



Shaw JCC  
Akron

Summer 2026

# Program Guide

Schedule of Programs • May - August 2026



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# Program List

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**Key:**  
 M = Member Price  
 G = Guest Price

To find out more information on our programs and events go to [ShawJCC.org](http://ShawJCC.org) or follow us [@ShawJCC](#) on Facebook, Instagram and TikTok.

## CAMP JCC



**Camp JCC: June 8 - August 14 | 10 Weeks**

**8:00AM-3:30PM Monday-Friday**

Traditional Camp & Specialty Camp offerings! **Something for everyone: Grades 1-8.**  
*Plus: Counselor-in-Training (CIT) Program is back! Grades 9-12.*

Mix and match camp programs, sign up for as many different camps and weeks as you wish. Different experiences are provided on a weekly basis to ensure your child has the opportunity to experience everything Camp JCC has to offer!

**Whether your camper chooses a Specialty Camp or Traditional Camp, everyone will attend Camp JCC from 8:00-3:30pm Monday-Friday, with aftercare available from 3:30-5:30pm daily.**



### **Specialty Camps: New for 2026!**

**New Specialty Camps for 2026 include Dance, Cheer, Pickleball, Rubber City Theatre and more!**

Whether your camper chooses a Specialty Camp or Traditional Camp, everyone will participate in daily swimming and free choice activities.

**For more information,  
contact Danielle Bunner at  
dbunner@shawjcc.org or  
330-835-0065.**

**Go to [shawjcc.org/camp-j](http://shawjcc.org/camp-j)  
for more information and  
to register!**

**Plus - Enrollment for  
School-Age Childcare  
for Fall 2026 is  
NOW OPEN!**

Go to [shawjcc.org/after-school](http://shawjcc.org/after-school)  
to learn more and apply!



## SUMMER ENRICHMENT CLASSES

### Class Details

- Taught by credentialed teachers; Fun Guaranteed!
- Children will be picked up from their ECE classrooms and returned at the end of class. Guests will be dropped-off/picked-up at the front door.
- Class size limited to 15 children per class on a first come, first served basis.

**Price: \$145 M/G\***

*\*Children enrolled in ECE receive a 50% discount*

**Register Now:**

Register through the "My Akron J" app or contact Lyndsey at [lhfeffern@shawjcc.org](mailto:lhfeffern@shawjcc.org) or 330-835-0064.

### Out of This World - Space Camp

**June 15-19**

1 - 3:30 p.m.

Ages: 3 - 5



Join us as we blast off into a brand-new galaxy to explore planets and constellations, discover what life in space might be like, and learn about space travel! Our young astronauts will embark on space-themed adventures filled with creativity, curiosity, and hands-on fun.

### Dinosaur Camp

**July 6-10**

1 - 3:30 p.m.

Ages: 3 - 5



Join Ms. Lisa to dig into the wonderful world of dinosaurs! Campers will become paleontologists as they learn about herbivores, carnivores, and every kind in between, from smallest to tallest! Crafts, activities, literary experiences, and hands-on learning make this dino-themed camp popular every summer!



### Kindergarten Boot Camp

**July 27-31**

1 - 3:30 PM

Ages 4 - 5

*\*Only for children entering Kindergarten in the Fall\**



This week's camp is all about getting your child excited about kindergarten. Campers will participate in crafts, read books, and play games to strengthen what they have learned in Pre-K and get them excited about what is coming this fall in kindergarten. In a fun "boot camp" style, your camper will review letters, numbers, colors, and shapes in addition to sharpening writing skills.

### Snack Attack Camp

**August 3-7**

1 - 3:30 p.m.

Ages: 3 - 5



Snack Attack Camp is designed especially for preschoolers and offers hands-on culinary adventures that let your little chefs create a delicious snack each day from start to finish. Campers will build confidence and independence as they practice essential early learning skills such as pouring, whisking, and stirring. Through simple, step-by-step directions, children will learn how to follow a recipe, work as a team, and take pride in their creations.

# J Youth Sports

## YOUTH SOCCER

### Summer Soccer

Soccer Shots is an engaging children's soccer program for ages 18 months to 8. Join the best coaches in the business on Soccer Island for age-appropriate soccer skills, character-building and FUN!

