



Dear Jewish communal leaders,

[The Miriam Fund](#) recently hosted an event featuring Anita Diamant, author of *Period. End of Sentence*, and Jesse Mattleman, Director of Special Projects at Hope & Comfort, on the impacts and issues surrounding menstrual equity — the affordability, accessibility, and safety of menstrual products. These are issues that have significant implications for a person’s health, self-esteem, and overall well-being and impact their ability to access education, employment, and other life opportunities. Connected to this work is eliminating the stigma around periods through creating awareness — which is what we are hoping to help with!

In Massachusetts, The Act to Increase Access to Disposable Menstrual Products in Prisons, Homeless Shelters and Public Schools: H.1959/S.1274 (I AM. bill) is working its way through the legislative process. The I AM. bill would provide access to free menstrual products, without stigma, to individuals in schools, shelters, and prisons. This work is being driven in the context of gender equity. Other states and countries are [leading the path](#). Some private employers and schools are also stepping up to meet this need.

CJP has committed to making menstrual products complimentary in all our office bathrooms. We welcome you to consider this issue and the impact that taking action in your own organizations could have on your clients, congregants, students, and guests. There are many resources to learn more about this issue including the [Massachusetts Menstrual Equity Coalition](#), Anita’s book, *Period. End of Sentence*, or the [documentary on the issue](#).

We invite you to take advantage of [CJP’s group purchasing](#) discount opportunities through [W.B. Mason](#) or [Yankee Alliance](#) to reduce costs so that you may be able to provide complimentary menstrual products in your organizations, synagogues, and schools.

Please [reach out to Beth](#) to learn more or with any questions.

With gratitude,

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CJP Vice President Partnership and Services

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Cheryl Carner, Reva Fischman, Jodi Galin
The Miriam Fund Co-chairs