

Here Comes the Sun

Thursday, June 9
Cocktail Hour at
5:30pm

5TH ANNUAL
JEWISH FEDERATION CELEBRATION

Our 2022 Honorees



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Community Building



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Next Generation
Award

SPECIAL SPEAKER: Rabbi David Wilfond

Rabbi Wilfond served for 2 years as the first Reform Rabbi in Kyiv, Ukraine. He recently returned to Europe to deliver medical supplies provided by National Federation and will share his experiences.

To Purchase Tickets:

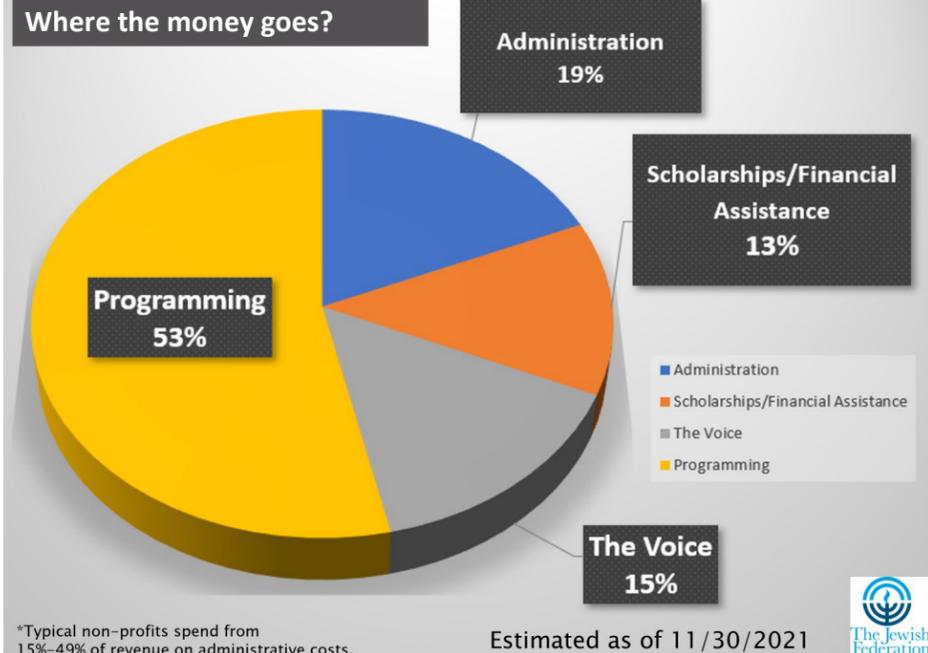
Call: (845) 471-9811 or visit jewishdutchess.org/events



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We welcome your comments on the activities and impact of the JFedDC. Do you have ideas about how to enrich our Jewish community? Do you want to get involved? Contact us at (845) 471-9811 or email us at director@JewishDutchess.org to share.

JFedDC

- Creating community
- Interfaith/NextGen Programming
- Building and expanding collaborations
- Subsidizing tuition for young Hebrew learners
- Community Trip to Israel October 2022
- 5 year Strategic Plan



PJ Library

- Connecting young Jewish families to Jewish life locally
- Bringing children's books into Jewish homes
- Engaging multi-generational Jewish families with each other

Jewish Family Services

- Providing medical equipment for those in need
- Assisting during a personal or family crisis
- Creating a senior social circle and network
- Rallying community around service with *Mitzvah Now* initiatives



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JEWISH POETRY THROUGH THE AGES

Sunday, May 22, 2:30 PM, ADR

Poet and Rabbi Pamela Wax will guide participants in an interactive conversation about Jewish poetry from the Bible until now, with an emphasis on contemporary poems.



The Jewish Federation of Dutchess County

A packet of poems will be shared and discussed. Rabbi Pamela Wax is the author of two books of poetry. Her essays on Judaism, spirituality, and women's issues, as well as her poems, have been published broadly.

Registration required.

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Want to learn more about our amazing community Israel Trip?

Join us for a Q & A Info Session May 24, 7:00pm

Register for this virtual event at:
www.jewishdutchess.org/events

Learn more about the trip & sites:

- Tel Aviv
- Crusader tunnels in Acco
- Carmel Market
- Water Buffalo in Hula Valley



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LEARN & LUNCH BUNCH

Location
 Congregation Schomre Israel
 18 Park Ave
 Poughkeepsie NY

SCHEDULE

11:00 –11:30am
 Schmooze
 11:30 –12:30pm
 Program

The Jewish Federation of Dutchess County presents weekly cultural, social, and educational programs.

WEDNESDAY PROGRAMS Join us!

MEETING LOCATION

We will be meeting at 11:30 am at
 Congregation Schomre Israel, 18 Park Ave, Poughkeepsie
 We will have coffee and dessert.
 Please do not bring outside food into the temple.

Learn & Lunch Bunch is partially funded by the Ann & Abe Effron Fund and Bernard and Shirley Handel Foundation Donor Advised Fund of the Community Foundations of the Hudson Valley



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Jewish Federation of Dutchess County

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The Voice

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May

- May 11 **The Formation of AARP and Its Origins in Dutchess County** —with Bernard Handel
 Come hear how Bernard got AARP started in Dutchess County! Bernard Handel is our Sponsor for May.
- May 25 **An Actor's Story**—with Frank Marquette
 Frank, owner and performer of theatre on the road, will talk about his long career and work in the theatre business.

TO REGISTER, call the office at (845) 471-9811 or online at: www.JewishDutchess.org/events



Samantha Cerbone recently spoke at The Jewish Federation for its monthly Lunch & Learn to educate the attendees regarding all things to know about Sub-Acute Rehab. She had many takeaways from this community interaction with the main one being that there is a distinct difference between Nursing and Skilled services. If you or a loved one has a medical setback that requires hospitalization, the doctor may recommend short-term or sub-acute rehabilitation. The following is information you need to know before you are in an emotionally charged situation.

- Choose a facility that has an excellent rehabilitation department.
- Make sure the patient's insurance is in-network with your facility of choice
- Look into a secondary insurance NOW! Medicare with AARP is the best way to go!
- Make sure the facility you choose has a therapy program that pertains to the medical condition.
- Call to speak to the Director of Admissions and/or tour the facility if possible.

There is a very specific process when it comes to Sub-Acute Rehab. Here at The Pines at Poughkeepsie our motto is "Come Here, Get Well, Go Home!" The whole purpose of Sub-Acute Rehab is to AVOID REHOSPITALIZATION! There are people that just want to go home which is completely understandable, but without rebuilding strength in one or more of the following therapies: cardiac, orthopedic, pulmonology, neurology, etc. one risks re-hospitalization and then having to start all over!

This is what you can expect at The Pines at Poughkeepsie. Once your choice is made at the hospital, staff will set up transportation to our center. Upon admission, you will be brought upstairs to your assigned room (private or semi-private). You will receive a nursing assessment of vitals followed by additional assessments within the next 24 hours such as therapy, dietary, and recreational services. You will also receive concierge service! We want to make sure that your time with us is as pleasant as possible and all of your needs are being met. The therapy sessions will start right away, and you will continue on program until you meet your goals or no longer have a skilled need. Your social worker will arrange for a care conference with your care team and family members to discuss your discharge and transition home. It is important that there is a safe discharge and that all arrangements are again made in advance in order to avoid re-hospitalization! Any medical devices or home services needed will be arranged ahead of time. All of this ensures a safe discharge. Other services we offer at The Pines at Poughkeepsie include long-term care, Respite, Hospice, and Dementia care. We hope that you do not need us, but if you do, we are always here to help you with any and all of your needs. While we cannot speak for all facilities, this is what you can expect at The Pines at Poughkeepsie.

For more information visit: www.pinesatpoughkeepsie.com
 Submitted by Samantha Cerbone of the Pines

RECORD CENTENARIAN NUMBERS IN DUTCHESS Submitted by Office of the Aging

By our count, we have a record number of Dutchess County older adults celebrating birthdays of 100 years or more this year, as well as a record number of married couples celebrating wedding anniversaries of 70 years or more. As of early April, twenty centenarians and ten - 70-year couples are being honored in OFA's summer newsletter.

If you know of a Dutchess County resident who is reaching either one (or both!) of these milestones at any time in 2022, please get in touch with OFA Outreach Coordinator Brian Jones at (845) 486-2544 or bjones@dutchessny.gov. Publication deadline is Tuesday, May 10.

