



WOMEN'S MISSION TO ISRAEL

Helpful Hebrew Phrases

HELPFUL HEBREW PHRASES

While most Israelis can speak English, it is always helpful to have a few useful Hebrew words and phrases in your back pocket! Below is a list of basic words, pleasantries, and common phrases for your trip to Israel.

Helpful hint: Hebrew is a gendered language. Verbs and adjectives will change depending on who is speaking, who they are speaking to, and/or what is being spoken about. Where appropriate, gendered versions of phrases are provided.

BASICS

Shalom (Pronounced: Shal-lom)

Hello

Boker tov (Pronounced: Boh-kehr Tov)

Good morning

Erev tov (Pronounced: Er-ev Tov)

Good evening

Laila tov (Pronounced: Ly-la Tov)

Good night

Bevakasha (Pronounced: Beh-vah-kah-shah)

Please

Todah (Pronounced: Toe-dah)

Thank You

Todah Rabah (Pronounced: Toe-dah Rah-bah)

Thank you very much

Ken (Pronounced: Ken)

Yes

Lo (Pronounced: Low)

No

Lehitraot (Pronounced: Le-heet-rah-ot)

Goodbye

USEFUL PHRASES

When asking a woman;

At medaberet Anglit? (Pronounced: Aht Med-a-behr-et Ahng-leet)

Do you speak English?

When asking a man;

Ata medaber Anglit? (Pronounced: Aht-tah Med-a-behr Ahng-leet)

Do you speak English?

If you are a woman

Ani lo medaberet Ivrit (Pronounced: Ah-knee Lo Med-a-behr-et Eev-reet) /

I do not speak Hebrew

If you are a man;

Ani lo medaber Ivrit (Pronounced: Ah-knee Lo Med-a-behr- Eev-reet)

I do not speak Hebrew

Lo hevanti (Pronounced: Lo Hev-an-tee)

I don't understand

Slichá (Pronounced: Slee-chah)

Excuse me;

DIRECTIONS

Eifo? (Pronounced: Ay-fo)

Where?

Eyfo ha'sherutim? (Pronounced: Ay-fo Ha'-sher-oo-teem)

Where's the restroom?

Yamin (Pronounced: Ya-meen)

Right

Smol (Pronounced: Smol)

Left

Yashar (Pronounced: Yah-shar)

Straight

SHOPPING/DINING

Kama ze? (Pronounced: Kah-mah Zeh)

How much is it?

If you are a man;

Ani rak mistakel (Pronounced: Ah-knee Rahk Mees-tah-kel)/

I'm just looking

If you are a woman;

Ani rak mistakelet (Pronounced: Ah-knee Rahk Mees-tah-kel-et)

I'm just looking

Yesh lakhem...? (Pronounced: Yesh La-chem...)

Do you have...?

Kheshbon bevakasha (Pronounced: Chesh-bon Beh-vah-ka-shah)

The bill/cheque please

Tafrit (Pronounced: Tah-freet)

Menu

Arukhat boker (Pronounced: Ah-roo-chat Bo-ker)

Breakfast

Arukhat tzohoryim (Pronounced: Ah-roo-chat Tzo-hor-yeem)

Lunch

Arukhat erev (Pronounced: Ah-roo-chat Er-ev)

Dinner

Yesh li alergia le... (Pronounced: Yesh Lee Al-er-gee-ah Le)

I am allergic to...

Chalvi (Pronounced: Cha-la-vee)

Dairy

Glooten (Pronounced: Gluten)

Gluten

Botnim (Pronounced: Bot-neem)

Peanuts

Egozim (Pronounced: Egg-oh-zeem)
Nuts

Soya (Pronounced: Soy-ah)
Soy

Heeta (Pronounced: Cheet-tah)
Wheat

Tiras (Pronounced: Tee-rahss)
Corn

Hatzil (Pronounced: Hah-tseel)
Eggplant

Sumsum (Pronounced: Sum-sum)
Sesame seeds

Beitza/Beitzim (Pronounced: Bite-zah/Bite-zeem) Egg (singular)/Eggs (plural)

Bakar (Pronounced: Bah-kar)
Beef



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