

WE ARE ONE

September 2025 elul/tishri 5785/5786

The Community Security Initiative (CSI) monitors and responds to extremist activities, and related security threats across the Greater Hudson Valley. The OHV encompasses the areas served by the Jewish Federation of Greater Orange County, the Jewish Federation of Greater Ulster County, and the Dutchess County. Below is a summary and breakdown of activities in 2024, categorized by federation counties.

**TUESDAY
SEPT 9TH
7:00PM
ON ZOOM**

**HUDSON VALLEY
HIGH HOLIDAY
SECURITY
BRIEFING**

Tri-County Jewish Federation
of Dutchess, Orange, & Ulster Counties

Key Aspects of the Briefing:

- Information on the current threat landscape.
- Guidance on security protocols, such as facility security and access control.
- Resources for recognizing and reporting suspicious behavior.
- Advice on emergency planning and response.

To enhance preparedness and vigilance for potential threats against our local Jewish communities during the High Holy Days.

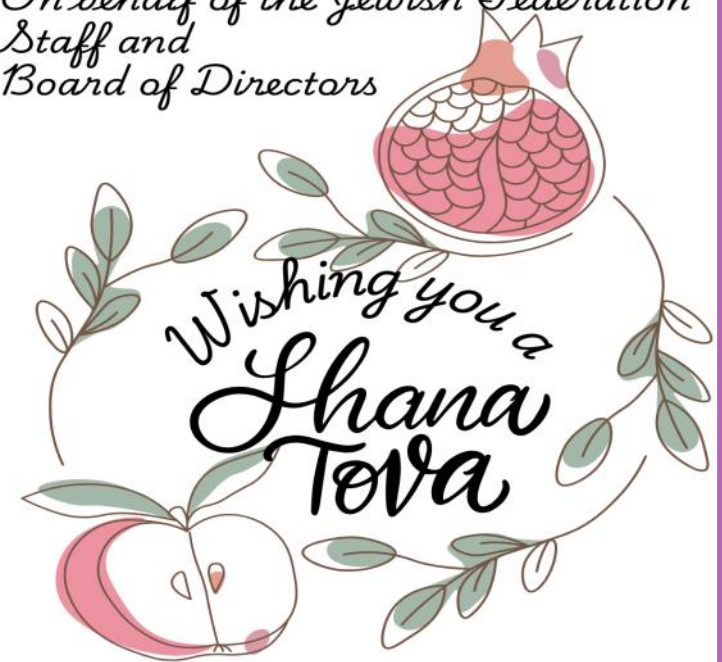
Presented by Patrick Regan, Regional Director

COMMUNITY SECURITY

TO REGISTER FOR THIS VIRTUAL EVENT:
JewishDutchess.org/Events
845-471-9811 | Events@JewishDutchess.org



On behalf of the Jewish Federation
Staff and
Board of Directors



We would like to say a special
THANK YOU to **EVERYONE** in
the community that shared in our
**3rd ANNUAL FEDERATION
FUNDAY: A DAY OF COMMUNITY!**

Thank you to our generous
sponsors, silent auction donors,
vendors, food truck: Allan's
Falafel, Israeli dance instructor:
Shmulik Gov-Ari, Yoga Instructor:
Eleonora, Pat Regan of CSI: for
the situational awareness
discussion, Cantor Carl Sayres for
his musical talents, photographer:
Gail Conklin and all of our
committee members and
volunteers.

**"One of the funniest,
laugh-out-loud-est films
since Mel Brooks picked
up a camera. Period."**
Curt Schleier, New Jersey Jewish News

**92%
Fresh!**
Rotten
Tomatoes

**See this new film in
Newburgh -
including a live
discussion with
the film's co-writer,
Zack Weiner!**

BAD SHABBOS **NOW IN THEATERS**
MENEMSHAFILMS.COM

Sunday 9/14 at 3pm
Location details given upon registration

Tickets: \$25 / adult | \$15 / child 5-12 | \$5 / child under 5

Sponsorships available

Register now at:
jewishorangenyny.regfox.com/bad-shabbos
Or email: Director@JewishOrangeNY.org
Or call: 845.562.7860



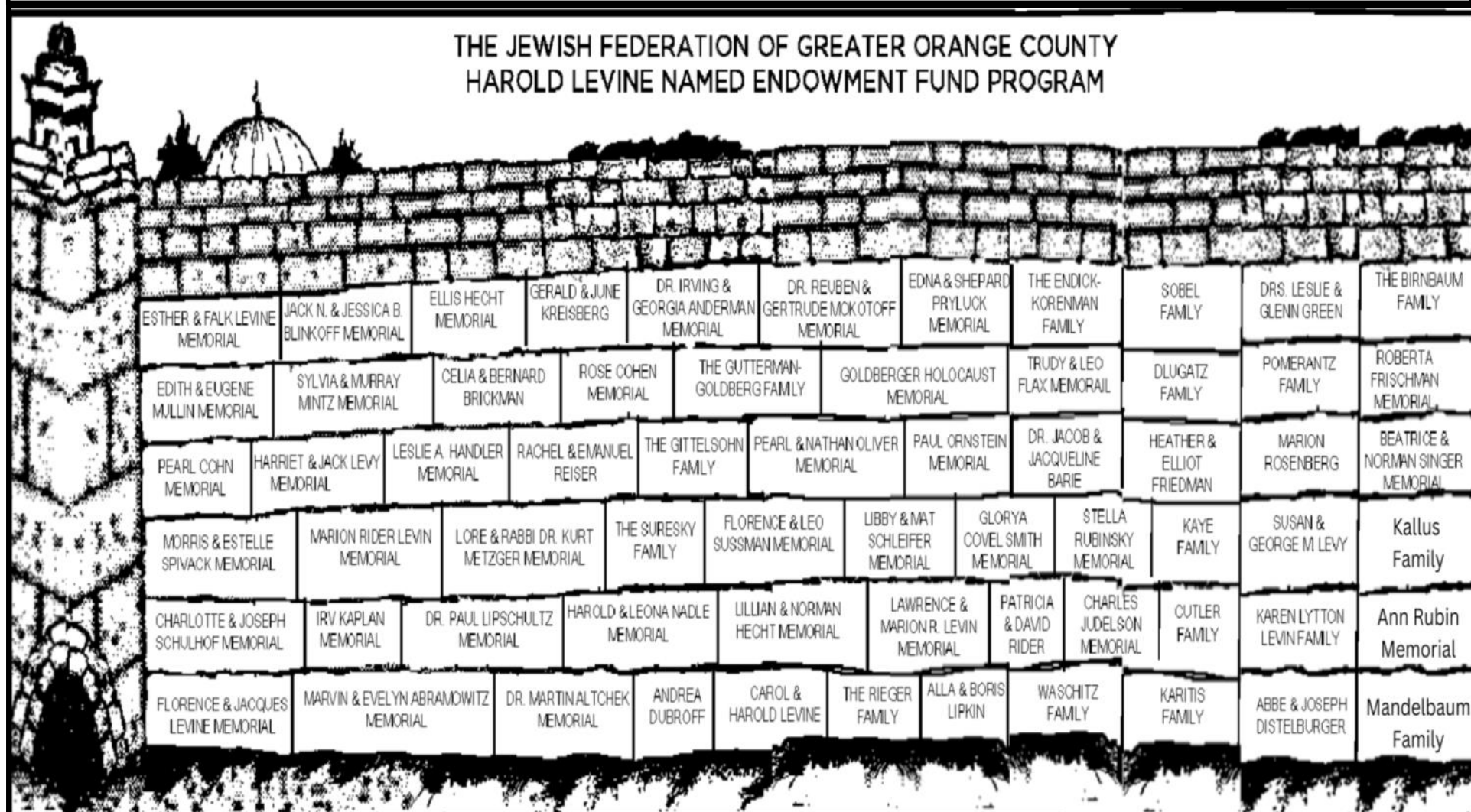
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The Harold Levine Named Endowment Fund Program