Soccer Shots®



## Outdoor Soccer On-Site!

### Location:

The Shaw JCC of Akron

Ages: 18 months- 8 years

### Cost:

\$200 (10-week season)

\$30 annual enrollment fee may apply

### Mondays (6/15-8/17)

5:00pm – 5:30pm  
(Mini)

5:40pm – 6:10pm  
(Classic)

6:20pm-7:00pm  
(Premier)



For more information, visit:  
[soccershots.com/akron](http://soccershots.com/akron) or scan  
the QR code



*Each Soccer Shots® franchise is independently owned and operated.*

## High School Athlete Summer Performance Program

### Three Summer Session Options

#### **\*Session 1:**

May 26 – June 18

Monday/Friday, 10 am - 11 am

*\*Session 1 starts Tuesday, May 26 and ends Thursday, June 18 due to holidays.*

#### **\*Session 2:**

June 22 – July 17

Monday/Friday, 10 am - 11 am

*\*Friday, July 3 rescheduled for Thursday, July 2 due to holiday.*

#### **Session 3:**

July 20 – August 14

Monday/Friday, 10 am - 11 am

Our High School Athlete Summer Performance Program is designed to help student-athletes build strength, speed, power, and confidence during the off-season. This small-group training program (6–8 athletes) provides individualized coaching within a competitive and supportive team environment.

Athletes will train twice per week (Monday & Friday, 10:00–11:00 AM) in focused 4-week training blocks. Each session emphasizes proper technique, injury prevention, and sport-specific performance development.

*Save 10% if you sign up for all 3 sessions!*

#### **Price:**

Member: \$120 per 4-week session

Guest: \$150 per 4-week session

**Instructor: Amir Greenwood**

**Location: Training Studio**

## InBody Machine



The InBody 570 delivers in-depth analysis of your overall health and wellness in just 45 seconds. In addition to analyzing muscle mass, fat mass and total body water, this equipment will draw from additional metrics like Visceral Fat Level and Segmental Fat Analysis, and even skeletal mass/bone density! Easily track your progress.

#### **Price:**

\$35/one scan

\$50/two scans



**InBody 570 Body Composition Analyzer**

## PROGRAMS AND LESSONS

### Tai Chi Private Lessons

**Mondays/Wednesdays: 12:00PM**

**Instructor: Rita Bowling**

**Price: \$20 / 20 minute session**

Take your practice to the next level with personalized Tai Chi instruction from Rita Bowling. These one-on-one sessions, offered Mondays and Wednesdays at 12 PM immediately following Tai Chi class, provide individualized guidance to help improve balance, technique, and overall wellness. Perfect for beginners or those looking to deepen their practice. Inquire with Anthony at 330-835-0058 | aange@shawjcc.org.

### American Red Cross First Aid/CPR/AED Blended Learning Course

**May 7th and July 16th: 5:00 - 8:00PM**

**Instructor: Autumn Fullmore**

**Price: \$100 Member / \$120 Guest**

Description: The American Red Cross Adult and Pediatric First Aid/CPR/AED Blended Learning Course prepares you to recognize and care for cardiac, breathing, and first aid emergencies in adults, children, and infants. It combines an online portion (approx. 1.5-2 hours) with an in-person, instructor-led skills session to meet OSHA/workplace requirements. Upon completion, you receive a valid 2-year digital certificate. **ONLINE PORTION MUST BE COMPLETED BEFORE SKILLS ASSESSMENT.** *Minimum 3 participants. Maximum 12 participants per instructor.*

### Pickleball: Open Play

Join a group of dedicated adult Pickleball players every week in Pickleball open play. All skill levels welcome. Pickleball free play is held outside on the Tennis Courts in the summer.

#### Outdoor Pickleball Open Play Times

**Tuesday/Thursday: 4:00 - 8:00 PM**

**Saturday: 2:00 - 4:00 PM**

**Sunday: 8:00 AM - 12:00 PM**

**Location: Outdoor Pickleball Courts**

Shaw JCC members play for FREE. Non-Members may purchase a monthly pass for \$30 for unlimited play. **All participants must have a member or guest profile created and scan in at the pickleball courts using the QR code posted.** Nets will remain outside as long as the season permits.

