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THANK YOU to our sponsors, attendees, and silent auction donors for making our 8th **Annual Federation Celebration Gala a great** success! See more photos on pages 5 & 8. To see the whole gallery: www.jewishdutchess.org/gala















Jewish Federation of Dutchess County P.O. Box 2525 Poughkeepsie, NY 12603



Your generous support will allow us to secure additional 1:1 matching funds, until September 15.

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As antisemitism rises, security needs are growing at an overwhelming pace

Jewish Federations of North America 2025 Emergency Security Fund in partnership with The Tepper Foundation provides crucial grants to Jewish sites offering programming to children aged 0-5 to address heightened security needs that have arisen since October 7. This timely and critical grant ensures that early childhood sites are sufficiently protected.

Participating Federations are also required to engage in a series of bridge-building activities designed to strengthen interfaith and intergroup relationships in their local communities.

To make a donation, call the office at 845-471-9811 or visit JewishDutchess.org/Security-Match



matched up to \$16,667 towards local Jewish communal security





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2

Learn & Lunch Bunch

Family & PJ Corner

Federation Presents

Synagogue Schedules 10-11

12 Special Events



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What is Jewish Family Services (JFS)?

- Creating a senior social network through Learn & Lunch Bunch bi-monthly gatherings.
- Connecting and celebrating our seniors with holiday gift packages.
- Helping those in need through Mitzvah Day and Mitzvah Now initiatives.
- Scholarships for Jewish education, Jewish summer camps, and youth trips to Israel.
- Medical Loan Referral closet—providing medical equipment (free of charge) and referrals to other local medical loan closets.
- Assisting during a personal or family crisis.
- Weekly bereavement group (see page 10 for more details)







Mitzvah Day & Mitzvah Now Helping those in need throughout the year







LEARN & LUNCH BUNCH

JFS presents cultural, social, and educational programs.

Location

Temple Beth-El 118 S Grand Ave Poughkeepsie NY

SCHEDULE

11:00 -11:30am Schmooze 11:30 -12:30pm Program

Suggested Donation \$6; no one will be turned away for lack of funds.

Learn & Lunch Bunch is partially funded by the Ann & Abe Effron Fund and Bernard and Shirley Handel Foundation Donor Advised Fund of the Community Foundations of the Hudson Valley

WEDNESDAY PROGRAMS Join us! MEETING LOCATION

We will be meeting at 11:30 am at Temple Beth-El, 118 S Grand Ave, Poughkeepsie Please do not bring outside food into the temple.

August

August 13 Debunking the Myths of Swedish Death Cleaning and How You Can Start Today! Learn the secrets behind this practice. Colleen Ashe, Certified Professional Organizer and Certified Specialty & Senior Mover Manager, will debunk the scary myths and give you smart strategies to start your own decluttering journey! You and your loved ones will love you more for taking this first step!

Menu: Bagels, lox, tuna, tossed salad, and cookies

August 27 Arthur Szyk: Artist with a Mission. Come learn about Arthur Szyk, artist/ cartoonist from the 1930s presented by Eleanor Marr Menu: Pasta primavera, salad, fruit, and gelato

*Gluten free options available upon request in advance

* Menu is subject to change

TO REGISTER, call the office at (845) 471-9811 or online at: www.JewishDutchess.org/events **Advanced registration needed for food planning purposes**









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JFedDC sends out a weekly email?

If you are not receiving the weekly email, call the JFedDC office to be put on the list. (845) 471-9811

Upcoming



JFedDC will be taking a trip to Israel in April 2026. More information coming soon. If interested email: info@jewishdutchess.org

Help support *The Voice* by purchasing Holiday **Greetings.** See page 9.



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Ruth Zelig

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Pellegrino Healing Center Pete's Famous Restaurant Pizza Margherita PJ Library Mid-Hudson

Poughkeepsie Steakhouse Powerhouse Theatre at Vassar College

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ISSUE DEADLINE VOICE DEADLINES September August 1 Note deadlines listed. Email: September 1 October TheVoice@JewishDutchess.org November October 1 if you have questions. December November 1

Thank you Federation Celebration Gala committee for your help in making the event a success!

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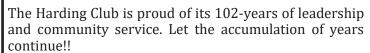
Martin Hochhauser, Chief of Staff of JWV Post 625, delivered a sizeable shipment of nonperishable foods to Alan Rios, CDCE Program Support specialist, at the Castle Point V.A. The large assortment of fruits, vegetables, shelf-stable milk and peanut butter for Castle Point's veterans' food pantry was purchased with proceeds from the Dutchess County, NY, Post's Memorial Day Poppy Event.