The Harold Levine Endowment Program of the Jewish Federation of Greater Orange County currently has 65 Endowments with a principle of over \$5,000,000. These funds can be established with any amount of money. The interest is reinvested in the funds until they reach a corpus of \$5,000, at which time distributions can be made to named charities.

All endowment funds must designate a minimum of 30% of the interest earned to the Jewish Federation Annual Campaign. Arrange a confidential meeting to make a charitable gift as part of your estate plan. Call the Federation office 845-562-7860 for more information.

Read more here: jewishorangenyc.org/donate/endowments



Support the Israeli Farmers During the War

Many of the Israeli farmers and their staff are on the frontlines as reservists. Support Israel through a unique and personalized connection with the Israeli farmers.

Your private label of Israel's best olive oil / wine / whisky

Direct and unique relationship with the Israeli farmer

Strengthening the Israeli Economy, especially now!

The neatest gift for a dear friend or a family member

A portion of the proceeds are donated back to the community.

A portion of the proceeds is donated to Lone Soldiers

My Tree In Israel

Support an Israeli Farmer and Receive From Their Bounty, Your Own Private-Label: Olive Oil, Kosher Wine or Whisky!

- ✧ Whiskey | Oct. 31 | Delivery | Dec.
- ✧ Olive Oil | Oct. 31 | Delivery | Dec.
- ✧ Wine (Private Label) | Feb 13, 2026 | Delivery Passover 2026
- ✧ Wine (Avivim) Feb 13, 2026 | Delivery Passover 2026

Use The QR Code To Order or visit our Website Jewishorangenyc.org To Learn More!

Need Help Ordering? Call The Federation Office **845-562-7860.**



From The Desk of Wendy Cedar, Executive Director

Our 3rd Annual Federation Funday was a beautiful day!

We danced, we sang, we did yoga, we upgraded our security knowledge, we shopped, we shmoozed, and of course, we ate! But, perhaps most importantly, we came together in a safe environment, as a community.

Shmulik expertly taught and led Israeli dancing with experienced and new dancers alike. He'll be back on November 2nd for his 4th and final visit to Orange County in 2025.

Eleonora led yoga under a shady tree. She gave everyone an opportunity to participate at their own level, and everyone came away invigorated.

Cantor Carl brought his electric keyboard and gave us an opportunity to sing-a-long with some of our people's greatest hits! Rabbi/Hazzan Sislen provided some beautiful backup to round out the experience.

Our Security Director, Pat, gave us some insight into his work helping the Jewish community in the Hudson Valley to stay safe, and answered questions from synagogue leadership about how they can further protect their communities.

Thanks to Hudson Valley Event Group's donation of their equipment and a DJ, we had background music throughout the day, and a great sound system for dancing & singing.

Allan's Falafel, Hudson's Ice Cream, and Candi Cloud Confections brought their delicious delights and kept us well fed and hydrated.

We had a wide variety of vendors who brought us everything from food to shiny rocks, to vinyl records. The County Sheriff and Undersheriff, and some of their crew stopped by, as did our District Attorney and County Clerk. Jewish Family Service and the Newburgh JCC, both Federation recipient agencies, brought information about their programs and services. PJ Library brought books & activities for the kids, and, many of our community's synagogues brought information, raffles, and games. And, thanks to all who bid on silent auction items and bought 50-50 or lottery scratchers raffle tickets, we had a financially successful day!

Many thanks to our wonderful committee of Pam Mason, Debbie Metzner, Elyse Goldberg, and Al Nakagawa, all of our vendors and sponsors, Gail Conklin for all of the wonderful photos, and to all who came out for a fun day of Jewish community!

Wishing you all a safe, happy, healthy new year, as we approach the High Holidays of 5786.

Gratefully

Wendy Cedar, Executive Director

Director@JewishOrangeNY.org

845.562.7860



Thank You to our Generous Sponsors for our 3rd Annual Federation FunDay!

Life of the Party!

We Proudly Support
**The Jewish Federation
of Greater Orange County**
We're Better Together



Proud to support



Member FDIC RhinebeckBank.com/WBT

FDIC 845.457.7700 • WaldenSavings.Bank



Life of the Party!

Friend!

Supporting What Matters

Proud sponsor of the Jewish Federation of
Greater Orange County's
Third Annual Federation FunDay!