### Fitness Orientations

**Price: Free!**

**By appointment only**

Fitness Orientations are intended to help new members and youth become familiar with Fitness Center rules, safety, etiquette, and adjusting equipment. If you have been hesitant to visit the Fitness Center, or if you are just getting started, reserve your time with Fitness Director, Anthony Ange, today! *(This is required for youth ages 11-13 to use the Fitness Center. An adult must be present at orientation.)*

Contact Anthony Ange at aange@shawjcc.org or 330-835-0058 to schedule your orientation!



# J Fitness & Wellness

## FIND YOUR PATH TO WELLNESS!

### Massage

Massage helps to reduce stress and promote relaxation by calming the nervous system, lowering heart rate and blood pressure, and creating a sense of overall well-being. It is often effective in alleviating chronic pain conditions. Massage can also help active people improve flexibility, release tension in tight muscles, and increase circulation to improve recovery. Regular massage therapy can improve sleep patterns by promoting relaxation and reducing anxiety. Whether you simply need to relax, or if you are an athlete in need of recovery, our JCC Massage Therapists are ready to help you with your needs!

### Personal Training

At the JCC, our Personal Trainers have specialized knowledge in exercise science, allowing them to design personalized workout plans tailored to a person's individual goals, whether it's weight loss, building strength, or improving cardiovascular fitness.

We offer a **FREE Fit Plan** session where our Personal Trainers will learn about your goals, assess your current abilities, and from this information they will show you a few exercises that are immediately helpful to you, and show you how to set up the machines most effectively for your body.

Personal Training is an excellent way to invest in your health and wellness by helping you adhere to your exercise schedule, increase accountability for your goals while keeping workouts fun, safe, and effective. Schedule your JCC Fit Plan today for expert guidance on your fitness journey!

### Personal One-on-One Basketball Training

Take your game to the next level! Individual basketball lessons are a great way to work towards mastering the fundamentals of the game. Lessons are available for all ages with seasoned collegiate athlete and coach, Johnny Osby! *Price: \$70/hr*

*Sessions are scheduled individually with all practitioners and trainers.*



**DID YOU KNOW?**

The JCC has  
over 60 weekly  
**fitness CLASSES**

included in your membership!



## SWIM LESSONS

### PRIVATE & SEMI-PRIVATE LESSONS

To schedule lessons, email [aange@shawjcc.org](mailto:aange@shawjcc.org) or join our online waitlist. Prices are per participant.

#### Private Lessons

30-minute lesson for one participant

1 Lesson	\$25 Member / \$35 Guest
5 Lessons	\$120 Member / \$165 Guest
10 Lessons	\$225 Member / \$315 Guest

#### Semi-Private Lessons

30-minute lesson for two or three participants.  
*(Price is per swimmer. You must have your own 2-3 person group)*

1 Lesson	\$20 Member / \$30 Guest
5 Lessons	\$95 Member / \$143 Guest
10 Lessons	\$180 Member / \$270 Guest

### GROUP LESSONS

Our experienced and dedicated instructors lead small classes that will teach you aquatics skills in a fun, safe and nurturing environment. Our goal is for you to succeed and to love swimming as much as we do!

The American Red Cross Learn to Swim™ program puts water safety first. Each level includes training in basic water safety and stroke development. Swimmers progress through the levels at their own pace, mastering the skills in one level before advancing to the next.

