

Shanah Tovah Umetuka!

INSIDE

Platt a link in generations – page 5

Preschool Educators Day draws crowd
– page 9

Dignity Grows packs 589 totes – page 7

Aronson to head development at BB Camp – page 7

Brandt hired for CBI preschool – page 7

Mega Challah Bake returns – page 9

Shofar meets shop class – page 9

High Holiday info and resources
– page 9

Community New Year's Greetings
– page 11

Chaplain: A deeply ingrained hope
– page 14

HHD Security: What you can do – page 15

Consul: Thoughts on Pride Month –
page 16

Obituaries – page 16

Subscribe at
jewishportland.org/subscribe

The JEWISH REVIEW

Established 1959
Oregon and SW Washington's Online Jewish Newspaper

Sept. 6, 2023/20 Elul, 5783 Volume 58, Issue 18

The season of the Shofar



Rabbi Chiam Wilhelm of Chabad Northeast Portland demonstrates the technique for blowing a shofar during a children's shofar-making workshop Sunday, Aug. 27 at the Eastside Jewish Commons. The blowing of the shofar is a signal of Rosh Hashana, the Jewish new year, and the beginning of the High Holidays. More High Holiday stories and community resources start on Page 9. (Rockne Roll/The Jewish Review)

Cornerstone returns as rousing success

By ROCKNE ROLL

The Jewish Review

"Growing up in Wichita, Kansas, as the only Jewish kid in my high school graduating class of 671 students, I couldn't have imagined how large, varied, and vital the Jewish community on this continent is," Jewish Federation of North America Board Chair Julie Platt told a crowd gathered at a private home in Lake Oswego Tues-

day, Aug. 29.

It's hard to imagine a more powerful expression of that vitality than Tuesday's gathering, the Jewish Federation of Greater Portland's Cornerstone event. It was the first in-person version of the traditional curtain-raiser for the Federation's annual Campaign for Community Needs since

See CORNERSTONE, page 4

'Meant to Be' comes to Shaarie Torah

Congregation Shaarie Torah presents a conversation with author Roslyn Franken on her new book, "Meant to Be," Sunday, Sept. 10 at 1pm on Zoom. Meant to Be is a true story about how Franken's parents, as young adults, overcame all odds of surviving years of captivity continents apart in two simultaneous world wars in Asia and Nazi Europe, and eventually met in the most extraordinary of circumstances. For more information or to register, visit shaarietorah.org/elul.

Schnitzer Center for Living defined by "dedicated, skillful care"

By SYDNEY CLEVENGER

Cedar Sinai Park

Resident Sarah says her home at the Harold Schnitzer Center for Living is the best.

Sarah added that "because of dedicated, skillful care, and assistance of every nurse and CNA [at Robison Jewish Health Center/Harold Schnitzer Center for Living], supported by the diligent, patient support from everyone," she has come to love living at the home.

"There is a certain and palpable serenity that a small space provides, and I can't imagine being in any other room than my room, exactly as it is," she said. "This is the best thing that has ever happened to me because of the lessons I've learned. I would change absolutely nothing!"

Such words of gratitude from residents like Sarah (whose name has been changed to protect her identity) are soulful, said Cedar Sinai Park Chief Executive Officer Kimberly Fuson.

"The legacy of our nearly 104-year-old home only exists because of those who walked before us with unparalleled vision and compassion," said Fuson. "We are so grateful to everyone who has supported our mission of providing residential and community-based care to our elders and adults with special needs, allowing them to live in comfort, independence, and dignity in an environment based on Jewish values."

In March of 2023, the number of skilled nursing beds available on the Robison side of campus were reduced to ensure high-quality staffing. Since then, said Fuson, "the team is our own, cohesive, and feeling relief that the care they are providing is truly the "Robison" way, the care upon which our entire reputation is built.

"The team is doing a magnificent job," she said. "And we retained our top five-star rating for quality of resident care from the Center for Medicare and Medicaid Services."

Cedar Sinai Park is a nonprofit organization. Its annual appeal is underway, to help bridge the gap between what Medicaid pays for its residents and what care actually costs, which for 2022 was \$148.44 a day, for each long-term care resident.

To make a donation, go to <https://cedarsinainpark.kindful.com/>, or call (503) 535-4365.

**Free online
subscription:**

[jewishportland.org/
subscribe](http://jewishportland.org/subscribe)

JFCS 'walks beside you' in grief

Sessions for fifth cohort of grief support group begin Sept. 20

By JENN DIRECTOR KNUDSEN

Jewish Family and Child Service

Grief affects every part of our lives and can be a lonely road to travel. Jewish Family & Child Service helps individuals through their grieving process – in community – with Walking Beside You. First introduced two years ago, its fifth group begins Sept. 20.

Walking Beside You is an eight-week grief-processing group for adults, during which participants have the opportunity to share their own experiences with grief, connect with others and also learn strategies for moving through loss. It is co-facilitated by Missy Fry, LCSW, JFCS' aging and adult services clinician, and Rabbi Barry Cohen, Community Chaplain at the Jewish Federation of Greater Portland.

Walking Beside You meets on Wednesdays, from Sept. 20 through Nov. 8, from 10:30 a.m. to 11:45 a.m. The first and final sessions will meet in-person at the Mittleman Jewish Community Center, and the other six occur online. Pre-registration is required as space is limited to nine participants to provide an intimate space, and the co-facilitators request group members to commit to attending at least six sessions.

The entire series cost is \$200, however no one will be turned away for inability to pay; group members are asked to pay what they are able.

"Grief is part of the human condition," Rabbi Cohen says. "The question is, how do we respond to the loss of a loved one? Walking Beside You enables people to grieve in their own way, on their own time and in relationship with others."

Fry says that offering a fifth cohort of Walking Beside You and doing so this fall is very intentional. The holidays can be an especially difficult time for people who are grieving.

"We continue to receive requests regularly for grief support, and these requests continue to increase each year," Fry says.

After Fry and Rabbi Cohen's first few grief-processing groups, they compiled and put into practice participants' feedback, including needing more time per session – each one has been increased by a quarter-hour – and the desire by many to be physically together.

"The experience of grief after the loss of a loved one can feel incredibly surprising, overwhelming and isolating," Fry says. "There is often a sense of comfort, validation and even honor in bearing witness to others' experiences."

Rabbi Cohen adds: "We hope that participants will share what they learn with family and friends when others to whom they're close experience loss and grief."

One participant in last spring's Walking Beside You called the group their "home." "You both helped so much and I felt so connected to everyone who participated – like we're all a family. I'm in a much better place than where I started."

Walking Beside You is made possible in large part thanks to a grant from the Jewish Federations of North America's (JFNA) Center for Holocaust Survivor Care and Institute on Aging and Trauma.

For more information or to register, visit jfcs-portland.org/walking-beside-you.



Jewish Federation
OF GREATER PORTLAND

IT'S MOMENTS
LIKE THIS!

Wishing
you a
Happy
Rosh Hashanah.

May the coming year be
sweet and prosperous
for you and your family.



RESOURCES

For High Holiday Resources visit
jewishportland.org/highholidayhappenings

DR. RICK HODES
A True Jewish Hero!

**TWO
PORTLAND
APPEARANCES!**

SEPTEMBER 11, 2023
7:00 PM

Mittleman Jewish Community Center
6651 Capitol Highway

SEPTEMBER 12, 2023
7:00 PM

Eastside Jewish Commons
2420 NE Sandy Blvd



REGISTER NOW



jewishportland.org/hodes

JEWISH FEDERATION
OF GREATER PORTLAND
PRESENTS AN EVENING WITH

DR. RICK HODES

Dr. Rick Hodes is JDC's Medical Director in Ethiopia. Initially arriving in 1984 to help famine victims, he returned in 1985 to teach at Addis Ababa University Faculty of Medicine, and has worked for JDC since 1990. Dr. Hodes was in charge of the health care of all Ethiopian immigrants to Israel from late 1990 until 2016, about 1% of the Israeli population. He also participated in Operation Solomon, the historic airlift of over 14,000 Ethiopians to Israel in 36 hours. Dr. Hodes was recognized by CNN as one of their global heroes.