Ulster Savings

Locations in the Hudson Valley including:
1208 Route 300, Newburgh
845.338-6322 | UlsterSavings.com

Equal Housing Lender / Member FDIC



Sheila Levinstein



**High Holiday Service Schedules and Other Pertinent Info –
Subject to Change, Please Check with the Synagogues First.**

B'nai Torah Shul, Greenwood Lake/Conservative - Rabbi David Korngold
845.477.3716 - bnaitorahgwl.org

Rosh Hashanah

Erev Rosh Hashanah | Monday, September 22 | Services at 6:15 PM

First Day of Rosh Hashanah | Tuesday, September 23 | Services at 9:30 AM

Come hear the Shofar and join us for Kiddush

Second Day of Rosh Hashanah | Wednesday, September 24 | Services at 9:30 AM

Come hear the Shofar and join us for Kiddush

Yom Kippur

Kol Nidre (Erev Yom Kippur) | Wednesday, October 1 | Services at 6:15 PM

**Yom Kippur Day | Thursday, October 2 | Services at 9:30 AM | Shofar at 7:23 PM, followed by
Break Fast**

Congregation Agudas Israel, Newburgh/Conservative - Cantor Carl Sayres
845.562.5604 - Congregationagudasisrael.org

Selichot | Saturday, September 13 | 7:30pm | Program followed by service and oneg

Erev Rosh Hashana | Monday, September 22 | Candle Lighting at Home 6:35pm | Ma'ariv 7:30pm

**Rosh Hashana First Day | Tuesday, September 23 | Morning Service 9:00am | Family Service 9:30
– 10:00am | Tashlich at Downing Park Pond with Shofar Blowing | 4:30pm -followed by Mincha at
the park (those who would like to walk, meet at the Rabbinate, 9 Leicht Place, Newburgh at 4:00pm)**

Candle Lighting 7:32pm

**Rosh Hashana Second Day | Wednesday, September 24 | Morning Service 9:00am | Havdalah
7:30pm**

**Shabbat Shuvah– Sabbath of Return | Saturday, September 27 | Morning Service 9:30am | Topics
in Judaism 12:30pm**

Kol Nidre | Wednesday, October 1 | Candle Lighting 6:20pm | Service 6:25pm

**Yom Kippur | Thursday, October 2 | Morning Service with Yizkor 9:00am | Family Service 9:30 –
10:00am | Mincha & Book of Jonah, followed by Ne'ilah & Ma'ariv 4:45pm | Shofar Blowing &
Havdalah w/Break Fast to follow | 7:17pm—Please RSVP**

Sukkot | Tuesday, October 7 | Morning Service 9:00am

Shemini Atzeret | Tuesday, October 14 | Morning Service with Yizkor 9:00am

Erev Simchat Torah | Tuesday, October 14 | Family Service & Dancing with Torahs | 5:00pm

Community Service & Dancing with Torah | 7:00pm

IMPORTANT HIGH HOLIDAY INFORMATION There is NO CHARGE to attend our services. HOWEVER,
YOU MUST CALL (845) 562-5604 TO HAVE YOUR NAME, INCLUDING CHILDREN, PLACED ON THE
RESERVATION LIST.

Congregation Beth Hillel/ Walden Jewish Community Center/Conservative - Cantor Nava Herzog
845.778.7374 - Congregationbethhillel.org

S'lichot | Saturday, September 13 | 8pm

Rosh Hashanah Services

Monday, September 22 | 6:30pm

Tuesday, September 23 | 9:30am

Wednesday, September 24 | 9:30am

Yom Kippur Services

Kol Nidre | Wednesday, October 1 | 6pm

Thursday, October 2 | 9:30am Services | 12pm Yizkor | 5:30pm Service/Neila

Continued Next Page

High Holiday Service Schedules and Other Pertinent Info – Subject to Change, Please Check with the Synagogues First, Continued...

Congregation Eitz Chaim, Monroe/Conservative—Eitan Bloostein
845.783.7424 = Eitzchaim-monroe.org

All services listed below, except Selichot, will be held at: Rest Haven | 236 High Street, Monroe
Selichot | Saturday, September 20th | 8:45 PM | Special Selichot program at Temple Sinai,
Middletown

Rosh Hashanah | Monday, September 22nd | 6:30 PM | Ma'ariv. Candle lighting by 6:38 PM. Light
Yahrtzeit candle to have existing flame to light candles the next night. Recite 2 blessings: Yom Tov &
Shehecheyanu.

Tuesday, September 23rd | 9:00 AM | Shacharit – Musaf

5:30 PM | Tashlich (See Below) followed by Mincha and Ma'ariv. Candle lighting after 7:42 PM from
existing flame. Recite 2 blessings: Yom Tov & Shehecheyanu.

Wednesday, September 24th | 9:00 AM | Shacharit – Musaf | At Home: Havdalah blessings at 7:30
pm

Tzom Gedalyah/Fast of Gedalyah | Thursday, September 25th Dawn to Dusk Fast begins at 5:25
AM and ends at 7:19 PM

Yom Kippur

Wednesday, October 1st | 6:30 PM | Kol Nidre and Ma'ariv. Candle Lighting by 6:23 PM. Light
yahrzeit candles before holiday candles. Recite 2 blessings: Yom Tov & Shehecheyanu.

Thursday, October 2nd | 9:00 AM | Shacharit – Yizkor – Musaf | 5:15 PM Mincha – Neilah – Ma'ariv –
Havdalah. Shofar is blown after sunset, 7:18 PM

All services will be available via ZOOM. Link to Zoom from the Worship tab on our website:

eitzchaim-monroe.org/spiritual-life

Tashlich: On the afternoon of the first day (or the second day when the first day is Shabbat) of Rosh
Hashanah our congregation gathers and walks to a lake or stream. We will meet at Rest Haven and
walk to the intersection of Lakes Road and High Street. We bring breadcrumbs and throw them into
the water symbolically “casting our sins to the depths of the sea” (Micah 7:19). Afterwards we will
return to Rest Haven to daven Mincha and Ma'ariv Please join us for this short and meaningful
ceremony.