A special shout out to Zimmer Brothers for making Karen sparkle and shine at the Federation Celebration Gala with their beautiful jewelry.



Rabbi Shlomo Krasner speaks at the Memorial Day Service held at Schomre Hadath Cemetery, Poughkeepsie, sponsored by Jewish War Veterans Post 625. Shown are other program speakers, Martin Hochhauser, Chief of Staff, and Ralph Schwartz, Past Post Commander. A JROTC honor guard and a bugler, both from Poughkeepsie High School, also participated in the ceremony.

The Harding Club





As the fall season slowly approaches, we reach out to you - Jewish men of a certain age - to come together to socialize, to make friends, to learn, to do good deeds, to give generous financial support to worthy local, nationinternational organizations, and to continue traditions. Why not consider joining the Harding Club in the fall?

A new administration will be in place this summer and wonderful activities to celebrate summer and our club's longevity will be taking place. A picnic. A Renegades game. Deli night. Plans for the fall will be ironed out.

We wish you a productive and happy summer. The new Harding Club administration, led by Iry Miller, will be hard at work planning interesting and meaningful activities for the upcoming year. Please contact either Irv (irvinmmiller@gmail.com) or our outgoing president, Gene Fleishman (gene.fleishman@gmail.com), for more information. We hope you will consider becoming a member.

It has been a unique privilege for me to have authored these monthly columns over the last few years. Thank you for your loyalty, for your support, and for your time.

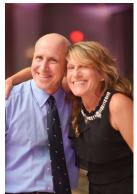
Alan Fox, former president and former secretary.

Federation Celebration Gala



































































explore the rich cultural explore the rich cultural and religious significance of meat in Jewish cuisine—why certain cuts are favored, the spiritual roots of kosher preparation, and how festive meals have been shaped by tradition over centuries.

Registration required. Registration opens Monday, August 25 at 10 am with PPLD.



Jewish Federation of Dutchess County



Adriance Memorial Library 93 Market Street Poughkeepsie, NY 12601 (845) 485-3445 x3707 PP POUGHKEEPSIE PUBLIC LD LIBRARY DISTRICT poklib.org









MITZVAH NOW: HANUKKAH IN **AUGUST!**



MORSE SCHOOL CLOTHING EQUITY DRIVE

Help Morse School Kids start the new school year right! August 1-31, 2025

Join our community in raising funds so we can provide sweatpants, socks, underwear and, of course, school supplies for kids 4-8 who need our help. We'll shop for you and maximize every shekel!

outfits 1 Morse School student. **All donation amounts** welcome!

Send Morse School donations to:

PO Box 2525

Poughkeepsie, NY 12603 Dutchess County and write "Morse Mitzvah Project" in the

For Questions:

Pam Mason admin@jewishdutchess.org 845.471.9811



THE MORSE SCHOOL CLOTHING EQUITY DRIVE is a joint Tzedakah project of: Jewish Federation of Dutchess County; PJ Library; and the Jewish Social Action Coalition members: Congregation Schomre Israel; Congregation Shir Chadash; The Jewish Temple Beth El; Vassar Temple; and the Harding Club.





PIGNIC In The Park

COMING SOON:

SUMMER BREAK 2025

Join us for breakfast in the park & a picture-perfect morning filled with sunshine, laughter, a PJ story time and craft!

Tribute Gardens



RELIGIOUS SCHOOL

BEACON HEBREW ALLIANCE

Friday afternoons, ages 9-13 years Sunday mornings, ages 5-13 years 311 Verplanck Ave, Beacon Contact celia@beaconhebrewalliance.org

Led by Education Director, Celia Baczowski — Masa is filled with joyful Jewish experiences, including song, dance, art, food, field trips, and more!

CHABAD MID-HUDSON VALLEY

Sunday, 10:00am-12:15pm, ages 5-12 years 63 Vassar Rd, Poughkeepsie

For information contact Hindy Borenstein, Director (845) 463-5801

chabadmidhudsonvl@prodigy.net

PARDESS HEBREW SCHOOL

Sunday, 10:00am-12:00pm

For information www.mypardess.org/hebrewschool

RHINEBECK JEWISH CENTER

Monday, 4:00-5:30pm Tiny Tots Division (ages 1-5) Intermediate Division (sges 6-10) Bar and Bat Mitzvah (ages 11-13)

For information, contact Rebbitzin Tzivie Hecht, Director (845) 876-7666 or tziviehecht@gmail.com

KULANU SCHOOL at TEMPLE BETH-EL

The Kulanu school welcomes all students who wish to learn Hebrew and deepen their knowledge of Jewish Tradition. We believe that Jewish learning should be an organic part of our students' experience. Our students explore religious and spiritual concepts through Hebrew texts. They also celebrate Shabbat and holidays together while extending their connection to Jewish culture through art, cooking, music, and movement.