The oldest living Dutchess County resident in our most recent records is 108, but we have had at least three reach the supercentenarian milestone of 110 years. It is an unprecedented indication that Dutchess County's older adults are living not only longer but are also able to maintain their independence for longer, often well into a second century of life.

What is their secret? It is hard to say. We have asked over 100 centenarians this question over the years, and their explanations run the gamut from twenty minutes a day on an exercise bike, to having a strong faith, to enjoying nine golden raisins soaked in gin at bedtime. We looked into whether there was any science behind that last theory and did find that some studies have indicated possible links to the anti-inflammatory properties of the juniper berries typically used to make gin as well as the sulfur compounds used to preserve golden raisins. We do not know of any studies specifically examining gin-soaked raisins.

The explanation that appeals most to us came from Mary Summa, a remarkable Dover resident who lived to 106 and passed away earlier this year. A few years ago, Mary told us "I don't know why I'm still here, but I'm going to stick around until I find out!"



Passover at Learn & Lunch Bunch with Rabbi Fessler

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Rosh Hashanah is coming
sooner than you think.
Holiday Greetings will be
due August 1.

SAVE THE DATES:

Panel Discussion re: Anti-Semitism (before Parade Musical) — Check website for dates
Federation Celebration — June 9

Movie: *Shared Legacy-The African American-Jewish Civil Right Alliance &
Panel Discussion* — June TBD

Biblical Archeology — *Footsteps of God* with Aaron Lipkin — June 23

Zimet Art Auction — June 26

Check email for more details on these events



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The Harding Club

The Harding Club hopes everyone in our community celebrated a joyous and peaceful Passover. With that hope also comes the desire for a more peaceful world, one where the good deeds our club performs locally continue to be duplicated worldwide.

The Harding Club is 99 years young. Since 1923, it has been a part of Jewish life in Poughkeepsie, and it remains as strong as ever. The club not only is a social outlet for its members, but the club also gets involved in many philanthropic projects in our community, both Jewish and non-Jewish.

For more than two years the Harding Club has been holding meetings through the magic of Zoom. Very varied and interesting speakers have informed and entertained our members. Now, as things hopefully edge toward normality, the club is working on terms and conditions under which we can again meet in person at a local restaurant for dinner, socialization, and a speaker. Additionally, plans are being finalized for our annual Kosher Deli Night in June as well as for our 100th anniversary celebration next year.

If you are interested in membership, we welcome you to come to a meeting – live or on Zoom – to try us out. We actually are quite friendly. Contact information is below, and we hope to hear from prospective members.

The Harding Club:

“Since 1923, a social club for men interested in camaraderie, community, philanthropy, good food, and Jewish culture.”

Website: <http://Harding.jigsy.com/>

Email: hardingclub1923@gmail.com

Alan Fox, Harding Club Immediate Past President

Mike Elkin, Harding Club President



The Harding Club crew delivering food to the needy families at Morse School in the City of Poughkeepsie, during a snow squall.

(L to R) Victor Stern, Jerry Quint, Russell Rothman, Stan Cooper, and Mike Elkin



Do You Know any seniors who are living on their own? We would like to include them as part of our **Mitzvah Now Care Package** initiative.

To be included and/or help connect us with our senior community, email us at info@jewishdutchess.org

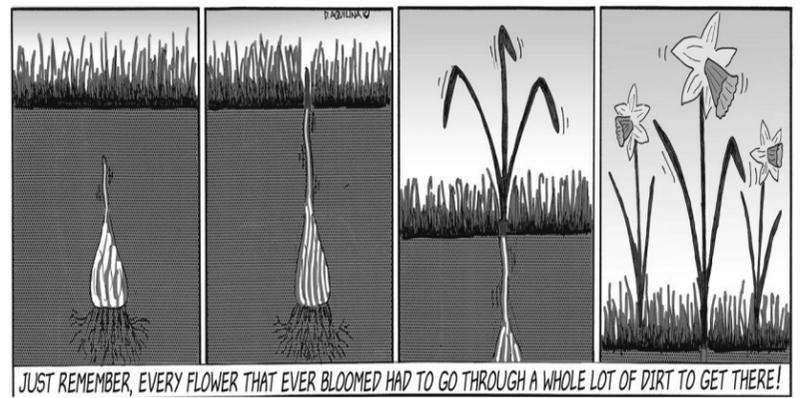
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VOICE DEADLINES

	ISSUE	DEADLINE
Note deadlines listed. Email: TheVoice@JewishDutchess.org if you have questions.	June/July	May 1
	August	July 1
	September	August 1



NexGen Spotlight

The Wandering Jew Finds A Home By Alyssa Kogon



Stephanie Pheko

At the ripe old age of 39, newly minted Dutchess County resident Stephanie Pheko has found a place where she truly wants to stay put. After living in a dozen places, the mother of adorable three year old Juliet is enjoying the bucolic environment of her home in Beekman. Born in Havertown, Pennsylvania, Stephanie grew up much like any suburban Jewish kid. She walked to her local Conservative synagogue with her family and celebrated her Bat Mitzvah.

After working her way through prestigious Temple University as a marketing major, Stephanie had a change of heart and decided she would like to go into the education field. She worked as a teacher in Pennsylvania for many years before going into her current position. As an Innovative Transformation Specialist, she is responsible for verifying that work is consistently and effectively performed. She creates professional development programming according to established core procedures, processes, and methodologies for educators. Currently, she is employed by Education LLC, and might find herself one day in Arkansas and the next in upstate New York at different school districts that utilize her unique skill set.

Stephanie is married to her husband Sylvester, who she met online in 2014. The two shared an instant chemistry and spent hours every day chatting from long distance. Finally, Stephanie came to New York to meet her future spouse and they knew it was meant to be. She moved to New York and received a Doctorate in Learning and Teaching at Hofstra University. Sylvester had worked for Homeland Security as a federal agent but is currently studying for his LSAT and plans to become an attorney.

Sylvester grew up in Guyana and attended Catholic schools including University. He also grew up in the Hindu faith. The couple plan on incorporating all three practices in the life of their daughter and are currently looking to join a local synagogue that is inclusive. Juliet enjoys receiving her PJ Library monthly book selections, as well. The family enjoys celebrating everything together. As for the future, Stephanie plans on keeping Dutchess as her home and is looking forward to incorporating coaching into her resume.



Dear Celebrating,

I suppose your mother is just a mother? I doubt that very much! Not to honor your mother is like not to honor G-d, himself, (heaven forbid). It's a biggie! Why shouldn't it be? You think you got to where you are by yourself? I doubt that too! After everything she's done for you, the least you could do is send a card, or call! She's waiting for you. I promise! And what could be more Jewish than appreciating your Jewish mama!!!

Shoshana

Rabbi's Blog *by Rabbi Joshua Boettiger*

The 2nd- century sage Rabbi Shimon bar Yochai is a figure who plays a prominent role in this sweet season bridging Passover and Shavuot. Among other reasons, we mark Rabbi Shimon's yahrzeit on Lag b'Omer – the 33rd (and most joyous) day of the counting of the Omer – which begins this year on Wednesday evening, May 18th.



Rabbi Joshua Boettiger

There is a famous story relayed in the Talmud (Shabbat 33b), that describes Rabbi Shimon speaking critically of the Roman government, and being reported to the authorities who sentence him to death. Rabbi Shimon and his son, Rabbi Elazar, go and hide in a cave where they study Torah day and night for twelve years, without cessation. They are sustained by a magical carob tree and spring of water.

The Roman emperor finally dies and the death sentence is lifted. After twelve years of studying Torah in this intense and wholly immersive fashion, the father and son emerge and behold people going about their everyday business and engaging in ordinary tasks. Shocked that the general populace seemed to be forgoing the eternality available to them through studying Torah, Rabbi Shimon and Rabbi Elazar burn with righteous indignation. In an appropriately poetic manifestation of this, everywhere that Rabbi Shimon's judgmental gaze alights immediately burns up.