## 4-Week Swim Sessions

**4-Week Session Pricing:**  
**\$45 Member / \$60 Guest**

### June

**Tuesday, June 2 – June 23, 10 – 10:30am**

Adult Lessons: 10 – 10:30am

**Wednesday, June 3 – June 24, 10 am – 12 pm**

Level 3 + Level 4/5: 10 – 10:30am

Level 1 + Level 2: 10:45 – 11:15 am

Baby & Me + Preschool: 11:30am – 12pm

**Thursday, June 4 – June 25, 5 – 7 pm**

Baby & Me + Preschool: 5 – 5:30pm

Adult Lessons + Level 1: 5:45 – 6:15pm

Level 2 + Level 3: 6:30-7pm

**Saturday, June 6 – June 27, 9 – 11 am**

Level 3 + Level 4/5: 9 – 9:30am

Level 1 + Level 2: 9:45 – 10:15am

Baby & Me + Preschool: 10:30 – 11am

### July

**Wednesday, July 8 – July 29, 10 am – 12 pm**

Level 3 + Level 4/5: 10 – 10:30am

Level 1 + Level 2: 10:45 – 11:15 am

Baby & Me + Preschool: 11:30am – 12pm

**Thursday, July 9 – July 30, 4:45 pm – 6:15 pm**

Baby & Me + Preschool: 5 – 5:30pm

Level 1 + Level 2: 5:45 – 6:15pm

Level 3 + Level 4/5: 6:30 – 7pm

**Saturday, July 11 – August 1, 9 – 11 am**

Level 3 + Level 4/5: 9 – 9:30am

Level 1 + Level 2: 9:45 – 10:15am

Baby & Me + Preschool: 10:30 – 11am



## STINGRAYS SWIM TEAM

Our Summer Swim Team is back for Summer 2026! If your kids love the water and some friendly competition, the Stingrays Swim Team may be a great fit for them! Our swim team provides training and competitive opportunities for swimmers to reach their individual and team goals. We are dependent on committed swimmers, family participation, and our wonderful coaching staff to make the season a success!

**Ability/Tryouts:** Kids must be swimmers before joining the swim team. If your kids are ages 6-18 and have mastered Level 4 of the American Red Cross Swim, they are welcome to sign up and start the fun! We will have a brief evaluation to make sure each child is ready for the team! If a child was on our Winter Swim Team, they are exempt from trying out. Tryout date and time is Saturday, May 2<sup>nd</sup>, 12-1pm.

**June 1 – July 25**

Cost: \$225 M / \$285 G

Ages 6-18

**Practices: Monday - Thursday**

10 & Under 8:00-9:00am (indoor pool)

11 & Up 8:00-9:30am (outdoor pool)

**Contact:**

Aquatics Manager, Ryan Collins

(330) 835-0055

rcollins@shawjcc.org

Head Coach, Maria Sweatt

mariasweatt@icloud.com



## COMPETITIVE SWIM CLINIC

**Wednesday, May 27**

**Stroke Technique & Skills** (*starts/turns/finishes*)

**5:30 – 6:30 pm**

**Outdoor Pool**

**Price: \$25 Member / \$35 Guest**

Our competitive swim clinics are perfect for swimmer who want to improve technique and skills – whether preparing to join a swim team or simply looking to become a better swimmer. These are designed for swimmers who are already proficient in their strokes/abilities and are looking for further development and improvement.

## SOCIAL EVENTS

### **Pool Party at The J**

Saturday, July 4  
12-4PM • Live Music

### **Flick 'N Float**

Saturday, August 1  
8:30pm

### **Block Party**

Saturday, August 15  
Details TBA

**Flick 'N Float** Join us Saturday night for a family friendly movie at the outdoor pool while floating or hanging on the lawn! The pool will stay open until 8:15pm for registered families, followed by movie starting at 8:30pm. Movie TBA.

## WATER SAFETY WEEK

**June 1 - 5, 4:00 - 5:00 PM**

**Grades 1-8**

**Price: \$75 Member / \$95 Guest**

Our brand new **Water Safety Week** program is designed for grades 1-8 to help children build confidence and essential water skills before the start of summer. This fun, supportive class led by Janice Epstein, introduces children to the fundamentals of safe swimming while preparing them for summer fun!

A strong emphasis is placed on **pool safety**. Children will learn how to play safely in the water, the importance of listening to and understanding lifeguard instructions, and learn what to do if they need assistance or see a friend who needs assistance. Participants will learn how to enter and exit the water safely, practice floating on their back, and begin treading water to stay comfortably above the surface. Instructors will guide swimmers through introductory front glides to promote good body position, along with the basics of freestyle and breaststroke to develop early stroke technique.

**Perfect for new swimmers or those looking to refresh their skills before camp starts**, this program builds a strong foundation for a safe and enjoyable summer in the pool!