CO-SPONSORED BY:



EASTSIDE JEWISH COMMONS



Clockwise from top: Attendees schmooze by the pool at the Jewish Federation of Greater Portland's Cornerstone fundraiser Tuesday Aug. 29. Federation Associate Campaign and Engagement Officer Laura Jeser greets Ronnie Malka. Attendees listen to remarks from Jewish Federations of North America Board Chair Julie Platt. (Rockne Roll/The Jewish Review)



CORNERSTONE (continued from page 1)

2020 and came with an exciting twist.

Federation Campaign Co-Chair Leslie Beard announced a dollar-for-dollar match by Scott and Elena Shleifer on contributions increased over last year by 10 percent or more, with a double match for pledge increases over 20 percent.

"We are here tonight to celebrate the work of the Jewish Federation," Beard said, "and to support our great Jewish community with the help of your gift to the 2024 Campaign for Community Needs."

The assembled community responded, pledging more than \$225,000 to the 2024 campaign.

Campaign Co-Chair Jack Birnbach opened the evening's remarks with a recounting of his Jewish upbringing in Portland and the ways in which the opportunities he had to build community and significance in his Jewish experience are made possible for the community today through the work of the Federation.

"I was able to have all these wonderful experiences because of you, your parents, and your grandparent's donations and investments in the Jewish community," he said.

Platt touched on situations abroad, including the current political crisis in Israel and the Russian invasion of Ukraine, particularly mentioning the Portland Federation's work to assist Jews endangered by the ongoing conflict in Eastern Europe.

"For the first time in the history of the Jewish people," she said, "when a war broke out in Europe, every single Jew who needed rescue was saved, and every Jew who wanted to go to Israel was brought to Israel."

Platt also drew attention to the rise of antisemitism in North America and the efforts by Jewish Federations to address it, from the work of community security directors to safeguard Jewish people and institutions to the work of Jewish Community Relations Councils to combat antisemitism both on the ideological fringes and in the cultural mainstream – work that is far from finished.

"In the Torah, Noah is told to build the ark before it rains," she
continued on next page



Above: Campaign Co-Chairs Leslie Beard, left, and Jack Birnbaum introduce Julie Platt, the event's keynote speaker. Below: Platt, right, addresses a Q-and-A session moderated by JFGP President and CEO Marc Blattner. (Rockne Roll/The Jewish Review)



continued from previous page

said. "Right now, we're planning for what could, in the worst-case scenario, be a flood of additional antisemitic violence."

From these initiatives to work supporting teen mental health and developing the next generation of leadership for Jewish institutions, Beard pointed out that none of it would be possible without the support of the community and work of the Jewish Federation.

"Rabbi Lord Jonathan Sacks of blessed memory once pointed out that the first word of the Book of Psalms is *ashrei*, which is the closest Hebrew word to happiness. And the *Ashrei* prayer is part of almost every Jewish service," Platt said. "But, he says, we say another word almost ten times as often, which is *simchah*, joy. We are enjoined to serve G-d not with a feeling of being burdened, but with a sense of joy. The same goes for our relationships with other people; we are to find joy in helping others and building community."

Jewish Federations of North America Board Chair Julie Platt addresses the Jewish Federation of Greater Portland's Cornerstone fundraiser Tuesday Aug. 29. (Rockne Roll/The Jewish Review)



Platt a link in generations of Jewish philanthropy

By ROCKNE ROLL

The Jewish Review

Julie Platt, the Board Chair for the Jewish Federations of North America, was raised on Jewish philanthropy and community work. It's a legacy she's proud to have inherited from her father, who had died just weeks before her recent visit to Portland.

"I'm still in *shloshim*," she told *The Jewish Review*, using the Hebrew word for the 30-day mourning period following the death of a close relative. "He was a giant in Jewish philanthropy and set an example for us of giving as you live."

Platt told guests at the Jewish Federation of Greater Portland's Cornerstone event that continuing her work supporting programs and Federations around the country was the best way she could think of to honor her father's legacy – as well as passing it on to her five children.

"[They] are all deeply engaged in Jewish life in the way they've curated for themselves," she told the *Review*.

One of Platt's priorities at JFNA has been community security. This includes Live Secure, a national funding program that has amassed \$62 million to ensure the security of Jewish communities, including Portland. Platt mentioned the upcoming High Holidays as an example of why that work is so crucial.

"I don't think you can have the spiritual payoff of sitting in beautiful High Holiday services if you're scared to walk through the front door," she said, "or to engage in the joys of Judaism if you're afraid to walk in the front door."

Those services are a highlight of the season for Platt, who is a member of Sinai Temple in Los Angeles. Another is the food – including her kugel with a crumb topping made with Frosted Flakes cereal, a recipe she picked up from her sister-in-law.

"I'm excited to go to shul," she said. "Maybe that's not the normal thing you hear, but my family loves going and learning from our clergy."

While Platt is well known in philanthropic circles, the rest of her family is best known for their work in the entertainment industry. Her husband, Marc, and fourth son, Ben, have three Tony awards between them; Marc as a producer, won Best Musical awards for "The Band's Visit" and "A Strange Loop" while Ben was the youngest person to win the Tony for Best Actor in a Leading Role in a Musical for his performance in the titular role in "Dear Evan Hansen." The other Platt children also work in the arts; one as an entertainment lawyer, another as a writer and actor, and the youngest, Henry, in music. Julie Platt's favorite work that any of her family have been involved in, however, is her husband's production of the musical "Wicked" and the motion picture version that should be released in the near future.

"My husband chose to tell that story, because it was the story of the other," she said. "The green girl was 'the other' and you see that she was not the wicked one. So he is drawn to storytelling that tells the story of really the Jewish people, even if you don't know that from walking into it."

Preschool Educators Day draws crowd

By ROCKNE ROLL

The Jewish Review

Nearly 100 educators from Portland's Jewish preschools gathered to learn about new developments in early childhood education – and each other – at Portland's first Jewish Preschool Educators Day held at the Mittleman Jewish Community Center Wednesday, Aug. 23.

This inaugural event is a product of a long-growing collaboration between Portland's Jewish preschools that began in 2020 as COVID shut down in-person instruction.

"We started to bring together cohorts of educators online to just say, 'what do you need? How can we be a resource?' Our preschool directors really found comfort in each other and support with each other," Jewish Federation of Greater Portland Director of Educational Initiatives and Associate Director of Community Relations Rachel Nelson said. "We started having a conversation of what would it look like to do professional development together in a really intentional way, where it also embodied community building."

"We're always looking for opportunities for our teachers to connect with other people in our community, especially early childhood educators," added Kim Krikorian, Assistant Director of Early Childhood Education at Portland Jewish Academy.

After an icebreaker and lunch, participants went to one of a variety of continuing education workshops, with topics ranging from neurodiversity in early childhood to teaching Jewish values through games and stories and even a text study on how to teach a child who thinks they're a rooster. While some were led by outside experts, many were facilitated by educators who were not only specialists in those areas but peers



Teachers from across Portland's Jewish preschools discuss an icebreaker question at the opening session of Preschool Educators Day Wednesday, Aug. 23, at the Mittleman Jewish Community Center. The event, the first held in Portland, drew over 80 educators from all of Portland's Jewish early childhood education programs for continuing education and networking. (Rockne Roll/The Jewish Review)

of those they were leading.