During those twelve years in the cave, one might say that Rabbi Shimon had become enlightened in the absolute realm, but not in the relative one – and of course the relative one, the one of imperfect and challenging relationships, is the one in which we live. It is the realm that counts. A divine voice cries out: "Did you emerge from the cave in order to destroy my world?" – and bids Rabbi Shimon and his son return to the cave for another twelve months. When they emerge again a year later, Rabbi Elazar's gaze was still fiery, but Rabbi Shimon had been changed. Wherever his son's gaze burns, Rabbi Shimon's immediately heals.

There is so much to unpack in this story but this year I am thinking of it in relation to the words of the 14th century Persian poet Hafiz, in a poem abridged here:

Once a man came to me and spoke for hours about the great visions of God, he felt he was having. He asked me for confirmation, saying 'Are these wondrous dreams true?' I replied, 'How many goats do you have?' He looked surprised and said, 'I am speaking of sublime visions and you ask about goats?' And I spoke again, saying, 'Yes brother — how many do you have?' 'Well, Hafiz, I have sixty two.''How many rose bushes in your garden? How many children? Are your parents still alive? Do you feed the birds in winter?' And to all he answered. Then I said, 'You asked me if I thought your visions were true. I would say that they were if they made you become more human, more kind to every creature and plant that you know.'

What kind of fruit is our Torah study – or more broadly, our Jewish practice – bearing? In the highest sense, we study *lishma* –for its own sake, independent of any goal. And yet life calls us to measure from time to time. In the words of the Mussar masters, paraphrasing Hafiz, does my Torah study make me more awake to the needs of all who cross my path? If not, how can I better make sure it does? Through this particular story, and through other stories in these seven weeks, the time of the Omer has us lean into this challenge.

Later in the same Talmudic section, in a part of the story less oft-quoted, a chastened and softened Rabbi Shimon says, "Since a miracle transpired for me, I will go and repair something.... Is there something that needs repair?" This strikes me as a great question to lead us through these days of the Omer, moment by moment. "Is there something that needs repair" is a great mantra for studying Torah or indeed, for whatever we find ourselves doing.

Joshua Boettiger is the Jewish Chaplain and Visiting Assistant Professor of the Humanities at Bard College. He is also the Associate Rosh Yeshiva at the Center for Contemporary Mussar.

Meet Your Neighbor *By Karen Hochhauser*

Each month, we ask a Member of the Tribe (MOT) the following questions. This month, Gwen Greene, took time from mentoring a student from the University of Rochester, where Gwen serves on the Board of Trustees.



Gwen Greene

- 1. What is your favorite word?**
Love, no matter what language it's in, tho I prefer the Romance languages which I understand.
- 2. What is your least favorite word?**
There are many of them but my mother taught me never to say them so just use your imagination, and then add a few of your own.
- 3. What inspires you creatively, spiritually, or emotionally?**
On the latter two I have to say I just can't bear to see people suffer and having grown up lower middle class when my dad died far too young, I was taught by my mom that there were always people who were needier than we were.
- 4. What is your favorite song?**
There have been so many, starting with the Dreidel song, evolving when Pete Seeger came to my Federation camp run by the Mount Vernon YM/ YWHA (Camp Willoway) and it was "We Shall Overcome", then Elvis and "Love Me Tender" and the Beatles and "All You Need is Love".
- 5. What profession other than your own would you like to attempt?**
Acting, and I'm actually now doing improv comedy and auditioning for our local theater company - fortunately, I have a high tolerance for rejection
- 6. What profession other than your own would you not like to attempt?**
Where to begin - at this stage of life I would have to list anything physical from deep sea diving to gymnastics from basketball to roof repair, and from sky diving to ski instructor. I have a fear of heights coupled with a disinterest in doing anything athletic, so it eliminates so many careers, mercifully
- 7. What do you most like and dislike about yourself?**
Like: *I am always happy, always optimistic, and despite all evidence to the contrary I truly believe in the goodness of people (with credit to Anne Frank whose quote I've somewhat tangled up a bit)*
Dislike: *Getting older - I can't lie - I am a true believer in separating out what I can and can't control and darn it I hate that I can't slow down the aging process*
- 8. What is your favorite Jewish food/dessert?**
Food- *Everything bagel with smoked salmon and cream cheese and sliced onion - and I remember when it was just "bagel and lox" - when did we all get so pretentious?*
Dessert - *My Grandma Becky's rugelach.*
- 9. What is one interesting thing that people don't know about you?**
That I rescued the last remaining Jews from Chechnya and brought them to Israel.
- 10. If you could choose a superpower, what would it be?**
I want to say world peace, like Miss America always said, but selfishly it's probably more truthful to say that I'd love to be able to be "beamed" anywhere in the world at a moment's notice and in record time, and have a duplicate wardrobe waiting for me (and unpacked and hung up)
- 11. What is your greatest achievement/something you are most proud of?**
The many people whose lives I've made better.
- 12. Do you have a "bucket list" and, if so, what is on it?**
Having travelled to Paris often over the years, and having majored in French, I'd love to live in Paris for a period of time (and figure out once and for all just how the women manage to tie their scarves so perfectly!)
- 13. What is your earliest Jewish memory?**
My whole family was involved with the Jewish War Veterans in Westchester County - my mother, father and grandmother were at one time each County Chair, and I remember how we made little paper flowers and marched in a parade.
- 14. What is your most favorite Jewish Memory?**
I spent the summer in Kibbutz between junior and senior year in college sponsored by Jewish Agency. I remember waking up the first morning to hear children speaking in Hebrew and wondering how they knew how to speak "a foreign language" at such a young age
- 15. If there was one thing you would hope others do in the interest of our future, what would that be?**
Realize how fortunate we all have been, and take this opportunity to pay it forward.
- 16. In what ways, does or can JFedDC impact our Jewish community?**
Never let us forget that we all walk in the footsteps of those who preceded us - we are a really privileged generation and lets ensure that future generations enjoy the same opportunities we have had.
- 17. What is your most and least favorite part of being Jewish**
Most: *Community - I love discovering someone is Jewish - it always makes me feel more connected to her/ him (and I assume we'll share so much, not least of which will be our sense of humor)*
Least: *Confronting Anti-Semitism*
- 18. If Heaven exists, what would you like to hear God say when you arrive at the Pearly Gates?**
What took you so long?
- 19. What question do you wish we asked? What would be the answer?**
Q: *Why did you agree to be interviewed?*
A: *who can say no to Karen!*



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The Power of Miracles: Our PJ Library Mid-Hudson Valley Community

By Kimberly Ritz, PJ Library Program Director

Springtime for Jews has always been a time of collective celebration of miracles together throughout the ages. During the recent season of Passover we collectively retold and relived the stories of miracles from our past at the seder. Now we are counting down until we celebrate the miraculous giving of the Torah at Mount Sinai on Shavuot.

As we reflect on miracles in our lives, I think it is important to recognize the recent small miracles that occurred in our PJJ Community over this past challenging winter. As we all continued to try and stay safe and connected, your PJ Library Team was dedicated and committed to keep our community together and continued to offer fun, engaging programs to get families outdoors and safely indoors all winter long!

Here are some of the highlights and small miracles that kept us sane, grateful, and connected in a continued pandemic!

Generation Gratitude-Gratitude in the Neighborhood: Tamatha Williams, our PJJ Parent Connector has gathered **17 families** for **16 programs (from July-April 2022)** to celebrate moments of gratitude together! Resulting in over **50 shared moments of gratitude together!**

Tamatha's low barrier, high quality programs even enticed **4 new families** to meet up for one of **5 Winter Neighborhood Meet Ups** (during a pandemic) including: Home-hosted crafting, sledding in Millbrook, family bowling at *Spinsbowl*, family yoga with *Mindful Yoga with Liz* (sold out program), and Meet the Baker at *Sweetbakes Cafe!*

PJ Our Way Mensch Club (for 9-12 year olds) was sold out in February! 19 PJ Our Way kids & their siblings enjoyed a free hour of laser tag, and learned about Sportsmanship with PJOW Program Director Suzanne Turrisi-"how to be a mensch when playing a sport". We welcomed a new PJ Our Way family who was referred by an existing Mensch Clubber.

PJ Virtual Mom's Coffee: This program was launched in July 2021. Since then 4 PJJ Parents from 3 different neighborhoods (Rhinebeck/Hyde Park/Poughkeepsie) **have met monthly consecutively for over 6 months** to schmooze, share and learn about the Jewish Calendar. All 4 parents have been featured in "PJ Family of the Month", and have enjoyed connecting at local PJJ programs in person.