Jewish Studies classes: Pre-K through grade 7 Sundays from 10;00am -12:30pm (September -December)

Saturdays from 10:00am-12:30pm (January—April) followed by a community Shabbat lunch. Fridays from 5:00pm—7:30pm (May) includes a Shabbat dinner

Ivrit (Hebrew): Grades 3-7 Tuesdays 4:45pm-6:15pm

Ivrit (Hebrew) Tutoring: Grades 3-7

Students receive 20-30 minutes of online instruction with their teacher individually or in groups of two.

For more information contact Karen Jacobs at: education@tbeny.org

VASSAR TEMPLE

Vassar Temple provides a program of education within the guidelines of the Reform Movement, which deepens a students Jewish experience and knowledge within an accepting, stimulating, and creative learning environment. Our philosophy of Jewish learning is based on the quotation from Pirke Avot, "The world depends on three things: on Torah, on worship, and on deeds of loving kindness."

The Seth A Erlebacher Religious School for grades K-7 meets Sunday mornings under the administration of Rabbi Shoshana Hantman, our Religious School Director. The Hebrew language instruction and afternoons, offers Hebrew language instruction and bar/bat mitzvah preparation for grades 4-7. Teens may work as madrichim (teachers aides) in the Sunday School. New enrollments are wel come throughout the year.

For more information, rsdirector@vassartemple.org (845) 454-2570

PJ Library, a flagship program of the Harold Grinspoon Foundation (HGF), was launched with a humble beginning in 2005 in Western Massachusetts, sending children's books about Jewish holidays, culture, and values. Today, PJ Library has grown into an internationally recognized \$40M global cultural literacy venture that partners with philanthropists and Jewish communities around the world to provide families raising Jewish children ages 0-12 with the gift of free, high-quality, children's books and other resources that foster a deeper connection with Jewish life (www.hgf.org).

Thank you!



Peace

Handprint Dove Craft: taken from Pinterest

- Trace a child's handprint on white paper and cut it out.
- Decorate the handprint with markers, crayons, or paint to create
- Write "Shalom" or "Peace" on the dove.
- Optional: Add other decorations like feathers or glitter
- Attach to a popsicle stick



Peace by Suzanne Turrisi, PJ Library Assistant Director

According to Miriam-webster.com, "Peace can be understood as a state of harmony and tranquility, characterized by the absence of violence. It's a concept encompassing both the cessation of hostilities and the pursuit of justice, fairness, and well-being within a society. Peace can also be seen as a process or building strong social bonds and fostering cooperation between individuals and groups."

What does it mean to have Shalom Bayit, or peace in the home? How do you foster peace at work? What does it mean to have peace within oneself? To cultivate peace of mind, focus on mindfulness, accepting what you can't change, practicing gratitude, and engaging in self-care. These practices can help reduce stress, cultivate a positive outlook and create a sense of inner calm. Until you make peace with yourself, you can't bring peace to those around you. Meditation, doing yoga, staying mindful and "in the now", forgiving, accepting that which you cannot change, staying away from negativity and gratitude are all good ways to find peace.









Play Ball! by Tamatha Williams, PJ Library Director

Baseball is often referred to as America's favorite pastime. Jewish baseball players have been involved in the sport since its professionalization. Names like Hank Greenberg and Sandy Koufax are nearly synonymous with the name baseball. In honoring Jewish heritage, the Jewish Federation of Dutchess County in collaboration with the Jewish Federations of Orange and Ulster counties held Jewish Heritage Night on July 9th at Heritage Financial Park.

While this event is not new, this year in particular had several special highlights. The Mobile Museum of Tolerance was one of them. The on-site "mobile museum" utilizes advanced technology and interactive lessons to bring the message of tolerance to communities across our nation. Their mission is to empower individuals to use their voices to combat antisemitism, bullying, racism, hate, and intolerance. With antisemitism so prevalent, it is especially meaningful that Jewish Heritage Night included

The first pitch is always received with enthusiasm at the start of the ballgame and this year was not to disappoint. Our very own PJ Library Assistant Director Suzanne Turissi threw the first pitch with her loving husband and supportive fans cheering her on. A special blowing of the shofar was performed by our PJ/PJ Our Way graduate, Hannah Gendron and Heather Wahba-Pallone melodically performed the National Anthem and Hatikvah.