Monroe Temple Beth-El, Monroe/Reform—Rabbi Roger Lerner
845.783.2626 — Monroetemple.org

S'lichot | Saturday, September 13 | 7pm Havdalah, Study & Service

Rosh Hashanah

Monday, September 22nd | 7pm Erev Rosh Hashanah

Tuesday, September 23 | 10am Shacharit Service | 2pm Family Shofar Service | 3pm Tashlich

Wednesday, September 24 | 10am Shacharit Service

Yom Kippur

Wednesday, October 1 | 7pm Kol Nidre

Thursday, October 2 | 10am Shacharit Service | 3:30pm Mincha | 5:15 Yizkor

Friday, October 10 | 6pm Dinner & Service

Tuesday, October 14 | 10am Yizkor Service

Continued Next Page



Supporting Central Texas Flood Relief
Jewish Federations stand with those affected by
the devastating floods in Central Texas. Our
system is directing relief to Shalom Austin, which
is raising funds to help
families directly impacted. Every
donation provides urgent support
and recovery assistance.

To Donate
click here



Through Federation,
You Can Do Good That
Goes Everywhere
[DONATE NOW](#)

While you're reading this, your gift is impacting
Jewish lives around the world. From North America
to Ukraine to Israel and across 70 other countries -
your gift impacts lives around the world.

High Holiday Service Schedules and Other Pertinent Info – Subject to Change, Please Check with the Synagogues First, Continued...

Temple Beth Jacob, Newburgh/Reform –Rabbi Douglas Kohn

845.562.5516 - Tbjnewburgh.org

S'lichot | Saturday, September 13 | Movie 7:00 – 9:30PM Service 9:30PM

Erev Rosh Hashana | Monday, September 22 | 7:30 PM

Rosh Hashana – First Day | Tuesday, September 23 | 10:00 AM | Children's Service in Small Sanctuary | 11:00 AM (for children up to grades 6-7) | Reverse Tashlich – Newburgh Waterfront | 2:45 PM | Tashlich– Newburgh Waterfront | 3:30 PM

Rosh Hashana—Second Day | Wednesday, September 24 | 10:00 AM | Afternoon Hike | 2:00 PM

Kever Avot | Sunday, September 28 | Big Rock Cemetery: 12:00 PM Cedar Hill Cemetery: 1:00 PM

Kol Nidre – Wednesday, October 1 | Evening Service | 7:30 PM

Yom Kippur—Thursday, October 2 | Morning Services | 10:00 AM | Study | 12:30 – 1:30 PM |

Children's Service in Sanctuary | 2:00PM | Mincha (afternoon) Services | 3:30 PM | Yizkor

Memorial Services | 4:30 PM | Neila (closing) Services | 5:30 PM | Break Fast | 6:30PM

Temple Beth Shalom, Florida/Reform—Rabbi Rebecca Shinder

845.651.7817 - tbs-ny@optimum.net - www.tbsny.org

Saturday, September 13 | 5:30PM | Pot Luck Dinner & Selichot in the Garden

Monday, September 22 | 7:30PM | Erev Rosh HaShanah

Tuesday, September 23 | 10AM Rosh Hashanah Morning Service | 3PM Family Service

Wednesday, September 24 | 11AM Rosh Hashanah Second Day Service at Kutz BYO Lunch

Wednesday, October 1 | 7:30PM | Erev Yom Kippur - Kol Nidre

Thursday, October 2 | 10AM | Yom Kippur Morning Service | 1:30 Family Service | 3:30 Afternoon Service in the Garden | 5:00 Yizkor, Neilah, Break Fast

Friday, October 10 | 7PM | Shabbat Sukkot Under the Stars

Friday, October 17 | 7PM | Shabbat Simchat Torah

Temple Sinai, Middletown/Conservative - Rabbi David Sislen

845-343-1861 - templesinaimiddletown.com

Erev Rosh Hashana | Monday, September 22 | Mincha/Ma'ariv 6:15pm

Rosh Hashana Day 1 | Tuesday, September 23 | Shacharit 8:30am | Family Service: 10:15-11:30am |

Tashlich (behind Town Terrace Apartments) 5:00pm | Mincha/Ma'ariv 6:00pm

Rosh Hashana Day 2 | Wednesday, September 24 | Shacharit 8:30am | Mincha/Ma'ariv 7:00pm

Kever Avot Memorial Service | Sunday, September 28 | At Temple Sinai Cemetery 11am

Erev Yom Kippur | Wednesday, October 1 | Mincha 6:00 pm | Kol Nidre 6:15pm

Yom Kippur | Thursday, October 2 | Shacharit 8:30am | Family Service 10:15-11:30am | Yizkor:

Approximately 10:30am | Mincha/Neila: 4:30pm | Ma'ariv and Shofar Blowing: 7:20pm

Erev Sukkot 1 | Monday, October 6 | Ma'ariv 6:30pm

Sukkot 1 | Tuesday, October 7 | Shacharit 9:00am | Mincha/Ma'ariv 6:30pm

Sukkot 2 | Wednesday, October 8 | Shacharit 9am

Erev Shmini Atzeret | Monday, October 13 | Ma'ariv 6:30pm

Shmini Atzeret | Tuesday, October 14 | Shacharit 9:00am | Ma'ariv 6:30pm

Simchat Torah | Wednesday, October 15 | Shacharit 9:00am

For questions call 845-343-1861 or email: eparker@templesinaimiddletown.com.

Please check our weekly We Are One E-Blast for updates to High Holiday Schedules & Synagogue programs & info.

Stay connected with us through our monthly [We Are One](#) and our [Weekly We Are One Newsletter E-Blast](#) (sign up by emailing office@jewishorangenyny.org or Call 845.562.7860

-provide your email address), or online at Jewishorangenyny.org,

Follow us on Instagram at [JFedOC_NY](#) or Facebook at [Jewish Federation of Greater Orange County, NY](#)

Rabbi's Blog

Dear Friends,

Life is filled with seemingly opposing dichotomies: true and false, science and religion, caring for oneself or caring for one's neighbor, red and blue politics, and many more.

Commonly, we either take positions, or equivocate between poles when we face demanding, dichotomized conditions. It is not easy to serve two, apparently distinct truths.

