**Families with Young Children Local Community Resource Guide**

**Metro North**

**Early parenting and family opportunities**(Expectant parents and families with children ages 0–5)  
  
[Parenting Through a Jewish Lens](https://hebrewcollege.edu/programs/parenting-through-jewish-lens/)

[Bay State Babywearers](https://www.baystatebabywearers.org/)

[Down Under School of Yoga- Prenatal & Children’s School](https://www.downunderyoga.com/the-boston-school-of-prenatal-and-childrens-yoga)

[Hike It Baby](https://hikeitbaby.com/)

[Jewish Families of Greater Boston (Facebook group](https://www.facebook.com/groups/2115440718742570/?fref=nf))

[Ready, Set, Kids!](http://www.ready-set-kids.com/)

**Early childhood learning centers**

Cambridge

[Alef-Bet Child Care](http://www.alefbet-childcare.org/)

[Cambridge Preschool of the Arts](http://www.cambridgepreschool.org/)

Lexington

[Billy Dalwin Pre-School of Temple Emunah](http://templeemunah.org/learning/pre-school)

[Jewish Preschool of Lexington](http://www.chabadoflexington.com/templates/section_cdo/aid/1917968/jewish/Jewish-Preschool-of-Lexington.htm)

Somerville

[Kesher Nevatim (Sprouts) Preschool](https://www.kesherweb.org/home)

**Resources for families with school-aged children**

[Boston-Area Jewish Education Program, Brandeis University](http://bjep.org/)

[Camp](http://www.cjp.org/camps)s

[Day schools](http://www.cjp.org/dayschools)

[Israeli School of Lexington](http://www.israelischooloflexington.org/)

[Kesher After School Program](https://www.kesherschool.org/after-school-home)

For supplemental religious school and youth group information, please see the synagogues listed below.

**Synagogues/spiritual communities**

[Search by town](https://synagoguecouncil.org/Directory/Listings)

Arlington

[Center for Jewish Life of Arlington-Belmont](http://www.jewisharlingtonbelmont.com/)

Belmont

[Beth El Temple Center](http://www.betheltemplecenter.org/)

Burlington

[Temple Shalom Emeth](https://shalom-emeth.org/)

Cambridge

[Minyan Tehillah](http://www.minyantehillah.org/)

[Cambridge Minyan](http://cambridgeminyan.org/)

[Congregation Eitz Chayim](http://www.eitz.org/)

[Kahal Braira](http://www.kahalbraira.org/)

[Tremont Street Shul](http://tremontstreetshul.org/wp/)

Chelsea

[Walnut Street Synagogue](http://www.walnutstreetsynagogue.com/)

Lexington

[Beit Chaim Meir Chabad Center of Lexington](http://www.chabadoflexington.com/)

[Temple Emunah](http://www.templeemunah.org/)

[Temple Isaiah](http://www.templeisaiah.net/)

Malden

[Congregation Agudas Achim - Ezrath Israel](http://aa-ei.org/)

[Congregation Beth Israel](http://bethisraelmalden.org/)

Medford

[Temple Shalom of Medford](http://www.templeshalommedford.org/)

Melrose

[Temple Beth Shalom](http://www.tbsma.org/)

Somerville

[Havurat Shalom Community](http://www.thehav.org/)

[Temple B'nai Brith](http://tbbsomerville.weebly.com/)

Wakefield

[Temple Emmanuel of Wakefield](http://wakefieldtemple.org/)

Waltham

[B'nai Or of Boston](http://www.bnaior.org/)

[Temple Beth Israel](http://tbiwaltham.org/)

Winchester

[Temple Shir Tikvah](http://www.shir-tikvah.org/)

**Family-friendly hot spots**

Arlington

[Henry Bear's Park](https://www.henrybear.com/read/101/events-for-kids)

[Kickstand Cafe](http://www.thekickstandcafe.com)

[Robbins Farm Park](https://www.arlingtonrec.com/info/facilities/details.aspx?FacilityID=13524)

[Robbins Public Library](http://robbinslibrarychildrens.blogspot.com/)

[The Capitol Theatre - Baby Friendly Matinees](http://capitoltheatreusa.com)

[The Little Fox Shop](http://www.littlefoxshop.com)

Belmont

[Beaver Brook Reservation Spray Deck & Playground](http://www.mass.gov/eea/agencies/dcr/massparks/region-boston/beaver-brook-reservation.html)