We had a wonderful turnout of spectators including congregation representatives. There was a plethora of delicious Kosher food and PI Library provided baseballs, books and novelties to the children, adding to the festivities. A great time was had as we solidified our Jewish connection!





Vassar Temple religious school children illustrate books of a **Torah scroll on the Temple** pathway



Join Our Coffee Mitzvah Club

And Help To Support PJ Library





Petite Coffee Donor: Make a monthly donation of \$18



Tall Coffee Donor: Make a monthly donation of \$36



Grande Coffee Donor: Make a monthly donation of \$54

https://www.jewishdutchess.org/programs/pj-library

The Federation Board's Voice

SPECIAL ANNOUNCEMENT

The Jewish Federation of Dutchess County would like to take this opportunity to share with you our exciting news.

Before we do that, we want to thank our president, Susan G. Hecht, for her unwavering commitment to the Federation these past, very challenging, years.

Now for the exciting news... We are delighted to welcome Russell Rothman as our new Federation president. Russell bring extensive experience along with his personal brand of enthusiasm.

Please join us in welcoming Russell!









Our Executive Director



Moments of quiet amongst the noise

As I was writing this article, there were more distractions than I could count. The cell phone kept buzzing with new text messages. There were multiple "Breaking News" announcements blaring at me (both on the phone and computer – and honestly, I feel that phrase has been so overused it is like crying wolf.) New emails kept coming in, the important ones occasionally hard to find because there is so much spam and too

many irrelevant messages from a multitude of organizations. Notifications from What'sApp, Facebook, Instagram, Facebook Messenger, and "X" continuously popped up... and so on. At times, I feel there is so much "noise". It can all be quite deafening and exhausting. When did life become so "loud"?

But with that noise, there are also rewards. Each interaction we have with members of the community has the potential to be a wonderful opportunity to help others, which is why we are doing what we are doing. Whether the person on the other end of the phone call needs help because they encountered antisemitism or have been threatened, heard from their children about antisemitic incidents at school, need financial help, want more information regarding our programming, know a senior who would like to receive our holiday gift packages, moved to the area and are looking to connect to the community, we are here for you. The Jewish population is so small that we realistically should be here for each other, helping and supporting one another – not an easy task I understand.

Furthermore, this focus is completely aligned with our VISION: To culturally connect and support the diverse Jewish community of Dutchess County and our VALUES: Tzedakah (charity), Tikkun Olam (repairing the world), and Gemilut Chassadim (acts of loving kindness).

We are truly lucky and blessed to do the job we are doing and can only keep doing it with your support of time and money. It may be exhausting, but it is definitely rewarding. At the end of the day, when I depart from the office and have a brief moment of silence, I count my blessings and only hope my efforts and that of our organization will be enough to make our little corner of the Earth a better place.

Wishing you peace and safety, Karen Hochhauser, Executive Director

Federation Celebration Gala





































Order your Rosh Hashanah Greetings by August 8

2025 Holiday Greetings

It's almost that time of the year when The Voice invites you to wish your friends and neighbors a Happy Holiday.

This year we will once again be offering a 3-pack of Holiday Greetings which includes: Passover, Rosh Hashanah, and Chanukah.

Please look at the designs and choose an individual greeting or the 3-pack. If you choose the 3-pack, please choose the same size ad for all holidays.

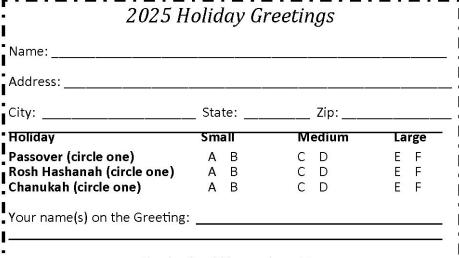
The cost:

Small ad: \$30 each or 3 for \$80 Medium ad: \$40 each or 3 for \$110 Large ad: \$70 each or 3 for \$190

Sm Ads—2" by 1.4" Md Ads—1.5" by 2.9" Lg Ads—3.2" by 2.7"
Approximate sizes

Please fill out the form and mail it back to us with your payments to: THE VOICE, PO Box 2525, Poughkeepsie, NY 12603 Or complete online: www.jewishdutchess.org

