



## GUIDELINES

Thank you for signing up for **You Are Not Forgotten**. We are so appreciative of your commitment.

Here are some guidelines to assist your letter writing:

- 1. Begin your letter by addressing the hostage(s) you're writing to by name. You can find an up-to-date list of the hostage names here: https://www.haaretz.com/israel-news/2023-10-22/ty-article-magazine/hostages-held-by-hamas-the-names-of-those-abducted-from-israel/0000018b-55f8-d5d2-afef-d5fdd04e0000
- 2. Introduce yourself (name, age, where you live).
- 3. Let them know you are thinking about them every day.
- 4. Share your hopes and prayers for them (i.e. that they will be protected from harm, brought home quickly, and/or kept healthy and safe). You can do this with words or by including a photo/drawing-however you feel you'd express yourself best. Remember: many of the hostages are young children, so pictures go a long way.
- 5. Tell them that, as soon as they are released, their entire global Jewish family will be waiting for them.
- 6. Write a personal story, anecdote, or anything you'd like to share from your life.
- 7. Sign your name.
- 8. Put your letter in an envelope, include the appropriate postage, and send to:

HOSTAGE NAME
Hostage in Gaza
c/o Mr. Conrad Sauve
President and CEO
Canadian Red Cross
400 Cooper Street, Suite 8000
Ottawa, Ontario
K2P 2H8

**Note:** Sadly, we know there is a good chance these letters won't reach the hostages directly. We are sending our letters to the Canadian Red Cross to send a powerful message that they must continue working for the hostages' release.

Thank you again for your help!