The Talmudic rabbis called this situation a machloket – a situation of two opposing truths. Our task, they taught, was to recognize and validate them both, and choose between them, if necessary.



Hence, as we approach the coming High Holy Days – the Yamim Nora'im – the Days of Awe, we encounter a basic theme of this season: the conflict of God's might and God's mercy.

Every time that we open the Ark and rise for Avinu Malkeinu, we face this tension. Is God primarily the powerful arbiter of our lives, the one who metes out reward and punishment for our deeds? Or, is God the gentle nurturer of our souls, the one who mercifully engenders atonement and offers second chances for our misdeeds?

Essentially, can God be Almighty and Mercifully simultaneously? Are they mutually exclusive? Or, does might become awesome in the context of seeking mercy, and does mercy become kindly when facing the possibility of might? Perhaps, the two qualities of God are in fact interdependent?

It is akin to good cop/bad cop. The two behaviors require measures of the other in order to be effective.

In is a powerful scene in Schindler's List, Oskar Schindler encounters Amon Goth, the Nazi commander of the Plaszow Concentration Camp, randomly shooting Jewish inmates from his porch. Schindler confronted Goth, urging him to show mercy because he had the ultimate power to kill someone. Goth corrected Schindler, saying that ultimate power was the power to allow someone to live.

The bad cop is only empowered because there is the opposite possibility.

Approaching the High Holy Days, we see again how nuanced the world truly is. Reviewing our lives, we see that which makes us proud, and that which makes us cringe. Like God, we have our own, inner dichotomies. Our lives are living machlokot – competing truths. It is best that we not dwell on only one side, nor recognize only one, but that we entertain awareness of all of our being. Only then can we truly face ourselves, and make our lives into blessings.

Rabbi Douglas Kohn
Temple Beth Jacob, Newburgh

We Gratefully Acknowledge Gifts Made To The Jewish Federation Of Greater Orange County By The Following Donors As Tributes for August '25:

- ✧ A contribution was made by Karen Levin, in memory of Gordon Cutler, beloved father of Lee Cutler.
- ✧ A contribution was made by Karen Levin in honor Deb Pariser's special birthday, Mazel Tov!
- ✧ A contribution was made by Karen Levin in honor of Deb and Barry Pariser, celebrating their 65th Wedding Anniversary, Mazel Tov!

Looking for a way to make a difference in the local Jewish community?

The Jewish Federation of Greater Orange County has a place for you!

Share your passion for the Jewish community with us!
Join a committee, volunteer, help fundraise

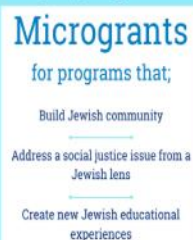
Support Jewish families



Help educate on antisemitism



Support ideas for unique programs



Connect to the greater community



Free books & events for Jewish children thru age 13



To learn more, contact Wendy:
Director@JewishOrangeNY.org
845.562.7860



Jewish Federation
of Greater Orange County
Building Our Jewish Community Together

HAVE AN IDEA?

Jewish in Orange County Micro-Grants

A Micro-Grant can foster new ideas in the Orange County Jewish community bringing us together, connecting us with a positive impact and helping the community learn and grow together.



Apply Today at
www.jewishorangenyny.org/jewish-life/microgrants
or Use the QR Code



The Jewish Federation
OF GREATER ORANGE COUNTY
Building Our Jewish Community Together



Dance With Shmulik
WWW.SHMULIKGOVARI.COM

ISRAELI FOLK DANCING

REGISTER TODAY!
SUNDAYS:

November 2 | 1pm | Middletown
Location details given upon registration



Made possible by funding from:



Jewish Federation
of Greater Orange County
Building Our Jewish Community Together

REGISTER HERE:

jewishorangenyny.org/regfox.com/israeli-dancing

WE STAND WITH ISRAEL
NOW AND ALWAYS



Donations for Israel or your local Federation
If you would like to help,
please donate to the Swords of Iron
Israel Relief Fund here:
jfed.org/israelfund2023
(or scan the QR code)



Or your local Jewish Federation at:
jewishorangenyny.org/donate
(or scan the QR code)

3rd Annual Federation FunDay: A Day of Community Highlights!

FunDay Vendors from local small businesses. Click on their name (below their image) to learn more about them through their email, websites, Facebook or Instagram pages.



[Allan's Falafel](#)



[Already Delish Treats](#)



[Candi Cloud Confections](#)



[Catskill Designz](#)



[Christophe NP Family Health PLLC](#)



[Digital Design by Bari](#)



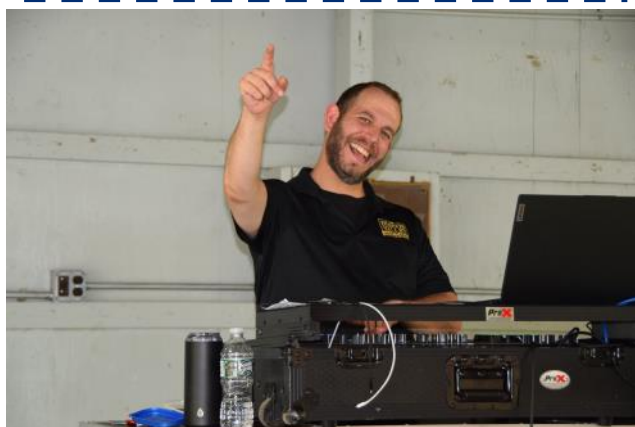
[Eis Creations by Gretchen Eisloeffel](#)



[Hazel's Buddy](#)



[Hudson's Ice Cream](#)



[Hudson Valley Event Group](#)



[Inner Serenity](#)



[Monroe Girl Scouts](#)

Not Pictured:

[Esek](#)

[Lily Bear Treats](#)



Oooh Shiny Rock Shop



Smiling Feet Records



Orange County Sheriff's Office



The Challah Pixie



The Gift of Life



Tony's Pickles



Photos Courtesy of Gail Conklin

3rd Annual Federation FunDay: A Day of Community Highlights Cont.



☆ Thank you to our Amazing Silent Auction Donors from local businesses.
Click on their name to learn more about them.