DEADLINE for Rosh Hashanah Greeting is August 8



Checks should be made out to: **Jewish Federation of Dutchess County**

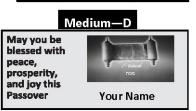


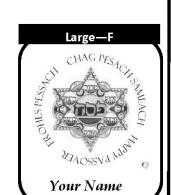
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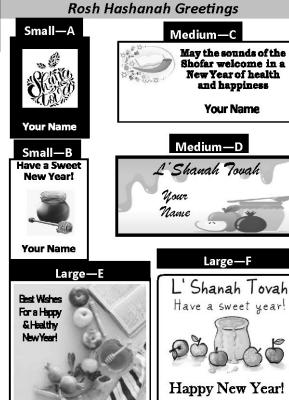
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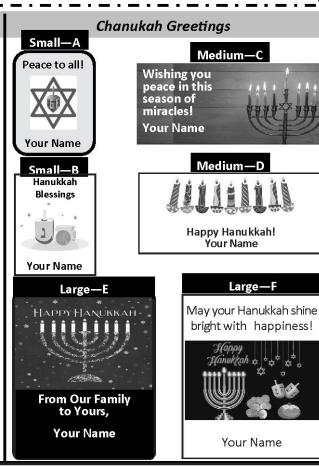




A special thank you to Rachel Mamis for taking wonderful photos at the **Federation Celebration Gala!**



Your Name



Your Name





Proud to Support Jewish Federation of Dutchess County



Domenick T. Del Rosso, Partner 845.244.0290

ddelrosso@pkfod.com

pkfod.com

Congregation Information

Congregation Schomre Israel

(Orthodox) 18 Park Ave, Poughkeepsie (845) 454-2890 Rabbi Shlomo Krasner

Website: www.schomreisrael.org Email: rabbishlomok@gmail.com

Weekly Services:

Shacharis 7:00am (weekdays) Shacharis 8:30am (Sunday & holidays) Maariv: 6:40pm (winter weekdays) Friday Kabbalat Shabbat: around candle lighting times.

Adult Education:

Paused for the Summer months. They will resume in September.

Other Events:

Sunday

Rosh Chodesh Breakfast August 24 following morning services a light breakfast to celebrate the beginning of the new month of Elul.

Friday and Saturday

Scholar in residence weekend August 15-16. Our guest scholar will be Rabbi Aaron Goldscheider. Look for more details on the synagogue website.

Schedule for the observation of Tisha <u>B'Av</u>

Saturday, August 2

Fast begins 8:11pm

Maariv 9:20pm followed by Reading of Megillat Eichah/the Book of Lamentations and Kinot/prayers of lamentations

Sunday, August 3

Shacharit service 8:30am during the services dozen Kinot will be chosen for discussion of their historical and mourning context.

Other events:

5:30pm special Tisha B'Av video presentation for youth

6:30pm inspirational Tisha B'Av video for adults

7:40pm Mincha service with tallit and teffilin

8:53pm Fast ends

Looking ahead to the High Holidays... Schomre Israel Sisterhood will be selling flower centerpieces from Hudson Valley Gardens and Florist for \$45 per centerpiece. Prepaid orders, payable by check to Schomre Israel Sisterhood, will be accepted through September 12. Pick up will be at the synagogue on Monday, September 22 from 9am to 12pm.

> Contact rabbishlomok@gmail.com for current information or visit the website www.schomreisrael.org

Congregation Shir Chadash

(Reform)

Interim: Freedom Plains Presbyterian Church, Lagrange (845) 232-1029 Rabbi Glenn Jacob

Website: www.shir-chadash.org Email: info@shir-chadash.org

Weekly Services:

Fridays: 7:30pm In-Person & Zoom Saturday: 9:15am In-person, Bi-monthly Torah Study with Rabbi Jacob, all welcome to attend.

Adult Education:

Saturday

Torah Study 9:15am. An informal discussion about the Torah portion of the week with Shir Chadash's new spiritual leader, Rabbi Jacob. Everyone has a chance to participate. Bring an inquisitive mind, a curiosity about our tradition, and a willingness to share your thoughts.

For info: (845) 232-1029, email: info@shir-chadash.org or visit www.shir-chadash.org.

Other Events:

Sunday

Rosh Chodesh Reading Group

Those interested in reading are invited (now done virtually) to our interesting and provocative discussions. Dates & times TBD. Participants meet to discuss memoirs, fiction, poetry, and drama in a variety of works that offer Jewish themes and a variety of perspectives of interest. Have a topic or suggestion? Please let us know! For more info, contact Sandy Lash at (845) 232-1029, via email: info@shir-chadash.org

> Contact: info@shir-chadash.org for current information or visit the website

Coming in October: JFedDC's Mitzvah Now:



Start collecting purses and handbags now for our next Mitzvah Now Project. More information coming next month.