PJ Library's Community Partnerships: Expanding family engagement opportunities together!
Renewing our Beacon Hebrew Alliance Partnership: We partnered with Beacon Hebrew Alliance in February for a **Purim Katan Program** and in March with the BHA Preschool to celebrate Purim Together with stories and Courage Crowns! We were so excited to co-host our 1st program with Rische Groner, their new Education Director and be a special guest reader, for the first time, at the outdoor BHA Preschool classroom since 2020 with Ilana Friedman!

(Continued on page 7)

Shabbat Y'ladim (Children's Sabbath)

All children, from birth to first grade, are invited to bring their parents, siblings, grandparents, aunts, uncles and/or friends to Vassar Temple on Saturday, May 21 at 10:30am, to join with Rabbi Altman and our music teacher, Olivia DiIorio, for a Shabbat celebration. We will meet outdoors in front of the Temple, weather permitting, otherwise we'll be inside the Temple. Rabbi Altman's stuffed bear friends *Kachol v'Lavan* will be there, too, to take part in the singing and stories. Tell your friends and neighbors--this event is free and open to the whole community. For questions about this program and to RSVP, please contact office@vassartemple.org.

RELIGIOUS SCHOOL

CHABAD MID-HUDSON VALLEY

Sunday, 10:00am-12:15pm, ages 5-12 years
63 Vassar Rd, Poughkeepsie

For information contact Hindy Borenstein, Director (845) 463-5801

chabadmidhudsonvly@prodigy.net

JUDAIC SCHOOL OF THE ARTS

Sunday, 10:00am-12:00pm

For information www.mypardess.org/JSA

RHINEBECK JEWISH CENTER

Monday, 4:00-5:30pm

Tiny Tots Division (ages 1-5)
Intermediate Division (ages 6-10)
Bar and Bat Mitzvah (ages 11-13)

For information, contact Rebbitzin Tzivie Hecht, Director (845) 876-7666 or tziviehecht@gmail.com

CONGREGATION SHIR CHADASH

We engage in a Sharing Shabbat Program. As our tradition instructs us, Shabbat is a day for prayer, rest, and study. We have an intergenerational program of learning. Our adults can study Torah with our Rabbi while our children learn about Jewish holidays, values, customs, history, and our relationship to God-all at appropriate grade levels. Our students learn the ethical teachings of Reform Judaism and its commitment to social justice. Our learning is experiential and highly participatory. We utilize crafts, stories, award-winning textbooks, technology, and music to teach. We have trips and events outside the classroom that enhance our learning. Mostly, we aim to imbue our students with a love of Judaism!

Bi-monthly Saturdays, 9:15am followed by Torah Service, 10:30am For info contact Cantor Gail Hirschenfang: polishfang@optonline.net

TEMPLE BETH-EL

The Temple Beth-El Education programs for kids Pre-K through High School provide an engaging learning environment. Students explore Jewish tradition, history, and culture through art, music, movement, and text.

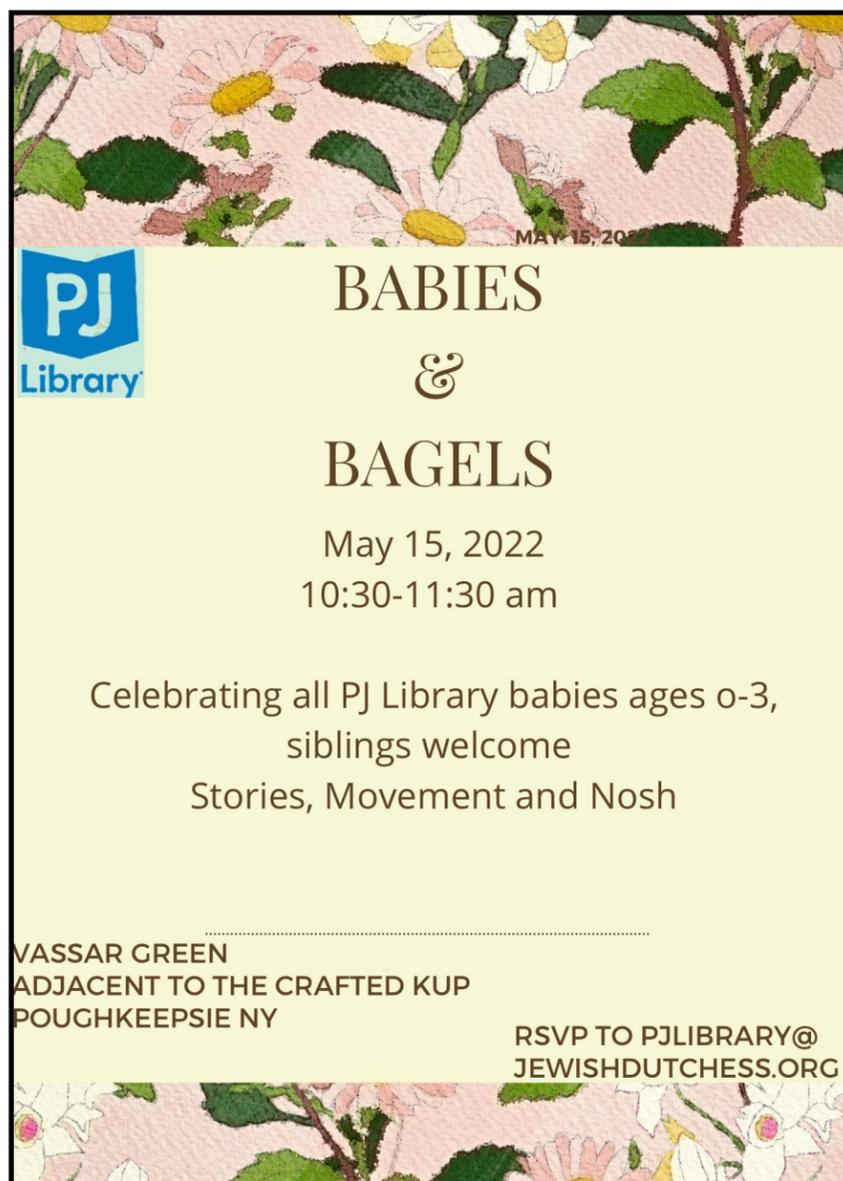
Classes have resumed in person, with a hybrid option. Please contact Rabbi Miriam Hyman for the current school schedule at (845) 454-0570 or education@tbeny.org

VASSAR TEMPLE

Vassar Temple provides a program of Jewish education within the Reform Movement's guidelines, which deepens a student's Jewish experience and knowledge in an accepting and stimulating learning environment. Our philosophy of Jewish learning is based on the quotation from Pirke Avot, "The world depends on three things: on Torah, on worship and on deeds of loving kindness."

The Seth A. Erlebacher Religious School for grades K-7 meets Sunday mornings. The Hebrew School, which meets Wednesday afternoons, offers innovative individualized Hebrew language instruction and bar/bat mitzvah preparation for those in grades 4-7. We also have a special religious education program for grades 8-up. Teens may prepare for Confirmation during 10th grade and may work as madrachim (teacher aides) in the Sunday school.

New enrollments are welcome throughout the year. The religious school and Hebrew School at Vassar Temple are directed by our Rabbi Renni S Altman, D.D. For more information, please contact her at rsdirector@vassartemple.org (845) 454-2570.



BABIES & BAGELS
 May 15, 2022
 10:30-11:30 am

Celebrating all PJ Library babies ages 0-3, siblings welcome
 Stories, Movement and Nosh

VASSAR GREEN
 ADJACENT TO THE CRAFTED KUP
 POUGHKEEPSIE NY

RSVP TO PJLIBRARY@JEWISHDUTCHESS.ORG



Purim Carnival

PJ Library is a program of the Harold Grinspoon Foundation and made possible through gifts from the Jewish Federations of Dutchess, The Harding Club, and the generous support of PJ Library donors. To make a donation online go to: www.JewishDutchess.org

Thank you!

שבועות
Shavout
weeks



Kim



Tamatha



Suzanne



Here's an edible craft from PJ Library:

At Shavuot, we celebrate the receiving of the Ten Commandments atop Mt. Sinai. Here's a fun and yummy tribute from PJ Library—the perfect Shavuot treat to make with your child.