[Adam's Fairacre Farms](#)

[Alexis Diner](#)

[Bethel Woods](#)

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[LegoLand New York Resort](#)

[Leo's Pizza and Restaurant](#)

[Motorcycle Museum](#)

[Newburgh Brewing Company](#)

[NY Giants](#)

[NY Jets](#)

[Orange Hill Bistro](#)

[PJ Library](#)

[PJ Our Way](#)

[Smiling Feet Records](#)

[The Challah Pixie](#)

[The Warehouse](#)



Rosh Hashanah Ordering Information | Pre-Orders Begin September 1
[**Challahpixie.com**](http://Challahpixie.com)

Menu:

- ☆ Round Challah with or without Raisins | \$12.00
- ☆ Round Vegan Challah | \$12.00
- ☆ Apple Cake with Crumb Topping | \$12.00

Please Choose a Pickup Location, When Ordering:

- ☆ Sunday, September 21 | 10am-2pm | **Beacon Farmers Market**
- ☆ Monday, September 22 | 9am-Noon | **JCC in Newburgh**
- ☆ Monday, September 22 | By Appointment | **in Poughkeepsie**
- ☆ Monday, September 22 | 11am-2pm | **Woodstock Jewish Congregation**



Lucia Swartz
908-415-7944
Any Questions, Please Text!

GIFT OF LIFE MARROW REGISTRY | TOGETHER WE ARE HELPING TO SAVE LIVES!

WOO HOO!! Match #153! It's time for another happy dance!!

Gift of Life Marrow Registry believes every person battling blood cancers, and a hundred other diseases, deserves a second chance at life — and we are determined to help make it happen. Many of our donors have been found as a result of the swabbing drives we have held on local college campuses, in fitness centers, and at festivals and events. Visitors to our swabbing tables are able to join the registry on the spot with a quick swipe inside their own cheeks with a cotton swab. Every donor who joins the registry has the potential to save someone's life.

If you are available to help out at a donor recruitment drive, even for a couple of hours, please contact Sherrill Lazarus smlazarus@yahoo.com or Gail Oliver gailao777@aol.com. You can request a swabbing kit at home, www.giftolife.org.

**GIFT
OF
LIFE**

Upcoming Swabbing Drives:

- ☆ Tuesday, September 9 | 10am-2pm SUNY Orange Middletown –Rowley Center, 1st floor lobby-115 south St, Middletown
- ☆ Wednesday September 10 | 10am-2pm Touro College of Osteopathic Medicine - 60 Prospect Ave, Middletown
- ☆ Tuesday, September 16 | 10am-2pm SUNY Orange Newburgh, Kaplan Hall, Grand Street Lobby- One Washington Center, Newburgh
- ☆ Tuesday, October 7 | 11:30am-2pm Mount Saint Mary College, Aquinas Hall: The View, 330 Powell Ave, Newburgh
- ☆ Wednesday, October 8 | 10am-2pm SUNY Orange Women's Wellness Fair- Shepard Student Center: Fireplace Lounge, 115 South St, Middletown
- ☆ Thursday, October 16 | 12-2pm Dutchess Community College, Greenspan Cafeteria (Drumlin Hall), 95 Cottage Rd, Poughkeepsie
- ☆ Friday, October 17 | 10am-2pm SUNY New Paltz Student Union Building, 1 Hawk Dr, New Paltz
- ☆ Thursday, November 20 | 11am-2pm Iona University -714 North Ave, New Rochelle



JFS Senior Independence Program register for the training or for more information about services available for older neighbors throughout Orange County call or email | 845-341-1173 | volunteer@jfsorange.org

JFS is looking for a volunteer to visit with a local Holocaust Survivor. If interested, please contact [Paula Blumenau](#) for details.

SENIOR INDEPENDENCE PROGRAM

Our Doors Are Open To The Entire Community

VOLUNTEER IN YOUR TOWN

Sign up today and be part of a program that promotes dignity, connection, and independence for seniors in our community.

Opportunities include Transportation, Visits, Wellness Calls, Grocery Shopping Assistance, and more.

VIRTUAL TRAINING DATES

*Pre-approval is required to attend training. Please contact us for an application.

September 16th

5:00 pm

September 30th

5:00pm

Contact Us!

volunteer@jfsorange.org

(845) 341-1173 x305

Alternate training dates are available upon request.



CURRENT SUBSTANCE USE TRENDS & RECOVERY SERVICES

VIRTUAL ZOOM PRESENTATION

This presentation is free and open to the entire community!

September 29th 7:00pm-8:30pm

Presented by Arabia Shearn, Alcohol & Drug Awareness Council (ADAC)

with an introduction by

Hal K. Marcus, MA, Master CASAC, JFS Consultant Psychotherapist

To register for this virtual Zoom presentation, send your name, e-mail address & phone number to Hal K. Marcus at Hmarc57@yahoo.com, or call (914) 443-7202



JFS Jewish Family Service of Orange County, Inc.
Our doors are open to the entire community.

DONATE NOW

Help JFS recognize Yom Hashoah, Holocaust Remembrance Day, by collecting items for Holocaust Survivors in Orange County.



HOUSEHOLD ITEMS

Toilet paper & paper towels
Garbage bags
Sanitizing wipes
Storage Bags—all sizes
New storage containers
Paper plates, cups & napkins
Cleaning supplies
Sponges and rags
Laundry detergent & bleach



SURVIVOR SUPPORT

JFS of Orange County supports Holocaust Survivors with home healthcare aides, cleaning assistance, socialization, transportation, food security, financial assistance.



PERSONAL CARE ITEMS

Bar Soap
Liquid soap
Shampoo & Conditioner
Moisturizer
Hand cream
Tooth Brushes
Personal care wipes
Store gift cards are accepted

To donate:

845-341-1173 x 306 or email slulkin@jfsorange.org

For more information about JFS visit our website jfsorange.org

A message from JFS of Orange County



The Art of Presence: Listening Beyond Words

In our dedicated work as volunteers, we often focus on the tangible aspects: transportation to doctor appointments or assistance with grocery shopping. Yet, two of our most profound contributions lie in the seemingly simple, yet deeply skilled, acts of active listening and the power of presence. For trained volunteers and caregivers also, these aren't just soft skills; they are cornerstones of truly impactful support.

