THE HIT AFTER THE HOLIDAYS"

1st Annual Jewish Federation of Dutchess County (JFedDC) Wiffle Ball Tournament 2018

Date: Sunday, **October 7, 2018** (Columbus Day Weekend)
Start Time: **12:00 pm**
Place: **Schomre Israel Side Lawn**, 18 Park Ave

Bringing together the community and culturally uniting everyone for a fun filled day of food, friends, & wiffleball.
Everyone is welcome: Children and Adults of every age!
There will be something for everyone!

Concession stand will include kosher hamburgers/hot dogs, snacks & drinks

For info & registration contact: Mark Klein
Office #845-896-4803
Cell #914-204-1190

Local

Sunday

Bagels, Lox, Torah (Tefillin too!) 9:00am led by Rabbi Yacov Borenstein. Morning minyan will follow Torah discussion on the coming week's Torah portion, upcoming holiday or topic of Jewish interest.

Temple Beth-El serves at Lunchbox Volunteers always needed to keep this program running. Please call (845) 454-0570 if you can help.

Monday

Congregation Schomre Israel Chair Yoga with Toni Farkas, 11:30am. \$5 per session, all welcome. and Rabbi Miriam Hyman. All are welcome. For more info contact (845) 454-0570 or info@tbeny.org.

Wednesday

Learn & Lunch Bunch every Wednesday, 11:00am-1:30pm. 118 So. Grand Ave, Poughkeepsie. Please RSVP each week by Monday so we can prepare appropriate amount of food. For information, menu and program schedule, see page 2 of *The Voice* or contact (845) 471-9811.

Friday

Congregation Shir Chadash Kabbalat Shabbat Service resumes September 7, 14, 21, 28, 7:30pm, evening service with Rabbi Daniel Polish and Cantor Gail Hirschenfang. Followed by community Oneg. All welcome.

Congregation Shir Chadash Special Family Sukkot Service September 28, 6:30pm. Family oriented special Sukkot Service led by Rabbi Daniel F. Polish and Cantor Gail Hirschenfang.

Congregation Shir Chadash Family Simchat Torah Service October 5, 6:30pm, One of the most special and awe inspiring services, when we get to see the entire Torah unwound throughout the sanctuary.

Vassar Temple Shabbat September 7, 21, 7:30pm. Sept. 7: Shabbat evening service and Arnold Award Presentation to Perla Kaufman.

Vassar Temple Shabbat Shuvah September 14, 7:30pm

Vassar Temple Shabbat and Happy Hour September 28, 6:00pm Happy Hour, 7:30pm Shabbat evening service.

Temple Beth-El Evening Service each week, 8:00pm, Conservative, egalitarian Shabbat Service. All welcome.

Saturday

Congregation Shir Chadash Sharing Shabbat and Religious School Programs September 8, 22, 9:00-10:30am. Come early at 8:45am and have breakfast on us! It is not too early to register for religious school for the Fall. New parents are encouraged to have their children try a class for a month with no obligation. Children learn about Jewish culture, holidays and history while having fun and making friends. All are welcome.

Congregation Shir Chadash Tot Program September 8, 22, 9:00-10:30am. Children ages 3-5, accompanied by an adult, learn through doing crafts, food and games. The class is open to all families and free of charge

Congregation Shir Chadash Morning Torah Service September 8, 22, 10:45-11:30am. Led by Rabbi Daniel F. Polish & Cantor Gail Hirschenfang. Bagels, coffee, etc. prior to service. All welcome!

Vassar Temple New Paths Shabbat Morning Worship September 15, 10:00am.

Temple Beth-Shabbat Morning Service every week, 9:30am, Lively, inclusive, Conservative, egalitarian Shabbat.



Out of Area

Congregation Emanuel of the Hudson Valley Events

23 Albany Ave, Kingston NY 12401 (845) 338-4271 www.templemanuelkingston.org.

All Services held in our Chapel are available to live stream. Visit our website: www.cehv.org and click on the live stream link on the homepage. You can also view archived services and classes.

Kabbalat Shabbat evening service First Friday evening, 6:00pm, with a symbolic Oneg following. All other Friday's 7:30pm with an Oneg following.

Musical Kabbalat Shabbat is the second Friday of the month.

Shabbat Service with Zemer Choir Participation is the fourth Friday of the month.

Tot Shabbat A select Saturday each month September—June, 9:00am, A wonderful way to introduce your tot to Shabbat through interactive music with Rabbi Romer and her guitar.

Religious School Saturday, 9:30am—12:30pm, September—May. Contact our Religious School Director Samara Genee for more info (845) 338-4271 x 110

Saturday Morning Service September through June, 10:00am, Join us for uplifting morning communal prayer, meditation and Torah study.

Ongoing Adult Education with the Rabbi Call (845) 338-4271(x101) for class dates/time: Hebrew Trope, Torah Study, Introduction to Judaism, Beginner and Intermediate Conversational Modern Hebrew, Meditation and Parashat Shuvah, Kabbalah and Private Conversion Tutorials.

Rhinebeck Meditation & Torah Study Tuesday's September through June, 8:45am; 9:15am weekly Torah study, Led by Rabbi Yael Romer.

Confirmation Class with Rabbi Romer Meeting first Wednesday, Shabbat Dinner the second Friday, Community service TBD monthly on third Saturday afternoon or Sunday morning. Religious School registration required.

Lunch with Rabbi Romer and Guests 1st Tuesday of the month beginning November 6 12:00pm, hot lunch with discussion following.

Tot Shabbat Celebrated monthly of select Saturdays at 10:00am. Connect your child to Judaism & your Temple community. Beginninf Satuday October 20.