The basic design is a muffin or cupcake turned upside down, frosted or glazed, with an edible version of the tablets poked into the top (formerly the bottom) of the mountain. You can customize the basics any way you wish, going homemade-organic-whole-grain-healthy or straight-from-the-bag-Hostess-mini-muffin. I've listed some suggested variations below using my favorite ingredients.

Many of us don't have time to do tons of baking with our kids, so let the holiday give you an excuse to pull out the mixer and the cookbooks. Basic muffins with a classic buttercream frosting (just butter, confectioner's sugar, and a smidge of milk and salt) are kid-pleasers and very easy to make.

The edible stone tablets can be sized in proportion to the mountain; from big Milano cookies to teeny jelly beans. I've given you a variety of options below.

Concerned about too much sugar? Remember, the Torah is supposed to be sweet!

Variations

Mountain: Regular or miniature muffin or cupcake



The word **Shavuot** means "weeks", and it marks the conclusion of the Counting of the Omer. The holiday **celebrates the giving of the Torah on Mount Sinai as well as the grain harvest for the summer.** In biblical times, Shavuot was one of three pilgrimage festivals in which the Jewish people would go to Jerusalem and bring their first fruits as offerings to God. What does it mean to be open enough to receive? To be presented with, to acquire, to permit, or to admit. When you receive something, something as special as the Torah, how do you show the giver how grateful you are for the gift? We do the best thing we know how to do with our most special gifts: we share them with our children! We teach our children Torah and hope they live in it and keep passing it down! That is what you do with something special, you keep it in the family!

By: Suzanne Turrisi, Assistant PJ Library Program Director

(Continued from page 6)

1st Indoor Community Purim Carnival since 2019!:

I'm also feeling very joyful and grateful that our Community Partners (Jewish Federation, Vassar Temple, Temple Beth El, Congregation Schomre Israel, Chabad Mid-Hudson Valley, Shir Chadash, and PJ Library) were able to put on a very lovely Community Purim Carnival for over **122** people (47 adults/52 kids/23+ volunteers)!! Everyone enthusiastically enjoyed the magic show by *Zaritsky Family Magic*, along with carnival games, face painting, and costume contest!

Jewish Family Services: 9 PJ Library and PJ Our Way families decorated **99 Purim Coloring Sheets** to be included in our Jewish Family Services Purim Care Package going to our local seniors, as well as shopping and packing!

And a big shout out to our PJ Our Way volunteers who assembled 75 mischloach manot for the Purim Carnival! Your support is deeply appreciated!

Equines and Friends by Tamatha Williams



When I first read about Generation Gratitude I was spending my days at home with a very energetic one year old. Covid had just begun to take hold and I knew very few families with toddler age children. As I write this article, my now three year old is asking me when we can have a playdate with one of her Generation Gratitude friends. While our last meetup was a lot of "horsing" around, the connections and the friendships created are what stand out most.

After a Generation Gratitude parent told me about MLC Farm in Millbrook, a horse farm that serves as home to the Vassar equestrian team, I bundled my little one up and headed there to meet Michelle, director of the MLC riding program. The tiny tot program was an instant success for my daughter and I just couldn't wait to share this experience with other families.

In collaboration with MLC Farm, PJ Library generously donated a special riding event! We gathered together, families and children who have done lots of neighborhood meetups and those who were experiencing their first outing with us. The parents schmoozed as the children listened attentively learning about the horses, what their names were, their unique personalities and most excitedly which horse they would get to ride! Beautiful horses graced us that day including a sweet pony named Minnie Winnie and every child bravely took their turn riding with care and showing kindness to each of the horses.

What began as a way to socialize under very limited circumstances has morphed into a most meaningful way of connecting and forming friendships for children and families alike. The focus of our outing was gratitude in our ability to bond with the horses but we were also filled with gratitude for our shared moments together.



HEY, COUNT ME IN @ PJ LIBRARY



LET'S MEET
New to the community or looking to make connections with other families? We can help!

GRANDPARENTS
Interested in joining a grandparents' circle? We can help!

PARENTS
Would you like to join a play group in your neighborhood? Would you like to meet other PJ parents?



Email:
Pjlibrary@jewishdutchess.org and let us answer any questions or help you get connected!



Purim Carnival

Connect with PJ Library On Our Social Media Platforms

Follow to learn all about our upcoming 2022 events



PJ Library & PJ OUR WAY

Where to find us:

- Facebook @ PJ Library Mid Hudson Valley
- Instagram @ pj_library_mid_hudson
- Email us at pjlibrary@jewishdutchess.org to sign up for the bi-monthly E-newsletter for PJ Library & PJ Our Way



The Federation Board's Voice



Mark Klein

Batters UP!!!! By Mark Klein

All you have to do is look at the history of the Bronx and Brooklyn to see how deeply the all-American past time is intertwined with Jewish culture

A few years after baseball was created (1860s), Jews started to emigrate in large numbers from Eastern Europe, mainly from the Pogroms (mass massacre of Jews). But as they came to this new county and to culture, they took to this new sport. It was a great way to integrate into the American society and overcome previous hurdles.

Jewish superstars and player have been seen by over 1,000 years. Among some of the early players was Hank Greenburg who moved to the Bronx from Manhattan at age 7. He was the first Jewish superstar athlete in 1934. He was recruited by the Yankees but turned it down because Lou Gehrig had first base already. Gehrig was the 3rd all-time homerun hitter at the time 58; Babe Ruth hit 60. Gehrig still holds the most runs batted in at 184 runs in a 154 game season. Gehrig held all these record; even though, he severed during WW2 during his prime years of play.

Moe Burg's first professional seasons were with the Brooklyn Robins (the team that became the Brooklyn Dodgers). Burg graduated from Princeton University Magna Cum Laude in seven languages. He was used as spy in several counties unknowingly by many of the counties he visited. He went to Japan and Yugoslavia to gather intelligence on the resistance groups and to Italy to interview physicists under the Nazi nuclear program.

Sandy Koufax was born in Brooklyn and started his career with the Brooklyn Dodgers. Koufax was the youngest player ever elected to the Baseball Hall of Fame. He was the first pitcher ever to pitch four no hitters in one season. One of his most memorable moments was when he refused to pitch in the 1965 World Series during Yom Kippur.

With all this history, brawn, and brains; it is no wonders why so many people from the Bronx and Brooklyn perform so well on the player's field. One undisputable example of this was the "1st Annual Hit After the Holidays Wiffleball Tournament" took place at Schomre Israel in Poughkeepsie. It was found later on that the winners, (The Harding Club, IBMs, business people, doctors, lawyers and more) were overwhelmingly from or had deep roots from these boroughs. In the last tournament, this group barely lost their last game and took second place against a much younger team.

Well, let's see if the experienced players will have another great showing.

Jews in the News:

Highlights updates and happenings of our Jewish business members of the community.

Stephen E. Diamond was honored and received Dutchess County Regional Chamber of Commerce Community Service Award at the Annual Gala, the 2022 Emerald Ball.



UPCOMING

BOOK LAUNCH SCHEDULE

SKIDMORE COLLEGE BOOK SIGNING/READING	04/18
12PM INSTAGRAM LIVE	04/29
WITH INTERNATIONAL NEWS ANCHOR JULIANNA TATELBAUM	
BRONX BOUND BOOKS BOOK SIGNING 12-2	5/01
BARNES AND NOBLE BOOK SIGNING AND READING 2-4	5/21
HUEMAN BOOKS BOOK SIGNING 7-8:30PM	5/25
NORTHSHIRE BOOKS 6PM VIRTUAL INTERVIEW WITH AUTHOR/PODCAST HOST RONIT PLANK	05/31

@KARATATELBAUM

A memoir of having a dream and a day job written by Kara Tattelbaum. She will be having a book signing at Barnes & Noble in Poughkeepsie May 21, 2pm.



Our Executive Director



Putting It In Perspective

The other day I went to the post office.

Nothing exciting -Just picking up stamps in order to send out the Federation Celebration invitations and thank you notes. (We never take any donation for granted). Unfortunately, my timing was off. I went at noon, which meant that there was an extremely long line. It felt as if everyone was moving in slow motion and that there was absolutely no sense of urgency by either the workers nor other patrons. Yes, my perception was probably skewed but I was definitely feeling a little stressed as I had no time and lots of work to be done.