"A lot of what we do becomes muscle memory, and that's wonderful," explained Cory Wilson, Director of the Foundation School program at Congregation Neveh Shalom. "Still, once a year, we need to digest the information and new research and new things come up."

Just as important as the advanced training was the opportunity to connect with fellow Jewish educators.

"My favorite part was just getting to talk to people and see each other and know each other," Wilson explained. "I think we all are just really craving that connection with other people who serve children and family."

"Seeing all these incredible people together, just joyfully sharing together and afterwards, hearing all the reports back of how much how in-

spired my teachers were was absolutely a pure joy. It's definitely something I want to see more of," Kirkorian added. "And I want our communities to see how much work our early childhood teachers are doing to support our youngest learners."

Fostering a sense of community is a priority among Jewish educators, and gathering so many of them together to learn and get to know each other is a hugely important part of connecting those who do such important unique work.

"Early childhood is all about exploring with children and facilitating the work that they're already interested in as unique individuals," Kirkorian said. "With our Jewish values, we also focus on that divine image, you know, that we're all unique and but we're also so much the same."

Everything we do is through a Jewish lens, because we

no matter what we're talking about, we are creating a safe place for Judaism as our number one," Wilson said."

For many of the teachers attending this year, it's their first time working in the Jewish community, so having this opportunity at the beginning of the year to connect with their colleagues goes a long way in terms of a smooth transition to a new working environment.

"There are different things that come when you're in a Jewish setting that are not the same, that are unique to being in a Jewish community," Nelson said. "We want to showcase how beautiful the Jewish community is."

While this was the first Preschool Educator Day, the overwhelmingly positive response from attendees means it's unlikely to be the last.

"We're hoping to make this an annual experience."

jewishportland.org/subscribe

Dignity Grows packs 589 hygiene totes

Clockwise from top: Shalom Dinberg, left, and Deanna Cohen load supplies into tote bags at Congregation Neveh Shalom during Dignity Grows' packing party Sunday, Aug. 27. A group of over 50 volunteers packed 589 tote bags with menstrual and basic hygiene supplies in under a half hour. The totes are distributed to groups working with disadvantaged populations throughout the Portland area. Deborah Bell adds supplies to a tote as it moves along its assembly line. Evan Rodriguez hauls off two armfuls of totes to be loaded for transport. (Rockne Roll/The Jewish Review)



Aronson to lead BB Camp development efforts

By ROCKNE ROLL
The Jewish Review

Wendy Aronson remembers her first experience with Jewish youth programs — she started participating in Young Judea when she was a sixth grader living in Oregon City, a time when she joked that her family of five constituted the entire Jewish population.

“That just opened so many doors for me,” she said of her experience in Young Judea. “It really taught me that I wasn’t alone.”

Now Aronson works to ensure that other youngsters can have those same experiences in her new role as Chief Development Officer of B’nai B’rith Camp.

After returning from a gap year in Israel after high school, Aronson knew she wanted to pursue a life of Jewish communal work. She earned a master’s degree in Jewish communal service from Brandeis University and another in Jewish education

See ARONSON, page 8

Brandt named head of CBI early childhood program

By ROCKNE ROLL
The Jewish Review

As Congregation Beth Israel moves toward opening its new early childhood center early next year, a crucial step in that process has been achieved with the hiring of Bailey Brandt as the congregation’s Early Childhood Director.

Brandt has 16 years of experience in early childhood education, from teaching Montessori and nannying to directing a Montessori school and working as a developmental therapist among her career stops. She’s a graduate of Portland State University and holds a master’s degree in child development from Erickson Institute in Chicago, where she has spent most of her career.

“My whole family is in Portland,” she said, “and I decided it was now time to return home and be close to family.”

Brandt’s role at CBI is her first foray into Jewish communal
See BRANDT, page 8

BRANDT (continued from page 7)

work, and she's excited to connect with her Jewish heritage while building the program, The Jennifer Barnum Luria Early Childhood Center ("The Jennie" for short) from the ground up.

"[I'm] really excited about being able to participate in a Jewish school as part of CBI, but particularly Reform Judaism, and being able to bring an inclusive and diverse lens to that," Brandt said. "Building a quality program that can be really immersed in the community, and based on the relationships and support from the community that we have is a special opportunity."

The "community" aspect of that statement is big for Brandt, and one of the things that drew her to this role.

"I think that there is a lot of really incredible things about the way that Judaism approaches community and the young people in our community," she said. "One of my favorite quotes that I picked up while I was in grad school at Erickson Institute is that 'there is no such thing as a baby.' Obviously, babies exist; that means that there is no such thing as a baby or a child outside of their community and the people around them. Children best succeed when they're in an environment surrounded by caregivers, and surrounded by a community that is ultimately looking out for them."

That includes parents, of course – a group that Brandt worked with extensively during her time at the Fussy Baby Network, supporting families with sleeping and eating concerns and other challenges.

"I learned a lot in that position about how to approach parents in a way that makes them feel really welcomed in and supported and not like I am you know, just here for a business opportunity or something of that sort," she said.

Brandt recalled that a desire to make the world a better place was what drew her to working in early childhood education. In high school, she participated in youth advocacy in local politics, but decided the kind of change she was seeking was built not one policy at a time, but one person at a time.

"I realized that if we wanted to create long term change, towards a more peaceful and more joyful and more kind society, that we actually had to start with raising children differently and better, and obviously carrying some of the old traditions that do work with us along the way," she said.

SAVE the DATES!

Get ready as we come together to build a vibrant Jewish community and a bright Jewish future.

IMPACT and SPOTLIGHT, two great events to benefit the 2024 Campaign for Community Needs.

"IMPACT" FEATURING JUJU CHANG
THURSDAY, NOVEMBER 16 / 5:30PM
MITTLEMAN JEWISH COMMUNITY CENTER

"SPOTLIGHT" FEATURING FRAN DRESCHER
SATURDAY, DECEMBER 2 / 6:30PM
PATRICIA RESER CENTER FOR THE ARTS

REGISTRATION FOR THESE EVENTS COMING SOON!

You will be invited to make your gift towards the 2024 Campaign for Community Needs.

EJC welcomes six to board

The Eastside Jewish Commons announced the appointment of six new members to its board of directors.

The EJC Board welcomed Noah Barish, a labor and employment lawyer with McKanna Bishop Joffe (term begins June 2024); Leah Conley, development director of Camp Solomon Schechter; Mark Meyer, president of Lice Clinics of America and advisor to EJC finance committee, former finance committee chair of Portland Jewish Academy; Jake Moffett, senior search engine optimization strategist with RevenueZen and former stage manager at Stage5 theater; Erik Richmond, oral surgeon and former treasurer of EJC, former board member of Portland Jewish Academy and Mittleman Jewish Community Center; and Eliana Temkin, learning and organizational effectiveness specialist with Kaiser Foundation Health Plan.

With these additions, EJC's board comprises 16 directors. Existing members include Karen Blauer (chair), Mia Birk (treasurer), Sara Radcliffe (secretary), Hannah Berg, Hope Peskin-Shepherd, Alysa Rose, Brian Scott, Ellie Simon Goldman, Andrew Tertes Kedem and Tamar Wyte-Lake.

Karen Blauer, board chair said, "we're thrilled to welcome Noah, Leah, Mark, Jake, Erik and Eliana as new directors to the EJC board. At this exciting time in EJC's evolution, they bring a wide range of perspectives, lived experience, skills and energy that will enhance our ability to serve the community and take us to the next level."