Temple Beth-El

(Conservative) 118 S Grand Ave, Poughkeepsie (845) 454-0570 Rabbi Michael Fessler Rosh Tefilah Rabbi Miriam Hyman Website: www.tbeny.org Email: info@tbeny.org

Weekly Services:

Friday & Saturday Shabbat Services are both in-person and Zoom. Monday— Friday Minyan 8:00 am. Monday & Thursday in person & Zoom, Tuesday, Wednesday, & Friday only on

Call the Temple Beth-El office for the current schedule.

Adult Education:

For information about ongoing Adult Education at Temple Beth-El, please contact the synagogue office: (845) 454-0570.

Other Events:

<u>Sunday</u>

Temple Beth-El Serves at Lunchbox 2nd Sunday. Volunteers are needed to help serve a meal at Lunchbox at Dutchess Outreach. You can also help by making a donation to help cover the cost. Contact Nancy Judson & volunteer (845) 216-7563 **Tuesday**

Book Club 2:00pm in the Social hall at TBE. September 15 (Heartwood by Amity Gaige). For more info contact Merri Sedgwick at moondoggie7@optonline.net.

> **Contact:** info@tbeny.org for current information or visit the website www.tbeny.org







To place an order, go to: www.jewishdutchess.org/ support-israel

Order by August 13th to receive wine in time for Rosh Hashana.



Vassar Temple

Sivan—Av

(Reform) 140 Hooker Ave, Poughkeepsie (845) 454-2570 Rabbi Jeff Stombaugh Rabbi Emeritus Renni Altman Website: www.vassartemple.org Email: Office@VassarTemple.org or rabbi@vassartemple.org

Weekly Services:

Most services are hybrid (both in person and on Zoom). Contact office@vassartemple.org for Zoom link **Friday**

Shabbat Evening Service Every Friday Hybrid 7:30.

Saturday

New Paths Shabbat Morning Worship August 16, 10:15am.

Shabbat Morning—Torah Service August 2310:15am.

Adult Education:

Tuesday

Talmud Study with Senior Scholar Rabbi Paul Golomb generally meets on Zoom from noon to 1:30pm twice a month however, over the summer the class is on hiatus.. To be placed on the Talmud Study email list and receive the dates and study sheets, contact pjgolomb@verizon.net.

Saturday

Torah Study with the Temple Rabbi Jeff Stombaugh, 9:00am, most weeks (Hybrid). Come join our discussions!

Contact us at office@vassartemple.org or (845) 454-2570 to be placed on the Torah Study email list.

Other Events:

Sunday

Bargain Basement August 17, 9:30am-12:00pm. Vassar Temple Sisterhood will hold its Bargain Basement (formerly known as the Rummage Sale) Donated items will be accepted by appointment the week of August 11, and tax receipts will be available. Sorry but we cannot accept computers, monitors, phones, DVDs, books, makeup, undergarments, gowns, pillows, or rugs. Please check with us first if you have luggage, lamps, furniture, other large items or white elephants. You can contact us at bargainbasement@vassartemple.org

Thursday

Book Club Code Name Helene by Ariel Lawhon August 21, 2:00pm in person at the Collegeview Tower meeting room, 141 Fulton Ave, Poughkeepsie.

Based on a real-life story Code Name Helene is about a socialite spy and astonishing woman who was one of the most decorated women in WWII. In 1936, Nancy Wake, an intrepid Australian expat living in Paris, bluffs her way into a reporting job for Hearst newspaper and meets the wealthy French industrialist, Henri Fiocca. Then the Germans invade France and she takes on a code name, Lucienne Carlier, enabling her to smuggle people and documents across the border. During the course of her spy career, she takes on several code names, including Helene, and becomes one of the most powerful leaders in the French Resistance, armed with a ferocious wit, her signature red lipstick, and the ability to summon weapons straight from the Allied Forces.

All are welcome. For questions or to RSVP, please contact

bookclub@vassartemple.org

Contact:

office@vassartemple.org for current information or visit the website www.vassartemple.org

GRIEF SUPPORT GROUP FOR LOSS OF SPOUSE OR PARTNER

IS SEEKING NEW GROUP MEMBERS WHO HAVE BEEN BEREAVED 3 YEARS OR LESS Professionally led by Judy Elkin, LMSW



Call JFedDC office at (845) 471-9811 for further details.