Calendar

September

REGULAR SCHEDULE OF SERVICES

Beacon Hebrew Alliance (Conservative)

331 Veplanck Avenue, Beacon (845) 831-2012
Rabbi Brent Spodek; Cantor Ellen Gersh; Education Director, Ashley Baker

Website: www.beaconhebrewalliance.org

Email: 411@beaconhebrewalliance.org

Services: Fridays, 7:30pm and alternating Saturdays at 9:30am. Visit website for information about services, religious school, and community events

Chabad of Mid-Hudson Valley

63 Vassar Road, Poughkeepsie (845) 463-5801

Rabbi Yacov Borenstein

Website: www.chabadmidhudsonvalley.com

Email: ChabadMidhudsonVly@prodigy.net

Services: Fridays, call for time and Saturdays at 10:00am

Congregation Beth David (Reform)

East Main Street, Amenia (845) 373-8264

Rabbi Jon Haddon

Website: www.CongBethDavid.org

Email: JonRab33@gmail.com

Services: usually Saturdays, 10:00am twice monthly except January and February; call for schedules

Congregation Schomre Israel (Orthodox)

18 Park Avenue, Poughkeepsie (845) 454-2890

Rabbi Eliezer Langer

Website: www.schomreisrael.org

Email: Schomre1@aol.com

Services: Monday-Thursday, 7:00am, Sunday, 8:00am, Saturday, 9:00am Sunday-Thursday 7:00pm

Shabbat Services vary depending on sundown

Congregation Shir Chadash (Reform)

Interim: Freedom Plains Presbyterian Church, Lagrange

(845) 232-1029

Rabbi Daniel Polish, Cantor Gail Hirschenfang

Website: www.shir-chadash.org

Email: info@shir-chadash.org

Services: Friday, 7:30pm; bimonthly Saturday children's religious school, 9:00am, Torah study, 9:15

Pardess Center for Jewish Life

(845) 440-7592

Rabbi Zalman Sandhaus

Website: www.MyPardess.org

Email: info@MyPardess.org

The Rhinebeck Jewish Center

102 Montgomery Street, Rhinebeck (845) 876-7666

Rabbi Hanoth Hecht and Rebbitzin Tzivie Hecht

Website: www.RhinebeckJewishCenter.com

Email: RSVP@RhinebeckJewishCenter.com

Friday services call for time; Saturday services, 9:30am

Temple Beth El (Conservative)

118 So Grand Avenue, Poughkeepsie (845) 454-0570

Rabbi Daniel Victor, Rosh Tefilah Rabbi Miriam Hyman

Email: info@tbeny.org

Website: www.tbeny.org

Services: Friday, 8:00pm, Saturday Shabbat service at 9:30am, weekdays, 7:30am daily

Vassar College Bayit

51 Collegeview Avenue, Poughkeepsie (845) 451-3920

Liz Aeschlimann, Rose and Irving Rachlin Director of Jewish Student Life at Vassar College

Email: eaeschlimann@vassar.edu

Services: Friday, 6:00pm service, 7:00pm dinner when school is in session

Vassar Temple (Reform)

140 Hooker Avenue, Poughkeepsie (845) 454-2570

Rabbi Renni Altman Website: www.vassartemple.org

Email: Office@VassarTemple.org or rabi@vassartemple.org

Services: Friday, 7:30pm unless otherwise noted, Torah study Saturday, 9:00am. New Paths 1st and 3rd Saturday every month, 10:00am unless otherwise noted

September Candle Lighting

September 7 7:01pm

September 9 6:57pm

September 14..... 6:49pm

September 18 6:42pm

September 21 6:36pm

September 23 6:33pm

September 28 6:24pm

September 30 6:21pm

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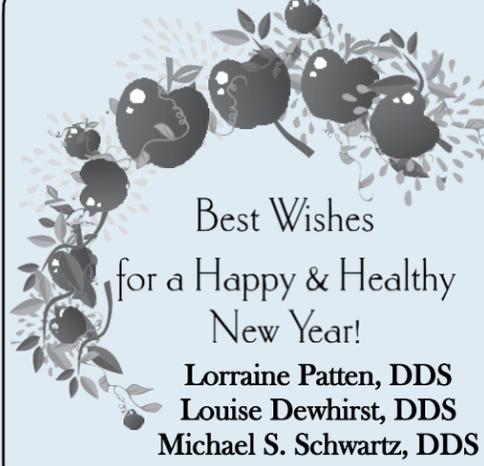
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Louise Dewhirst, DDS
Michael S. Schwartz, DDS**



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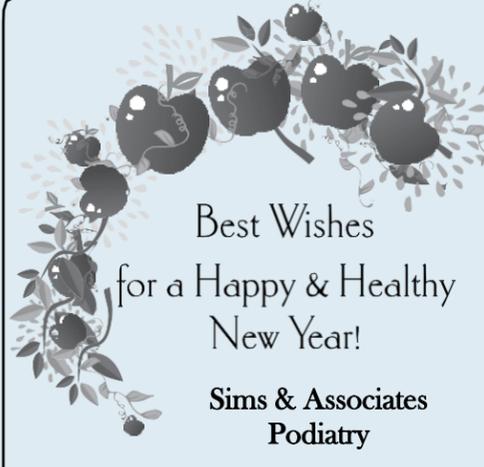
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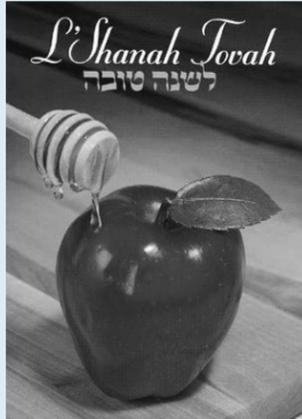
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**Marcy & George
Marlow**