Tamar Wyte-Lake, chair of the Nominating Committee, said, "these appointments reflect a vigorous search process with input from EJC's 25 community partner organizations and others. As EJC continues to blossom and mature, we're committed to ensuring that our board reflects the diversity of the community we serve and that we have a good mix of skills and experience to advance our mission and vision."

ARONSON (continued from page 7)

from Hebrew College.

Spending most of her career in Colorado, she worked extensively in community development and informal Jewish education. She was executive director of Judaism Your Way in Denver, where she helped establish the group's endowment – a crash course in donor development, given the difficulties often associated with building endowments. It was work that strongly resonated with her.

"I love talking to donors, understanding their stories. Understanding how the organization I'm working for has helped them on their Jewish journey," she said. "I find it just really powerful."

Aronson is jumping right in, with BB Camp moving from their recently completed capital construction program to work on a dining hall extension and performing art space as well as a day camp facility in Lincoln City near the overnight camp.

"It's such a genius camping model. I don't know how many other camps do this," Aronson said of the day camp program. "Kudos to the BB camp, board and staff for figuring this out."

Aronson is based in Corvallis, travelling extensively throughout the northwest to connect to donors. She's already seen how BB Camp has been a positive part of her family's experience and looks forward to more.

"My youngest went to the Shabbaton weekend for the first time and just loved it, and as a family, we've gone to family camp for two years in a row now," she said. "So I'm excited for my young kids and to see what sort of Jewish experience they're going to have."

Special Section

High Holidays 5784



Challah Bake is back

By **ROCKNE ROLL**
The Jewish Review

As 5783 winds down and Rosh Hashana approaches, Chabad of Oregon is presenting an opportunity to wrap up the year in sweet, doughy, delicious style as the Mega Challah Bake returns tomorrow – Thursday, Sept. 7 at 6:45 pm at Congregation Neveh Shalom.

The last Mega Challah Bake, seven years ago, filled a room at the Mittleman Jewish Community Center to make bread and share in the joys of community. As the shmita (agricultural sabbatical year) comes to a close, Devora Wilhelm sees this as the perfect time to bring the event back.

“We felt this was an appropriate year, before the year is over to bring women together to be inspired,” Wilhelm said, “to have a fun and educational evening.”

Expecting a big crowd, Chabad has ordered 200 pounds of flour for the event, which is co-presented by the MJCC, Portland Jewish Academy, Jewish Family and Child Service, the Jewish Federation of Greater Portland, Congregation Kesser Israel and Congregation Neveh Shalom. Participants will leave with

See **CHALLAH**, page 12

Shofar meets shop class

Above: Participants at Chabad of Northeast Portland's Shofar Making Workshop shellac their Shofars Sunday, Aug. 27 at the Eastside Jewish Commons. Shofar makers were able to select their horns, which had been pre-prepared by removing the cartilage and drilling the mouthpiece hole, sand them smooth and apply a finish to protect and beautify them. At left, Cris Geffin, 11, uses a specialized drill bit to widen the hole in a demo unit drilled by Rabbi Chaim Wilhelm. Rabbi Wilhelm also shared a variety of horns and antlers from different animals and demonstrated how to use the instrument once completed. (Rockne Roll/The Jewish Review)



High Holiday information and resources

The Jewish Review Staff

The coming new year marks the beginning of Judaism's High Holy Days. On the Gregorian calendar, Rosh Hashana 5784 begins the evening of Friday, Sept. 15 and continues through Sunday, Sept. 17. Yom Kippur is observed Sunday through Monday, September 24-25, beginning Sunday evening and continuing through

Monday.. Sukkot begins Friday, Sept. 29 and continues through Friday, Oct. 6, followed immediately by Shmini Atzeret and Simchat Torah Friday and Saturday, Oct. 6-7, respectively.

Rosh Hashanah

Rosh Hashanah, the Jewish New Year, cel-

See **HOLIDAYS**, page 12

Latest HHD info online at jewishportland.org/highholidayhappenings

JEWISH FEDERATION OF GREATER PORTLAND

Local Area Congregations/Other Related Orgs.



Ahavath Achim (Sephardic)

6686 Capitol Highway
Portland, OR 97219
503.227.0010
Rabbi Devin Villarreal
ahavathachim.com

Beit Haverim (Reform)

111 Country Club Drive
Lake Oswego, OR 97034
503.568.1241
Rabbi Alan Berg
beithav.org

Beit Yosef (Sephardic)

4200 SW Vermont St.
Portland, OR 97219
971-220-8152
beityosef.org

Beth Israel (Reform)

1972 NW Flanders Street
Portland, OR 97209
503.222.1069
Rabbi Michael Cahana
Cantor Ida Rae Cahana
Rabbi Rachel Joseph
Cantor Rayna Green
bethisrael-pdx.org

Chabad on Campus NW

9816 SW 6th Avenue
Portland, OR 97219
Rabbi Eli & Mrs. Citron
jewishandclark.com

Chabad of Oregon

Rabbi Moshe & Devora Wilhelm
email: rabbi@chabadoregon.com
chabadoregon.com

Chabad Jewish Center of Clark County

9604 NE 126th Ave # 2340
Vancouver, WA 98682
360.993.5222
Rabbi Shmulik & Mrs. Tzivie Greenberg
jewishvancouverwa.com

Chabad Jewish Center of Hillsboro

965 SW Brookwood Ave
Hillsboro, OR 97123
503.747.5363
Rabbi Menachem & Chaya Rivkin
chabadh.com

Chabad Jewish Center of Gresham/ East County

503.389.0312
Rabbi Avrohom & Cheina Dyce
jewishgresham.com

Chabad of Lake Oswego

Rabbi Shimon & Etty Wilhelm
503.753.4744
jewishlo.com

Chabad of Northeast Portland

4635 NE 9th Ave.
Portland, OR 97211
503.309.4490
Rabbi Chaim & Mushka Wilhelm
jewishnortheast.com

Chabad SW Portland

6612 SW Capitol Hwy
Portland, OR 97219
503.381.7119
Rabbi Motti & Mimi Wilhelm
jportland.com

Chabad at Reed College & SE Portland

3355 SE Steele Street
Portland, OR 97202
503.752.2258
Rabbi Dov & Chani Bialo
jewishreed.com

Chabad Urban Jewish Oasis

1218 NW Glisan St Portland
503.246.5437
Rabbi Chayim & Simi Mishulovin
jewishoasis.com

Chabad Young Professionals/ Chabad NW Portland

503.583.2025
Rabbi Meir & Sheina Posner
www.Pdxcyp.org

Tigard Chabad

12555 SW Summer Crest Dr
Tigard, OR 97223
Rabbi Menachem & Chaya Orenstein
971.329.6661
jewishtigard.com

Gesher - A BridgeHome

503.246.5070
Rabbis Rutenberg & Schoenberg
ourjewishhome.org

Havurah Shalom (Reconstructionist)

825 NW 18th Ave
Portland, OR 97209
503.248.4662
Rabbi Benjamin Barnett
havurahshalom.org

Kesser Israel

(Orthodox)
6698 SW Capitol Hwy
Portland, OR 97219
503.222.1239
Rabbi Sholom Skolnik
kesserisrael.org

Kol Ami (Reform)

7800 NE119th St
Vancouver, WA 98662
360.896.8088
Rabbi Elizabeth Dunsker
jewishvancouverusa.org

Kol Shalom (Humanistic)

2420 NE Sandy Blvd
Portland, OR 97232
503.459.4210
kolshalom.org

Neveh Shalom

(Conservative)
2900 SW Peaceful Lane
Portland, OR 97239
503.246.8831
Rabbi David Kosak
Cantor Eyal Bitton
Rabbi Eve Posen
nevehshalom.org

