

Circle the number that best answers the question:

**Do you think East Naples Middle is a kind school?**

<i>Strongly</i>			<i>Strongly</i>
<i>Disagree</i>	<i>Disagree</i>	<i>Agree</i>	<i>Agree</i>
1	2	3	4

**Students are kind to each other at East Naples Middle.**

<i>Strongly</i>			<i>Strongly</i>
<i>Disagree</i>	<i>Disagree</i>	<i>Agree</i>	<i>Agree</i>
1	2	3	4

**Do you think it is important to be kind?**

<i>Strongly</i>			<i>Strongly</i>
<i>Disagree</i>	<i>Disagree</i>	<i>Agree</i>	<i>Agree</i>
1	2	3	4

**Do you think KINDNESS is the opposite (antithesis) of bullying?**

<i>Strongly</i>			<i>Strongly</i>
<i>Disagree</i>	<i>Disagree</i>	<i>Agree</i>	<i>Agree</i>
1	2	3	4

**Do you think kindness (doing or seeing it) can actually change your outlook/attitude?**

<i>Strongly</i>			<i>Strongly</i>
<i>Disagree</i>	<i>Disagree</i>	<i>Agree</i>	<i>Agree</i>
1	2	3	4

**Pre-Test**

**Post-Test**

**~Given to 25% of our  
School, last year~**

## KINDNESS ACTIVITY

### Kindness/Inspirational Bookmarks

Students will brainstorm on KINDNESS messages and messages of encouragement. Students will plan their design based on the size of the bookmark (using cardstock). Options:

- OPTION A – students will create the design on the computer within the measurements of the bookmark
- OPTION B – Students will create the design of their message(s) and then begin to draw/write it on the blank book mark
- With permission of the Media Specialist, students will randomly place inspirational book marks into books in the library/media center

## KINDNESS ACTIVITY

### Monthly assembly:

Our school has a monthly assembly, 24 minutes in total. During that assembly 10 students from each grade level will receive recognition:

- Student demonstrated kindness in the classroom worthy of recognition
- Nominated by their homeroom teacher (or select a particular department that will nominate– i.e. Language Arts)
- Students names are called: they receive a certificate as well as a reward (i.e. – school recognition rewards/lunch treat/PBS reward