This Is Real: A High Holy Day Journey with Rabbi Jeff Stombaugh

Tuesday, 7:00 pm: Aug 12, 26, Sept 9, and Oct 21, and Sunday 4:00pm: Sept 28, and Oct 5

In-person and Zoom, join Rabbi Jeff Stombaugh of Vassar Temple for a deep, honest, and transformative exploration of Jewish time. While we often think of the High Holiday season as just the ten days between Rosh Hashanah and Yom Kippur, the journey actually begins in late July and flows through mid-October. Using This Is Real and You Are Completely Unprepared by Rabbi Alan Lew as our guide, we'll travel from the emotional depths of Tisha B'Av to the spiritual heights of Rosh Hashanah and Yom Kippur, and then settle into the joy and rootedness of Sukkot—together. This class will offer fresh perspectives on Judaism, the chance to cultivate spiritual practice, a sacred space for reflection, and practical insights for personal growth. Open to seekers, skeptics, and everyone in between. While reading the book is not required, the experience will be much richer if you do. Come as you are. Copies of the book will be available for purchase at Three Arts Bookstore, 3 Collegeview Avenue, Poughkeepsie. Please RSVP by July 22 to adulted@vassartemple.org.

Pardess Center for Jewish Life

(845) 440-7592 Rabbi Zalman Sandhaus Website: www.MyPardess.org Email: info@MyPardess.org

Contact:

info@MyPardess.org for current information or visit the website www.MyPardess.org

The Rhinebeck Jewish Center

102 Montgomery Street, Rhinebeck (845) 876-7666 Rabbi Hanoch Hecht Rebbitzin Tzivie Hecht Website:

www.RhinebeckJewishCenter.com

RSVP@RhinebeckJewishCenter.com

Weekly Services:

Fridays: Call for time. Saturdays: 9:30am

Contact:

RSVP@RhinebeckJewishCenter.com for current information or visit the website www.RhinebeckJewishCenter.com

Chabad of Mid-Hudson Valley

63 Vassar Rd, Poughkeepsie (845) 463-5801 Rabbi Yacov Borenstein Website:

www.chabadmidhudsonvalley.com

Email:

ChabadMidhudsonvly@prodigy.net

Weekly Services:

Fridays: Call for times. Saturdays: 10:00am Chabad Hebrew School

Adult Education:

Wednesday

Torah Class: Discover the World of Prayer 11:00am, 36 Pleasant Ridge Drive. Class led by Hindy Borenstein. Indulge your body with thought provoking insights from the weekly Torah portion and other contemporary issues, and indulge your body with a light and healthy lunch.

Special Events:

Sunday

Bagels, Lox, Torah (Tefillin too!) 9:00am led by Rabbi Yacov Borenstein. Morning minyan will follow Torah discussion on the coming week's Torah portion, upcoming holiday, or topic of Jewish interest.

Contact:

ChabadMidhudsonvly@ prodigy.net for current information or visit the website www.chabadmidhudsonvalley.com

Beacon Hebrew Alliance

(Conservative) 331 Verplanck Ave, Beacon (845) 831-2012 Rabbi Justin David Rabbi Emeritus Brent Spodek;

Weekly Services:

Friday Shabbat, 5:30pm Mini Minyan with Luke Wygodny & 6:00pm Potluck Shabbat Dinner and Kabbalat Shabbat

411@beaconhebrewalliance.org

Check our Community Calendar for services times, generally every Friday & one Saturday per month: www.beaconhebrewalliance.org/calendar

Contact:

for current information or visit the website www.beaconhebrewalliance.org

Congregation Beth David

(Reform) East Main St, Amenia (845) 373-8264 Rabbi Jon Haddon Website: www.CongBethDavid.org Email: JonRab33@gmail.com

Weekly Services:

Saturdays 10:30am.

Contact: jonrab33@gmail.com for current information or visit the website www.CongBethDavid.org

Vassar College Bayit

51 Collegeview Ave, Poughkeepsie (845) 728-4792 Rabbi Bryan Mann Rachlin Director of Jewish Student

Life at Vassar College Email: bryanmann@vassar.edu

Weekly Services:

Fridays: 6:00pm

7:00pm dinner when school is in session

Contact: bryanmann@vassar.edu

Bard College

for current information

Rabbi Joshua Boettiger Jewish Chaplain, Visiting Assistant Professor of the Humanities Phone: (802) 733-6342 Email: jboettiger@bard.edu

Contact: jboettiger@bard.edu for current information

The Jewish War Veterans of the United States, **Post 625**

Pvt. Herman Siegel Post 625, Jewish War Veterans of the US, meets monthly at Congregation Schomre Israel, Poughkeepsie. We are the only active post between Westchester and Albany! Upcoming

meeting dates are Sundays TBD. (9:00am schmooze, 9:30am meeting). The location is strictly kosher and tasty refreshments are provided. All are welcome to attend and/or join, both veterans and anyone else who would like to support our cause. We provide community service and support local veterans' facilities. We advocate against antisemitism and for the rights and benefits of all American military members and veterans. For more info, contact Senior Vice Commander Ralph Schwartz at (845) 849-0025.