P'nai Or of Portland (Renewal)

c/o Hillsdale Com. Church
6948 SW Capitol Hwy.
Portland, OR 97219
503.248.4500
pnaiorpx.org

Shaarie Torah (Conservative)

920 NW 25th Ave Portland, OR 97210
503.226.6131
Rabbi Gary Ezra Oren
shaarietorah.org

Congregation Shir Tikvah (Independent)

2420 NE Sandy Blvd.
Portland, OR 97232
503.473.8227
Rabbi Ariel Stone
shirtikvahpdx.org

OTHER RELATED ORGANIZATIONS

Community Chaplain

Rabbi Barry Cohen
971.361.6124
email: chaplain@jewisportland.org

Community Security Director

Jessica Anderson
872-273-9214
email: anderson@securecommunitynetwork.org

Mikvah Shoshana

6612 SW Capitol Hwy
Portland, OR 97219
503.309.4185
Simi Mishulovin
email: portlandmikvah@gmail.com

Rachel's Well Community Mikvah

6655 SW Capitol Highway
Portland, OR 97219
971.220.5580
email: mikvahpdx@gmail.com
www.jewishportland.org/mikva

Oregon Board of Rabbis (OBR)

Introduction to Judaism Class
JoAnn Bezodis
email: joann@oregonboardofrabbis.org
971.248.5465
Rabbi Jonathan Seidel, Chair
oregonboardofrabbis.org

Jewish Burial Societies

Portland Hevra Kaddisha (Orthodox)
503.519.2454
shared.nasck.org/registered_chevros/portland_chevra.html

Community New Year's Greetings

My family extends its heartfelt wishes to you and your family for a New Year overflowing with meaning and fulfillment. May you enjoy only great health and tremendous joy in the year ahead and find meaning in your personal Jewish journey in our beautiful Jewish community and beyond.

Shana Tova Umetuka – Bring on the sweetness in 5784!

-Marc N. Blattner, President and CEO, Jewish Federation of Greater Portland

Anyada Buena, Dulse i Alegre, May you have a good, sweet and happy New Year from everyone at Congregation Ahavath Achim. We hope you will join for High Holydays at Congregation Ahavath Achim, we do not require tickets and welcome all Jews to join us.

-Melissa Abu, Synagogue Administrator, Congregation Ahavath Achim

As we reflect on the year that is ending and set goals for the year ahead, may we commit ourselves to meeting the needs of all in our community. May the coming year be one filled with peace, joy, gratitude, and new connections. Best wishes for 5784 from all of us on the Schnitzer Family Campus.

-Steve Albert, Executive Director, Portland Jewish Academy & Mittleman Jewish Community Center

Shana Tova to all of our celebrating friends! OneTable is looking forward to a wonderful 5784 and wishes everyone sweetness and goodness for the new year and every Shabbat. Check out our [High Holiday resources](#) and reach out to HannaK@OneTable.org to learn more.

-Abbie Barash, Associate Director for Field Operations, OneTable

Shana tovah! Wishing a sweet and fulfilling new year to our whole community!

-Mel Berwin, Director of Congregational Learning, Congregation Neveh Shalom

As we get ready to welcome in a New Year with new possibilities and new spiritual energies, we have the opportunity to contemplate additional ways to welcome Hashem into our day-to-day lives. When we affix a Mezuzah on our doorposts or light Shabbat and Holiday candles before sundown, we invite G-d's presence into our homes. When we Study Torah we invite G-d into our minds and souls. When we choose something kosher to eat, we invite G-d into our meals. And the list goes on with every Mitzvah. This coming year where might YOU benefit by making space for G-d to dwell? May we each be written and sealed for a good sweet year!

-Rabbi Dov and Chani Bialo, Chabad at Reed and SE Portland

"For on that day will [G-d] forgive you, to cleanse you, that you may be clean from all your sins before the Lord." (Lev. 16:30)

It is a rare gift to be able to look back. Life keeps us running in place, maybe sometime glimpsing a bit into the future. But what we often lack is reflection. How rare to take the time to evaluate ourselves and our goals.

A central task of the High Holidays is to do just that, to take a *cheshbon nefesh* – an "accounting of the soul." To honestly evaluate our words and actions in the previous year to see if they live up to the ideals we have of ourselves.

And when we fall short – as we all do – we have a pathway of *tshuvah* – Repentance – to make things right.

The High Holidays are a time of gathering. How wonderful it is to be all together again! But it is also a time for us to be alone and reflective. To let the music and poetry call us back to ourselves. To be painfully honest and joyfully confident in our ability to make the changes we need.

We pray that these Days of Awe will be deeply meaningful and cleansing for you.

Shanah Tovah u'mtukah – a good and sweet 5784!

-Rabbi Michael Z. Cahana, Cantor Ida Rae Cahana, Rabbi Rachel L. Joseph, Cantor Rayna Green, Congregation Beth Israel

Shalom campers, families, and friends! As we approach Rosh Hashanah, camp memories are still warm in our hearts. Just as each summer builds new friendships and memories, let this new year awaken new joys and cherished connections. May the *ruach* of camp guide us to embrace new challenges, build unity in diversity, and find hope. Let us carry the laughter, learning, and love we've shared into the future. L'shana tova, to a year of growth and happiness to all. Camp cheers and a sweet new year to you and your loved ones!

-Zach Duitch, Executive Director, Camp Solomon Schechter

"The Days of Awe are a time to ask of ourselves something only we can control: the strength to do better. To be better. To make the world we live in a kinder, more peaceful place. To hear in the sacred shofar blast, a call from within to change." – Barack Obama

From all of us at Cedar Sinai Park, may 5784 find us blessed with the grace and courage to self-reflect and become the true essence of our best selves.

-Kimberly Fuson, CEO, Cedar Sinai Park

A new year means opportunities for new beginnings. Sometimes, stepping into the unknown can be hard. Jewish Family & Child Service provides our community with stability and hope to support and guide you through challenging times and change. JFCS wishes you, your family and your friends a Shanah Tovah u'Metukah, a good and sweet new year of health, happiness and community.

-Susan Greenberg, Executive Director, Jewish Family and Child Service

The Sefat Emet teaches that

the Holy One places a holy point deep inside of every person, actually placing a piece of God-self deep at the core of all eight billion people and all of our ancestors. On Rosh Hashanah, the Day of Judgment, this teaching is a tremendous reminder that true justice means recognizing the dignity of every person, the divinity found inside of all of us. The Sefat Emet's teaching is a clarion call, remembering us that true justice rejects fundamentalist dualisms that divide the world into us versus them, oppressor versus oppressed, my side versus your side. Rather, true justice elevates the dignity, the humanity, and the holy point found in every person. May we all merit to return fully to God's compassion and justice. A sweet and happy new year to you and your loved ones.

-Rabbi Meir Goldstein, Oregon Hillel

Wishing the greater Jewish community a year filled with good health, peace, and greater justice in the world. Shanah Tovah!

-Merrill Hendin, Principal, Portland Jewish Academy

Shanah Tovah from BB Camp! BB Camp warmly wishes you a Sweet New Year filled with *simcha* (joy), *chaverut* (friendship), and *shalom* (peace)! May the fun you had with friends over the summer at BB Camp sustain you with lasting joy throughout the high holidays, fall season, and beyond. We hope you'll join us at one of our many retreats and events, and we can't wait to see you again next summer! Shanah Tovah U'Metukah!

-Michelle Koplan, CEO, B'nai B'rith Camp

Wishing you all a sweet new beer- we mean year, from your local, kosher brewery. Cheers from Leikam Brewing!

