



October GYM SCHEDULE

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday							
	Side 1	Side 2	Side 1	Side 2	Side 1	Side 2	Side 1	Side 2	Side 1	Side 2	Side 1	Side 2	Side 1	Side 2						
5:30-6:00	Open Gym Both Sides		Open Gym Both Sides		Open Gym Both Sides		Open Gym Both Sides		Open Gym Both Sides		Please follow the gym schedule. Reserved programs have priority over open gym time.									
6:00-6:30																				
6:30-7:00																				
7:00-7:30																				
7:30-8:00	Zumba Gold 8:00-8:45		Open Gym Both Sides		Open Gym Both Sides		Open Gym Both Sides		Open Gym Both Sides		Open Gym Both Sides									
8:00-8:30																				
8:30-9:00																				
9:00-9:30																				
9:30-10:00	ECE Gym Class 9:00 - 11:30		Lippman Gym Class 11:30 - 12:30		ECE Gym Class 9:00 - 11:30		Lippman Gym Class 11:30 - 12:30		ECE Gym Class 9:00 - 11:00		Zumba 9:00-10:00		Men's Basketball 8:30-11:30							
10:00-10:30																				
10:30-11:00																				
11:00-11:30																				
11:30-12:00	Lippman Gym Class 11:30 - 12:30		Lippman Gym Class 11:30 - 12:30		Pickleball 12:30 - 1:30		Lippman Gym Class 11:30 - 12:30		Lippman Gym Class 11:30 - 12:30		Open Gym Both Sides		Pickleball 12:00-2:30							
12:00-12:30																				
12:30-1:00																				
1:00-1:30																				
1:00-1:30	Pickleball 1:00-2:30	ECE Class 1:00 - 3:00	Lippman 1:15 - 2	Lippman 2:00 - 3:20		Lippman 1:15 - 2:00		ECE Class 1:00 - 2:00		Open Gym Both Sides		Open Gym Both Sides								
1:30-2:00																				
2:00-2:30																				
2:30-3:00																				
2:00-2:30	Lippman 2:40 - 3:20	Lippman 2:40 - 3:20	Open Gym Both Sides		Open Gym Both Sides		Open Gym Both Sides		Open Gym Both Sides		Open Gym Both Sides									
3:00-3:30																				
3:30-4:00	Open Gym												Open Gym Both Sides		Open Gym Both Sides		Open Gym Both Sides		Open Gym Both Sides	
4:00-4:30																				
4:30-5:00	Aftercare 5:00 - 6:00		Aftercare 5:00 - 6:00		Aftercare 5:00 - 6:00		Aftercare 5:00 - 6:00		Aftercare 5:00 - 6:00		Aftercare 5:00 - 6:00									
5:00-5:30																				
5:30-6:00																				
6:00-6:30																				
6:00-6:30	Open Gym		Zumba 6:00-7:00		Adult Volley ball 6:00 - 8:00 Both Sides		Zumba 6:00 - 7:00		Shaw JCC Hours Mon-Fri 5:30am-8:00pm Fri 5:30am-5:00pm (Shabbat) Sat/Sun 8:00am-4:00pm											
6:30-7:00																				
7:00-7:30																				
7:30-8:00																				

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