Congregation Information

Congregation Emanuel of the Hudson Valley

243 Albany Ave, Kingston (845) 338-4271 ext 101 Rabbi's Study: (845) 338-4384 ext 102 Rabbi Jack Sherratt:

rabbijack@hvc.rr.com **Weekly Services:**

Friday

Kabbalat Shabbat Service 6:00pm, August 1, 8, 15, 22, 29, September 5, 12,

<u>Saturday</u>

Morning Minyan 10:00am

Education:

Zimet Jewish Learning Adventure is on **Summer Recess**, resumes in September. Mediation & Torah Study 8:45am via Zoom August 5, 12, 19, 26, September 2, 9, 16.

Hebrew Trope 12:00pm, via Zoom, Dates TBD.

Hebrew, Shebrew! 4:00pm, via Zoom, August 6, 13, 20, 27, September 3, 10, 17.

Talk Back with Rabbi Jack 8:45am, via Zoom, August 7, 14, September 4, 11.

Contact: info@cehv.org for all events and current info or visit the website www.CEHV.org

Woodstock Jewish Congregation

241682 Glasco Tpke, Woodstock (845) 679-2218 Admin: admin@wjcshul.org

Weekly Services:

Friday

Kabbalat Shabbat Service 6:00pm, Kid Friendly Intergenerational Shabbat First Fridays 6:00pm

Saturday

Shabbat Service 10:00am

The 1st Friday Shabbat—The students of our Family School co-lead Kabbalat Shabbat with Cantor Raechel in a warm and fun mix of upbeat, traditional melodies, learnings from class, and sometimes their own original melodies. All children are invited to come up on the bimah, play shakers, and share their own ideas. The services culminate with the Priestly Blessing, a blessing over all the children in the space. The service lasts about 40 minutes and is followed by a full community potluck where members of all ages come together to eat, chat, and play games. This is a sweet intergenerational community experience.

Contact: admin@wjcshul.org for all events and current info or visit the website www.wjcshul.org



August

Candle Lighting Schedule

August 1 7:55pm 7:47pm August 8 August 15 7:27pm August 22 7:27pm August 28 7:15pm







Congregation Shir Chadash's concert on Saturday night, May 31, turned out to be a true community event. Everyone enjoyed the music of Tom McCoy and his entourage which featured some jazz and some show tunes, including Gershwin melodies. Thank you to those who helped to make this such a successful evening.

Order your Rosh Hashanah Greetings by August 8 See page 9 for details



Polly Lewis (I), Vassar Temple Sisterhood President, presented Marcia Tanzman (r) the Evelyn Kahn Award for exemplifying the spirit of friendship, service, and Sisterhood. Marcia has served as Vassar Temple Sisterhood President, chaired Bargain Basement, and is generous with her considerable culinary skills, making pancakes for the opening day of Sunday school, as well as gluten-free latkes for the Hanukkah dinner and gluten-free Hamantaschen for Purim.

Vassar Temple

Where You Belong



A community engaged in worship, learning and the pursuit of justice.

Outstanding Jewish education program

Join Us for the High Holy Days

No charge to attend ~~ Donations Appreciated

Please register in advance to attend at office@vassartemple.org (see service schedule on our website, vassartemple.org)



Ask about membership specials at membership@vassartemple.org





140 Hooker Ave. Poughkeepsie, NY 12601 845-454-2570 ◆ vassartemple.org Find us on Facebook





Valerie Bubel **RPI**



Sylvia VanDodick **Arlington HS**





Julia Cooper Binghamton Univ.



Cassie Cronk **New Canaan HS**



Dennis Fleishman Binghamton Univ.



Lindsay Gershuny Bregenzer **United Nations HS**





Brown University



Spackenkill HS



SUNY Potsdam



UConn



Spackenkill HS



Millbrook HS



Our new office is open and accepting patients!

1 Webster Avenue, Suite 402B in Poughkeepsie.

To schedule an appointment or to learn more, visit

hvpalliativecare.org or call 845.240.7557.