-Sonia Marie Leikam, Leikam Brewing

continued on next page

continued from previous page

It's a great pleasure to have an opportunity to wish the entire Jewish community Shana tova umetuka – a good and sweet year. May this year be one of fulfillment and blessing, and may it also be a year of learning! When considering adult education opportunities this year, please keep PSU Judaic Studies in mind. Those over 65 can audit courses for free; under-65s can audit too with prior arrangement with the department. We would love to welcome you to our classes! Tizku leshanim rabot – wishing you many healthy and happy years.

-Natan M. Meir, Academic Director, The Harold Schnitzer Family Program in Judaic Studies, Portland State University

The Yamim Noraim, the Days of Awe provide us with a unique opportunity to reflect on what brought us moments of awe and wonder in the past year as well as look at the ways in which we might set goals to bring us wonder moments in the coming year. May this new year be filled with awe, wonder, community and growth as we taste the sweetness of the apples and honey and the call to action of the Shofar.

-Rabbi Eve Posen, Associate Rabbi, Congregation Neveh Shalom

Rosh Hashanah and Yom Kippur are the times when the value of a congregation is most paramount. Our sages teach us that Hashem never turns away the prayer of a congregation. A congregation is much more than just a group of people praying together in a room. A congregation is a group of

people praying for each other. When each of us thinks not of ourselves, but rather about the person sitting next to us, then we become a true *kehilla*. With best wishes for a meaningful High Holiday season,

-Rabbi Sholom Skolnik, Congregation Kesser Israel

I know so many of you had an incredibly fun and inspirational summer at Camp Keshet. You made new friends, learned about Judaism and formed meaningful connections. I encourage you to stay connected this High Holiday season. Join us for holiday meals, attend a synagogue or learn about Judaism at home. No matter what you do, never stop growing. Wishing you a year of adventure, meaning and growth. Can't wait to see you back next summer!

-Meira Spivak, Director, Oregon NCSY/Camp Keshet

On behalf of all of our members, which include Holocaust survivors and their descendants, we wish you Shana Tova! In 5784 may you, your families and friends share a year of harmony and love, and for all the world to recognize our common humanity, and live with compassion, understanding, and acceptance.

-Sue Wendel and Diana Lindemann, Co-Editors, Next Generations Group

Shana Tova Jewish Portland!! Remember: YOU can change the world. May it be a year in which we realize our potential amidst joy, happiness, good health and prosperity,

-Rabbi Motti Wilhelm, Chabad SW Portland

CHALLAH (continued from page 9)

their own apron and a shaped loaf of challah dough ready for the oven. While challah-makers will have to wait to get home to bake and taste their own handiwork, already-baked challahs of all kinds – including gluten-free – along with salads and dips will be on offer at the event.

Wilhelm said that aspiring bakers will be walked through

the process step-by-step, with a large-screen video feed enabling participants to follow along more easily. A blessing will be said over all the loaves at the conclusion of the evening.

Tickets are \$36 and are available at oregonmegachallahbake.eventbrite.com. For more information, contact Wilhelm at challahbakeoregon@gmail.com.

HOLIDAYS (continued from page 9)

celebrates the creation of the world. The day is a time of rejoicing as we wish each other L'Shanah Tovah, a good year. Apples dipped in honey symbolize hopes for a sweet new year. It is also a solemn day because it is also the Day of Remembrance, when the sound of the shofar calls each of us to recount our deeds of the past year in preparation for repentance on Yom Kippur. Throughout the High Holy Days, the challah is traditionally a round spiral loaf rather than a long twisted one. The round challah symbolizes the cyclical nature of life, the seasons and the Jewish year.

Yom Kippur

Yom Kippur, the Day of Atonement, is a solemn fast day. We pray for forgiveness from G-d and repent sincerely for our sins during the past year. Families gather for a plentiful if simple meal before sundown on the eve of this holy day. At the end of the meal, festival candles are blessed and the fast begins for all adults whose health permits. Kol Nidre is recited as the opening prayer of Erev Yom Kippur services. At the conclusion of Yom Kippur, a single long shofar blast signals the end of the holy day, and families and friends gather for a light break-the-fast meal.

Sukkot

This seven-day festival (eight days in the Diaspora for non-Reform congregations) is a celebration of the abundance with which G-d has blessed us. We are encouraged to eat our meals in the sukkah throughout the festival. The sukkah is a temporary dwelling covered with leafy branches and decorated with fruits and vegetables, symbols of the harvest. The sukkah is a reminder of the temporary dwellings our ancestors in ancient Israel used to live in the fields during the harvest. It also reminds us of

the booths in which the Children of Israel dwelled during their wanderings in the desert after the exodus from slavery in Egypt.

Shemini Atzeret/Simchat Torah

The days immediately following the end of Sukkot are the semi-independent holidays Shemini Atzeret and Simchat Torah. Some liberal congregations celebrate both in one day as Atzeret-Simchat Torah. Shemini Atzeret and Simchat Torah formally end the season of the High Holy Days. Simchat Torah is also the day on which we celebrate the renewal of the annual cycle of Torah readings. We read the final verses of Deuteronomy, then immediately recommence the cycle by reading the opening verses of Genesis.

Resources

The Jewish Federation of Greater Portland has curated a webpage jam-packed with resources to help you observe this year's High Holidays. The page, jewishportland.org/highholidayhappenings, features links to several resources including the High Holiday Community Calendar, which includes High Holiday services, classes and programs presented by congregations and Jewish organizations in Oregon and Southwest Washington.

The page also features links for holiday recipes and activities for families with young children, DIY Yom Kippur and Sukkot resources and projects, online resources, and general information about Rosh Hashanah, Yom Kippur and Sukkot.

One link provides A Guide to Improve Mental Health in the New Year from the Blue Dove Foundation. That site features resources for individuals to reflect on and improve their own mental health as well as to contribute to the mental wellness of the Jewish community as we look forward to a sweet new year.

At a Glance – Jewish Calendar Sensitivity Guide

Calendar data pulled from <https://www.hebcal.com/holidays/Links> will take you to HebCal's in depth pages.

For questions about holidays or any challenges with school/work conflicts
please contact the Jewish Federation of Greater Portland for support 503-245-6219

Shabbat

Shabbat begins on Friday night at sundown and ends at nightfall on Saturday (about 25 hours later) every single week. Traditionally observant households refrain from "work" and don't use cars, electricity, etc.

Major holidays (Biblical in Origin):

Holidays begin at sundown on the first date specified and end at nightfall on the last date specified.

Dates in bold are *Yom Tov*, so they have similar obligations and restrictions to Shabbat in the sense that normal "work" is forbidden.

Holiday	Mood:	Considerations:	5784 2023-2024	5785 2024-2025	5786 2025-2026
Rosh Hashana	Contemplative/Joyful	People likely to miss school/work Appropriate to send Greetings ahead of Holiday. – "Shanah Tovah"	Sep 15-17 F-Su	Oct 2-4 W-F	Sep 22-24 M-W
Yom Kippur	Repentant/Awe Fast Day	People likely to miss school/work Appropriate to send greetings ahead of holiday "May you be inscribed and sealed for a good year."	Sep 24-25 Su-M	Oct 11-12 F-Sa	Oct 1-2 W-Th
Sukkot	Joyful/Celebratory	People may miss school/work on BOLD dates.	Sep 29-Oct 1 F-Su Oct 2-6 M-F	Oct 16-18 W-F Oct 19-23 Sa-W	Oct 6-8 M-W Oct 9-13 Th-M
Shmini Atzeret	Joyful	People may miss school/work on BOLD dates.	Oct 6-7 F-Sa	Oct 23-24 W-Th	Oct 13-14 M-Tu
Simchat Torah	Joyful	People may miss school/work on BOLD dates.	Oct 7-8 Sa-Su	Oct 24-25 Th-F	Oct 14-15 Tu-W
Pesach/Passover	Joyful (Stressful for many leading up to the holiday due to significant preparation needs.)	People may miss school/work on BOLD dates. Kosher rules on Passover are significantly more restrictive. Food should not be served unless it's coming directly from the DK's Passover offerings.	Apr 22-24 M-W Apr 25-27 Th-Sa Apr 28-30 Su-Tu	Apr 12-14 Sa-M Apr 15-17 Tu-Th Apr 18-20 F-Su	Apr 1-3 W-F Apr 4-7 Sa-Tu Apr 7-9 Tu-Th
Shavuot	Joyful	People may miss school/work on BOLD dates.	Jun 11-13 Tu-Th	Jun 1-3 Su-Tu	May 21-23 Th-Sa