I could have become angry over my frustration of the pace or the fact that I was clueless enough to go to the post office during lunch rush hour. Instead, I decided to take a slow breath and focus my thoughts on something positive. Well, maybe not necessarily positive, but made the conscious decision to reframe my thinking. I started contemplating about how many bad and evil things there are in the world (the rise of anti-semitism, war in Ukraine, challenging economy, Covid, etc.).

All these items made me take stock of my current situation, stop, and take a deep breathe. I considered how a Ukrainian citizen would have given anything to "be suffering" only because a line at the Post Office was moving too slowly. Or how someone immunocompromised who was not able to get the vaccine would have happily traded places in order to be in a public space with other people without fearing getting sick. In general, I feel that people and human nature is to take things for granted until they change or are gone: a loved one, lack of physical pain or mobility, the ability to walk down the streets without fear of a foreign invader dropping bombs, destroying your town and killing your family.

I, for one, choose to put things in perspective and consider everything to be relative (as my children will tell you). I value, embrace, and love the fact that I can wake up to a sun that is shining, have clean running water, can walk into a grocery store and buy any produce...and even wait in a line at the Post Office. So as I step up to counter to ask for stamps, I cannot help but feeling blessed.

Remember to be on the lookout for our 5th Annual Federation Celebration Gala invitations for June 9 as we honor some amazing people and help raise funds to enable us to continue to create community, support those in need, fight anti-semitism, launch interfaith and NextGen engagement, and offer programming for everyone from babies to bobbies.

Feeling Blessed,
Karen Hochhauser
Executive Director

SAVE THE DATE: Zimet Art Auction June 26

Thanks to the generous donation from the Zimet Family, join us as we auction off pieces from the Zimet Art Collection. Take home a piece of their legacy! Funds will be used to support JFedDC and Temple Beth—El.



Grand Opening of the Rotary Club's Spratt Park Picnic Area

Located on Wilbur Blvd. between the sports fields
May 13, 4:00-6:00pm
Ribbon Cutting by Mayor Rolison
A community sing-along and dance party with a "Heal Poughkeepsie" theme

Community Resource Booths include:

JFedDC, local health providers, Marshall & Sterling, and Northside Auto, Rotary.org, Exhibits of ShelterBox and Peace Pole demos.



Leaving a Legacy

We are very appreciative of the two legacy gifts that we have received in recent months. What will your legacy be?

Please consider giving to the Jewish Federation of Dutchess County or Jewish Family Services. Through your giving, let your legacy empower the generations to come.

Call the JFedDC Office for information and to learn about the tax benefits of legacy contributions.

(845) 471-9811

JEWISH FOOD

Connecting our Community through food

Send us your favorite Kosher recipe so we can share it.

Please email to: TheVoice@jewishdutchess.org.

When my children were younger, we called Shavuot the “Cheesecake Holiday” knowing that we were going to eat dairy in honor of the holiday.

One of our other favorite recipes came from the Temple Beth-El Jubilee Cookbook. It is Doris Saranga’s Noodle Pudding and one we also make for break fast after Yom Kippur. It is worth every calorie!

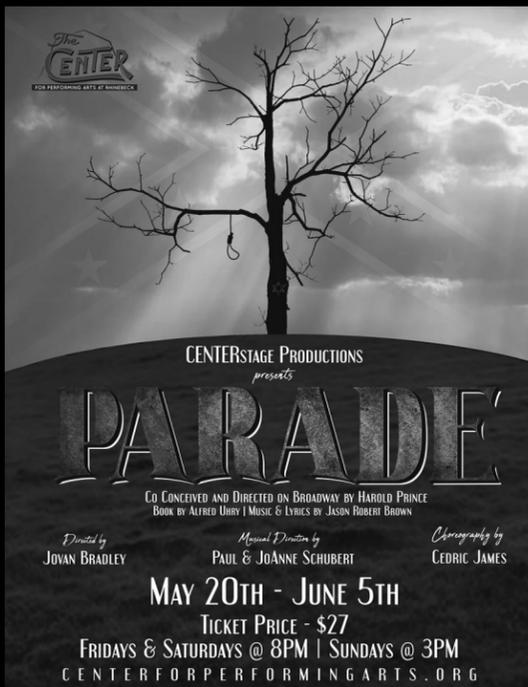
Noodle Pudding (Doris Saranga) The Jubilee Cookbook page 84

- 1/2 lb medium noodles, cooked
- 6 eggs
- 1 / 2 lb farmer cheese
- 2 cups milk
- 6 Tablespoons melted butter
- 1 cup sugar
- 1 lb cottage cheese
- 1 / 4 lb cream cheese, softened
- 1 / 4 or 1 / 2 pint sour cream (depending upon your choice)
- 1 teaspoon vanilla
- 1 teaspoon salt
- Topping: cornflakes, cinnamon, and sugar

Preheat oven to 350 degrees. Put cooked noodles in a large bowl. Mix remaining ingredients and add to the noodles. Pour into a large, greased baking dish (or 2 smaller ones), top with crushed cornflakes, and sprinkle with cinnamon and sugar. (In our household, we combine the crushed cornflakes, cinnamon, and sugar together before sprinkling on top). Bake 1-1 1/2 hours.



A Special Panel Discussion (prior to one show) addressing Anti-Semitism yesterday, today and tomorrow is being scheduled. Check www.jewishdutchess.org/events for date and time



Parade is about the 1913 trial of Leo Frank and his lynching in 1915. Leo Frank was a prominent Jewish factory manager in Atlanta who was arrested for the rape and murder of a 13-year-old factory employee. Convicted, his death sentence was commuted to life imprisonment because Georgia’s governor found many irregularities in the trial transcripts. In 1915, Leo Frank was dragged from his cell in Midgeville, Georgia by a mob and transported to Marietta, Georgia—Mary Phagan’s home town. In Marietta, he was lynched from an oak tree. Frank’s trial, conviction, and lynching led to the resurgence of the KKK nationwide and, interestingly, the birth of a new Jewish organization: the ADL.

Exciting news from some of our partners!



Monthly Kosher Food Delivery From Evergreen—First Tuesday of the Month

Congregation Schomre Israel has organized a monthly Evergreen delivery program. All orders should be placed no later than midday Monday prior to the scheduled delivery day.

Evergreenkosher.com offers an amazing variety of items for Passover. You can order online and pick up your items at Schomre Israel. Deliveries are scheduled to arrive via Evergreen truck at the synagogue early afternoon on the **first Tuesday of each month**.

If interested, call the synagogue at (845) 454-2890 or email Rabbi Shlomo Krasner at rabbishlomok@gmail.com

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Robert J. Ranieri Jr., Vice President
P: 845.702.7791 | rob.ranieri@nfp.com

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KNOW GREATER VALUE®

JGS, CPA is pleased to announce it joined PKF O’Connor Davies, a top-30 national accounting and advisory firm. This combination will enhance the services, expertise and efficiencies you have come to expect from both firms.



Domenick T. Del Rosso, Partner
845-244-0290
drosso@pkfod.com

pkfod.com

Congregation Schomre Israel

(Orthodox)
18 Park Ave, Poughkeepsie
(845) 454-2890
Rabbi Shlomo Krasner
Website: www.schomreisrael.org
Email: rabbishlomok@gmail.com

Weekly Services:

Shacharis 7:00am (weekdays)
Shacharis 8:30am (Sunday & holidays)
Maariv: 6:40pm (winter weekdays)
Friday Kabbalat Shabbat: around candle lighting times

Adult Education:

Sunday
Talmud Studies with Rabbi Krasner
9:20am, in person, studying topics in the Talmud of mezuzah, tefillin, and sefer torah

Tuesday
The Collected Writings of Maimonides
10:30am. (hybrid)

Thursday
Contemporary Halachic Questions
7:00pm. In person discussion.

Other Events:

Sunday
Rosh Chodesh Breakfast May 1, after morning services

Siyum May 1, 5:00pm. When one invests time and energy, there is great joy in celebrating its completion, especially if it is on the completion of the Torah of Hashem.

Hands on Judaism—Loving Kindness May 1, 10:00am. We will discuss the importance of the pillar of kindness, focusing on organized kindness and its history and applications in America. We will devote the hands-on-portion of this workshop to learning about an organization called “Chaverim” which arose from the ashes of 9-11 to assist people in handling minor emergencies. You will learn how to change a flat tire, jumpstart a car, pop a lock, etc.
4K Club May 29 after morning services.
Our Unique Journey to Matan Torah—May 29, 5:00pm, special class for women in preparation for the holiday of Shvuot, with Rebbetzin Berman from Lakewood, NJ.