Active listening with older adults, especially those navigating memory challenges or complex life stories, goes far beyond merely hearing words. It means tuning into the nuances of their tone, observing subtle non-verbal cues, and understanding the emotions behind repeated narratives.

When a senior recounts a story for the fifth time, our trained response isn't just polite acknowledgment, but a genuine effort to understand what feeling or memory they are trying to express. Validating their experience, even if the details shift, builds trust and honors their lived history. It's about creating a space where they feel genuinely heard and valued.

This profound listening is intrinsically linked to the power of presence. In a world that often rushes by, simply "being there," consistently, calmly, and without judgment, can be the most significant gift we offer. It's the quiet comfort of a shared silence, the steady hand, the knowing glance. Sometimes, there are no tasks to complete, no words that need to be spoken.

Our presence alone helps combat the pervasive loneliness many seniors face, creating a safe and reliable anchor in their day. It assures them they are not forgotten, their well-being matters, and that a caring neighbor is indeed there.

Together, active listening and authentic presence transform routine visits into meaningful connections, fostering dignity and enhancing the quality of life for those we serve. These are the unsung victories that truly define our program.

An hour or so a week with an older neighbor, visiting, talking, playing a game with the JFS Senior Independence Program, is a meaningful way to contribute to your community. Do you know someone in your life who would benefit from this service? For more information. 845-341-1173.

Jewish Family Service is a recipient agency of Jewish Federation of Greater Orange County and partners with Orange County Office of the Aging to support our Neighbors over 60.

Source: National Volunteer Caregivers Network, Neighbors Helping Neighbors. Jewish Family Service of Orange County is a member of the National Volunteer Caregivers Network (NVCN) previously known as Faith in Action. Paula Blumenau, JFS Community Outreach and Volunteer Engagement, is a NVCN New York ambassador and contributes best practices to the national network.

July's Levine Speaker Series: Ron Kampeas gave us a great presentation on his experience as a journalist covering Israel and other topics over the past few decades. His insight was impassioned and thought-provoking.



A Publication of the Jewish Federation of Greater Orange County | 292 North St., Newburgh, NY
12550—www.jewishorangenyny.org

If you would like a copy of the **We Are One** mailed to you monthly, for a donation of \$36 for the year,
please email Pam: office@jewishorangenyny.org
or Call 845-562-7860

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Alex Solomon Parents/Grandparents Bereavement Support Group



If you have lost a child or grandchild, no matter what age or when, come to find and share support.

A safe space - no politics, opinions, or controversy.
Nondenominational- Open to the entire community.

Sponsored by Congregation Agudas Israel
Meeting at the Kol Yisrael Campus
290 North Street, Newburgh, NY 12550

Upcoming Dates: September 14 | October 5

10:30AM – 12:00PM
Generally second Sunday of the month.

For more information:
AlexSolomonGriefGroup@CongregationAgudasIsrael.org



DINNERS 4 KIDS
ORANGE COUNTY NY

Volunteers Needed!

Do you have a flexible summer schedule?
Do you want to help kids in need?
Do you have a car?

If so, Dinners 4 Kids needs you!

Dinners 4 Kids provides meals for children in food insecure families.

With your help we can deliver meals each week to kids in our area.

For more information or to sign up email:
Rabbilerner@monroetemple.org




BEIT SEFER • בית ספר
Beit Sefer of Orange County • A new twist on Jewish education!

Opening Day BBQ

Meet Sesame Street's Charlie!



SEPTEMBER 7, 2025

Join us as we celebrate a new year of Beit Sefer! The day will be filled with learning and worship, followed by activities.

9:30AM - ASSEMBLY
10-10:30AM - CLASS
10:30AM - BBQ & GAMES

Same Day Registration Available

Open To The Community!



beitsefer18@gmail.com

Join Us in a Special Mitzvah: Soup Kitchen Partnership

B'nai Torah Shul will partner with Temple Beth Haverim Shir Shalom to support their Soup Kitchen Initiative.

Our community will participate on:

☆ **Saturday, September 28**

☆ **Saturday, November 23**

This is a chance to step up and make a real difference, an act of service rooted in our Jewish values and our shared humanity.

To volunteer, please RSVP by emailing us at bnaitorahshulgwl@gmail.com and write "Soup Kitchen" in the subject line.

We hope you'll join us in giving back with heart.




Temple Beth Jacob
Jewish Heritage Tour of SPAIN & MOROCCO

Led by Rabbi Douglas Kohn

October 26 - November 6, 2025



Jewish history in Spain is filled with contradictions. There is tragedy here, but also former glory: largescale Jewish communities that prospered in the 1,000 years before the Inquisition. We will delve into the past and reach out to the nascent Jewish communities of today to hear their struggles and their successes. In Morocco, we'll explore the ancient Jewish communities, meander through the medinas, savor the spices and flavors of the local cuisine, and soak up the culture from Marrakech to Casablanca and beyond!

ON OUR JOURNEY WE WILL:

- Discover Madrid's Royal Palace, Puerta del Sol, Plaza Mayor and world-famous Prado Museum
- Visit the Grand Toledo Cathedral, the El Greco House and the Transito Synagogue in the Imperial City of Toledo
- Explore the old Jewish quarter of Seville, tour the city and visit the Moorish Alcazar Palace
- Step back in Jewish history in Cordoba, with visits to the synagogue, "La Juderia" (the Jewry) and Casa de Sefarad
- Bring to light the glory of Moroccan Jewry from past to present
- Experience the different lifestyles and cultures of Moroccans in urban and rural communities dotting the landscape
- Savor the flavors of Morocco with a taste of local delicacies at the bustling marketplaces
- Explore the mellahs (Jewish quarters) of Marrakech and Casablanca, once home to brilliant scholars, poets and innovators

and so much more!!

Learn more about this amazing trip at secure.ayelet.com/KohnSpain2025.aspx



Tap on the flyer to learn more!