Minor holidays ("Rabbinic" in Origin):

Holiday	Mood:	Considerations:	5784 2023-2024	5785 2024-2025	5786 2025-2026
Tu B'Shvat	Joyful	New Year of the Trees	Jan 24-25 W-Th	Feb 12-13 W-Th	Feb 1-2 Su-M
Purim	Joyful		Mar 23-24 Sa-Su	Mar 13-14 Th-F	Mar 2-3 M-Tu
Chanukah	Joyful	Candles lit in evening for 8 nights	Dec 7-15 Th-F	Dec 24-Jan 2 Tu-Th	Dec 14-Dec 22 S-M

Modern Israeli holidays (observed by Jews in the US, too):

Holiday	Mood:	Considerations:	5784 2023-2024	5785 2024-2025	5786 2025-2026
Yom HaShoah	Sad/Mournful	Holocaust Remembrance Day	May 5-6 Su-M	Apr 23-24 W-Th	Apr 13-14 M-Tu
Yom HaZikaron	Sad/Mournful	Israeli Memorial Day	May 12-13 Su-M	Apr 29-30 Tu-W	Apr 20-21 M-Tu
Yom HaAtzma'ut	Joyful/Prideful	Israeli Independence Day	May 13-14 M-Tu	Apr 30-May 1 W-Th	Apr 21-22 T-W



Jewish Federation
OF GREATER PORTLAND



Published biweekly by
Jewish Federation of Greater Portland
9900 SW Greenburg Road, Suite 220
Tigard, OR 97223
503-245-6219
JewishPortland.org

Editor

Rockne Roll
editor@jewishportland.org

Circulation

To receive the Jewish Review in your
email inbox, fill out the form at
jewishportland.org/subscribe

OPINIONS printed in the Jewish
Review do not necessarily reflect those
of the Jewish Review or the Jewish
Federation of Greater Portland, its
governing board or the staffs of either
the newspaper or the Federation.

Jewish Federation of Greater Portland online

Website: jewishportland.org
Instagram: [instagram.com/
jewishfederationpdx/](https://www.instagram.com/jewishfederationpdx/)
Facebook:
[facebook.com/JewishPDX](https://www.facebook.com/JewishPDX)

Jewish Review Online:
jewishportland.org/jewishreview

NEXT ISSUES

Issue date	Deadline
SEPT 20	SEPT 14
OCT 4	SEPT 28
OCT 18	OCT 12
NOV 1	OCT 26

Submit photos, news, obituaries:
editor@jewishportland.org

Free subscription:
jewishportland.org/subscribe

Chaplain's Corner

A deeply ingrained hope

By RABBI BARRY COHEN

The Jewish people are a hopeful people. Hope, optimism and joy are hard-wired into our DNA.

Just look at the holidays in the Jewish year. I don't have column space to cover every one. We can begin with the gift that we receive every week: Shabbat. We have an opportunity to rest, relax and indulge. Our food and drink are supposed to be better. We are encouraged to enjoy a different kind of time, guilt-free.

And consider Purim: we are encouraged to make fun of anyone and everyone; no one is supposed to take themselves too seriously.

Then there's Simchat Torah. We are encouraged to gather as a community and sing, celebrate and dance with the Torah.

Again and again, we fuse food, drink, music, friends, family and community for the sake of hope and joy.

When I speak of these themes, I must turn to Rosh Hashanah, the Jewish New Year. We are days away from the start of 5784. This holiday is infused with hope and high expectations for a better year. But at its best, Rosh Hashanah offers an opening of how to transform this vision into reality. That's chutzpah; to think that I as an individual or as part of a relatively small community can affect positive change in our world.

But that's who we are. These ideas and ideals are hard-wired into our identity. During Rosh Hashanah, we are to question the status quo. We are to reflect and find a way to get to a better state of mind and a healthier place to live.

Granted, we as a people may carry along our dark past. We are obligated to learn about our tragic history and the pain we have experienced through the ages, simply for being Jewish.

Yes, we teach about our martyrs. As described in 2nd Maccabees, we learn of the woman who witnessed her seven sons be murdered at the hands of the Seleucid Greeks for refusing to eat pork. We learn of the martyrdom of Josephus and his followers at the top of Masada as the Roman legion drew close. And how can we forget the staggering number of our people who died horrible deaths during the Crusades and the Shoah?

That being said, we never define ourselves as a suffering, martyred people.

Rather, we define ourselves as a people who on the one hand wrestle with one another and even wrestle with God. One of my favorite aspects of Judaism: I can tell



Rabbi Barry Cohen is the Jewish community chaplain of the Greater Portland area. chaplain@jewishportland.org

God know how unhappy I am with God's creation and offer my own critique about all of the suffering, pain, injustice and inequality that continue to exist. But after I have expressed my feelings, I know that my relationship with God remains intact.

We are allowed to fight, and we know how to make up.

Overall, we are a people who can find joy in almost anything. We have harnessed the power of humor: to make fun of ourselves, to respond to tragedy, to critique those in power and to laugh for the sake of laughter.

As Rosh Hashanah draws closer, we acknowledge that no matter how bad the year has been, it can be better; no matter how good the year has been, it can get even better. This acknowledgement requires a personal commitment: self-reflection, self-critique, accountability and reaching out to others whom we have hurt in order to heal.

But one of the Rosh Hashanah traditions is our obligation to hear the blasts of the shofar. Why? Because within these blasts are reminders of reality and our obligation to transform our reality.

The sound of "tekiah" wakes us up and forces us to focus on the here and now. The sound of "shevarim," three drawn out blasts filled with pain and discomfort, remind us of the times we suffered during the year. The sound of "teruah," the nine staccato blasts, draw attention to how our world is still broken by inequality, prejudice and injustice.

But then we look forward to hearing "teki-ah g'dolah," the long, extended, unbroken blast ending on a high note. This sound presents the vision of a world that is whole, complete and infused with shalom.

In that spirit, Rosh Hashanah wakes us up, forces us to confront our personal pain, reminds us that our world remains broken, but encourages us that we have the power, individually and collectively, to transform the world through the power of shalom.

What an amazing message of hope. May we all have a joyous 5784.

Security Corner

Security and the High Holidays: What You Can Do

By JESSICA ANDERSON

With the High Holidays right around the corner, I've been working with the leadership of some of our organizations to ensure services proceed smoothly and safely. I want to take a moment to thank all the congregants who volunteer for usher and greeter responsibilities – organizations rely on community engagement for these key roles and your participation is generous and valued.

Community leadership is always thinking about security, and they have policies and procedures at work, even if you don't readily see them. They know members have concerns about coming to shul and the High Holiday combination of lots of visitors with the high-profile nature of the holidays makes some uneasy.

There are a few ways you can help your leadership execute their safety plan. This begins with your arrival at the service. Help greeters do their job by not congregating near the outside door - by moving inside and towards larger social spaces, you'll free up the entrance and allow greeters to connect with those coming through the door. And even though you haven't seen Martha the greeter in months and want to take a moment to stop and catch up with her, she's got a job to do and needs to stay attentive to her role. Offer a quick hello and continue into the space.