Monday
Rosh Chodesh Breakfast May 2, after morning services

Tuesday
Evergreen Delivery May 3, Orders need to be placed by noon on May 2.

Thursday
Yiddish Club May 26, 10:00am. Join us for an enjoyable time speaking and listening to ‘mama lushen’.

Contact:
rabbishlomok@gmail.com
for current information
or visit the website
www.schomreisrael.org

Congregation Shir Chadash

(Reform)
Interim: Freedom Plains
Presbyterian Church, Lagrange
(845) 232-1029
Rabbi Daniel Polish
Cantor Gail Hirschenfang
Website: www.shir-chadash.org
Email: info@shir-chadash.org

Weekly Services:

Fridays: 7:30pm In-person & Zoom
Saturday: 9:15am In-person Bi-monthly children’s religious school
10:30am In-Person Shabbot Service
All welcome to attend.

Adult Education:

Saturday
Torah Study May 14, 9:15am. An informal discussion about the Torah portion of the week with Rabbi Polish. Available via Zoom. Contact the office for more info or Zoom Id.

Other Events:

Sunday
Rosh Chodesh Reading Group
Those interested in reading are invited, (virtual as of press time)—interesting and provocative discussions. Dates & times TBD. Participants meet to discuss memoirs, fiction, poetry, and drama in a variety of works that offer Jewish themes and a variety of perspectives of interest. Have a topic suggestion, please let us know! For more information, please contact Sandy Lash at (845) 232-1029, via email: info@shir-chadash.org

Contact :
info@shir-chadash.org
for current information
or visit the website
www.shir-chadash.org

THE ANNUAL FISHMAN FAMILY LECTURE
Endowed by Dr. Lawrence Fishman, z"l, and Suzanne Fishman VC '55

Remembering the Holocaust: AN OVERVIEW

Dr. Oren Baruch Stier

Tuesday, May 3, 2022
5:00 p.m. | Taylor Hall 203

Holocaust memorialization takes a variety of forms. The first public commemorations of the Shoah were held even before World War II ended, and the culture of Holocaust remembrance has evolved ever since. Using examples from the US and Europe in particular, this multimedia talk will survey the public history of the Holocaust and its evolving modes of memorial representation. We will ask not only how we remember the Shoah but why, exactly, do we do so?

Sponsored by The Jewish Studies Program.

Individuals with disabilities requiring accommodations or information on accessibility should contact The Campus Activities Office, 845.457.5376.

Temple Beth El

(Conservative)
118 S Grand Ave, Poughkeepsie
(845) 454-0570
Rabbi Michael Fessler
Rosh Tefilah Rabbi Miriam Hyman
Website: www.tbeny.org
Email: info@tbeny.org

All services are egalitarian & inclusive. Join us!

Weekly Services:

Friday & Saturday Shabbat Services alternate between in-person and Zoom. Call the Temple Beth-El office for the current schedule.

Adult Education:

For information about ongoing Adult Education at Temple Beth-El, please contact the synagogue office : (845) 454-0570.

Other Events:

Sunday
Temple Beth-El Serves at Lunchbox 2nd Sunday, volunteers are needed to help serve a meal at Lunchbox at Dutchess Outreach. You can also help by making a donation to help cover the cost. Contact Nancy Judson to get involved at (845) 216-7563.

Friday
Calling All Bibliophiles TBE is proud to announce that our book club lives on. The 2022 dates are: June 2—Hope Valley by Haviva Ner-David, September 20—*My 15 Grandmothers* by Genie Milgrom, and November 15—*The Last Kings of Shanghai* by Jonathan Kaufman. All meetings are from 1:00-2:00 INSIDE TBE; all Covid precautions at the time of each meeting will be followed. Please note that there is no Zoom option.

Please register for each meeting no later than 9:00 AM the Friday preceding each meeting. That way I know which room at TBE will be needed to maintain Covid protocols. If you have any questions, please contact Merri Sedgwick at: moondoggie7@optonline.net

Contact:
info@tbeny.org
for current information
or visit the website
www.tbeny.org

Vassar Temple

(Reform)
140 Hooker Ave, Poughkeepsie
(845) 454-2570
Rabbi Renni S. Altman D.D.
Website: www.vassartemple.org
Email: Office@VassarTemple.org or rabbi@vassartemple.org

Weekly Services:

Friday
Shabbat Evening Service
May 6, 20, 23, 7:30pm.
Shabbat Service Teacher Appreciation
May 13, 6:00pm.

Saturday
New Paths Shabbat Morning Worship
May 7, 21, 10:15am
Shabbat Morning Service
May 14, 10:00am.

Adult Education:

Wednesday
Scouts, Trailblazers, Pathfinders, Explorers: A History of Women Rabbis
May 4, 7:30pm, via Zoom. Explore the challenges faced by the first generation of women in the rabbinate and how women’s leadership has changed both the rabbinate and the Jewish community. Final session of the series is open to all.

Thursday
The Talmud: Modern Ideas from an Ancient Text May 12, 26, 12:00pm, via Zoom. Taught by Senior Scholar Rabbi Paul Golomb. For info and sheets: pjgolomb@verizon.net.

Saturday
Torah Study 9:00am, (no class 5/14) Examine passages from the week’s Torah portion or haftarah. Led by Rabbi Renni S Altman, D.D.
New attendees should contact: rabbi@vassartemple.org to be placed on the class email and for study sheets.

Contact :
office@vassartemple.org
for current information
or visit the website
www.vassartemple.org

Torah Gems: Rabbis Sharing Their Favorite Torah Texts Tikkun Leil Shavuot, Saturday, June 4, 7:30pm, Temple Beth-El

The Festival of Shavuot celebrates the giving of Torah at Mt. Sinai. The Kabbalists of 16th Century Tzefat created what is known as the *Tikkun Leil Shavuot*, an all-night program of study to prepare to celebrate that moment of revelation. Congregation Shir Chadash, Temple Beth-El, and Vassar Temple will join together once again for a *Tikkun Leil Shavuot*. Though not all night, we will follow many of the traditions of this holiday that celebrates Torah. The program will hopefully start with the Shavuot tradition of cheesecake. Rabbis Daniel Polish, Michael Fessler, and Renni Altman will lead a program teaching their favorite Torah texts. Participants will also be invited to share their favorite texts with the group. The evening will conclude with the Festival *Ma’ariv* service, beginning at approximately 9:15pm. This program is planned to be held in person with an online option; if circumstances change, we will move to an all online program. Watch for details from your temple. If you are not a member of one of the three sponsoring congregations, email programs@tbeny.org for online viewing information.

DORIS & FANNIE BERLIN LECTURE

WHEN & WHERE
Sunday, May 15th at 4 pm
Vassar Temple (or Zoom)

SPEAKER
On the 50th anniversary of her ordination, Sally Priesand, 1st ordained woman rabbi in the USA, will discuss the challenges & rewards she encountered as a pioneer along this career path

OPEN TO THE COMMUNITY—JOIN US!

RSVP
For both in-person & remote attendance at: priesand@vassartemple.org

Watch Rabbi Priesand’s talk on Zoom either on the big screen at the Temple, or from home, including a Q&A moderated by Rabbi Altman

Wine & Cheese served in the Temple

In-person health protocols on our website: VassarTemple.org

SPONSORED BY
Vassar Temple Sisterhood

Pardess Center for Jewish Life

(845) 440-7592
 Rabbi Zalman Sandhaus
 Website: www.MyPardess.org
 Email: info@MyPardess.org

Contact:
info@MyPardess.org
for current information
or visit the website
www.MyPardess.org

The Rhinebeck Jewish Center

102 Montgomery Street, Rhinebeck
 (845) 876-7666
 Rabbi Hanoch Hecht
 Rebbitzin Tzivie Hecht
 Website:
www.RhinebeckJewishCenter.com
 Email:
RSVP@RhinebeckJewishCenter.com

Weekly Services:

Fridays: Call for time.
 Saturdays: 9:30am

Contact:
RSVP@RhinebeckJewishCenter.com
for current information
or visit the website
www.RhinebeckJewishCenter.com

Chabad of Mid-Hudson Valley

63 Vassar Rd, Poughkeepsie
 (845) 463-5801
 Rabbi Yacov Borenstein
 Website:
www.chabadmidhudsonvalley.com
 Email:
ChabadMidhudsonvly@prodigy.net

Weekly Services:

Fridays: Call for times.
 Saturdays: 10:00am

Adult Education:

Wednesday

Torah Class: Discover the World of Prayer 11:00am, 36 Pleasant Ridge Drive. Class led by Hindy Borenstein. Indulge your body with thought-provoking insights from the weekly Torah portion and other contemporary issues, and indulge your body with a light and healthy lunch.