[Belmont Kidspace](http://www.belmontkidspace.org/index.php)

[Belmont Public Library](http://belmontpubliclibrary.net/kids-at-the-library/programs-for-birth-five/)

[The Loved Child](https://thelovedchild.net/)

Bedford

[Chip-in Farm](https://chipinfarm.com/)

Cambridge

[Alexander W. Kemp Playground](https://www.cambridgema.gov/CDD/Projects/Parks/commonkemp)

[Bourbon Cafe](http://bourboncoffeeusa.com)

[Cambridge Center for Families](http://www.cambridgema.gov/DHSP/programsforfamilies/centerforfamilies.aspx)

[Cambridge Public Library](http://www.cambridgema.gov/cpl/Kids)

[Diaper Lab](http://www.diaperlab.com/index.php)

[Full Moon Café](http://www.fullmoonrestaurant.com/)

[Imagine](http://www.imaginecambridge.com/)

[Life Alive](http://www.lifealive.com)

[Mamaleh's](http://mamalehs.com/)

[Muckykids Art Studio](https://www.muckykids.com/)

Carlisle

[Great Brook Farm State Park](https://www.mass.gov/locations/great-brook-farm-state-park)

Lexington

[Cary Memorial Library](http://www.carylibrary.org/programs/preschool-programs)

[Wilson Farm](http://www.wilsonfarm.com/v2.0/home.php)

Somerville

[Bloc 11](http://blocsomerville.com)

[Chuckie Harris Park](https://www.somervillerec.com/info/facilities/details.aspx?FacilityID=14380)

[Five Horses Tavern](http://www.fivehorsestavern.com)

[Magpie Kids](https://www.magpiekids.com/pages/events)

[Somerville Family Learning Collaborative](http://www.somerville.k12.ma.us/district-departments/somerville-family-learning-collaborative-sflc)

[Somerville Public Library](http://www.somervillepubliclibrary.org/kids/storytimes-other-programs)

[The PlayPlace](http://www.playplacesomerville.com/)

[3 Little Figs](http://3littlefigs.com/?page_id=13)

[2 Little Monkeys](http://www.twolittlemonkeysconsignment.com/)

Stoneham

[Stone Zoo](https://www.zoonewengland.org/)

Waltham

[Spray Parks in Waltham](https://www.city.waltham.ma.us/recreation-department/pages/spray-parks-in-waltham)

Watertown

[Inside Playground](http://www.bostonindoorplayground.com)

[Watertown Family Network](https://sites.google.com/a/watertown.k12.ma.us/wfn/)

[Watertown Library Children's Room](http://www.watertownlib.org/children)

[Victory Field](https://recreation.watertown-ma.gov/Facilities/Facility/Details/Victory-Field-13)

Woburn

[VinKari Safari, Children’s Indoor Playground](http://www.vinkarisafari.com/wp/)

**Pubic Facebook/Google groups**

[Arlington Parents Facebook Group](https://www.facebook.com/groups/ArlingtonParents/)

[Arlington Parents listserv (Google group)](https://groups.google.com/forum/#!forum/arlingtonparents)

[Arlington Community Parents Facebook Group](https://www.facebook.com/groups/896411610466660/)

[Arlington Jewish listserv (Yahoo group)](https://groups.yahoo.com/neo/groups/arlingtonjewish/info)

[Belmont Moms listserv (Google group)](https://groups.google.com/forum/?hl=en#!forum/belmontmoms)

[Cambridge Moms Facebook Group](https://www.facebook.com/groups/cambridgemom/)

[JCC Metro North Family Connection Facebook Group](https://www.facebook.com/groups/JCCMetroNorthFamilies)

[Medford Moms Facebook Group](https://www.facebook.com/groups/MedfordMoms/)

[Parents of Camberville Facebook Group](https://www.facebook.com/groups/parentsofcamberville/)

[Somerville (and Beyond) Parents Facebook Group](https://www.facebook.com/search/top/?q=somerville%20(and%20beyond)%20parents)

[Somerville Moms listserv (Yahoo group](https://groups.yahoo.com/neo/groups/SomervilleMoms/info))

[Somerville Jewish listserv (Yahoo group)](https://groups.yahoo.com/neo/groups/SomervilleJewish/info)