As a member of the Jewish community, you are, by default, part of the safety layers that community security depends upon. Good situational awareness at these events means that even as a guest, you're paying attention in an active way to what's happening around you. If you see a potential issue or conflict arise, please let someone know about it so the issue can then be assessed or handled as needed.

Disruptive incidents at High Holiday services are rare – the highest likelihood is probably a medical event. Skills you have in this area could come in handy – knowing how to use an AED machine or apply other life-saving techniques can help your leadership navigate an issue. In emergency situations, humans often look to each



Jessica Anderson is the Portland-area Director of Community Security. She was previously an FBI agent for 24 years. This position is funded by SCN (the official safety and security organization of the Jewish community in North America) and a local three-way partnership of the Jewish Federation of Greater Portland, Oregon Jewish Community Foundation Endowment Fund and multiple Jewish organizations in the region.

other to figure out how to react. The more you're aware of what's happening around you, the more likely you are to be able to step in as a leader and direct action. This includes taking a moment to familiarize yourself with multiple exit locations or identify people around you who might have accessibility issues in the case of an evacuation.

Lastly, in recent weeks, there have been a series of "swatting" events across the U.S. "Swatting" is the act of making false emergency calls to 911 with the intention of triggering a significant response from law enforcement, particularly specialized units like SWAT (Special Weapons and Tactics) teams. It's rare, but if your organization gets "swatted", local police will respond and it's important to remain flexible and follow their instructions. While the police will learn quickly that there is no emergency, they might require congregants to remain in place while they sweep the building or may have people evacuate depending on the situation. You can learn more about "swatting" [here](#).

Concerns about safety should never interfere with the reverence and meaning of important holidays. But by keeping these few things in mind, you'll be able to help your community yet remain focused on the important aspects of this holy time.

Events

jewishportland.org/community-calendar

Find High Holiday events throughout the community online at:



jewishportland.org/highholidays



jewishportland.org/subscribe

From Tel Aviv to Portland: Thoughts about Pride Month

By MATAN ZAMIR

Two months ago, I had the pleasure of once again joining the Consulate General of Israel to the Pacific Northwest, alongside a quarter of a million people, in celebrating love and equality at the San Francisco Pride Parade. It was the fifth year that the consulate had a strong presence at SF Pride. This year, we had a booth filled with rainbow and Israeli flags, a trivia wheel with fun facts about Israel's queer community, and prizes such as stickers, condoms, and rainbow lollipops. I was looking forward to the day, but was prepared for the possibility that alongside the positive interactions we may face some not-so positive feedback.

When the booth opened, I quickly realized that the day was going to be much greater than I expected. From early in the morning to when we took down our booth at 5pm, we received overwhelming amounts of gratitude, excitement, and curiosity. Jews and Israelis of all ages were thrilled to be able to find a familiar place at Pride, that many described as meaningful part of their culture.

However, most people visiting our booth were not Jewish or Israeli, but rather individuals eager to learn more about Israel's culture, by playing our trivia wheel or by talking with consulate staff about past and potential trips to Israel. It was heartwarming to see the reactions of people learning

that the IDF supports gender affirmation surgery during service, that the speaker of the Israeli parliament is openly LGBTQ, that same-sex couples in Israel can become parents through surrogacy and adoption, and that Tel Aviv's pride celebrations are the largest in Asia and date all the way back to the 1970's. A common response was "Way to go, Israel!"

I believe, as an openly LGBTQ person, that Israel still has a long way to go in its support of the queer community. However, we have made progress. In addition to its vibrant, upbeat Pride celebrations, Israel recognizes the importance of a legal framework to protect the rights and wellbeing of LGBTQ individuals. Comprehensive anti-discrimination laws protect individuals from discrimination based on sexual orientation and gender identity in the workplace, education, public service, and the military. During Pride month, the LGBTQ community and allies gather to celebrate love, self-expression, and the great progress that has been made for acceptance and human rights.

Representing Israel in the Pacific Northwest, the consulate works actively to connect with the LGBTQ community in this region and to share aspects of LGBTQ culture from Israel. One way we do this is with our partnership with A Wider Bridge and the East Bay International Jewish Film



Matan Zamir is Deputy Consul General of Israel to the Pacific Northwest, based in San Francisco.

Festival, through A Wider Lens, a continuous web series that focuses on the LGBTQ experience in Israel. The series includes films, panel discussions, cooking demonstrations and more.

As we look ahead to next year's Pride, I hope to be able to join the queer community in Portland in person to celebrate. In the meantime, the consulate will continue to support and highlight the achievements of Israel's LGBTQ community. Just remember, while San Francisco and Portland have great Pride celebrations, Pride Tel Aviv is a whole other thing!

Consul's Corner is a partnership between the State of Israel's Pacific Northwest consulate office and The Jewish Review. These opinions do not necessarily reflect the views of the Review, the Jewish Federation of Greater Portland, or its staff.

Obituaries

SANDRA NATHANSON

Congregation Neveh Shalom regretfully announces the passing of Sandra Nathanson, z"l on Aug. 17, 2023. She was the beloved wife of Dr. Milton Nathanson, z"l; cherished mother of Larry (Lyn Kugel) Nathanson, Neil (Leslie Hamilton) Nathanson, and Mark Nathanson; proud grandmother of Philip Nathanson, Sabra (George) Drummond, Mira Nathanson, Keep Nathanson, Dana Nathanson, and Sam Nathanson; loving sister of Nisson (Laura Fochtmann) Schechter; devoted daughter of Harry, z"l and Martha Schechter, z"l. She is also survived by many loving nieces, nephews, cousins, and friends. The funeral was held in Birmingham, Mich. on August 21.

ROSALIE GOODMAN

Congregation Neveh Shalom regretfully announces the passing of Rosalie Goodman, z"l on Aug. 25, 2023 at the age of 94. Born Feb. 5, 1929 to Mike and Sadie Horenstein, Rosalie was a lifelong Portland resident.

Rosalie and her sister, Lorraine (Lippoff), enjoyed an idyllic childhood, filled with family and friends in Old South Portland. She attended Shattuck Grade School and Commerce High, now Cleveland.

Rosalie was married to Harold Goodman, the love of her life, for more than 53 years. She and Harold were co-owners of the Ethan Allen stores in the Portland area until 2005. They raised two children, Sharlene Goodman Harvey (David) and Craig Goodman

(Leslie) Rosalie fiercely loved her family, which now includes five grandchildren, seven great-grandchildren, beloved nieces, nephews, cousins and in-laws. Her energetic and optimistic outlook left smiles in her wake.

A longtime member of Congregation Never Shalom, Rosalie also volunteered at Cedar Sinai Park and Oregon Jewish Museum and Holocaust Education Center. She will be missed.. A private funeral was held on Sunday, August 27 at Ahavai Shalom Cemetery.

CHARLA BERKELEY

Congregation Neveh Shalom regretfully announces the passing of Charla Berkeley, z"l on August 27, 2023 in Savannah, Georgia at the age of 66. She is survived and remembered by her sisters Gail (Mark) Sherman and Eva (Randall) Woods, and many nieces and nephews. She is predeceased by an older sister and brother.

Burial Societies

Portland has two holy societies of volunteers who prepare the deceased for burial according to Jewish tradition: Chevra Kavod haMet and the Portland Hevra Kaddisha.

For questions about end of life, death and mourning, email chevrakavodhamet@gmail.com, visit ChevraKavodHaMet.org, or contact Michael Rosenberg at the Portland Hevra Kaddisha at michael@cashcolan.com or 503-519-2454.

Submit obituaries to editor@jewishportland.org