Special Events:

Sunday

Bagels, Lox, Torah (Tefillin too!) 9:00am led by Rabbi Yacov Borenstein. Morning minyan will follow Torah discussion on the coming week's Torah portion, upcoming holiday, or topic of Jewish interest.

Contact :
ChabadMidhudsonvly@prodigy.net
for current information
or visit the website
www.chabadmidhudsonvalley.com

Beacon Hebrew Alliance

(Conservative)
 331 Verplanck Ave, Beacon
 (845) 831-2012
 Rabbi Brent Spodek;
 Cantor Ellen Gersh
 Education Director, Rishe Groner
 Website:
www.beaconhebrewalliance.org
 Email:
411@beaconhebrewalliance.org

Weekly Services:

Fridays, 7:30pm
 Saturdays: 9:30am alternating weeks

Contact:
411@beaconhebrewalliance.org
for current information
or visit the website
www.beaconhebrewalliance.org

Congregation Beth David

(Reform)
 East Main St, Amenia
 (845) 373-8264
 Rabbi Jon Haddon
 Website: www.CongBethDavid.org
 Email: JonRab33@gmail.com

Weekly Services:

Saturdays 10:00am (twice monthly)
 Call for schedules.

Contact:
jonrab33@gmail.com
for current information
or visit the website
www.CongBethDavid.org

Vassar College Bayit

51 Collegeview Ave, Poughkeepsie
 (845) 728-4792
 Rabbi Bryan Mann
 Rachlin Director of Jewish Student Life at Vassar College
 Email: bryanmann@vassar.edu

Weekly Services:

Fridays: 6:00pm
 7:00pm dinner when school is in session

Contact :
bryanmann@vassar.edu
for current information

Bard College

Rabbi Joshua Boettiger
 Jewish Chaplain, Visiting Assistant Professor of the Humanities
 Phone: (802) 733-6342
 Email: jboettiger@bard.edu

Contact:
jboettiger@bard.edu
for current information

Congregation Emanuel of the Hudson Valley

243 Albany Ave, Kingston
 (845) 338-4271 ext 101
 Rabbi's Study: (845) 338-4384 ext 102
 Rabbi Yael Romer: RabbiYael@cehv.org

Weekly Services:

Friday

Family Kabbalat Shabbat May 6, June 3, July 1, August 5, September 2, 6:00pm.
Kabbalat Shabbat Service May 20, 27, June 15, 22, 29, August 19, 26, September 16, 23, 30, 7:30pm.

Musical Shabbat May 13, June 10, July 8, August 12, September 9, 7:30pm
Tot Shabbat May 6, June 3, and July 1, 5:30pm

Saturday

Morning Minyan May 7, 14, 21, 28, June 4, 11, 18, 25, 10:00am.

Education:

Rhinebeck Mediation & Torah Study Tuesday, May 3, 10, 17, 31, June 7, 14, 28, July 5, 12, 26, August 2, 9, 16, 30, September 6, 13, 8:45am

Religious School Sunday, May 1, 15, 22, 12:30pm

Hebrew Trope Wednesday, May 4, 11, 18, June 1, 8, 15, 29, July 6, 13, 27, August 3, 10, 17, 31, September 7, 14, 12:30pm

Conversational Hebrew Wednesday, May 4, 11, 18, June 1, 8, 15, 29, July 6, 13, 27, August 3, 10, 17, 31, September 7, 14, 4:00pm

Beginner -Introduction to Judaism TBA with Rabbie Yael Romer

Other Events:

Sunday

Yom HaShoah Remembrance May 1, 11:30am

Shavuot Sunrise Service June 5, 5:00am

Tuesday

Monthly Brotherhood Meeting 2nd Tuesday of the month, 6:30pm

Thursday

Coffee Chai with the Rabbi May 5, 19, June 2, 16, July 7, 21, August 4, 18, September 1, 15, 8:45am

Monthly Sisterhood Meeting 2nd Thursday of the month, 7:00pm

PJLibrary Story Time with CEHV's Jewish Learning Adventure May 5, 4:30pm.

Friday

Tot Shabbat May 6, 5:30pm.

Saturday

Tikkun L'eil Shavuot June 4, 10:30pm (via Zoom)

Contact: info@cehv.org
for all events and current information
or visit the website www.CEHV.org

May

Candle Lighting Schedule

May 6	7:41pm
May 13	7:48pm
May 20	7:55pm
May 27	8:02pm



Jewish Trivia

Q: What Jewish actor was the FIRST bad boy method actor, and, at the time, had the largest funeral of any celebrity since Valentino?

A: Jacob Julius Garfinkle aka John Garfield grew up in poverty on the Lower East Side and later said "If I hadn't been an actor I might have become Public Enemy #1.

On Broadway and in the movies, Garfield was an early proponent of the "Method" which was later adopted by Montgomery Clift, Marlon Brando, & James Dean. With a bad heart and the stress of possibly losing his career due to being named to the Black List, John Garfield died of a massive heart attack at the age of 39. Over 10,000 people crowded outside the cemetery at his funeral.

Order your Rosh Hashanah Holiday Greetings

Visit

www.jewishdutchess.org/community/the-voice-to-place-your-order



The Jewish War Veterans of the United States, Post 625

All persons of the Jewish faith who have served in any branch of the U.S. Military (active, Reserves, or National Guard) or any person who wishes to support veterans are invited to attend Post meetings.

We will be in person at Schomre Israel. The next meetings will be May 15, at 9:30am (schmooze at 9:00am). The Post will supply nosh stuff and coffee, and refreshments will be strictly kosher. Masks are optional.

If you wish for more information, please contact Post Commander Schwartz at (845) 849-0025 or Rschwa9881@aol.com



Purim Dinner at Schomre Israel



A Star Wars Purim at Vassar Temple: Darth Vader (Rabbi Altman) & Obi Wan Kenobe (Cantor Goldman) reading the megillah; Darth Vader (Dave Wolf) and 3CPO (Banna Rubinow) in the Purim Spiel that followed.



Mitzvah Now Purim deliveries



Congregation Shir Chadash & Temple Beth-El Purim Celebration



Jewish Federation Medical Loan Closet Donates items to the Medical Reserve Corps of Dutchess County for Ukraine



Yiddish bingo night at Temple Beth-El



Shabbat at The Fountains
Left: Judy Schwartz, Anita Lester, Allan Luks, Jackie Montgomery, Roger Lewin, Ellen Lambert, Cindy Lewin, Woody Adams, Eva Roodner with daughter Debbie Erichson, Charlotte Abramowitz, Helene Antwarg with daughter Barbara, and Dr. Ron Pastrana. Challah baked by Lucas, The Fountains Chef.



Beacon Historical Society & Beacon Hebrew Alliance 'Celebrating 100 Years of Jewish Culture in Beacon'
Photos by Frank Ritter and other contributors



Vassar Temple members of all ages collaborated to contribute ideas for a mural and selected as the theme the prayer for peace, Oseh Shalom. Religious school students and adults will all participate in painting the mural under the supervision of artist and Jewish educator Ms. Jennifer Levine, who will create the final design based upon their input.



Rhinebeck Reformed Church, JFedDC, and DCIC Interfaith Healing Ceremony



Podcast with Rhinebeck Reformed Church & Dutchess County African American Clergy Association

THIS YEAR in Jerusalem!

Reserve Now!



Space is filling up quickly

The Hudson Valley Israel Trip

October 23-November 1

A unique trip with something for everyone, even those who have been to Israel – history, nature, interfaith historical sites, and more.

For information or to register, go to, www.JewishDutchess.org/events/Israel-trip-2022
(845) 471-9811



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