Ayelet Tours, Ltd.
800.237.1517 | www.ayelet.com

PRICING CHART (Based on double occupancy)	CHECK/CASH PRICE	CREDIT CARD PRICE
LAND TOUR	\$5,715	\$5,886
Add for Single Supplement	\$1,700	\$1,750



Monroe Temple Journey to ISRAEL

Led by Rabbi Roger Lerner

February 12-22, 2026



Israel is a land of connections and reconnections, of first-time discoveries and returning for rediscovery and new adventures. Traveling together as a community, we will bond through engaging and enjoyable shared experiences and deepen our understanding of culture and archaeology, religion and politics, the ancient and the modern, as we explore Israel's millennia-old legacy as the heart of the Jewish people.

ON OUR JOURNEY WE WILL:

- Discover the magic of Israel from Jerusalem to Tel Aviv and beyond
- Ascend the imposing mountain of Masada and float in the healing waters of the Dead Sea
- Bear witness to the realities of Israel after October 7th and engage in discussions and debriefings about the current state of Israel and the future outlook of the country
- Experience the magic and wonder of the City of Gold, on an Old City walking tour in Jerusalem
- Explore the Golan Heights by jeep and delight in a hands-on chocolate workshop

and so much more!

Learn more about this amazing trip at secure.ayelet.com/LernerIsrael2026.aspx



Tap on the flyer to learn more!

Ayelet Tours, Ltd.
800.237.1517 | www.ayelet.com

PRICING CHART (Based on double occupancy)	CHECK/CASH PRICE	CREDIT CARD PRICE
LAND TOUR	\$5,279	\$5,442
ADD FOR SINGLE OCCUPANCY	\$1,749	\$1,799

Save \$400 per person in a triple (one person must be under 12 years old).

Let's meet in support of Israel & to bring our hostages home in good health!

Every Sunday 12-1 PM.
Corner of Lakes St & 17M Monroe

Please call Rochelle 845-783-2495 for more info & to confirm dates

TEMPLE SINAI

JOIN US AS WE EXPLORE

Pathways Through the Siddur

Back for its second year, this popular class examines different prayers from the Siddur exploring the meaning of the text, its history, the role it plays in the service, and any laws and customs which accompany it.

Best of all, the students are encouraged to nominate the t'filot (prayers) which they would like to see explored in future classes!

Hebrew skills are not required, and each class will be self-contained, so there's no need to attend the entire series if you are unable.

PATHWAYS THROUGH THE SIDDUR will be held via Zoom on Thursday evenings at 7pm on the following dates:

- September 4
- October 9
- November 6
- December 4
- January 8
- February 5
- March 5
- April 16
- May 14

Please contact the Temple Sinai office at sparker@templesinainmiddletown.com or Rabbi/Hazzan Sialen at rabbis@templesinainmiddletown.com for more information or to receive the Zoom link.

REMEMBERING LOVED ONES WHO DIED BY SUICIDE

SUNDAY, SEPTEMBER 28
 6:30 - 7:00 PM EST ON ZOOM

As the High Holy Day season approaches, we are reminded that remembrance is integral to the Jewish experience. Jewish Family & Children's Service is dedicated to offering a Jewish response to suicide loss, remembering those who have died and supporting those who live with this unique loss.

Join us virtually for a special Yizkor moment, a gentle remembrance of those who have died by suicide. This event will be led by Rabbi Chaplain Suzanne Offit and Chaplain Nancy Smith.

Register at bit.ly/JFCSYizkor

JF&CS Jewish Family & Children's Service | HEBREW COLLEGE | POWERED BY cjp

COMING UP AT THE REHER CENTER

- Sept 5th** | Immigrants on the D&H Canal Talk with Bill Merchant
6pm | Reher Center Gallery
- Sept 7th** | Door Restoration Celebration and Mezuzah Reaffixing
2pm | Reher Center Courtyard
- Sept 18th** | Challah History & Workshop with The Challah Pixie
6pm | Reher Center Gallery
- Oct 30th** | Building & Belonging: A Reher Center Fall Benefit
6pm | Wiltwyck Golf Club

learn more by visiting rehercenter.org/events

Parenting Anxious Teens: Jewish Approaches to Resilience

A webinar for parents of Jewish youth
 Thursday, Sept. 11 | 8 - 9:15 p.m. ET

As we head back to school, there's plenty to feel anxious about – and our teens are feeling it too. Today's Jewish teens are navigating a dual burden. Not only are they grappling with the joys and challenges of adolescence, but they also face rising antisemitism, political division, and conflicting feelings about what's happening in Israel and Gaza. How can parents help our teens through anxious times like these?

Join Moving Traditions on September 11 for a conversation with clinical psychologist and parenting expert Dr. Yoni Schwab, Assistant Head of School for the Shefa School. In this conversation facilitated by Rabbi Daniel Brenner we will address questions like:

- What strategies can parents use to help their teens cope with everyday stress and anxiety?
- How can we build up resilience in our teens to help them overcome the challenges they will inevitably face, as a tactic to manage a healthy level of anxiety?
- How can Jewish wisdom and Jewish community support Jewish parents and teens alike through anxious times?
- How can parents know if teens need professional support to address clinical anxiety?

A panel of teens speakers will also share their experiences and advice about how adults can better support Jewish youth who are struggling with stress and anxiety.

This free Raising Up Teens webinar for parents and educators of Jewish youth will include actionable takeaways and resources to use with the teen in your life.

movingtraditions.org/event/parenting-anxious-teens/



Getting Grounded in Israel & Zionism

Jewish Federations' self-paced course, *Getting Grounded in Israel & Zionism*, offers a thoughtful foundation for anyone looking to better understand Israel today. Led by Rabbi Mike Uram, the course explores key historical events, essential concepts, and the complex issues at the heart of Zionism—equipping you to engage in more informed and meaningful conversations.

More info here:
www.jewishfederations.org/getting-grounded

Stay Tuned For Details on the upcoming JBC Author Series Lineup!

Check out our Calendar to read about our authors at:
jewishorangenyc.org/calendar

Sponsorship Opportunities Available to Help Support The JBC: Author Series at:
jewishorangenyc.org/donate/donate-now

Make a note: Jewish Book Council sponsor!

Watch the Weekly Newsletter and The October We Are One for information on all of our 2025/2026 JBC Authors, for both In-Person and Virtual Events.