## ONGOING PROGRAMS

### Bridge

**Mondays, 10:30am - 1:30pm**

No matter what level of play, join us for bridge.

No instruction provided. No RSVP needed.

### Retired Men's Club

**2nd & 4th Tuesday of Every Month, 9:30 - 11:30am**

Join the Retired Men's Group for open discussion. No RSVP needed.

### Mah-Jongg

**Thursdays, 1:00 - 4:00pm**

Young and old alike are enjoying the comeback of the game of

Mah-Jongg. No instruction provided. No RSVP needed.

### Book Club

**Last Thursday of Every Month, 11:15am**

Meet up with fellow book-lovers to discuss a selected book within the group. If interested in joining, please email Alisa at [areinbolt@shawjcc.org](mailto:areinbolt@shawjcc.org).



Stay active, strong, and connected! We offer five weekly SilverSneakers/Active Agers classes, plus a wide variety of additional fitness options designed with seniors in mind. Explore the full schedule and find your fit at [shawjcc.org](http://shawjcc.org).

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## Senior Programs

Members can enjoy our Senior Adult programs at no cost. Non-members are welcome to participate with a \$2.50 per visit fee, payable at the front desk. Program participants are welcome to bring their own meat-free, nut-free snacks and beverages. *Fee only applies to the programs listed above, NOT Silver Sneakers classes.*

**DID YOU KNOW?**

# JEWISH HOLIDAYS



## Yom Hazikaron

Evening of April 20 - April 21, 2026

The fourth of Iyar, the day preceding Israel's Independence Day, was declared to be Israel's National Memorial Day honoring veterans, fallen military personnel, and victims of terror. Joining these two days together conveys a simple message: Israelis owe the independence and the very existence of the Jewish state to the soldiers who sacrificed their lives for it.

## Yom Ha'atzmaut



Evening of April 21 - April 22, 2026

Israel Independence Day is celebrated festively by Jews around the world, commemorating the Israeli Declaration of Independence in 1948. Israel's Independence Day is celebrated on the fifth day of the month of Iyar, which is the Hebrew date of the formal establishment of the State of Israel, when members of the "provisional government" read and signed a Declaration of Independence in Tel Aviv.



## Shavuot

Evening of May 21 - May 23, 2026

Shavout, the "Feast of Weeks," is celebrated seven weeks after Passover (Pesach). This holiday marks the end of the Counting of the Omer. It recalls Moses' receiving of the Torah. The Megillah of Ruth is read, and all-night Torah study is customary. Dairy food, honey, and floral decorations are traditional.



# What's Happening at The J?

We welcome you to explore what The JCC has to offer.

Keep up-to-date with programs and happenings at the JCC.

Follow us on social media:

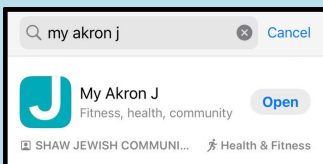
@shawjcc



Subscribe to our e-newsletter:  
[shawjcc.org/member-newsletter](http://shawjcc.org/member-newsletter)

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Do you have the **My Akron J** app? This app will allow you to sign up for Group Ex classes and paid programs, purchase Personal Training and Massage packages, view your statements and check-in history, and more!



*To learn more, go to  
[shawjcc.org/my-akron-j](http://shawjcc.org/my-akron-j)*



# Meet Our Staff



## JCC Leadership Team

**Sam Chestnut** schestnut@jewishakron.org  
Chief of Staff 330-835-0071

**Anthony Ange** aange@shawjcc.org  
Director of Fitness & Aquatics 330-835-0058

**Danielle Bunner** dbunner@shawjcc.org  
Camp Director 330-835-0065

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Sr. Marketing & Communications Director 330-835-0002

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**Annie Rubes** arubes@shawjcc.org  
Office Manager – Member Relations 330-835-0040



We are Hiring!  
Apply Today at  
[shawjcc.org/careers](http://shawjcc.org/careers)





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To learn more about The Shaw JCC of Akron or to register for a program, go to [ShawJCC.org](http://ShawJCC.org), download the "My Akron J" app, or call 330-867-7850.