



## Families with Young Children Local Community Resource Guide Metro North

### Early Parenting and Family Opportunities

(For expectant parents and families with children ages 0–5)

[Early Parenting Classes – JCC Boston](#)

### Early Childhood Learning Centers

Cambridge

[Alef-Bet Child Care](#)

[Cambridge Preschool of the Arts](#)

Lexington

[Billy Dalwin Pre-School of Temple Emunah](#)

[Jewish Preschool of Lexington](#)

Somerville

[Keshet Nevatim \(Sprouts\) Preschool](#)

### Resources for Families with School-aged Children

[Boston-Area Jewish Education Program, Brandeis University](#)

[Camps](#)

[Day schools](#)

For supplemental religious school and youth group information, please see the synagogues listed below.

### Synagogues/Spiritual Communities

[Search by town](#)

Arlington

[Center for Jewish Life of Arlington-Belmont](#)

Belmont

[Beth El Temple Center](#)

Burlington

[Temple Shalom Emeth](#)

Cambridge

[Minyan Tehillah](#)

[Cambridge Minyan](#)

[Congregation Eitz Chayim](#)

[Kahal Braira](#)

[Temple Beth Shalom of Cambridge](#)

Chelsea

[Walnut Street Synagogue](#)

## Lexington

Beit Chaim Meir Chabad Center of Lexington  
Temple Emunah  
Temple Isaiah

## Malden

Congregation Beth Israel

## Medford

Temple Shalom of Medford

## Melrose

Temple Beth Shalom

## Somerville

Havurat Shalom Community  
Temple B'nai Brith

## Wakefield

Temple Emmanuel of Wakefield

## Waltham

B'nai Or of Boston  
Temple Beth Israel

## Winchester

Temple Shir Tikvah

## **Family Friendly Hot Spots**

### Massachusetts Wading Pools and Spray Decks

## Arlington

Arlington Parks  
Henry Bear's Park  
Kickstand Cafe  
Ready, Set, Kids!  
Robbins & Fox Public Library  
The Capitol Theatre - Baby Friendly Matinees

## Bedford

Whole Foods

## Belmont

Beaver Brook Reservation Spray Deck & Playground  
Belmont Kidspace  
Belmont Public Library

## Burlington

3rd Ave. Burlington

## Cambridge

[Bourbon Cafe](#)

[Cambridge Center for Families](#)

[Cambridge Parks](#)

[Cambridge Public Libraries](#)

[Diaper Lab](#)

[Full Moon Café](#)

[Imagine](#)

[Life Alive](#)

[Mamaleh's](#)

[Porter Square Books](#)

## Lexington

[Cary Memorial Library](#)

[Lexington Parks](#)

[Wilson Farm](#)

## Medford

[Medford Parks](#)

[Whole Foods](#)

## Somerville

[Magpie Kids](#)

[Play Union](#)

[Somerville Family Learning Collaborative](#)

[Somerville Parks](#)

[Somerville Public Library](#)

[Two Little Monkeys](#)

[3 Little Figs](#)

## Watertown

[Inside Playground](#)

[Watertown Family Network](#)

[Watertown Library Children's Room](#)

## Winchester

[Wright-Locke Farm](#)

## Woburn

[Vinkari Safari](#)

[Whole Foods](#)

## **Public Facebook/Google Groups**

[Arlington Parents Facebook Group](#)

[Arlington Parents listserv \(Google group\)](#)

[Arlington Community Parents Facebook Group](#)

[Arlington Jewish listserv \(Yahoo group\)](#)

Belmont Moms listserv (Google group)  
Cambridge Moms Facebook Group  
JCC Metro North Family Connection Facebook Group  
Medford Moms Facebook Group  
Parents of Camberville Facebook Group  
Somerville (and beyond) Parents Facebook Group  
Somerville Parents listserv (Yahoo group)  
Somerville Jewish listserv (Yahoo group)  
Tinyhood/Camberville Parents